

## AWPC Single Ply Men's Deadlift Records

Class	Record	Name	DOB	Nat	Date of Record	Location	
52	140	Marchant Zac	2001	USA	8/30/2018	Idaho Falls ID	4th
56							
60	180	Peredriy Daniil	99	RUS	8/14/2016	Kursk	
67.5	220.5	Little Art	55	USA	10/1/2021	Lombard IL	
75	277.5	Telidis Kostas	89	RUS	7/23/2017	Blagoveschensk	
82.5	290	Topol Dmitriy	81	RUS	9/25/2015	Rostov	
90	305.5	Watkins Phil	68	GBR	8/14/2021	Manchester UK	
100	300	Peters Kieran	89	GBR	5/18/2024	Manchester UK	
110	322.5	Muratkin Alexander	85	RUS	6/11/2023	Moscow Russia	
125	330	Hickey James	77	IRE	4/15/2017	Limerick Ireland	
140	277.5	Strange John	85	GBR	8/6/2023	Baton Rouge LA	
140+	330	Ebeed Min	88	EGY	10/26/2020	Lombard IL	

## Women's AWPC Single Ply Deadlift Records

Class	Record	Name	DOB		Date of Record	Location	
44							
48	150	Vakhterova Yuliya	80	RUS	7/31/2016	Blagoveschensk	
52	162.5	Nebyvaeva Karina	84	RUS	8/14/2016	Kursk	
56	137.5	Khalina Tatyana	93	RUS	8/16/2015	Kursk	
60	177.5	Patel Heena	72	USA	9/4/2021	Idaho Falls ID	
67.5	180	Lane Katie	89	GBR	8/6/2023	Baton Rouge LA	
75	182.5	Lane Katie	89	GBR	5/18/2024	Manchester UK	
82.5	107.5	Mullins Kierra	95	USA	4/20/2018	Grand Rapids MI	
90	115	O'Neal Finley	2002	USA	4/12/2019	Myrtle Beach SC	
100							
110							
110+							

## Men's Junior 20-23 AWPC Single Ply Deadlift Records

Class	Record	Name	DOB		Date of Record	Location	
52							
56	160	Varun Dave	2001	IND	12/11/2021	Moscow	
60							
67.5	220	Buyankhishig Jambal	94	MGL	12/5/2015	Kursk	
75	240	Kondratov Maxim	97	RUS	8/12/2017	Kursk	
82.5	262.5	Elzain Ali	2002	EGY	2/2/2025	Giza Egypt	
90	260	Campo Anthony	96	USA	8/31/2017	Idaho Falls ID	
100	220	Mahmoud Mohamed	2004	EGY	2/2/2025	Giza Egypt	
110							
125	230	Myagmarjav Dorj	95	MGL	8/14/2016	Kursk	
140							
140+							

## Women's Junior 20-23 AWPC Single Ply Deadlift Records

Class	Record	Name	DOB		Date of Record	Location	
44	120	Kozintseva Anastasiya	95	RUS	8/14/2016	Kursk	
48							
52							
56	137.5	Khalina Tatyana	93	RUS	8/16/2015	Kursk	
60	160	Bochkova Yelizaveta	94	RUS	4/22/2017	Rostov	
67.5	165	Febrey Lucy	2001	GBR	5/13/2023	Manchester UK	
75							
82.5	107.5	Mullins Kierra	95	USA	4/20/2018	Grand Rapids MI	4th
90							
100							
110							
110+							

## Men's Teenage AWPC Single Ply DeadliftRecords

## 13-15 Age Group

Class	Record	Name	DOB	Date of Record	Location
52	90	Singh Mehar	2011 IND	8/27/2024	Limerick Ireland
56					
60					
67.5	215	Pearson Gregory	2007 GBR	5/22/2022	Manchester UK
75	200	Berdnikov Alexandr	2000 RUS	12/5/2015	Kursk
82.5	230	Berdnikov Alexandr	2000 RUS	8/14/2016	Kursk
90					
100					
110					
125					
140					
140+					

## 16-17 Age Group

Class	Record	Name	DOB	Date of Record	Location	
52	140	Marchant Zac	2001 USA	8/30/2018	Idaho Falls ID	4th
56						
60	195	Gazizov Timur	99 RUS	12/12/2015	Yekaterinburg	
67.5	200	Belozerov Alexandr	97 RUS	12/6/2014	Kursk	
75						
82.5	170	Henn Charles	2007 USA	5/27/2023	N Aurora IL	
90	245	Berdnikov Alexandr	2000 RUS	8/12/2017	Kursk	
100						
110						
125						
140						
140+						

## 18-19 Age Group

Class	Record	Name	DOB	Date of Record	Location
52					
56					
60	165	Yakushev Alexei	98 RUS	7/31/2016	Blagoveschensk
67.5	210	Romanenko Dmitriy	98 RUS	4/22/2017	Rostov
75	215	Avakyan Ashot	96 RUS	8/16/2015	Kursk
82.5	240	Ruane Peter	96 USA	4/10/2015	Glen Ellyn IL
90	210	Horstmann Alexander	2004 USA	9/3/2022	Idaho Falls ID
100	207.5	Anderson Kyle	2003 USA	9/3/2022	Idaho Falls ID
110					
125	230	Anan Mostafa Osama Mostafa	96 EGY	9/2/2015	Idaho Falls ID
140					
140+					

## Women's Teenage AWPC Single Ply DeadliftRecords

## 13-15 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
100					
110					

110+

16-17 Age Group

Class	Record	Name	DOB	Date of Record	Location
44	50	Thakkar Prisha	2007 IND	11/18/2023	Bishkek Kyrgyzstan
48					
52					
56					
60					
67.5					
75					
82.5					
90	115	O'Neal Finley	2002 USA	4/12/2019	Myrtle Beach SC
100					
110					
110+					

18-19 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52	120	Gaydukova Yekaterina	99 RUS	8/12/2017	Kursk
56					
60					
67.5					
75					
82.5					
90					
100					
110					
110+					

Men's Submaster 33-39 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB	Date of Record	Location
52					
56					
60					
67.5					
75	270	Rana Adeel	82 GBR	8/5/2018	Manchester
82.5	290	Topol Dmitriy	81 RUS	9/25/2015	Rostov
90	305	Umerenkov Igor	80 RUS	12/6/2014	Kursk
100	300	Peters Kieran	89 GBR	5/18/2024	Manchester UK
110	322.5	Muratkin Alexander	85 RUS	6/11/2023	Moscow Russia
125	250	Omrani Khameneh	85 IRN	12/3/2023	Moscow Russia
140	277.5	Strange John	85 GBR	8/6/2023	Baton Rouge LA
140+	282.5	Ormsbee Joey	89 USA	8/31/2024	Idaho Falls ID

Women's Submaster 33-39 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB	Date of Record	Location
44					
48	147.5	Vakhterova Yuliya	80 RUS	12/5/2015	Kursk
52	132.5	Kamyshnikova Marina	79 RUS	12/5/2015	Kursk
56	135	Kamyshnikova Marina	79 RUS	8/14/2016	Kursk
60	115	Kazarina Elena	80 RUS	8/23/2020	Ramenskoe Russia
67.5	180	Lane Katie	89 GBR	8/6/2023	Baton Rouge LA
75	182.5	Lane Katie	89 GBR	5/18/2024	Manchester UK
82.5					
90					
100					
110					

110+

Men's Master AWPC Single Ply DeadliftRecords

40-44 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	187.5	Pearson Jason	81	GBR	5/18/2024	Manchester UK
75	221	Shawver Luke	81	USA	9/2/2023	Idaho Falls ID
82.5	250.5	Singh Daljeet	80	IND	9/10/2022	Manchester UK
90	265	Gavrilyan Igor	79	RUS	10/6/2019	Blagoveshchensk Russia
100	265	Nefedov Evgeniy	73	RUS	11/3/2017	Moscow Russia
110	265	Konopatskiy Vladimir	73	RUS	8/16/2015	Kursk
125	330	Hickey James	77	IRE	4/15/2017	Limerick Ireland
140						
140+	255	Anderson Jay	78	USA	9/3/2022	Idaho Falls ID

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	292.5	Taaffe Kenneth	74	IRL	6/13/2019	Limerick Ireland
100	272.5	Sanchez Humberto	75	USA	5/2/2021	Gatlinburg TN
110	270	Lischuk Sergei	67	RUS	8/14/2016	Kursk
125	190	Israilov Arbi	68	RUS	7/23/2017	Blagoveschensk
140						
140+						

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	220	Sukhobok Maxim	65	RUS	8/16/2015	Kursk
75	235	Coats Paul	67	USA	5/2/2021	Gatlinburg TN
82.5						
90	305.5	Watkins Pil	68	GBR	8/14/2021	Manchester UK
100	280	Watkins Pil	68	GBR	9/10/2022	Manchester UK
110	255	Lischuk Sergei	67	RUS	3/26/2016	Rostov
125	295	Polivanov Vladimir	63	RUS	12/13/2014	Yekaterinburg
140						
140+	290	Du Plessis Andre	65	IRL	6/13/2019	Limerick Ireland

Men's Master AWPC Single Ply DeadliftRecords

55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	227.5	Mumaw Jeff	62	USA	8/5/2017	Grand Rapids MI
82.5	225	Golovin Valeriy	61	RUS	4/25/2016	Krasnodar
90	222.5	Clayton Doug	57	USA	9/1/2016	Idaho Falls ID
100	277.5	Baldwin Terry	63	USA	8/29/2019	Idaho Falls ID
110	210	Davis Lance	66	USA	9/2/2023	Idaho Falls ID

125	255	Green Richard	66	GBR	9/10/2022	Manchester UK
140						
140+						

60-64 Age Group  
Class Record

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	187.5	Shipley Cliff	59	USA	5/1/2021	Gatlinburg TN
82.5	260	Zweig Greg	59	USA	10/1/2021	Lombard IL
90	215	Clayton Doug	57	USA	8/31/2017	Idaho Falls ID
100	265	Dingle Gary	51	USA	4/10/2015	Glen Ellyn IL
110	280	Davison Rik	61	GBR	5/21/2022	Manchester UK
125	245	Prodan Anatoliy	61	RUS	12/18/2022	Moscow Russia
140	152.5	Riskey Larry	50	USA	8/31/2014	Idaho Falls ID
140+						

65-69 Age Group  
Class Record

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	220.5	Little Art	55	USA	10/1/2021	Lombard IL
75	190	Chuldenko Gennadiy	48	RUS	12/12/2015	Yekaterinburg
82.5						
90						
100	257.5	Bakke Jay	57	USA	9/2/2023	Idaho Falls ID
110	170	Kamenev Oleg	53	KGZ	6/19/2021	Bishkek Kyrgyzstan
125	175	O'Dell Regan	52	USA	5/28/2021	Gatlinburg TN
140						
140+						

Men's Master AWPC Single Ply DeadliftRecords

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	165	Dolmatov Boris	45	RUS	8/14/2016	Kursk
82.5						
90	165	Allen William	47	USA	5/2/2021	Gatlinburg TN
100	172.5	Bishop Jimmy	48	USA	5/1/2021	Gatlinburg TN
110	172.5	Reed David	48	USA	5/2/2021	Gatlinburg TN
125						
140						
140+						

75-79 Age Group  
Class Record

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	150	Darlington James	44	USA	5/2/2021	Gatlinburg TN
90						
100						

110	142.5	Bishop James	48	USA	6/7/2024	Baton Rouge LA
125						
140						
140+						

80+ Age Group

Class	Record	Name	DOB		Date of Record	Location
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52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

100	100	Walters Tom	38	USA	5/2/2021	Gatlinburg TN
110	106	Roberts William	42	USA	6/7/2024	Baton Rouge LA

Women's Master AWPC Single Ply DeadliftRecords

40-44 Age Group

Class	Record	Name	DOB		Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

67.5	135.5	Kadyrova Irina	71	RUS	12/12/2015	Yekaterinburg
90	190	Coleman Paulina	78	IRE	6/26/2022	Hungary

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

60	177.5	Patel Heena	72	USA	9/4/2021	Idaho Falls ID	
67.5	177.5	Patel Heena	72	USA	4/29/2022	Gatlinburg TN	
100	205	Coleman Paulina	77	IRE	9/10/2022	Manchester UK	4th

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75

82.5  
90  
100  
110  
110+

Women's Master AWPC Single Ply DeadliftRecords

55-59 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5	105	Fowler Lori	66 USA	6/9/2024	Baton Rouge LA
75					
82.5					

90  
100  
110  
110+

60-64 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

65-69 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Master AWPC Single Ply DeadliftRecords

70-74 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60

67.5  
75  
82.5  
90  
100  
110  
110+

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

80 + Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+