

Raw BENCH APF POLICE & FIRE MEN'S OPEN RECORDS

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
B						
56 KG. CLASS						
B						
60 KG. CLASS						
B						
67.5 KG. CLASS						
B						
75 KG. CLASS						
B						
82.5 KG. CLASS						
B						
90 KG. CLASS						
B						
100 KG. CLASS						
B	155	Garcia Alfonso	65	3/30/2024	Idaho Falls ID	
110 KG. CLASS						
B	212.5	Hernandez Jose	85	8/31/2023	Idaho Falls ID	
125 KG. CLASS						
B						
140 KG. CLASS						
B						
140+ KG. CLASS						
B						

Raw BENCH APF POLICE & FIRE MEN'S SUBMASTER 33-39 RECORDS

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
B						
56 KG. CLASS						
B						

60 KG. CLASS

B

67.5 KG. CLASS

B

75 KG. CLASS

B

82.5 KG. CLASS

B

90 KG. CLASS

B

100 KG. CLASS

B

110 KG. CLASS

B 212.5 Hernandez Jose 85 8/31/2023 Idaho Falls ID

125 KG. CLASS

B

140 KG. CLASS

B

140+ KG. CLASS

B

Raw BENCH APF POLICE & FIRE MEN'S MASTER 55-59 RECORDS

100 KG CLASS

B 155 Garcia Alfonso 65 3/30/2024 Idaho Falls ID

Raw BENCH APF POLICE & FIRE WOMEN'S OPEN RECORDS

100 KG CLASS

B 95 Bell Asia 80 9/1/2023 Idaho Falls ID

Raw BENCH APF POLICE & FIRE WOMEN'S MASTER 40-44 RECORDS

100 KG CLASS

B 95 Bell Asia 80 9/1/2023 Idaho Falls ID