

AWPC Single Ply MEN'S OPEN RECORDS

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|-----------------------|--------|------------------------|-----|-----|----------------|-----------------------|------------------------|
| 52 KG. CLASS | | | | | | | |
| S | 185 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| B | 120 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| D | 160 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| T | 465 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | 185-120-160 |
| 56 KG. CLASS | | | | | | | |
| S | 180 | Danilin Sergei | 88 | RUS | 7/3/2014 | Novosibirsk | |
| B | 110 | Danilin Sergei | 88 | RUS | 7/3/2014 | Novosibirsk | |
| D | 180 | Danilin Sergei | 88 | RUS | 7/3/2014 | Novosibirsk | |
| T | 470 | Danilin Sergei | 88 | RUS | 7/3/2014 | Novosibirsk | 180-110-180 |
| 60 KG. CLASS | | | | | | | |
| S | 202.5 | Smith Barry | 87 | IRE | 8/3/2018 | Manchester | |
| B | 130 | Smith Barry | 87 | IRE | 8/3/2018 | Manchester | |
| D | 200 | Smith Barry | 87 | IRE | 8/3/2018 | Manchester | |
| T | 532.5 | Smith Barry | 87 | IRE | 8/3/2018 | Manchester | 202.5-130-200 |
| 67.5 KG. CLASS | | | | | | | |
| S | 255 | Athey Scott | 89 | USA | 4/14/2019 | Myrtle Beach SC | |
| B | 137.5 | Krasnoschekov Roman | 96 | RUS | 3/22/2014 | Vologda | |
| D | 210 | Konoferchuk Alexei | 86 | RUS | 7/7/2016 | Novosibirsk | |
| T | 585 | Athey Scot | 89 | USA | 4/14/2019 | Myrtle Beach SC | 255-125-205 |
| 75 KG. CLASS | | | | | | | |
| S | 300 | Telidis Kostas | 89 | RUS | 7/21/2018 | Blagoveschensk | |
| B | 255 | Telidis Kostas | 89 | RUS | 7/21/2018 | Blagoveschensk | |
| D | 275 | Telidis Kostas | 89 | RUS | 7/21/2018 | Blagoveschensk | |
| T | 830 | Telidis Kostas | 89 | RUS | 7/21/2018 | Blagoveschensk | 300-255-275 |
| 82.5 KG. CLASS | | | | | | | |
| S | 315 | Telidis Kostas | 89 | RUS | 10/6/2019 | Blagoveschensk Russia | |
| B | 260 | Telidis Kostas | 89 | RUS | 10/6/2019 | Blagoveschensk Russia | |
| D | 285 | Telidis Kostas | 89 | RUS | 10/6/2019 | Blagoveschensk Russia | |
| T | 860 | Telidis Kostas | 89 | RUS | 10/6/2019 | Blagoveschensk Russia | 315-260-285 |
| 90 KG. CLASS | | | | | | | |
| S | 335 | Strelets Mikhail | 84 | RUS | 8/1/2015 | Blagoveschensk | |
| B | 230 | Tayvantimur Amarzayaa | 87 | MGL | 7/3/2014 | Novosibirsk | |
| D | 292.5 | Umerenkov Igor | 80 | RUS | 8/22/2014 | Moscow | |
| T | 835 | Strelets Mikhail | 84 | RUS | 8/1/2015 | Blagoveschensk | 335-217.5-282.5 |
| 100 KG. CLASS | | | | | | | |
| S | 392.5 | Sonntag Joseph | 90 | USA | 4/12/2015 | Glen Ellyn IL | |
| B | 252.5 | Sonntag Joseph | 90 | USA | 4/12/2015 | Glen Ellyn IL | |
| D | 315 | Gnatyuk Nikolai | 87 | RUS | 10/26/2014 | Krasnodar | |
| T | 907.5 | Sonntag Joseph | 90 | USA | 4/12/2015 | Glen Ellyn IL | 367.5-252.5-287.5 |
| 110 KG. CLASS | | | | | | | |
| S | 367.5 | Gildenzoph Brett | 99 | USA | 10/2/2021 | Lombard IL | |
| B | 267.5 | Gansukh Batmagnay | 88 | MGL | 7/2/2016 | Chelyabinsk | |
| D | 320 | Kartel Alexei | 88 | RUS | 8/12/2016 | Kursk | |
| T | 875 | Kartel Alexei | 88 | RUS | 8/12/2016 | Kursk | 335-220-320 |
| 125 KG. CLASS | | | | | | | |
| S | 400 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | |
| B | 280 | Erdenekhoo Tumurbaatar | | MGL | 9/2/2015 | Idaho Falls ID | |
| D | 302.5 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | |
| T | 907.5 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | 400-205-302.5 |
| 140 KG. CLASS | | | | | | | |
| S | 341 | Stoker Marcus | 96 | GBR | 7/17/2023 | Manchester UK | |
| B | 210 | Damdin Ankhbayar | 79 | MGL | 7/3/2014 | Novosibirsk | |
| D | 275 | Stoker Marcus | 96 | GBR | 7/17/2023 | Manchester UK | |
| T | 787.5 | Stoker Marcus | 96 | GBR | 7/17/2023 | Manchester UK | 340-170-275 |
| 140+ KG. CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Women's Open AWPC Single Ply Records

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|-----------------------|--------|-----------------------|-----|-----|----------------|------------------|------------------------|
| 44 KG. CLASS | | | | | | | |
| S | 130 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| B | 65 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| D | 125 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| T | 320 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | 130-65-125 |
| 48 KG. CLASS | | | | | | | |
| S | 150 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk | |
| B | 75 | Vakhterova Yuliya | 80 | RUS | 12/3/2015 | Kursk | |
| D | 152.5 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk | |
| T | 377.5 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk | 150-75-152.5 |
| 52 KG. CLASS | | | | | | | |
| S | 180 | Vysotskova Yekaterina | 90 | RUS | 4/15/2015 | Rostov | |
| B | 107.5 | Vysotskova Yekaterina | 90 | RUS | 4/15/2015 | Rostov | |
| D | 162.5 | Sysotskova Yekaterina | 90 | RUS | 9/24/2015 | Rostov | |
| T | 447.5 | Vysotskova Yekaterina | 90 | RUS | 4/15/2015 | Rostov | 180-107.5-160 |
| 56 KG. CLASS | | | | | | | |
| S | 180.5 | Pustovit Mariya | 85 | RUS | 8/13/2015 | Kursk | |
| B | 105 | Blinkova Natalya | 91 | RUS | 12/3/2015 | Kursk | |
| D | 162.5 | Blinkova Natalya | 91 | RUS | 12/3/2015 | Kursk | |
| T | 425 | Pustovit Mariya | 88 | RUS | 5/29/2014 | Kursk | 175-100-150 |
| 60 KG. CLASS | | | | | | | |
| S | 165 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | |
| B | 102.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | |
| D | 177.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | |
| T | 445 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | 165-102.5-177.5 |
| 67.5 KG. CLASS | | | | | | | |
| S | 215 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| B | 120 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| D | 190 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| T | 525 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | 215-120-190 |
| 75 KG. CLASS | | | | | | | |
| S | 182.5 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID | |
| B | 115 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID | |
| D | 157.5 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID | |
| T | 455 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID | 182.5-115-157.5 |
| 82.5 KG. CLASS | | | | | | | |
| S | 240 | Wright Geema | 92 | GBR | 8/9/2012 | Manchester UK | |
| B | 115.5 | Wright Geema | 92 | GBR | 8/9/2021 | Manchester UK | |
| D | 172.5 | Wright Geema | 92 | GBR | 8/9/2021 | Manchester UK | |
| T | 527.5 | Wright Geema | 92 | GBR | 8/9/2021 | Manchester UK | 240-115-172.5 |
| 90 KG. CLASS | | | | | | | |
| S | 135 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | |
| B | 52.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | 4th |
| D | 137.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | |
| T | 322.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | 135-50-137.5 |
| 100 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 110 KG CLASS | | | | | | | |
| S | 200 | Skehan Sarah | 88 | IRE | 8/26/2023 | Drogheda Ireland | |
| B | 90 | Skehan Sarah | 88 | IRE | 8/26/2023 | Drogheda Ireland | |
| D | 170 | Skehan Sarah | 88 | IRE | 8/26/2023 | Drogheda Ireland | |
| T | 460 | Skehan Sarah | 88 | IRE | 8/26/2023 | Drogheda Ireland | 200-90-170 |
| 110+ KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Men's Junior AWPC Single Ply Records

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|--------|------------------------|------|-----|----------------|----------------|------------------------|
| 52 KG. CLASS | | | | | | | |
| S | 185 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| B | 120 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| D | 160 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | |
| T | 465 | Trubin Stanislav | 95 | RUS | 7/22/2017 | Blagoveschensk | 185-120-160 |
| 56 KG. CLASS | | | | | | | |
| S | 90 | Dave Varun | 2001 | IND | 12/11/2021 | Moscow Russia | |
| B | 60 | Dave Varun | 2001 | IND | 12/11/2021 | Moscow Russia | |
| D | 160 | Dave Varun | 2001 | IND | 12/11/2021 | Moscow Russia | |
| T | 310 | Dave Varun | 2001 | IND | 12/11/2021 | Moscow Russia | 90-60-160 |
| 60 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 67.5 KG CLASS | | | | | | | |
| S | 172.5 | Sevostyanov Denis | 96 | RUS | 6/2/2017 | Moscow | |
| B | 107.5 | Sevostyanov Denis | 96 | RUS | 6/2/2017 | Moscow | |
| D | 182.5 | Sevostyanov Denis | 96 | RUS | 6/2/2017 | Moscow | |
| T | 462.5 | Sevostyanov Denis | 96 | RUS | 6/2/2017 | Moscow | 172.5-107.5-182.5 |
| 75 KG CLASS | | | | | | | |
| S | 260 | Avdalkhamid Beyrdmurat | 92 | MGL | 8/22/2014 | Moscow | |
| B | 175 | Avdalkhamid Beyrdmurat | 92 | MGL | 8/22/2014 | Moscow | |
| D | 260 | Avdalkhamid Beyrdmurat | 92 | MGL | 8/22/2014 | Moscow | |
| T | 695 | Avdalkhamid Beyrdmurat | 92 | MGL | 8/22/2014 | Moscow | 260-175-260 |
| 82.5 KG CLASS | | | | | | | |
| S | 280 | Athey David | 94 | USA | 9/9/2017 | Lisle IL | |
| B | 220 | Patyupin Dmitriy | 91 | RUS | 6/3/2015 | St Petersburg | 4th |
| D | 267.5 | Pisarev Sergei | 91 | RUS | 6/3/2015 | St Petersburg | |
| T | 712.5 | Athey David | 94 | USA | 9/9/2017 | Lisle IL | 280-177.5-255 |
| 90 KG CLASS | | | | | | | |
| S | 285 | Sizikov Alexandr | 93 | RUS | 7/3/2014 | Novosibirsk | |
| B | 182.5 | Campo Anthony | 96 | USA | 8/31/2017 | Idaho Falls ID | |
| D | 260 | Campo Anthony | 96 | USA | 8/31/2017 | Idaho Falls ID | |
| T | 680 | Pisarev Sergei | 91 | RUS | 8/22/2014 | Moscow | 260-175-245 |
| 100 KG CLASS | | | | | | | |
| S | 325 | Fomenko Daniil | 92 | RUS | 7/3/2014 | Novosibirsk | |
| B | 210 | Patyupin Dmitriy | 91 | RUS | 8/22/2014 | Moscow | |
| D | 290 | Fomenko Daniil | 92 | RUS | 7/3/2014 | Novosibirsk | |
| T | 815 | Fomenko Daniil | 92 | RUS | 7/3/2014 | Novosibirsk | 325-200-290 |
| 110 KG CLASS | | | | | | | |
| S | 367.5 | Gildenzoph Brett | 99 | USA | 10/2/2021 | Lombard IL | |
| B | 212.5 | Gildenzoph Brett | 99 | USA | 10/2/2021 | Lombard IL | |
| D | 305 | Gildenzoph Brett | 99 | USA | 5/1/2021 | Gatlinburg TN | |
| T | 880 | Gildenzoph Brett | 99 | USA | 5/1/2021 | Gatlinburg TN | 365-210-305 |
| 125 KG CLASS | | | | | | | |
| S | 400 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | |
| B | 205 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | |
| D | 302.5 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | |
| T | 907.5 | Gildenzoph Brett | 99 | USA | 4/30/2022 | Gatlinburg TN | 400-205-302.5 |
| 140 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 140+ KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Women's Junior AWPC Single Ply Records

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|--------|-----------------------|-----|-----|----------------|--------------------|------------------------|
| 44 KG. CLASS | | | | | | | |
| S | 130 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| B | 65 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| D | 125 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | |
| T | 320 | Kozintseva Anastasiya | 95 | RUS | 8/11/2016 | Kursk | 130-65-125 |
| 48 KG. CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 52 KG CLASS | | | | | | | |
| S | 140 | Bondarenko Tatyana | 91 | RUS | 4/15/2015 | Rostov | |
| B | 77.5 | Bondarenko Tatyana | 91 | RUS | 4/15/2015 | Rostov | |
| D | 130 | Goryachkina Polina | 96 | RUS | 7/22/2017 | Blagoveschensk | |
| T | 332.5 | Bondarenko Tatyana | 91 | RUS | 4/15/2015 | Rostov | 140-77.5-115 |
| 56 KG CLASS | | | | | | | |
| S | 165 | Petrak Harlie Ann | 97 | USA | 8/14/2020 | Fort Lauderdale FL | |
| B | 100 | Blinkova Natalya | 91 | RUS | 5/29/2014 | Kursk | |
| D | 162.5 | Khalina Tatyana | 93 | RUS | 8/11/2016 | Kursk | |
| T | 410 | Blinkova Natalya | 91 | RUS | 5/29/2014 | Kursk | 150-100-160 |
| 60 KG CLASS | | | | | | | |
| S | 162.5 | Petrak Harlie | 97 | USA | 10/24/2020 | Lombard IL | |
| B | 80 | Marochenko Lyubov | 96 | RUS | 7/21/2018 | Blagoveschensk | |
| D | 160 | Marochenko Lyubov | 96 | RUS | 7/21/2018 | Blagoveschensk | |
| T | 400 | Marochenko Lyubov | 96 | RUS | 7/21/2018 | Blagoveschensk | 160-80-160 |
| 67.5 KG CLASS | | | | | | | |
| S | 215 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| B | 120 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| D | 190 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | |
| T | 525 | Vins Yuliya | 96 | RUS | 8/11/2016 | Kursk | 215-120-190 |
| 75 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 82.5 KG CLASS | | | | | | | |
| S | 100 | Mullins Kierra | 95 | USA | 4/20/2018 | Grand Rapids MI | |
| B | 52.5 | Mullins Kierra | 95 | USA | 4/20/2018 | Grand Rapids MI | |
| D | 92.5 | Mullins Kierra | 95 | USA | 4/20/2018 | Grand Rapids MI | |
| T | 245 | Mullins Kierra | 95 | USA | 4/20/2018 | Grand Rapids MI | 100-52.5-92.5 |
| 90 KG CLASS | | | | | | | |
| S | 135 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | |
| B | 52.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | 4th |
| D | 137.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | |
| T | 322.5 | Patel Anokhi | 79 | IND | 9/9/2022 | Manchester UK | 135-50-137.5 |
| 100 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 110 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 110+ KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Men's Teenage 13-15 AWPC Single Ply Records

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|--------|-----------------|------|-----|----------------|---------------|------------------------|
| 52 KG. CLASS | | | | | | | |
| S | 82.5 | Khuzin Marcel | 2002 | RUS | 8/13/2015 | Kursk | |
| B | 47.5 | Khuzin Marcel | 2002 | RUS | 8/13/2015 | Kursk | |
| D | 90 | Khuzin Marcel | 2002 | RUS | 8/13/2015 | Kursk | |
| T | 220 | Khuzin Marcel | 2002 | RUS | 8/13/2015 | Kursk | 82.5-47.5-90 |
| 56 KG. CLASS | | | | | | | |
| S | 180 | Peredriy Daniil | 99 | RUS | 8/13/2015 | Kursk | |
| B | 70 | Peredriy Daniil | 99 | RUS | 8/13/2015 | Kursk | |
| D | 150 | Peredriy Daniil | 99 | RUS | 8/13/2015 | Kursk | |
| T | 400 | Peredriy Daniil | 99 | RUS | 8/13/2015 | Kursk | 180-70-150 |
| 60 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 67.5 KG CLASS | | | | | | | |
| S | 215 | Pearson Gregory | 2007 | GBR | 7/9/2022 | Manchester UK | |
| B | 135 | Pearson Gregory | 2007 | GBR | 7/9/2022 | Manchester UK | |
| D | 235 | Pearson Gregory | 2007 | GBR | 7/9/2022 | Manchester UK | |
| T | 585 | Pearson Gregory | 2007 | GBR | 7/9/2022 | Manchester UK | 215-135-235 |
| 75 KG CLASS | | | | | | | |
| S | 257.5 | Pearson Gregory | 2008 | GBR | 7/17/2023 | Manchester UK | |
| B | 155.5 | Pearson Gregory | 2008 | GBR | 7/17/2023 | Manchester UK | |
| D | 267.5 | Pearson Gregory | 2008 | GBR | 7/17/2023 | Manchester UK | |
| T | 680 | Pearson Gregory | 2008 | GBR | 7/17/2023 | Manchester UK | 257.5-155-267.5 |
| 82.5 KG CLASS | | | | | | | |
| S | 177.5 | Miller Trevor | 2005 | USA | 10/24/2020 | Lombard IL | |
| B | 92.5 | Miller Trevor | 2005 | USA | 10/24/2020 | Lombard IL | 4th |
| D | 182.5 | Miller Trevor | 2005 | USA | 10/24/2020 | Lombard IL | 4th |
| T | 442.5 | Miller Trevor | 2005 | USA | 10/24/2020 | Lombard IL | 177.5-87.5-177.5 |
| 90 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 100 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 110 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 125 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 140 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 140+ KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Men's Teenage 16-17 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|--------------------------------------|------|-----|----------------|------------------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | 210 Peredriy Daniil | 99 | RUS | 8/11/2016 | Kursk | |
| B | 115 Menaissy Mohamed Yasser Mohamed | 98 | EGY | 9/2/2015 | Idaho Falls ID | |
| D | 175 Menaissy Mohamed Yasser Mohamed | 98 | EGY | 9/2/2015 | Idaho Falls ID | |
| T | 472.5 Peredriy Daniil | 99 | RUS | 8/11/2016 | Kursk | 210-90-172.5 |
| 67.5 KG CLASS | | | | | | |
| S | 172.5 Krasnoschekov Roman | 96 | RUS | 3/22/2014 | Vologda | |
| B | 137.5 Krasnoschekov Roman | 96 | RUS | 3/22/2014 | Vologda | |
| D | 180 Krasnoschekov Roman | 96 | RUS | 3/22/2014 | Vologda | |
| T | 490 Krasnoschekov Roman | 96 | RUS | 3/22/2014 | Vologda | 172.5-137.5-180 |
| 75 KG CLASS | | | | | | |
| S | 230 Farvaev Alexander | 97 | RUS | 2/8/2014 | Yekaterinburg | |
| B | 120 Farvaev Alexander | 97 | RUS | 2/8/2014 | Yekaterinburg | |
| D | 245 Black Brady | 2007 | USA | 8/6/2023 | Baton Rouge LA | |
| T | 575 Farvaev Alexander 230-120-225 | 97 | RUS | 2/8/2014 | Yekaterinburg | |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | 230 Pocherevin Dmitriy | 97 | RUS | 8/1/2015 | Blagoveschensk | |
| B | 120 Sokolenko Nikita | 2001 | RUS | 7/21/2018 | Blagoveschensk | |
| D | 220 Pocherevin Dmitriy | 97 | RUS | 8/1/2015 | Blagoveschensk | |
| T | 565 Pocherevin Dmitriy | 97 | RUS | 8/1/2015 | Blagoveschensk | 230-115-220 |
| 100 KG CLASS | | | | | | |
| S | 200 Smirnov Sergei | 66 | RUS | 10/31/2014 | Saint Petersburg | |
| B | 150 Smirnov Sergei | 66 | RUS | 10/31/2014 | Saint Petersburg | |
| D | 170 Smirnov Sergei | 66 | RUS | 10/31/2014 | Saint Petersburg | |
| T | 520 Smirnov Sergei | 66 | RUS | 10/31/2014 | Saint Petersburg | 200-150-170 |
| 110 KG CLASS | | | | | | |
| S | 170 Noskov Pavel | 99 | RUS | 6/3/2015 | Saint Petersburg | |
| B | 80 Noskov Pavel | 99 | RUS | 6/3/2015 | Saint Petersburg | |
| D | 170 Noskov Pavel | 99 | RUS | 6/3/2015 | Saint Petersburg | |
| T | 420 Noskov Pavel | 99 | RUS | 6/3/2015 | Saint Petersburg | 170-80-170 |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Teenage 18-19 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------------------------------|------|----------------|-----------|--------------------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | 140 | Mourad Mohamed Ahmed Mohamed Elsaid | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| B | 100 | Mourad Mohamed Ahmed Mohamed Elsaid | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| D | 190 | Mourad Mohamed Ahmed Mohamed Elsaid | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| T | 430 | Mourad Mohamed Ahmed Mohamed Elsaid | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| | | | | | | 140-100-190 |
| 67.5 KG CLASS | | | | | | |
| S | 210 | Batzaan Battamir | 95 | MGL | 8/22/2014 | Moscow |
| B | 100 | Batzaan Battamir | 95 | MGL | 8/22/2014 | Moscow |
| D | 207.5 | Kormishev Ilya | 94 | RUS | 8/22/2014 | Moscow |
| T | 507.5 | Batzaan Battamir | 95 | MGL | 8/22/2014 | Moscow |
| | | | | | | 210-100-197.5 |
| 75 KG CLASS | | | | | | |
| S | 240 | Rogozhkin Roman | 97 | RUS | 7/7/2016 | Novosibirsk |
| B | 160 | Rogozhkin Roman | 97 | RUS | 7/7/2016 | Novosibirsk |
| D | 220 | Rogozhkin Roman | 97 | RUS | 7/7/2016 | Novosibirsk |
| T | 620 | Rogozhkin Roman | 97 | RUS | 7/7/2016 | Novosibirsk |
| | | | | | | 240-160-220 |
| 82.5 KG CLASS | | | | | | |
| S | 207.5 | Ruane Peter | 96 | USA | 4/11/2015 | Glen Ellyn IL |
| B | 127.5 | Ruane Peter | 96 | USA | 4/11/2015 | Glen Ellyn IL |
| D | 242.5 | Ruane Peter | 96 | USA | 4/11/2015 | Glen Ellyn IL |
| T | 570 | Ruane Peter | 96 | USA | 4/11/2015 | Glen Ellyn IL |
| | | | | | | 4th 4th 4th 200-127.5-242.5 |
| 90 KG CLASS | | | | | | |
| S | 300 | Raspopin Roman | 96 | RUS | 7/2/2015 | Novosibirsk |
| B | 180 | Raspopin Roman | 96 | RUS | 7/2/2015 | Novosibirsk |
| D | 285 | Raspopin Roman | 96 | RUS | 7/3/2014 | Novosibirsk |
| T | 760 | Raspopin Roman | 96 | RUS | 7/2/2015 | Novosibirsk |
| | | | | | | 300-180-280 |
| 100 KG CLASS | | | | | | |
| S | 300 | Zybarev Vladislav | 97 | RUS | 7/7/2016 | Novosibirsk |
| B | 162.5 | Zybarev Vladislav | 97 | RUS | 7/7/2016 | Novosibirsk |
| D | 230 | Zybarev Vladislav | 97 | RUS | 7/7/2016 | Novosibirsk |
| T | 692.5 | Zybarev Vladislav | 97 | RUS | 7/7/2016 | Novosibirsk |
| | | | | | | 300-162.5-230 |
| 110 KG CLASS | | | | | | |
| S | 347.5 | Lang Kaiden | 2005 | USA | 8/6/2023 | Baton Rouge LA |
| B | 220 | Lang Kaiden | 2005 | USA | 8/6/2023 | Baton Rouge LA |
| D | 282.5 | Lang Kaiden | 2005 | USA | 8/6/2023 | Baton Rouge LA |
| T | 850 | Lang Kaiden | 2005 | USA | 8/6/2023 | Baton Rouge LA |
| | | | | | | 347.5-220-282.5 |
| 125 KG CLASS | | | | | | |
| S | 220 | Anan Mostafa Osama Mostafa | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| B | 140 | Anan Mostafa Osama Mostafa | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| D | 230 | Anan Mostafa Osama Mostafa | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| T | 570 | Anan Mostafa Osama Mostafa | 96 | EGY | 9/2/2015 | Idaho Falls ID |
| | | | | | | 4th 200-140-230 |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Women's Teenage 13-15 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|------------|------|----------------|-----------|------------------------|
| 44 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 48 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 52 KG CLASS | | | | | | |
| S | 117.5 | Erb Morgan | 2008 | USA | 5/28/2023 | N Aurora IL |
| B | 55 | Erb Morgan | 2008 | USA | 5/28/2023 | N Aurora IL |
| D | 107.5 | Erb Morgan | 2008 | USA | 5/28/2023 | N Aurora IL |
| T | 275 | Erb Morgan | 2008 | USA | 5/28/2023 | N Aurora IL |
| | | | | | | 4th |
| | | | | | | 117.5-55-102.5 |
| 56 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Women's Teenage 16-17 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|-----------------------------|------|-----|----------------|--------------------|------------------------|
| 44 KG. CLASS | | | | | | |
| S | 40 Prisha Thakkar | 2007 | IND | 11/18/2023 | Bishkek Kyrgyzstan | |
| B | 20 Prisha Thakkar | 2007 | IND | 11/18/2023 | Bishkek Kyrgyzstan | |
| D | 50 Prisha Thakkar | 2007 | IND | 11/18/2023 | Bishkek Kyrgyzstan | |
| T | 110 Prisha Thakkar | 2007 | IND | 11/18/2023 | Bishkek Kyrgyzstan | 40-20-50 |
| 48 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 52 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG CLASS | | | | | | |
| S | 120 Cherdantseva Yekaterina | 2000 | RUS | 7/22/2017 | Blagoveschensk | |
| B | 55 Cherdantseva Yekaterina | 2000 | RUS | 7/22/2017 | Blagoveschensk | |
| D | 120 Cherdantseva Yekaterina | 2000 | RUS | 7/22/2017 | Blagoveschensk | |
| T | 295 Cherdantseva Yekaterina | 2000 | RUS | 7/22/2017 | Blagoveschensk | 120-55-120 |
| 60 KG CLASS | | | | | | |
| S | 157.5 Hoerner Allison | 2005 | USA | 4/29/2022 | Gatlinburg TN | |
| B | 85 Hoerner Allison | 2005 | USA | 4/29/2022 | Gatlinburg TN | |
| D | 165 Hoerner Allison | 2005 | USA | 4/29/2022 | Gatlinburg TN | |
| T | 407.5 Hoerner Allison | 2005 | USA | 4/29/2022 | Gatlinburg TN | 157.5-85-165 |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | 120 Altangerel Dolgor | 96 | MGL | 7/3/2014 | Novosibirsk | |
| B | 65 Altangerel Dolgor | 96 | MGL | 7/3/2014 | Novosibirsk | |
| D | 130 Altangerel Dolgor | 96 | MGL | 7/3/2014 | Novosibirsk | |
| T | 315 Altangerel Dolgor | 96 | MGL | 7/3/2014 | Novosibirsk | 120-65-130 |
| 90 KG CLASS | | | | | | |
| S | 185 O'Neal Finley | 2002 | USA | 8/14/2020 | Ft Lauderdale FL | |
| B | 97.5 O'Neal Finley | 2002 | USA | 8/14/2020 | Ft Lauderdale FL | 4th |
| D | 145 O'Neal Finley | 2002 | USA | 8/14/2020 | Ft Lauderdale FL | 4th |
| T | 422.5 O'Neal Finley | 2002 | USA | 8/14/2020 | Ft Lauderdale FL | 185-95-142.5 |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Women's Teenage 18-19 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|------------------------|-----|-----|----------------|----------------|------------------------|
| 44 KG. CLASS | | | | | | |
| S | 117.5 Yenina Natalya | 96 | RUS | 12/3/2015 | Kursk | |
| B | 55 Yenina Natalya | 96 | RUS | 12/3/2015 | Kursk | |
| D | 105 Yenina Natalya | 96 | RUS | 8/13/2015 | Kursk | |
| T | 275 Yenina Natalya | 96 | RUS | 12/3/2015 | Kursk | 117.5-55-102.5 |
| 48 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 52 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG CLASS | | | | | | |
| S | 105 Marochenko Lyubov | 96 | RUS | 8/1/2015 | Blagoveschensk | |
| B | 50 Marochenko Lyubov | 96 | RUS | 8/1/2015 | Blagoveschensk | |
| D | 125 Marochenko Lyubov | 96 | RUS | 8/1/2015 | Blagoveschensk | |
| T | 280 Marochenko Lyubov | 96 | RUS | 8/1/2015 | Blagoveschensk | 105-50-125 |
| 60 KG CLASS | | | | | | |
| S | 120 Cherepanova Yelena | 97 | RUS | 7/31/2016 | Blagoveschensk | |
| B | 50 Cherepanova Yelena | 97 | RUS | 7/31/2016 | Blagoveschensk | |
| D | 130 Cherepanova Yelena | 97 | RUS | 7/31/2016 | Blagoveschensk | |
| T | 300 Cherepanova Yelena | 97 | RUS | 7/31/2016 | Blagoveschensk | 120-50-130 |
| 67.5 KG CLASS | | | | | | |
| S | 175 Vins Yuliya | 96 | RUS | 8/22/2014 | Moscow | |
| B | 100 Orudzhova Lidiya | 95 | RUS | 4/20/2014 | Krasnodar | |
| D | 165 Vins Yuliya | 96 | RUS | 8/22/2014 | Moscow | |
| T | 440 Vins Yuliya | 96 | RUS | 8/22/2014 | Moscow | 175-100-165 |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Submaster 33-39 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|----------------------|-----|----------------|------------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | 250 | Kulibaev Arman | 83 | RUS | 6/12/2020 | Moscow Russia |
| B | 170 | Kulibaev Arman | 83 | RUS | 6/12/2020 | Moscow Russia |
| D | 245 | Kulibaev Arman | 83 | RUS | 6/12/2020 | Moscow Russia |
| T | 665 | Kulibaev Arman | 83 | RUS | 6/12/2020 | Moscow Russia |
| | | | | | | 250-170-245 |
| 82.5 KG CLASS | | | | | | |
| S | 282.5 | Polfuntikov Alexandr | 82 | RUS | 10/1/2016 | Rostov |
| B | 185 | Lisle Douglas | 80 | GBR | 6/13/2019 | Limerick Ireland |
| D | 242.5 | Kulibaev Arman | 83 | RUS | 12/18/2022 | Moscow Russia |
| T | 682.5 | Kulibaev Arman | 83 | RUS | 12/18/2022 | Moscow Russia |
| | | | | | | 275-165-242.5 |
| 90 KG CLASS | | | | | | |
| S | 325 | Umerenkov Igor | 80 | RUS | 8/22/2014 | Moscow |
| B | 225 | Khripunov Yevgeniy | 81 | RUS | 8/22/2014 | Moscow |
| D | 292.5 | Umerenkov Igor | 80 | RUS | 8/22/2014 | Moscow |
| T | 820 | Umerenkov Igor | 80 | RUS | 8/22/2014 | Moscow |
| | | | | | | 325-202.5-292.5 |
| 100 KG CLASS | | | | | | |
| S | 335.5 | Umerenkov Igor | 80 | RUS | 8/13/2015 | Kursk |
| B | 235 | Ivlev Denis | 80 | RUS | 12/4/2014 | Kursk |
| D | 300 | Umerenkov Igor | 80 | RUS | 8/13/2015 | Kursk |
| T | 850 | Umerenkov Igor | 80 | RUS | 8/13/2015 | Kursk |
| | | | | | | 335-215-300 |
| 110 KG CLASS | | | | | | |
| S | 345 | Vakhtin Akim | 83 | RUS | 4/23/2017 | Rostov |
| B | 180 | Zaytsev Valeriy | 76 | RUS | 2/8/2014 | Yekaterinburg |
| D | 330 | Vakhtin Akim | 83 | RUS | 4/23/2017 | Rostov |
| T | 855 | Vakhtin Akim | 83 | RUS | 4/23/2017 | Rostov |
| | | | | | | 345-180-330 |
| 125 KG CLASS | | | | | | |
| S | 332.5 | Grosz Joseph | 81 | USA | 4/12/2015 | Glen Ellyn IL |
| B | 265 | Grosz Joseph | 81 | USA | 8/2/2015 | Idaho Falls ID |
| D | 295 | Grosz Joseph | 81 | USA | 8/2/2015 | Idaho Falls ID |
| T | 890 | Grosz Joseph | 81 | USA | 8/2/2015 | Idaho Falls ID |
| | | | | | | 330-265-295 |
| 140 KG CLASS | | | | | | |
| S | 340 | Damdin Ankhbayar | 79 | MGL | 7/3/2014 | Novosibirsk |
| B | 210 | Damdin Ankhbayar | 79 | MGL | 7/3/2014 | Novosibirsk |
| D | 182.5 | Damdin Ankhbayar | 79 | MGL | 8/22/2014 | Moscow |
| T | 720 | Damdin Ankhbayar | 79 | MGL | 7/3/2014 | Novosibirsk |
| | | | | | | 340-210-170 |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Women's Submaster 33-39 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|----------------------|-------|---------------------|-----|----------------|-----------|------------------------|
| 44 KG. CLASS | | | | | | |
| S | 112.5 | Zemnukhova Yelena | 77 | RUS | 8/22/2014 | Moscow |
| B | 52.5 | Tskhay Natalya | 75 | KAZ | 7/3/2014 | Novosibirsk |
| D | 110 | Tskhay Natalya | 75 | KAZ | 7/3/2014 | Novosibirsk |
| T | 275 | Zemnukhova Yelena | 77 | RUS | 8/22/2014 | Moscow |
| | | | | | | 112.5-52.5-110 |
| 48 KG. CLASS | | | | | | |
| S | 150 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk |
| B | 75 | Vakhterova Yuliya | 80 | RUS | 12/3/2015 | Kursk |
| D | 152.5 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk |
| T | 377.5 | Vakhterova Yuliya | 80 | RUS | 7/31/2016 | Blagoveschensk |
| | | | | | | 150-75-152.5 |
| 52 KG CLASS | | | | | | |
| S | 145 | Kamyshnikova Marina | 79 | RUS | 6/2/2017 | Moscow |
| B | 67.5 | Kamyshnikova Marina | 79 | RUS | 6/2/2017 | Moscow |
| D | 160 | Kamyshnikova Marina | 79 | RUS | 6/2/2017 | Moscow |
| T | 372.5 | Kamyshnikova Marina | 79 | RUS | 6/2/2017 | Moscow |
| | | | | | | 145-67.5-160 |
| 56 KG CLASS | | | | | | |
| S | 130 | Lobacheva Irina | 82 | RUS | 3/25/2016 | Rostov |
| B | 80 | Lobacheva Irina | 82 | RUS | 3/25/2016 | Rostov |
| D | 145 | Lobacheva Irina | 82 | RUS | 3/25/2016 | Rostov |
| T | 355 | Lobacheva Irina | 82 | RUS | 3/25/2016 | Rostov |
| | | | | | | 130-80-145 |
| 60 KG CLASS | | | | | | |
| S | 150 | O'Malley Villy | 85 | IRL | 6/13/2019 | Limerick Ireland |
| B | 82.5 | Ermak Inga | 82 | RUS | 3/25/2016 | Rostov |
| D | 160 | O'Malley Villy | 85 | IRL | 6/13/2019 | Limerick Ireland |
| T | 375 | O'Malley Villy | 85 | IRL | 6/13/2019 | Limerick Ireland |
| | | | | | | 150-65-160 |
| 67.5 KG CLASS | | | | | | |
| S | 110 | Shawver Brittney | 86 | USA | 9/4/2020 | Idaho Falls ID |
| B | 65 | Shawver Brittney | 86 | USA | 9/4/2020 | Idaho Falls ID |
| D | 125 | Shawver Brittney | 86 | USA | 9/4/2020 | Idaho Falls ID |
| T | 285 | Shawver Brittney | 86 | USA | 9/4/2020 | Idaho Falls ID |
| | | | | | | 4th |
| | | | | | | 4th |
| | | | | | | 102.5-65-117.5 |
| 75 KG CLASS | | | | | | |
| S | 182.5 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID |
| B | 115 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID |
| D | 157.5 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID |
| T | 455 | Grove Jami | 83 | USA | 8/30/2019 | Idaho Falls ID |
| | | | | | | 182.5-115-157.5 |
| 82.5 KG CLASS | | | | | | |
| S | 175 | Kuznetsova Nadezhda | 79 | RUS | 4/25/2016 | Krasnodar |
| B | 77.5 | Kuznetsova Nadezhda | 79 | RUS | 4/25/2016 | Krasnodar |
| D | 170 | Kuznetsova Nadezhda | 79 | RUS | 4/25/2016 | Krasnodar |
| T | 422.5 | Kuznetsova Nadezhda | 79 | RUS | 4/25/2016 | Krasnodar |
| | | | | | | 175-77.5-170 |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 40-44 AWPC Single Ply Records

| | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|--------|---------------------------|-----|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 56 KG. CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 60 KG CLASS | | | | | | | |
| S | 200 | Gallagher Michael | 75 | IRE | 6/13/2019 | Limerick Ireland | |
| B | 112.5 | Gallagher Michael | 75 | IRE | 6/13/2019 | Limerick Ireland | |
| D | 185 | Gallagher Michael | 75 | IRE | 6/13/2019 | Limerick Ireland | |
| T | 497.5 | Gallagher Michael | 75 | IRE | 6/13/2019 | Limerick Ireland | 200-112.5-185 |
| 67.5 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 75 KG CLASS | | | | | | | |
| S | 192.5 | Shawver Luke | 81 | USA | 9/3/2022 | Idaho Falls ID | |
| B | 160 | Lapynin Vladimir | 70 | RUS | 8/22/2014 | Moscow | |
| D | 210 | Shawver Luke | 81 | USA | 9/3/2022 | Idaho Falls ID | |
| T | 540 | Lapynin Vladimir | 70 | RUS | 8/22/2014 | Moscow | 180-160-200 |
| 82.5 KG CLASS | | | | | | | |
| S | 260 | Sementsov Ruslan | 75 | RUS | 9/24/2015 | Rostov | |
| B | 160 | Sementsov Ruslan | 75 | RUS | 9/24/2015 | Rostov | |
| D | 260 | Singh Daljit | 79 | IND | 11/12/2021 | Bishkek Kyrgyzstan | |
| T | 670 | Singh Daljit | 79 | IND | 11/12/2021 | Bishkek Kyrgyzstan | 260-150-260 |
| 90 KG CLASS | | | | | | | |
| S | 290 | Sosorbaram Jargasaykhan | 70 | MGL | 7/3/2014 | Novosibirsk | |
| B | 172.5 | Sosorbaram Jargasaykhan | 70 | MGL | 8/22/2014 | Moscow | |
| D | 270 | Singh Daljeet | 79 | IND | 11/18/2023 | Bishkek Kyrgyzstan | |
| T | 695 | Sosorbaram Jargasaykhan | 70 | MGL | 7/3/2014 | Novosibirsk | 290-170-235 |
| 100 KG CLASS | | | | | | | |
| S | 320 | Polfuntikov Alexander | 82 | RUS | 3/8/2023 | Hurgada City Egypt | |
| B | 190 | Davaatseren Ulzil-Orshikh | 73 | MGL | 8/22/2014 | Moscow | |
| D | 260 | Polfuntikov Alexander | 82 | RUS | 3/8//23 | Hurgada City Egypt | |
| T | 750 | Polfuntikov Alexander | 82 | RUS | 3/8/2023 | Hurgada City Egypt | 320-170-260 |
| 110 KG CLASS | | | | | | | |
| S | 310 | Dashzegve Tumenjargal | 87 | MGL | 8/22/2014 | Moscow | |
| B | 265 | Dashzegve Tumenjargal | 87 | MGL | 8/22/2014 | Moscow | |
| D | 290 | Rodnin Roman | 75 | RUS | 4/23/2017 | Rostov | |
| T | 855 | Dashzegve Tumenjargal | 87 | RUS | 8/22/2014 | Moscow | 330-265-260 |
| 125 KG CLASS | | | | | | | |
| S | 350 | Porter Joshua | 79 | USA | 5/27/2023 | N Aurora IL | |
| B | 227.5 | Porter Joshua | 79 | USA | 5/27/2023 | N Aurora IL | |
| D | 287.5 | Porter Joshua | 79 | USA | 5/27/2023 | N Aurora IL | |
| T | 865 | Porter Joshua | 79 | USA | 5/27/2023 | N Aurora IL | 350-227.5-28715 |
| 140 KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |
| 140+ KG CLASS | | | | | | | |
| S | | | | | | | |
| B | | | | | | | |
| D | | | | | | | |
| T | | | | | | | |

Men's Master 45-49 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|---------------------|-----|----------------|-----------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | 165 | Khuzin Rinat | 69 | RUS | 6/3/2015 | St Petersburg |
| B | 142.5 | Khuzin Rinat | 69 | RUS | 6/3/2015 | St Petersburg |
| D | 177.5 | Khuzin Rinat | 69 | RUS | 6/3/2015 | St Petersburg |
| T | 485 | Khuzin Rinat | 69 | RUS | 6/3/2015 | St Petersburg |
| | | | | | | 165-142.5-177.5 |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | 225 | Chertushkin Dmitriy | 65 | RUS | 8/22/2014 | Moscow |
| B | 180 | Chertushkin Dmitriy | 65 | RUS | 8/9/2014 | Yekaterinburg |
| D | 205 | Chertushkin Dmitriy | 65 | RUS | 8/22/2014 | Moscow |
| T | 600 | Chertushkin Dmitriy | 65 | RUS | 8/9/2014 | Yekaterinburg |
| | | | | | | 220-180-200 |
| 100 KG CLASS | | | | | | |
| S | 270 | Galayda Pavel | 68 | RUS | 8/22/2014 | Moscow |
| B | 200 | Galayda Pavel | 68 | RUS | 8/22/2014 | Moscow |
| D | 260 | Galayda Pavel | 68 | RUS | 8/22/2014 | Moscow |
| T | 730 | Galayda Pavel | 68 | RUS | 8/22/2014 | Moscow |
| | | | | | | 270-200-260 |
| 110 KG CLASS | | | | | | |
| S | 220 | Grigoryev Andrei | 65 | RUS | 8/22/2014 | Moscow |
| B | 172.5 | Grigoryev Andrei | 65 | RUS | 8/22/2014 | Moscow |
| D | 225 | Grigoryev Andrei | 65 | RUS | 8/22/2014 | Moscow |
| T | 617.5 | Grigoryev Andrei | 65 | RUS | 8/22/2014 | Moscow |
| | | | | | | 220-172.5-225 |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | 285 | Bierschbach Robert | 68 | USA | 4/11/2015 | Glen Ellyn IL |
| B | 205 | Bierschbach Robert | 68 | USA | 4/11/2015 | Glen Ellyn IL |
| D | 272.5 | Bierschbach Robert | 68 | USA | 4/11/2015 | Glen Ellyn IL |
| T | 762.5 | Bierschbach Robert | 68 | USA | 4/11/2015 | Glen Ellyn IL |
| | | | | | | 285-205-272.5 |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 50-54 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|---------------------|-----|----------------|------------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | 210 | Sukhobok Maxim | 65 | RUS | 8/13/2015 | Kursk |
| B | 115 | Sukhobok Maxim | 65 | RUS | 8/13/2015 | Kursk |
| D | 215 | Sukhobok Maxim | 65 | RUS | 8/13/2015 | Kursk |
| T | 540 | Sukhobok Maxim | 65 | RUS | 8/13/2015 | Kursk |
| | | | | | | 210-115-215 |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | 190 | Golovin Valeriy | 61 | RUS | 4/15/2015 | Rostov |
| B | 115 | Golovin Valeriy | 61 | RUS | 4/15/2015 | Rostov |
| D | 195 | Golovin Valeriy | 61 | RUS | 4/15/2015 | Rostov |
| T | 500 | Golovin Valeriy | 61 | RUS | 4/15/2015 | Rostov |
| | | | | | | 190-115-195 |
| 90 KG CLASS | | | | | | |
| S | 250 | Lee Yong Soo | 54 | KOR | 9/2/2015 | Idaho Falls ID |
| B | 197.5 | Chertushkin Dmitriy | 65 | RUS | 12/12/2015 | Yekaterinburg |
| D | 220 | Lee Yong Soo | 54 | KOR | 9/2/2015 | Idaho Falls ID |
| T | 667.5 | Chertushkin Dmitriy | 65 | RUS | 12/12/2015 | Yekaterinburg |
| | | | | | | 250-197.5-220 |
| 100 KG CLASS | | | | | | |
| S | 235 | Phillips Adrian | 64 | GBR | 8/3/2018 | Manchester |
| B | 140 | Phillips Adrian | 64 | GBR | 8/3/2018 | Manchester |
| D | 230 | Phillips Adrian | 64 | GBR | 8/3/2018 | Manchester |
| T | 605 | Phillips Adrian | 64 | GBR | 8/3/2018 | Manchester |
| | | | | | | 235-140-230 |
| 110 KG CLASS | | | | | | |
| S | 255 | Seeber Bob | 63 | USA | 4/21/2018 | Grand Rapids MI |
| B | 170 | Seeber Bob | 63 | USA | 4/21/2018 | Grand Rapids MI |
| D | 260 | Seeber Bob | 63 | USA | 4/21/2018 | Grand Rapids MI |
| T | 685 | Seeber Bob | 63 | USA | 4/21/2018 | Grand Rapids MI |
| | | | | | | 255-170-260 |
| 125 KG CLASS | | | | | | |
| S | 265 | Foreman Matt | 72 | USA | 9/3/2022 | Idaho Falls ID |
| B | 227.5 | McAteer Wade | 64 | USA | 5/27/2017 | Lisle IL |
| D | 227.5 | Foreman Matt | 72 | USA | 9/3/2022 | Idaho Falls ID |
| T | 625 | McAteer Wade | 64 | USA | 9/9/2017 | Lisle IL |
| | | | | | | 4th |
| | | | | | | 237.5-205-182.5 |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 55-59 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------------------|-----|----------------|-----------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | 137.5 | Shipley Cliff | 59 | USA | 5/27/2017 | Lisle IL |
| B | 100 | Shipley Cliff | 59 | USA | 9/9/2017 | Lisle IL |
| D | 200 | Shipley Cliff | 59 | USA | 5/27/2017 | Lisle IL |
| T | 432.5 | Shipley Cliff | 59 | USA | 5/27/2017 | Lisle IL |
| | | | | | | 4th |
| | | | | | | 137.5-95-200 |
| 82.5 KG CLASS | | | | | | |
| S | 205 | Skokin Viktor | 57 | RUS | 8/13/2015 | Kursk |
| B | 130 | Shagdarsuren Bat-Erdene | 59 | MGL | 8/13/2015 | Kursk |
| D | 232.5 | Skokin Viktor | 57 | RUS | 8/13/2015 | Kursk |
| T | 532.5 | Skokin Viktor | 57 | RUS | 8/13/2015 | Kursk |
| | | | | | | 205-95-232.5 |
| 90 KG CLASS | | | | | | |
| S | 250 | Jacobs Terry | 62 | USA | 4/14/2019 | Myrtle Beach SC |
| B | 165 | Jacobs Terry | 62 | USA | 4/14/2019 | Myrtle Beach SC |
| D | 250 | Jacobs Terry | 62 | USA | 4/14/2019 | Myrtle Beach SC |
| T | 665 | Jacobs Terry | 62 | USA | 4/14/2019 | Myrtle Beach SC |
| | | | | | | 250-165-250 |
| 100 KG CLASS | | | | | | |
| S | 300 | Jacobs Terry | 62 | USA | 8/18/2019 | Orlando FL |
| B | 192.5 | Jacobs Terry | 62 | USA | 8/18/2019 | Orlando FL |
| D | 255 | Jacobs Terry | 62 | USA | 8/18/2019 | Orlando FL |
| T | 747.5 | Jacobs Terry | 62 | USA | 8/18/2019 | Orlando FL |
| | | | | | | 300-192.5-255 |
| 110 KG CLASS | | | | | | |
| S | 230 | Phillips Adrian | 64 | GBR | 7/9/2022 | Manchester UK |
| B | 155 | Phillips Adrian | 64 | GBR | 7/9/2022 | Manchester UK |
| D | 230 | Phillips Adrian | 64 | GBR | 7/9/2022 | Manchester UK |
| T | 615 | Phillips Adrian | 64 | GBR | 7/9/2022 | Manchester UK |
| | | | | | | 230-155-230 |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 60-64 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|--------------|-----|----------------|-----------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | 105 | Shiple Cliff | 59 | USA | 5/1/2021 | Gatlinburg TN |
| B | 87.5 | Shiple Cliff | 59 | USA | 5/1/2021 | Gatlinburg TN |
| D | 187.5 | Shiple Cliff | 59 | USA | 5/1/2021 | Gatlinburg TN |
| T | 380 | Shiple Cliff | 59 | USA | 5/1/2021 | Gatlinburg TN |
| | | | | | | 105-87.5-187.5 |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | 230 | Bakke Jay | 57 | USA | 8/30/2018 | Idaho Falls ID |
| B | 167.5 | Bakke Jay | 57 | USA | 8/29/2019 | Idaho Falls ID |
| D | 252.5 | Bakke Jay | 57 | USA | 8/29/2019 | Idaho Falls ID |
| T | 645 | Bakke Jay | 57 | USA | 8/29/2019 | Idaho Falls ID |
| | | | | | | 225-167.5-252.5 |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | 250.5 | Woods Mike | 61 | USA | 10/1/2021 | Lombard IL |
| B | 145 | Woods Mike | 61 | USA | 10/1/2021 | Lombard IL |
| D | 192.5 | Woods Mike | 61 | USA | 10/1/2021 | Lombard IL |
| T | 582.5 | Woods Mike | 61 | USA | 10/1/2021 | Lombard IL |
| | | | | | | 250-145-187.5 |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 65-69 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------------|-----|----------------|-----------|------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | 155 | Pereira Birchmans | 46 | CAN | 8/31/2014 | Idaho Falls |
| B | 90 | Zhurkin Yevgeniy | 45 | RUS | 8/22/2014 | Moscow |
| D | 205 | Pereira Birchmans | 46 | CAN | 8/31/2014 | Idaho Falls |
| T | 420 | Pereira Birchmans | 46 | CAN | 8/31/2014 | Idaho Falls |
| | | | | | | 150-65-205 |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | 230 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |
| B | 157.5 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |
| D | 257.5 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |
| T | 645 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |
| | | | | | | 230-157.5-257.5 |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 70-74 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------------|-----|----------------|-----------|---------------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | 195 | Zhuravlev Mikhail | 43 | RUS | 8/12/2016 | Kursk |
| B | 150 | Lichtle Lee | 44 | USA | 9/2/2015 | Idaho Falls ID 4th |
| D | 205 | Zhuravlev Mikhail | 43 | RUS | 8/12/2016 | Kursk |
| T | 525 | Zhuravlev Mikhail | 43 | RUS | 8/12/2016 | Kursk 195-125-205 |
| 90 KG CLASS | | | | | | |
| S | 110 | Bhagwan | 50 | IND | 3/8/2023 | Hurgada City Egypt |
| B | 85 | Bhagwan | 50 | IND | 6/21/2023 | Bishkek Kyrgyzstan |
| D | 110 | Bhagwan | 50 | IND | 3/8/2023 | Hurgada City Egypt |
| T | 302.5 | Bhagwan | 50 | IND | 6/21/2023 | Bishkek Kyrgyzstan 110-85-107.5 |
| 100 KG CLASS | | | | | | |
| S | 125 | Bhagwan | 50 | IND | 6/16/2022 | Bishkek Kyrgyzstan |
| B | 100 | Bhagwan | 50 | IND | 6/16/2022 | Bishkek Kyrgyzstan |
| D | 130 | Bhagwan | 50 | IND | 6/16/2022 | Bishkek Kyrgyzstan |
| T | 355 | Bhagwan | 50 | IND | 6/16/2022 | Bishkek Kyrgyzstan 125-100-130 |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 75-79 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------------|-----|----------------|------------|-----------------------------|
| 52 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | 161 | Byambaa Tsegmed | 40 | MGL | 7/7/2016 | Novosibirsk |
| B | 101 | Byambaa Tsegmed | 40 | MGL | 7/7/2016 | Novosibirsk 4th |
| D | 185 | Byambaa Tsegmed | 40 | MGL | 7/7/2016 | Novosibirsk |
| T | 440 | Byambaa Tsegmed | 40 | MGL | 7/7/2016 | Novosibirsk 160-95-185 |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | 185 | Nugumanov Valeriy | 39 | RUS | 12/12/2015 | Yekaterinburg |
| B | 105 | Nugumanov Valeriy | 39 | RUS | 12/12/2015 | Yekaterinburg |
| D | 180 | Nugumanov Valeriy | 39 | RUS | 12/12/2015 | Yekaterinburg |
| T | 470 | Nugumanov Valeriy | 39 | RUS | 12/12/2015 | Yekaterinburg 185-105-180 |
| 110 KG CLASS | | | | | | |
| S | 192.5 | Bishop Jimmy | 48 | USA | 8/6/2023 | Baton Rouge LA |
| B | 95 | Bishop Jimmy | 48 | USA | 8/6/2023 | Baton Rouge LA |
| D | 170 | Bishop Jimmy | 48 | USA | 8/6/2023 | Baton Rouge LA |
| T | 457.5 | Bishop Jimmy | 48 | USA | 8/6/2023 | Baton Rouge LA 192.5-95-170 |
| 125 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 140+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Men's Master 80+ AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

52 KG. CLASS

S
B
D
T

56 KG. CLASS

S
B
D
T

60 KG CLASS

S
B
D
T

67.5 KG CLASS

S
B
D
T

75 KG CLASS

S
B
D
T

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

| | | | | | | | |
|---|------|----------------|----|-----|-----------|-----------------|----------------|
| S | 105 | Walters Thomas | 38 | USA | 8/18/2019 | Orlando FL | |
| B | 62.5 | Walters Thomas | 38 | USA | 8/18/2019 | Orlando FL | |
| D | 125 | Walters Thomas | 38 | USA | 4/14/2019 | Myrtle Beach SC | |
| T | 285 | Walters Thomas | 38 | USA | 8/18/2019 | Orlando FL | 105-62.5-117.5 |

110 KG CLASS

S
B
D
T

125 KG CLASS

S
B
D
T

140 KG CLASS

S
B
D
T

140+ KG CLASS

S
B
D
T

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|------|-------------|-----|----------------|------------|------------------------|
| 44 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 48 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 52 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 60 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 67.5 KG CLASS | | | | | | |
| S | 70 | Pooja Mehta | 82 | IND | 12/18/2022 | Moscow Russia |
| B | 40 | Pooja Mehta | 82 | IND | 12/18/2022 | Moscow Russia |
| D | 140 | Pooja Mehta | 82 | IND | 12/18/2022 | Moscow Russia |
| T | 240 | Pooja Mehta | 82 | IND | 12/18/2022 | Moscow Russia |
| | | | | | | 70-40-140 |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |

Women's Master 45-49 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|---------------|-------|-------------|-----|----------------|-----------|-------------------------|
| 44 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 48 KG. CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 52 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 56 KG CLASS | | | | | | |
| S | 105 | Davies Jane | 69 | GBR | 8/2/2018 | Manchester |
| B | 55 | Davies Jane | 69 | GBR | 8/2/2018 | Manchester |
| D | 130 | Davies Jane | 69 | GBR | 6/23/2018 | Le Pont de Claix France |
| T | 290 | Davies Jane | 69 | GBR | 8/2/2018 | Manchester |
| | | | | | | 105-55-130 |
| 60 KG CLASS | | | | | | |
| S | 165 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |
| B | 102.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |
| D | 177.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |
| T | 445 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |
| | | | | | | 165-102.5-177.5 |
| 67.5 KG CLASS | | | | | | |
| S | 175 | Patel Heena | 72 | USA | 4/29/2022 | Gatlinburg TN |
| B | 102.5 | Patel Heena | 72 | USA | 4/29/2022 | Gatlinburg TN |
| D | 177.5 | Patel Heena | 72 | USA | 4/29/2022 | Gatlinburg TN |
| T | 455 | Patel Heena | 72 | USA | 4/29/2022 | Gatlinburg TN |
| | | | | | | 175-102.5-177.5 |
| 75 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 82.5 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 90 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 100 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110 KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |
| D | | | | | | |
| T | | | | | | |
| 110+ KG CLASS | | | | | | |
| S | | | | | | |
| B | | | | | | |

D
T

Women's Master 50-54 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS
S
B
D
T

48 KG. CLASS
S
B
D
T

52 KG CLASS

| | | | | | | | |
|---|-------|-------------------|----|-----|-----------|----------|----------------|
| S | 110 | Vallejo Alexandra | 65 | USA | 5/26/2017 | Lisle IL | |
| B | 57.5 | Vallejo Alexandra | 65 | USA | 5/26/2017 | Lisle IL | |
| D | 117.5 | Vallejo Alexandra | 65 | USA | 5/26/2017 | Lisle IL | |
| T | 285 | Vallejo Alexandra | 65 | USA | 5/26/2017 | Lisle IL | 110-57.5-117.5 |

56 KG CLASS

S
B
D
T

60 KG CLASS

| | | | | | | | |
|---|-------|---------------|----|-----|-----------|-------------------------|------------|
| S | 152.5 | Hough Allison | 67 | GBR | 6/13/2019 | Limerick Ireland | |
| B | 98 | Hough Allison | 67 | GBR | 8/2/2018 | Manchester | 4th |
| D | 145 | Hough Allison | 67 | GBR | 6/23/2018 | Le Pont de Claix France | |
| T | 380 | Hough Allison | 67 | GBR | 6/23/2018 | Le Pont de Claix France | 145-90-145 |

67.5 KG CLASS

S
B
D
T

75 KG CLASS

S
B
D
T

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B
D
T

110+ KG CLASS

S
B
D
T

Women's Master 55-59 AWPC Single Ply Records

Weight Name DOB NAT Date of Record Location Lifts to achieve total

44 KG. CLASS

S
B
D
T

48 KG. CLASS

S
B
D
T

52 KG CLASS

S
B
D
T

56 KG CLASS

S
B
D
T

60 KG CLASS

| | | | | | | | |
|---|-----|-------------|----|-----|----------|----------------|------------|
| S | 125 | Oker Rhonda | 66 | USA | 8/6/2023 | Baton Rouge LA | |
| B | 60 | Oker Rhonda | 66 | USA | 8/6/2023 | Baton Rouge LA | |
| D | 110 | Oker Rhonda | 66 | USA | 8/6/2023 | Baton Rouge LA | |
| T | 295 | Oker Rhonda | 66 | USA | 8/6/2023 | Baton Rouge LA | 125-60-110 |

67.5 KG CLASS

| | | | | | | | |
|---|-------|---------------|----|-----|------------|----------------|--------------|
| S | 130 | Hough Allison | 66 | GBR | 11/16/2021 | Trofa Portugal | |
| B | 102.5 | Hough Allison | 66 | GBR | 11/16/2021 | Trofa Portugal | 4th |
| D | 155 | Hicks Linda | 62 | GBR | 1/20/2018 | Folkestone UK | |
| T | 372.5 | Hicks Linda | 62 | GBR | 1/20/2018 | Folkestone UK | 125-92.5-155 |

75 KG CLASS

| | | | | | | | |
|---|-------|-------------|----|-----|-----------|------------------|----------------|
| S | 132.5 | Hicks Linda | 62 | GBR | 6/13/2019 | Limerick Ireland | |
| B | 92.5 | Hicks Linda | 62 | GBR | 6/13/2019 | Limerick Ireland | |
| D | 145 | Hicks Linda | 62 | GBR | 6/13/2019 | Limerick Ireland | |
| T | 370 | Hicks Linda | 62 | GBR | 6/13/2019 | Limerick Ireland | 132.5-92.5-145 |

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B
D
T

110+ KG CLASS

S
B
D
T

Women's Master 60-64 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S
B
D
T

48 KG. CLASS

S
B
D
T

52 KG CLASS

S
B
D
T

56 KG CLASS

S
B
D
T

60 KG CLASS

| | | | | | | | |
|---|-------|---------------|----|-----|----------|----------------|------------|
| S | 45 | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | |
| B | 47.5 | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | |
| D | 70 | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | |
| T | 157.5 | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | 45-47.5-70 |

67.5 KG CLASS

S
B
D
T

75 KG CLASS

S
B
D
T

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B

D
T

110+ KG CLASS

S
B
D
T

Women's Master 65-69 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S
B
D
T

48 KG. CLASS

S
B
D
T

52 KG CLASS

S
B
D
T

56 KG CLASS

S
B
D
T

60 KG CLASS

S
B
D
T

67.5 KG CLASS

S
B
D
T

75 KG CLASS

S
B
D
T

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B
D
T

110+ KG CLASS

S
B
D
T

Women's Master 70-74 AWPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S
B
D
T

48 KG. CLASS

S
B
D
T

52 KG CLASS

S
B
D
T

56 KG CLASS

S
B
D
T

60 KG CLASS

S
B
D
T

67.5 KG CLASS

S
B
D
T

75 KG CLASS

S
B
D
T

82.5 KG CLASS

S
B
D
T

90 KG CLASS

S
B
D
T

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B
D
T

110+ KG CLASS

S
B
D
T