

**Yuriy Ustinov**

**Meet Director, President** **WPC-RUSSIA**

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**WORLD CUP WPC/AWPC- 2022**

**in POWERLIFTING, BENCHPRESS & DEADLIFT**

**Location: Russia**

**Moscow, Mezhdunarodnoye Shosse, 28B, p. 5**

**Sheraton Sky Point Luxe Moscow Sheremetyevo Airport Hotel**

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**Meet Director: Yuriy Ustinov, WPC Russia President.**

**Dates: 30 Nov-01 December, 2024**

**Lifting and**

**Weigh-In Schedule: 30 November– Weighing**

**01 December – Competition**

**Categories: All AWPC/WPC Weight Categories & All AWPC/WPC Age Divisions**

**Raw, Classic Raw, Single-ply and Multiply**

**Entry Fees: First Event WPC $85**

**Additional Events S50 per event**

**First Event AWPC $100**

**Additional Events $10 per event**

**Late Entry Fees** – no penalty

**Closing Date: 20th November, 2024.** Team List must reach the Meet Director by this date, otherwise late entry fees will apply. Each nation must set their own closing dates for lifters to submit their entry for inclusion on the team list.

**To Enter:** To apply, you must contact your WPC Country Head. If there is no one, then write

directly to the organizers: wpcwpo@gmail.com

There are no upfront fees. All payments are on the spot.

**Websites:** All information will be included on the championships website:

[http://powertable.ru/api/hs/p/fed?fed=80&lg=en](about:blank)

[www.wpc-wpo.ru](about:blank)

**Visas:** To get all the necessary information about a visa support to Russia use this link: [www.visatorussia.com](about:blank)

Please take care of your visa in advance!

**Hotel:** 5\* [https://sheratonsvo.ru/](about:blank) 3\* http://en.skypoint-hotel.ru/

**Airports nearby: Sheremetyevo SVO**

**Rules:** These Championships will be conducted using the AWPC/WPC Rules. The Rulebook is available to download from the WPC Website [https://worldpowerliftingcongress.com/](about:blank)

**Referees:** Applications for refereeing from the referee of the international category WPC to the e-mail address are accepted: [**wpcwpo@gmail.com**](about:blank)

**Welcome to Russia.**