

22-Sep-24		Women's Empowerment Meet-Kg Results																					
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	
Bridget McHugh	55	F_MCR_4_APF	63.85	67.5	0.9392	67.5	80	-92.5	80	45	50	55	55	135	62.5	75	85	85	220	206.624	253.1144	1-F_MCR_4_APF	
Kathy Craig	46	F_MR_2_APF	96.7	100	0.72515	55	62.5	70	70	37.5	45	-50	45	115	85	92.5	100	100	215	155.90725	166.508943	1-F_MR_2_APF	
Rebecca Holmes	39	F_SR_AAPF	59.7	60	0.9916	102.5	107.5	112.5	112.5	65	70	-75	70	182.5	125	130	135	135	317.5	314.833	0	1-F_SR_AAPF	Best Lifter
Jackie Stone	45	F_OEM_AAPF	97.4	100	0.72305	147.5	170	187.5	187.5	107.5	-120	120	120	307.5	137.5	142.5	-147.5	142.5	450	325.3725	343.2679875	1-F_OEM_AAPF-100	
Kinzie Kinnear	31	F_OR_AAPF	73.7	75	0.84605	35	60	70	70	32.5	35	40	40	110	80	87.5	100	100	210	177.6705	0	1-F_OR_AAPF-75	
Madi Sustar	28	F_OR_APF	93	100	0.73695	85	95	105	105	45	50	-55	50	155	95	105	115	115	270	198.9765	0	1-F_OR_APF-100	
		Women's Empowerment Meet-Lb Results																					
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	
Bridget McHugh	55	F_MCR_4_APF	63.85	67.5	0.9392	148.8105	176.368	-203.9255	176.368	99.207	110.23	121.253	121.253	297.621	137.7875	165.345	187.391	187.391	485.012	206.624	253.1144	1-F_MCR_4_APF	
Kathy Craig	46	F_MR_2_APF	96.7	100	0.72515	121.253	137.7875	154.322	154.322	82.6725	99.207	-110.23	99.207	253.529	187.391	203.9255	220.46	220.46	473.989	155.90725	166.508943	1-F_MR_2_APF	
Rebecca Holmes	39	F_SR_AAPF	59.7	60	0.9916	225.9715	236.9945	248.0175	248.0175	143.299	154.322	-165.345	154.322	402.3395	275.575	286.598	297.621	297.621	699.9605	314.833	0	1-F_SR_AAPF	
Jackie Stone	45	F_OEM_AAPF	97.4	100	0.72305	325.1785	374.782	413.3625	413.3625	236.9945	-264.552	264.552	264.552	677.9145	303.1325	314.1555	-325.1785	314.1555	992.07	325.3725	343.2679875	1-F_OEM_AAPF-100	
Kinzie Kinnear	31	F_OR_AAPF	73.7	75	0.84605	77.161	132.276	154.322	154.322	71.6495	77.161	88.184	88.184	242.506	176.368	192.9025	220.46	220.46	462.966	177.6705	0	1-F_OR_AAPF-75	
Madi Sustar	28	F_OR_APF	93	100	0.73695	187.391	209.437	231.483	231.483	99.207	110.23	-121.253	110.23	341.713	209.437	231.483	253.529	253.529	595.242	198.9765	0	1-F_OR_APF-100	

22-Sep-24 Women's Empowerment Meet-Kg Results												
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Gina Arvai BP	29	F_OR_AAPF	53.55	56	1.0812	37.5	42.5	-47.5	42.5	45.951	0	1-F_OR_AAPF-56
Women's Empowerment Meet-Lb Results												
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Gina Arvai BP	29	F_OR_AAPF	53.55	56	1.0812	82.673	93.696	-104.72	93.6955	45.951	0	1-F_OR_AAPF-56

22-Sep-24 Women's Empowerment Meet-Kg Results												
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl
Crystal Payne	42	F_MR_1_APF	82.5	82.5	0.7866	97.5	102.5	107.5	107.5	84.554125	86.245207	1-F_MR_1_APF
Gina Arvai DL	29	F_OR_AAPF	53.55	56	1.0812	85	92.5	100	100	108.12	0	1-F_OR_AAPF-56
Women's Empowerment Meet-Lb Results												
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl
Crystal Payne	42	F_MR_1_APF	82.5	82.5	0.7866	214.95	225.97	236.99	236.9945	84.554125	86.245207	1-F_MR_1_APF
Gina Arvai DL	29	F_OR_AAPF	53.55	56	1.0812	187.39	203.93	220.46	220.46	108.12	0	1-F_OR_AAPF-56