

Single Ply APF POLICE & FIRE MEN'S OPEN RECORDS

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S						
B						
D						
T						
100 KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
125 KG. CLASS						

S	112.5	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
B	115	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
D	182.5	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
T	410	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	112.5-115-182.5

140 KG. CLASS

S
B
D
T

140+ KG. CLASS

S
B
D
T

Sing+A105le Ply APF POLICE & FIRE MEN'S MASTER 65-69 RECORDS

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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52 KG. CLASS

S
B
D
T

56 KG. CLASS

S
B
D
T

60 KG. CLASS

S
B
D
T

67.5 KG. CLASS

S
B
D
T

75 KG. CLASS

S
B
D
T

82.5 KG. CLASS

S
B
D
T

90 KG. CLASS

S

B
D
T

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

125 KG. CLASS

S	112.5	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
B	115	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
D	182.5	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	
T	410	Hollis Jr Martin	59	3/30/2024	Idaho Falls ID	112.5-115-182.5

140 KG. CLASS

S
B
D
T

140+ KG. CLASS

S
B
D
T