

**AWPC Deadlift Records Men
Men Open**

52

56

60

67.5 207.5 Kim Alexandr 81 RUS 7/3/2014 Novosibirsk

75 270.0 Telidis Kostas 89 RUS 7/22/2018 Blagoveschensk

82.5 295.0 Stupnikov Roman 88 RUS 4/16/2015 Rostov

90 317.5 Umerenkov Igor 80 RUS 8/11/2013 Kursk

100 320.0 Umerenkov Igor 80 RUS 8/1/2015 Blagoveschensk

110 297.5 Johnson Jr Robert Lee 92 USA 6/7/2024 Baton Rouge LA

125 310.0 Kuchma Alexei 79 RUS 8/24/2014 Moscow

140

140+ 320.0 Chir Mokrane 93 GBR 5/18/2024 Manchester UK

Junior (20 - 23)

52

56

60

67.5

75 235.0 Aldatkhmid Beyrdmurat 92 MGL 8/24/2014 Moscow

82.5 245.0 Lopes Pedro 97 POR 11/19/2021 Trofa Portugal

90 252.5 Jigmedserchin Saruul-Erdene 92 MGL 8/14/2016 Kursk

100

110 272.5 Elliott Tyler 2002 GBR 5/13/2023 Manchester UK

125

140

140+

T1 (13 - 15)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

T2 (16 - 17)

52

56

60 150.0 Beard Lucas 2006 USA 8/6/2023 Baton Rouge LA

67.5

75 230.0 Boytsov Artem 98 RUS 12/5/2015 Kursk

82.5

90

100

110

125

140

140+

T3 (18 - 19)

52

56

60

67.5 217.5 Pearson Gregory 2008 GBR 5/13/2023 Manchester UK

75 180.0 Krasnyy Dmitriy 92 RUS 10/19/2013 Krasnodar

82.5

90 210.0 Horstmann Alexander 2004 USA 9/2/2022 Idaho Falls, ID

100 282.5 Swensen Cody 94 USA 9/1/2013 Idaho Falls, ID

110

125

140

140+

M SM 33-39

52

56

60

67.5

75	245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
82.5	282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
90	295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	280.0	Umerenkov Igor	80	RUS	12/15/2019	Moscow Russia
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

140

140+

M1 (40 - 44)

52

56

60

67.5

75	230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow	4th
82.5	252.5	Musayev Rustam	70	AZE	3/7/2023	Egypt	
90	265.5	Singh Daljit	79	IND	6/21/2023	Bishkek Kyrgyzstan	
100	230.5	Abdulayev Malik	77	RUS	10/6/2019	Blagoveshchensk Russia	
110	270.0	Umerenkov Igor	80	RUS	7/17/2021	Chelyabinsk	
125	315.0	Hickey James	77	IRE	8/5/2018	Manchester	

140

140+

M2 (45 - 49)

52

56

60

67.5

75	155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
82.5						
90	260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
100	205.0	Zambello Jeff		CAN	9/1/2013	Idaho Falls

110

125

140

140+

M3 (50 - 54)

52

56

60

67.5

75

82.5

90

100

110	150.0	Israilov Arbi	63	RUS	7/22/2018	Blagoveschensk
125	290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg

140

140+

M4 (55 - 59)

52

56

60

67.5

75	255.0	Little Art	55	USA	9/1/2013	Idaho Falls
82.5	215.0	Tarboinov Vladimir	54	RUS	8/24/2014	Moscow
90	210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
100	252.5	Bakke Jay	57	USA	9/29/2019	Idaho Falls
110	200.0	Israilov Arbi	68	RUS	10/6/2019	Blagoveshchensk Russia
125	240.0	Green Richard	66	GBR	8/27/2024	Limerick Ireland

140

140+

M5 (60 - 64)

52

56

60

67.5

75 205.0 Popov Viktor 52 RUS 8/24/2014 Moscow

82.5 260.0 Zweig Greg 59 USA 10/1/2021 Lombard IL

90

100 235.0 Jeurink James 53 USA 8/6/2016 Grand Rapids MI

110

125 200.0 Zenzen Dick 52 USA 9/2/2015 Idaho Falls ID

140

140+

M6 (65 - 69)

52

56

60

67.5 205.0 Little Art 55 USA 8/6/2023 Baton Rouge LA

75 215.0 Tseveendorj Maamchuluun 46 MGL 8/24/2014 Moscow

82.5 185.0 Jeurink James 53 USA 4/30/2022 Gatlinburg TN

90 212.5 Jeurink James 53 USA 8/16/2019 Orlando FL

100

110

125

140

140+

M7 (70 - 74)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

M8 (75 - 79)

52

56

60

67.5

75

82.5 145 Sannikov Vladislav 38 RUS 8/24/2014 Moscow

90 115 Roberts William 42 USA 4/14/2019 Myrtle Beach SC

110 117.5 Roberts William 42 USA 8/16/2019 Orlando FL

125

140

140+

M9 (80-84)

52

56

60

67.5

75

82.5

90

100

110 142.5 Roberts William 42 USA 6/7/2024 Baton Rouge LA

125

140
140+

Women Open

44

48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52	135.0	Enina Elena	89	RUS	5/29/2021	Moscow
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia
82.5						
90	160.0	Freeman Jenny	95	USA	6/9/2024	Baton Rouge LA

100

110

110+

Junior (20 - 23)

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
----	-------	------------------	----	-----	-----------	-------

48

52

56

60

67.5	170.0	Gongor Otgontuya	91	MGL	8/24/2014	Moscow
------	-------	------------------	----	-----	-----------	--------

75

82.5

90

100

110

110+

T1 (13 - 15)

44

48

52

56

60

67.5

75

82.5

90

100

110

110+

T2 (16 - 17)

44

48

52

56

60

67.5

75	120.0	Ficekova Rebeka		SVK	8/5/2018	Manchester	4th
----	-------	-----------------	--	-----	----------	------------	-----

82.5

90

100

110

110+

T3 (18 - 19)

44

48

52

56

60

67.5

75

82.5

90

100
110
110+

W SM 33-39

44
48 140.0 Vakhterova Yuliya 80 RUS 8/24/2014 Moscow
52
56
60
67.5 200.0 Umerenkova Yuliya 80 RUS 12/6/2014 Kursk
75 200.0 Umerenkova Yuliya 80 RUS 12/15/2019 Moscow Russia
82.5
90
100
110
110+

M1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M2 (45-49)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M4 (55-59)

44
48
52
56
60
67.5
75
82.5

90
100
110
110+

M5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

82.5

Zenzen Linda

54

USA

5/28/2017

Lisle IL

4th