

Police & Fire WPC Men's Open Bench Records

Class	Weight	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	160	Ashot Antonyan	87	ARM	8/29/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	240	Dansby Michael	83	USA	6/7/2024	Baton Rouge LA

Police & Fire WPC Men's Submaster 33-39 Bench Records

Class	Weight	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	160	Ashot Antonyan	87	ARM	8/29/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125						
140						
140+						

**Police & Fire WPC Men's Master Bench Records
40-44 Age Group**

Class	Weight	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	240	Dansby Michael	83	USA	6/7/2024	Baton Rouge LA

**Police & Fire WPC Men's Master Bench Records
45-49 Age Group**

Class	Weight	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Police & Fire WPC Men's Master Bench Records

50-54 Age Group

Class	Weight	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

55-59 Age Group

Class	Weight	Name	DOB	NAT	Date of Record	Location
B						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID
140						
140+						

75-79 Age Group

Class	Weight	Name	DOB	NAT	Date of Record	Location
B						

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

Women's Open

67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID
100	95	Bell Asia	80	USA	9/1/2023	Idaho Falls ID

Women's Submaster 33-39

67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID
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Women's 40-44 Age Group

100	5	Bell Asia	80	USA	9/1/2023	Idaho Falls ID
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Women's 50-54 Age Group

67.5	97.5	Caldwell Jo Ellen	70	USA	6/9/2024	Baton Rouge LA
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Lifts to achieve total

Lifts to achieve total

Lifts to achieve total

Lifts to achieve total

Lifts to achieve total

Lifts to achieve total

Lifts to achieve total

4th

4th