

26-Aug-24		AWPC World Championships 2024-Kg Results																																															
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team																					
Catherine Duffy	65	F_MR_6_AWPC	58.2	60	1.012	75	80	-85		80	47.5	50	52.5		52.5	132.5	100	105	112.5		112.5	245	247.94	366.9512	1	1-F_MR_6_AWPC-60	3	GBR																					
Martine Barons	63	F_MR_5_AWPC	86.5	90	0.7645	80	-100	-100		80	50	55	-57.5	0	55	135	120	140	-150		140	275	210.2375	#N/A	1	1-F_MR_5_AWPC-90	3	GBR																					
Louise Clark	58	F_MCR_4_AWPC	62.1	67.5	0.9608	115	122.5	-127.5		122.5	60	-65	-65		60	182.5	117.5	125	132.5		132.5	315	302.652	#N/A	1	1-F_MCR_4_AWPC-67.5	3	GBR																					
Nancy Brook	59	F_MCR_4_AWPC	73.8	75	0.8453	97.5	105	-110		105	55	57.5	-60	-110	57.5	162.5	120	127.5	-132.5		127.5	290	245.1225	322.336087	1	1-F_MCR_4_AWPC-75	3	USA																					
Bev Johnson	59	F_MCR_4_AWPC	73	75	0.8515	80	-85	-85		80	47.5	52.5	-55		52.5	132.5	100	110	115		115	247.5	210.74625	#N/A	1	2-F_MCR_4_AWPC-75	3	GBR																					
Tara Castaneda	56	F_MCR_4_AWPC	99.95	100	0.7157	100	107.5	115	118	115	60	62.5	65	65.5	65	180	117.5	130	140	-155	140	320	229.008	285.343968	1	1-F_MCR_4_AWPC-100	3	USA																					
Julie Green2	56	F_MR_4_AWPC	105.8	110	0.7008	100	115	125.5		125.5	65	70	73.5		73.5	199	120	135	147.5		147.5	346.5	242.8272	#N/A	1	1-F_MR_4_AWPC-110	3	GBR																					
Robin Miller	54	F_MCR_3_AWPC	59.65	60	0.9916	90	107.5	-112.5		107.5	72.5	80	-82.5		80	187.5	135	155	163	165	163	350.5	347.5558	418.457183	1	1-F_MCR_3_AWPC-60	3	USA																					
Mariana Dankova	52	F_MCR_3_AWPC	66.5	67.5	0.9102	85	-95	95		95	42.5	-45	45		45	140	107.5	117.5	-122.5		117.5	257.5	234.3765	273.048622	1	1-F_MCR_3_AWPC-67.5	3	IRL																					
Sarah Hulin	53	F_MCR_3_AWPC	101.1	110	0.7127	140	-150	150		150	72.5	77.5	80		80	230	150	160	167.5		167.5	397.5	283.27837	#N/A	1	1-F_MCR_3_AWPC-110	3	GBR																					
Jacinta Smith	51	F_MCR_3_AWPC	121.4	SHW	0.6761	160	-170	-170		160	65	70	-75		70	230	145	155	-162.5		155	385	260.2985	298.562379	1	1-F_MCR_3_AWPC-SHW	3	IRL																					
Louise Flatters	52	F_MR_3_AWPC	55.1	56	1.0575	80	85	-90		85	45	50	-52.5		50	135	110	120	127.5		127.5	262.5	277.59375	#N/A	1	1-F_MR_3_AWPC-56	3	GBR																					
Claire Hand	51	F_MR_3_AWPC	57	60	1.0292	90	95	97.5		97.5	50	55	-57.5		55	152.5	95	102.5	-107.5		102.5	255	262.446	#N/A	1	1-F_MR_3_AWPC-60	3	GBR																					
Aideen Clarke	46	F_MR_3_AWPC	130.8	SHW	0.6648	110	117.5	127.5		127.5	62.5	70	-72.5		70	197.5	137.5	145	-152.5		145	342.5	227.694	243.177192	1	1-F_MR_3_AWPC-SHW	3	IRL																					
Poppy Douglas	48	F_MCR_2_AWPC	65.9	67.5	0.9167	90	95	100		100	55	-57.5	0		55	155	90	-95	0		90	245	224.57925	246.363437	1	1-F_MCR_2_AWPC-67.5	3	IRL																					
Claire Knight	48	F_MCR_2_AWPC	73.1	75	0.8507	117.5	120	122.5		122.5	62.5	-67.5	-67.5		62.5	185	147.5	155	-160.5		155	340	289.238	#N/A	1	1-F_MCR_2_AWPC-75	3	GBR																					
Leah Morgan	46	F_MCR_2_AWPC	73.45	75	0.8476	115	-125	-127.5		115	60	65	-67.5		65	180	130	137.5	145		145	325	275.45375	#N/A	1	2-F_MCR_2_AWPC-75	3	GBR																					
Tara McManus	46	F_MCR_2_AWPC	73.8	75	0.8453	110	-120	120		120	57.5	-62.5	-62.5		57.5	177.5	137.5	147.5	-150		147.5	325	274.70625	293.386275	1	3-F_MCR_2_AWPC-75	3	IRL																					
Helen Stokes	49	F_MCR_2_AWPC	77.6	82.5	0.8176	112.5	-117.5	117.5		117.5	45	-50	50		50	167.5	112.5	-120	120		120	287.5	235.04562	261.605780	1	1-F_MCR_2_AWPC-82.5	3	IRL																					
Jitka Hall	46	F_MR_2_AWPC	59.4	60	0.9956	75	85	95		95	57.5	-62.5	-62.5		57.5	152.5	115	132.5	-145		132.5	285	283.746	#N/A	1	1-F_MR_2_AWPC-60	3	GBR																					
Jennifer Geary	47	F_MR_2_AWPC	94.7	100	0.7314	110	120	130	-140	130	60	65	70	72.5	70	200	112.5	122.5	-132.5		122.5	322.5	235.86037	255.200925	1	1-F_MR_2_AWPC-100	3	IRL																					
Charlie Hooson-Sykes	45	F_MR_2_AWPC	130.5	SHW	0.6652	130	137.5	142.5		142.5	70	75	77.5		77.5	220	135	140	145		145	365	242.77975	#N/A	1	1-F_MR_2_AWPC-SHW	3	GBR																					
Nicola Burroughs	41	F_MCR_1_AWPC	73	75	0.8515	135	145	-155		145	75.5	80	0		80	225	145	155.5	160	163	160	385	327.8275	#N/A	1	1-F_MCR_1_AWPC-75	3	GBR																					
Victoria Woof	42	F_MCR_1_AWPC	72.05	75	0.8587	120	127.5	-130		127.5	70	75	-77.5		75	202.5	150	155	157.5	160.5	157.5	360	309.132	#N/A	1	2-F_MCR_1_AWPC-75	3	GBR																					
Kirsty Roebuck	42	F_MCR_1_AWPC	79.4	82.5	0.8056	-115	115	-120		115	60	-65	-65		60	175	120	130	-140		130	305	245.708	250.62216	1	1-F_MCR_1_AWPC-82.5	3	ZAF																					
Lynnette Kehaulani	44	F_MCR_1_AWPC	89.45	90	0.7497	120	132.5	140.5	145	140.5	85	90	95	95.5	95	235.5	157.5	167.5	-175.5		167.5	403	302.1291	315.120651	1	1-F_MCR_1_AWPC-90	3	USA																					
Amy Larkin	41	F_MCR_1_AWPC	107	110	0.698	110	122.5	130		130	60	62.5	-65		62.5	192.5	100	105	110		110	302.5	211.12987	213.241173	1	1-F_MCR_1_AWPC-110	3	IRL																					
Colette Brodrick	41	F_MR_1_AWPC	72.65	75	0.8539	110	120	127.5		127.5	67.5	-70	70		70	197.5	130	140	145		145	342.5	292.44362	295.368061	1	1-F_MR_1_AWPC-75	3	GBR																					
ADELLA BRYAN	42	F_MR_1_AWPC	80.1	82.5	0.8012	130	137.5	142.5		142.5	80	85	85.5		85.5	228	160	170	177.5		177.5	405.5	324.86632	#N/A	1	1-F_MR_1_AWPC-82.5	3	GBR																					
Rachel Snell	40	F_MR_1_AWPC	80.9	82.5	0.7962	130	135	140		140	72.5	77.5	-82.5		77.5	217.5	150	155	-157.5		155	372.5	296.56587	#N/A	1	2-F_MR_1_AWPC-82.5	3	GBR																					
Olivia Mc Wherter	20	F_JES_AWPC	83.6	90	0.7802	-137.5	142.5	-155		142.5	-92.5	-95	95		95	237.5	137.5	147.5	155.5	-162.5	155.5	393	306.6186	0	1	1-F_JES_AWPC-90	3	USA																					
Lily Churchyard	21	F_JR_AWPC	44.6	48	1.2457	80	85	-88		85	50	52.5	55	-58	55	140	110	115	120		120	260	323.882	#N/A	1	1-F_JR_AWPC-48	3	GBR																					
Asia (Joanna) Grabowski	23	F_JR_AWPC	55.6	56	1.05	90	95	-97.5		95	72.5	-78	-78		72.5	167.5	120	130	-135		130	297.5	312.375	#N/A	1	1-F_JR_AWPC-56	3	GBR																					
Alexia Renault Lo-Pinto2	21	F_JR_AWPC	66.4	67.5	0.9113	100	110	117.5		117.5	90	95	100	-102.5	100	217.5	127.5	137.5	-142.5		137.5	355	323.5115	0	1	1-F_JR_AWPC-67.5	3	IRL																					
Flossie Doak	23	F_JR_AWPC	65.05	67.5	0.9255	97.5	102.5	-107.5		102.5	52.5	55	-57.5		55	157.5	120	130	-140		130	287.5	266.08125	#N/A	1	2-F_JR_AWPC-67.5	3	GBR																					
Dannan Jackson	20	F_JR_AWPC	81.3	82.5	0.7937	115	130	140.5		140.5	60	67.5	70		70	210.5	175	190	200		200	410.5	325.81385	0	1	1-F_JR_AWPC-82.5	3	IRL																					
Amelia Bakewell	23	F_JR_AWPC	82.3	82.5	0.7877	115	120	-125		120	55	-60	-60		55	175	145	-155	-155		145	320	252.064	#N/A	1	2-F_JR_AWPC-82.5	3	GBR																					
Polimeno Giulia	19	F_TES_3_AWPC	54.4	56	1.0684	140	150	160		160	60	62.5	65		65	225	140	150	-155		150	375	400.65	0	1	1-F_TES_3_AWPC-56	3	ITA																					
Allison Gremmel	17	F_TES_2_AWPC	47	48	1.198	102.5	115	122.5	-127.5	122.5	55	-65	65		65	187.5	105	-115	-115		105	292.5	350.415	0	1	1-F_TES_2_AWPC-48	3	USA																					
Auryana Gilder	16	F_TES_2_AWPC	59.85	60	0.9889	132.5	147.5	158	-162.5	158	65	-75	-75		65	223	125	140	-165.5		140	363	358.9707	0	1	1-F_TES_2_AWPC-60	3	USA																					
Kenli Sonnier	16	F_TES_2_AWPC	88.85	90	0.7526	152.5	-172.5	172.5		172.5	-110	-110	110	112.5	110	282.5	115	130	-145.5		130	412.5	310.4475	0	1	1-F_TES_2_AWPC-90	3	USA																					
Nicole Kelly	16	F_TR_2_AWPC	54.1	56	1.0732	57.5	65	70		70	27.5	32.5	-35		32.5	102.5	80	87.5	-92.5		87.5	190	203.908	0	1	1-F_TR_2_AWPC-56	3	IRL																					
Lilli Mai Coade	16	F_TR_2_AWPC	53.2	56	1.0877	55	62.5	-70		62.5	30	35	-40		35	97.5	70	80	87.5		87.5	185	201.2245	0	1	2-F_TR_2_AWPC-56	3	IRL																					
India Teague	15	F_TR_1_AWPC	77.5	82.5	0.8183	140	145	150		150	82.5	87.5	-92.5		87.5	237.5	135	140	-150		140	377.5	308.88937	#N/A	1	1-F_TR_1_AWPC-82.5	3	GBR																					
Sophie Mac Cobb	15	F_TR_1_AWPC	87.2	90	0.761	135	-145	155		155	60	70	80	-85	80	235	-140	-140	140		140	375	285.35625	0	1	1-F_TR_1_AWPC-90	3	IRL																					
Megan Haverty	30	F_OES_AWPC	47.8	48	1.1827	95	105	-115		105	-55	60	65		65	170	100	110	-115		110	280	331.156	0	1	1-F_OES_AWPC-48	3	IRL																					
Gemma Wright	31	F_OES_AWPC	95.5	100	0.7289	-255	255	272.5		272.5	-125	-125	-125		0	0	0				0	0	0	0	0	1	0	0	GBR																				
Sarah Skehan	36	F_OES_AWPC	109.1	110	0.6933	-235	-235	245		245	95	100	102.5	105	102.5	347.5	145	160	-172.5		160	507.5	351.82437	0	1	1-F_OES_AWPC-110	3	IRL																					
Veronica Osorio	38	F_OEM																																															

Lisa Grant	35	F_OR_AWPC	66.85	67.5	0.906	120	125	127.5		127.5	80	85	90		90	217.5	140	145	147.5		147.5	365	330.67175	#N/A	1	1-F_OR_AWPC-67.5	3	GBR
Alexia Renault Lo-Pinto	21	F_OR_AWPC	66.4	67.5	0.9113	100	110	117.5		117.5	90	95	100	-102.5	100	217.5	127.5	137.5	-142.5		137.5	355	323.5115	0	1	2-F_OR_AWPC-67.5	3	IRL
Scarlett Padgett	33	F_OR_AWPC	66.4	67.5	0.9113	122.5	-127.5	127.5		127.5	60	62.5	65		65	192.5	155	162.5	-172.5		162.5	355	323.5115	0	1	2-F_OR_AWPC-67.5	3	GBR
Hazel Roberts	30	F_OR_AWPC	66.4	67.5	0.9113	100	110	115		115	55	60	62.5		62.5	177.5	127.5	137.5	147.5		147.5	325	296.1725	0	1	4-F_OR_AWPC-67.5	3	IRL
Emma Wilding	28	F_OR_AWPC	72.6	75	0.8547	107.5	115	122.5		122.5	60	62.5	-65		62.5	185	155	160	167.5		167.5	352.5	301.28175	#N/A	1	1-F_OR_AWPC-75	3	GBR
Hannah Phipps	26	F_OR_AWPC	73.8	75	0.8453	115	125	132.5		132.5	60	-65	-65		60	192.5	130	140	-147.5		140	332.5	281.04562	#N/A	1	2-F_OR_AWPC-75	3	GBR
Bringsty Edwards	34	F_OR_AWPC	81.3	82.5	0.7937	-145	145	162.5		162.5	90	97.5	-103		97.5	260	180	192.5	200		200	460	365.102	#N/A	1	1-F_OR_AWPC-82.5	3	GBR
Babongile Ndiweni	32	F_OR_AWPC	80.05	82.5	0.8012	-127.5	127.5	132.5		132.5	-72.5	72.5	-75		72.5	205	145	150	155		155	360	288.414	#N/A	1	2-F_OR_AWPC-82.5	3	GBR
Anna Belot	25	F_OR_AWPC	78.45	82.5	0.8115	95	102.5	107.5		107.5	55	60	62.5		62.5	170	115	125	135		135	305	247.5075	0	1	3-F_OR_AWPC-82.5	3	CAN
Bethany Hosick	29	F_OR_AWPC	98.4	100	0.7201	120	130	137.5		137.5	70	72.5	75		75	212.5	-165	165	-170		165	377.5	271.83775	0	1	1-F_OR_AWPC-100	3	CAN
Isabelle McCabe	30	F_OR_AWPC	108.6	110	0.6944	130	145	150		150	67.5	75	80		80	230	150	165	175		175	405	281.21175	0	1	1-F_OR_AWPC-110	3	IRL
Julie Green	56	F_OR_AWPC	105.8	110	0.7008	100	115	125.5		125.5	65	70	73.5		73.5	199	120	135	147.5		147.5	346.5	242.8272	#N/A	1	2-F_OR_AWPC-110	3	GBR
Gemma Waters	39	F_OR_AWPC	116	SHW	0.683	-80	80	85		85	42.5	45	-50		45	130	110	120	130		130	260	177.58	0	1	1-F_OR_AWPC-SHW	3	IRL
Tia needham	20	F_JR_AWPC			0					0					0	0					0	0	0	0	1	0	0	GBR
Sophie Keeble	27	F_OR_AWPC			0					0					0	0					0	0	0	0	1	0	0	GBR
Mark Moss	61	M_MEM_5_AWPC	102	110	0.5767	180	190	202.5		202.5	80	-155	-160		80	282.5	150	190	0		190	472.5	272.49075	#N/A	1	1-M_MEM_5_AWPC-110	3	GBR
Kenneth Condon	51	M_MES_3_AWPC	82.2	82.5	0.6462	217.5	225	230		230	120	125	-127.5		125	355	237.5	245	245.5		245.5	600.5	388.01307	445.050997	1	1-M_MES_3_AWPC-82.5	3	USA
Michael Gallagher	48	M_MES_2_AWPC	59.7	60	0.8369	170	-180	-180		170	100	110	120		120	290	60	0	0		60	350	292.915	321.327755	1	1-M_MES_2_AWPC-60	3	IRL
Daljeet Singh	45	M_MEM_2_AWPC	82.35	82.5	0.6451	270	-285	-285		270	140	150	-160		150	420	250	-260	260		260	680	438.668	462.79474	1	1-M_MEM_2_AWPC-82.5	3	IND
Richard Curtis	41	M_MES_1_AWPC	89.1	90	0.6153	225	240	250		250	135	140	-145		140	390	225	240	-250		240	630	387.639	#N/A	1	1-M_MES_1_AWPC-90	3	GBR
Alex McCarthy	22	M_JES_AWPC	79.3	82.5	0.6618	235	245	250		250	140	150	155		155	405	190	-202.5	-202.5		190	595	393.74125	0	1	1-M_JES_AWPC-82.5	3	IRL
Dave Githutu	20	M_JR_AWPC	55	56	0.9096	100	-112.5	0		100	80	85	85.5	-87.5	85.5	185.5	115	130	133	135	133	318.5	289.69167	0	1	1-M_JR_AWPC-56	3	USA
Aaron Kaminer	23	M_JR_AWPC	93.6	100	0.5993	115	-130	-130		115	70	-75	-75		70	185	125	140	147.5	-150	147.5	332.5	199.26725	0	1	1-M_JR_AWPC-100	3	USA
Oisin Smith	18	M_TES_3_AWPC	123	125	0.5478	250	270	275		275	-167.5	167.5	170		170	445	225	-240	-240		225	670	366.9925	0	1	1-M_TES_3_AWPC-125	3	IRL
Amiri D Abraham	18	M_TR_3_AWPC	71.35	75	0.7149	70	77.5	80		80	60	65	-67.5		65	145	92.5	105	110		110	255	182.28675	0	1	1-M_TR_3_AWPC-75	3	USA
Taylor Reid Cheek	17	M_TR_2_AWPC	72.9	75	0.7073	102.5	117.5	123	125	123	65	70	75	-77.5	75	198	117.5	130	132.5	137.5	132.5	330.5	233.74612	0	1	1-M_TR_2_AWPC-75	3	USA
Kieran Peters	35	M_OES_AWPC	98.6	100	0.5848	290	305	312.5		312.5	185	195	0		195	507.5	280	305	315.5		315.5	823	481.2904	#N/A	1	1-M_OES_AWPC-100	3	GBR
John Strange	39	M_OES_AWPC	136.6	140	0.534	265	280	-300		280	-165	165	-170		165	445	240	275	-300.5		275	720	384.48	#N/A	1	1-M_OES_AWPC-140	3	GBR
Scott Kuderick	50	M_OEM_AWPC	89.95	90	0.6119	110	0	0		110	25	0	0		25	135	110	0	0		110	245	149.90325	169.390672	1	1-M_OEM_AWPC-90	3	USA
Rhys Lippiatt	30	M_OEM_AWPC	106.9	110	0.5681	-250	250	265		265	122.5	-132.5	-132.5		122.5	387.5	220	240	250		250	637.5	362.13187	#N/A	1	1-M_OEM_AWPC-110	3	GBR
Mitchell Schnarr	24	M_OR_AWPC	107.4	110	0.5665	67.5	75	80		80	70	75	-82.5		75	155	125	140	150		150	305	172.76725	0	1	1-M_OR_AWPC-110	3	USA
Nick Sazenski	30	M_OEM_AWPC			0					0					0	0					0	0	0	0	1	0	0	IRL