

**AAPF National Powerlifting Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>52 KG. CLASS</b>						
S	197.5	Leoni, Robert	66	7/31/2005	Lincolnwood	
B	110	Snell, Ken	58	7/10/1999	Daytona	
D	210	Snell, Ken	58	7/10/1999	Daytona	
T	507.5	Leoni, Robert	66	7/31/2005	Lincolnwood	
<b>56 KG. CLASS</b>						
S	210	Snell, Ken	58	2000		
B	145	Cohn, David	74	9/10/2011	Hiram, GA	
D	217.5	Snell, Ken	58	2000		
T	550	Snell, Ken	58	2000		
<b>60 KG. CLASS</b>						
S	238.5	McCormick, Wes	89	4/18/2010	Detroit, MI	
B	150	Dement, Joseph	88	8/5/2007	Rosemont	
D	206	McCormick, Wes	89	4/18/2010	Detroit, MI	
T	570	McCormick, Wes	89	4/18/2010	Detroit, MI	237.5-137.5-205
<b>67.5 KG. CLASS</b>						
S	305	Tejero Marc	78	4/27/2013	Grand Rapids MI	
B	200	Tejero Marc	78	4/27/2013	Grand Rapids MI	
D	270	Tejero Marc	78	4/27/2013	Grand Rapids MI	
T	775	Tejero Marc	78	4/27/2013	Grand Rapids MI	305-200-270
<b>75 KG. CLASS</b>						
S	325	Lysobey, Vincent	71	10/29/2011	Orlando, FL	
B	232.5	Kalin, Chester	84	12/1/2007	Jacksonville	
D	300	Gordon, Jonathan	80	9/10/2005	Woodstock	
T	792.5	Gordon, Jonathan	80	9/10/2005	Woodstock	307.5-185-300
<b>82.5 KG. CLASS</b>						
S	387.5	Krawiec, Tom	82	3/20/2011	Dekalb, IL	
B	257.5	Cagnolatti, Devin	73	4/27/2013	Grand Rapids MI	4th
D	300	Figola, Bryan	68	1998		
T	895	Krawiec, Tom	82	3/16/2014	Sycamore IL	365-247.5-282.5
<b>90 KG. CLASS</b>						
S	385	Duffin, Chris	77	8/22/2009	Lake Oswego, OR	
B	282.5	Duffin, Chris	77	8/22/2009	Lake Oswego, OR	
D	355	Duffin, Chris	77	8/22/2009	Lake Oswego, OR	
T	1022.5	Duffin, Chris	77	8/22/2009	Lake Oswego, OR	385-282.5-355
<b>100 KG. CLASS</b>						
S	385	Szudarek, Mike	72	8/3/2008	Oak Brook	
B	340	Marble Ryan	86	4/15/2023	Billings MT	
D	312.5	McFarland, Tim	73	6/10/2006	Willowbrook	
T	955	Saunders Mike	79	3/2/2013	W Jordan UT	365-302.5-287.5
<b>110 KG. CLASS</b>						
S	455	Patrick, Jason	71	6/26/2004	Waukegan	
B	320	Warren Patrick	86	7/18/2015	Park Forest IL	
D	342.5	Patrick, Jason	71	7/31/2004	Lincolnwood	
T	1077.5	Warren Patrick	86	7/18/2015	Park Forest IL	450-320-307.5
<b>125 KG. CLASS</b>						
S	445	Gibson, Jason	78	4/3/2010	Sandy, UT	
B	315	Gibson, Jason	78	4/3/2010	Sandy, UT	
D	347.5	Nichols, Bill	58	1998		
T	1072.5	Gibson, Jason	78	4/3/2010	Sandy, UT	455-315-302.5
<b>140 KG. CLASS</b>						
S	437.5	Gibson, Jason	78	3/26/2011	Draper, UT	
B	342.5	Gibson, Jason	73	9/4/2011	Idaho Falls, ID	
D	350	Ufford, Ken	64	9/17/2005	Independence	
T	1067.5	Gibson, Jason	73	9/27/2009	Idaho Falls, ID	432.5-332.5-302.5
<b>140+ KG. CLASS</b>						
S	460	Aiches, Chad	72	8/1/2004	Lincolnwood	
B	347.5	Courville Blasé	96	8/18/2019	Orlando FL	
D	330	Courville Blasé	96	8/18/2019	Orlando FL	
T	1090	Courville Blasé	96	8/18/2019	Orlando FL	412.5-347.5-330

**Women's Open AAPF Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>44 KG. CLASS</b>						
S	125	Hickman, Dawn	68	9/3/2011	Idaho Falls	
B	77.5	Hickman, Dawn	68	9/3/2011	Idaho Falls	
D	125	Hickman, Dawn	68	9/3/2011	Idaho Falls	

T	327.5	Hickman, Dawn	68	9/3/2011	Idaho Falls	125-77.5-125
48 KG. CLASS						
S	220	Kirkland, Margaret	63	8/1/2008	Oak Brook	
B	115	Kirkland, Margaret	63	8/1/2008	Oak Brook	
D	185	Kirkland, Margaret	63	8/1/2008	Oak Brook	
T	520	Kirkland, Margaret	63	8/1/2008	Oak Brook	220-115-185
52 KG. CLASS						
S	235	Kirkland, Margaret	63	12/5/2009	Jacksonville, FL	
B	112.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	
D	192.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	
T	522.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	217.5-112.5-192.5
56 KG. CLASS						
S	250	James Nikita	95	4/10/2022	Cincinnati OH	
B	115	Kirkland, Margaret	63	4/16/2010	Detroit, MI	
D	192.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	
T	537.5	James Nikita	95	4/10/2022	Cincinnati OH	250-115-172.5
60 KG. CLASS						
S	220	Kirkland, Margaret	63	12/1/2007	Jacksonville	
B	112.5	Kirkland, Margaret	63	12/1/2007	Jacksonville	
D	202.5	Kirkland, Margaret	63	12/1/2007	Jacksonville	
T	535	Kirkland, Margaret	63	12/1/2007	Jacksonville	220-112.5-202.5
67.5 KG. CLASS						
S	230	Petrak Harlie	97	10/28/2023	Inver Grove Heights MN	
B	137.5	Richardson, Leonetta	77	11/7/2009	Plano, TX	
D	200	Damminga, Debbie	61	7/27/2013	Fargo ND	
T	505	Duncan Rizzotto Bethani	92	6/9/2024	Baton Rouge LA	207.5-117.5-180
75 KG. CLASS						
S	247.5	Hartson Laura	91	9/10/2022	Columbus OH	
B	185	Doddy Darilynn	90	10/24/2015	Grand Rapids MI	
D	205	Fineis-Curry, Brooke	77	7/22/2006	Flint	4th
T	590	Doddy Darilynn	90	10/24/2015	Grand Rapids MI	230-185-195
82.5 KG. CLASS						
S	270	Cary, Krystal	84	6/25/2011	Park Forest, IL	
B	185	Cary, Krystal	84	6/25/2011	Park Forest, IL	
D	195	Cary, Krystal	84	6/25/2011	Park Forest, IL	
T	650	Cary, Krystal	84	6/25/2011	Park Forest, IL	270-185-195
90 KG. CLASS						
S	275	Miller Paige	92	11/19/2016	Omaha NE	
B	152.5	Gimmell Jennifer	81	9/8/2017	Lisle IL	
D	192.5	Detman, Shannon	81	4/16/2010	Detroit, MI	4th
T	582.5	Miller Paige	92	11/19/2016	Omaha NE	275-125-182.5
100 KG. CLASS						
S	170	Hagen Danielle	93	USA	5/6/2023	Inver Grove Heights MN
B	115	Hagen Danielle	93	USA	5/6/2023	Inver Grove Heights MN
D	145	Hagen Danielle	93	USA	5/6/2023	Inver Grove Heights MN
T	430	Hagen Danielle	93	USA	5/6/2023	Inver Grove Heights MN
110 KG. CLASS						
S						
B						
D						
T						
110+ KG. CLASS						
S	272.5	Hawkins Stacy	86	USA	10/3/2021	Lombard IL
B	170	Hawkins Stacy	86	USA	4/9/2022	Cincinnati OH
D	207.5	Reske, Kristy	77	USA	4/2/2011	West Palm Beach
T	597.5	Hawkins Stacy	86	USA	10/3/2021	Lombard IL

### Men's Junior AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	105	Galeck, Scott	86	3/14/2009	Van Nuys	
B	100	Galeck, Scott	86	3/14/2009	Van Nuys	
D	160	Galeck, Scott	86	3/14/2009	Van Nuys	
T	365	Galeck, Scott	86	3/14/2009	Van Nuys	105-100-160
56 KG. CLASS						
S	132.5	Galeck, Scott	86	12/12/2009	Camarillo, CA	
B	105	Galeck, Scott	86	12/12/2009	Camarillo, CA	
D	162.5	Galeck, Scott	86	12/12/2009	Camarillo, CA	
T	400	Galeck, Scott	86	12/12/2009	Camarillo, CA	132.5-105-162.5

<b>60 KG CLASS</b>						
S	238.5	McCormick, Wes	89	4/18/2010	Detroit, MI	
B	137.5	McCormick, Wes	89	4/18/2010	Detroit, MI	
D	212.5	Brown, Otis	86	7/22/2006	Flint	
T	570	McCormick, Wes	89	4/18/2010	Detroit, MI	237.5-137.5-205
<b>67.5 KG CLASS</b>						
S	237.5	Lenhart, Nick	87	4/3/2010	Sandy, UT	
B	170	Lenhart, Nick	87	4/3/2010	Sandy, UT	
D	247.5	Lenhart, Nick	87	4/4/2009	Idaho Falls	
T	652.5	Lenhart, Nick	87	4/3/2010	Sandy, UT	237.5-170-245
<b>75 KG CLASS</b>						
S	305	Stone, Eric	83	2005		
B	250	Chester, Kalin	84	4/13/2008	Lake George	
D	257.5	Cressey, Eric	81	7/30/2005	Lincolnwood	
T	747.5	Chester, Kalin	84	Apr-08	Lake George	282.5-250-215
<b>82.5 KG CLASS</b>						
S	357.5	Manley, Mick	85	3/21/2009	Elkhorn	
B	202.5	Kim, Andrew	82	0/2005		
D	290	Demoff, Brian	76	0/1998		
T	827.5	Manley, Mick	85	3/21/2009	Elkhorn	357.5-182.5-287.5
<b>90 KG CLASS</b>						
S	342.5	Taylor Matthew	91	4/11/2015	Glen Ellyn IL	
B	215	Lessman, Bennett Mark	85	7/22/2006	Flint	
D	295	Jakubczak, Taylor	90	4/3/2011	West Palm Beach	
T	832.5	Taylor Matthew	91	4/11/2015	Glen Ellyn IL	342.5-202.5-287.5
<b>100 KG CLASS</b>						
S	362.5	Carrasco Lupe	92	3/23/2013	Rosemount MN	
B	272.5	Jacobs, Tom	86	8/1/2009	Burr Ridge	
D	307.5	Fitz, Justin	81	0/2004		
T	895	Carrasco Lupe	92	3/23/2013	Rosemount MN	362.5-250-282.5
<b>110 KG CLASS</b>						
S	395	Benson Jr., Jim	86	8/4/2007	Rosemont	
B	282.5	Benson Jr., Jim	86	8/4/2007	Rosemont	
D	320	Best, Alan	83	4/28/2007	Willowbrook	
T	955	Benson Jr., Jim	86	8/4/2007	Rosemont	395-282.5-277.5
<b>125 KG CLASS</b>						
S	435	Hammock, Matthew Shane	87	9/13/2008	Kennesaw	
B	295	Hammock, Matthew Shane	87	9/13/2008	Kennesaw	
D	337.5	Hammock, Matthew Shane	87	9/13/2008	Kennesaw	
T	1067.5	Hammock, Matthew Shane	87	9/13/2008	Kennesaw	435-295-337.5
<b>140 KG CLASS</b>						
S	370	Thuotte Gavin	98	10/22/2022	Hansen MA	
B	245	Snyder Garrett	97	2/6/2021	West Lafayette OH	
D	275	Damminga, David	86	3/21/2009	Elkhorn	
T	880	Thuotte Gavin	98	10/22/2022	Hansen MA	370-245-265
<b>140+ KG CLASS</b>						
S	412.5	Courville Blasé	96	8/18/2019	Orlando FL	
B	347.5	Courville Blasé	96	8/18/2019	Orlando FL	
D	330	Courville Blasé	96	8/18/2019	Orlando FL	
T	1090	Courville Blasé	96	8/18/2019	Orlando FL	412.5-347.5-330

### Women's Junior AAFP Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>44 KG. CLASS</b>						
S						
B						
D						
T						
<b>48 KG. CLASS</b>						
S	82.5	Cooper, Shannon	86	4/24/2010	Austin, TX	
B	47.5	Cooper, Shannon	86	4/24/2010	Austin, TX	
D	100	Cooper, Shannon	86	4/24/2010	Austin, TX	
T	230	Cooper, Shannon	86	4/24/2010	Austin, TX	82.5-47.5-100
<b>52 KG CLASS</b>						
S	165	Denmon, Amber	86	4/15/2007	Monroe	
B	87.5	Denmon, Amber	86	4/15/2007	Monroe	
D	120	Denmon, Amber	86	4/15/2007	Monroe	
T	372.5	Denmon, Amber	86	4/15/2007	Monroe	165-87.5-120
<b>56 KG CLASS</b>						

S	127.5	Petry Jessica	93	9/30/2017	Chamberlain SD	
B	77.5	Carr, Natalie	83	6/23/2007	Grove City	
D	147.5	Tobin, Katelyn	83	9/22/2007	Elk River	
T	340	Carr, Natalie	83	6/23/2007	Grove City	122.5-77.5-140
60 KG CLASS						
S	167.5	Piatek, Carol	82	9/16/2006	Overland Park	
B	85	Piatek, Carol	82	9/16/2006	Overland Park	
D	135	Piatek, Carol	82	9/16/2006	Overland Park	
T	387.5	Piatek, Carol	82	9/16/2006	Overland Park	167.5-85-135
67.5 KG CLASS						
S	197.5	Welch Kylie	2003	12/16/2023	Orange TX	
B	117.5	Welch Kylie	2003	12/16/2023	Orange TX	
D	170	Welch Kylie	2003	12/16/2023	Orange TX	
T	485	Welch Kylie	2003	12/16/2023	Orange TX	197.5-117.5-170
75 KG CLASS						
S	187.5	Doddy, Darilyn	90	4/2/2011	West Palm Beach	
B	182.5	Doddy, Darilyn	90	4/2/2011	West Palm Beach	
D	172.5	Doddy, Darilyn	90	4/2/2011	West Palm Beach	
T	542.5	Doddy, Darilyn	90	4/2/2011	West Palm Beach	187.5-182.5-172.5
82.5 KG CLASS						
S	182.5	Cogger, Michele	85	3/21/2009	Elkhorn	
B	102.5	Kirkland, Cari	90	10/30/2010	Orlando, FL	
D	155	Cogger, Michele	85	3/21/2009	Elkhorn	
T	422.5	Cogger, Michele	85	3/21/2009	Elkhorn	182.5-85-155
90 KG CLASS						
S						
B						
D						
T						
100 KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
110+ KG. CLASS						
S	250	Cernohous Autumn	99	11/13/2021	Inver Grove Heights MN	
B	152.5	Cernohous Autumn	99	11/13/2021	Inver Grove Heights MN	
D	187.5	Cernohous Autumn	99	11/13/2021	Inver Grove Heights MN	
T	590	Cernohous Autumn	99	11/13/2021	Inver Grove Heights MN	250-152.5-187.5

### Men's Teenage 13-15 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	147.5	Flesh, Wayne Jr	92	4/13/2008	Lake George	4th
B	110	Striz, Ethan	91	3/25/2006	Lakeland	
D	230	Striz, Ethan	91	3/25/2006	Lakeland	
T	555	Striz, Ethan	91	3/25/2006	Lakeland	97.5-110-230
56 KG. CLASS						
S	145	Chalmers Stihl	99	3/15/2014	Sycamore IL	
B	87.5	Boone, Max	95	3/19/2011	Dekalb, IL	
D	155	Chalmers Stihl	99	3/15/2014	Sycamore IL	
T	375	Chalmers Stihl	99	3/15/2014	Sycamore IL	145-75-155
60 KG CLASS						
S	237.5	Dunn, Jordan	91	4/7/2006	Baton Rouge	
B	115	Dunn, Jordan	91	4/7/2006	Baton Rouge	
D	170.5	Dunn, Jordan	91	7/22/2006	Flint	
T	515	Dunn, Jordan	91	4/7/2006	Baton Rouge	230-115-170
67.5 KG CLASS						
S	272.5	Dunn, Jordan	91	4/13/2007	Monroe	
B	147.5	Dunn, Jordan	91	4/13/2007	Monroe	
D	207.5	Dunn, Jordan	91	4/13/2007	Monroe	
T	627.5	Dunn, Jordan	91	4/13/2007	Monroe	272.5-147.5-207.5
75 KG CLASS						
S	205	Murphy, Mark	87	3/29/2003	Park Forest	

B	137.5	Lajoie Connor	98	4/27/2014	Baton Rouge LA	
D	205	Murphy, Mark	87	3/29/2003	Park Forest	
T	507.5	Murphy, Mark	87	3/19/2003	Park Forest	205-97.5-205
<b>82.5 KG CLASS</b>						
S	237.5	Bolek, Nick	96	4/15/2012	Burr Ridge	
B	147.5	Bolek, Nick	96	4/15/2012	Burr Ridge	
D	227.5	Reitz, Tyler	94	3/20/2010	Bolingbrook, IL	
T	585	Bolek, Nick	96	4/15/2012	Burr Ridge	237.5-147.5-200
<b>90 KG CLASS</b>						
S	240	Jones, Brett	94	3/20/2010	Bolingbrook, IL	
B	132.5	Kolodziej, Andrew	86	0/2002		
D	227.5	Lilliebridge, Eric	90	7/30/2005	Lincolnwood	
T	580	Jones, Brett	94	3/20/2010	Bolingbrook, IL	240-125-215
<b>100 KG CLASS</b>						
S	200	Luczkowski, Paul	87	4/12/2003	Park Forest	
B	170	Joyer, Hunter	93	3/24/2007	Lakeland	
D	222.5	Gibson, Jordan	93	10/6/2007	Idaho Falls	
T	525	Gibson, Jordan	93	10/6/2007	Idaho Falls	182.5-120-222.5
<b>110 KG CLASS</b>						
S	295	Gibson, Jordan	93	4/4/2009	Idaho Falls	
B	182.5	Beck, Hunter	88	0/2004		
D	250	Gibson, Jordan	93	4/4/2009	Idaho Falls	4th
T	682.5	Gibson, Jordan	93	4/4/2009	Idaho Falls	295-150-237.5
<b>125 KG CLASS</b>						
S	272.5	Smith, Caleb		8/4/2007	Rosemont	
B	155	Aspuru, Fernando	83	0/1999		
D	240	Aspuru, Fernando	83	0/1999		
T	620	Aspuru, Fernando	83	0/1999		
<b>140 KG CLASS</b>						
S	237.5	Kripp, Joe	91	3/24/2007	Bolingbrook	
B	145	Middleton, Richard		8/10/2001	Dallas	4th
D	250	Kripp, Joe	91	3/24/2007	Bolingbrook	
T	620	Kripp, Joe	91	3/24/2007	Bolingbrook	237.5-132.5-250
<b>140+ KG CLASS</b>						
S						
B						
D						
T						

### Men's Teenage 16-17 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>52 KG. CLASS</b>						
S	152.05	Hayes, Richie	95	10/27/2012	Orlando, FL	
B	87.5	Hayes, Richie	95	10/27/2012	Orlando, FL	
D	160	Hayes, Richie	95	10/27/2012	Orlando, FL	
T	400	Hayes, Richie	95	10/27/2012	Orlando, FL	152.5-87.5-160
<b>56 KG. CLASS</b>						
S	162.5	Flesh, Wayne	92	2/28/2009	Orlando, FL	
B	110	Boone Max	95	4/27/2013	Grand Rapids MI	
D	170	Kildow, Kyle	82	0/1999		
T	407.5	Kildow, Kyle	82	0/1999		
<b>60 KG CLASS</b>						
S	157.5	Aulds, Sidney	90	4/13/2007	Monroe	
B	112.5	Aulds, Sidney	90	4/13/2007	Monroe	4th
D	182.5	Brown, Otis	86	7/9/2005	Willowbrook	
T	440	Aulds, Sidney	90	4/13/2007	Monroe	157.5-107.5-175
<b>67.5 KG CLASS</b>						
S	256	Khosravanipour, Moreed	91	8/1/2009	Burr Ridge	
B	145	Khosravanipour, Moreed	91	8/1/2009	Burr Ridge	
D	230	Khosravanipour, Moreed	91	8/1/2009	Burr Ridge	
T	630	Khosravanipour, Moreed	91	8/1/2009	Burr Ridge	255-145-230
<b>75 KG CLASS</b>						
S	318.5	Dunn, Jordan	91	8/4/2007	Rosemont	
B	175	Bemis Hunter	2006	4/2/2023	Lombard IL	
D	250	Bemis Hunter	2006	4/2/2023	Lombard IL	
T	715	Bemis Hunter	2006	4/2/2023	Lombard IL	290-175-250
<b>82.5 KG CLASS</b>						
S	312.5	Bemis Hunter	2007	9/30/2023	Eau Claire WI	
B	207.5	Bemis Hunter	2007	9/30/2023	Eau Claire WI	
D	262.5	Bemis Hunter	2007	9/30/2023	Eau Claire WI	
T	782.5	Bemis Hunter	2007	9/30/2023	Eau Claire WI	312.5-207.5-262.5

90 KG CLASS						
S	305	Lilliebridge, Eric	90	3/24/2007	Bolingbrook	
B	195	Goldstein, Sam	94	4/2/2011	West Palm Beach	
D	277.5	Lilliebridge, Eric	90	3/24/2007	Bolingbrook	
T	730	Lilliebridge, Eric	90	3/24/2007	Bolingbrook	305-147.5-277.5
100 KG CLASS						
S	372.5	McCloskey, Anthony	91	8/4/2007	Rosemont	
B	210	McCloskey, Anthony	91	8/2/2008	Oak Brook	
D	297.5	McCloskey, Anthony	91	8/2/2008	Oak Brook	
T	870	McCloskey, Anthony	91	8/4/2007	Rosemont	372.5-207.5-290
110 KG CLASS						
S	370	Gibson, Jordan	93	3/26/2011	Draper, UT	
B	215	Yeager, Roger	92	7/17/2010	West Palm Beach, FL	
D	282.5	Gibson, Jordan	93	3/26/2011	Draper, UT	
T	850	Gibson, Jordan	93	3/26/2011	Draper, UT	370-197.5-282.5-
125 KG CLASS						
S	332.5	Gibson, Jordan	93	4/3/2010	Sandy, UT	
B	227.5	Beck, Hunter		0/2005		
D	277.5	Gibson, Jordan	93	4/3/2010	Sandy, UT	
T	792.5	Gibson, Jordan	93	4/3/2010	Sandy, UT	332.5-182.5-277.5
140 KG CLASS						
S	335	Daniel Jerry	99	7/2/2016	Plano TX	
B	195	Daniel Jerry	99	7/2/2016	Plano TX	
D	260	Daniel Jerry	99	7/2/2016	Plano TX	
T	790	Daniel Jerry	99	7/2/2016	Plano TX	335-195-260
140+ KG CLASS						
S	287.5	Pelosi, Michael	87	4/22/2005	Saco	
B	235	Tolley, Ryan	92	4/16/2010	Detroit, MI	
D	272.5	Pelosi, Michael	87	4/22/2005	Saco	
T	702.5	Pelosi, Michael	87	4/22/2005	Saco	287.5-142.5-272.5

### Men's Teenage 18-19 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	200	Sonnier, Chris	88	4/13/2007	Monroe	4th
B	100	Sonnier, Chris	88	4/13/2007	Monroe	
D	200	Sonnier, Chris	88	4/13/2007	Monroe	
T	492.5	Sonnier, Chris	88	4/13/2007	Monroe	192.5-100-200
56 KG. CLASS						
S						
B						
D						
T						
60 KG CLASS						
S	197.5	McCormick, Wes	89	3/29/2008	Taylor	
B	130	McCormick, Wes	89	3/29/2008	Taylor	
D	205	McCormick, Wes	89	3/29/2008	Taylor	
T	532.5	McCormick, Wes	89	3/29/2008	Taylor	197.5-130-205
67.5 KG CLASS						
S	257.5	Bickford, Justin	86	0/2004		
B	182.5	Bamber, Levi	93	4/21/2012	San Antonio, TX	
D	250	Bamber, Levi	93	4/21/2012	San Antonio, TX	
T	682.5	Bamber, Levi	93	4/21/2012	San Antonio, TX	250-182.5-250
75 KG CLASS						
S	285	Grivetti Forrest	95	3/16/2014	Sycamore IL	
B	205	Tinajero, Daniel	87	7/22/2006	Flint	4th
D	245	Tinajero, Daniel	87	4/7/2006	Baton Rouge	
T	712.5	Tinajero, Daniel	87	7/22/2006	Flint	277.5-200-235
82.5 KG CLASS						
S	310	Tinajero, Daniel	87	4/15/2007	Monroe	
B	215	Tinajero, Daniel	87	4/15/2007	Monroe	
D	257.5	Tinajero, Daniel	87	4/15/2007	Monroe	
T	782.5	Tinajero, Daniel	87	4/15/2007	Monroe	310-215-257.5
90 KG CLASS						
S	300	Luna, Tony	89	8/4/2007	Rosemont	
B	220	Millburn, Eric	86	10/9/2005	Idaho Falls	
D	260	Carson, Bill	80	3/11/2006	Bolingbrook	
T	730	Carson, Bill	80	3/11/2006	Bolingbrook	295-175-260
100 KG CLASS						
S	335	Zenzen, Zach	88	8/4/2007	Rosemont	

B	220	Busch, Bobby	92	3/19/2011	Portland, OR	
D	300	Miller		0/1999		
T	807.5	Zenzen, Zach	88	8/4/2007	Rosemont	335-202.5-270
<b>110 KG CLASS</b>						
S	337.5	Koenig Christian	2004	10/28/2023	Inver Grove Heights MN	
B	217.5	Davis, Kyle	85	7/30/2005	Lincolnwood	
D	307.5	Fitz, Justin	81	8/10/2001	Dallas	
T	742.5	Fitz, Justin	81	8/10/2001	Dallas	272.5-162.5-307.5
<b>125 KG CLASS</b>						
S	385	Hammock, Matthew	87	8/4/2007	Rosemont	
B	277.5	Hammock, Matthew	87	8/4/2007	Rosemont	
D	305	Hammock, Matthew	87	11/18/2006	Lake City	
T	957.5	Hammock, Matthew	87	8/4/2007	Rosemont	385-277.5-295
<b>140 KG CLASS</b>						
S	342.5	Fonck, Nate	89	8/2/2008	Oak Brook	
B	272.5	Groff, Jordan Estevez	92	10/29/2011	Orlando, FL	
D	265	Groff, Jordan Estevez	92	10/29/2011	Orlando, FL	
T	877.5	Groff, Jordan Estevez	92	10/29/2011	Orlando, FL	340-272.5-265
<b>140+ KG CLASS</b>						
S	365	Garvey Jr, Darrell	87	4/7/2006	Baton Rouge	
B	285	Garvey Jr, Darrell	87	11/18/2006	Lake City	
D	227.5	Garvey Jr, Darrell	87	4/7/2006	Baton Rouge	
T	830	Garvey Jr, Darrell	87	11/18/2006	Lake City	335-385-210

### Women's Teenage 13-15 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>44 KG. CLASS</b>						
S						
B						
D						
T						
<b>48 KG. CLASS</b>						
S	90	Hutchison, Katie	88	0/2004		
B	50	Singel, Jenna	92	8/1/2008	Oak Brook	
D	105	Hutchison, Katie	88	0/2004		
T	230	Hutchison, Katie	88	0/2004		
<b>52 KG CLASS</b>						
S	115	Harris, Amanda	91	4/7/2006	Baton Rouge	
B	70	Harris, Amanda	91	4/7/2006	Baton Rouge	
D	122.5	Lessons		0/2002		
T	300	Harris, Amanda	91	4/7/2006	Baton Rouge	115-70-115
<b>56 KG CLASS</b>						
S	142.5	Harris, Amanda	91	4/13/2007	Monroe	
B	85	Harris, Amanda	91	4/13/2007	Monroe	4th
D	122.5	Harris, Amanda	91	4/13/2007	Monroe	
T	347.5	Harris, Amanda	91	4/13/2007	Monroe	142.5-82.5-122.5
<b>60 KG CLASS</b>						
S	115	Mayer, Rachael	89	0/2004		
B	62.5	Mayer, Rachael	89	0/2005		
D	127.5	Mayer, Rachael	89	0/2005		
T	300	Mayer, Rachael	89	0/2005		
<b>67.5 KG CLASS</b>						
S	132.5	Mayer, Rachael	89	7/30/2005	Lincolnwood	
B	57.5	Mayer, Rachael	89	7/30/2005	Lincolnwood	
D	120	Mayer, Rachael	89	7/30/2005	Lincolnwood	
T	305	Mayer, Rachael	89	7/30/2005	Lincolnwood	
<b>75 KG CLASS</b>						
S	225	Timmons Aubree	2005	4/10/2021	Cincinnati OH	
B	82.5	Timmons Aubree	2005	4/10/2021	Cincinnati OH	
D	160	Timmons Aubree	2005	4/10/2021	Cincinnati OH	
T	467.5	Timmons Aubree	2005	4/10/2021	Cincinnati OH	225-82.5-160
<b>82.5 KG CLASS</b>						
S						
B						
D						
T						
<b>90 KG CLASS</b>						
S	192.5	McCloskey, Anna	93	2/17/2007	Tribes Hill	
B	97.5	McCloskey, Anna	93	2/17/2007	Tribes Hill	

D	170	McCloskey, Anna	93	2/17/2007	Tribes Hill	182.5-97.5-170
T	450	McCloskey, Anna	93	2/17/2007	Tribes Hill	

100 KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG. CLASS

S	117.5	Bowen, Natalie		8/10/2001	Dallas	
B	65	Bowen, Natalie		8/10/2001	Dallas	
D	132.5	Bowen, Natalie		8/10/2001	Dallas	
T	315	Bowen, Natalie		8/10/2001	Dallas	117.5-65-132.5

**Women's Teenage 16-17 AAPF Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S						
B						
D						
T						

48 KG. CLASS

S	85	Albritton, Morgan	4/1/1900	7/31/2009	Burr Ridge	
B	47.5	Albritton, Morgan	4/1/1900	7/31/2009	Burr Ridge	
D	87.5	Albritton, Morgan	4/1/1900	7/31/2009	Burr Ridge	
T	220	Albritton, Morgan	4/1/1900	7/31/2009	Burr Ridge	85-47.5-87.5

52 KG CLASS

S						
B	107.5	Hutchison, Katie	88	3/19/2005	Lakeland	
D	62.5	Singel, Jenna	92	7/31/2009	Burr Ridge	
T	115	Singel, Jenna	92	7/31/2009	Burr Ridge	4th
	260	Hutchison, Katie	88	3/19/2005	Lakeland	

56 KG CLASS

S	147.5	Harris, Amanda	91	8/4/2007	Rosemont	4th
B	77.5	Harris, Amanda	91	8/4/2007	Rosemont	
D	127.5	Harris, Amanda	91	8/4/2007	Rosemont	4th
T	342.5	Harris, Amanda	91	8/4/2007	Rosemont	142.5-77.5-122.5

60 KG CLASS

S	132.5	Kiser Kaitlan	98	12/5/2015	Plano TX	
B	70	Kiser Kaitlan	98	12/5/2015	Plano TX	
D	137.5	Kiser Kaitlan	98	12/5/2015	Plano TX	
T	362.5	Kiser Kaitlan	98	12/5/2015	Plano TX	132.5-70-137.5

67.5 KG CLASS

S	145	Mayer, Rachael	89	7/22/2006	Flint	
B	77.5	Mayer, Rachael	89	7/22/2006	Flint	4th
D	130	Mayer, Rachael	89	4/7/2006	Baton Rouge	
T	332.5	Mayer, Rachael	89	7/22/2006	Flint	140-75-117.5

75 KG CLASS

S	250	Timmons Aubree	2005	4/15/2023	Cincinnati OH	
B	117.5	Timmons Aubree	2005	4/15/2023	Cincinnati OH	
D	155	Timmons Aubree	2005	11/19/2022	Dayton KY	
T	522.5	Timmons Aubree	2005	4/15/2023	Cincinnati OH	250-117.5-155

82.5 KG CLASS

S	185	Saurage Callie	98	7/2/2016	Plano TX	
B	115	Saurage Callie	98	7/2/2016	Plano TX	
D	160	Saurage Callie	98	7/2/2016	Plano TX	
T	460	Saurage Callie	98	7/2/2016	Plano TX	185-115-160

90 KG CLASS

S	227.5	McCloskey, Anna	93	7/16/2010	West Palm Beach, FL	
B	117.5	McCloskey, Anna	93	7/16/2010	West Palm Beach, FL	
D	210	McCloskey, Anna	93	7/16/2010	West Palm Beach, FL	
T	555	McCloskey, Anna	93	7/16/2010	West Palm Beach, FL	227.5-117.5-210

100 KG. CLASS

S  
B  
D



T

110 KG. CLASS

S  
B  
D  
T

110+ KG. CLASS

S	232.5	Chatelain, Ashton	92	7/16/2010	West Palm Beach, FL	
B	125	Jordan, Rebecca	90	3/18/2007	Attalla	
D	190	Jordan, Rebecca	90	3/18/2007	Attalla	
T	545	Chatelain, Ashton	92	7/16/2010	West Palm Beach, FL	232.5-122.5-190

**Women's Teenage 18-19 AAPF Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
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44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S	65	Barnet, Myrissa	89	8/29/2009	Humble, TX	
B	42.5	Barnet, Myrissa	89	8/29/2009	Humble, TX	
D	70	Barnet, Myrissa	89	8/29/2009	Humble, TX	
T	177.5	Barnet, Myrissa	89	8/29/2009	Humble, TX	65-42.5-70

56 KG CLASS

S	165	Tom, Kristin	85	7/31/2004	Lincolnwood	
B	77.5	Tom, Kristin	85	3/20/2004	Las Vegas	
D	130	Tom, Kristin	85	3/20/2004	Las Vegas	
T	365	Tom, Kristin	85	7/31/2004	Lincolnwood	

60 KG CLASS

S	182.5	Barragan Camryn	89	10/24/2009	Orlando, FL	
B	102.5	Kutner, Leslie	89	10/24/2009	Orlando, FL	
D	165	Kutner, Leslie	89	10/24/2009	Orlando, FL	
T	450	Kutner, Leslie	89	10/24/2009	Orlando, FL	150-90-147.5

67.5 KG CLASS

S	200	Welch Kylie	2003	4/15/2023	Paris TX	
B	110	Welch Kylie	2003	4/15/2023	Paris TX	
D	182.5	Welch Kylie	2003	4/15/2023	Paris TX	
T	492.5	Welch Kylie	2003	4/15/2023	Paris TX	200-110-182.5

75 KG CLASS

S	210	Grooms Sage	2003	12/3/2022	Orange TX	
B	155	Doddy, Darilynn	90	4/16/2010	Detroit, MI	
D	202.5	Grooms Sage	2003	4/15/2023	Paris TX	
T	500	Grooms Sage	2003	12/3/2022	Orange TX	210-92.5-197.5

82.5 KG CLASS

S	200	Prudhome Ellis	2004	4/15/2023	Paris TX	
B	110	Prudhome Ellis	2004	12/16/2023	Orange TX	
D	180	Prudhome Ellis	2004	4/15/2023	Paris TX	
T	487.5	Prudhome Ellis	2004	4/15/2023	Paris TX	200-107.5-180

90 KG CLASS

S  
B  
D  
T

100 KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG. CLASS						
S	265	Dudley, Machia	86	4/7/2006	Baton Rouge	
B	172.5	Dudley, Machia	86	4/7/2006	Baton Rouge	
D	222.5	Dudley, Machia	86	4/7/2006	Baton Rouge	
T	660	Dudley, Machia	86	4/7/2006	Baton Rouge	265-172.5-222.5

### Men's Submaster 33-39 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	197.5	Leoni, Robert	66	7/31/2005	Lincolnwood	
B	110	Leoni, Robert	66	7/31/2005	Lincolnwood	
D	200	Leoni, Robert	66	0/2004		
T	507.5	Leoni, Robert	66	7/31/2005	Lincolnwood	
56 KG. CLASS						
S	197.5	Leoni, Robert	66	4/12/2003	Park Forest	4th
B	145	Cohn, David	74	9/10/2011	Hiram, GA	
D	205	Leoni, Robert	66	4/12/2003	Park Forest	4th
T	535	Cohn, David	74	9/10/2011	Hiram, GA	192.5-145-197.5
60 KG CLASS						
S	215	Smith, Tim	63	8/10/2001	Dallas	4th
B	92.5	Leoni, Robert	66	11/12/2000	Las Vegas	
D	205	Smith, Tim	63	8/10/2001	Dallas	
T	520	Smith, Tim	63	8/10/2001	Dallas	205-110-205
67.5 KG CLASS						
S	305	Tejero Marc	78	4/27/2013	Grand Rapids MI	
B	200	Tejero Marc	78	4/27/2013	Grand Rapids MI	
D	270	Tejero Marc	78	4/27/2013	Grand Rapids MI	
T	775	Tejero Marc	78	4/27/2013	Grand Rapids MI	305-200-270
75 KG CLASS						
S	282.5	Campbell, Brian	66	8/26/2006	Taylor	
B	195	Chang, Erwin	65	0/2003		
D	247.5	Campbell, Brian	66	8/26/2006	Taylor	
T	700	Stone Eric	83	4/3/2016	Sycamore IL	272.5-182.5-245
82.5 KG CLASS						
S	330	Cagnolatti, Devin	73	4/15/2012	Burr Ridge	4th
B	257.5	Cagnolatti, Devin	73	4/27/2013	Grand Rapids MI	4th
D	272.5	Lysobey, Vincent	71	8/1/2009	Burr Ridge	
T	847.5	Cagnolatti, Devin	73	4/12/2008	Lake George	325-255-267.5
90 KG CLASS						
S	330	Clark, Robert L.	70	8/4/2007	Rosemont	
B	220	Rebera, Jeff	68	4/9/2006	Baton Rouge	
D	305	Clark, Robert L.	70	4/22/2005	Saco	
T	825	Clark, Robert L.	70	8/4/2007	Rosemont	330-210-285
100 KG CLASS						
S	385	Szudarek, Mike	72	8/3/2008	Oak Brook	
B	340	Marble Ryan	86	4/15/2023	Billings MT	
D	310	Ray, Jeff	66	3/18/2006	Attalla	
T	955	Saunders Mike	79	3/2/2013	W Jordan UT	365-302.5-287.5
110 KG CLASS						
S	410	Jordan, Jo	73	4/12/2008	Lake George	
B	275	Jordan, Jo	73	4/12/2008	Lake George	
D	320	Jordan, Jo	73	4/12/2008	Lake George	
T	1005	Jordan, Jo	73	4/12/2008	Lake George	365-262.5-320
125 KG CLASS						
S	455	Gibson, Jason	73	4/3/2010	Sandy, UT	
B	315	Gibson, Jason	73	8/4/2007	Rosemont	
D	322.5	White		4/3/2010	Sandy, UT	
T	1072.5	Gibson, Jason	73	4/3/2010	Sandy, UT	455-315-302.5
140 KG CLASS						
S	437.5	Gibson, Jason	73	3/26/2011	Draper, UT	
B	342.5	Gibson, Jason	73	9/4/2011	Idaho Falls	
D	332.5	Payne, Greg	65	3/20/2004	Las Vegas	
T	1042.5	Gibson, Jason	73	9/4/2011	Idaho Falls	400-342.5-300
140+ KG CLASS						
S	350	Kralovetz, Don	67	/2005		
B	320	Gralnik, Todd	74	9/13/2008	Kennesaw	
D	325	Edgell, David	71	7/21/2007	Billings	
T	942.5	Gralnik, Todd	74	9/13/2008	Kennesaw	345-320-277.5

### Women's Submaster 33-39 AAPF Records

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS					
S					
B					
D					
T					
48 KG. CLASS					
S	142.5	Kirkland, Margaret	63	8/10/2001	Dallas
B	72.5	Kirkland, Margaret	63	8/10/2001	Dallas
D	137.5	Kirkland, Margaret	63	8/10/2001	Dallas
T	347.5	Kirkland, Margaret	63	8/10/2001	Dallas
					137.5-72.5-137.5
52 KG CLASS					
S	143	Kirkland, Margaret	63	0/2002	
B	102.5	Shuttleworth, Maura	76	3/19/2011	Rosemount, MN
D	175	Davis, Jacqueline	61	0/1997	
T	397.5	Davis, Jacqueline	61	0/1997	
56 KG CLASS					
S	237.5	Mac Donald Lisa	87	4/16/2023	Cincinnati OH
B	90	Mac Donald Lisa	87	4/16/2023	Cincinnati OH
D	182.5	Mac Donald Lisa	87	4/16/2023	Cincinnati OH
T	510	Mac Donald Lisa	87	4/16/2023	Cincinnati OH
					237.5-90-182.5
60 KG CLASS					
S	147.5	Defelice, Renata	62	0/1998	
B	75	Defelice, Renata	62	0/1998	
D	140	Hofheins, Leslie	71	4/1/2006	Salt Lake City
T	347.5	Defelice, Renata	62	0/1998	
67.5 KG CLASS					
S	197.5	Brandenburg, Shelly	74	4/16/2010	Detroit, MI
B	107.5	Brandenburg, Shelly	74	4/16/2010	Detroit, MI
D	167.5	Brandenburg, Shelly	74	4/16/2010	Detroit, MI
T	472.5	Brandenburg, Shelly	74	4/16/2010	Detroit, MI
					197.5-107.5-167.5
75 KG CLASS					
S	205	Denison, Lisa	68	3/20/2004	Las Vegas
B	112.5	Brandenburg Shelly	74	4/27/2013	Grand Rapids MI
D	180	Denison, Lisa	68	0/2003	
T	467.5	Denison, Lisa	68	3/20/2004	Las Vegas
					200-95-172.5
82.5 KG CLASS					
S	228.5	Mendelson, Shawna	72	8/1/2008	Oak Brook
B	130	Mendelson, Shawna	72	8/1/2008	Oak Brook
D	170	Mendelson, Shawna	72	4/13/2008	Lake George
T	525	Mendelson, Shawna	72	8/1/2008	Oak Brook
					227.5-130-167.5
90 KG CLASS					
S	235	Gimmell Jennifer	81	9/8/2017	Lisle IL
B	152.5	Gimmell Jennifer	81	9/8/2017	Lisle IL
D	182.5	Gimmell Jennifer	81	9/8/2017	Lisle IL
T	570	Gimmell Jennifer	81	9/8/2017	Lisle IL
					235-152.5-182.5
100KG. CLASS					
S					
B					
D					
T					
110 KG. CLASS					
S					
B					
D					
T					
110+ KG CLASS					
S	272.5	Hawkins Stacy	86	10/3/2021	Lombard
B	170	Hawkins Stacy	86	4/9/2022	Cincinnati OH
D	207.5	Reske, Kristy	77	4/2/2011	West Palm Beach
T	597.5	Hawkins Stacy	86	10/3/2021	Lombard
					272.5-160-165

**Men's Master 40-44 AAFP Records**

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS					
S	177.5	Snell, Ken	58	7/10/1999	Daytona
B	110	Snell, Ken	58	7/10/1999	Daytona
D	210	Snell, Ken	58	7/10/1999	Daytona
T	497.5	Snell, Ken	58	7/10/1999	Daytona
					177.5-110-210

56 KG. CLASS

S	210	Snell, Ken	58	0/2000		
B	122.5	Snell, Ken	58	0/2000		
D	217.5	Snell, Ken	58	0/2000		
T	550	Snell, Ken	58	0/2000		
60 KG CLASS						
S	95	Harris, Danny	60	11/10/2000	Las Vegas	
B	47.5	Harris, Danny	60	11/10/2000	Las Vegas	
D	117.5	Harris, Danny	60	11/10/2000	Las Vegas	
T	260	Harris, Danny	60	11/10/2000	Las Vegas	95-47.5-117.5
67.5 KG CLASS						
S	287.5	Green, John	61	6/10/2006	Ft. Lauderdale	
B	148.5	Morse, Charles	66	4/12/2008	Lake George	
D	240	Robinson, Mike	61	2/21/2004	Niles	
T	660	Green, John	61	6/10/2006	Ft. Lauderdale	287.5-140-232.5
75 KG CLASS						
S	325	Lysobey, Vincent	71	10/29/2011	Orlando, FL	
B	195	Lysobey, Vincent	71	10/29/2011	Orlando, FL	
D	277.5	Little, Art	55	0/1999		
T	765	Lysobey, Vincent	71	10/29/2011	Orlando, FL	325-195-245
82.5 KG CLASS						
S	315	Cagnolatti Devin	73	4/27/2014	Baton Rouge LA	
B	242.5	Cagnolatti Devin	73	9/1/2013	Idaho Falls	
D	287.5	Zweig, Greg	59	0/2001		
T	800	Cagnolatti Devin	73	4/27/2014	Baton Rouge LA	315-237.5-247.5
90 KG CLASS						
S	350	Paras, Ronnie	62	11/19/2005	Lake City	
B	237.5	Paras, Ronnie	62	6/10/2006	Ft. Lauderdale	
D	292.5	Welch, Leo	64	7/30/2005	Lincolnwood	
T	832.5	Paras, Ronnie	62	6/10/2006	Ft. Lauderdale	330-237.5-265
100 KG CLASS						
S	360	Cory Jeff	71	4/27/2013	Grand Rapids MI	
B	277.5	Cory Jeff	71	4/27/2013	Grand Rapids MI	
D	297.5	Kouf, Dwayne	63	12/1/2007	Jacksonville	
T	897.5	Rebera, Jeff	68	4/3/2011	West Palm Beach	355-260-282.5
110 KG CLASS						
S	365	Halliwell, Phil	62	0/2004		
B	275	McConaughy, Bob	60	3/12/2005	Aurora IL	
D	320	Baker Ethan	79	5/27/2023	N Aurora IL	
T	917.5	Baker Ethan	79	6/9/2024	Baton Rouge LA	355-242.5-320
125 KG CLASS						
S	382.5	Wlosinski, Mike	63	8/16/2003	Saco	
B	282.5	Nichols, Byron	66	10/14/2006	Hattiesburg	
D	342.5	Tekautz Frank	70	7/27/2013	Fargo ND	
T	910	Wlosinski, Mike	63	8/16/2003	Saco	382.5-232.5-305
140 KG CLASS						
S	372.5	Ufford, Ken	64	4/8/2006	Overland Park	
B	270.5	Johnson, Robert C.	64	4/14/2007	Monroe	
D	352.5	Ufford, Ken	64	9/16/2006	Overland Park	
T	990	Ufford, Ken	64	4/8/2006	Overland Park	372.5-270-347.5
140+ KG CLASS						
S	372.5	Bezverkhny Ilya	72	10/12/2013	Amherst	
B	260	Cain, Michael	57	0/1999		
D	300	Cain, Michael	57	0/1999		
T	845	Cain, Michael	57	0/1999		

### Men's Master 45-49 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	137.5	Snell, Ken	58	3/15/2008	Lakeland	
B	92.5	Snell, Ken	58	3/15/2008	Lakeland	
D	170	Snell, Ken	58	3/15/2008	Lakeland	
T	400	Snell, Ken	58	3/15/2008	Lakeland	
56 KG. CLASS						
S	197.5	Snell, Ken	58	3/19/2005	Lakeland	
B	120	Snell, Ken	58	3/19/2005	Lakeland	
D	212.5	Snell, Ken	58	3/19/2005	Lakeland	
T	530	Snell, Ken	58	3/19/2005	Lakeland	197.5-120-212.5
60 KG CLASS						
S	170					
B	110	Snell, Ken	58	3/24/2007	Lakeland	

D	190	Snell, Ken	58	3/24/2007	Lakeland	
T	470	Snell, Ken	58	3/24/2007	Lakeland	
		Snell, Ken	58	3/24/2007	Lakeland	170-110-190
67.5 KG CLASS						
S	282.5	Edmondson, David	61	8/4/2007	Rosemont	4th
B	152.5	Edmondson, David	61	8/4/2007	Rosemont	4th
D	247.5	Edmondson, David	61	8/4/2007	Rosemont	
T	665	Edmondson, David	61	8/4/2007	Rosemont	272.5-145-247.5
75 KG CLASS						
S	272.5	Rivera, Manuel	60	8/4/2007	Rosemont	
B	205	Sorrell, Jim	59	4/14/2007	Monroe	4th
D	242.5	McVaney Allen	68	9/14/2014	W Lafayette OH	
T	672.5	Rivera, Manuel	60	8/4/2007	Rosemont	272.5-170-230
82.5 KG CLASS						
S	302.5	OMalley, Shawn	62	7/17/2010	West Palm Beach, FL	
B	232.5	Naughton, Dyke	64	7/17/2010	West Palm Beach, FL	
D	280	Lynch, Robert	55	8/10/2001	Dallas	
T	720	OMalley, Shawn	62	7/17/2010	West Palm Beach, FL	302.5-182.5-235
90 KG CLASS						
S	355	Paras, Ronnie	62	8/2/2009	Burr Ridge	
B	272.5	Paras, Ronnie	62	8/2/2009	Burr Ridge	
D	300	Richard		0/1999		
T	872.5	Paras, Ronnie	62	8/2/2009	Burr Ridge	355-272.5-245
100 KG CLASS						
S	377.5	Paras, Ronnie	62	4/3/2011	West Palm Beach	
B	300	Paras, Ronnie	62	4/3/2011	West Palm Beach	
D	320	Roberts, Pat	57	4/14/2007	Monroe	
T	932.5	Paras, Ronnie	62	4/3/2011	West Palm Beach	377.5-300-255
110 KG CLASS						
S	352.5	Dibble, James	61	8/2/2009	Burr Ridge	4th
B	300	McConaughy, Bob	60	3/12/2006	Bolingbrook	
D	280	Poucher, Dwayne	57	3/25/2006	Lakeland	
T	885	Crosby Freddy	75	8/29/2020	Lombard IL	340-272.5-272.5
125 KG CLASS						
S	370	Newman, Lonnie	61	8/21/2010	Plainfield, OH	
B	272.5	Hemenway, Lloyd	60	4/8/2006	Baton Rouge	
D	297.5	Newman, Lonnie	61	8/21/2010	Plainfield, OH	
T	915	Newman, Lonnie	61	8/21/2010	Plainfield, OH	370-247.5-297.5
140 KG CLASS						
S	365	Malchow, Kenny	63	9/11/2010	Rock Hill, SC	
B	235	Malchow, Kenny	63	9/11/2010	Rock Hill, SC	
D	312.5	Lane, Tim	59	0/2004		
T	872.5	Malchow, Kenny	63	9/11/2010	Rock Hill, SC	365-235-272.5
140+ KG CLASS						
S	367.5	Magee, John	49	0/1998		
B	230	Sammons Todd	77	10/28/2023	Inver Grove Heights MN	
D	272.5	Magee, John	49	0/1998		
T	860	Magee, John	49	0/1998		

### Men's Master 50-54 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S	140	Snell, Ken	58	3/13/2010	Lakeland, FL	
B	77.5	Snell, Ken	58	3/13/2010	Lakeland, FL	
D	135	Snell, Ken	58	3/13/2010	Lakeland, FL	
T	352.5	Snell, Ken	58	3/13/2010	Lakeland, FL	140-77.5-135
56 KG. CLASS						
S						
B						
D						
T						
60 KG CLASS						
S						
B						
D						
T						
67.5 KG CLASS						
S	272.5	Scelfo, Vince	57	9/12/2009	Rock Hill, SC	
B	150	Scelfo, Vince	57	8/2/2008	Oak Brook	
D	207.5	Charles, Robert	48	0/2001		
T	600	Scelfo, Vince	57	9/12/2009	Rock Hill, SC	272.5-137.5-190

75 KG CLASS						
S	250	Woodraska		0/2000		
B	140	Santee, Gordon	46	0/2000		
D	245	Santee, Gordon	46	0/2000		
T	592.5	Woodraska		0/2000		
82.5 KG CLASS						
S	290	Brown, Mike W	58	4/17/2010	Detroit, MI	
B	175	Ruettiger, Rudy	54	4/5/2009	Idaho Falls	
D	245	Ruettiger, Rudy	54	0/2004		
T	682.5	Ruettiger, Rudy	54	0/2004		
90 KG CLASS						
S	300	Hare John	61	4/27/2013	Grand Rapids MI	
B	215	Hare John	61	4/27/2013	Grand Rapids MI	
D	295	Givens, Floyd	51	0/2004		
T	772.5	Hare John	61	4/27/2013	Grand Rapids MI	300-215-257.5
100 KG CLASS						
S	350	Paras Ronnie	62	9/2/2015	Idaho Falls ID	
B	265	Paras Ronnie	62	9/2/2015	Idaho Falls ID	
D	280	Givens, Floyd	51	0/2004		
T	872.5	Paras Ronnie	62	9/2/2015	Idaho Falls ID	342.5-195-250
110 KG CLASS						
S	357.5	Roberts, Pat	57	11/7/2009	Plano, TX	
B	255	Murphy, Dave	54	8/2/2009	Burr Ridge	
D	322.5	Roberts, Pat	57	8/7/2010	Houston, TX	
T	862.5	Roberts, Pat	57	11/7/2009	Plano, TX	357.5-192.5-312.5
125 KG CLASS						
S	312.5	Grailer Steve	60	4/11/2015	Glen Ellyn IL	
B	237.5	Grailer Steve	60	4/11/2015	Glen Ellyn IL	
D	267.5	Sawyer, Mike	55	8/5/2007	Rosemont	
T	810	Grailer Steve	60	4/11/2015	Glen Ellyn IL	312.5-237.5-260
140 KG CLASS						
S	305	Pascarella Michael	65	9/9/2017	Lisle IL	
B	200	Bierschbach Bob	68	8/18/2019	Orlando FL	
D	250	Bierschbach Bob	68	5/1/2021	Gatlinburg TN	
T	737.5	Pascarella Michael	65	9/9/2017	Lisle IL	305-197.5-235
140+ KG CLASS						
S	340	Magee, John	49	0/2001		
B	205	Magee, John	49	0/2001		
D	250	Magee, John	49	0/2001		
T	795	Magee, John	49	0/2001		

### Men's Master 55-59 AAFP Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG CLASS						
S						
B						
D						
T						
67.5 KG CLASS						
S	207.5	Scelfo Vince	57	10/24/2015	Grand Rapids MI	
B	130	Scelfo Vince	57	10/24/2015	Grand Rapids MI	
D	212.5	Wider, Mike	47	4/8/2006	Baton Rouge	
T	520	Scelfo Vince	57	10/24/2015	Grand Rapids MI	207.5-130-182.5
75 KG CLASS						
S	282.5	Little, Art	55	4/27/2014	Baton Rouge LA	4th
B	137.5	Lamboley, John	41	0/1999		
D	277.5	Little, Art	55	4/17/2010	Detroit, MI	
T	672.5	Little, Art	55	4/3/2011	West Palm Beach, FL	272.5-127.5-272.5
82.5 KG CLASS						

S	282.5	Ruettiger, Rudy	54	4/3/2011	West Palm Beach, FL	
B	190	Ruettiger, Rudy	54	4/3/2011	West Palm Beach, FL	
D	232.5	Ruettiger, Rudy	54	4/3/2011	West Palm Beach, FL	
T	705	Ruettiger, Rudy	54	4/3/2011	West Palm Beach, FL	282.5-190-232.5
90 KG CLASS						
S	320	Becker, Bill	53	9/12/2009	Sun Prairie, WI	
B	205	Steck Michael	56	9/8/2012	Rock Hill, SC	
D	247.5	Becker, Bill	53	9/12/2009	Sun Prairie, WI	
T	737.5	Steck Michael	56	9/8/2012	Rock Hill, SC	302.5-205-230
100 KG CLASS						
S	317.5	Zenzen, Dick	52	3/15/2008	Willowbrook	
B	173.5	Zenzen, Dick	52	8/3/2008	Oak Brook	
D	250	Butler, Ted	47	3/18/2006	Attalla	
T	725	Zenzen, Dick	52	4/12/2008	Lake George	317.5-172.5-235
110 KG CLASS						
S	317.5	Givens. Floyd	51	12/2/2006	Kalamazoo	
B	215	Givens. Floyd	51	12/2/2006	Kalamazoo	
D	302.5	Givens. Floyd	51	12/2/2006	Kalamazoo	
T	835	Givens. Floyd	51	12/2/2006	Kalamazoo	317.5-215-302.5
125 KG CLASS						
S	385	Davis Terry	56	4/3/2016	Sycamore IL	
B	260	Murphy, Dave	54	7/18/2010	West Palm Beach, FL	
D	272.05	Davis Terry	56	4/3/2016	Sycamore IL	
T	885	Davis Terry	56	4/3/2016	Sycamore IL	385-227.5-272.5
140 KG CLASS						
S	282.5	Clonce, Charles	43	0/2000		
B	147.5	Clonce, Charles	43	0/2000		
D	245	Clonce, Charles	43	0/1999		
T	655	Clonce, Charles	43	0/2000		
140+ KG CLASS						
S	320	Magee, John	49	7/31/2005	Lincolnwood	
B	195	Magee, John	49	0/2004		
D	235	Magee, John	49	0/2004		
T	712.5	Magee, John	49	0/2004		

### Men's Master 60-64 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG CLASS						
S						
B						
D						
T						
67.5 KG CLASS						
S	210	Zager, Dan	51	4/27/2014	Baton Rouge LA	
B	120	Noplos, Tony	44	0/2004		
D	210	Zager, Dan	51	4/15/2012	Burr Ridge	
T	500	Zager, Dan	51	4/15/2012	Burr Ridge	202.5-87.5-210
75 KG CLASS						
S	233.5	Flores, Rich	38	0/2002		
B	131	Flores, Rich	38	8/10/2001	Dallas	
D	243	Flores, Rich	38	0/2002		
T	605.5	Flores, Rich	38	0/2001		
82.5 KG CLASS						
S	285	Ruettiger Rudy	54	4/21/2016	Idaho Falls ID	
B	162.5	Ruettiger Rudy	54	4/21/2016	Idaho Falls ID	
D	240	Layman, Richard	47	9/12/2009	Rock Hill, SC	
T	665	Ruettiger Rudy	54	5/27/2017	Lisle IL	277.5-160-227.5
90 KG CLASS						
S	277.5	Kadlub, Rudy	49	8/22/2009	Lake Oswego, OR	
B	187.5	Kadlub, Rudy	49	4/17/2010	Detroit, MI	

D	235	Kadlub, Rudy	49	8/22/2009	Lake Oswego, OR	277.5-185-235
T	697.5	Kadlub, Rudy	49	8/22/2009	Lake Oswego, OR	
100 KG CLASS						
S	275	Kadlub, Rudy	49	4/27/2013	Grand Rapids MI	
B	210	Kadlub, Rudy	49	4/27/2013	Grand Rapids MI	
D	265	Butler, Ted	47	3/17/2007	Attalla	
T	727.5	Kadlub, Rudy	49	4/27/2013	Grand Rapids MI	275-210-242.5
110 KG CLASS						
S	275	Shaw, Edwin	38	0/1999		
B	195	Sandberg, Larry	40	4/7/2006	Baton Rouge	
D	275	Shaw, Edwin	38	0/1999		
T	697.5	Shaw, Edwin	38	0/1999		
125 KG CLASS						
S	340	Davis Terry	57	9/9/2017	Lisle IL	
B	215	Davis Terry	57	9/9/2017	Lisle IL	
D	262.5	Davis Terry	57	9/9/2017	Lisle IL	
T	817.5	Davis Terry	57	9/9/2017	Lisle IL	340-215-262.5
140 KG CLASS						
S	305	Lane Tim	59	4/30/2022	Gatlinburg TN	
B	147.5	Lane Tim	59	4/30/2022	Gatlinburg TN	
D	247.5	Lane Tim	59	4/30/2022	Gatlinburg TN	
T	700	Lane Tim	59	4/30/2022	Gatlinburg TN	305-147.5-247.5
140+ KG CLASS						
S						
B						
D						
T						

### Men's Master 65-69 AAFP Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG CLASS						
S	137.5	Kawasaki, Nori	28	0/1998		
B	112.5	Kawasaki, Nori	28	0/1998		
D	190	Kawasaki, Nori	28	0/1998		
T	432.5	Kawasaki, Nori	28	0/1998		
67.5 KG CLASS						
S	185	Glass, Fred	36	0/2002		
B	110.5	Gidcumb, Richard	36	7/22/2006	Flint	
D	197.5	Glass, Fred	36	0/2002		
T	455	Glass, Fred	36	0/2002		
75 KG CLASS						
S	252.5	Flores, Rich	38	8/4/2007	Rosemont	
B	125	Flores, Rich	38	0/2004		
D	245.5	Flores, Rich	38	4/14/2007	Monroe	
T	602.5	Flores, Rich	38	4/8/2006	Baton Rouge	250-117.5-235
82.5 KG CLASS						
S	227.5	Martin, Dan	40	3/25/2006	Las Vegas	
B	150	Player, Bill	37	11/19/2005	Lake City	
D	205	Martin, Dan	40	3/25/2006	Las Vegas	
T	567.5	Player, Bill	37	11/19/2005	Lake City	217.5-150-200
90 KG CLASS						
S	185	Wilder, Paul	40	6/17/2010	Toledo, OH	
B	147.5	Rosenfield, Burt	31	0/2001		
D	200	Jeruink James	53	3/13/2022	Rochester MI	
T	487.5	Wilder, Paul	40	6/17/2010	Toledo, OH	185-125-177.5
100 KG CLASS						
S	240	Broverman, Don	40	6/17/2006	Ft. Lauderdale	
B	182.5	Broverman, Don	40	6/17/2006	Ft. Lauderdale	
D	205	Jeurink Jim	53	10/1/2021	Lombard IL	
T	622.5	Broverman, Don	40	6/17/2006	Ft. Lauderdale	240-182.5-200



110 KG CLASS						
S	272.5	Sandberg, Skip	40	8/5/2007	Rosemont	
B	210	Sandberg, Skip	40	8/5/2007	Rosemont	
D	272.5	Sandberg, Skip	40	8/5/2007	Rosemont	
T	755	Sandberg, Skip	40	8/5/2007	Rosemont	272.5-210-272.5

125 KG CLASS						
S	215	Sandberg, Skip	40	4/5/2009	Idaho Falls	
B	197.5	Sandberg, Skip	40	4/5/2009	Idaho Falls	
D	227.5	Sandberg, Skip	40	4/5/2009	Idaho Falls	
T	640	Sandberg, Skip	40	4/5/2009	Idaho Falls	215-197.5-227.5

140 KG CLASS						
S	187.5	Reph, Daniel	42	4/12/2008	Lake George	
B	85	Reph, Daniel	42	4/12/2008	Lake George	
D	227.5	Reph, Daniel	42	8/5/2007	Rosemont	
T	495	Reph, Daniel	42	8/5/2007	Rosemont	185-82.5-227.5

140+ KG CLASS  
S  
B  
D  
T

### Men's Master 70-74 AAFP Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS						
S	165	Kawasaki, Nori	28	0/1999		
B	106.5	Kawasaki, Nori	28	0/2000		
D	184	Kawasaki, Nori	28	0/2000		
T	446	Kawasaki, Nori	28	0/1999		

67.5 KG CLASS						
S	165	Glass, Fred	36	4/12/2008	Lake George	
B	107.5	Anderson, Kirby	36	8/4/2007	Rosemont	
D	167.5	Glass, Fred	36	4/12/2008	Lake George	
T	402.5	Gidcumb, Richard	36	8/4/2007	Rosemont	142.5-95-165

75 KG CLASS						
S	228.5	Flores, Rich	38	8/1/2009	Burr Ridge	
B	97.5	Flores, Rich	38	4/12/2008	Lake George	
D	227.5	Flores, Rich	38	4/12/2008	Lake George	
T	552.5	Flores, Rich	38	4/12/2008	Lake George	227.5-97.5-227.5

82.5 KG CLASS						
S	165	Lichtle Lee	44	9/2/2015	Idaho Falls ID	4th
B	150	Lichtle Lee	44	9/2/2015	Idaho Falls ID	4th
D	170	Lichtle Lee	44	9/2/2015	Idaho Falls ID	4th
T	470	Lichtle Lee	44	9/2/2015	Idaho Falls ID	160-145-165

90 KG CLASS						
S	212.5	Bennett, Pete	38	8/1/2009	Burr Ridge	
B	157.5	Brown, Edward	39	11/8/2009	Burlington, VT	
D	207.5	Bennett, Pete	38	8/1/2009	Burr Ridge	
T	535	Bennett, Pete	38	8/1/2009	Burr Ridge	212.5-115-207.5

100 KG CLASS						
S	212.5	Ellis, James	38	7/18/2010	West Palm Beach, FL	
B	157.5	Brown, Edward	39	11/8/2009	Burlington, VT	
D	227.5	Miller, Joe	29	11/10/2000	Las Vegas, NV	
T	562.5	Ellis, James	38	7/18/2010	West Palm Beach, FL	212.5-122.5-227.5

110 KG CLASS						
S	230	Austin, Richard	31	8/16/2003	Saco	4th
B	160	Austin, Richard	31	8/16/2003	Saco	
D	195	Austin, Richard	31	8/16/2003	Saco	
T	572.5	Austin, Richard	31	8/16/2003	Saco	217.5-160-195

125 KG CLASS

S	230	Sandberg, Larry	40	9/4/2011	Idaho Falls	
B	197.5	Sandberg, Larry	40	9/4/2011	Idaho Falls	
D	237.5	Sandberg, Larry	40	9/4/2011	Idaho Falls	
T	665	Sandberg, Larry	40	9/4/2011	Idaho Falls	230-197.5-237.5

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 75-79 AAFP Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
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52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S	150	Kawasaki, Nori	28	3/20/2004	Las Vegas	
B	102.5	Kawasaki, Nori	28	3/20/2004	Las Vegas	
D	182.5	Kawasaki, Nori	28	3/20/2004	Las Vegas	
T	435	Kawasaki, Nori	28	3/20/2004	Las Vegas	150-102.5-182.5

67.5 KG CLASS

S	142.5	Anderson, Kirby	36	3/23/2013	Park Forest IL	
B	92.5	Anderson, Kirby	36	4/15/2012	Burr Ridge	4th
D	122.5	Anderson, Kirby	36	4/15/2012	Burr Ridge	4th
T	352.5	Anderson, Kirby	36	3/23/2013	Park Forest IL	142.5-90-120

75 KG CLASS

S	162.5	Flores Rich	38	9/9/2017	Lisle IL	
B	102.5	Upton, John	23	0/2002		
D	192.5	Flores Rich	38	9/9/2017	Lisle IL	
T	425	Flores Rich	38	9/2/2015	Idaho Falls ID	160-75-190

82.5 KG CLASS

S	142.5	McCulloch, Eugene	30	11/19/2005	Lake City	
B	100	McCulloch, Eugene	30	7/30/2005	Lincolnwood	
D	160	McCulloch, Eugene	30	11/19/2005	Lake City	
T	400	McCulloch, Eugene	30	11/19/2005	Lake City	142.5-97.5-160

90 KG CLASS

S	172.5	Remley, William	30	3/25/2006	Lakeland	
B	142.5	Remley, William	30	3/25/2006	Lakeland	
D	190	Remley, William	30	3/25/2006	Lakeland	
T	505	Remley, William	30	3/25/2006	Lakeland	172.5-142.5-190

100 KG CLASS

S	105	Ellis James	38	9/2/2015	Idaho Falls ID	
B	147.5	Young, Johnny	35	3/24/2012	Lakeland	
D	142.5	Ellis James	38	9/2/2015	Idaho Falls ID	
T	360	Young, Johnny	35	3/16/2013	Lakeland	100-147.5-112.5

110 KG CLASS

S	62.5	Roberts William	42	8/18/2019	Orlando FL	
B	82.5	Roberts William	42	8/18/2019	Orlando FL	
D	115	Roberts William	42	8/18/2019	Orlando FL	
T	260	Roberts William	42	8/18/2019	Orlando FL	62.5-82.5-115

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D

T  
S  
B  
D  
T

140+ KG CLASS

**Men's Master 80+ AAPF Records**

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
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52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S	135	Anderson Kirby	36	5/27/2017	Lisle IL	4th
B	82.5	Anderson Kirby	36	5/27/2017	Lisle IL	
D	117.5	Anderson Kirby	36	9/9/2017	Lisle IL	
T	320	Anderson Kirby	36	5/27/2017	Lisle IL	125-82.5-112.5

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S	85	Montrose, Stephen	17	0/2004		
B	145	Montrose, Stephen	17	0/2004		
D	200	Montrose, Stephen	17	0/2004		
T	420	Montrose, Stephen	17	0/2004		

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Master 40-44 AAPF Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>44 KG. CLASS</b>						
S	125	Hickman, Dawn	68	9/3/2011	Idaho Falls	
B	77.5	Hickman, Dawn	68	9/3/2011	Idaho Falls	
D	132.5	Baker, Nadine	58	8/10/2000	Dallas	
T	327.5	Hickman, Dawn	68	9/3/2011	Idaho Falls	125-77.5-125
<b>48 KG. CLASS</b>						
S	210	Kirkland, Margaret	63	8/4/2007	Rosemont	
B	95	Kirkland, Margaret	63	8/4/2007	Rosemont	
D	172.5	Kirkland, Margaret	63	8/4/2007	Rosemont	
T	477.5	Kirkland, Margaret	63	8/4/2007	Rosemont	210-95-172.5
<b>52 KG CLASS</b>						
S	172.5	Kirkland, Margaret	63	0/2004		
B	80	Kirkland, Margaret	63	0/2003		
D	160	Kirkland, Margaret	63	0/2004		
T	410	Kirkland, Margaret	63	0/2004		
<b>56 KG CLASS</b>						
S	220	Kirkland, Margaret	63	8/1/2008	Oak Brook	
B	115	Kirkland, Margaret	63	8/1/2008	Oak Brook	
D	185	Kirkland, Margaret	63	8/1/2008	Oak Brook	
T	520	Kirkland, Margaret	63	8/1/2008	Oak Brook	220-115-185
<b>60 KG CLASS</b>						
S	220	Kirkland, Margaret	63	12/1/2007	Jacksonville	
B	112.5	Kirkland, Margaret	63	12/1/2007	Jacksonville	
D	202.5	Kirkland, Margaret	63	12/1/2007	Jacksonville	
T	535	Kirkland, Margaret	63	12/1/2007	Jacksonville	220-112.5-202.5
<b>67.5 KG CLASS</b>						
S	132.5	Marts, Donna	60	0/2004		
B	82.5	Marts, Donna	60	0/2004		
D	150	Marts, Donna	60	0/2004		
T	360	Marts, Donna	60	0/2004		
<b>75 KG CLASS</b>						
S	182.5	Brewton, Tywnia	64	8/4/2007	Rosemont	
B	117.5	Slaga, Donna	63	11/12/2005	Tribes Falls	
D	175	Slaga, Donna	63	11/12/2005	Tribes Falls	
T	460	Slaga, Donna	63	11/12/2005	Tribes Falls	167.5-117.5-175
<b>82.5 KG CLASS</b>						
S	212.5	Lenz Ann	78	6/22/2019	Fargo ND	
B	130	Lenz Ann	78	12/1/2018	Inver Grove Heights MN	
D	182.5	Belsito, Linda	57	0/1998		
T	505	Lenz Ann	78	12/1/2018	Inver Grove Heights MN	210-130-165
<b>90 KG CLASS</b>						
S	192.5	Stone Jackie	79	10/3/2021	Lombard IL	
B	112.5	Stone Jackie	79	10/3/2021	Lombard IL	
D	160	Stone Jackie	79	10/3/2021	Lombard IL	
T	465	Stone Jackie	79	10/3/2021	Lombard IL	192.5-112.45-160
<b>100KG. CLASS</b>						
S						
B						
D						
T						
<b>110 KG. CLASS</b>						
S						
B						
D						
T						
<b>110+ KG CLASS</b>						
S	242.5	Conner, Joanna	64	6/4/2005	Detroit	
B	115	Conner, Joanna	64	6/4/2005	Detroit	
D	192.5	Conner, Joanna	64	6/4/2005	Detroit	
T	550	Conner, Joanna	64	6/4/2005	Detroit	242.5-115-192.5

**Women's Master 45-49 AAPF Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
<b>44 KG. CLASS</b>						

S  
B  
D  
T

48 KG. CLASS

S	162.5	Hickman Dawn	68	12/2/2017	Inver Grove Heights MN	
B	100	Hickman Dawn	68	12/2/2017	Inver Grove Heights MN	
D	147.5	Hickman Dawn	68	12/2/2017	Inver Grove Heights MN	
T	410	Hickman Dawn	68	12/2/2017	Inver Grove Heights MN	162.5-100-147.5

52 KG CLASS

S	235	Kirkland, Margaret	63	12/5/2009	Jacksonville, FL	
B	105	Kirkland, Margaret	63	12/5/2009	Jacksonville, FL	
D	180	Kirkland, Margaret	63	12/5/2009	Jacksonville, FL	
T	520	Kirkland, Margaret	63	12/5/2009	Jacksonville, FL	235-105-180

56 KG CLASS

S	220	Kirkland, Margaret	63	4/16/2010	Detroit, MI	
B	115	Kirkland, Margaret	63	4/16/2010	Detroit, MI	
D	192.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	
T	522.5	Kirkland, Margaret	63	2/27/2010	Orlando, FL	217.5-112.5-192.5

60 KG CLASS

S	120	Fruzyna, Barbara	54	0/1999		
B	55	Daniels, Cheryl	57	4/14/2007	Overland Park	
D	135	Daniels, Cheryl	57	4/14/2007	Overland Park	
T	297.5	Fruzyna, Barbara	54	0/1999		

67.5 KG CLASS

S	192.5	Damminga, Debbie	61	3/19/2011	Rosemount, MN	
B	105	Curtis Delight	76	3/27/2021	Lombard IL	
D	185	Damminga, Debbie	61	3/21/2009	Elkhorn	
T	480	Damminga, Debbie	61	3/19/2011	Rosemount, MN	192.5-102.5-185

75 KG CLASS

S	190	Damminga, Debbie	61	9/12/2009	Sun Prairie, WI	
B	100	Damminga, Debbie	61	9/12/2009	Sun Prairie, WI	
D	177.5	Damminga, Debbie	61	9/12/2009	Sun Prairie, WI	
T	467.5	Damminga, Debbie	61	9/12/2009	Sun Prairie, WI	190-100-177.5

82.5 KG CLASS

S	175	Razor, Amy	56	0/2005		
B	100	Razor, Amy	56	0/2005		
D	147.5	Cadavona, Wilma	52	0/1999		
T	422.5	Razor, Amy	56	0/2005		

90 KG CLASS

S	110	Cadavona, Wilma	52	11/10/2000	Las Vegas	
B	67.5	Cadavona, Wilma	52	11/10/2000	Las Vegas	
D	137.5	Cadavona, Wilma	52	11/10/2000	Las Vegas	
T	315	Cadavona, Wilma	52	11/10/2000	Las Vegas	127.5-75-147.5

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S	217.5	Zipsie Rachel	70	5/26/2017	Lisle IL	
B	110	Thoms, Sidney	53	4/12/2003	Park Forest	
D	162.5	Zipsie Rachel	70	5/26/2017	Lisle IL	
T	477.05	Zipsie Rachel	70	5/26/2017	Lisle IL	217.5-97.5-162.5\

**Women's Master 50-54 AAFP Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S	70	Range, Sheila	46	0/1998		
B	35	Range, Sheila	46	0/1998		
D	92.5	Range, Sheila	46	0/1998		
T	197.5	Range, Sheila	46	0/1998		

48 KG. CLASS						
S	180	Hickman Dawn	68	12/1/2018	Inver Grove Height MN	
B	102.5	Hickman Dawn	68	12/1/2018	Inver Grove Height MN	
D	160	Hickman Dawn	68	12/1/2018	Inver Grove Height MN	
T	442.5	Hickman Dawn	68	12/1/2018	Inver Grove Height MN	180-102.5-160
52 KG CLASS						
S	107.5	Vallejo Alexandra	65	4/2/2016	Sycamore IL	
B	62.5	Vallejo Alexandra	65	4/2/2016	Sycamore IL	
D	122.5	Vallejo Alexandra	65	4/2/2016	Sycamore IL	
T	292.5	Vallejo Alexandra	65	4/2/2016	Sycamore IL	107.5-62.5-122.5
56 KG CLASS						
S						
B						
D						
T						
60 KG CLASS						
S	152.5	Stein, Ellen	53	1/13/2007	Carteret	
B	75	Stein, Ellen	53	1/13/2007	Carteret	
D	170	Stein, Ellen	53	1/13/2007	Carteret	
T	397.5	Stein, Ellen	53	1/13/2007	Carteret	152.5-75-170
67.5 KG CLASS						
S	160	Damminga Debbie	61	7/27/2013	Fargo ND	
B	100	Damminga Debbie	61	7/27/2013	Fargo ND	
D	200	Damminga Debbie	61	7/27/2013	Fargo ND	
T	460	Damminga Debbie	61	7/27/2013	Fargo ND	160-100-200
75 KG CLASS						
S	160	Stabile, Jane	52	2/17/2007	Tribes Hill	
B	75	Stabile, Jane	52	5/5/2007	Saco	
D	172.5	Stabile, Jane	52	5/5/2007	Saco	
T	402.5	Stabile, Jane	52	2/17/2007	Tribes Hill	160-72.5-170
82.5 KG CLASS						
S	145	Stabile, Jane	52	11/5/2005	Bangor	
B	67.5	Stabile, Jane	52	11/5/2005	Bangor	
D	152.5	Stabile, Jane	52	11/5/2005	Bangor	
T	365	Stabile, Jane	52	11/5/2005	Bangor	
90 KG CLASS						
S	140	Glitt, Joellen	48	0/1999		
B	75	Glitt, Joellen	48	0/1999		
D	137.5	Glitt, Joellen	48	0/1999		
T	347.5	Glitt, Joellen	48	0/1999		
100KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
110+ KG CLASS						
S	175	Thoms, Sidney	53	0/2004		
B	122.5	Thoms, Sidney	53	0/2004		
D	140	Tawzer, Mary	56	8/1/2008	Oak Brook	
T	422.5	Thoms, Sidney	53	0/2004		

### Women's Master 55-59 AAFP Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S						
B						
D						
T						
48 KG. CLASS						
S						
B						
D						
T						

52 KG CLASS						
S	125	Clough, JoAnn	47	4/14/2007	Monroe	
B	72.5	Brigham, Chris	48	0/2005		
D	147.5	Clough, JoAnn	47	4/14/2007	Monroe	
T	327.5	Clough, JoAnn	47	4/14/2007	Monroe	125-55-147.5

56 KG CLASS						
S	118.5	McCallion, Susan	48	8/1/2008	Oak Brook	
B	50	McCallion, Susan	48	4/13/2008	Lake George	
D	107.5	McCallion, Susan	48	8/1/2008	Oak Brook	
T	270	McCallion, Susan	48	8/1/2008	Oak Brook	117.5-45-107.5

60 KG CLASS						
S	35	Grimm, Mary	52	3/15/2009	Willowbrook	
B	25	Schuchert, Nancy	46	8/6/2005	South Park	
D	125	Schuchert, Nancy	46	8/6/2005	South Park	
T	177.5	Schuchert, Nancy	46	8/6/2005	South Park	27.5-25-125-177.5

67.5 KG CLASS						
S	157.5	Carlsson, Rita	52	8/14/2010	Burr Ridge, IL	
B	87.5	Stabile, Jane	52	5/8/2010	Montreal, Canada	
D	172.5	Stabile, Jane	52	4/13/2008	Lake George	
T	397.5	Stabile, Jane	52	4/13/2008	Lake George	155-70-172.5

75 KG CLASS						
S	157.5	Collins Paula	56	12/5/2015	Plano TX	
B	92.5	Case Mary	54	5/25/2013	Buellton CA	
D	165	Collins Paula	56	12/5/2015	Plano TX	
T	387.5	Collins Paula	56	12/5/2015	Plano TX	157.5-65-165

82.5 KG CLASS						
S	150	Dowle, Maria	55	7/16/2010	West Palm Beach, FL	
B	80	Dowle, Maria	55	7/16/2010	West Palm Beach, FL	
D	130	Dowle, Maria	55	7/16/2010	West Palm Beach, FL	
T	360	Dowle, Maria	55	7/16/2010	West Palm Beach, FL	150-80-130

90 KG CLASS  
S  
B  
D  
T

100KG. CLASS  
S  
B  
D  
T

110 KG. CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 60-64 AAPF Records**

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS					
S					
B					
D					
T					
48 KG. CLASS					
S					
B					
D					
T					
52 KG CLASS					
S					
B					
D					

T

56 KG CLASS

S  
B  
D  
T

60 KG CLASS

S	182.5	Carlsson Rita	52	12/3/2016	Inver Grove Heights MN	
B	57.5	Carlsson Rita	52	12/3/2016	Inver Grove Heights MN	
D	170	Carlsson Rita	52	5/26/2017	Lisle IL	4th
T	407.5	Carlsson Rita	52	12/3/2016	Inver Grove Heights MN	182.5-57.5-167.5

67.5 KG CLASS

S	120	Keresey, Evangeline	40	0/2004		
B	65	Keresey, Evangeline	40	0/2004		
D	137.5	Keresey, Evangeline	40	0/2004		
T	335	Keresey, Evangeline	40	0/2004		

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S	52.5	Lotito Sherry	54	3/21/2015	Sycamore IL	
B	50	Lotito Sherry	54	3/21/2015	Sycamore IL	
D	80	Lotito Sherry	54	3/21/2015	Sycamore IL	
T	182.5	Lotito Sherry	54	3/21/2015	Sycamore IL	52.5-50-80

90 KG CLASS

S  
B  
D  
T

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 65-69 AAPF Records**

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
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44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

S  
B



D  
T

60 KG CLASS

S	190	Carlsson Rita	52	12/1/2018	Inver Grove Heights MN	
B	57.5	Carlsson Rita	52	9/8/2017	Lisle IL	
D	172.5	Carlsson Rita	52	9/8/2017	Lisle IL	
T	417.5	Carlsson Rita	52	9/8/2017	Lisle IL	187.5-57.5-172.5

67.5 KG CLASS

S	187.5	Carlsson Rita	52	9/21/2019	Chamberlain SD	
B	55	Carlsson Rita	52	9/21/2019	Chamberlain SD	
D	162.5	Carlsson Rita	52	10/24/2020	Lombard IL	4th
T	402.5	Carlsson Rita	52	9/21/2019	Chamberlain SD	187.5-55-160

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S	165	Langdon, Nora	42	4/4/2009	Idaho Falls	
B	72.5	Langdon, Nora	42	4/4/2009	Idaho Falls	
D	162.5	Langdon, Nora	42	4/4/2009	Idaho Falls	
T	400	Langdon, Nora	42	4/4/2009	Idaho Falls	165-72.5-162.5

90 KG CLASS

S	172.5	Langdon, Nora	42	7/31/2009	Burr Ridge	
B	81	Langdon, Nora	42	4/14/2012	Burr Ridge	
D	171	Langdon, Nora	42	4/14/2012	Burr Ridge	
T	417.5	Langdon, Nora	42	4/16/2010	Detroit, MI	167.5-80-170

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 70-74 AAPF Records**

Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
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44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

S  
B  
D  
T

60 KG CLASS

S	182.5	Carlsson Rita	52	11/12/2022	Invergrove Heights MN	
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B	52.5	Carlsson Rita	52	11/12/2022	Invergrove Heights MN	
D	155	Carlsson Rita	52	11/12/2022	Invergrove Heights MN	
T	390	Carlsson Rita	52	11/12/2022	Invergrove Heights MN	182.5-52.5-155

67.5 KG CLASS

S	182.5	Carlsson Rita	52	5/6/2023	Inver Grove Heights MN	
B	55	Carlsson Rita	52	5/6/2023	Inver Grove Heights MN	
D	150	Carlsson Rita	52	5/6/2023	Inver Grove Heights MN	
T	387.5	Carlsson Rita	52	5/6/2023	Inver Grove Heights MN	

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S	175	Langdon Nora	42	4/27/2013	Grand Rapids MI	
B	82.5	Langdon Nora	42	4/27/2013	Grand Rapids MI	
D	160	Langdon Nora	42	4/27/2013	Grand Rapids MI	
T	417.5	Langdon Nora	42	4/27/2013	Grand Rapids MI	175-82.5-160

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S	87.5	Tenorio, Betty	29	0/2000		
B	47.5	Tenorio, Betty	29	0/2000		
D	127.5	Tenorio, Betty	29	0/2000		
T	257.5	Tenorio, Betty	29	0/2000		

**Women's Master 75-79 AAFP Records**

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S	42.5	Chatel, Mary	29	4/4/2009	Idaho Falls	
B	25	Chatel, Mary	29	4/4/2009	Idaho Falls	
D	62.5	Chatel, Mary	29	7/31/2009	Burr Ridge	
T	127.5	Chatel, Mary	29	4/4/2009	Idaho Falls	42.5-25-60

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

### Women's Master 80-84 AAPF Records

	Weight	Name	DOB	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S	40	Chatel, Mary	29	4/2/2011	West Palm Beach, FL	4th
B	27.5	Chatel, Mary	29	4/16/2010	Detroit, MI	
D	72.5	Chatel, Mary	29	4/2/2011	West Palm Beach, FL	
T	135	Chatel, Mary	29	4/2/2011	West Palm Beach, FL	37.5-25-72.5

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100KG. CLASS

S  
B  
D  
T

110 KG. CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T