

*World Record*       *National Record*      *Athlete's Details*

Name \_\_\_\_\_ Male  Female

Full Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

H Phone(\_\_\_\_) \_\_\_\_\_ Cell(\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

National Federation APF  AAPF  Both  Registration Number \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age Last Birthday \_\_\_\_\_

**Details of Record Being Claimed**

Name of Competition \_\_\_\_\_ Location \_\_\_\_\_

Date \_\_\_\_\_ Competition Body Weight \_\_\_\_\_ kg Weight Class \_\_\_\_\_ kg

**Category and Division**

APF       WPC       Full Meet       Raw       SP (single ply)

AAPF       AWPC       Bench Only       CR (classic raw)       MP (multi ply)

Deadlift Only       Unlimited Bench Only

Open       Junior 20-23

Teenage 13-15       16-17       18-19       Submaster 33-39

Master 40-44       45-49       50-54       55-59       60-64       65-69       70-74       75-79       80-84       85-89

P/F/M AAPF       P/F/M APF       Special Olympics       Disabled

**Enter all your Lifts - Enter in kilos only**

| Record Claim       | First Attempt | Second Attempt | Third Attempt | Fourth Attempt |
|--------------------|---------------|----------------|---------------|----------------|
| <b>SQUAT</b>       | kg            | kg             | kg            | kg             |
| <b>BENCH PRESS</b> | kg            | kg             | kg            | kg             |
| <b>DEADLIFT</b>    | kg            | kg             | kg            | kg             |
| <b>TOTAL</b>       |               |                |               | kg             |

**World & National Record Certification**

*World Records can be set at National and International competitions. According to the AWPC/AAPF Rules, no record will be considered unless entered on this Records Claim Form, which must be duly signed by the Athlete, the Referees adjudicating the lift(s), the Official Weigher, and the appointed Technical Officer of the Competition. Certified platform scales must have been used at the weigh in and a copy of the certification certificate attached to this claim. The bar and weights must have been weighed before the competition or immediately after the Record Attempt. The Athlete's costume and personal equipment must have been inspected and conform to the requirements of the AWPC/AAPF Rules. A minimum of two World Referees affiliated to the AWPC/AAPF is required to certify a Record.*

*We have witnessed the correct performance of the above lift(s) and have checked the weight of the bars and discs. The lifter weighed in within 24 hours of the competition. The lifter and his/her attire have been checked and conform to the requirements of the AWPC/AAPF Rules. We are current members in good standing with the American Powerlifting Federation.*

Signature \_\_\_\_\_ Signature \_\_\_\_\_ Signature \_\_\_\_\_

Print name \_\_\_\_\_ Print name \_\_\_\_\_ Print name \_\_\_\_\_

Technical Officer Signature \_\_\_\_\_ Official Weigher Signature \_\_\_\_\_

I have checked all data and agree all is correct: Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail to: APF Headquarters, 505 Westgate Drive, Aurora, IL 60506 USA**