

2025 APF-AAPF Equipped IL State Meet

March 29th 2025

Single Ply & Multi Ply – Barbell 4:13 North Aurora, IL

- Meet Directors: Matt Minuth & Amy Jackson - 505 Westgate Drive, Aurora IL 60506
amyjackson@aol.com
- Events: Powerlifting (SQ+BP+DL), Bench Press only, Deadlift only
- Event Location: Barbell 4:13, 111 South Lincolnway Street, North Aurora, IL
- Local Hotel: Comfort Inn & Suites, 308 S Lincolnway St, North Aurora IL 60542 630-897-7695
choicehotels.com/IL539 Check expedia and hotels.com for lower rates or call hotel direct.
- Lifting Sessions: Lifting Sessions start at 9:00 a.m. Rules Clinic at 8:00 a.m. each day.
Saturday, March 29th All categories: Open, Teenage, Junior, Submaster, Master, Special Olympics, Police, Fire, Military, Novice (first time lifters)
- Eligibility: All lifters must be current APF /AAPF members. Membership must be purchased online at
<http://worldpowerliftingcongress.com/>
--> APF MEMBERSHIPS WILL NOT BE SOLD AT WEIGH-INS
- Sanction/Rules: Sanctioned by the APF-AAPF. Check
<http://worldpowerliftingcongress.com/> for official rules.
- Equipment: Categories included: *Equipped Single Ply*, and *Equipped Multi Ply*, *Raw and Classic Raw*.
- Weigh-ins: *All Lifters* - Friday, March 28: 9-11 a.m., 3-5 p.m. @ *Barbell 4:13*

All lifters must weigh-in the day *before* --no morning-of weigh-ins
- Qualifying: This meet can be used to qualify you for APF-AAPF Nationals
- Entry Fee: An entry fee of \$125 is required for all lifters. Lifters wanting to enter multiple divisions will need to pay a \$50 crossover fee for each additional division.
Entries must be received by February 1, 2025 Venmo Amy-Jackson-265
Entries after the deadline may not be accepted
- Awards: Custom Medals will be given to the first three places in all categories.
Best Lifter Awards will be given in categories based on the content of the entries.

2025 APF- AAPF Equipped IL State Meet Entry
Mail this page w/entry fee to: APF 505 Westgate Drive Aurora IL 60506
Make Checks/Money Orders Payable to: APF

In consideration of the acceptance of this entry I hereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF/AAPF, AWPC/WPC Amy Jackson, Barbell 4:13, Matt Minuth, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the 2025 APF-AAPF Equipped IL State Meet. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. *I understand that a minimum of 10% of ALL AAPF lifters will be subject to random drug testing.*

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____ Date: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone:() _____

Email: _____

Date of Birth: _____ Age: _____ Gym/Team: _____

Occupation/Interesting Facts: _____

Circle Event(s):	<u>Total Amount Enclosed</u>
Powerlifting Bench Press only Deadlift only	Entry Fee: _____
Circle Equipment:	<u>\$125</u>
EQ Single Ply EQ Multi Ply Raw Classic Raw	Division Crossover: _____
Circle Weight Class:	<u>(\$50)</u>
Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW	Official Meet T-shirt _____
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL	Size S-2XL \$30 _____
	<i>Limited number available at the meet</i>
Circle Division(s) Entered:	-
Teen 13-15, 16-17, 18-19, Junior 20-23, Open, Submaster 33-39,	_____
Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+	_____
	Total: _____
Circle Category Entered:	
IL Equipped State Meet Special Olympics	
Police, Fire, Military Novice (1 st time lifters)	

For more entry forms, go to worldpowerliftingcongress.com