

### **AAPF Raw Men's Open, Special Olympics**

90 KG Class	Record	Name	Record Date	Location
Squat	120	Chris Merrin	4/15/2023	Billings
Bench	92.5	Jacob Neumann	4/30/2024	Idaho Falls
Deadlift	165	Chris Merrin	4/15/2023	Billings
Total	367.5	Chris Merrin	4/15/2023	Billings

### **AAPF Raw Men's Junior 20-23, Special Olympics**

90 KG Class	Record	Name	Record Date	Location
Squat	65	Jacob Neumann	8/31/2023	Idaho Falls
Bench	87.5	Jacob Neumann	8/31/2023	Idaho Falls
Deadlift	115	Jacob Neumann	8/31/2023	Idaho Falls
Total	267.5	Jacob Neumann	8/31/2023	Idaho Falls

### **AAPF Raw Men's Submaster 30-39, Special Olympics**

82.5 KG Class	Record	Name	Record Date	Location
Squat	102.5	Cheyne Kotar	4/30/2022	Billings
Bench	72.5	Cheyne Kotar	4/30/2022	Billings
Deadlift	172.5	Cheyne Kotar	4/30/2022	Billings
Total	347.5	Cheyne Kotar	4/30/2022	Billings

### **AAPF Raw Women's Master Special Olympics, 40-44**

82.5 KG Class	Record	Name	Record Date	Location
Squat	62.5	Vivienne Shockley	9/3/2021	Idaho Falls
Bench	52.5	Vivienne Shockley	9/3/2021	Idaho Falls
Deadlift	137.5	Vivienne Shockley	9/3/2021	Idaho Falls
Total	242.5	Vivienne Shockley	9/3/2021	Idaho Falls

### **AAPF Classic Raw Women's Special Olympics**

#### **AAPF Classic Raw Women's Special Olympics, 40-44**

75 KG Class	Record	Name	Record Date	Location
Squat	55	Vivienne Shockley	4/15/2023	Billings
Bench	45	Vivienne Shockley	4/30/2022	Billings
Deadlift	112.5	Vivienne Shockley	4/15/2023	Billings
Total	212.5	Vivienne Shockley	4/15/2023	Billings

### **AAPF Raw Women's Master, 45-49**

82.5 KG Class	Record	Name	Record Date	Location
Squat	117.5	Michele Williams	6/12/2021	Billings
Bench	70	Michele Williams	6/12/2021	Billings
Deadlift	145	Michele Williams	6/12/2021	Billings
Total	332.5	Michele Williams	6/12/2021	Billings

100 KG Class	Record	Name	Record Date	Location
Squat	137.5	Jolene Laughery	4/30/2022	Billings
Bench	77.5	Jolene Laughery	4/30/2022	Billings
Deadlift	135	Jolene Laughery	4/30/2022	Billings
Total	350	Jolene Laughery	4/30/2022	Billings

**AAPF Raw Women's Master, 60-64**

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

82.5 KG Class	Record	Name	Record Date	Location
Squat	107.5	Sheryl Shockley	9/3/2021	Idaho Falls
Bench	52.5	Sheryl Shockley	6/12/2021	Billings
Deadlift	135	Sheryl Shockley	6/12/2021	Billings
Total	290	Sheryl Shockley	9/3/2021	Idaho Falls

**AAPF Classic Raw Men's Open**

67.5 KG Class	Record	Name	Record Date	Location
Squat	175	Taylor Herman	9/3/2021	Idaho Falls
Bench	132.5	Taylor Herman	9/3/2021	Idaho Falls
Deadlift	205	Taylor Herman	9/3/2021	Idaho Falls
Total	512.5	Taylor Herman	9/3/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	162.5	Joshua Johnson	9/1/2022	Idaho Falls
Bench	107.5	Joshua Johnson	9/1/2022	Idaho Falls
Deadlift	187.5	Joshua Johnson	9/1/2022	Idaho Falls
Total	457.5	Joshua Johnson	9/1/2022	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	200	Joseph Landry	6/12/2021	Billings
Bench	125	Joseph Landry	6/12/2021	Billings
Deadlift	212.5	Joseph Landry	6/12/2021	Billings
Total	537.5	Joseph Landry	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	210	Joseph Landry	4/15/2023	Billings
Bench	132.5	Joseph Landry	4/15/2023	Billings
Deadlift	245	Joseph Landry	4/15/2023	Billings
Total	587.5	Joseph Landry	4/15/2023	Billings

**AAPF Classic Raw Men's Junior 20-23**

67.5 KG Class	Record	Name	Record Date	Location
Squat	175	Taylor Herman	9/3/2021	Idaho Falls
Bench	132.5	Taylor Herman	9/3/2021	Idaho Falls
Deadlift	205	Taylor Herman	9/3/2021	Idaho Falls
Total	512.5	Taylor Herman	9/3/2021	Idaho Falls

**AAPF Classic Raw Men's Submaster 33-39**

100 KG Class	Record	Name	Record Date	Location
Squat	200	Joseph Landry	6/12/2021	Billings
Bench	125	Joseph Landry	6/12/2021	Billings

Deadlift	212.5	Joseph Landry	6/12/2021	Billings
Total	537.5	Joseph Landry	6/12/2021	Billings

#### AAPF Classic Raw Men's Master 40-44

110 KG Class	Record	Name	Record Date	Location
Squat	210	Joseph Landry	4/15/2023	Billings
Bench	132.5	Joseph Landry	4/15/2023	Billings
Deadlift	245	Joseph Landry	4/15/2023	Billings
Total	587.5	Joseph Landry	4/15/2023	Billings

#### AAPF Classic Raw Men's Master 45-49

100 KG Class	Record	Name	Record Date	Location
Squat	197.5	Jared Beard	4/30/2022	Billings
Bench	132.5	Jared Beard	4/30/2022	Billings
Deadlift	227.5	Jared Beard	4/30/2022	Billings
Total	557.5	Jared Beard	4/30/2022	Billings

#### AAPF Classic Raw Men's Master 65-69

90 KG Class	Record	Name	Record Date	Location
Squat	147.5	Richard Neumann	4/30/2024	Idaho Falls
Bench	107.5	Richard Neumann	8/31/2023	Idaho Falls
Deadlift	182.5	Richard Neumann	8/31/2023	Idaho Falls
Total	432.5	Richard Neumann	4/30/2024	Idaho Falls

#### AAPF Classic Raw Men's Master 70-74

67.5 KG Class	Record	Name	Record Date	Location
Squat	167.5	Dale Garlitz	12/18/2021	Pocatello
Bench	102.5	Dale Garlitz	12/18/2021	Pocatello
Deadlift	180	Dale Garlitz	12/18/2021	Pocatello
Total	450	Dale Garlitz	12/18/2021	Pocatello

#### AAPF Classic Raw Women's Open

67.5 KG Class	Record	Name	Record Date	Location
Squat	115	Kendra Carter	6/12/2021	Billings
Bench	45	Kendra Carter	6/12/2021	Billings
Deadlift	140	Kendra Carter	6/12/2021	Billings
Total	300	Kendra Carter	6/12/2021	Billings

82.5 KG Class	Record	Name	Record Date	Location
Squat	112.5	Samantha Thompson	6/12/2021	Billings
Bench	75	Samantha Thompson	6/12/2021	Billings
Deadlift	135	Samantha Thompson	6/12/2021	Billings
Total	322.5	Samantha Thompson	6/12/2021	Billings

#### AAPF Classic Raw Women's Submaster, 33-39

67.5 KG Class	Record	Name	Record Date	Location
Squat	115	Kendra Carter	6/12/2021	Billings
Bench	45	Kendra Carter	6/12/2021	Billings
Deadlift	140	Kendra Carter	6/12/2021	Billings

Total	300	Kendra Carter	6/12/2021	Billings
90+ KG Class	Record	Name	Record Date	Location
Squat	92.5	Ashley Nielsen	6/12/2021	Billings
Bench	62.5	Ashley Nielsen	6/12/2021	Billings
Deadlift	130	Ashley Nielsen	6/12/2021	Billings
Total	285	Ashley Nielsen	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	122.5	Ashley Nielsen	4/30/2022	Billings
Bench	72.5	Ashley Nielsen	4/30/2022	Billings
Deadlift	150	Ashley Nielsen	4/30/2022	Billings
Total	345	Ashley Nielsen	4/30/2022	Billings

#### **AAPF Classic Raw Women's Master, 55-59**

67.5 KG Class	Record	Name	Record Date	Location
Squat	97.5	Nancy Brook	9/1/2022	Idaho Falls
Bench	52.5	Nancy Brook	9/1/2022	Idaho Falls
Deadlift	120	Nancy Brook	9/1/2022	Idaho Falls
Total	270	Nancy Brook	9/1/2022	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	102.5	Nancy Brook	8/31/2023	Idaho Falls
Bench	57.5	Nancy Brook	8/31/2023	Idaho Falls
Deadlift	127.5	Nancy Brook	8/31/2023	Idaho Falls
Total	287.5	Nancy Brook	8/31/2023	Idaho Falls

#### **AAPF Classic Raw Women's Master, 60-64**

75 KG Class	Record	Name	Record Date	Location
Squat	90	Sheryl Shockley	4/30/2022	Billings
Bench	47.5	Sheryl Shockley	4/30/2022	Billings
Deadlift	115	Sheryl Shockley	4/30/2022	Billings
Total	252.5	Sheryl Shockley	4/30/2022	Billings

#### **AAPF Classic Raw Women's Master, 65-69**

67.5 KG Class	Record	Name	Record Date	Location
Squat	87.5	Sheryl Shockley	4/15/2023	Billings
Bench	42.5	Sheryl Shockley	4/15/2023	Billings
Deadlift	120	Sheryl Shockley	4/15/2023	Billings
Total	250	Sheryl Shockley	4/15/2023	Billings

#### **AAPF Men's Classic Raw Police/Fire/Militart/FR**

##### **AAPF CR P/F/M/FR Men's Master 65-69**

90 KG Class	Record	Name	Record Date	Location
Squat	147.5	Richard Neumann	4/30/2024	Idaho Falls
Bench	105	Richard Neumann	4/30/2024	Idaho Falls
Deadlift	180	Richard Neumann	4/30/2024	Idaho Falls
Total	432.5	Richard Neumann	4/30/2024	Idaho Falls

### **AAPF Raw Men's Bench, Single Lift**

#### AAPF Raw Men's Open, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	132.5	Taylor Herman	9/3/2021	Idaho Falls

#### AAPF Raw Men's Junior 20-23, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	132.5	Taylor Herman	9/3/2021	Idaho Falls

#### AAPF Raw Men's Master 60-64, Bench

Weight Class	Record	Name	Record Date	Location
90 KG Class	135	Tim Snyder	4/15/2023	Billings

#### AAPF Raw Men's Master 65-69, Bench

90 KG	105	Richard Neumann	3/4/2023	Idaho falls
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#### AAPF Raw Men's Master 70-74, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	102.5	Dale Garlitz	12/18/2021	Pocatello

### **AAPF Raw Men's Special Olympics, , Bench**

#### AAPF Raw Open Special Olympics, Bench

Weight Class	Record	Name	Record Date	Location
90 KG Class	92.5	Jacob Neumann	4/30/2024	Idaho Falls

#### AAPF Raw Junior 20-23 Special Olympics, Bench

Weight Class	Record	Name	Record Date	Location
90 KG Class	82.5	Jacob Neumann	3/4/2023	Idaho Falls

### **AAPF Raw Women's Bench, Single Lift**

#### AAPF Raw Women's Open, Bench

Weight Class	Record	Name	Record Date	Location
82.5 KG	75	Samantha Thompson	6/12/2021	Billings

#### AAPF Raw Women's Master, 55-59, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	52.5	Nancy Brook	9/1/2022	Idaho Falls
75 KG	57.5	Nancy Brook	8/31/2023	Idaho Falls

#### AAPF Raw Women's Master, 60-64, Bench

Weight Class	Record	Name	Record Date	Location
82.5 KG	52.5	Sheryl Shockley	6/12/2021	Billings

#### AAPF Raw Women's Master, 80-84, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	45	Dorothy Ott	4/15/2023	Billings

AAPF Raw Women's Master40-44 Special Olympics, B

Weight Class	Record	Name	Record Date	Location
82.5 KG	52.5	Vivienne Shockley	9/3/2021	Idaho Falls

### **AAPF Raw Men's Deadlift, Single Lift**

AAPF Raw Men's Master, Open, DL

Weight Class	Record	Name	Record Date	Location
75 KG	215	Robert Hughes	4/30/2022	Billings

AAPF Raw Men's Master, 70-74, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	180	Dale Garlitz	12/18/2021	Pocatello

### **AAPF Raw Open Special Olympics, Deadlift**

Weight Class	Record	Name	Record Date	Location
90 KG Class	125	Jacob Neumann	4/30/2024	Idaho Falls

### **AAPF Raw Women's Deadlift, Single Lift**

AAPF Raw Women's Open, DL

Weight Class	Record	Name	Record Date	Location
82.5 KG	135	Samantha Thompson	6/12/2021	Billings

AAPF Raw Women's Master 55-59, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	120	Nancy Brook	9/1/2022	Idaho Falls
75 KG	127.5	Nancy Brook	8/31/2023	Idaho Falls

AAPF Raw Women's Master, 60-64, DL

Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls
82.5 KG	135	Sheryl Shockley	6/12/2021	Billings

AAPF Raw Women's Master Special Olympics, 40-44, DL

Weight Class	Record	Name	Record Date	Location
82.5 KG	137.5	Vivienne Shockley	9/3/2021	Idaho Falls

### **AAPF Men's Single-ply**

AAPF Men's Master 65-69, SP

100 KG Class	Record	Name	Record Date	Location
Squat	245	Jay Bakke	4/15/2023	Billings
Bench	157.5	Jay Bakke	4/15/2023	Billings
Deadlift	257.5	Jay Bakke	8/31/2023	Idaho falls
Total	657.5	Jay Bakke	4/15/2023	Billings

### **AAPF Women's Single-ply**

AAPF Men's Master 60-64, SP

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls

Total	157.5	Carol Neumann	8/31/2023	Idaho Falls
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### **AAPF Men's Single Lift, Single-ply**

AAPF Men's Master 65-69, Bench SP

Weight Class	Record	Name	Record Date	Location
100 KG	157.5	Jay Bakke	4/15/2023	Billings

### **AAPF Men's Master 65-69 DL, SP**

Weight Class	Record	Name	Record Date	Location
100 KG	257.5	Jay Bakke	8/31/2023	Idaho Falls

### **AAPF Women's Single Lift, Single-ply**

AAPF Women's Master 60-64 DL, SP

Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls

### **APF Raw Men's Open**

75 KG Class	Record	Name	Record Date	Location
Squat	155	Aaron Shaffer	6/12/2021	Billings
Bench	130	Aaron Shaffer	6/12/2021	Billings
Deadlift	185	Aaron Shaffer	6/12/2021	Billings
Total	470	Aaron Shaffer	6/12/2021	Billings

### **APF Raw Men's Master 60-64**

82.5 Class	Record	Name	Record Date	Location
Squat	147.5	Jim Duncan	4/30/2022	Billings
Bench	105	Jim Duncan	4/30/2022	Billings
Deadlift	167.5	Jim Duncan	4/30/2022	Billings
Total	420	Jim Duncan	4/30/2022	Billings

### **APF Raw Men's Special Olympics**

AAPF Raw Men's Open, Special Olympics

90 KG Class	Record	Name	Record Date	Location
Squat	120	Chris Merrin	4/15/2023	Billings
Bench	82.5	Chris Merrin	4/15/2023	Billings
Deadlift	165	Chris Merrin	4/15/2023	Billings
Total	367.5	Chris Merrin	4/15/2023	Billings

### **APF Raw Men's Submaster 30-39, Special Olympics**

82.5 KG Class	Record	Name	Record Date	Location
Squat	112.5	Cheyne Kotar	4/15/2023	Billings
Bench	70	Cheyne Kotar	4/15/2023	Billings
Deadlift	177.5	Cheyne Kotar	4/15/2023	Billings
Total	360	Cheyne Kotar	4/15/2023	Billings

### **APF Raw Women's Open**

90+ KG Class	Record	Name	Record Date	Location
Squat	132.5	Annamarie Moscufo	6/12/2021	Billings

Bench	80	Annamarie Moscufo	6/12/2021	Billings
Deadlift	162.5	Annamarie Moscufo	6/12/2021	Billings
Total	375	Annamarie Moscufo	6/12/2021	Billings

100 KG Class	Record	Name	Record Date	Location
Squat	140	Annamarie Moscufo	4/30/2022	Billings
Bench	85	Annamarie Moscufo	4/30/2022	Billings
Deadlift	165	Annamarie Moscufo	4/30/2022	Billings
Total	390	Annamarie Moscufo	4/30/2022	Billings

#### APF Raw Women's Master 60-64

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

#### APF Classic Raw Men's Open

75 KG Class	Record	Name	Record Date	Location
Squat	165	Nicholas Abell	4/30/2022	Billings
Bench	97.5	Nicholas Abell	4/30/2022	Billings
Deadlift	172.5	Nicholas Abell	4/30/2022	Billings
Total	435	Nicholas Abell	4/30/2022	Billings

#### APF Classic Raw Men's Master 70-74

67.5 KG Class	Record	Name	Record Date	Location
Squat	167.5	Dale Garlitz	12/18/2021	Pocatello
Bench	102.5	Dale Garlitz	12/18/2021	Pocatello
Deadlift	180	Dale Garlitz	12/18/2021	Pocatello
Total	450	Dale Garlitz	12/18/2021	Pocatello

#### APF Classic Raw Women's Open

90 KG Class	Record	Name	Record Date	Location
Squat	130	Samantha Thompson	4/30/2022	Billings
Bench	80	Samantha Thompson	4/30/2022	Billings
Deadlift	160	Samantha Thompson	4/30/2022	Billings
Total	370	Samantha Thompson	4/30/2022	Billings

#### APF Classic Raw Women's Submaster, 33-39

90+ KG Class	Record	Name	Record Date	Location
Squat	92.5	Ashley Nielsen	6/12/2021	Billings
Bench	62.5	Ashley Nielsen	6/12/2021	Billings
Deadlift	130	Ashley Nielsen	6/12/2021	Billings
Total	285	Ashley Nielsen	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	122.5	Ashley Nielsen	4/30/2022	Billings
Bench	72.5	Ashley Nielsen	4/30/2022	Billings
Deadlift	150	Ashley Nielsen	4/30/2022	Billings



Total	345	Ashley Nielsen	4/30/2022	Billings
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#### **APF Classic Raw Women's Master, 55-59**

75 KG Class	Record	Name	Record Date	Location
Squat	102.5	Nancy Brook	8/31/2023	Idaho Falls
Bench	57.5	Nancy Brook	8/31/2023	Idaho Falls
Deadlift	127.5	Nancy Brook	8/31/2023	Idaho Falls
Total	287.5	Nancy Brook	8/31/2023	Idaho Falls

#### **APF Classic Raw Women's Master, 65-69**

67.5 KG Class	Record	Name	Record Date	Location
Squat	87.5	Sheryl Shockley	4/15/2023	Billings
Bench	42.5	Sheryl Shockley	4/15/2023	Billings
Deadlift	120	Sheryl Shockley	4/15/2023	Billings
Total	250	Sheryl Shockley	4/15/2023	Billings

#### **APF Raw Men's Bench, Single Lift**

##### APF Raw Men's Master, 45-49

Weight Class	Record	Name	Record Date	Location
75 KG	105	Clint Seger	4/30/2022	Billings
110 KG	150	Cody Anderson	4/30/2022	Billings

##### APF Raw Men's Master, 70-74

Weight Class	Record	Name	Record Date	Location
67.5 KG	102.5	Dale Garlitz	12/18/2021	Pocatello

#### **APF Raw Women's Bench, Single Lift**

##### APF Raw Women's Open, Bench

Weight Class	Record	Name	Record Date	Location
90 KG	80	Samantha Thompson	4/30/2022	Billings

##### APF Raw Women's Master 55-59, Bench

Weight Class	Record	Name	Record Date	Location
75 KG	57.5	Nancy Brook	8/31/2023	Idaho Falls

##### APF Raw Women's Master 65-69, Bench

Weight Class	Record	Name	Record Date	Location
82.5 KG	55	LeAnne Wicken	4/30/2022	Billings

#### **APF Raw Men's Deadlift, Single Lift**

##### APF Raw Men's Master, 45-49 DL

Weight Class	Record	Name	Record Date	Location
75 KG	160	Clint Seger	4/30/2022	Billings

##### APF Raw Men's Master, 70-74, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	180	Dale Garlitz	12/18/2021	Pocatello

#### **APF Raw Women's Deadlift, Single Lift**

APF Raw Women's Open, DL

Weight Class	Record	Name	Record Date	Location
90 KG	160	Samantha Thompson	4/30/2022	Billings

APF Raw Women's Teen, 13-15, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	95	Maya Gentry	6/12/2021	Billings

APF Raw Women's Master 55-59, DL

Weight Class	Record	Name	Record Date	Location
75 KG	127.5	Nancy Brook	8/31/2023	Idaho Falls

APF Raw Women's Master 60-64, DL

Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho

APF Raw Women's Master 65-69, DL

Weight Class	Record	Name	Record Date	Location
82.5 KG	102.5	LeAnne Wicken	4/30/2022	Billings

**APF Men's Single-ply**

APF Men's Master 65-60, SP

100 KG Class	Record	Name	Record Date	Location
Squat	245	Jay Bakke	4/15/2023	Billings
Bench	157.5	Jay Bakke	4/15/2023	Billings
Deadlift	257.5	Jay Bakke	8/31/2023	Idaho Falls
Total	657.5	Jay Bakke	4/15/2023	Billings

**APF Women's Single-ply**

APF Women's Master 60-64, SP

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

**APF Men's Single Lift, Single-ply**

APF Men's Master 65-69 Bench SP

Weight Class	Record	Name	Record Date	Location
100 KG	157.5	Jay Bakke	4/15/2023	Billings

APF Men's Master 65-69 DL SP

Weight Class	Record	Name	Record Date	Location
100 KG	257.5	Jay Bakke	8/31/2023	Idaho Falls

**APF Women's Single Lift, Single-ply**

APF Women's Master 60-63 DL SP

Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls

**APF Men's Multi-ply**

**APF Men's Open, Multi-ply**

75 KG Class	Record	Name	Record Date	Location
Squat	182.5	Nicholas Abell	4/15/2023	Billings
Bench	135	Nicholas Abell	4/15/2023	Billings
Deadlift	190	Nicholas Abell	4/15/2023	Billings
Total	507.5	Nicholas Abell	4/15/2023	Billings

**APF Men's Single Lift, Multi-ply**

**APF Men's Open, Bench MP**

Weight Class	Record	Name	Record Date	Location
125 KG	277.5	River Newman	9/1/2022	Idaho Falls
140 KG	267.5	River Newman	6/12/2021	Billings

**APF Men's Open, DL MP**

Weight Class	Record	Name	Record Date	Location
125 KG	232.5	River Newman	9/1/2022	Idaho Falls
140 KG	245	River Newman	3/4/2023	Idaho Falls

**APF Men's Submaster 33-39, DL MP**

Weight Class	Record	Name	Record Date	Location
140 KG	245	River Newman	3/4/2023	Idaho Falls