

APF AAPF **SCORE CARD**

HEIGHT OF SQUAT RACK _____
 IN OUT

Competitor's Name _____ Body Weight _____
 Complete Mailing Address: _____ Age _____ Birthdate _____

 Complete phone number _____ Occupation _____

WEIGHT CLASS: _____
 Formula Coefficient: _____
 Category _____
 Powerlifting Bench Press Deadlift
 Raw Classic Raw Single Ply Multi Ply

1st ATTEMPT

2nd ATTEMPT

3rd ATTEMPT

SQUAT			
BENCH			
		SUBTOTAL	
DEADLIFT			
		TOTAL	

COEFFICIENT TOTAL _____ = PLACE AS BEST LIFTER _____ PLACE _____ TOTAL _____

Powerlifting Accomplishments: _____

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