



EUROPEAN CHAMPIONSHIPS WPC/AWPC 2025

Powerlifting | Bench Press | Deadlift

Location:

Terminal Hotel, 33 Rakietowa, 54-615 Wrocław, Poland

[Google Maps](#) 

Dates:

June 9-15, 2025

Meet Directors:

Krzysztof Chowaniak, Artur Kiczuk

Preliminary Competition Schedule:

- **June 9** – Equipped Powerlifting (Single and Multiply) for all Categories, women and men. RAW powerlifting Women;
- **June 10** – RAW Powerlifting Men, All age and weight;
- **June 11** – RAW Classic Powerlifting for all categories, Women;
- **June 12** – RAW Classic Powerlifting, Men Master, Junior, Teen;
- **June 13** – RAW Classic Powerlifting, Men Open;
- **June 14** – RAW Bench Press, single and multiply, women and men;
- **June 15** – RAW Deadlift, single and multiply, women and men.

Submission closes April 20, 2025



Weigh-in Schedule:

- **8 June:** 09:00 – 11:00; 16:00 – 18:00

June 9-14: 9:00 – 11:00; 16:00-18:00

✦ Weigh-ins take place the day before the competition. No weigh-ins on the competition day!

Weight and Age Categories:

- WPC/AWPC Raw, Classic Raw, Singleply i Multiply:
 - **Women:** 44, 48, 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110, 110+
 - **Men:** 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110, 125, 140, 140+
- Age Categories:
 - T1 13-15; T2 16-17; T3 18-19;
 - Junior: 20-23;
 - Open;
 - Masters: 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+;

Entry Fees WPC/AWPC:

- **€100** for the first division,
- **€50** for each additional division.
- Fees must be paid in EURO only!

Bank Details:

Stowarzyszenie Sportowe Metro-Flex Wrocław

Account Number: PL 45 1600 1462 1085 3097 3000 0001

Submission closes April 20, 2025



BIC/SWIFT: PPABPLPKXXX

Payment Reference: WPC 2025

📌 Payments are made only by national federations. Bank transfer fees are covered by the federations.

✉ Registration:

Submit the registration form + payment confirmation by **April 20, 2025**

Email: wpcpolandpowerlifting@gmail.com

📄 Registration form available here: [ENTRY-FORM EUROPEAN CHAMPIONSHIPS WPC AWPC 2025 Wrocław Poland.xlsx](#) - *Please save the form on your disk, complete it and send it to the email address provided!*

📌 Applications are made only by national federations. We do not accept individual applications from competitors!

Rules:

These Championships will be conducted using the WPC/AWPC Rules.

The Rulebook is available to download from the WPC Website

<https://worldpowerliftingcongress.com/>

🌐 Website and Facebook:

https://www.facebook.com/events/1004986648025915/?active_tab=discussion&locale=pl_PL

See You in Wrocław!

Submission closes April 20, 2025