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WPC - Egypt

# *World Cup WPC/AWPC*

*FINAL PROTOCOL*

1 February - 6 February 2025 y.

c.Cairo

awpc dl m-ply eq

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**AWPC Deadlift Multy-Ply Equipment**

**Man**

**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Ali Elzain	Egypt	08.08.20 02/22	82,20	747		245	250	255	262,5	255		255	12	164,768		Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Mohamed Samir	Egypt	28.09.19 77/47	93,70	383		220	240	250	-	240		240	12	155,548		Self
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**absolute winners ( Juniors, AWPC Deadlift Multy-Ply Equipment, M)**

	Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Deadlift Multy-Ply Equipment, M)**

	Name	Pts	Body weight
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wpc bp poda and lin

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

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**WPC Bench Press Poda and Lin**

**Man**

**Weight 60**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Noor Mohamed	Egypt	07.08.20 06/18	59,30	741		90	90	-	-	<b>90</b>		<b>90</b>	12	75,8205		Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Bench Press Poda and Lin, M)**

	Name	Pts	Body weight
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1 February - 6 February 2025 y.

**FINAL PROTOCOL  
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**AWPC Powerlifting RAW**
**Woman**
**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Habiba Ahmed Khater	Egypt	01.10.2000/24	72,50	624		85	100	107,5	-	85	65	70	75	-	70	110	130	142,5	-	142,5		297,5	12	254,51125		Self

**Open**
**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Diane Romano-Woodward	United Kingdom	23.02.1955/69	76,20	730		70	80	90	-	90	55	60	60	-	60	100	110	120	-	120		270	12	359,67078		Self

**Masters**
**absolute winners ( Open Submasters, AWPC Powerlifting RAW, W)**

Name	Pts	Body weight

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Powerlifting RAW, W)**

Name	Pts	Body weight

**Man**
**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Joseph Gill	United Kingdom	17.06.2007/17	88,10	518		175	182,5	187,5	-	182,5	145	155	155	-	145	220	227,5	235	-	227,5		555	12	343,68375		Self

**Teenagers**
**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Daksh Siyal	India	30.05.2008/16	98,90	228		135	142,5	150	-	150	85	90	92,5	-	92,5	185	197,5	207,5	-	197,5		440	12	256,982		Self

**Teenagers**
**absolute winners ( Teenagers Teenagers Teenagers, AWPC Powerlifting RAW, M)**

Name	Pts	Body weight

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**WPC Bench Press 1-ply Equipment**

**Woman****Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Renda Tracy	Italy	24.03.19 87/37	51,70	721		70	75	80	-	<b>80</b>		<b>80</b>	12	89,008		Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mira Talaat	Egypt	17.06.20 05/19	81,80	636		70	77,5	77,5	-	<b>70</b>		<b>70</b>	12	55,349		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	-	Rahma Abd El Aziz	Egypt	25.06.20 01/23	104,10	205		40	-	-	-							Self
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**absolute winners ( Open Submasters, WPC Bench Press 1-ply Equipment, W)**

Name	Pts	Body weight
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Bench Press 1-ply Equipment, W)**

Name	Pts	Body weight
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**Man****Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	George Philip	Egypt	06.08.20 06/18	62,10	338		100	120	130	137,5	<b>130</b>		<b>130</b>	12	104,786		Self
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**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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wpc bp 1-ply eq

**Teenagers**

1		Ahmed Ihab	Egypt	23.10.20 06/18	74,40	365		-	-	-	-									Self
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**Juniors**

1		Taha Mohamed	Egypt	12.12.20 04/20	68,80	432		-	-	-	-									Self
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**Open**

1		Taha Mohamed	Egypt	12.12.20 04/20	68,80	880		-	-	-	-									Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1		Mohamed Gomaa	Egypt	17.06.20 06/18	82,30	225		-	-	-	-									Self
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**Juniors**

1	1	Kareem Ayman	Egypt	04.09.20 04/20	76,30	208		127,5	132,5	135	-	132,5		132,5	12	90,0933			Self
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**Masters**

1	1	Khaled Badr Mohamed	Egypt	20.05.19 80/44	79,80	970		130	140	147,5	-	140		140	12	96,2198			Self
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**Open**

1	1	Thirupathi Rao Egala	India	01.02.19 96/29	82,20	468		100	110	115	-	115		115	12	74,3072	5		Self
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**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Abdelrahman Ibrahim	Egypt	28.07.20 06/18	87,50	622		120	132,5	135	-	135		135	12	83,9362			Self
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**Juniors**

1	1	Selim Salem	Egypt	28.12.20 04/20	88,40	291		140	150	160	-	160		160	12	98,896			Self
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**Open**

1	1	Abdallah Soliman	Egypt	13.10.19 85/39	90,00	19		115	130	135	-	135		135	12	82,5997	4		Self
2	2	Elsayed Ebrahim	Egypt	05.12.20 00/24	88,70	349		105	105	107,5	-	107,5		107,5	9	66,3113	6		Self
3	-	Asser Gamal	Egypt	22.05.20 00/24	87,90	412		180	180	180	-								Self

**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

wpc bp 1-ply eq

1	1	Mohand Emad Eldeen	Egypt	16.07.20 05/19	98,50	908		145	155	165	-	155		155	12	90,6827		Self
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**Masters**

1	1	Saleh Bahnasy	Egypt	28.03.19 83/41	99,00	445		150	162,5	170	-	162,5		162,5	12	95,8161		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Amr Ahmed	Egypt	02.08.20 06/18	103,30	293		125	132,5	140	-	140		140	12	80,36		Self
2	2	Ziad Magdy Ismat	Egypt	29.04.20 06/18	101,90	599		90	97,5	100	-	100		100	9	57,69		Self

**Masters**

1	1	Sameh El Said	Egypt	19.01.19 71/54	102,20	89		120	132,5	132,5	-	120		120	12	83,2638		Self
2		Mohamed Ragheb Mohamed	Egypt	02.09.19 70/54	102,50	210		-	-	-	-							Self

**Open**

1	1	Abdelrahman Mohamed	Egypt	12.07.20 00/24	105,10	508		185	200	207,5	-	200		200	12	114,1	1	Self
2	2	Adel Hosny	Egypt	28.05.19 87/37	109,10	390		160	175	175	-	160		160	9	90,208	3	Self
3		Ziad Magdy Ismat	Egypt	29.04.20 06/18	101,90	319		-	-	-	-							Self

**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Islam Moussa	Egypt	01.12.19 81/43	123,70	340		175	190	-	-	175		175	12	98,6834		Self
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**Open**

1	1	Youssef Elsayed	Egypt	26.09.19 97/27	110,30	45		200	200	-	-	200		200	12	112,41	2	Self
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**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	-	Mohamed Salah	Egypt	22.05.20 07/17	133,70	890		-	-	-	-							Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Bench Press 1-ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Juniors, WPC Bench Press 1-ply Equipment, M)**

Name	Pts	Body weight
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wpc bp 1-ply eq

**absolute winners ( Open Submasters, WPC Bench Press 1-ply Equipment, M)**

	Name	Pts	Body weight
1	Abdelrahman Mohamed	114,1	105,1
2	Youssef Elsayed	112,41	110,3
3	Adel Hosny	90,208	109,1
4	Abdallah Soliman	82,59975	90
5	Thirupathi Rao Egala	74,30725	82,2
6	Elsayed Ebrahim	66,311375	88,7

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Bench Press 1-ply**

	Name	Pts	Body weight
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**AWPC Powerlifting 1-ply Equipment**
**Man**
**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Mohamed Samir	Egypt	28.09.19 77/47	89,90	243		180	225,5	230	-	225	130	135	140	-	140	220	235	-	-	235		600	12	397,4727		Self

**Masters**
**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Mahmoud Hassan	Egypt	10.09.19 83/41	120,00	292		270	310	310	-	310	150	165	170	-	170	230	260	275	-	275		755	12	420,126923		Self

**Masters**
**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Powerlifting 1-ply Equipment, M)**

Name	Pts	Body weight

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World Cup WPC/AWPC

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## AWPC Powerlifting Classic RAW

## Woman

## Weight 67,5

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Esraa Adel	Egypt	19.03.2000/24	64,50	627		95	105	140	-	105	35	45	47,5	-	45	115	125	130	-	130		280	12	261,044		Self

## Open

## absolute winners ( Open Submasters, AWPC Powerlifting Classic RAW, W)

Name	Pts	Body weight

## Man

## Weight 67,5

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Yaswanth Goud Venkata	India	12.01.2002/23	65,50	690		130	145	150	-	145	90	105	140	-	105	170	200	240	-	200		450	12	345,6225		Self

## Juniors

## Weight 75

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Abdalaziz Mohamed	Egypt	30.07.2003/21	72,30	632		260	275	280	-	280	145	152,5	160	-	160	260	290	290	-	260		700	12	495,53		Self

## Juniors

## Open

1	1	Varad Patil	India	06.06.1988/36	75,00	968		242,5	260	270,5	-	260	115	122,5	127,5	-	122,5	230	247,5	247,5	-	230		612,5	12	421,736875		Self
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## Weight 90

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Mohamed Samir	Egypt	28.09.1977/47	89,90	557		160	160	160	-	160	130	141	-	-	140	175	-	-	-	175		475	12	314,665888		Self

## Masters

## Open

1	1	Ashley Youle	United Kingdom	25.11.1995/29	88,20	216		250	260	272,5	-	272,5	110	120	125	-	120	260	275	280	-	275		667,5	12	413,082375		Self
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## Weight 100

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Mohamed Saber	Egypt	19.01.2002/23	91,60	772		340	340	310	-	310	175	180	180	-	175	300	347,5	-	-	300		785	12	475,74925		Self

## Juniors

## Weight 125

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Priyadarshan	India	31.07.2005/19	112,00	617		160	175	185	-	175	85	100	107,5	-	100	205	217,5	225	-	217,5		492,5	12	275,676875		Self

## Teenagers

## Juniors

1	1	Tomas Lewis	Egypt	03.11.2001/23	116,30	431		320	320	340	-	340	180	192,5	200	-	200	330	350	365	-	350		890	12	493,7275		Self
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## Masters

1	1	Zhakayev Yerzhan	Kazakhstan	25.08.1984/40	124,60	318		200	225	240	-	225	140	150	155	-	155	215	235	240	-	240		620	12	338,458		Self
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## Masters

1	1	Richard Baker	United Kingdom	14.09.1969/55	120,00	249		265	270	282,5	-	270	165	175	180	-	180	240	250	-	-	250		700	12	472,439625		Self
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## Weight 140

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
1	1	Erzhanov Aybar	Kazakhstan	29.07.1982/42	128,30	811		220	245	260	-	245	175	185	200,5	-	200	215	235	240	-	235		680	12	375,958944		Self

## Masters

## absolute winners ( Juniors, AWPC Powerlifting Classic RAW, M)

Name	Pts	Body weight

## absolute winners ( Open Submasters, AWPC Powerlifting Classic RAW, M)

Name	Pts	Body weight

## absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Powerlifting Classic RAW, M)

Name	Pts	Body weight

## absolute winners ( Teenagers Teenagers Teenagers, AWPC Powerlifting Classic RAW, M)

Name	Pts	Body weight

1 February - 6 February 2025 y.

**FINAL PROTOCOL  
World Cup WPC/AWPC**

c.Cairo

**AWPC Powerlifting Multy-Ply Equipment**

**Man****Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
1	1	Daljeet Singh	India	01.10.1979/45	81,00	219		260	275	275	-	260	142,5	145	150	-	145	250	260	270	-	260		665	12	457,672451		Self

**Masters**

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Powerlifting Multy-Ply Equipment, M)**

Name	Pts	Body weight

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**AWPC Deadlift RAW**
**Woman**
**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Baydaa Majeed	Iraq	25.06.19 94/30	72,60	607		100	110	125	-	110		110	12	94,017		Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Yerzhanova Aigul	Kazakhstan	03.01.19 71/54	78,70	484		85	95	100	-	100		100	12	97,5420		Yerzhanov Aibar
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**absolute winners ( Open Submasters, AWPC Deadlift RAW, W)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Deadlift**

Name	Pts	Body weight
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**Man**
**Weight 60**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Ahmed Mohamed	Egypt	22.10.20 08/16	57,50	60		140	140	160	-	160		160	12	138,992	2	Self
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**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Youssef Mohamed	Egypt	25.05.20 07/17	66,40	413		150	167,5	177,5	-	177,5		177,5	12	134,722	3	Self
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**Juniors**

1	1	Hamza Mohamed	Egypt	27.03.20 04/20	67,40	582		210	220	227,5	-	227,5		227,5	12	170,477		Self
2	2	Hatem Barakat	Egypt	10.01.20 01/24	67,10	71		180	195	222,5	-	195		195	9	146,679		Self

**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Youssef Khaled	Egypt	04.05.20 07/17	75,00	430		170	180	185	-	180		180	12	123,939	5	Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Omar Mohamed	Egypt	02.06.20 07/17	82,00	65		220	230	240	247,5	240		240	12	155,316	1	Self
2	2	Ahmed Al-Sayed	Egypt	07.05.20 07/17	76,50	151		150	150	150	-	150		150	9	101,79	6	Self

**Masters**

1	1	Jason Reilly	United Kingdom	08.01.19 71/54	78,80	163		135	155	160	-	155		155	12	124,027		Self
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**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	El-samman Youssef	Australia	10.12.20 07/17	86,30	788		200	230	255	-	200		200	12	125,37	4	Muhammed Bacha
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Basha Muhammed	Egypt	27.03.19 95/29	104,60	589		110	160	190	-	190		190	12	108,566		Self
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**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## awpc dl raw

**Teenagers**

1	1	Ibrahim Eslam	Egypt	30.07.20 11/13	113,50	626		130	140	150	-	<b>140</b>	<b>140</b>	12	78,113	7	Self
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**Masters**

1	1	Zhakayev Yerzhan	Kazakhstan	25.08.19 84/40	123,00	8		200	-	-	-	<b>200</b>	<b>200</b>	12	109,55		Self
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**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Erzhanov Aybar	Kazakhstan	29.07.19 82/42	129,90	305		200	-	-	-	<b>200</b>	<b>200</b>	12	110,247		Self
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**absolute winners ( Teenagers Teenagers Teenagers, AWPC Deadlift RAW, M)**

	Name	Pts	Body weight
1	Omar Mohamed	155,316	82
2	Ahmed Mohamed	138,992	57,5
3	Youssif Mohamed	134,7225	66,4
4	El-samman Youssef	125,37	86,3
5	Youssef Khaled	123,939	75
6	Ahmed Al-Sayed	101,79	76,5
7	Ibrahim Eslam	78,113	113,5

**absolute winners ( Juniors, AWPC Deadlift RAW, M)**

	Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Deadlift**

	Name	Pts	Body weight
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**absolute winners ( Open Submasters, AWPC Deadlift RAW, M)**

	Name	Pts	Body weight
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**FINAL PROTOCOL**  
**World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Powerlifting Classic RAW****Woman****Weight 52**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Rawda Ragab	Egypt	18.08.2008/16	51,60	359		90		90	-	90	40	45	53	-	45	90	102,5	102,5	105	102,5		237,5	12	264,67		Self
<b>Open</b>																												
1	1	Habiba Said	Egypt	06.08.2007/17	51,20	254		140	151	157,5	-	150	65	71	75	-	70	130	140	145	-	140		360	12	403,632		Self
2		Maryam Adel	Egypt	02.08.1999/25	48,90	50		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						Self

**Weight 60**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Sondos El Nahas	Egypt	13.01.2008/17	57,20	155		130	140	145	-	140	60	65	70	-	65	130	140	140	-	130		335	12	343,8105		Self
<b>Open</b>																												
1	1	Alaa Tarek	Egypt	26.10.2005/19	59,90	395		170	190	195	-	190	100	105,5	105,5	-	100	175	200	200	-	175		465	12	459,8385		Self

**Weight 67,5**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Open</b>																												
1	1	Dalia Mabrook	Egypt	02.10.1995/29	64,50	57		170	170	175	-	170	80	82,5	85	-	85	160	170	172,5	-	170		425	12	396,2275		Self

**Weight 75**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Rodaina Maged	Egypt	20.06.2009/15	72,40	370		115	115	130	-	115	50	55	60	-	60	110	130	135	-	135		310	12	265,453		Self
<b>Open</b>																												
1	1	Saria Baker Ahmed	Iraq	01.10.1988/36	73,00	523		160	170	180	-	170	100	110	110	-	100	165	170	185	-	170		440	12	374,66		Self

**Weight 82,5**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Juniors</b>																												
1	1	Marian Khairy	Egypt	14.12.2003/21	82,50	555		160	160	172,5	194	172,5	92,5	97,5	97,5	-	92,5	140	147,5	152,5	-	152,5		417,5	12	328,384625		Self

**Weight 100**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Juniors</b>																												
1		Mennatallah Abdullah	Egypt	25.08.2004/20	96,60	957		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						Self

**Weight 110**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Jassmen Eldeeb	Egypt	22.03.2006/18	108,80	283		150	150	162,5	-	150	62,5	67,5	70	70,5	70	150	160	165	170	165		385	12	267,1515		Self

**absolute winners ( Teenagers Teenagers Teenagers, WPC Powerlifting Classic RAW, W)**

Name	Pts	Body weight

**absolute winners ( Open Submasters, WPC Powerlifting Classic RAW, W)**

Name	Pts	Body weight

**absolute winners ( Juniors, WPC Powerlifting Classic RAW, W)**

Name	Pts	Body weight

**Man****Weight 52**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Mohamed Shalby	Egypt	27.05.2009/15	51,50	348		110	130	140	-	140	65	75	80,5	-	75	110	140	146	152,5	145		360	12	351,648	24	Self
2	2	Omar Ahmed	Egypt	28.11.2009/15	50,50	504		125	137,5	142,5	155,5	142,5	65	70	72,5	-	70	137,5	145,5	150	-	145		357,5	9	356,981625	21	Self
<b>Teenagers</b>																												
1	1	Mahmoud El Nahas	Egypt	01.09.2008/16	52,00	380		140	150	152,5	-	140	75	80	85	-	80	150	162,5	162,5	-	150		370	12	357,568	20	Self

**Weight 56**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Omar Alaa	Egypt	14.07.2007/17	55,40	969		175	185	200	-	185	100	110	120	-	110	200	210	210	225	210		505	12	455,83825	3	Self
2	2	Abd Al Rahman Marei	Egypt	03.12.2008/16	54,90	909		130	140	145	-	140	67,5	70	75	-	70	145	155	170	-	155		365	9	332,6245	26	Self
3	3	Mohamed Alsahagy	Egypt	03.05.2007/17	54,50	101		110	120	120	-	120	55	62,5	62,5	-	55	165	175	180	-	175		350	8	321,44	28	Self
<b>Teenagers</b>																												
1	1	Youssef Ahmed	Egypt	19.07.2005/19	56,00	136		140	155	160	170	160	70	80	82,5	-	80	170	180	182,5	-	182,5		422,5	12	377,102375	13	Self
2	2	Omar Massoud	Egypt	20.10.2005/19	55,60	718		140	140	150	160	150	70	75	82,5	-	75	165	175	180	-	175		400	9	359,7	19	Self
3	3	Asser Nassar	Egypt	22.03.2006/18	54,00	422		105	105	130	-	105	57,5	65	70	-	65	135	147,5	165	185	165		335	8	310,7125	30	Self

**Weight 60**

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Omar Shalaby	Egypt	17.01.2010/15	59,30	113		145	160	170	-	170	75	85	90	-	85	150	165	172,5	-	165		420	12	353,829	23	Self
<b>Teenagers</b>																												

1	1	Mohamed Khadr	Egypt	18.02.2007/17	58,90	838		145	160	170	-	160	70	80	85	-	85	160	180	187,5	-	187,5	432,5	12	366,781625	16	Self
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**Teenagers**

1	1	George Philip	Egypt	06.08.2006/18	59,50	960		165	181	185	-	185	110	115	125	-	115	220	230	240	-	240	540	12	453,411	4	Self
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**Juniors**

1		Moustafa Raafat	Switzerland	19.09.2001/23	60,00	954		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Amir Mohamed
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**Weight 67,5**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placed abs	Coach
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**Teenagers**

1	1	Saif Abdel Samee	Egypt	23.11.2009/15	65,00	115		145	155	162,5	-	155	72,5	77,5	85	-	77,5	170	185	-	-	185	417,5	12	322,85275	27	Self
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**Teenagers**

1	1	Nour Eldein Ahmed	Egypt	10.07.2007/17	66,70	863		160	170	180	-	180	105	112,5	117,5	-	117,5	200	200	215	220	215	512,5	12	387,50125	10	Self
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2	2	Ahmed Ramy	Egypt	23.10.2007/17	64,80	245		165	180	190,5	-	180	85	97,5	97,5	-	85	175	185	200	-	200	465	9	360,3843	18	Self
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3	3	Khaled Mohamed	Egypt	21.12.2007/17	63,00	103		140	150	160	-	150	105	112,5	120	-	112,5	160	185	200	210	200	462,5	8	367,849375	15	Self
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4	4	Ahmed Hamada	Egypt	01.08.2007/17	66,60	698		125	140	140	-	125	80	92,5	95	-	92,5	165	180	195	-	195	412,5	7	312,283125	29	Self
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**Teenagers**

1	1	Mustafa Mahmud	Egypt	23.12.2006/18	66,80	750		135	152,5	152,5	-	135	75	85	92,5	-	85	150	170	182,5	-	182,5	402,5	12	303,92775	31	Self
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**Juniors**

1	1	Fares Gamal	Egypt	23.04.2003/21	67,00	796		205	215	227,5	-	215	125	135	140	-	140	195	210	215	220	215	570	12	429,2955	3	Self
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2	2	Himaghna Barua	India	02.04.2001/23	66,90	579		185	195	205	-	205	110	117,5	122,5	-	117,5	200	217,5	230	-	217,5	540	9	407,241	4	Self
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**Open**

1	1	Ahmed Ali	Egypt	06.09.1998/26	67,40	252		235	255	255	-	255	142,5	152,5	160	-	160	260	270	277,5	-	277,5	692,5	12	518,924875	1	Self
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2		Youssef Abdallah	Egypt	20.02.2006/18	65,60	269		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Weight 75**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placed abs	Coach
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**Teenagers**

1		Mohamed Hossam El-Din	Egypt	07.10.2010/14	68,20	637		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Teenagers**

1	1	Mohamed Kishk	Egypt	25.07.2008/16	73,00	797		190	190	210	-	210	140	147,5	152,5	155	152,5	200	220	220	235	220	582,5	12	409,293625	7	Self
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**Teenagers**

1	1	Ahmed Elmorsey	Egypt	11.07.2005/19	74,40	265		255	265	285	-	255	135	145	152,5	-	152,5	260	280	280	-	260	667,5	12	462,343875	2	Self
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2	2	Kareem Mohamed Tamo	Egypt	18.12.2006/18	74,70	804		205	205	205	-	205	135	140	145	-	145	240	260	-	-	240	590	9	407,454	8	Self
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**Juniors**

1	1	Hussain Ali	Egypt	01.01.2002/23	72,70	203		235	250	250	-	250	130	145	150	-	145	260	285	285	-	285	680	12	479,298	1	Self
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**Masters**

1	1	Hosaam Atef	Egypt	27.10.1974/50	73,80	317		120	130	135	-	135	100	110	112,5	-	112,5	120	130	140	-	140	387,5	12	305,133194	11	Self
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**Masters**

1	1	Soliman Khalaf	Egypt	02.10.1957/67	75,00	23		90	-	-	-	90	70	-	-	-	70	90	-	-	-	90	250	12	265,608163	14	Self
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**Open**

1	1	Elsayed Metwaly	Egypt	01.10.1994/30	73,40	259		165	175	175	-	165	100	100	-	-	100	210	225	-	-	225	490	12	342,8775	10	Self
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**Weight 82,5**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placed abs	Coach
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**Teenagers**

1	1	Yahya Ashraf	Egypt	02.01.2006/19	75,50	932		222,5	230	235	-	235	140	152,5	155	-	152,5	230	245	247,5	-	245	632,5	12	433,357375	5	Self
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2	-	Mahmoud Nosair	Egypt	03.04.2005/19	80,90	578		237,5	237,5	250	260	250	132,5	132,5	132,5	-	-	-	-	-	-	-	-	-	-	-	Self
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**Juniors**

1	1	Abdalla Mohamed Fawzy	Egypt	25.04.2003/21	81,50	418		230	240	245	-	230	135	145	145	-	135	210	215	220	-	220	585	12	380,10375	7	Self
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**Masters**

1	1	Mohamed Madhat	Egypt	12.07.1965/59	77,50	316		100	100	120	-	120	50	70	80	-	80	100	100	125	-	125	325	12	287,36695	12	Self
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**Masters**

1	1	Prince Kennedy Nwamkpa	Nigeria	09.08.1964/60	79,90	828		160	180	200	-	200	100	120	120	-	100	180	200	218,5	-	200	500	12	441,0945	1	Self
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2	2	Hossam Abd El Monem	Egypt	02.11.1963/61	79,00	826		110	130	130	-	110	80	90	95	-	90	140	150	155	-	150	350	9	317,21935	10	Self
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**Open**

1	1	Prince Kennedy Nwamkpa	Nigeria	09.08.1964/60	81,30	30		150	180	180	-	180	90	100	110	-	110	160	180	200	-	200	490	12	318,892	11	Self
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2	2	Zeyad Hozaied	Egypt	28.09.1990/34	79,50	12		130	150	160	-	150	70	90	90	-	70	190	210	217,5	-	210	430	9	284,058	12	Self
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**Weight 90**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placed abs	Coach
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**Teenagers**

1	1	Mostafa Mohamed	Egypt	25.11.2008/16	85,80	68		230	240	250	-	240	130	145	155	-	145	230	245	252,5	-	252,5	637,5	12	400,9875	9	Self
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**Teenagers**

1		Hassan Mohamed	Egypt	01.02.2006/19	83,40	408		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Juniors**

1	1	Nour El Din Mohamed	Egypt	01.02.2005/20	83,50	226		225	250	260	-	260	145	160	170	-	170	245	280	300	-	300	730	12	466,9445	2	Self
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2	2	Yehia Salah	Egypt	25.02.2004/20	83,60	856		200	210	220	-	220	140	147,5	150	-	147,5	225	235	250	-	235	602,5	9	385,118	6	Self
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**Masters**

1	1	Waleed Mohamed	Egypt	12.10.1978/46	90,00	678		135	150	165	-	150	95	107,5	115	-	115	150	170	-	-	170	435	12	284,253273	13	Amir Mohamed
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**Open**

1	1	Mostafa Hadida	Egypt	13.03.1979/45	89,50	196		315	325	332,5	-	332,5	170	175	175	-	175	280	300	-	-	300	807,5	12	495,603125	4	Self
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2		Ahmed Said	Egypt	28.09.1999/25	83,40	415		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Weight 100**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placed abs	Coach
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1	1	Abdelraman Emadeldeen	Egypt	11.10.2007/17	98,10	470		242,5	250	252,5	255	252,5	85	92,5	100	-	92,5	220	240	245	-	240	585	12	342,89775	25	Self
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**Teenagers**

wpc pl cl raw

1	1	Amaar Tamer	Egypt	14.12.2006/18	98,20	206		250	260	260	-	250	125	135	140	-	140	250	265	270	-	265	655	12	383,73175	12	Self
2	2	Mohamed Ramadan	Egypt	02.09.2005/19	98,60	322		230	250	260	-	260	117,5	127,5	132,5	-	132,5	230	230	262,5	-	230	622,5	9	364,038	17	Self
<b>Masters</b>																											
1	1	Ashraf Mostafa	Egypt	28.01.1972/53	97,70	521		150	170	180	-	170	130	140	145	-	145	160	180	200	-	180	495	12	344,116872	8	Self
<b>Open</b>																											
1	1	Samy Mazher	Egypt	12.03.1996/28	99,80	255		300	340	-	-	300	170	175	177,5	-	175	300	310	312,5	-	310	785	12	456,713	6	Self
2	2	Qanaan Ahmed	Egypt	11.09.1986/38	100,00	513		300	320	330	-	320	160	175	180	-	180	270	285	292,5	-	285	785	9	456,3205	7	Self
3	-	Yassin Waref Wa Sabry	Canada	26.11.2002/22	92,40	567		60	60	-	-	40	-	-	-	-	60	-	-	-	-	-					Self
4		Giulio Leone	Italy	16.06.1997/27	95,20	257		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					Self

**Weight 110**

№	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Mostafa Khallaf	Egypt	06.08.2009/15	104,80	306		190	205	212,5	-	212,5	90	100	105	-	100	190	205	205	-	190	502,5	12	286,952625	32	Self	
<b>Teenagers</b>																												
1	1	Amir George	Egypt	01.01.2007/18	108,10	583		250	265	270	-	270	140	150	160	-	150	250	262,5	270	-	262,5	682,5	12	385,81725	11	Self	
2	2	Ziad Ahmed Mizzar	Egypt	09.12.2005/19	109,60	875		240	252,5	265	-	252,5	140	150	150	-	140	250	262,5	-	-	262,5	655	9	368,8305	14	Self	
3	3	Amar Mohamed Rashed	Egypt	15.08.2005/19	110,00	767		210	230	245	-	245	115	120	125	-	120	250	265	275	-	265	630	8	354,375	22	Self	
<b>Masters</b>																												
1	1	Mahmoud Zaky	Egypt	20.07.1976/48	103,70	189		230	240	245	-	240	140	145	150	-	145	240	250	260	-	250	635	12	399,253424	4	Self	
<b>Masters</b>																												
1	1	Ayman Mazhar	Egypt	22.11.1959/65	107,20	531		130	145	160	-	145	110	120	125	-	120	185	200	200	-	200	465	12	390,03735	6	Self	
<b>Open</b>																												
1	1	Mohamed Allam	Egypt	10.12.2000/24	103,00	551		290	307,5	317,5	-	307,5	165	175	185	-	175	310	335	345	-	335	817,5	12	469,7355	5	Self	
2	2	Ahmed Ammar Abdelkariem	Egypt	14.10.2000/24	109,00	482		260	275	275	-	260	155	155	155	-	155	260	270	280	-	270	685	9	386,30575	9	Amir Mohamed	

**Weight 125**

№	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Baha El Din Hassan	Egypt	13.10.2005/19	123,70	329		270	300	320	-	300	170	180	200	-	180	270	300	305	-	305	785	12	429,35575	6	Self	
<b>Juniors</b>																												
1	1	Ahmed Aziz	Egypt	23.10.2003/21	121,20	354		270	270	300	-	270	155	160	170	-	155	290	302,5	-	-	302,5	727,5	12	399,90675	5	Self	
<b>Masters</b>																												
1	1	Islam Abu Saree	Egypt	07.10.1982/42	124,00	754		300	310	310	-	310	160	170	-	-	170	270	275	-	-	275	755	12	420,93666	3	Self	
2	2	Gasser Emad Eldeen	Egypt	03.10.1981/43	125,00	267		250	275	300	-	275	170	170	170	-	170	250	250	260	-	250	695	9	390,803643	5	Self	
3		Mahmoud Hassan	Egypt	10.09.1983/41	120,00	170		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					Self	
<b>Masters</b>																												
1	1	Ayman Abd El Fattah	Egypt	07.05.1977/47	122,10	962		200	250	280	-	280	120	160	170	-	170	250	260	-	-	260	710	12	421,560725	2	Self	
<b>Masters</b>																												
1	1	Mohamed Adham Yahya	Egypt	05.08.1972/52	122,00	131		200	240	-	-	200	125	130	132,5	-	130	200	210	220	-	220	550	12	351,675638	7	Self	
<b>Open</b>																												
1	1	Amir Mohamed	Egypt	05.05.1999/25	120,00	420		350	380	385	-	350	200	212,5	220	-	220	300	340	340	-	340	910	12	501,3645	3	Self	
2	2	Mustafa Hossen	Egypt	24.06.1991/33	120,00	539		275	290	290	-	290	160	170	175	-	175	250	270	280	-	280	745	9	410,45775	8	Self	

**Weight 140**

№	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Masters</b>																												
1		Adham Badr Masood Marzoq	Yemen	11.11.1980/44	127,60	399		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					Self	
<b>Masters</b>																												
1	1	Ayad Tareq	Iraq	30.04.1972/52	127,70	111		150	170	170	-	150	140	160	165	-	165	160	180	200	-	200	515	12	325,576434	9	Self	
<b>Open</b>																												
1		Adham Badr Masood Marzoq	Yemen	11.11.1980/44	127,60	341		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					Self	

**Weight 140+**

№	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Ahmed Shetewi	Egypt	14.05.2005/19	152,00	335		335	370	386	-	385	190	205	212,5	-	212,5	280	305	-	-	305	902,5	12	470,811688	1	Self	
<b>Open</b>																												
1	1	Hamed Khallaf	Egypt	27.11.1988/36	149,00	419		380	410	430	-	410	190	200	207,5	-	207,5	340	362,5	372,5	-	362,5	980	12	513,4465	2	Self	

**absolute winners ( Teenagers Teenagers Teenagers, WPC Powerlifting Classic RAW, M)**

	Name	Pts	Body weight
1	Ahmed Shetewi	470,811688	152
2	Ahmed Eimorsey	462,343875	74,4
3	Omar Alaa	455,83825	55,4
4	George Philip	453,411	59,5
5	Yahya Ashraf	433,357375	75,5
6	Baha El Din Hassan	429,35575	123,7
7	Mohamed Kishk	409,293625	73
8	Kareem Mohamed Tamo	407,454	74,7
9	Mostafa Mohamed	400,9875	85,8
10	Nour Eldein Ahmed	387,50125	66,7
11	Amir George	385,81725	108,1
12	Amaar Tamer	383,73175	98,2
13	Youssef Ahmed	377,102375	56
14	Ziad Ahmed Mizzar	368,8305	109,6
15	Khaled Mohamed	367,849375	63
16	Mohamed Khadr	366,781625	58,9
17	Mohamed Ramadan	364,038	98,6
18	Ahmed Ramy	360,3843	64,8
19	Omar Massoud	359,7	55,6
20	Mahmoud El Nahas	357,568	52
21	Omar Ahmed	356,981625	50,5
22	Amar Mohamed Rashed	354,375	110
23	Omar Shalaby	353,829	59,3
24	Mohamed Shalby	351,648	51,5
25	Abdelraman Emadeldeen	342,89775	98,1
26	Abd Al Rahman Marei	332,6245	54,9



wpc pl cl raw

27	Saif Abdel Samee	322,85275	65
28	Mohamed Alsoghgy	321,44	54,5
29	Ahmed Hamada	312,283125	66,6
30	Asser Nassar	310,7125	54
31	Mustafa Mahmud	303,92775	66,8
32	Mostafa Khallaf	286,952625	104,8

**absolute winners ( Juniors, WPC Powerlifting Classic RAW, M)**

	Name	Pts	Body weight
1	Hussain Ali	479,298	72,7
2	Nour El Din Mohamed	466,9445	83,5
3	Fares Gamal	429,2955	67
4	Himaghna Barua	407,241	66,9
5	Ahmed Aziz	399,90675	121,2
6	Yehia Salah	385,118	83,6
7	Abdalla Mohamed Fawzy	380,10375	81,5

**absolute winners ( Open Submasters, WPC Powerlifting Classic RAW, M)**

	Name	Pts	Body weight
1	Ahmed Ali	518,924875	67,4
2	Hamed Khallaf	513,4465	149
3	Amir Mohamed	501,3645	120
4	Mostafa Hadida	495,603125	89,5
5	Mohamed Allam	469,7355	103
6	Samy Mazher	456,713	99,8
7	Qanaan Ahmed	456,3205	100
8	Mustafa Hossen	410,45775	120
9	Ahmed Ammar Abdelkariem	386,30575	109
10	Elsayed Metwaly	342,8775	73,4
11	Prince Kennedy Nwamkpa	318,892	81,3
12	Zeyad Hozaied	284,058	79,5

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Powerlifting Classic RAW, M)**

	Name	Pts	Body weight
1	Prince Kennedy Nwamkpa	441,0945	79,9
2	Ayman Abd El Fattah	421,560725	122,1
3	Islam Abu Saree	420,93666	124
4	Mahmoud Zaky	399,253424	103,7
5	Gasser Emad Eldeen	390,803643	125
6	Ayman Mazhar	390,03735	107,2
7	Mohamed Adham Yahya	351,675638	122
8	Ashraf Mostafa	344,116872	97,7
9	Ayad Tareq	325,576434	127,7
10	Hossam Abd El Monem	317,21935	79
11	Hosaam Atef	305,133194	73,8
12	Mohamed Madhat	287,36695	77,5
13	Waleed Mohamed	284,253273	90
14	Soliman Khalaf	265,608163	75

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Bench Press RAW****Woman****Weight 48**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Farah Tariq	Egypt	23.05.20 08/16	47,80	977		50	55	57,5	60	57,5		57,5	12	68,0052		Self
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**Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Habiba Said	Egypt	06.08.20 07/17	51,50	224		62,5	70	72,5	75	72,5		72,5	12	80,9172		Self
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**Open**

1	1	Manat Allah Abdel Moneim	Egypt	29.09.19 92/32	50,50	485		55	55	62,5	-	55		55	12	62,337		Self
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**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Yasmin Mohamed	Egypt	24.04.20 09/15	66,90	22		67,5	67,5	75	-	67,5		67,5	12	61,1516		Self
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**Teenagers**

1	1	Manat Allah Ali	Egypt	11.07.20 07/17	63,10	446		50	52,5	55	-	52,5		52,5	12	49,8041		Self
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**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Saria Baker Ahmed	Iraq	01.10.19 88/36	74,20	667		100	105	110	-	105		105	12	88,4257		Self
2	2	Habiba Ahmed Khater	Egypt	01.10.20 00/24	72,30	91		65	70	72,5	-	70		70	9	60,0005		Self
3	3	Baydaa Majeed	Iraq	25.06.19 94/30	72,60	881		50	50	57,5	-	57,5		57,5	8	49,1452		Self

**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mira Talaat	Egypt	17.06.20 05/19	81,80	173		70	75	75	77,5	75		75	12	59,3025		Self
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**Masters**

1	1	Sinacheva Svetlana	Russia	15.12.19 66/58	82,30	379		120	125	127,5	-	125		125	12	127,115		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	-	Lydia Amjad Adly	Egypt	21.01.20 04/21	101,00	333		65	65	65	-							Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Bench Press RAW, W)**

Name	Pts	Body weight
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**absolute winners ( Open Sabmasters, WPC Bench Press RAW, W)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Bench Press**

Name	Pts	Body weight
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**absolute winners ( Juniors, WPC Bench Press RAW, W)**

Name	Pts	Body weight
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**Man****Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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## wpc bp raw

## Teenagers

1	1	Mahmoud Hani	Egypt	14.03.20 07/17	52,00	222		60	67,5	72,5	-	72,5		72,5	12	70,064	24	Self
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## Weight 56

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Anass Mohamed	Egypt	20.05.20 09/15	54,70	417		67,5	72,5	77,5	-	72,5		72,5	12	66,323	29	Self
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## Teenagers

1	1	Amr Nasser	Egypt	14.02.20 06/18	53,20	81		90	92,5	95	-	92,5		92,5	12	87,1812	9	Self
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2	2	Amr Khaled	Egypt	27.09.20 06/18	55,50	237		70	90	90	-	70		70	9	63,0665	30	Self
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## Open

1	1	Walid Gamal	Egypt	26.04.20 00/24	53,80	156		95	100	102,5	-	102,5		102,5	12	95,4428	16	Self
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## Weight 60

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Omar Shalaby	Egypt	17.01.20 10/15	58,00	313		75	80	87,5	-	80		80	12	68,896	27	Self
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2		Anas Mohamed Elsaid	Egypt	14.06.20 09/15	60,00	945		-	-	-	-							Self
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## Teenagers

1	1	Patrick Mina Samy	Egypt	25.12.20 08/16	59,40	981		65	75	85	-	85		85	12	71,4892	23	Self
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## Teenagers

1	1	Omar Kamal	Egypt	15.08.20 06/18	60,00	220		100	105	107,5	115,5	107,5		107,5	12	89,5313	7	Self
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2	-	Noor Mohamed	Egypt	07.08.20 06/18	59,30	244		90		90	-							Self
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3	-	Ahmed Abdel Hadi	Egypt	01.01.20 06/19	59,30	328		110		-	-							Self
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## Masters

1	1	Mohamed Monier Mahmud	Egypt	14.02.19 63/61	60,00	336		80	90	92,5	-	90		90	12	102,390	10	Self
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## Weight 67,5

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Hussein Mahmoud	Egypt	19.02.20 09/15	60,70	392		105	107,5	115	-	115		115	12	94,714	2	Self
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## Teenagers

1	1	Badr Khalid	Egypt	20.05.20 07/17	64,30	490		100	110	115	-	115		115	12	89,792	6	Self
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2	2	Mrwan Hafez	Egypt	11.08.20 08/16	67,00	36		105	110	112,5	-	110		110	9	82,8465	13	Self
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3	3	Mohamed Abdullah	Egypt	21.09.20 07/17	67,20	66		105	110	-	-	105		105	8	78,8812	18	Self
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## Teenagers

1	1	Ahmed Kamal	Egypt	15.08.20 06/18	66,40	776		115	122,5	130	-	130		130	12	98,67	1	Self
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2	2	George Philip	Egypt	06.08.20 06/18	62,10	602		105	112,5	112,5	-	112,5		112,5	9	90,6806	4	Self
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3	3	Mohamed Adel	Egypt	24.04.20 06/18	66,00	777		110	120	120	-	110		110	8	83,93	11	Self
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4	4	Abdullah Mohamed	Egypt	14.08.20 05/19	61,30	694		75	82,5	85	-	82,5		82,5	7	67,3117	28	Self
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## Juniors

1	1	Omar Yasser	Egypt	01.01.20 04/21	65,70	541		135	140	145	153,5	145		145	12	111,07	1	Self
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2	2	Fares Gamal	Egypt	23.04.20 03/21	67,40	176		127,5	137,5	142,5	-	137,5		137,5	9	103,035	4	Self
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3	3	Omar Soliman	Egypt	03.07.20 03/21	66,00	351		110	125	132,5	-	125		125	8	95,375	9	Self
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## Masters

1	1	Murad Basyouni	Egypt	06.06.19 84/40	67,50	438		107,5	115	117,5	-	117,5		117,5	12	87,937	26	Self
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## Open

1	1	Walid Riad	Egypt	04.08.19 85/39	67,30	517		130	130	140	-	140		140	12	105,049	11	Self
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## Weight 75

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Hazem Mohamed	Egypt	29.04.20 09/15	69,50	711		102,5	107,5	107,5	-	102,5		102,5	12	74,8711	20	Self
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2		Mohamed Hossam El-Din	Egypt	07.10.20 10/14	68,20	56		-	-	-	-							Self
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## wpc bp raw

**Teenagers**

1	1	Samir Khairy	Egypt	23.09.20 08/16	68,40	779		100	105	107,5	-	<b>105</b>	<b>105</b>	12	77,721	19	Self
2	2	Omar Ibrahim	Egypt	23.12.20 07/17	73,90	916		100	100	100	-	<b>100</b>	<b>100</b>	9	69,615	25	Self

**Teenagers**

1	1	Karim Tamer	Egypt	16.01.20 07/18	72,70	919		120	120	125	-	<b>125</b>	<b>125</b>	12	88,1062	8	Self
2	2	Abd Allah Ashraf	Egypt	01.01.20 06/19	74,30	47		115	120	125	-	<b>120</b>	<b>120</b>	9	83,202	12	Self
3	3	Omar Ahmed	Egypt	15.05.20 05/19	74,70	984		115	120	122,5	-	<b>115</b>	<b>115</b>	8	79,419	17	Self
4	4	Faris Elsayed	Egypt	04.11.20 06/18	74,00	688		100	110	110	-	<b>100</b>	<b>100</b>	7	69,545	26	Self

**Juniors**

1	1	Marwan Ashraf	Egypt	12.12.20 03/21	74,60	768		140	147,5	152,5	-	<b>152,5</b>	<b>152,5</b>	12	105,415	3	Self
2	2	Eyad Mahmoud	Egypt	08.09.20 01/23	74,20	500		120	122,5	122,5	-	<b>120</b>	<b>120</b>	9	83,28	13	Self

**Masters**

1	1	Tarek Aman	Egypt	05.04.19 78/46	72,70	853		130	140	145	-	<b>145</b>	<b>145</b>	12	109,153	6	Self
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**Open**

1	1	Mohamed Mostafa	Egypt	30.08.19 94/30	71,30	207		145	155	155	-	<b>145</b>	<b>145</b>	12	103,769	12	Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Eyad Mohamed	Egypt	23.10.20 08/16	81,70	46		115	122,5	127,5	-	<b>127,5</b>	<b>127,5</b>	12	82,7092	15	Self
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**Teenagers**

1	1	Abdelrahman Ahmed	Egypt	26.04.20 06/18	82,20	31		130	135	140	-	<b>140</b>	<b>140</b>	12	90,461	5	Self
2	2	Mohamed Gomaa	Egypt	17.06.20 06/18	82,30	357		100	112,5	115	-	<b>112,5</b>	<b>112,5</b>	9	72,63	22	Self
3		Mahmoud Nosair	Egypt	03.04.20 05/19	80,90	321		-	-	-	-						Self

**Masters**

1	1	Khaled Badr Mohamed	Egypt	20.05.19 80/44	79,80	440		110	115	120	-	<b>120</b>	<b>120</b>	12	82,4741	29	Self
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**Masters**

1	1	Mostafa Abohashema	Egypt	09.04.19 78/46	77,50	7		127,5	135	140	-	<b>135</b>	<b>135</b>	12	96,9466	16	Self
2	2	Mohamed Ahmed	Egypt	26.07.19 79/45	80,00	37		110	112,5	115	-	<b>112,5</b>	<b>112,5</b>	9	78,0726	31	Self

**Masters**

1	1	Sabry Ahmed	Egypt	13.06.19 68/56	78,90	527		120	122,5	122,5	-	<b>120</b>	<b>120</b>	12	99,2962	13	Self
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**Masters**

1	1	Mohamed Abdelhady	Egypt	18.07.19 63/61	81,70	52		130	140	147,5	-	<b>140</b>	<b>140</b>	12	124,057	2	Self
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**Open**

1	1	Ashraf Adel	Egypt	28.10.19 99/25	81,20	168		142,5	147,5	152,5	-	<b>147,5</b>	<b>147,5</b>	12	96,0667	15	Self
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**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Ahmed Fathy	Egypt	16.09.20 03/21	83,20	488		165	165	165	-	<b>165</b>	<b>165</b>	12	105,781	2	Self
2	2	Amro Saleh	Egypt	27.03.20 02/22	88,70	404		142,5	150	152,5	-	<b>150</b>	<b>150</b>	9	92,5275	10	Self
3	3	Mohamed Ashraf	Egypt	04.06.20 03/21	89,80	162		140	147,5	150	-	<b>150</b>	<b>150</b>	8	91,89	11	Self

**Masters**

1	1	Abdel Rahman Sabry	Egypt	07.11.19 84/40	88,50	118		140	150	155	-	<b>155</b>	<b>155</b>	12	95,7435	17	Self
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**Masters**

1	1	Ahmed El Saka	Egypt	24.11.19 73/51	86,40	592		100		100	-	<b>100</b>	<b>100</b>	12	71,8423	33	Self
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**Open**

1	1	Ahmed Hassan	Egypt	25.07.19 92/32	87,70	429		145	152,5	157,5	-	<b>157,5</b>	<b>157,5</b>	12	97,7917	13	Self
2	2	Ahmed Awad	Egypt	02.03.19 89/35	88,50	956		145	155	157,5	-	<b>157,5</b>	<b>157,5</b>	9	97,2877	14	Self
3	3	Hossam Emara	Egypt	10.01.19 89/36	88,30	96		135	140	147,5	-	<b>140</b>	<b>140</b>	8	86,583	19	Self

**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

## wpc bp raw

1	1	Abu Bakr Yasser	Egypt	12.03.20 09/15	100,00	169		135	142,5	150	-	<b>142,5</b>	<b>142,5</b>	12	82,8352	14	Self
<b>Teenagers</b>																	
1	1	Saif Amr Labib	Egypt	10.07.20 07/17	94,80	702		120	122,5	125	-	<b>122,5</b>	<b>122,5</b>	12	72,9487	21	Self
<b>Teenagers</b>																	
1	1	Ahmed Emad Eldin	Egypt	14.05.20 05/19	95,20	594		125	130	137,5	-	<b>137,5</b>	<b>137,5</b>	12	81,7162	16	Self
2		Mohand Emad Eldeen	Egypt	16.07.20 05/19	98,50	184		-	-	-	-						Self
<b>Juniors</b>																	
1	1	Ahmed Ali	Egypt	15.09.20 02/22	98,90	35		160	165	170	-	<b>170</b>	<b>170</b>	12	99,2885	7	Self
2	2	Ahmed Mustafa	Egypt	04.03.20 04/20	99,70	97		150	162,5	162,5	-	<b>150</b>	<b>150</b>	9	87,3075	12	Self
<b>Masters</b>																	
1	1	Tamer Gouda	Egypt	01.10.19 80/44	96,90	548		165	175	180	-	<b>180</b>	<b>180</b>	12	110,653	5	Self
2	2	Saleh Bahnasy	Egypt	28.03.19 83/41	99,00	832		150	150	165	-	<b>165</b>	<b>165</b>	9	97,2902	15	Self
3	3	Mohamed Saeed	Egypt	09.10.19 80/44	98,80	13		160	165	165	-	<b>160</b>	<b>160</b>	8	97,5079	14	Self
<b>Masters</b>																	
1	1	Ashraf Sadi Salaimeh	Palestine	11.06.19 77/47	100,00	444		80	100	120	-	<b>100</b>	<b>100</b>	12	62,8966	34	Self
<b>Masters</b>																	
1	1	Nasser Ahmed Abo Gabal	Egypt	23.12.19 66/58	95,20	236		110	110	115	-	<b>115</b>	<b>115</b>	12	88,2327	25	Self
<b>Masters</b>																	
1	1	Islam Ahmed	Egypt	26.12.19 64/60	98,80	304		110	125	130	-	<b>130</b>	<b>130</b>	12	101,785	11	Self
<b>Masters</b>																	
1	1	Li Vladimir	Russia	16.10.19 51/73	97,20	824		130	135	140	-	<b>135</b>	<b>135</b>	12	139,521	1	Self
<b>Open</b>																	
1	1	Mahmoud Maher	Egypt	07.05.19 88/36	98,80	102		190	205	207,5	-	<b>207,5</b>	<b>207,5</b>	12	121,242	1	Self
2	2	Mohamed Metwally	Egypt	14.04.19 87/37	98,80	323		187,5	197,5	202,5	-	<b>197,5</b>	<b>197,5</b>	9	115,399	4	Self
3	3	Giulio Leone	Italy	16.06.19 97/27	95,20	509		182,5	192,5	197,5	-	<b>182,5</b>	<b>182,5</b>	8	108,459	10	Self
4	4	Amr Basyouni	Egypt	18.09.19 96/28	96,50	449		150	152,5	160	-	<b>160</b>	<b>160</b>	7	94,48	17	Self
5	-	Mina Tallat Gamil	Egypt	09.02.19 99/25	99,40	231		150	-	-	-						Self

**Weight 110**

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																		
1	1	Ibrahim Mohsen	Egypt	27.07.20 07/17	105,50	167		150	165	165	-	<b>150</b>	<b>150</b>	12	85,4625	10	Self	
<b>Teenagers</b>																		
1		Ziad Magdy Ismat	Egypt	29.04.20 06/18	101,90	576		-	-	-	-							Self
<b>Juniors</b>																		
1	1	Yahya Mohamed	Egypt	14.04.20 04/20	107,40	59		167,5	175	180	-	<b>180</b>	<b>180</b>	12	101,961	5	Self	
<b>Masters</b>																		
1	1	Mohamed Ahmed	Egypt	04.10.19 80/44	108,90	475		145	150	155	-	<b>150</b>	<b>150</b>	12	88,2456	24	Self	
2	2	Ahmed Khairy	Egypt	18.10.19 83/41	106,50	621		140	150	150	-	<b>140</b>	<b>140</b>	9	80,3081	30	Self	
3	3	Omar Hussein	Iraq	05.07.19 80/44	107,10	378		90	90	-	-	<b>90</b>	<b>90</b>	8	53,2195	35	Self	
<b>Masters</b>																		
1	1	Ahmed Arap	Egypt	08.11.19 77/47	105,00	134		125	135	140	-	<b>140</b>	<b>140</b>	12	86,4420	27	Self	
<b>Masters</b>																		
1	1	Amro Ali Elsawah	Egypt	22.02.19 71/53	101,70	435		155	155	165	-	<b>165</b>	<b>165</b>	12	112,800	4	Self	
2	2	Ehab Farouk	Egypt	14.09.19 70/54	108,00	792		140	152,5	157,5	-	<b>157,5</b>	<b>157,5</b>	9	107,235	8	Self	
3	3	Mohamed Ragheb Mohamed	Egypt	02.09.19 70/54	102,50	233		130	145	152,5	-	<b>145</b>	<b>145</b>	8	100,496	12	Self	
<b>Masters</b>																		
1	1	Ayman Mazhar	Egypt	22.11.19 59/65	107,70	193		110	120	125	-	<b>125</b>	<b>125</b>	12	104,700	9	Self	
<b>Open</b>																		
1	1	Waleed Rifaat	Egypt	18.01.19 86/39	106,00	186		210	210	210	-	<b>210</b>	<b>210</b>	12	119,458	2	Self	
2	2	Mohamed Gamal	Egypt	03.11.19 93/31	105,60	53		150	160	165	-	<b>165</b>	<b>165</b>	9	93,9757	18	Self	

**Weight 125**

## wpc bp raw

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																		
1	1	Saif Alaa Ibrahim	Egypt	24.09.20 09/15	122,80	72		50	57,5	60	-	57,5		57,5	12	31,51	31	Self
<b>Juniors</b>																		
1	1	Youssef Shdeed	Egypt	08.02.20 01/23	119,40	512		172,5	180	187,5	-	180		180	12	99,279	8	Self
<b>Masters</b>																		
1	1	Yesilpinar Can	Turkey	20.02.19 83/41	111,40	250		190	200	205	-	200		200	12	113,241	3	Self
2	2	Islam Abu Saree	Egypt	07.10.19 82/42	124,60	944		150	160	170	-	170		170	9	94,6590	18	Self
<b>Masters</b>																		
1	1	Abdel Moneim Ibrahim	Egypt	15.11.19 78/46	113,20	507		140	150	160	-	150		150	12	89,4396	22	Self
<b>Masters</b>																		
1	1	Tamer Al Saeed	Egypt	01.08.19 73/51	120,20	670		140	145	155	-	145		145	12	91,5979	19	Self
2	2	Mohamed Soliman	Egypt	22.09.19 72/52	111,40	139		115	120	130	-	130		130	9	84,9028	28	Self
<b>Masters</b>																		
1	1	Ammar Saelha	Iraq	03.05.19 65/59	117,70	814		85	92,5	100	-	100		100	12	72,7589	32	Self
<b>Open</b>																		
1	1	Amir Mohamed	Egypt	05.05.19 99/25	120,80	393		207,5	212,5	222,5	-	212,5		212,5	12	116,896	3	Self
2	2	Yesilpinar Can	Turkey	20.02.19 83/41	111,40	736		190	200	205	-	200		200	9	112,12	6	Self
3	3	Tomas Lewis	Egypt	03.11.20 01/23	115,60	714		190	200	205	-	200		200	8	111,12	7	Self
4	4	Shaab Mohamed Khalil	Egypt	08.12.19 98/26	111,60	109		190	195	202,5	-	195		195	7	109,268	9	Self
5	5	Zhakayev Yerzhan	Kazakhstan	25.08.19 84/40	124,60	685		147,5	155	155	-	147,5		147,5	6	80,5202	20	Self
6	6	Kalle Ylitalo-James	United Kingdom	13.06.19 83/41	124,60	533		125	-	-	-	125		125	5	68,2375	21	Self
7	-	Tarek Mohamed	Egypt	22.06.19 91/33	124,20	643		160	160	160	-	-		-				Self

**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																		
1	1	Abd EL Rahman Abbas	Egypt	07.09.20 05/19	132,70	51		170	185	185	-	170		170	12	91,409	3	Self
<b>Juniors</b>																		
1	1	Abdel Moneim Ahmed	Egypt	25.11.20 04/20	128,70	384		165	175	187,5	-	187,5		187,5	12	101,55	6	Self
<b>Masters</b>																		
1	1	Gasser Emad Eldeen	Egypt	03.10.19 81/43	129,50	20		160	170	-	-	160		160	12	89,2136	23	Self
2		Adham Badr Masood Marzoq	Yemen	11.11.19 80/44	127,60	662		-	-	-	-	-		-				Self
<b>Masters</b>																		
1	1	Ayad Tareq	Iraq	30.04.19 72/52	128,60	520		140	150	170	-	170		170	12	107,285	7	Self
<b>Masters</b>																		
1	1	Essam Shabel	Egypt	25.02.19 69/55	136,70	530		120	130	140	-	140		140	12	91,5870	20	Self
<b>Open</b>																		
1	1	Erzhanov Aybar	Kazakhstan	29.07.19 82/42	128,40	933		190	202,5	212,5	-	212,5		212,5	12	115,160	5	Self
2		Adham Badr Masood Marzoq	Yemen	11.11.19 80/44	127,60	209		-	-	-	-	-		-				Self

**Weight 140+**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																		
1		Ahmed Shetewi	Egypt	14.05.20 05/19	152,00	771		-	-	-	-	-		-				Self
<b>Masters</b>																		
1	1	Diaa ElDin Abdelkassem	Egypt	03.04.19 80/44	194,50	658		170	175	177,5	-	175		175	12	90,0021	21	Self
<b>Open</b>																		
1	1	Eslam Hassan	Egypt	06.07.19 89/35	156,50	697		205	212,5	220	-	212,5		212,5	12	110,149	8	Self

**absolute winners ( Teenagers Teenagers Teenagers, WPC Bench Press RAW, M)**

	Name	Pts	Body weight
1	Ahmed Kamal	98,67	66,4
2	Hussein Mahmoud	94,714	60,7
3	Abd EL Rahman Abbas	91,409	132,7
4	George Philip	90,680625	62,1

## wpc bp raw

5	Abdelrahman Ahmed	90,461	82,2
6	Badr Khalid	89,792	64,3
7	Omar Kamal	89,531375	60
8	Karim Tamer	88,10625	72,7
9	Amr Nasser	87,18125	53,2
10	Ibrahim Mohsen	85,4625	105,5
11	Mohamed Adel	83,93	66
12	Abd Allah Ashraf	83,202	74,3
13	Mrwan Hafez	82,8465	67
14	Abu Bakr Yasser	82,83525	100
15	Eyad Mohamed	82,70925	81,7
16	Ahmed Emad Eldin	81,71625	95,2
17	Omar Ahmed	79,419	74,7
18	Mohamed Abdullah	78,88125	67,2
19	Samir Khairy	77,721	68,4
20	Hazem Mohamed	74,871125	69,5
21	Saif Amr Labib	72,94875	94,8
22	Mohamed Gomaa	72,63	82,3
23	Patrick Mina Samy	71,48925	59,4
24	Mahmoud Hani	70,064	52
25	Omar Ibrahim	69,615	73,9
26	Faris Elsayed	69,545	74
27	Omar Shalaby	68,896	58
28	Abdullah Mohamed	67,31175	61,3
29	Anass Mohamed	66,323	54,7
30	Amr Khaled	63,0665	55,5
31	Saif Alaa Ibrahim	31,51	122,8

## absolute winners ( Open Submasters, WPC Bench Press RAW, M)

	Name	Pts	Body weight
1	Mahmoud Maher	121,24225	98,8
2	Waleed Rafaat	119,4585	106
3	Amir Mohamed	116,89625	120,8
4	Mohamed Metwally	115,39925	98,8
5	Erzhanov Aybar	115,160125	128,4
6	Yesilpinar Can	112,12	111,4
7	Tomas Lewis	111,12	115,6
8	Eslam Hassan	110,149375	156,5
9	Shaab Mohamed Khalil	109,26825	111,6
10	Giulio Leone	108,45975	95,2
11	Walid Riad	105,049	67,3
12	Mohamed Mostafa	103,76925	71,3
13	Ahmed Hassan	97,79175	87,7
14	Ahmed Awad	97,28775	88,5
15	Ashraf Adel	96,06675	81,2
16	Walid Gamal	95,442875	53,8
17	Amr Basyouni	94,48	96,5
18	Mohamed Gamal	93,97575	105,6
19	Hossam Emara	86,583	88,3
20	Zhakayev Yerzhan	80,52025	124,6
21	Kalle Ylitalo-James	68,2375	124,6

## absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Bench Press

	Name	Pts	Body weight
1	Li Vladimir	139,521663	97,2
2	Mohamed Abdelhady	124,057388	81,7
3	Yesilpinar Can	113,2412	111,4
4	Amro Ali Elsayah	112,800864	101,7
5	Tamer Gouda	110,653956	96,9
6	Tarek Aman	109,153071	72,7
7	Ayad Tareq	107,285666	128,6
8	Ehab Farouk	107,235765	108
9	Ayman Mazhar	104,70075	107,7
10	Mohamed Monier Mahmuod	102,390579	60
11	Islam Ahmed	101,78506	98,8
12	Mohamed Ragheb Mohamed	100,496977	102,5
13	Sabry Ahmed	99,296232	78,9
14	Mohamed Saeed	97,507984	98,8
15	Saleh Bahnasy	97,29027	99
16	Mostafa Abohashema	96,946632	77,5
17	Abdel Rahman Sabry	95,7435	88,5
18	Islam Abu Saree	94,65906	124,6
19	Tamer Al Saeed	91,597986	120,2
20	Essam Shabel	91,587003	136,7
21	Diaa ElDin Abdelkasssem	90,002165	194,5
22	Abdel Moneim Ibrahim	89,43966	113,2
23	Gasser Emad Eldeen	89,213667	129,5
24	Mohamed Ahmed	88,245623	108,9
25	Nasser Ahmed Abo Gabal	88,23275	95,2
26	Murad Basyouni	87,937	67,5
27	Ahmed Arap	86,442062	105
28	Mohamed Soliman	84,90287	111,4

## wpc bp raw

29	Khaled Badr Mohamed	82,474182	79,8
30	Ahmed Khairy	80,30813	106,5
31	Mohamed Ahmed	78,072638	80
32	Ammar Saelha	72,75895	117,7
33	Ahmed El Saka	71,842345	86,4
34	Ashraf Sadi Salaimeh	62,89666	100
35	Omar Hussein	53,219597	107,1

**absolute winners ( Juniors, WPC Bench Press RAW, M)**

	Name	Pts	Body weight
1	Omar Yasser	111,07	65,7
2	Ahmed Fathy	105,7815	83,2
3	Marwan Ashraf	105,415625	74,6
4	Fares Gamal	103,035625	67,4
5	Yahya Mohamed	101,961	107,4
6	Abdel Moneim Ahmed	101,55	128,7
7	Ahmed Ali	99,2885	98,9
8	Youssef Shdeed	99,279	119,4
9	Omar Soliman	95,375	66
10	Amro Saleh	92,5275	88,7
11	Mohamed Ashraf	91,89	89,8
12	Ahmed Mustafa	87,3075	99,7
13	Eyad Mahmoud	83,28	74,2



1 February - 6 February 2025 y.

FINAL PROTOCOL  
World Cup WPC/AWPC

c.Cairo

## WPC Powerlifting RAW

## Woman

## Weight 48

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Haania Alaa	Egypt	08.06.2007/17	47,60	38		60	72,5	72,5	-	72,5	35	42,5	45	-	45	85	100	107,5	-	107,5		225	12	266,9625	6	Self
<b>Juniors</b>																												
1	1	Rawan Mohamed	Egypt	22.06.2004/20	47,30	995		70	80	85	-	80	45	50	52,5	-	52,5	125	127,5	130	-	127,5		260	12	309,972		Self

## Weight 52

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Nada Mostafa	Egypt	15.09.2007/17	50,00	79		80	85	90	-	85	40	50	50	-	50	110	120	127,5	-	127,5		262,5	12	299,85375	2	Self
2	-	Habiba Said	Egypt	06.08.2007/17	51,50	161		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						Self
<b>Teenagers</b>																												
1	1	Eman Elsaid	Egypt	24.09.2005/19	51,80	536		80	85	90	-	90	40	45	47,5	-	47,5	100	110	115	-	115		252,5	12	280,5275	5	Self
<b>Juniors</b>																												
1	1	Menatala Salah	Egypt	07.02.2002/22	49,70	920		90	95	100	-	100	55	60	60	-	60	130	137,5	140	-	137,5		297,5	12	341,44075		Self

## Weight 56

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Mariam Mohamed	Egypt	05.07.2009/15	54,50	616		65	65	80	-	80	40	50	55	-	55	85	100	115	-	115		250	12	266,725	7	Self
<b>Teenagers</b>																												
1	1	Fatma Elzahraa	Egypt	03.11.2007/17	53,20	506		90	100	105	-	105	55	60	65	-	60	110	120	125	-	125		290	12	315,433	1	Self
2	2	Marly George	Egypt	07.09.2007/17	56,00	620		72,5	77,5	82,5	-	77,5	32,5	37,5	40	-	40	105	110	115	-	110		227,5	9	237,48725	8	Self
<b>Teenagers</b>																												
1	1	Hebatala Haitham	Egypt	14.10.2005/19	52,50	133		80	85	90	-	85	50	55	57,5	-	57,5	100	110	115	-	115		257,5	12	283,044	4	Self
<b>Open</b>																												
1	1	Sara Mostafa	Egypt	29.04.1992/32	56,00	907		100	107,5	110	-	107,5	55	60	62,5	-	60	140	150	157,5	-	150		317,5	12	331,43825		Self

## Weight 60

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Mahenoor Ahmed	Egypt	01.09.2008/16	56,50	268		60	70	75	-	70	30	35	40	-	40	70	85	97,5	-	85		195	12	202,1175	10	Self
<b>Open</b>																												
1	1	Yasmeen Aboelyazeed	Egypt	27.01.1996/29	58,40	895		100	105	105	-	100	50	55	55	-	55	130	140	140	-	140		295	12	297,7435		Self

## Weight 67,5

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	1	Yasmeen Mohamed	Egypt	07.05.2008/16	67,50	873		80	90	95	-	90	35	40	42,5	-	40	120	125	127,5	-	127,5		257,5	12	231,737125	9	Self
<b>Teenagers</b>																												
1	1	Nada Okib	Egypt	30.09.2006/18	66,50	371		100	107,5	-	-	107,5	65	70,5	75	-	70	140	147,5	153	-	147,5		325	12	295,815	3	Self
<b>Open</b>																												
1	-	Aya Mohamed	Egypt	04.11.1998/26	65,50	522		105	112,5	112,5	-	105	52,5	52,5	52,5	-	-	-	-	-	-	-						Self

## Weight 75

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Teenagers</b>																												
1	-	Habiba Sameh	Egypt	25.05.2008/16	74,80	355		135	135	135	-	-	-	-	-	-	-	-	-	-	-	-						Self
<b>Masters</b>																												
1	1	Mona Abdelzاهر	Egypt	22.11.1979/45	74,40	798		60	60	65	-	60	35	40	40	-	35	85	90	110	-	110		205	12	181,811579		Self
<b>Open</b>																												
1	1	Sara Ameen	Egypt	29.04.1996/28	74,10	232		105	105	105	-	105	50	50	57,5	-	50	110	125	145	-	125		280	12	236,012		Self

## Weight 82,5

No	Place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
<b>Juniors</b>																												
1	1	Nada Abobakr	Egypt	14.09.2003/21	82,20	181		95	100	110	-	110	50	55	55	-	50	120	135	150	-	150		310	12	244,373		Self
<b>Open</b>																												
1	1	Donia Rehab	Egypt	21.07.1995/29	82,40	791		150	150	155	-	155	70	77,5	82,5	-	82,5	150	160	165	-	165		402,5	12	316,80775		Self
2	2	Doha Elsayed Hassen	Egypt	02.03.2000/24	81,60	332		110	110	115	-	115	60	70	70	-	60	110	120	130	-	120		295	9	233,6105		Self

## absolute winners ( Teenagers Teenagers Teenagers, WPC Powerlifting RAW, W)

	Name	Pts	Body weight
1	Fatma Elzahraa	315,433	53,2
2	Nada Mostafa	299,85375	50
3	Nada Okib	295,815	66,5
4	Hebatala Haitham	283,044	52,5
5	Eman Elsaid	280,5275	51,8
6	Haania Alaa	266,9625	47,6
7	Mariam Mohamed	266,725	54,5
8	Marly George	237,48725	56
9	Yasmeen Mohamed	231,737125	67,5
10	Mahenoor Ahmed	202,1175	56,5

## absolute winners ( Juniors, WPC Powerlifting RAW, W)

	Name	Pts	Body weight

## absolute winners ( Open Submasters, WPC Powerlifting RAW, W)

	Name	Pts	Body weight

## absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Powerlifting RAW, W)

	Name	Pts	Body weight



2 Abdallah Diaa Egypt 23.04.2003/21 72,10 942 - - - - - - - - - - - - Self

**Weight 82,5**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1 1 Ahmed Elhagrasay Egypt 19.01.2008/17 82,30 247 190 205 205 - 190 112,5 117,5 122,5 - 122,5 210 222,5 227,5 - 227,5 540 12 348,624 11 Self

2 2 Amr Sherif Egypt 03.02.2007/17 82,10 774 145 155 165 - 155 125 135 145 - 135 220 230 240 - 230 520 9 336,258 15 Self

**Teenagers**

1 - Ahmed Mohamed Egypt 30.08.2005/19 80,30 403 200 - - - - 105 - - - - 210 - - - - Self

**Juniors**

1 1 El-akshar Adam Ukraine 22.01.2003/22 79,70 462 210 225 230 - 225 155 160 160 - 155 240 260 260 - 260 640 12 422,08 1 Amir Mohamed

2 2 Mohamed Aly Egypt 01.01.2003/22 81,30 58 200 220 225 - 225 120 130 140 - 140 225 245 257,5 - 257,5 622,5 9 405,123 4 Self

3 Fares Mohamed Egypt 03.11.2004/20 81,00 715 - - - - - - - - - - - - - - - - Self

**Masters**

1 1 Al Asmar Ahmed Egypt 17.11.1978/46 81,40 285 170 180 185 - 185 130 140 150 - 150 210 225 235 - 235 570 12 395,84619 1 Self

**Open**

1 1 Abdelrahman Elfeky Egypt 14.07.1998/26 82,20 356 190 205 210 - 210 140 140 145 - 140 240 255 262,5 - 262,5 612,5 12 395,766875 7 Self

2 2 Amro Hendawy Egypt 24.09.2000/24 80,50 713 190 210 220 - 220 140 150 152,5 - 150 220 232,5 240 - 232,5 602,5 9 394,667625 8 Self

**Weight 90**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1 1 Kariem Alaa Hatab Egypt 14.05.2007/17 89,00 821 200 222,5 230 - 230 87,5 100 107,5 - 100 280 295 300 - 280 610 12 375,577 2 Self

**Juniors**

1 1 Mahmoud Samir Egypt 05.06.2003/21 85,90 414 210 210 230 - 230 170 180 190 - 180 245 262,5 262,5 - 245 655 12 411,733 2 Self

**Open**

1 1 Ahmed Arafa Egypt 20.11.1988/36 90,00 261 200 200 210 - 210 140 147,5 152,5 - 152,5 270 285 292,5 - 285 647,5 12 396,172875 6 Self

2 2 Hussien Ahmed Egypt 18.11.2000/24 84,40 471 180 200 200 - 200 125 132,5 137,5 - 137,5 230 240 250 - 250 587,5 9 373,2975 12 Self

3 3 Hossam Emara Egypt 10.01.1989/36 89,20 971 165 180 180 - 180 130 142,5 147,5 - 142,5 200 220 232,5 - 232,5 555 8 341,2695 14 Self

4 4 Abdallah Abdelmged Egypt 17.12.1990/34 89,90 525 150 165 - - 165 125 132,5 132,5 - 125 250 250 265 - 250 540 7 330,615 15 Self

5 5 Thirupathi Rao Egala India 01.02.1996/29 83,30 467 140 145 145 - 145 100 110 115 - 115 195 210 210 - 210 470 6 301,1055 16 Self

**Weight 100**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1 1 Ziad Ismail Egypt 08.08.2005/19 99,70 253 190 200 210 - 200 117,5 125 135 - 125 225 232,5 240 - 240 565 12 328,85825 17 Self

**Juniors**

1 1 Marawan Islam Egypt 20.12.2004/20 93,00 902 180 180 200 - 200 105 110 120 - 110 242,5 250 252,5 - 250 560 12 336,728 12 Self

**Masters**

1 1 Mohamed Saeed Egypt 09.10.1980/44 98,80 756 190 200 215 - 200 150 160 170 - 160 240 260 270 - 270 630 12 383,937687 3 Self

**Masters**

1 1 Sobhy Goda Egypt 05.02.1972/52 99,80 266 100 110 120 - 120 120 130 130 - 130 140 150 160 - 160 410 12 277,89677 8 Self

**Open**

1 1 Qanaan Ahmed Egypt 11.09.1986/38 100,00 833 200 200 260 - 260 160 175 180 - 180 270 285 292,5 - 285 725 12 421,4425 3 Self

2 2 Mohamed Elozzy Egypt 01.04.1995/29 99,70 3 230 240 - - 230 140 150 150 - 150 260 280 - - 280 660 9 384,153 9 Self

**Weight 110**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1 1 Ibrahim Mohsen Egypt 27.07.2007/17 105,00 48 190 190 217,5 - 217,5 150 160 167,5 - 160 250 266 266 272,5 265 642,5 12 366,642625 4 Self

**Teenagers**

1 1 Abd Elrahman Mohamed Egypt 01.10.2005/19 109,70 823 205 215 220 - 205 140 150 160 - 150 240 260 265 - 260 615 12 346,1835 12 Self

**Juniors**

1 1 Abdelrahman Hamdi Egypt 15.09.2003/21 109,20 645 230 250 260 - 230 150 150 160 - 160 220 270 280 - 270 660 12 372,009 7 Self

**Masters**

1 1 Said Fouad Egypt 07.05.1978/46 105,40 44 190 210 220 - 220 120 130 140 - 140 190 210 220 - 220 580 12 353,049828 6 Self

**Open**

1 1 Mohamed Khalif Egypt 15.12.2000/24 108,50 918 210 230 255 - 255 175 175 - - 175 270 285 300 - 300 730 12 412,231 4 Self

2 2 Mohamed Saad Egypt 03.04.1994/30 109,60 70 250 275 285 - 275 160 170 175 - 170 250 270 285 - 285 730 9 411,063 5 Self

**Weight 125**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Masters**

1 1 Ahmed Shokdaf Egypt 25.01.1981/44 114,70 154 140 155 165 - 165 120 135 145 - 135 180 200 210 - 210 510 12 296,045642 7 Self

**Masters**

1 1 Abdel Kaerim Mohamed Egypt 15.08.1979/45 123,80 867 220 230 230 - 220 150 160 170 - 170 220 240 250 - 250 640 12 369,23312 5 Self

**Masters**

1 1 Tamer Al Saeed Egypt 01.08.1973/51 120,00 529 190 200 210 - 210 140 150 152,5 - 150 230 240 245 - 245 605 12 382,323488 4 Self

2 Mohamed Adham Yahya Egypt 05.08.1972/52 122,00 979 - - - - - - - - - - - - - - - - Self

**Masters**

1 1 Mark Johnson United Kingdom 16.11.1960/64 115,30 930 70 110 142,5 - 142,5 120 130 135 - 135 180 205 227,5 - 205 482,5 12 388,886556 2 Self

**Open**

1 1 Ahmed Tawfek Egypt 19.12.1994/30 122,90 778 280 300 310 - 300 190 197,5 200 - 197,5 270 287,5 292,5 - 292,5 790 12 432,841 1 Self

**Weight 140**

No	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Masters****Open**

1 1 Hossam Eldin Ashraf Egypt 18.10.1989/35 137,00 227 280 300 307,5 - 307,5 175 180 182,5 - 182,5 300 315 322,5 - 315 805 12 429,68485 2 Self

**absolute winners ( Teenagers Teenagers Teenagers, WPC Powerlifting RAW, M)**

	Name	Pts	Body weight
1	Mohamed Mansour Gad	383,4075	66
2	Kariem Alaa Hatab	375,577	89
3	Nofear Atef	370,940625	55,6
4	Ibrahim Mohsen	366,642625	105
5	Shady Radwan	361,634	74
6	Ahmed Hamad	361,0375	58,8
7	Mohamed Ramadan	360,154875	55,2
8	Ahmed Elsaied	356,594875	73
9	Iyad Amr	352,49325	66,5
10	Ahmed Yasser	349,61675	59,3
11	Ahmed Elhagrasy	348,624	82,3
12	Abd Elrahman Mohamed	346,1835	109,7
13	Kareem Abdlazzez	344,2725	65,8
14	Ahmed Esawy	343,53	74,2
15	Amr Sherif	336,258	82,1
16	Patrick Mina Samy	331,8705	58,7
17	Ziad Ismail	328,85825	99,7
18	Marwan Fekry	328,21775	52,4
19	Mahmoud Farouk	321,43125	74,6
20	Mohamed Bebo	315,979	53,9
21	Ali Adel	313,24	65,9
22	Yassin Mohamed	295,66175	60
23	Mohamed Barakat	288,61175	74
24	Mohamed Khaled	281,5425	59,9
25	Youssef Elaraby	280,8505	51,9
26	Yusuf Mohamed	274,773625	51,7
27	Mohand Abdelgeleel	261,6875	51
28	Mohamed Sameer	247,482	54,6

**absolute winners ( Juniors, WPC Powerlifting RAW, M)**

	Name	Pts	Body weight
1	El-akshar Adam	422,08	79,7
2	Mahmoud Samir	411,733	85,9
3	Zeyad Mohamed	406,522375	67,4
4	Mohamed Aly	405,123	81,3
5	Mohamed Ahmed Mahmoud	395,60375	60
6	Abdirheem Rada	376,544	54,5
7	Abdelrahman Hamdi	372,009	109,2
8	Moustafa Raafat	370,61825	60
9	Abdallah Mustafa	363,239	63,5
10	Abdelaziz Elsayd	355,675	74,2
11	Abd Elhamed Soror	350,51225	71,8
12	Marawan Islam	336,728	93

**absolute winners ( Open Submasters, WPC Powerlifting RAW, M)**

	Name	Pts	Body weight
1	Ahmed Tawfek	432,841	122,9
2	Hossam Eldin Ashraf	429,68485	137
3	Qanaan Ahmed	421,4425	100
4	Mohamed Khalif	412,231	108,5
5	Mohamed Saad	411,063	109,6
6	Ahmed Arafa	396,172875	90
7	Abdelrahman Elfeky	395,766875	82,2
8	Amro Hendawy	394,667625	80,5
9	Mohamed Elozzy	384,153	99,7
10	Mohamed Elwan	375,25975	75
11	Rige Kaye	374,2	67,5
12	Hussien Ahmed	373,2975	84,4
13	Hamed Abdalmongy	358,1255	60
14	Hossam Emara	341,2695	89,2
15	Abdallah Abdelmged	330,615	89,9
16	Thirupathi Rao Egala	301,1055	83,3

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Powerlifting RAW, M)**

	Name	Pts	Body weight
1	Al Asmar Ahmed	395,84619	81,4
2	Mark Johnson	388,886556	115,3
3	Mohamed Saeed	383,937687	98,8
4	Tamer Al Saeed	382,323488	120
5	Abdel Kaerim Mohamed	369,23312	123,8
6	Said Fouad	353,049828	105,4
7	Ahmed Shokdaf	296,045642	114,7
8	Sobhy Goda	277,89677	99,8

awpc bp m-ply eq

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**AWPC Bench Press Multy-Ply Equipment**

**Man**

**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Hamada Fawzy	Egypt	30.08.19 89/35	97,70	159		140	152,5	155	-	<b>152,5</b>		<b>152,5</b>	12	89,5403		Self
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**absolute winners ( Open Submasters, AWPC Bench Press Multy-Ply Equipment, M)**

Name	Pts	Body weight
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wpc pl 1-ply eq

**Masters**

1	1	Shane Brodie	Ireland	18.10.1 973/51	96,80	129		320	342,5	-	-	320	147,5	152,5	157,5	-	157,5	240	240	255	260	255	732,5	12	495,410663		Graeme Quirke
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**Open**

1	1	Dharampal	India	15.01.2 003/22	94,30	397		292,5	310	320	-	320	195	210	215	-	215	245	255	265	-	265	800	12	477,68	3	Self
2	2	Kareem Mokhtar Said	Egypt	01.02.2 000/25	95,00	39		270	290	290	-	290	170	170	185	-	185	257,5	270	277,5	-	270	745	9	443,2005	7	Self
3	3	Shane Brodie	Ireland	18.10.1 973/51	96,80	43		320	342,5	-	-	320	147,5	152,5	157,5	-	157,5	240	240	255	260	255	732,5	8	431,918625	8	Graeme Quirke

**Weight 110**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1		Ziad Magdy Ismat	Egypt	29.04.2 006/18	101,90	499		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Weight 125**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Mohamed Ghareeb	Egypt	12.07.2 004/20	122,60	264		195	240	210	-	210	95	105	110	-	105	175	195	195	-	195	510	12	279,582		Self
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**Masters**

1	1	Tarek Ragab	Egypt	05.02.1 984/40	117,20	21		310	352,5	352,5	-	352,5	155	165	172,5	-	172,5	250	265	270	-	265	790	12	437,5415		Self
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**Open**

1	1	Ahmed Maher	Egypt	01.06.1 995/29	122,10	278		310	315	330	-	315	170	190	190	-	190	250	265	272,5	-	265	770	12	422,5375	9	Self
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**Weight 140**

#	Rank	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Youssef Ihab	Egypt	17.08.2 004/20	126,90	11		240	252,5	275	295	275	135	142,5	152,5	155	152,5	235	245	245	260	245	672,5	12	365,456675		Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Powerlifting 1-ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Powerlifting 1-ply Equipment, M)**

	Name	Pts	Body weight
1	Hazem Mohamed Hany	505,57125	81
2	Ibrahim Rizk	490,190625	67,2
3	Dharampal	477,68	94,3
4	Hany Mohamed	470,558	82,5
5	Mohamed Adel	460,9125	89,3
6	Graeme Quirke	455,55375	88,5
7	Kareem Mokhtar Said	443,2005	95
8	Shane Brodie	431,918625	96,8
9	Ahmed Maher	422,5375	122,1
10	Hussein Mohamed	394,667875	74
11	Deepinder	371,22	82,3

**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Powerlifting 1-ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Juniors, WPC Powerlifting 1-ply Equipment, M)**

Name	Pts	Body weight
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**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Deadlift Multy-Ply Equipment**
**Woman**
**Weight 56**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Aya Mostafa	Egypt	23.12.1999/25	56,00	80		110	110	112,5	-	110		110	12	114,829		Self
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**absolute winners ( Open Submasters, WPC Deadlift Multy-Ply Equipment, W)**

Name	Pts	Body weight
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**Man**
**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Youssef Badawi	Egypt	01.05.2004/20	66,50	300		220	230	237,5	-	237,5		237,5	12	180,036		Self
2	2	Hamza Mohamed	Egypt	27.03.2004/20	67,40	655		210	220	227,5	-	227,5		227,5	9	170,477		Self

**Open**

1	1	Youssef Badawi	Egypt	01.05.2004/20	66,50	672		220	230	237,5	-	237,5		237,5	12	180,036		Self
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**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Rami Abdelhamid	Egypt	20.09.1995/29	70,30	277		150	182,5	200	-	200		200	12	144,74		Self
2	2	Mahmoud Mussa	Egypt	27.10.1993/31	73,00	669		180	195	200	-	200		200	9	140,53		Self

**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mohamed Amr	Egypt	01.11.2006/18	86,00	876		140	165	175	-	165		165	12	103,636		Self
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**Juniors**

1	1	Mohamed Hussin	Egypt	11.09.2003/21	87,10	591		235	250	260	-	260		260	12	162,084		Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Saleh Bahnasy	Egypt	28.03.1983/41	100,00	753		220	232,5	235	-	235		235	12	137,971		Self
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**Masters**

1	1	Islam Abd Alah	Egypt	30.04.1979/45	96,90	312		230	245	255	-	255		255	12	158,563		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Mahmoud Mohamed Saleh	Egypt	04.07.1990/34	101,90	746		235	247,5	250	-	247,5		247,5	12	142,782		Self
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**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Saif Alaa Ibrahim	Egypt	24.09.2009/15	123,06	34		130	142,5	150	-	142,5		142,5	12	78,0472		Self
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**Masters**

1	1	Hossam Eldin Alafifi	Egypt	10.04.1975/49	112,90	315		220	240	-	-	240		240	12	149,226		Self
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**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mohamed Salah	Egypt	22.05.2007/17	133,70	94		230	245	255	-	255		255	12	136,871		Self
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**absolute winners ( Juniors, WPC Deadlift Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Deadlift Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Deadlift Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Deadlift Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**FINAL PROTOCOL**  
**World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Deadlift 1-ply Equipment**
**Woman**
**Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Rojada Mohamed	Egypt	17.08.20 08/16	51,70	368		80	100	405	-	100		100	12	111,26		Self
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**Open**

1	1	Renda Tracy	Italy	24.03.19 87/37	51,70	17		120	130	140	-	140		140	12	155,764		Self
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**Weight 56**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Jana Mahran	Egypt	01.01.20 09/16	55,40	33		90	100	110	112,5	110		110	12	115,83		Self
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**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Gambino Cinzia	Italy	03.05.19 78/46	65,20	107		135	150	160	168	160		160	12	157,961		Self
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**Masters**

1	1	Amany Ahmed Rabi	Egypt	01.12.19 61/63	67,40	124		170	185	190	-	190		190	12	243,193		Self
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**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Arwa Abdelghany	Egypt	06.09.20 09/15	68,30	455		105	115	120	-	115		115	12	102,545		Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Deadlift 1-ply Equipment, W)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Deadlift 1-ply Equipment, W)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Deadlift 1-ply Equipment, W)**

Name	Pts	Body weight
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**Man**
**Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Moez Al Moataz	Egypt	01.11.20 07/17	48,50	922		125	140,5	145	-	140		140	12	146,426	8	Self
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**Weight 56**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Mohamed Mahmoud	Egypt	01.11.19 97/27	55,90	217		165	170	172,5	-	172,5		172,5	12	154,249	10	Self
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**Weight 60**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Hazem Mohamed	Egypt	28.02.20 08/16	58,90	320		150	160	162,5	-	160		160	12	135,688	11	Self
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**Teenagers**

1		Abram Magdy	Egypt	12.01.20 06/19	58,50	537		-	-	-	-							Self
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**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Yehya Ali	Egypt	23.10.20 08/16	65,50	141		180	210	237,5	-	210		210	12	161,290	5	Self
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**Teenagers**

## wpc dl 1-ply eq

1	1	George Philip	Egypt	06.08.20 06/18	63,30	864		220	240	255	-	240	240	12	190,068	1	Self
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**Juniors**

1	1	Mustafa Hussein	Egypt	29.09.20 01/23	66,20	760		210	225	235	240	235	235	12	178,823		Self
2	2	Mohamed Ahmed Mahmoud	Egypt	16.04.20 03/21	66,50	544		220	230	230	-	220	220	9	166,771		Self

**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Ahmed Hamada	Egypt	20.12.20 07/17	69,20	474		165	185	185	-	165	165	12	120,961	15	Self
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**Teenagers**

1	1	Yahia Hafiz	Egypt	16.11.20 05/19	73,50	991		225	235	245	-	235	235	12	164,265	3	Self
2	2	Ahmed Adel	Egypt	20.01.20 07/18	72,90	705		200	230	235	-	230	230	9	161,782	4	Self
3		Mahmoud Abdallah	Egypt	08.06.20 06/18	73,50	256		-	-	-	-						Self
4		Ahmed Ihab	Egypt	23.10.20 06/18	74,40	238		-	-	-	-						Self

**Juniors**

1	1	Mohamed Ashraf	Egypt	25.01.20 05/20	72,40	248		180	200	202,5	-	202,5	202,5	12	143,187		Self
2	2	Taha Mohamed	Egypt	12.12.20 04/20	68,80	284		160	180	200	-	180	180	9	132,588		Self

**Open**

1		Taha Mohamed	Egypt	12.12.20 04/20	68,80	586		-	-	-	-						Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Amr Sherif	Egypt	03.02.20 07/17	82,30	98		220	230	232,5	237,5	232,5	232,5	12	150,102	6	Self
2	2	Ahmed Abdelaal	Egypt	06.11.20 08/16	80,80	656		180	180	180	-	180	180	9	117,621	16	Self

**Masters**

1	1	Mael Le Paven	France	08.01.19 80/45	81,70	813		150	-	-	-	150	150	12	102,656		Self
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**Open**

1	1	Hazem Mohamed Hany	Egypt	19.09.19 87/37	81,90	201		275	295	305	-	305	305	12	197,533	1	Self
2	2	Karim Ibrahim Saleh	Egypt	23.03.20 00/24	82,50	743		277,5	-	-	-	277,5	277,5	9	178,876	3	Self
3	3	Mael Le Paven	France	08.01.19 80/45	81,70	407		150	-	-	-	150	150	8	97,305	16	Self
4	-	El-akshar Adam	Ukraine	22.01.20 03/22	79,70	742		-	-	-	-						Amir Mohamed

**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Kariem Alaa Hatab	Egypt	14.05.20 07/17	88,00	191		275	290	300	-	290	290	12	179,713	2	Self
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**Teenagers**

1	1	Ahmed Shawkat	Egypt	22.03.20 05/19	86,70	717		200	220	230,5	235	230	230	12	143,773	9	Self
2	2	Ali El Harizy	Egypt	05.03.20 05/19	84,40	568		180	200	210	-	210	210	9	133,434	12	Self
3	3	Nabil Mohamed	Egypt	12.12.20 05/19	88,00	302		195	205	212,5	-	205	205	8	127,038	13	Self

**Juniors**

1	1	Abdul Rahman Mansour	Egypt	07.08.20 04/20	88,00	153		265	280	290	-	280	280	12	173,516		Self
2		Mohamed Hussin	Egypt	11.09.20 03/21	87,10	587		-	-	-	-						Self
3		Ahmed Fathy	Egypt	16.09.20 03/21	83,20	665		-	-	-	-						Self

**Masters**

1	1	Mahmoud Saed Ebrahim	Egypt	14.01.19 79/46	89,50	369		150	180	190	-	190	190	12	124,542		Self
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**Open**

1	1	Mohamed Mansoor	Egypt	30.01.19 90/35	85,60	372		270	270	290	-	290	290	12	182,671	2	Self
2	2	Mohamed Adel	Egypt	02.08.19 99/25	87,80	849		250	280	310	-	280	280	9	173,74	4	Self
3	3	Ali Hasanzade	United Kingdom	25.12.19 99/25	90,00	135		220	245	272,5	-	272,5	272,5	8	166,729	6	Self
4	4	Mohamed Ahmed Zaki	Egypt	02.10.19 94/30	85,90	190		220	240	260	-	240	240	7	150,864	11	Self

## wpc dl 1-ply eq

5	5	Hossam Emar	Egypt	10.01.19 89/36	87,40	439		215	222,5	245	-	222,5	222,5	6	138,428	14	Self
6	6	Ebrahim Gamal	Egypt	05.11.19 97/27	87,30	396		185	200	220	-	220	220	5	136,972	15	Self

**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Adham Mostafa	Egypt	21.04.20 09/15	91,60	229		400	150	170	180	170	170	12	103,028	17	Self
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**Masters**

1	1	Islam Abd Alah	Egypt	30.04.19 79/45	96,90	297		230	245	255	-	255	255	12	158,563		Self
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**Open**

1	1	Mohamed Rabie	Egypt	10.05.19 95/29	98,25	286		270	285	290	-	290	290	12	169,860	5	Self
2	2	Omar Eltahawy	Egypt	19.06.19 99/25	95,50	519		240	260	280	-	260	260	9	154,297	9	Self

**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Abdelraman Emadeldeen	Egypt	11.10.20 07/17	100,20	149		220	240	300	-	240	240	12	139,404	10	Self
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**Teenagers**

1	1	Ziad Ahmed Mizzar	Egypt	09.12.20 05/19	109,60	240		250	265	270	-	265	265	12	149,221	7	Self
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**Open**

1	1	Qanaan Ahmed	Egypt	11.09.19 86/38	101,70	974		250	272,5	282,5	-	282,5	282,5	12	163,115	7	Self
2	2	Ezzat Shalaby	Egypt	28.09.19 87/37	100,60	561		245	270	275	-	270	270	9	156,559	8	Self
3	3	Mahmoud Mohamed Saleh	Egypt	04.07.19 90/34	101,90	640		235	247,5	250	-	247,5	247,5	8	142,782	12	Self

**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	-	Yesilpinar Can	Turkey	20.02.19 83/41	111,40	197		435	-	-	-							Self
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**Masters**

1	1	Hossam Eldin Alafifi	Egypt	10.04.19 75/49	112,90	545		220	240	-	-	240	240	12	149,226		Self
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**Open**

1	1	Ahmed Maher	Egypt	01.06.19 95/29	123,00	287		240	260	275	-	260	260	12	142,415	13	Self
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**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Ahmed Tamer	Egypt	20.07.20 06/18	125,50	40		220	230	250	-	230	230	12	125,331	14	Self
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**Juniors**

1	1	Youssef Ihab	Egypt	17.08.20 04/20	126,90	581		230	250	260	-	250	250	12	135,857		Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
1	George Philip	190,068	63,3
2	Kariem Alaa Hatab	179,713	88
3	Yahia Hafiz	164,265	73,5
4	Ahmed Adel	161,782	72,9
5	Yehya Ali	161,2905	65,5
6	Amr Sherif	150,102	82,3
7	Ziad Ahmed Mizzar	149,2215	109,6
8	Moez Al Moataz	146,426	48,5
9	Ahmed Shawkat	143,773	86,7
10	Abdelraman Emadeldeen	139,404	100,2
11	Hazem Mohamed	135,688	58,9
12	Ali El Harizy	133,434	84,4
13	Nabil Mohamed	127,0385	88
14	Ahmed Tamer	125,3316	125,5
15	Ahmed Hamada	120,9615	69,2
16	Ahmed Abdelaal	117,621	80,8
17	Adham Mostafa	103,0285	91,6

**absolute winners ( Open Sabmasters, WPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
1	Hazem Mohamed Hany	197,53325	81,9
2	Mohamed Mansuor	182,671	85,6
3	Karim Ibrahim Saleh	178,8765	82,5

wpc dl 1-ply eq

4	Mohamed Adel	173,74	87,8
5	Mohamed Rabie	169,86025	98,25
6	Ali Hasanzade	166,729125	90
7	Qanaan Ahmed	163,1155	101,7
8	Ezzat Shalaby	156,5595	100,6
9	Omar Eltahawy	154,297	95,5
10	Mohamed Mahmoud	154,2495	55,9
11	Mohamed Ahmed Zaki	150,864	85,9
12	Mahmoud Mohamed Saleh	142,78275	101,9
13	Ahmed Maher	142,415	123
14	Hossam Emara	138,428375	87,4
15	Ebrahim Gamal	136,972	87,3
16	Mael Le Paven	97,305	81,7

**absolute winners ( Juniors, WPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
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**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Powerliffing Multy-Ply Equipment**

**Man****Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1		Mohamed Goma	Egypt	17.06.20 06/18	82,30	54		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Islam Abd Alah	Egypt	30.04.19 79/45	96,70	498		270	280	285	-	285	155	165	165	-	165	230	240	245	-	245		695	12	432,566089		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Hassan Mohamed	Egypt	24.02.19 94/30	103,00	765		180	210	210	-	180	110	122,5	127,5	-	122,5	220	242,5	252,5	-	242,5		545	12	313,157		Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Powerliffing Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Powerliffing Multy-Ply Equipment, M)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Powerliffing Multy-Ply Equipment, M)**

Name	Pts	Body weight
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awpc dl 1-ply eq

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**AWPC Deadlift 1-ply Equipment**

**Woman**

**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Esraa Adel	Egypt	19.03.20 00/24	63,30	346		120	130	135	-	135		135	12	127,743		Self
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**absolute winners ( Open Submasters, AWPC Deadlift 1-ply Equipment, W)**

	Name	Pts	Body weight
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**Man**

**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Ali Elzain	Egypt	08.08.20 02/22	82,20	272		245	250	255	262,5	255		255	12	164,768		Self
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**Open**

1	1	Viazzo Luca	Italy	31.10.19 91/33	79,80	270		165	185	195	-	195		195	12	128,495		Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Mohamed Mahmoud	Egypt	01.07.20 04/20	93,00	812		210	220	240	-	220		220	12	132,286		Self
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**absolute winners ( Juniors, AWPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
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**absolute winners ( Open Submasters, AWPC Deadlift 1-ply Equipment, M)**

	Name	Pts	Body weight
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**FINAL PROTOCOL**  
**World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Deadlift RAW****Woman****Weight 44**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Ishti Kaur	India	28.08.20 08/16	41,90	934		65	75	75	-	65		65	12	84,643	7	Self
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**Weight 48**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Rawan Mohamed	Egypt	22.06.20 04/20	47,60	218		120	125	127,5	-	127,5		127,5	12	151,278		Self
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**Weight 52**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Nada Mostafa	Egypt	15.09.20 07/17	51,20	491		110	120	127,5	-	110		110	12	123,332	2	Self
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**Juniors**

1	1	Menatala Salah	Egypt	07.02.20 02/22	51,30	687		120	137	140	-	135		135	12	151,132		Self
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**Open**

1	1	Maryam Adel	Egypt	02.08.19 99/25	48,90	839		115	125	130	-	125		125	12	145,275	4	Self
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**Weight 56**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Fatma Elzahraa	Egypt	03.11.20 07/17	53,90	423		110	122,5	125	-	125		125	12	134,55	1	Self
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**Open**

1	1	Sara Mostafa	Egypt	29.04.19 92/32	55,00	358		145	152,5	155	-	155		155	12	164,160	1	Self
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**Weight 60**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Diana Murad	Egypt	15.11.19 83/41	59,00	32		70	80	90	-	80		80	12	80,8808		Self
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**Open**

1	1	Yasmeen Aboelyazeed	Egypt	27.01.19 96/29	57,70	436		135	140	140	-	135		135	12	137,578	6	Self
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**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Yasmeen Mohamed	Egypt	07.05.20 08/16	61,90	360		120	122,5	127,5	-	127,5		127,5	12	122,814	3	Self
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**Teenagers**

1		Nada Okib	Egypt	30.09.20 06/18	66,50	982		-	-	-	-							Self
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**Juniors**

1	1	Luyan Hussein	Iraq	28.05.20 03/21	64,70	604		80	90	100	-	90		90	12	83,7		Self
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**Open**

1	1	Aya Mohamed	Egypt	04.11.19 98/26	65,80	633		130	142,5	150	-	150		150	12	137,67	5	Self
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**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Habiba Sameh	Egypt	25.05.20 08/16	74,90	917		130	145	155	-	130		130	12	108,790	6	Self
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**Juniors**

1	1	Mariam Sabry	Egypt	03.01.20 05/20	72,30	719		130	140	145	-	145		145	12	124,286		Self
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**Masters**

1	1	Tripi Anna	Italy	28.03.19 79/45	72,10	443		160	170	175	-	175		175	12	158,537		Self
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**Open**

1	1	Saria Baker Ahmed	Iraq	01.10.19 88/36	74,50	646		170	180	185	-	180		180	12	151,182	2	Self
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## wpc dl raw

2	2	Tripi Anna	Italy	28.03.19 79/45	72,10	941		160	170	175	-	175	175	9	150,272	3	Self
3	3	Athar Ahmed	Egypt	15.01.20 00/25	73,70	260		140	155	160	-	160	160	8	135,368	7	Self
4	4	Baydaa Majeed	Iraq	25.06.19 94/30	73,40	744		100	110	125	-	110	110	7	93,3185	11	Self
5	-	Aya Khaled	Egypt	31.08.19 95/29	72,90	100		145	145	145	-						Self

**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mariam Ali	Egypt	09.12.20 10/14	82,30	885		85	95	100	-	100	100	12	78,77	8	Self
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**Teenagers**

1	1	Iman Mahmoud	Egypt	12.08.20 07/17	82,00	104		110	130	140	-	140	140	12	110,523	5	Self
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**Masters**

1	1	Mona Abdelzaher	Egypt	22.11.19 79/45	76,00	122		100	110	112,5	-	110	110	12	96,1880		Self
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**Open**

1	1	Nourhan Zaki	Egypt	07.12.19 96/28	79,00	138		130	142,5	142,5	-	142,5	142,5	12	115,168	8	Self
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**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Masters**

1	-	Emma Ylitalo-James	United Kingdom	24.11.19 69/55	88,80	597		150	-	-	-							Self
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**Open**

1	1	Gehad Elsaied	Egypt	25.09.19 88/36	89,40	964		120	120	140	-	140	140	12	105,028	9	Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Juniors**

1	1	Mennatallah Abdullah	Egypt	25.08.20 04/20	96,60	214		130	135	140	145,5	140	140	12	101,563		Self
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**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Lydia Amjad Adly	Egypt	21.01.20 04/21	102,50	251		125	135	142,5	-	135	135	12	95,7082	10	Self
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**Weight 110+**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Jassmen Eldeeb	Egypt	22.03.20 06/18	110,10	223		150	165	172,5	-	165	165	12	114,048	4	Self
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**absolute winners ( Teenagers Teenagers Teenagers, WPC Deadlift RAW, W)**

	Name	Pts	Body weight
1	Fatma Elzahraa	134,55	53,9
2	Nada Mostafa	123,332	51,2
3	Yasmeen Mohamed	122,814375	61,9
4	Jassmen Eldeeb	114,048	110,1
5	Iman Mahmoud	110,523	82
6	Habiba Sameh	108,7905	74,9
7	Ishti Kaur	84,643	41,9
8	Mariam Ali	78,77	82,3

**absolute winners ( Juniors, WPC Deadlift RAW, W)**

	Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Deadlift RAW, W)**

	Name	Pts	Body weight
1	Sara Mostafa	164,1605	55
2	Saria Baker Ahmed	151,182	74,5
3	Tripi Anna	150,2725	72,1
4	Maryam Adel	145,275	48,9
5	Aya Mohamed	137,67	65,8
6	Yasmeen Aboelyazeed	137,5785	57,7
7	Athar Ahmed	135,368	73,7
8	Nourhan Zaki	115,1685	79
9	Gehad Elsaied	105,028	89,4
10	Lydia Amjad Adly	95,70825	102,5
11	Baydaa Majeed	93,3185	73,4



## absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Deadlift RAW, W)

Name	Pts	Body weight
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## Man

## Weight 52

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Mohand Abdelgeleel	Egypt	15.02.20 11/13	51,80	992		100	110	120	-	120		120	12	116,466	51	Self
2	2	Mehar Singh	India	28.06.20 11/13	48,00	966		90	100	115	-	115		115	9	121,739	44	Self

## Teenagers

1	1	Mahmoud El Nahas	Egypt	01.09.20 08/16	52,00	560		150	157,5	160	165,5	160		160	12	154,624	16	Self
2		Mahmoud Hani	Egypt	14.03.20 07/17	52,00	373		-	-	-	-							Self

## Weight 56

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Youssf Elghandour	Egypt	22.02.20 07/17	54,20	755		190	205	210	-	210		210	12	194,008	2	Self
2	2	Mohamed Ramdan	Egypt	01.09.20 08/16	55,40	4		180	190	192,5	-	190		190	9	171,503	7	Self

## Teenagers

1	1	Nofear Atef	Egypt	23.12.20 05/19	54,80	976		182,5	187,5	195	202,5	195		195	12	178,044	4	Self
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## Weight 60

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Anas Mohamed Elsaid	Egypt	14.06.20 09/15	60,00	339		150	165	175	182,5	175		175	12	145,748	24	Self
2	2	Omar Shalaby	Egypt	17.01.20 10/15	59,20	647		150	160	170	175,5	170		170	9	143,454	27	Self

## Teenagers

1	1	Patrick Mina Samy	Egypt	25.12.20 08/16	58,70	132		150	175	182,5	190,5	182,5		182,5	12	155,298	15	Self
2	2	Saeed Abdullah	Egypt	10.07.20 08/16	57,80	26		165	177,5	180	-	180		180	9	155,547	14	Self
3	3	Mohamed Ahmed	Egypt	23.10.20 08/16	57,60	2		162,5	167,5	172,5	-	167,5		167,5	8	145,247	26	Self
4	4	Sherif Arafa	Egypt	26.05.20 08/16	58,60	465		145	160	170	-	145		145	7	123,590	42	Self

## Teenagers

1	1	Mahmoud Emad	Egypt	06.01.20 07/18	59,50	727		180	190	200,5	-	190		190	12	159,533	10	Self
2	2	Abram Magdy	Egypt	12.01.20 06/19	58,50	146		170	175	180	-	175		175	9	149,415	21	Self

## Juniors

1	1	Mohamed Fahmey	Egypt	04.04.20 04/20	57,90	549		150	160	170	-	170		170	12	146,650	16	Self
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## Open

1	1	Tarek Mohamed	Egypt	16.10.19 94/30	59,10	428		180	192,5	195	-	195		195	12	164,823	12	Self
2	2	Mahmoud Mastoor	Egypt	26.10.19 89/35	59,45	654		180	185	185	-	185		185	9	155,464	16	Self

## Weight 67,5

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Abdel Moaty	Egypt	05.08.20 09/15	61,10	566		140	155	160	-	155		155	12	126,859	39	Self
2	2	Ahmed Hany	Egypt	11.11.20 09/15	66,00	493		150	150	165	-	150		150	9	114,45	52	Self
3	3	Elsayed Khaled	Egypt	12.05.20 09/15	64,30	308		130	150	150	-	130		130	8	101,504	56	Self
4	4	Ziad Sameh	Egypt	29.09.20 09/15	64,80	142		100	130	152,5	-	130		130	7	100,752	57	Self

## Teenagers

1	1	Mohamed Hussein	Egypt	23.04.20 07/17	67,50	648		200	210	215	-	210		210	12	157,164	12	Self
2	2	Hamza Hesham	Egypt	03.03.20 08/16	65,40	497		170	180	192,5	-	192,5		192,5	9	148,051	22	Self
3	3	Imad Al-Din Mohamed	Egypt	01.01.20 08/17	65,60	288		160	180	190	-	190		190	8	145,739	25	Self

## Teenagers

## wpc dl raw

1	1	Eslam El Sayed	Egypt	04.12.20 06/18	66,50	928		220	235	247,5	255	<b>247,5</b>	<b>247,5</b>	12	187,617	3	Self
2	2	George Philip	Egypt	06.08.20 06/18	62,10	841		220	235	245	255	<b>245</b>	<b>245</b>	9	197,482	1	Self
3	3	Iyad Amr	Egypt	30.01.20 06/19	66,70	666		200	220,5	220,5	-	<b>200</b>	<b>200</b>	8	151,22	20	Self
4	4	Islam Atef	Egypt	31.07.20 06/18	62,90	735		105	180	200	-	<b>105</b>	<b>105</b>	7	83,6377	59	Self
<b>Juniors</b>																	
1	1	Zeyad Mohamed	Egypt	29.07.20 03/21	66,60	282		225	230	240	-	<b>240</b>	<b>240</b>	12	181,692	2	Self
2	2	Ahmed Atef	Egypt	02.02.20 04/20	64,50	77		180	200	215	-	<b>215</b>	<b>215</b>	9	167,399	6	Self
3	3	Omar Mohamed	Egypt	18.04.20 04/20	67,10	367		180	195	205	-	<b>205</b>	<b>205</b>	8	154,201	13	Self
4		Mustafa Hussein	Egypt	29.09.20 01/23	66,20	202		-	-	-	-						Self
<b>Masters</b>																	
1	1	Kamal Said Morsy	Egypt	01.11.19 60/64	65,50	230		140	160	175	-	<b>160</b>	<b>160</b>	12	178,187	2	Self
<b>Open</b>																	
1	1	Youssef Abdallah	Egypt	20.02.20 06/18	65,60	722		310	325	335	345	<b>335</b>	<b>335</b>	12	256,961	1	Self
2	2	Mahmoud Satuhi	Egypt	01.06.19 95/29	67,50	84		230	230	255	-	<b>255</b>	<b>255</b>	9	190,842	4	Self
3		Ahmed Ali	Egypt	06.09.19 98/26	67,40	609		-	-	-	-						Self

**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Abdullah Mahmoud Mohamed	Egypt	24.08.20 09/15	68,90	780		155	155	162,5	-	<b>162,5</b>	<b>162,5</b>	12	119,551	47	Self
2	2	Ahmed Ashraf	Egypt	25.09.20 09/15	67,80	239		140	150	160	-	<b>160</b>	<b>160</b>	9	119,304	48	Self
3	3	Mohamed El Dali	Egypt	29.08.20 09/15	68,30	843		150	155	157,5	-	<b>157,5</b>	<b>157,5</b>	8	116,715	49	Self
4	4	Mohamed Hossam El-Din	Egypt	07.10.20 10/14	68,20	188		135	145	155	-	<b>145</b>	<b>145</b>	7	107,582	55	Self
5	5	Mohamed Osama	Egypt	17.11.20 09/15	73,30	235		120	135	150	-	<b>135</b>	<b>135</b>	6	94,5607	58	Self

**Teenagers**

1	1	Abdullah Zaki	Egypt	01.01.20 08/17	74,30	376		212,5	220	233	-	<b>220</b>	<b>220</b>	12	152,537	17	Self
2	2	Ziad Al-Sabagh	Egypt	24.01.20 09/16	73,20	757		160	190	200	-	<b>200</b>	<b>200</b>	9	140,23	29	Self
3	3	Mohamed Barakat	Egypt	23.10.20 08/16	74,10	64		182,5	190	190	-	<b>182,5</b>	<b>182,5</b>	8	126,782	40	Self
4	4	Mostafa Hegazy	Egypt	20.11.20 08/16	74,50	400		155	180	205	-	<b>180</b>	<b>180</b>	7	124,551	41	Self
5	5	Ahmed Hamada	Egypt	20.12.20 07/17	69,20	114		165	185	185	-	<b>165</b>	<b>165</b>	6	120,961	45	Self

**Teenagers**

1	1	Mahmoud Abdallah	Egypt	08.06.20 06/18	73,50	720		240	240	252,5	-	<b>252,5</b>	<b>252,5</b>	12	176,497	6	Self
2	2	Mohamed Ismail	Egypt	20.07.20 06/18	74,60	502		210	230	242,5	-	<b>242,5</b>	<b>242,5</b>	9	167,628	9	Self
3	3	Yahia Hafiz	Egypt	16.11.20 05/19	73,50	590		220	230	240	-	<b>240</b>	<b>240</b>	8	167,76	8	Self
4	4	Ahmed Nabil	Egypt	25.06.20 06/18	74,40	76		205	217,5	225	-	<b>225</b>	<b>225</b>	7	155,846	13	Self
5	5	Faris Elsayed	Egypt	04.11.20 06/18	74,40	280		200	220	232,5	-	<b>220</b>	<b>220</b>	6	152,383	18	Self
6	-	Ahmed Adel	Egypt	20.01.20 07/18	72,90	634		200	-	-	-						Self
7		Kareem Mohamed Tamo	Egypt	18.12.20 06/18	74,70	381		-	-	-	-						Self
8		Ahmed Ihab	Egypt	23.10.20 06/18	74,40	671		-	-	-	-						Self

**Juniors**

1	1	Ahmed Nady Hussien	Egypt	03.12.20 03/21	73,70	175		215	235	240	-	<b>240</b>	<b>240</b>	12	167,412	5	Self
2	2	Ahmed Ismail	Egypt	29.09.20 04/20	73,90	851		210	230	237,5	-	<b>230</b>	<b>230</b>	9	160,114	8	Self
3	3	Abdallah Diaa	Egypt	23.04.20 03/21	72,10	570		210	225	235	-	<b>225</b>	<b>225</b>	8	159,626	9	Self

**Masters**

1	1	Murad Basyouni	Egypt	06.06.19 84/40	69,70	893		190	200	205	-	<b>200</b>	<b>200</b>	12	145,76	14	Self
2	2	Ahmed Sayed	Egypt	04.06.19 82/42	74,30	347		150	170	180	-	<b>180</b>	<b>180</b>	9	127,299	21	Self

**Masters**

1	1	Mohamed Zaki	Egypt	12.09.19 77/47	73,20	615		180	180	200	-	<b>200</b>	<b>200</b>	12	151,728	12	Self
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## wpc dl raw

**Masters**

1	1	Hashem Issa	Egypt	05.05.19 60/64	72,30	311		120	125	130	-	<b>130</b>	<b>130</b>	12	133,439	19	Self
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**Open**

1	1	Rige Kaye	India	02.11.19 99/25	70,60	330		230	240	250	-	<b>250</b>	<b>250</b>	12	180,312	6	Self
2	2	Elsayed Metwaly	Egypt	01.10.19 94/30	74,00	271		220	235	242,5	-	<b>242,5</b>	<b>242,5</b>	9	168,646	11	Self
3	3	Assem Farg	Egypt	06.10.19 93/31	71,20	158		200	210	215	-	<b>215</b>	<b>215</b>	8	154,036	18	Self
4	4	Obada Muhannad	Syrian Arab Republic	20.04.20 08/16	72,00	434		70	75	-	-	<b>75</b>	<b>75</b>	7	53,265	25	Self
5		Abdalaziz Mohamed	Egypt	30.07.20 03/21	72,30	416		-	-	-	-						Self

**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Suleiman Ali	Egypt	10.11.20 07/17	81,90	148		200	210	230	-	<b>210</b>	<b>210</b>	12	136,006	33	Self
2	2	Mohamed Zyada	Egypt	22.01.20 08/17	80,90	25		150	180	200	-	<b>200</b>	<b>200</b>	9	130,58	36	Self
3	3	Mustafa Mohamed	Egypt	05.08.20 08/16	81,80	343		180	200	200	-	<b>180</b>	<b>180</b>	8	116,676	50	Self
4	4	Kirolos Ekramy	Egypt	31.08.20 08/16	80,80	144		170	185	185	-	<b>170</b>	<b>170</b>	7	111,086	53	Self
5		Ahmed Abdelaal	Egypt	06.11.20 08/16	80,80	334		-	-	-	-						Self
6		Eyad Mohamed	Egypt	23.10.20 08/16	81,70	803		-	-	-	-						Self

**Teenagers**

1	1	Ahmed Mohamed	Egypt	30.08.20 05/19	80,40	215		225	225	235	-	<b>225</b>	<b>225</b>	12	147,521	23	Self
2	2	Mohamed Ashraf	Egypt	02.11.20 05/19	81,75	67		175	185	192,5	-	<b>185</b>	<b>185</b>	9	119,963	46	Self
3		Mahmoud Nosair	Egypt	03.04.20 05/19	80,90	764		-	-	-	-						Self

**Juniors**

1	1	Mohamed Al-Sayed	Egypt	15.07.20 02/22	77,90	14		220	240	260	-	<b>260</b>	<b>260</b>	12	174,187	3	Self
2	2	Fares Mohamed	Egypt	03.11.20 04/20	81,00	171		210	220	222,5	-	<b>222,5</b>	<b>222,5</b>	9	145,147	17	Self
3	3	Badr Said Badr	Egypt	31.03.20 01/23	77,30	516		200	210	210	-	<b>210</b>	<b>210</b>	8	141,466	18	Self

**Masters**

1	1	Al Asmar Ahmed	Egypt	17.11.19 78/46	82,50	82		220	230	235	-	<b>235</b>	<b>235</b>	12	161,781	6	Self
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**Masters**

1	1	Prince Kennedy Nwamkpa	Nigeria	09.08.19 64/60	80,90	213		180	200	210	-	<b>210</b>	<b>210</b>	12	183,726	1	Self
2	2	Hossam Abd El Monem	Egypt	02.11.19 63/61	78,90	726		130	150	155	-	<b>150</b>	<b>150</b>	9	136,074	16	Self

**Masters**

1	1	Mohamed Ahmed	Egypt	14.07.19 55/69	80,30	532		130	150	165	-	<b>150</b>	<b>150</b>	12	158,460	10	Self
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**Open**

1	1	Mohamed Abd ELrahman	Egypt	06.11.19 94/30	82,50	660		210	230	237,5	-	<b>237,5</b>	<b>237,5</b>	12	153,092	19	Self
2	2	Adel Abaza	Egypt	29.08.19 86/38	77,90	221		180	205	220	-	<b>205</b>	<b>205</b>	9	137,339	20	Self

**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Youssef Gamal	Egypt	03.12.20 06/18	87,90	442		250	275	285	296	<b>285</b>	<b>285</b>	12	176,728	5	Self
2	2	Ahmed Salah	Egypt	01.10.20 06/18	83,40	75		205	220	230	-	<b>220</b>	<b>220</b>	9	140,833	28	Self
3	3	Ahmed Al-Shambaki	Egypt	22.03.20 06/18	87,60	872		220	225	225	-	<b>220</b>	<b>220</b>	8	136,697	32	Self
4	-	Hassan Mohamed	Egypt	01.02.20 06/19	83,40	696		220	220	237,5	-						Self

**Juniors**

1	1	Ahmed Mahmoud	Egypt	29.03.20 04/20	88,60	85		250	265	272,5	-	<b>265</b>	<b>265</b>	12	163,584	7	Self
2	2	Mohamed Ahmed	Egypt	20.04.20 02/22	87,00	547		240	250	265	-	<b>250</b>	<b>250</b>	9	155,962	11	Self
3		Mohamed Hussin	Egypt	11.09.20 03/21	87,10	712		-	-	-	-						Self

**Masters**

1	1	Mohamed Abo Khoder	Egypt	18.12.19 79/45	87,50	808		230	245	250	-	<b>250</b>	<b>250</b>	12	163,986	5	Self
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**Open**

## wpc dl raw

1	1	Ahmed Said	Egypt	28.09.19 99/25	83,40	398		315	345	360	-	345	345	12	220,851	2	Self
2	2	Mohamed Saber	Egypt	19.01.20 02/23	89,80	526		285	300	320	-	300	300	9	183,78	5	Self
3	3	Ahmed Arafa	Egypt	20.11.19 88/36	89,60	409		270	285	292,5	-	285	285	8	174,804	7	Self
4	4	Mohamed Abo Elsoud	Egypt	03.04.19 93/31	87,40	289		270	280	290	-	280	280	7	174,202	8	Self
5	5	Ali Hasanzade	United Kingdom	25.12.19 99/25	90,00	178		240	260	270	-	260	260	6	159,081	15	Self
6	6	El-samman Youssef	Australia	10.12.20 07/17	86,30	827		200	230	255	-	200	200	5	125,37	21	Muhammed Bacha
7	7	Mohanad Chikh Alhadadin	Syrian Arab Republic	22.04.19 70/54	85,70	675		85	150	-	-	85	85	4	53,5032	24	Self

**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Flobateer Samy	Egypt	28.11.20 07/17	97,30	166		205	225	232,5	-	225	225	12	132,356	34	Self
2	2	Saif Amr Labib	Egypt	10.07.20 07/17	95,60	649		200	215	225	-	215	215	9	127,527	38	Self

**Teenagers**

1	1	Ammar Tamer	Egypt	24.09.20 06/18	99,40	514		240	260	265	-	260	260	12	151,528	19	Self
2	2	Mohamed Waleed	Egypt	09.09.20 05/19	95,90	480		200	220	235	-	235	235	9	139,178	30	Self
3	3	Mohamed Aiman	Egypt	06.06.20 06/18	96,80	177		200	215	222,5	-	222,5	222,5	8	131,197	35	Self
4	4	Kareem Mohamed	Egypt	12.10.20 06/18	98,40	619		220	235	235	-	220	220	7	128,777	37	Self

**Masters**

1	1	Mohamed Saeed	Egypt	09.10.19 80/44	98,00	630		240	260	270	-	270	270	12	165,122	4	Self
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**Masters**

1	1	Mosalm Mahmoud	Egypt	29.01.19 76/49	94,10	128		250	250	260	-	260	260	12	172,962	3	Self
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**Masters**

1	1	Mohamed Ragheb Mohamed	Egypt	02.09.19 70/54	98,70	534		150	170	185	-	170	170	12	119,645	24	Self
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**Open**

1	1	Mohamed Mahmoud	Egypt	14.11.20 00/24	93,60	595		320	335	345	-	335	335	12	200,765	3	Self
2	2	Ahmed Mamdouh	Egypt	09.09.19 93/31	96,00	515		270	280	292,5	-	292,5	292,5	9	173,145	9	Self
3	3	Hossam Khallaf	Egypt	01.10.19 97/27	99,30	628		290	322,5	322,5	-	290	290	8	169,084	10	Self
4		Giulio Leone	Italy	16.06.19 97/27	95,20	276		-	-	-	-	-	-	-	-	-	Self

**Weight 110**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Mostafa Khallaf	Egypt	06.08.20 09/15	103,40	73		190	200	-	-	190	190	12	109,022	54	Self
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**Teenagers**

1	1	Rohaum Sayed	Egypt	13.04.20 08/16	106,00	281		200	215	220	-	215	215	12	122,302	43	Self
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**Teenagers**

1	1	Amar Mohamed Rashed	Egypt	15.08.20 05/19	110,00	364		260	270	280	-	280	280	12	157,5	11	Self
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**Juniors**

1	1	Ezzedine Manhem	Egypt	06.10.20 02/22	108,60	88		250	265	265	-	265	265	12	149,605	14	Self
2	2	Hazeem Hany	Egypt	15.12.20 02/22	107,50	325		250	250	260	-	260	260	9	147,238	15	Self
3	3	Shady Mahmoud	Egypt	08.04.20 02/22	105,00	263		180	200	210	-	210	210	8	119,836	19	Self

**Masters**

1	1	Stuart Morris	United Kingdom	22.07.19 84/40	107,00	92		230	240	252,5	-	252,5	252,5	12	143,192	15	Self
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2	2	Amr Hashem	Egypt	24.01.19 84/41	104,30	194		210	220	232,5	-	232,5	232,5	9	134,319	18	Self
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3	3	Sherif Abdel Hakam	Egypt	21.07.19 81/43	103,90	770		180	210	227,5	-	227,5	227,5	8	134,339	17	Self
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4	4	Omar Hussein	Iraq	05.07.19 80/44	106,60	835		180	210	225	-	210	210	7	124,365	23	Self
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**Masters**

1	1	Mahmoud Zaky	Egypt	20.07.19 76/48	104,20	307		240	250	255	-	255	255	12	160,064	8	Self
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**Masters**

1	1	Ayman Mazhar	Egypt	22.11.19 59/65	107,80	199		175	190	205	-	190	190	12	159,102	9	Self
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## wpc dl raw

## Open

1	1	Ayman Moner	Egypt	30.01.19 96/29	101,00	558		255	265	275	-	275	275	12	159,211	14	Self
2	2	Stuart Morris	United Kingdom	22.07.19 84/40	107,00	24		240	255	272,5	-	272,5	272,5	9	154,534	17	Self
3	3	Ahmed Rabie	Egypt	15.01.19 94/31	104,40	382		190	200	-	-	190	190	8	108,642	23	Self

## Weight 125

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Juniors

1	1	Tomas Lewis	Egypt	03.11.20 01/23	116,70	659		330	345	352,5	-	352,5	352,5	12	195,408	1	Self
2	2	Ahmed Aziz	Egypt	23.10.20 03/21	122,20	274		280	305	307,5	-	307,5	307,5	9	168,709	4	Self
3	3	Youssef Yasser	Egypt	09.11.20 04/20	123,40	273		265	285	312,5	-	285	285	8	155,980	10	Self
4	4	Mahmoud Mesbah	Egypt	12.04.20 03/21	119,20	112		260	280	280	-	280	280	7	154,49	12	Self

## Masters

1	1	Islam Abu Saree	Egypt	07.10.19 82/42	124,40	618		270	280	-	-	280	280	12	155,980	11	Self
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## Masters

1	1	Yasser Arafa	Egypt	24.01.19 77/48	118,50	183		250	260	265	-	265	265	12	160,599	7	Self
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## Masters

1	1	Tamer Al Saeed	Egypt	01.08.19 73/51	120,00	145		230	240	250	-	240	240	12	151,665	13	Self
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## Weight 140

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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## Teenagers

1	1	Mohamed Salah	Egypt	22.05.20 07/17	133,70	543		230	245	255	-	255	255	12	136,871	31	Self
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## Masters

1	1	Adham Badr Masood Marzoq	Yemen	11.11.19 80/44	127,60	884		190	220	245	-	220	220	12	124,530	22	Self
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## Masters

1	1	Ayad Tareq	Iraq	30.04.19 72/52	126,90	611		180	200	210	-	210	210	12	132,950	20	Self
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## Open

1	1	Mohamed Abdelnaby	Egypt	08.07.19 88/36	125,40	241		280	300	305	-	300	300	12	163,509	13	Self
2	2	Adham Badr Masood Marzoq	Yemen	11.11.19 80/44	127,60	458		190	220	245	-	220	220	9	119,396	22	Self

## absolute winners ( Teenagers Teenagers Teenagers, WPC Deadlift RAW, M)

	Name	Pts	Body weight
1	George Philip	197,48225	62,1
2	Youssef Elghandour	194,0085	54,2
3	Eslam El Sayed	187,617375	66,5
4	Nofear Atef	178,04475	54,8
5	Youssef Gamal	176,7285	87,9
6	Mahmoud Abdallah	176,4975	73,5
7	Mohamed Ramdan	171,5035	55,4
8	Yahia Hafiz	167,76	73,5
9	Mohamed Ismail	167,628125	74,6
10	Mahmoud Emad	159,5335	59,5
11	Amar Mohamed Rashed	157,5	110
12	Mohamed Hussein	157,164	67,5
13	Ahmed Nabil	155,84625	74,4
14	Saeed Abdullah	155,547	57,8
15	Patrick Mina Samy	155,298375	58,7
16	Mahmoud El Nahas	154,624	52
17	Abdullah Zaki	152,537	74,3
18	Faris Elsayed	152,383	74,4
19	Ammar Tamer	151,528	99,4
20	Iyad Amr	151,22	66,7
21	Abram Magdy	149,415	58,5
22	Hamza Hesham	148,05175	65,4
23	Ahmed Mohamed	147,52125	80,4
24	Anas Mohamed Elsaid	145,74875	60
25	Imad Al-Din Mohamed	145,7395	65,6
26	Mohamed Ahmed	145,247625	57,6
27	Omar Shalaby	143,4545	59,2
28	Ahmed Salah	140,833	83,4
29	Ziad Al-Sabagh	140,23	73,2
30	Mohamed Waleed	139,17875	95,9
31	Mohamed Salah	136,87125	133,7
32	Ahmed Al-Shambaki	136,697	87,6
33	Suleiman Ali	136,0065	81,9
34	Flobateer Samy	132,35625	97,3
35	Mohamed Aiman	131,197125	96,8

## wpc dl raw

36	Mohamed Zyada	130,58	80,9
37	Kareem Mohamed	128,777	98,4
38	Saif Amr Labib	127,52725	95,6
39	Abdel Moaty	126,85975	61,1
40	Mohamed Barakat	126,78275	74,1
41	Mostafa Hegazy	124,551	74,5
42	Sherif Arafa	123,59075	58,6
43	Rohaum Sayed	122,30275	106
44	Mehar Singh	121,739	48
45	Ahmed Hamada	120,9615	69,2
46	Mohamed Ashraf	119,96325	81,75
47	Abdullah Mahmoud Mohamed	119,55125	68,9
48	Ahmed Ashraf	119,304	67,8
49	Mohamed El Dali	116,715375	68,3
50	Mustafa Mohamed	116,676	81,8
51	Mohand Abdelgeleel	116,466	51,8
52	Ahmed Hany	114,45	66
53	Kirolos Ekramy	111,0865	80,8
54	Mostafa Khallaf	109,022	103,4
55	Mohamed Hossam El-Din	107,58275	68,2
56	Elsayed Khaled	101,504	64,3
57	Ziad Sameh	100,7526	64,8
58	Mohamed Osama	94,56075	73,3
59	Islam Atef	83,63775	62,9

## absolute winners ( Juniors, WPC Deadlift RAW, M)

	Name	Pts	Body weight
1	Tomas Lewis	195,408375	116,7
2	Zeyad Mohamed	181,692	66,6
3	Mohamed Al-Sayed	174,187	77,9
4	Ahmed Aziz	168,709875	122,2
5	Ahmed Nady Hussien	167,412	73,7
6	Ahmed Atef	167,399	64,5
7	Ahmed Mahmoud	163,5845	88,6
8	Ahmed Ismail	160,1145	73,9
9	Abdallah Daa	159,62625	72,1
10	Youssef Yasser	155,9805	123,4
11	Mohamed Ahmed	155,9625	87
12	Mahmoud Mesbah	154,49	119,2
13	Omar Mohamed	154,201	67,1
14	Ezzedine Manhem	149,60575	108,6
15	Hazeem Hany	147,238	107,5
16	Mohamed Fahmey	146,6505	57,9
17	Fares Mohamed	145,147875	81
18	Badr Said Badr	141,4665	77,3
19	Shady Mahmoud	119,8365	105

## absolute winners ( Open Submasters, WPC Deadlift RAW, M)

	Name	Pts	Body weight
1	Youssef Abdallah	256,96175	65,6
2	Ahmed Said	220,85175	83,4
3	Mohamed Mahmoud	200,7655	93,6
4	Mahmoud Satuhi	190,842	67,5
5	Mohamed Saber	183,78	89,8
6	Rige Kaye	180,3125	70,6
7	Ahmed Arafa	174,80475	89,6
8	Mohamed Abo Elsoud	174,202	87,4
9	Ahmed Mamdouh	173,145375	96
10	Hossam Khallaf	169,0845	99,3
11	Elsayed Metwaly	168,646625	74
12	Tarek Mohamed	164,82375	59,1
13	Mohamed Abdelnaby	163,509	125,4
14	Ayman Moner	159,21125	101
15	Ali Hasanzade	159,081	90
16	Mahmoud Mastoor	155,46475	59,45
17	Stuart Morris	154,53475	107
18	Assem Farg	154,03675	71,2
19	Mohamed Abd ELrahman	153,0925	82,5
20	Adel Abaza	137,33975	77,9
21	El-samman Youssef	125,37	86,3
22	Adham Badr Masood Marzoq	119,3962	127,6
23	Ahmed Rabie	108,642	104,4
24	Mohanad Chikh Alhadadin	53,50325	85,7
25	Obada Muhannad	53,265	72

## absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Deadlift RAW, M)

	Name	Pts	Body weight
1	Prince Kennedy Nwamkpa	183,72606	80,9
2	Kamal Said Morsy	178,1876	65,5
3	Mosalm Mahmoud	172,962426	94,1
4	Mohamed Saeed	165,122024	98

wpc dl raw

5	Mohamed Abo Khoder	163,986563	87,5
6	Al Asmar Ahmed	161,781708	82,5
7	Yasser Arafa	160,599977	118,5
8	Mahmoud Zaky	160,064367	104,2
9	Ayman Mazhar	159,10296	107,8
10	Mohamed Ahmed	158,460225	80,3
11	Islam Abu Saree	155,98044	124,4
12	Mohamed Zaki	151,72886	73,2
13	Tamer Al Saeed	151,665516	120
14	Murad Basyouni	145,76	69,7
15	Stuart Morris	143,19275	107
16	Hossam Abd El Monem	136,07409	78,9
17	Sherif Abdel Hakam	134,339944	103,9
18	Amr Hashem	134,3199	104,3
19	Hashem Issa	133,43915	72,3
20	Ayad Tareq	132,95015	126,9
21	Ahmed Sayed	127,29906	74,3
22	Adham Badr Masood Marzoq	124,530237	127,6
23	Omar Hussein	124,365234	106,6
24	Mohamed Ragheb Mohamed	119,645694	98,7

**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**WPC Unlimited Shirt Division**

## Woman

### Weight 90

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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#### Masters

1	1	Emma Ylitalo-James	United Kingdom	24.11.19 69/55	87,80	363		230	250	265	-	250		250	12	232,122		Self
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#### Open

1	1	Emma Ylitalo-James	United Kingdom	24.11.19 69/55	87,80	946		230	250	265	-	250		250	12	189,487		Self
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Unlimited Shirt Division, W)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Unlimited Shirt Division, W)**

Name	Pts	Body weight
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## Man

### Weight 100

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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#### Masters

1	1	Markovic Zivorad	Serbia	29.09.19 60/64	96,40	554		200	220	225	-	220		220	12	188,465		Self
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### Weight 125

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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#### Open

1	1	Kalle Ylitalo-James	United Kingdom	13.06.19 83/41	124,60	200		370	400	412,5	-	370		370	12	201,983		Self
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, WPC Unlimited Shirt Division, M)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, WPC Unlimited Shirt Division, M)**

Name	Pts	Body weight
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**FINAL PROTOCOL  
World Cup WPC/AWPC**

1 February - 6 February 2025 y.

c.Cairo

**AWPC Bench Press RAW****Woman****Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Polito Maria	Italy	24.04.2006/18	62,90	410		60	65	70	-	70		70	12	66,577		Self
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**Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Yerzhanova Aigul	Kazakhstan	03.01.1971/54	77,90	929		55	62,5	65	-	65		65	12	63,8249		Yerzhanov Aibar
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**absolute winners ( Teenagers Teenagers Teenagers, AWPC Bench Press RAW, W)**

Name	Pts	Body weight
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Bench Press RAW, W)**

Name	Pts	Body weight
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**Man****Weight 82,5**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Ivanov Dmitry	Russia	22.07.1976/48	76,20	374		130	130	135	-	130		130	12	97,0532		Self
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**Weight 90**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Joseph Gill	United Kingdom	17.06.2007/17	89,00	74		142,5	147,5	150	-	147,5		147,5	12	90,8157		Self
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**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Polito Giuseppe	Italy	10.12.1974/50	99,60	653		150	160	170	-	160		160	12	105,279		Self
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**Masters**

1	1	Li Vladimir	Russia	16.10.1951/73	97,20	559		130	135	140	-	135		135	12	139,521		Self
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**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Teenagers**

1	1	Ibrahim Eslam	Egypt	30.07.2011/13	113,30	453		50	57,5	60	-	60		60	12	33,489		Self
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**Masters**

1	1	Zhakayev Yerzhan	Kazakhstan	25.08.1984/40	124,20	641		147,5	155	155	-	147,5		147,5	12	80,5866		Self
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**Open**

1	1	Mohammed Abdulbasit	Iraq	19.06.1997/27	124,20	164		180	205	217,5	-	205		205	12	112,001		Self
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**Weight 140**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Masters**

1	1	Erzhanov Aybar	Kazakhstan	29.07.1982/42	128,40	326		190	202,5	212,5	-	212,5		212,5	12	117,463		Self
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**Weight 140+**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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**Open**

1	1	Andrew Philip Saleh	Egypt	05.09.1995/29	149,20	387		125	140	152,5	-	152,5		152,5	12	79,8756		Self
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**absolute winners ( Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters Masters, AWPC Bench Press RAW, M)**

Name	Pts	Body weight
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**absolute winners ( Teenagers Teenagers Teenagers, AWPC Bench Press RAW, M)**

Name	Pts	Body weight
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**absolute winners ( Open Submasters, AWPC Bench Press RAW, M)**

Name	Pts	Body weight
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