

WORLD POWERLIFTING
CONGRESS-
SOUTH AFRICA



ENTRY INFO - WPC WORLD POWERLIFTING CHAMPIONSHIPS 2025

4-9 NOVEMBER – SOUTH AFRICA, DURBAN, KZN

ENTRIES AND PAYMENT

To complete your entry, please ensure that the following steps are followed:

- Submit Your Entry Form: Fill out and sign the entry form and send it to wpcszane@gmail.com
- Bank Transfer Proof: Include proof of your bank transfer with your entry submission.
- Payment Reference: In the bank transfer reference, please include your country name and the code WPCSA25. This is crucial for identifying your payment.

Important Notes:

Unidentified bank transfers and entry forms submitted without the corresponding bank transfer proof will not be considered valid.

Each athlete and/or country head is responsible for any banking transfer fees incurred. We cannot cover the costs associated with your banking services.

Kindly make one payment per country

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Bank Payment Details:

Account Name:	WPC SA
Bank:	First National Bank
Account Number:	6307 8547 842
South African Branch Code:	632005
International SWIFT Code:	FIRZAJJ
Bank Address:	FNB Boardwalk, Mark Strasse, Richards Bay Central, Richards Bay, Kwazulu – Natal, South Africa, 3900

PayPal Payment:

You may also send payment via PayPal, but please do so in USD CURRENCY only.
Contact Zane Ison for a PayPal invoice wpcsaazane@gmail.com.

Thank you for your cooperation, and we look forward to your participation!

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LIFTING SCHEDULE

Note: Weigh-in periods will be 24 hours before lifting; weigh-in sessions will be from 07:00 am to 09:00 am and from 03:00 pm to 05:00 pm.

DAY 1 – TUESDAY, 04 NOVEMBER 2025

Competition		Gender	Classes	Weight Category
Full Power	RAW	Female	All Classes	All Categories
Full Power	RAW	Male	Open, Teen and Junior	All Categories
Full Power	Special Olympics	Male & Female	All Classes	All Categories

DAY 2 – WEDNESDAY, 05 NOVEMBER 2025

Competition		Gender	Classes	Weight Category
Full Power	Equipped	Female	All Classes	All Categories
Full Power	Equipped	Male	All Classes	All Categories
Bench Press & Deadlift Only	Special Olympics	Male & Female	All Classes	All Categories

DAY 3 – THURSDAY, 06 NOVEMBER 2025

Competition		Gender	Classes	Weight Category
Full Power	RAW	Male	Masters	All Categories
Full Power	Classic RAW	Male	Masters & Teen	All Categories

DAY 4 – FRIDAY, 07 NOVEMBER 2024

Competition		Gender	Classes	Weight Category
Full Power	Classic RAW	Male	Open & Junior	All Categories
Bench Press Only	RAW	Male and Female	All Classes	All Categories

DAY 5 – SATURDAY, 08 NOVEMBER 2024

Competition		Gender	Classes	Weight Category
Full Power	Classic RAW	Female	All Classes	All Categories
Bench Press Only	Equipped	Male and Female	All Classes	All Categories

DAY 6 – SUNDAY, 09 NOVEMBER 2024

Competition		Gender	Classes	Weight Category
Deadlift Only	RAW	Male and Female	All Classes	All Categories
Deadlift Only	Equipped	Male and Female	All Classes	All Categories

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ENTRY FORM

Country Name	
Country Representative Name	
Country Representative E-Mail	
Country Representative Telephone Number	
Number of Athletes entered	

Entry Fees: Entry Deadline- August 17, 2025. **Entries must be received by Zane Ison only via e-mail wpcsaazane@gmail.com by this date.** A penalty of \$20 will be imposed on any individual who exceed the deadline.

Entry Fee- \$125.00 USD

Athletes have the following entry options for the competition:

Full Power, Bench Press Only, Deadlift Only

Please note that there will be an additional entry fee of \$60 for every additional category entry.

PLEASE READ AND SIGN:

In consideration of your acceptance of this entry, please agree to the following statement by signing this entry form:

I, the undersigned, hereby intend to legally bind myself, my heirs, and assigns. I waive and release any and all claims for damage, personal injury, or public injury that I may have against the World Powerlifting Congress South Africa, as well as all organizers, volunteers, associates, the World Powerlifting Congress, Onomo Hotel and all their heirs, employees, or anyone connected to this competition. This waiver covers any injury that may result from my participation in this competition or any other lifting activities on the premises.

Signature: _____ Date: _____

Please note that the entry list wont be processed without payment and this signed

WORLD POWERLIFTING CONGRESS SOUTH AFRICA

CONTACT NUMBER: +27 78 764 2615

E-MAIL:WPCSAZANE@GMAIL.COM

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COMPETITORS NAME	POWERLIFTING (PL) BENCH (BP) DEADLIFT (DL)	CLASSIC RAW (CR) RAW ® SINGLE PLY (SP) MULTI PLY (MP) SPECIAL OLYMPICS (SO)	WEIGHT CLASS	DOB + AGE	TEEN JUNIOR OPEN MASTER	FEE
Total Fee in USD\$						

Duplicate this sheet for rosters larger than 19 lifters