

**AWPC Deadlift Records Men****Men Open****52****56****60****67.5**

207.5 Kim Alexandr 81 RUS 7/3/2014 Novosibirsk

**75**

270.0 Telidis Kostas 89 RUS 7/22/2018 Blagoveschensk

**82.5**

295.0 Stupnikov Roman 88 RUS 4/16/2015 Rostov

**90**

317.5 Umerenkov Igor 80 RUS 8/11/2013 Kursk

**100**

320.0 Umerenkov Igor 80 RUS 8/1/2015 Blagoveschensk

**110**

297.5 Johnson Jr Robert Lee 92 USA 6/7/2024 Baton Rouge LA

**125**

310.0 Kuchma Alexei 79 RUS 8/24/2014 Moscow

**140****140+**

320.0 Chir Mokrane 93 GBR 5/18/2024 Manchester UK

**Junior (20 - 23)****52****56****60****67.5****75**

235.0 Aldatkhamid Beyrdmurat 92 MGL 8/24/2014 Moscow

**82.5**

262.5 Elzain Ali 2002 EGY 2/2/2025 Giza Egypt

**90**

252.5 Jigmedserchin Saruul-Erdene 92 MGL 8/14/2016 Kursk

**100****110**

272.5 Elliott Tyler 2002 GBR 5/13/2023 Manchester UK

**125****140****140+****T1 (13 - 15)****52****56****60****67.5****75****82.5****90****100****110****125****140****140+****T2 (16 - 17)****52****56****60**

150.0 Beard Lucas 2006 USA 8/6/2023 Baton Rouge LA

**67.5****75**

230.0 Boytsov Artem 98 RUS 12/5/2015 Kursk

**82.5****90****100****110****125****140****140+****T3 (18 - 19)****52****56****60****67.5**

217.5 Pearson Gregory 2008 GBR 5/13/2023 Manchester UK

**75**

180.0 Krasnyy Dmitriy 92 RUS 10/19/2013 Krasnodar

**82.5****90**

210.0 Horstmann Alexander 2004 USA 9/2/2022 Idaho Falls, ID

**100**

282.5 Swensen Cody 94 USA 9/1/2013 Idaho Falls, ID

**110****125****140****140+**

**M SM 33-39****52****56****60****67.5**

<b>75</b>	245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
<b>82.5</b>	282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
<b>90</b>	295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
<b>100</b>	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
<b>110</b>	280.0	Umerenkov Igor	80	RUS	12/15/2019	Moscow Russia
<b>125</b>	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

**140****140+****M1 (40 - 44)****52****56****60****67.5**

<b>75</b>	230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow	4th
<b>82.5</b>	252.5	Musayev Rustam	70	AZE	3/7/2023	Egypt	
<b>90</b>	265.5	Singh Daljit	79	IND	6/21/2023	Bishkek Kyrgyzstan	
<b>100</b>	230.5	Abdulayev Malik	77	RUS	10/6/2019	Blagoveshchensk Russia	
<b>110</b>	270.0	Umerenkov Igor	80	RUS	7/17/2021	Chelyabinsk	
<b>125</b>	315.0	Hickey James	77	IRE	8/5/2018	Manchester	

**140****140+****M2 (45 - 49)****52****56****60****67.5**

<b>75</b>	155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
<b>82.5</b>						
<b>90</b>	260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
<b>100</b>	240.0	Samir Mhamed	2007	EGY	2/2/2025	Giza Egypt

**110****125****140****140+****M3 (50 - 54)****52****56****60****67.5****75****82.5****90****100**

<b>110</b>	150.0	Israilov Arbi	63	RUS	7/22/2018	Blagoveschensk
<b>125</b>	290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg

**140****140+****M4 (55 - 59)****52****56****60****67.5**

<b>75</b>	255.0	Little Art	55	USA	9/1/2013	Idaho Falls
<b>82.5</b>	215.0	Tarboinov Vladimir	54	RUS	8/24/2014	Moscow
<b>90</b>	210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
<b>100</b>	252.5	Bakke Jay	57	USA	9/29/2019	Idaho Falls
<b>110</b>	200.0	Israilov Arbi	68	RUS	10/6/2019	Blagoveshchensk Russia
<b>125</b>	240.0	Green Richard	66	GBR	8/27/2024	Limerick Ireland

**140**

140+

**M5 (60 - 64)**

52

56

60

67.5

75 205.0 Popov Viktor 52 RUS 8/24/2014 Moscow

82.5 260.0 Zweig Greg 59 USA 10/1/2021 Lombard IL

90

100 235.0 Jeurink James 53 USA 8/6/2016 Grand Rapids MI

110

125 200.0 Zenzen Dick 52 USA 9/2/2015 Idaho Falls ID

140

140+

**M6 (65 - 69)**

52

56

60

67.5 205.0 Little Art 55 USA 8/6/2023 Baton Rouge LA

75

82.5 215.0 Tseveendorj Maamchuluun 46 MGL 8/24/2014 Moscow

90 185.0 Jeurink James 53 USA 4/30/2022 Gatlinburg TN

100 212.5 Jeurink James 53 USA 8/16/2019 Orlando FL

110

125

140

140+

**M7 (70 - 74)**

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

**M8 (75 - 79)**

52

56

60

67.5

75

82.5 145 Sannikov Vladislav 38 RUS 8/24/2014 Moscow

90

100 115 Roberts William 42 USA 4/14/2019 Myrtle Beach SC

110 117.5 Roberts William 42 USA 8/16/2019 Orlando FL

125

140

140+

**M9 (80-84)**

52

56

60

67.5

75

82.5

90

100

110 142.5 Roberts William 42 USA 6/7/2024 Baton Rouge LA

125

140  
140+

**Women Open**

44

48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52	135.0	Enina Elena	89	RUS	5/29/2021	Moscow
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia
82.5						
90	160.0	Freeman Jenny	95	USA	6/9/2024	Baton Rouge LA

100

110

110+

**Junior (20 - 23)**

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
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48

52

56

60

67.5	170.0	Gongor Otgontuya	91	MGL	8/24/2014	Moscow
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75

82.5

90

100

110

110+

**T1 (13 - 15)**

44

48

52

56

60

67.5

75

82.5

90

100

110

110+

**T2 (16 - 17)**

44

48

52

56

60

67.5

75	120.0	Ficekova Rebeka		SVK	8/5/2018	Manchester	4th
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82.5

90

100

110

110+

**T3 (18 - 19)**

44

48

52

56

60

67.5

75

82.5

90

100  
110  
110+

W SM 33-39

44						
48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52						
56						
60						
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia

82.5  
90  
100  
110  
110+

M1 (40-44)

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

M2 (45-49)

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

M3 (50-54)

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

M4 (55-59)

44  
48  
52  
56  
60  
67.5  
75  
82.5

90  
100  
110  
110+

M5 (60-64)

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

82.5	Zenzen Linda	54	USA	5/28/2017	Lisle IL	4th
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