

# WPC Single Ply MEN'S OPEN RECORDS

|                | Weight | Name                    | DOB  | NAT | Date of Record | Location                | Lifts to achieve total   |
|----------------|--------|-------------------------|------|-----|----------------|-------------------------|--------------------------|
| 52 KG. CLASS   |        |                         |      |     |                |                         |                          |
| S              | 190    | Trubin Stanislav        | 95   | RUS | 11/3/2017      | Moscow Russia           | 190-122.5-162.5          |
| B              | 122.5  | Trubin Stanislav        | 95   | RUS | 11/3/2017      | Moscow Russia           |                          |
| D              | 162.5  | Trubin Stanislav        | 95   | RUS | 11/3/2017      | Moscow Russia           |                          |
| T              | 475    | Trubin Stanislav        | 95   | RUS | 11/3/2017      | Moscow Russia           |                          |
| 56 KG. CLASS   |        |                         |      |     |                |                         |                          |
| S              | 135    | Pesonen Miika           | 2009 | FIN | 6/14/2024      | Salo Finland            | 135-55-160               |
| B              | 57.5   | Zakaria Youssef         | 2007 | EGY | 2/3/2024       | Hurghada Egypt          |                          |
| D              | 160    | Pesonen Miika           | 2009 | FIN | 6/14/2024      | Salo Finland            |                          |
| T              | 350    | Pesonen Miika           | 2009 | FIN | 6/14/2024      | Salo Finland            |                          |
| 60 KG. CLASS   |        |                         |      |     |                |                         |                          |
| S              | 225    | Smith Barry             | 87   | IRL | 9/21/2019      | Limerick Ireland        | 225-140-215              |
| B              | 140    | Smith Barry             | 87   | IRL | 9/21/2019      | Limerick Ireland        |                          |
| D              | 215    | Smith Barry             | 87   | IRL | 9/21/2019      | Limerick Ireland        |                          |
| T              | 580    | Smith Barry             | 87   | IRL | 9/21/2019      | Limerick Ireland        |                          |
| 67.5 KG. CLASS |        |                         |      |     |                |                         |                          |
| S              | 287.5  | Benedix Brett           | 96   | USA | 5/29/2016      | Orlando FL              | 4th<br>287.5-137.5-247.5 |
| B              | 167.5  | Pontes Pedro            | 82   | POR | 11/14/2015     | Maia Portugal           |                          |
| D              | 250    | Rizk Ibrahim            | 2000 | EGY | 2/2/2025       | Giza Egypt              |                          |
| T              | 672.5  | Benedix Brett           | 96   | USA | 5/29/2016      | Orlando FL              |                          |
| 75 KG. CLASS   |        |                         |      |     |                |                         |                          |
| S              | 340.5  | Benedix Brett           | 96   | USA | 6/17/2017      | Jacksonville FL         | 325-240-325              |
| B              | 240    | Sokolov Nikolai         | 79   | RUS | 6/11/2014      | Baku                    |                          |
| D              | 325    | Sokolov Nikolai         | 79   | RUS | 6/11/2014      | Baku                    |                          |
| T              | 890    | Sokolov Nikolai         | 79   | RUS | 6/11/2014      | Baku                    |                          |
| 82.5 KG. CLASS |        |                         |      |     |                |                         |                          |
| S              | 330    | Khaustov Roman          | 83   | RUS | 4/18/2014      | Krasnodar               | 330-170-280              |
| B              | 245    | Burritt Brian           | 67   | USA | 4/12/2014      | Orlando FL              |                          |
| D              | 320    | Ahmed Mohamed Said      | 2003 | EGY | 3/8/2023       | Hurgada City Egypt      |                          |
| T              | 780    | Khaustov Roman          | 83   | RUS | 4/18/2014      | Krasnodar               |                          |
| 90 KG. CLASS   |        |                         |      |     |                |                         |                          |
| S              | 335    | Mahecha Ruben           | 78   | COL | 11/10/2014     | West Palm Beach FL      | 320-200-287.5            |
| B              | 252.5  | Klimovich Alexandr      | 80   | BLR | 8/13/2015      | Kursk                   |                          |
| D              | 305    | Calista Gabriele        | 79   | ITA | 11/14/2015     | Maia Portugal           |                          |
| T              | 807.5  | Levine Matt             | 87   | USA | 4/12/2014      | Orlando FL              |                          |
| 100 KG. CLASS  |        |                         |      |     |                |                         |                          |
| S              | 397.5  | Sonntag Joseph          | 90   | USA | 5/29/2016      | Orlando FL              | 390-285-345              |
| B              | 285    | Verdiyev Hafiz          | 90   | AZE | 11/11/2016     | Baton Rouge LA          |                          |
| D              | 345    | Verdiyev Hafiz          | 90   | AZE | 11/11/2016     | Baton Rouge LA          |                          |
| T              | 1020   | Verdiyev Hafiz          | 90   | AZE | 11/11/2016     | Baton Rouge LA          |                          |
| 110 KG. CLASS  |        |                         |      |     |                |                         |                          |
| S              | 400    | Bobrov Vitaliy          | 81   | RUS | 5/28/2014      | Kursk                   | 400-270-330              |
| B              | 271    | O'Rourke Tony           | 83   | IRE | 11/15/2021     | Trofa Portugal          |                          |
| D              | 355.5  | Tagiev Nizami           | 91   | RUS | 8/13/2015      | Kursk                   |                          |
| T              | 1000   | Bobrov Vitaliy          | 81   | RUS | 5/28/2014      | Kursk                   |                          |
| 125 KG. CLASS  |        |                         |      |     |                |                         |                          |
| S              | 440    | Thomason Henry          | 79   | USA | 5/29/2016      | Orlando FL              | 417.5-335-315            |
| B              | 335    | Thomason Henry          | 79   | USA | 11/11/2016     | Baton Rouge LA          |                          |
| D              | 355    | Shirkov Mikhail         | 99   | RUS | 9/27/2020      | Vladivostok Russia      |                          |
| T              | 1067.5 | Thomason Henry          | 79   | USA | 11/11/2016     | Baton Rouge LA          |                          |
| 140 KG. CLASS  |        |                         |      |     |                |                         |                          |
| S              | 400    | Hoskinson Jim           | 65   | USA | 4/12/2014      | Orlando FL              | 372.5-347.5-310          |
| B              | 347.5  | MacNeil Stephen         | 84   | GBR | 6/27/2018      | Le Pont de Claix France |                          |
| D              | 340    | Nasr Mohamed Said Ahmed |      | EGY | 11/11/2016     | Baton Rouge LA          |                          |
| T              | 1030   | MacNeil Stephen         | 84   | GBR | 6/27/2018      | Le Pont de Claix France |                          |
| 140+ KG. CLASS |        |                         |      |     |                |                         |                          |
| S              | 455    | Slepicka Dustin         | 87   | USA | 11/11/2016     | Baton Rouge LA          | 455-250-350              |
| B              | 276    | Saka Rabih              |      | LEB | 11/15/2021     | Trofa Portugal          |                          |
| D              | 382.5  | Slepicka Dustin         | 87   | USA | 6/4/2022       | Lombard IL              |                          |
| T              | 1055   | Slepicka Dustin         | 87   | USA | 11/11/2016     | Baton Rouge LA          |                          |

# Women's Open WPC Single Ply Records

| Weight         | Name                    | DOB | NAT | Date of Record | Location              | Lifts to achieve total |
|----------------|-------------------------|-----|-----|----------------|-----------------------|------------------------|
| 44 KG. CLASS   |                         |     |     |                |                       |                        |
| S              |                         |     |     |                |                       |                        |
| B              |                         |     |     |                |                       |                        |
| D              |                         |     |     |                |                       |                        |
| T              |                         |     |     |                |                       |                        |
| 48 KG. CLASS   |                         |     |     |                |                       |                        |
| S 140          | Pickering Amber         | 86  | USA | 11/10/2018     | Orlando FL            |                        |
| B 75           | Pickering Amber         | 86  | USA | 6/8/2018       | Lisle IL              |                        |
| D 127.05       | Pickering Amber         | 86  | USA | 11/10/2018     | Orlando FL            |                        |
| T 342.5        | Pickering Amber         | 86  | USA | 11/10/2018     | Orlando FL            | 140-75-127.5           |
| 52 KG. CLASS   |                         |     |     |                |                       |                        |
| S 155          | Chaparro Haidi          | 86  | MEX | 11/14/2015     | Maia Portugal         |                        |
| B 85           | Chaparro Haidi          | 86  | MEX | 11/14/2015     | Maia Portugal         |                        |
| D 150          | Chaparro Haidi          | 86  | MEX | 11/14/2015     | Maia Portugal         |                        |
| T 390          | Chaparro Haidi          | 86  | MEX | 11/14/2015     | Maia Portugal         | 155-85-150             |
| 56 KG. CLASS   |                         |     |     |                |                       |                        |
| S 180          | Kruk Violet             | 89  | RUS | 10/6/2019      | Blagoveschensk Russia |                        |
| B 95           | Selivanova Irina        | 73  | KAZ | 11/14/2015     | Maia Portugal         |                        |
| D 200          | Kruk Violet             | 89  | RUS | 10/6/2019      | Blagoveschensk Russia |                        |
| T 470          | Kruk Violet             | 89  | RUS | 10/6/2019      | Blagoveschensk Russia | 180-90-200             |
| 60 KG. CLASS   |                         |     |     |                |                       |                        |
| S 190          | Badmaadorj Lkhamnurjmaa |     | MGL | 11/10/2014     | West Palm Beach FL    |                        |
| B 102.5        | Patel Heena             | 72  | USA | 9/4/2021       | Idaho Falls ID        |                        |
| D 177.5        | Patel Heena             | 72  | USA | 9/4/2021       | Idaho Falls ID        |                        |
| T 465          | Badmaadorj Lkhamnurjmaa |     | MGL | 11/10/2014     | West Palm Beach FL    | 190-100-175            |
| 67.5 KG. CLASS |                         |     |     |                |                       |                        |
| S 210          | Nasonova Olga           | 96  | RUS | 12/12/2014     | Yekaterinburg         |                        |
| B 130          | Nazarenko Svetlana      | 65  | KAZ | 11/14/2015     | Maia Portugal         |                        |
| D 185.5        | Sillanpaa Vihleimiina   | 96  | FIN | 3/23/2024      | Tampere Finland       |                        |
| T 490          | Nasonova Olga           | 96  | RUS | 12/12/2014     | Yekaterinburg         | 210-110-170            |
| 75 KG. CLASS   |                         |     |     |                |                       |                        |
| S 200          | Gurjar Dharini          | 88  | IND | 11/10/2018     | Orlando FL            |                        |
| B 120          | Parker Talor Rene       | 97  | USA | 5/28/2016      | Orlando FL            |                        |
| D 200          | Kalanina Mariya         | 82  | RUS | 11/3/2017      | Moscow Russia         |                        |
| T 510          | Kalanina Mariya         | 82  | RUS | 11/3/2017      | Moscow Russia         | 190-120-200            |
| 82.5 KG. CLASS |                         |     |     |                |                       |                        |
| S 240          | Wright Gemma            | 92  | GBR | 8/9/2021       | Manchester UK         |                        |
| B 127.5        | Connoly Joanne          | 87  | IRE | 11/3/2017      | Moscow Russia         |                        |
| D 190          | Boshoven Lynne          | 57  | USA | 11/10/2014     | West Palm Beach FL    |                        |
| T 545          | Connoly Joanne          | 87  | IRE | 11/3/2017      | Moscow Russia         | 235-127.5-182.5        |
| 90 KG. CLASS   |                         |     |     |                |                       |                        |
| S 250          | Ortiz Alexis            | 98  | USA | 6/14/2019      | Grand Rapids MI       |                        |
| B 130          | Rollo Elaine            | 82  | GBR | 11/15/2021     | Trofa Portugal        |                        |
| D 175          | Ortiz Alexis            | 98  | USA | 6/14/2019      | Grand Rapids MI       |                        |
| T 530          | Ortiz Alexis            | 98  | USA | 6/14/2019      | Grand Rapids MI       | 250-105-175            |
| 100 KG CLASS   |                         |     |     |                |                       |                        |
| S 260          | Wright Gemma            | 93  | GBR | 7/19/2024      | Manchester UK         |                        |
| B 122.5        | Wright Gemma            | 93  | GBR | 7/19/2024      | Manchester UK         |                        |
| D 182.5        | Wright Gemma            | 93  | GBR | 7/19/2024      | Manchester UK         |                        |
| T 565          | Wright Gemma            | 93  | GBR | 7/19/2024      | Manchester UK         | 260-122.5-182.5        |
| 110 KG CLASS   |                         |     |     |                |                       |                        |
| S 245          | Skehan Sarah            | 88  | IRE | 8/26/2024      | Limerick Ireland      |                        |
| B 105          | Skehan Sarah            | 88  | IRE | 8/26/2024      | Limerick Ireland      | 4th                    |
| D 170          | Skehan Sarah            | 88  | IRE | 8/26/2023      | Drogheda Ireland      |                        |
| T 507.5        | Skehan Sarah            | 88  | IRE | 8/26/2024      | Limerick Ireland      | 245-102.5-160          |
| 110+ KG CLASS  |                         |     |     |                |                       |                        |
| S 150          | D'Errico Melissa        | 81  | USA | 11/11/2016     | Baton Rouge LA        | 4th                    |
| B 147.5        | D'Errico Melissa        | 81  | USA | 11/11/2016     | Baton Rouge LA        |                        |
| D 170          | Fischl Melinda          | 71  | USA | 11/10/2014     | West Palm Beach FL    |                        |
| T 442.5        | D'Errico Melissa        | 81  | USA | 11/11/2016     | Baton Rouge LA        | 147.5-147.5-147.5      |

## Men's Junior WPC Single Ply Records

|               | Weight | Name                  | DOB  | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------|-----------------------|------|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS  |        |                       |      |     |                |                    |                        |
| S             | 190    | Trubin Stanislav      | 95   | RUS | 11/3/2017      | Moscow Russia      | 190-122.5-162.5        |
| B             | 122.5  | Trubin Stanislav      | 95   | RUS | 11/3/2017      | Moscow Russia      |                        |
| D             | 162.5  | Trubin Stanislav      | 95   | RUS | 11/3/2017      | Moscow Russia      |                        |
| T             | 475    | Trubin Stanislav      | 95   | RUS | 11/3/2017      | Moscow Russia      |                        |
|               |        |                       |      |     |                |                    |                        |
| 56 KG. CLASS  |        |                       |      |     |                |                    |                        |
| S             | 130    | Kotak Keiwal          | 99   | IND | 12/11/2021     | Moscow             | 130-85-180             |
| B             | 85     | Kotak Keiwal          | 99   | IND | 12/11/2021     | Moscow             |                        |
| D             | 180    | Kotak Keiwal          | 99   | IND | 12/11/2021     | Moscow             |                        |
| T             | 395    | Kotak Keiwal          | 99   | IND | 12/11/2021     | Moscow             |                        |
|               |        |                       |      |     |                |                    |                        |
| 60 KG CLASS   |        |                       |      |     |                |                    |                        |
| S             | 185    | Salazar Juan          | 93   | COL | 11/10/2014     | West Palm Beach FL | 185-110-190            |
| B             | 110    | Salazar Juan          | 93   | COL | 11/10/2014     | West Palm Beach FL |                        |
| D             | 202.5  | Sagar Gurve           | 96   | IND | 8/12/2019      | Chelyabinsk Russia |                        |
| T             | 485    | Salazar Juan          | 93   | COL | 11/10/2014     | West Palm Beach FL |                        |
|               |        |                       |      |     |                |                    |                        |
| 67.5 KG CLASS |        |                       |      |     |                |                    |                        |
| S             | 287.5  | Benedix Brett         | 96   | USA | 5/29/2016      | Orlando FL         | 287.5-137.5-247.5      |
| B             | 137.5  | Benedix Brett         | 96   | USA | 5/29/2016      | Orlando FL         |                        |
| D             | 247.5  | Benedix Brett         | 96   | USA | 5/29/2016      | Orlando FL         |                        |
| T             | 672.5  | Benedix Brett         | 96   | USA | 5/29/2016      | Orlando FL         |                        |
|               |        |                       |      |     |                |                    |                        |
| 75 KG CLASS   |        |                       |      |     |                |                    |                        |
| S             | 340.5  | Benedix Brett         | 96   | USA | 6/17/2017      | Jacksonville FL    | 310-180-320            |
| B             | 180    | Mohamed Aboulezz Samy | 96   | EGY | 11/10/2018     | Orlando FL         |                        |
| D             | 320    | Mohamed Aboulezz Samy | 96   | EGY | 11/10/2018     | Orlando FL         |                        |
| T             | 810    | Mohamed Aboulezz Samy | 96   | EGY | 11/10/2018     | Orlando FL         |                        |
|               |        |                       |      |     |                |                    |                        |
| 82.5 KG CLASS |        |                       |      |     |                |                    |                        |
| S             | 305    | Tolstyuk Yevgeniy     | 95   | RUS | 4/23/2017      | Rostov             | 305-205-252.5          |
| B             | 205    | Gotskiy Andrei        | 92   | RUS | 4/17/2015      | Rostov             |                        |
| D             | 320    | Ahmed Mohamed Said    | 2003 | EGY | 3/8/2023       | Hurgada City Egypt |                        |
| T             | 762.5  | Tolstyuk Yevgeniy     | 95   | RUS | 4/23/2017      | Rostov             |                        |
|               |        |                       |      |     |                |                    |                        |
| 90 KG CLASS   |        |                       |      |     |                |                    |                        |
| S             | 382.5  | Magers Colton         | 94   | USA | 6/9/2018       | Lisle IL           | 382.5-227.5-305        |
| B             | 230    | Spiridonov Stepan     | 93   | RUS | 6/4/2017       | Moscow             |                        |
| D             | 305.5  | Magers Colton         | 94   | USA | 6/9/2018       | Lisle IL           |                        |
| T             | 915    | Magers Colton         | 94   | USA | 6/9/2018       | Lisle IL           |                        |
|               |        |                       |      |     |                |                    |                        |
| 100 KG CLASS  |        |                       |      |     |                |                    |                        |
| S             | 392.5  | Musiyenko Yegor       | 93   | RUS | 8/2/2015       | Blagoveschensk     | 392.5-222.5-340        |
| B             | 250    | Ross Laird            | 91   | AUS | 8/3/2014       | Qld Australia      |                        |
| D             | 340    | Musiyenko Yegor       | 93   | RUS | 8/2/2015       | Blagoveschensk     |                        |
| T             | 955    | Musiyenko Yegor       | 93   | RUS | 8/2/2015       | Blagoveschensk     |                        |
|               |        |                       |      |     |                |                    |                        |
| 110 KG CLASS  |        |                       |      |     |                |                    |                        |
| S             | 350    | Shadrov Yevgeniy      | 93   | RUS | 7/10/2016      | Novosibirsk        | 350-252.5-360          |
| B             | 252.5  | Shadrov Yevgeniy      | 93   | RUS | 7/10/2016      | Novosibirsk        |                        |
| D             | 360    | Shadrov Yevgeniy      | 93   | RUS | 7/10/2016      | Novosibirsk        |                        |
| T             | 962.5  | Shadrov Yevgeniy      | 93   | RUS | 7/10/2016      | Novosibirsk        |                        |
|               |        |                       |      |     |                |                    |                        |
| 125 KG CLASS  |        |                       |      |     |                |                    |                        |
| S             | 360    | Shirikov Mikhail      | 99   | RUS | 9/27/2020      | Vladivostok Russia | 360-260-355            |
| B             | 262.5  | Makarov Mikhail       | 91   | RUS | 7/18/2015      | Chelyabinsk        |                        |
| D             | 355    | Shirikov Mikhail      | 99   | RUS | 9/27/2020      | Vladivostok Russia |                        |
| T             | 975    | Shirikov Mikhail      | 99   | RUS | 9/27/2020      | Vladivostok Russia |                        |
|               |        |                       |      |     |                |                    |                        |
| 140 KG CLASS  |        |                       |      |     |                |                    |                        |
| S             | 275    | Ihab Youssef          | 2004 | EGY | 2/2/2025       | Giza Egypt         | 275-152.5-245          |
| B             | 152.5  | Ihab Youssef          | 2004 | EGY | 2/2/2025       | Giza Egypt         |                        |
| D             | 245    | Ihab Youssef          | 2004 | EGY | 2/2/2025       | Giza Egypt         |                        |
| T             | 672.5  | Ihab Youssef          | 2004 | EGY | 2/2/2025       | Giza Egypt         |                        |
|               |        |                       |      |     |                |                    |                        |
| 140+ KG CLASS |        |                       |      |     |                |                    |                        |
| S             |        |                       |      |     |                |                    |                        |
| B             |        |                       |      |     |                |                    |                        |
| D             |        |                       |      |     |                |                    |                        |

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### Women's Junior WPC Single Ply Records

| Weight        | Name  | DOB                       | NAT  | Date of Record | Location   | Lifts to achieve total |
|---------------|-------|---------------------------|------|----------------|------------|------------------------|
| 44 KG. CLASS  |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |
| D             |       |                           |      |                |            |                        |
| T             |       |                           |      |                |            |                        |
| 48 KG. CLASS  |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |
| D             |       |                           |      |                |            |                        |
| T             |       |                           |      |                |            |                        |
| 52 KG CLASS   |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |
| D             |       |                           |      |                |            |                        |
| T             |       |                           |      |                |            |                        |
| 56 KG CLASS   |       |                           |      |                |            |                        |
| S             | 165   | Badmaadorzh Lkhamnorzhmaa | 91   | MGL            | 7/5/2014   | Novosibirsk            |
| B             | 75    | Badmaadorzh Lkhamnorzhmaa | 91   | MGL            | 7/5/2014   | Novosibirsk            |
| D             | 165   | Badmaadorzh Lkhamnorzhmaa | 91   | MGL            | 7/5/2014   | Novosibirsk            |
| T             | 405   | Badmaadorzh Lkhamnorzhmaa | 91   | MGL            | 7/5/2014   | Novosibirsk            |
|               |       |                           |      |                |            | 165-75-165             |
| 60 KG CLASS   |       |                           |      |                |            |                        |
| S             | 190   | Badmaadorj Lkhamnurjmaa   |      | MGL            | 11/10/2014 | West Palm Beach FL     |
| B             | 100   | Badmaadorj Lkhamnurjmaa   |      | MGL            | 11/10/2014 | West Palm Beach FL     |
| D             | 175   | Badmaadorj Lkhamnurjmaa   |      | MGL            | 11/10/2014 | West Palm Beach FL     |
| T             | 465   | Badmaadorj Lkhamnurjmaa   |      | MGL            | 11/10/2014 | West Palm Beach FL     |
|               |       |                           |      |                |            | 190-100-175            |
| 67.5 KG CLASS |       |                           |      |                |            |                        |
| S             | 135   | Taylor Bronwyn            |      | GBR            | 8/30/2014  | Kent UK                |
| B             | 82.5  | Taylor Bronwyn            |      | GBR            | 8/30/2014  | Kent UK                |
| D             | 172.5 | Taylor Bronwyn            |      | GBR            | 8/30/2014  | Kent UK                |
| T             | 390   | Taylor Bronwyn            |      | GBR            | 8/30/2014  | Kent UK                |
|               |       |                           |      |                |            | 135-82.5-172.5         |
| 75 KG CLASS   |       |                           |      |                |            |                        |
| S             | 175   | Prudhome Ellis            | 2004 | USA            | 11/14/2024 | Lisle IL               |
| B             | 105   | Prudhome Ellis            | 2004 | USA            | 11/14/2024 | Lisle IL               |
| D             | 182.5 | Prudhome Ellis            | 2004 | USA            | 11/14/2024 | Lisle IL               |
| T             | 462.5 | Prudhome Ellis            | 2004 | USA            | 11/14/2024 | Lisle IL               |
|               |       |                           |      |                |            | 175-105-182.5          |
| 82.5 KG CLASS |       |                           |      |                |            |                        |
| S             | 152.5 | Hurd Rachel               | 94   | USA            | 5/28/2016  | Orlando FL             |
| B             | 62.5  | Hurd Rachel               | 94   | USA            | 5/28/2016  | Orlando FL             |
| D             | 155   | Hurd Rachel               | 94   | USA            | 5/28/2016  | Orlando FL             |
| T             | 370   | Hurd Rachel               | 94   | USA            | 5/28/2016  | Orlando FL             |
|               |       |                           |      |                |            | 152.5-62.5-155         |
| 90 KG CLASS   |       |                           |      |                |            |                        |
| S             | 250   | Ortiz Alexis              | 98   | USA            | 6/14/2019  | Grand Rapids MI        |
| B             | 105   | Ortiz Alexis              | 98   | USA            | 6/14/2019  | Grand Rapids MI        |
| D             | 175   | Ortiz Alexis              | 98   | USA            | 6/14/2019  | Grand Rapids MI        |
| T             | 530   | Ortiz Alexis              | 98   | USA            | 6/14/2019  | Grand Rapids MI        |
|               |       |                           |      |                |            | 250-105-175            |
| 100 KG CLASS  |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |
| D             |       |                           |      |                |            |                        |
| T             |       |                           |      |                |            |                        |
| 110 KG CLASS  |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |
| D             |       |                           |      |                |            |                        |
| T             |       |                           |      |                |            |                        |
| 110+ KG CLASS |       |                           |      |                |            |                        |
| S             |       |                           |      |                |            |                        |
| B             |       |                           |      |                |            |                        |

D  
T

### Men's Teenage 13-15 WPC Single Ply Records

|               | Weight | Name               | DOB  | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------|--------------------|------|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS  |        |                    |      |     |                |                    |                        |
| S             | 90     | Pesonen Miika      | 2010 | USA | 3/23/2024      | Tampere Finland    | 90-40-135              |
| B             | 40     | Pesonen Miika      | 2010 | USA | 3/23/2024      | Tampere Finland    |                        |
| D             | 135    | Pesonen Miika      | 2010 | USA | 3/23/2024      | Tampere Finland    |                        |
| T             | 265    | Pesonen Miika      | 2010 | USA | 3/23/2024      | Tampere Finland    |                        |
| 56 KG. CLASS  |        |                    |      |     |                |                    |                        |
| S             | 135    | Pesonen Miika      | 2009 | FIN | 6/14/2024      | Salo Finland       | 135-55-160             |
| B             | 55.5   | Pesonen Miika      | 2009 | FIN | 6/14/2024      | Salo Finland       |                        |
| D             | 160    | Pesonen Miika      | 2009 | FIN | 6/14/2024      | Salo Finland       |                        |
| T             | 350    | Pesonen Miika      | 2009 | FIN | 6/14/2024      | Salo Finland       |                        |
| 60 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             |        |                    |      |     |                |                    |                        |
| B             |        |                    |      |     |                |                    |                        |
| D             |        |                    |      |     |                |                    |                        |
| T             |        |                    |      |     |                |                    |                        |
| 67.5 KG CLASS |        |                    |      |     |                |                    |                        |
| S             | 210    | Pearson Gregory    | 2007 | GBR | 6/22/2022      | Hungary            | 210-130-225            |
| B             | 130    | Pearson Gregory    | 2007 | GBR | 6/22/2022      | Hungary            |                        |
| D             | 225    | Pearson Gregory    | 2007 | GBR | 6/22/2022      | Hungary            |                        |
| T             | 565    | Pearson Gregory    | 2007 | GBR | 6/22/2022      | Hungary            |                        |
| 75 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             | 142.5  | Megler Michael     | 98   | USA | 4/12/2014      | Orlando FL         | 4th                    |
| B             | 92.5   | Megler Michael     | 98   | USA | 4/12/2014      | Orlando FL         | 4th                    |
| D             | 187.5  | Megler Michael     | 98   | USA | 4/12/2014      | Orlando FL         | 4th                    |
| T             | 410    | Megler Michael     | 98   | USA | 4/12/2014      | Orlando FL         | 137.5-90-182.5         |
| 82.5 KG CLASS |        |                    |      |     |                |                    |                        |
| S             | 175    | Miller Trevor      | 2005 | USA | 8/15/2020      | Fort Lauderdale FL | 4th                    |
| B             | 82.5   | Miller Trevor      | 2005 | USA | 8/15/2020      | Fort Lauderdale FL | 160-82.5-167.5         |
| D             | 170    | Miller Trevor      | 2005 | USA | 8/15/2020      | Fort Lauderdale FL |                        |
| T             | 410    | Miller Trevor      | 2005 | USA | 8/15/2020      | Fort Lauderdale FL |                        |
| 90 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             | 215    | Mackie Joseph      | 2008 | USA | 7/2/2023       | Salt Lake City UT  | 215-150-220            |
| B             | 150    | Mackie Joseph      | 2008 | USA | 7/2/2023       | Salt Lake City UT  |                        |
| D             | 220    | Mackie Joseph      | 2008 | USA | 7/2/2023       | Salt Lake City UT  |                        |
| T             | 585    | Mackie Joseph      | 2008 | USA | 7/2/2023       | Salt Lake City UT  |                        |
| 100 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 172.5  | Gremillion Rhys    | 2009 | USA | 6/8/2024       | Baton Rouge LA     | 172.5-95-182.5         |
| B             | 95     | Gremillion Rhys    | 2009 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| D             | 182.5  | Gremillion Rhys    | 2009 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| T             | 450    | Gremillion Rhys    | 2009 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| 110 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 225    | Noskov Pavel       | 99   | RUS | 5/28/2014      | Kursk              | 220-147.5-222.5        |
| B             | 147.5  | Rangel Ivan        | 2005 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| D             | 227.5  | Ruiz Alejandro     | 99   | USA | 11/10/2014     | West Palm Beach FL |                        |
| T             | 590    | Rangel Ivan        | 2005 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| 125 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 242.5  | Broussard II Scott | 2005 | USA | 6/12/2021      | Fort Lauderdale FL | 242.5-140-190          |
| B             | 142.5  | Broussard II Scott | 2005 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| D             | 190    | Broussard II Scott | 2005 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| T             | 572.5  | Broussard II Scott | 2005 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| 140 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             |        |                    |      |     |                |                    |                        |
| B             |        |                    |      |     |                |                    |                        |
| D             |        |                    |      |     |                |                    |                        |
| T             |        |                    |      |     |                |                    |                        |
| 140+ KG CLASS |        |                    |      |     |                |                    |                        |
| S             |        |                    |      |     |                |                    |                        |

B  
D  
T

# Men's Teenage 16-17 WPC Single Ply Records

|               | Weight | Name               | DOB  | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------|--------------------|------|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS  |        |                    |      |     |                |                    |                        |
| S             | 115    | Hesham Abdelrahman | 2007 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| B             | 65     | Dupre Joseph       | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D             | 142.5  | Dupre Joseph       | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 320    | Dupre Joseph       | 2000 | USA | 11/11/2016     | Baton Rouge LA     | 112.5-65-142.5         |
| 56 KG. CLASS  |        |                    |      |     |                |                    |                        |
| S             | 100    | Zakaria Youssef    | 2007 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| B             | 65     | Kong Julian        | 2002 | USA | 11/10/2018     | Orlando FL         |                        |
| D             | 145    | Kong Julian        | 2002 | USA | 11/10/2018     | Orlando FL         | 4th                    |
| T             | 292.5  | Zakaria Youssef    | 2007 | EGY | 2/3/2024       | Hurghada Egypt     | 100-57.5-135           |
| 60 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             | 170    | Pereira Goncalo    |      | POR | 4/13/2019      | Portugal           |                        |
| B             | 90     | Pereira Goncalo    |      | POR | 4/13/2019      | Portugal           | 4th                    |
| D             | 200    | Pereira Goncalo    |      | POR | 4/13/2019      | Portugal           |                        |
| T             | 455    | Pereira Goncalo    |      | POR | 4/13/2019      | Portugal           | 170-85-200             |
| 67.5 KG CLASS |        |                    |      |     |                |                    |                        |
| S             | 140    | Philip George      | 2006 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| B             | 110    | Philip George      | 2006 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| D             | 195    | Philip George      | 2006 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| T             | 445    | Philip George      | 2006 | EGY | 2/3/2024       | Hurghada Egypt     | 140-110-195            |
| 75 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             | 255    | Black Brady        | 2007 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| B             | 130    | Buhler Dakota      | 2008 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| D             | 272.5  | Black Brady        | 2007 | USA | 6/8/2024       | Baton Rouge LA     |                        |
| T             | 650    | Black Brady        | 2007 | USA | 6/8/2024       | Baton Rouge LA     | 255-122.5-272.5        |
| 82.5 KG CLASS |        |                    |      |     |                |                    |                        |
| S             | 307.5  | Evans Logan        | 2003 | USA | 6/16/2019      | Grand Rapdis MI    |                        |
| B             | 167.5  | Evans Logan        | 2003 | USA | 6/16/2019      | Grand Rapdis MI    |                        |
| D             | 272.5  | Evans Logan        | 2003 | USA | 6/16/2019      | Grand Rapdis MI    |                        |
| T             | 747.5  | Evans Logan        | 2003 | USA | 6/16/2019      | Grand Rapdis MI    | 307.5-167.5-272.5      |
| 90 KG CLASS   |        |                    |      |     |                |                    |                        |
| S             | 265    | Evans Logan        | 2003 | USA | 10/24/2020     | Lombard IL         |                        |
| B             | 130    | Evans Logan        | 2003 | USA | 10/24/2020     | Lombard IL         |                        |
| D             | 272.5  | Evans Logan        | 2003 | USA | 10/24/2020     | Lombard IL         |                        |
| T             | 667.5  | Evans Logan        | 2003 | USA | 10/24/2020     | Lombard IL         | 265-130-272.5          |
| 100 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 215    | Ruiz Alejandro     | 99   | USA | 5/29/2016      | Orlando FL         |                        |
| B             | 175    | Ruiz Alejandro     | 99   | USA | 11/11/2016     | Baton Rouge LA     | 4th                    |
| D             | 255    | Ruiz Alejandro     | 99   | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 630    | Ruiz Alejandro     | 99   | USA | 11/11/2016     | Baton Rouge LA     | 205-170-255            |
| 110 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 275    | Rangel Ivan        | 2005 | USA | 6/4/2022       | Lombard IL         |                        |
| B             | 182.5  | Katsumata Yudai    | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D             | 242.5  | Rangel Ivanj       | 2005 | USA | 6/4/2022       | Lombard IL         |                        |
| T             | 675    | Belyaev Alexandr   | 98   | RUS | 8/13/2015      | Kursk              | 270-175-230            |
| 125 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             | 197.5  | Sun Hao Yang       | 98   | USA | 11/10/2014     | West Palm Beach FL |                        |
| B             | 155    | Sun Hao Yang       | 98   | USA | 11/10/2014     | West Palm Beach FL | 4th                    |
| D             | 205    | Sun Hao Yang       | 98   | USA | 11/10/2014     | West Palm Beach FL |                        |
| T             | 555    | Sun Hao Yang       | 98   | USA | 11/10/2014     | West Palm Beach FL | 197.5-152.5-205        |
| 140 KG CLASS  |        |                    |      |     |                |                    |                        |
| S             |        |                    |      |     |                |                    |                        |
| B             |        |                    |      |     |                |                    |                        |
| D             |        |                    |      |     |                |                    |                        |
| T             |        |                    |      |     |                |                    |                        |
| 140+ KG CLASS |        |                    |      |     |                |                    |                        |
| S             |        |                    |      |     |                |                    |                        |
| B             |        |                    |      |     |                |                    |                        |

D  
T

### Men's Teenage 18-19 WPC Single Ply Records

| Weight        | Name                     | DOB  | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------------------------|------|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS  |                          |      |     |                |                    |                        |
| S             |                          |      |     |                |                    |                        |
| B             |                          |      |     |                |                    |                        |
| D             |                          |      |     |                |                    |                        |
| T             |                          |      |     |                |                    |                        |
| 56 KG. CLASS  |                          |      |     |                |                    |                        |
| S 165         | Saintignan Seth          | 2003 | USA | Jun-21         | Fort Lauderdale FL |                        |
| B 102.5       | Saintignan Seth          | 2003 | USA | Jun-21         | Fort Lauderdale FL |                        |
| D 165         | Saintignan Seth          | 2003 | USA | Jun-21         | Fort Lauderdale FL |                        |
| T 432.5       | Saintignan Seth          | 2003 | USA | Jun-21         | Fort Lauderdale FL | 165-102.5-165          |
| 60 KG CLASS   |                          |      |     |                |                    |                        |
| S 145         | Mohamed Abdullah         | 2005 | EGY | 2/2/2025       | Giza Egypt         |                        |
| B 80.5        | Mohamed Abdullah         | 2005 | EGY | 2/2/2025       | Giza Egypt         |                        |
| D 170         | Yang Jun                 | 98   | USA | 5/29/2016      | Orlando FL         |                        |
| T 390         | Mohamed Abdullah         | 2005 | EGY | 2/2/2025       | Giza Egypt         | 145-80-165             |
| 67.5 KG CLASS |                          |      |     |                |                    |                        |
| S 275         | Benedix Brett            | 96   | USA | 11/10/2014     | West Palm Beach FL |                        |
| B 137.5       | Benedix Jake             | 94   | USA | 4/12/2014      | Orlando FL         |                        |
| D 232.5       | Benedix Brett            | 96   | USA | 11/10/2014     | West Palm Beach FL |                        |
| T 635         | Benedix Brett            | 96   | USA | 11/10/2014     | West Palm Beach FL | 275-127.5-232.5        |
| 75 KG CLASS   |                          |      |     |                |                    |                        |
| S 290         | Shatalov Vladimir        | 98   | RUS | 4/23/2017      | Rostov             |                        |
| B 170         | Shatalov Vladimir        | 98   | RUS | 4/23/2017      | Rostov             |                        |
| D 260         | Shatalov Vladimir        | 98   | RUS | 4/23/2017      | Rostov             |                        |
| T 720         | Shatalov Vladimir        | 98   | RUS | 4/23/2017      | Rostov             | 290-170-260            |
| 82.5 KG CLASS |                          |      |     |                |                    |                        |
| S 235         | Ashraf Abdullah          | 2005 | EGY | 2/2/2025       | Giza Egypt         |                        |
| B 172.5       | Guidry III Russell Paul  | 2003 | USA | 6/12/2021      | Fort Lauderdale FL |                        |
| D 247.5       | Albert Jonah David       | 96   | USA | 5/29/2016      | Orlando FL         |                        |
| T 640         | Guidry III Russell Paul  | 2003 | USA | 6/12/2021      | Fort Lauderdale FL | 232.5-172.5-235        |
| 90 KG CLASS   |                          |      |     |                |                    |                        |
| S 292.5       | Mohamed Sayed Abdou Amir | 99   | EGY | 11/10/2018     | Orlando FL         |                        |
| B 172.5       | Mohamed Sayed Abdou Amir | 99   | EGY | 11/10/2018     | Orlando FL         |                        |
| D 290         | Markovskiy Dmitriy       | 96   | RUS | 8/13/2015      | Kursk              |                        |
| T 750         | Markovskiy Dmitriy       | 96   | RUS | 8/13/2015      | Kursk              | 290-170-290            |
| 100 KG CLASS  |                          |      |     |                |                    |                        |
| S 300         | Malbrough Joshua Keith   | 2002 | USA | 6/12/2021      | Fort Lauderdale FL | 4th                    |
| B 192.5       | Saribekov Abraam         | 97   | RUS | 7/18/2015      | Chelyabinsk        |                        |
| D 270         | Shawkat Ahmed            | 2004 | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| T 730         | Plattner Jacob           | 2002 | USA | 6/4/2022       | Lombard IL         | 282.5-182.5-265        |
| 110 KG CLASS  |                          |      |     |                |                    |                        |
| S 322.5       | Shirokov Mikhail         | 99   | RUS | 11/3/2017      | Moscow Russia      |                        |
| B 260         | Kinder Tyler             | 98   | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D 312.5       | Shirokov Mikhail         | 99   | RUS | 11/3/2017      | Moscow Russia      |                        |
| T 877.5       | Kinder Tyler             | 98   | USA | 11/11/2016     | Baton Rouge LA     | 320-260-297.5          |
| 125 KG CLASS  |                          |      |     |                |                    |                        |
| S 260         | Smith Oisin              | 2005 | IRE | 11/1/2023      | Manchester UK      |                        |
| B 152.5       | Smith Oisin              | 2005 | IRE | 11/1/2023      | Manchester UK      |                        |
| D 230         | Smith Oisin              | 2005 | IRE | 11/1/2023      | Manchester UK      |                        |
| T 642.5       | Smith Oisin              | 2005 | IRE | 11/1/2023      | Manchester UK      | 260-152.5-230          |
| 140 KG CLASS  |                          |      |     |                |                    |                        |
| S             |                          |      |     |                |                    |                        |
| B             |                          |      |     |                |                    |                        |
| D             |                          |      |     |                |                    |                        |
| T             |                          |      |     |                |                    |                        |
| 140+ KG CLASS |                          |      |     |                |                    |                        |
| S 365         | McCoole Nate             | 94   | USA | 4/12/2014      | Orlando FL         |                        |
| B 210         | McCoole Nate             | 94   | USA | 4/12/2014      | Orlando FL         |                        |
| D 352.5       | McCoole Nate             | 94   | USA | 4/12/2014      | Orlando FL         |                        |

|   |       |              |    |     |           |            |               |
|---|-------|--------------|----|-----|-----------|------------|---------------|
| T | 927.5 | McCoole Nate | 94 | USA | 4/12/2014 | Orlando FL | 365-210-352.5 |
|---|-------|--------------|----|-----|-----------|------------|---------------|

# **Women's Teenage 13-15 WPC Single Ply Records**

| Weight        | Name              | DOB  | NAT | Date of Record | Location       | Lifts to achieve total |
|---------------|-------------------|------|-----|----------------|----------------|------------------------|
| 44 KG. CLASS  |                   |      |     |                |                |                        |
| S 82.5        | Toney Kaitlyn     | 2001 | USA | 11/11/2016     | Baton Rouge LA | 82.5-40-97.5           |
| B 40          | Toney Kaitlyn     | 2001 | USA | 11/11/2016     | Baton Rouge LA |                        |
| D 97.5        | Toney Kaitlyn     | 2001 | USA | 11/11/2016     | Baton Rouge LA |                        |
| T 220         | Toney Kaitlyn     | 2001 | USA | 11/11/2016     | Baton Rouge LA |                        |
| 48 KG. CLASS  |                   |      |     |                |                |                        |
| S 90          | Meza Shyanne      | 2001 | USA | 11/11/2016     | Baton Rouge LA | 4th<br>77.5-40-115     |
| B 42.5        | Ridgell Christina | 2002 | USA | 5/28/2016      | Orlando FL     |                        |
| D 120         | Ridgell Christina | 2002 | USA | 11/11/2016     | Baton Rouge LA |                        |
| T 232.5       | Ridgell Christina | 2002 | USA | 11/11/2016     | Baton Rouge LA |                        |
| 52 KG CLASS   |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 56 KG CLASS   |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 60 KG CLASS   |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 67.5 KG CLASS |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 75 KG CLASS   |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 82.5 KG CLASS |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 90 KG CLASS   |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 100 KG CLASS  |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 110 KG CLASS  |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |
| B             |                   |      |     |                |                |                        |
| D             |                   |      |     |                |                |                        |
| T             |                   |      |     |                |                |                        |
| 110+ KG CLASS |                   |      |     |                |                |                        |
| S             |                   |      |     |                |                |                        |



BDT

### Women's Teenage 16-17 WPC Single Ply Records

|               | Weight | Name                 | DOB  | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------|----------------------|------|-----|----------------|--------------------|------------------------|
| 44 KG. CLASS  |        |                      |      |     |                |                    |                        |
| S             | 85     | Peek Judith          | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| B             | 45     | Peek Judith          | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D             | 77.5   | Peek Judith          | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 207.5  | Peek Judith          | 2000 | USA | 11/11/2016     | Baton Rouge LA     | 85-45-77.5             |
| 48 KG. CLASS  |        |                      |      |     |                |                    |                        |
| S             |        |                      |      |     |                |                    |                        |
| B             |        |                      |      |     |                |                    |                        |
| D             |        |                      |      |     |                |                    |                        |
| T             |        |                      |      |     |                |                    |                        |
| 52 KG CLASS   |        |                      |      |     |                |                    |                        |
| S             | 150    | Leal Kay'D           | 2005 | USA | 6/5/2022       | Lombard IL         |                        |
| B             | 75     | Leal Kay'D           | 2005 | USA | 6/5/2022       | Lombard IL         |                        |
| D             | 135    | Leal Kay'D           | 2005 | USA | 6/5/2022       | Lombard IL         |                        |
| T             | 360    | Leal Kay'D           | 2005 | USA | 6/5/2022       | Lombard IL         | 150-75-135             |
| 56 KG CLASS   |        |                      |      |     |                |                    |                        |
| S             | 137.5  | Martin Haleigh       | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| B             | 60     | Martin Haleigh       | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D             | 137.5  | Martin Haleigh       | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 335    | Martin Haleigh       | 2000 | USA | 11/11/2016     | Baton Rouge LA     | 137.5-60-137.5         |
| 60 KG CLASS   |        |                      |      |     |                |                    |                        |
| S             | 157.5  | Bearden Hallie       | 2006 | USA | 11/14/2024     | Lisle IL           |                        |
| B             | 85     | Bearden Hallie       | 2006 | USA | 11/14/2024     | Lisle IL           |                        |
| D             | 142.5  | Bearden Hallie       | 2006 | USA | 11/14/2024     | Lisle IL           |                        |
| T             | 385    | Bearden Hallie       | 2006 | USA | 11/14/2024     | Lisle IL           | 157.5-85-142.5         |
| 67.5 KG CLASS |        |                      |      |     |                |                    |                        |
| S             | 175    | Lackey Presley Ellen | 2007 | USA | 6/9/2024       | Baton Rouge LA     |                        |
| B             | 85     | Lackey Presley Ellen | 2007 | USA | 6/9/2024       | Baton Rouge LA     |                        |
| D             | 182.5  | Ashworth Kalia       | 2006 | USA | 11/14/2024     | Lisle IL           |                        |
| T             | 435    | Lackey Presley Ellen | 2007 | USA | 6/9/2024       | Baton Rouge LA     | 175-85-175             |
| 75 KG CLASS   |        |                      |      |     |                |                    |                        |
| S             | 192.5  | Willis Raegan        | 99   | USA | 11/11/2016     | Baton Rouge LA     |                        |
| B             | 97.5   | Willis Raegan        | 99   | USA | 11/11/2016     | Baton Rouge LA     |                        |
| D             | 200    | Willis Raegan        | 99   | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 490    | Willis Raegan        | 99   | USA | 11/11/2016     | Baton Rouge LA     | 192.5-97.5-200         |
| 82.5 KG CLASS |        |                      |      |     |                |                    |                        |
| S             | 212.5  | Ortiz Alexis         | 98   | USA | 5/28/2016      | Orlando FL         | 4th                    |
| B             | 105    | Ortiz Alexis         | 98   | USA | 5/28/2016      | Orlando FL         |                        |
| D             | 165    | Ortiz Alexis         | 98   | USA | 5/28/2016      | Orlando FL         | 4th                    |
| T             | 470    | Ortiz Alexis         | 98   | USA | 5/28/2016      | Orlando FL         | 205-105-160            |
| 90 KG CLASS   |        |                      |      |     |                |                    |                        |
| S             | 185    | O'Neal Finley        | 2003 | USA | 8/14/2020      | Fort Lauderdale FL |                        |
| B             | 97.5   | O'Neal Finley        | 2003 | USA | 8/14/2020      | Fort Lauderdale FL | 4th                    |
| D             | 150    | Lavespere Victoria   | 2000 | USA | 11/11/2016     | Baton Rouge LA     |                        |
| T             | 422.5  | O'Neal Finley        | 2003 | USA | 8/14/2020      | Fort Lauderdale FL | 185-95-142.5           |
| 100 KG CLASS  |        |                      |      |     |                |                    |                        |
| S             |        |                      |      |     |                |                    |                        |
| B             |        |                      |      |     |                |                    |                        |
| D             |        |                      |      |     |                |                    |                        |
| T             |        |                      |      |     |                |                    |                        |
| 110 KG CLASS  |        |                      |      |     |                |                    |                        |
| S             |        |                      |      |     |                |                    |                        |
| B             |        |                      |      |     |                |                    |                        |
| D             |        |                      |      |     |                |                    |                        |
| T             |        |                      |      |     |                |                    |                        |
| 110+ KG CLASS |        |                      |      |     |                |                    |                        |

|   |       |                 |    |     |            |                |                |
|---|-------|-----------------|----|-----|------------|----------------|----------------|
| S | 177.5 | Jackson Letavia | 99 | USA | 11/11/2016 | Baton Rouge LA |                |
| B | 82.5  | Jackson Letavia | 99 | USA | 11/11/2016 | Baton Rouge LA |                |
| D | 150   | Jackson Letavia | 99 | USA | 11/11/2016 | Baton Rouge LA |                |
| T | 410   | Jackson Letavia | 99 | USA | 11/11/2016 | Baton Rouge LA | 177.5-82.5-150 |

# **Women's Teenage 18-19 WPC Single Ply Records**

|               | Weight | Name              | DOB | NAT | Date of Record | Location       | Lifts to achieve total |
|---------------|--------|-------------------|-----|-----|----------------|----------------|------------------------|
| 44 KG. CLASS  |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 48 KG. CLASS  |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 52 KG CLASS   |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 56 KG CLASS   |        |                   |     |     |                |                |                        |
| S             | 92.5   | Blanton Hannah    | 98  | USA | 11/11/2016     | Baton Rouge LA |                        |
| B             | 52.5   | Kaufman BritniAnn | 98  | USA | 11/11/2016     | Baton Rouge LA |                        |
| D             | 102.5  | Blanton Hannah    | 98  | USA | 11/11/2016     | Baton Rouge LA |                        |
| T             | 242.5  | Kaufman BritniAnn | 98  | USA | 11/11/2016     | Baton Rouge LA | 90-52.5-100            |
| 60 KG CLASS   |        |                   |     |     |                |                |                        |
| S             | 150    | Price Courtney    | 97  | USA | 11/11/2016     | Baton Rouge LA |                        |
| B             | 92.5   | Price Courtney    | 97  | USA | 11/11/2016     | Baton Rouge LA |                        |
| D             | 142.5  | Price Courtney    | 97  | USA | 11/11/2016     | Baton Rouge LA |                        |
| T             | 385    | Price Courtney    | 97  | USA | 11/11/2016     | Baton Rouge LA | 150-92.5-142.5         |
| 67.5 KG CLASS |        |                   |     |     |                |                |                        |
| S             | 210    | Nasonova Olga     | 96  | RUS | 12/12/2014     | Yekaterinburg  |                        |
| B             | 112.5  | Nasonova Olga     | 96  | RUS | 7/18/2015      | Chelyabinsk    |                        |
| D             | 180    | Nasonova Olga     | 96  | RUS | 7/18/2015      | Chelyabinsk    |                        |
| T             | 492.5  | Nasonova Olga     | 96  | RUS | 7/18/2015      | Chelyabinsk    | 200-112.5-180          |
| 75 KG CLASS   |        |                   |     |     |                |                |                        |
| S             | 197.5  | Parker Talor Rene | 97  | USA | 5/28/2016      | Orlando FL     |                        |
| B             | 120    | Parker Talor Rene | 97  | USA | 5/28/2016      | Orlando FL     |                        |
| D             | 167.5  | Parker Talor Rene | 97  | USA | 5/28/2016      | Orlando FL     |                        |
| T             | 485    | Parker Talor Rene | 97  | USA | 5/28/2016      | Orlando FL     | 197.5-120-167.5        |
| 82.5 KG CLASS |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 90 KG CLASS   |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 100 KG CLASS  |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |
| 110 KG CLASS  |        |                   |     |     |                |                |                        |
| S             |        |                   |     |     |                |                |                        |
| B             |        |                   |     |     |                |                |                        |
| D             |        |                   |     |     |                |                |                        |
| T             |        |                   |     |     |                |                |                        |

S  
B  
D  
T

| Weight       | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------------|------|-----|-----|----------------|----------|------------------------|
| 52 KG. CLASS |      |     |     |                |          |                        |

S  
B  
D  
TS  
B  
D  
TS  
B  
D  
T

|   |     |              |    |     |           |                         |             |
|---|-----|--------------|----|-----|-----------|-------------------------|-------------|
| S | 250 | Pontes Pedro | 82 | POR | 6/27/2018 | Le Pont de Claix France |             |
| B | 165 | Pontes Pedro | 82 | POR | 7/5/2017  | Helsinki Finland        |             |
| D | 225 | Pontes Pedro | 82 | POR | 7/5/2017  | Helsinki Finland        |             |
| T | 635 | Pontes Pedro | 82 | POR | 7/5/2017  | Helsinki Finland        | 245-165-225 |

|   |       |                 |    |     |           |            |             |
|---|-------|-----------------|----|-----|-----------|------------|-------------|
| S | 327.5 | Schwab Brian    | 74 | USA | 4/12/2014 | Orlando FL |             |
| B | 230   | Sokolov Nikolai | 79 | RUS | 3/23/2014 | Vologda    |             |
| D | 300   | Sokolov Nikolai | 79 | RUS | 3/23/2014 | Vologda    |             |
| T | 850   | Sokolov Nikolai | 79 | RUS | 3/23/2014 | Vologda    | 320-230-300 |

|   |       |                    |    |     |            |                    |             |
|---|-------|--------------------|----|-----|------------|--------------------|-------------|
| S | 285   | Ferreira Jason     | 80 | CAN | 11/10/2014 | West Palm Beach FL |             |
| B | 182.5 | Ferreira Jason     | 80 | CAN | 11/10/2014 | West Palm Beach FL |             |
| D | 310   | Mohamed Hany Hazem | 87 | EGY | 2/2/2025   | Giza Egypt         |             |
| T | 775   | Mohamed Hany Hazem | 87 | EGY | 2/2/2025   | Giza Egypt         | 285-180-310 |

|   |       |                     |    |     |           |       |                 |
|---|-------|---------------------|----|-----|-----------|-------|-----------------|
| S | 362.5 | Klimovich Aleksandr | 80 | BLR | 8/13/2015 | Kursk |                 |
| B | 252.5 | Klimovich Aleksandr | 80 | BLR | 8/13/2015 | Kursk |                 |
| D | 305   | Klimovich Aleksandr | 80 | BLR | 8/13/2015 | Kursk |                 |
| T | 920   | Klimovich Aleksandr | 80 | BLR | 8/13/2015 | Kursk | 362.5-252.5-305 |

|   |     |                   |    |     |           |               |                 |
|---|-----|-------------------|----|-----|-----------|---------------|-----------------|
| S | 345 | Mitrofanov Andrey | 78 | RUS | 12/9/2016 | Yekaterinburg |                 |
| B | 245 | Golden Chris      | 83 | USA | 6/9/2018  | Lisle IL      |                 |
| D | 331 | Calista Gabriele  | 79 | ISR | 6/12/2015 | Riga Latvia   |                 |
| T | 880 | Konin Dmitriy     | 75 | RUS | 12/4/2015 | Kursk         | 332.5-242.5-305 |

|   |       |                  |    |     |            |                |             |
|---|-------|------------------|----|-----|------------|----------------|-------------|
| S | 360   | Drozhzhin Andrei | 77 | RUS | 6/4/2017   | Moscow         |             |
| B | 271   | O'Rourke Tony    | 83 | IRE | 11/15/2021 | Trofa Portugal |             |
| D | 312.5 | Rossi Joel       | 82 | FRA | 4/9/2016   | Garons France  |             |
| T | 880   | Drozhzhin Andrei | 77 | RUS | 6/4/2017   | Moscow         | 360-230-290 |

|   |        |                |    |     |            |                    |               |
|---|--------|----------------|----|-----|------------|--------------------|---------------|
| S | *      | Thomason Henry | 79 | USA | 5/29/2016  | Orlando FL         |               |
| B | 335    | Thomason Henry | 79 | USA | 11/11/2016 | Baton Rouge LA     |               |
| D | 320    | Kuchma Alexei  | 79 | RUS | 11/10/2014 | West Palm Beach FL |               |
| T | 1067.5 | Thomason Henry | 79 | USA | 5/29/2016  | Baton Rouge LA     | 417.5-335-315 |

|   |       |                   |    |     |           |                         |                 |
|---|-------|-------------------|----|-----|-----------|-------------------------|-----------------|
| S | 375   | Atta-Singh Shane  | 84 | AUS | 8/12/2023 | Adelaide Australia      |                 |
| B | 347.5 | MacNeil Stephen   | 84 | GBR | 6/27/2018 | Le Pont de Claix France |                 |
| D | 330   | Stukovin Alexandr | 83 | RUS | 4/14/2019 | Rostov                  |                 |
| T | 1030  | MacNeil Stephen   | 84 | GBR | 6/27/2018 | Le Pont de Claix France | 372.5-347.5-310 |

# 140+ KG CLASS

|   |       |                             |    |     |           |                       |                 |
|---|-------|-----------------------------|----|-----|-----------|-----------------------|-----------------|
| S | 340   | Atta-Singh Shane            | 84 | AUS | 8/13/2017 | Brisbane Australia    |                 |
| B | 275   | Janse Van Rensburg Francois | 80 | ZAF | 6/22/2019 | Pretoria South Africa |                 |
| D | 327.5 | Atta-Singh Shane            | 84 | AUS | 8/13/2017 | Brisbane Australia    |                 |
| T | 940   | Atta-Singh Shane            | 84 | AUS | 8/13/2017 | Brisbane Australia    | 340-272.5-327.5 |

## Women's Submaster 33-39 WPC Single Ply Records

|  | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--|--------|------|-----|-----|----------------|----------|------------------------|
|--|--------|------|-----|-----|----------------|----------|------------------------|

### 44 KG. CLASS

S  
B  
D  
T

### 48 KG. CLASS

S  
B  
D  
T

### 52 KG CLASS

S  
B  
D  
T

### 56 KG CLASS

S  
B  
D  
T

### 60 KG CLASS

|   |       |                    |    |     |           |                  |              |
|---|-------|--------------------|----|-----|-----------|------------------|--------------|
| S | 155   | McGee Danielle     | 78 | IRE | 4/15/2017 | Limerick Ireland |              |
| B | 90    | Krakhmaleva Yelena | 82 | RUS | 7/10/2016 | Novosibirsk      |              |
| D | 160   | McGee Danielle     | 78 | IRE | 4/15/2017 | Limerick Ireland |              |
| T | 392.5 | McGee Danielle     | 78 | IRE | 4/15/2017 | Limerick Ireland | 155-77.5-160 |

### 67.5 KG CLASS

|   |     |                   |    |     |           |                  |            |
|---|-----|-------------------|----|-----|-----------|------------------|------------|
| S | 160 | Gubernati Michela | 84 | ITA | 7/5/2017  | Helsinki Finland |            |
| B | 80  | Gubernati Michela | 84 | ITA | 7/5/2017  | Helsinki Finland |            |
| D | 165 | O'Malley Villy    | 85 | IRL | 9/21/2019 | Limerick Ireland |            |
| T | 400 | Gubernati Michela | 84 | ITA | 7/5/2017  | Helsinki Finland | 160-80-160 |

### 75 KG CLASS

|   |     |                 |    |     |           |               |             |
|---|-----|-----------------|----|-----|-----------|---------------|-------------|
| S | 190 | Kalanina Mariya | 82 | RUS | 11/3/2017 | Moscow Russia |             |
| B | 120 | Kalanina Mariya | 82 | RUS | 11/3/2017 | Moscow Russia |             |
| D | 200 | Kalanina Mariya | 82 | RUS | 11/3/2017 | Moscow Russia |             |
| T | 510 | Kalanina Mariya | 82 | RUS | 11/3/2017 | Moscow Russia | 190-120-200 |

### 82.5 KG CLASS

|   |       |              |    |     |           |                  |                 |
|---|-------|--------------|----|-----|-----------|------------------|-----------------|
| S | 190   | Rollo Elaine | 82 | GBR | 10/3/2020 | Limerick Ireland | 4th             |
| B | 122.5 | Rollo Elaine | 82 | GBR | 10/3/2020 | Limerick Ireland |                 |
| D | 172.5 | Rollo Elaine | 82 | GBR | 10/3/2020 | Limerick Ireland |                 |
| T | 475   | Rollo Elaine | 82 | GBR | 10/3/2020 | Limerick Ireland | 180-122.5-172.5 |

### 90 KG CLASS

|   |     |              |    |     |            |                |             |
|---|-----|--------------|----|-----|------------|----------------|-------------|
| S | 190 | Rollo Elaine | 82 | GBR | 11/15/2021 | Trofa Portugal |             |
| B | 130 | Rollo Elaine | 82 | GBR | 11/15/2021 | Trofa Portugal |             |
| D | 175 | Rollo Elaine | 82 | GBR | 11/15/2021 | Trofa Portugal |             |
| T | 495 | Rollo Elaine | 82 | GBR | 11/15/2021 | Trofa Portugal | 190-130-175 |

### 100 KG CLASS

S  
B  
D  
T

### 110 KG CLASS

S  
B  
D  
T

# 110+ KG CLASS

|   |       |                  |    |     |            |                |                   |
|---|-------|------------------|----|-----|------------|----------------|-------------------|
| S | 150   | D'Errico Melissa | 81 | USA | 11/11/2016 | Baton Rouge LA | 4th               |
| B | 147.5 | D'Errico Melissa | 81 | USA | 11/11/2016 | Baton Rouge LA |                   |
| D | 150   | D'Errico Melissa | 81 | USA | 11/11/2016 | Baton Rouge LA | 4th               |
| T | 442.5 | D'Errico Melissa | 81 | USA | 11/11/2016 | Baton Rouge LA | 147.5-147.5-147.5 |

## Men's Master 40-44 WPC Single Ply Records

|               | Weight | Name                  | DOB | NAT | Date of Record | Location           | Lifts to achieve total |
|---------------|--------|-----------------------|-----|-----|----------------|--------------------|------------------------|
| 52 KG. CLASS  |        |                       |     |     |                |                    |                        |
| S             |        |                       |     |     |                |                    |                        |
| B             |        |                       |     |     |                |                    |                        |
| D             |        |                       |     |     |                |                    |                        |
| T             |        |                       |     |     |                |                    |                        |
| 56 KG. CLASS  |        |                       |     |     |                |                    |                        |
| S             |        |                       |     |     |                |                    |                        |
| B             |        |                       |     |     |                |                    |                        |
| D             |        |                       |     |     |                |                    |                        |
| T             |        |                       |     |     |                |                    |                        |
| 60 KG CLASS   |        |                       |     |     |                |                    |                        |
| S             |        |                       |     |     |                |                    |                        |
| B             |        |                       |     |     |                |                    |                        |
| D             |        |                       |     |     |                |                    |                        |
| T             |        |                       |     |     |                |                    |                        |
| 67.5 KG CLASS |        |                       |     |     |                |                    |                        |
| S             |        |                       |     |     |                |                    |                        |
| B             |        |                       |     |     |                |                    |                        |
| D             |        |                       |     |     |                |                    |                        |
| T             |        |                       |     |     |                |                    |                        |
| 75 KG CLASS   |        |                       |     |     |                |                    |                        |
| S             | 295    | Schwab Brian          | 74  | USA | 11/10/2014     | West Palm Beach FL |                        |
| B             | 197.5  | Schwab Brian          | 75  | USA | 11/10/2014     | West Palm Beach FL |                        |
| D             | 260    | Schwab Brian          | 76  | USA | 11/10/2014     | West Palm Beach FL |                        |
| T             | 752.5  | Schwab Brian          | 77  | USA | 11/10/2014     | West Palm Beach FL | 295-197.5-260          |
| 82.5 KG CLASS |        |                       |     |     |                |                    |                        |
| S             | 272.5  | Quirke Graeme         | 79  | IRE | 5/25/2023      | Limerick Ireland   |                        |
| B             | 211    | Shearly Daniel        | 82  | GBR | 11/14/2024     | Lisle IL           |                        |
| D             | 270    | Shearly Daniel        | 82  | GBR | 1/14/2024      | Lisle IL           |                        |
| T             | 725    | Shearly Daniel        | 82  | GBR | 5/25/2023      | Limerick Ireland   | 250-210-265            |
| 90 KG CLASS   |        |                       |     |     |                |                    |                        |
| S             | 325    | Chapman James         | 76  | GBR | 6/15/2019      | Limerick Ireland   |                        |
| B             | 220    | Shearly Daniel        | 82  | GBR | 11/1/2023      | Manchester UK      |                        |
| D             | 2705   | Hallak Charbel        | 81  | EGY | 2/3/2024       | Hurghada Egypt     |                        |
| T             | 792.5  | Quirke Graeme         | 79  | IRE | 10/3/2020      | Limerick Ireland   | 315-212.5-265          |
| 100 KG CLASS  |        |                       |     |     |                |                    |                        |
| S             | 365    | Tyutikov Artyom       | 82  | RUS | 12/1/2024      | Moscow Russia      |                        |
| B             | 203    | Tyutikov Artyom       | 82  | RUS | 12/1/2024      | Moscow Russia      |                        |
| D             | 300    | Tyutikov Artyom       | 82  | RUS | 12/3/2023      | Moscow Russia      |                        |
| T             | 847.5  | Tyutikov Artyom       | 82  | RUS | 12/1/2024      | Moscow Russia      | 365-202.5-280          |
| 110 KG CLASS  |        |                       |     |     |                |                    |                        |
| S             | 355.5  | Polfuntikov Alexander | 82  | RUS | 2/3/2024       | Hurghada Egypt     |                        |
| B             | 245    | Rollo Callum          | 83  | GBR | 7/17/2023      | Manchester UK      |                        |
| D             | 310    | Martinez Daniel       |     | ESP | 11/14/2015     | Maia Portugal      | 4th                    |
| T             | 845    | Polfuntikov Alexander | 82  | RUS | 2/3/2024       | Hurghada Egypt     | 322-200-290            |
| 125 KG CLASS  |        |                       |     |     |                |                    |                        |
| S             | 352.5  | Ragab Tarek           | 84  | EGY | 2/2/2025       | Giza Egypt         |                        |
| B             | 211    | Van Rensburg F Janse  | 81  | ZAF | 9/27/2022      | South Africa       |                        |
| D             | 285    | Kadikov Yuri          | 81  | RUS | 7/22/2023      | Chelyabinsk Russia |                        |
| T             | 790    | Ragab Tarek           | 84  | EGY | 2/2/2025       | Giza Egypt         | 352.5-172.5-265        |
| 140 KG CLASS  |        |                       |     |     |                |                    |                        |
| S             | 250    | Janse Van Rensburg FJ | 80  | ZAF | 10/9/2021      | Pretoria RSA       |                        |
| B             | 210    | Janse Van Rensburg FJ | 80  | ZAF | 10/9/2021      | Pretoria RSA       |                        |
| D             | 240    | Janse Van Rensburg FJ | 80  | ZAF | 10/9/2021      | Pretoria RSA       |                        |
| T             | 700    | Janse Van Rensburg FJ | 80  | ZAF | 10/9/2021      | Pretoria RSA       | 250-210-240            |

# 140+ KG CLASS

S  
B  
D  
T

## Men's Master 45-49 WPC Single Ply Records

| Weight        | Name  | DOB                          | NAT | Date of Record | Location   | Lifts to achieve total |
|---------------|-------|------------------------------|-----|----------------|------------|------------------------|
| 52 KG. CLASS  |       |                              |     |                |            |                        |
| S             |       |                              |     |                |            |                        |
| B             |       |                              |     |                |            |                        |
| D             |       |                              |     |                |            |                        |
| T             |       |                              |     |                |            |                        |
| 56 KG. CLASS  |       |                              |     |                |            |                        |
| S             |       |                              |     |                |            |                        |
| B             |       |                              |     |                |            |                        |
| D             |       |                              |     |                |            |                        |
| T             |       |                              |     |                |            |                        |
| 60 KG CLASS   |       |                              |     |                |            |                        |
| S             | 190   | Gallagher Michael            | 75  | IRE            | 11/1/2023  | Manchester UK          |
| B             | 100   | Gallagher Michael            | 75  | IRE            | 11/1/2023  | Manchester UK          |
| D             | 170   | Gallagher Michael            | 75  | IRE            | 11/1/2023  | Manchester UK          |
| T             | 460   | Gallagher Michael            | 75  | IRE            | 11/1/2023  | Manchester UK          |
|               |       |                              |     |                |            | 190-100-170            |
| 67.5 KG CLASS |       |                              |     |                |            |                        |
| S             |       |                              |     |                |            |                        |
| B             |       |                              |     |                |            |                        |
| D             |       |                              |     |                |            |                        |
| T             |       |                              |     |                |            |                        |
| 75 KG CLASS   |       |                              |     |                |            |                        |
| S             | 230   | Solonenko Oleg               | 70  | RUS            | 7/30/2016  | Blagoveschensk         |
| B             | 182.5 | Semenov Konstantin           | 64  | RUS            | 2/9/2014   | Yekaterinburg          |
| D             | 242.5 | Solonenko Oleg               | 70  | RUS            | 7/30/2016  | Blagoveschensk         |
| T             | 642.5 | Solonenko Oleg               | 70  | RUS            | 7/30/2016  | Blagoveschensk         |
|               |       |                              |     |                |            | 230-170-242.5          |
| 82.5 KG CLASS |       |                              |     |                |            |                        |
| S             | 260   | Stepenko Dmitrijs            | 70  | LAT            | 6/12/2015  | Riga Latvia            |
| B             | 245   | Burritt Brian                | 67  | USA            | 4/12/2014  | Orlando FL             |
| D             | 230   | Bester Kobus                 | 78  | ZAF            | 8/9/2024   | Durban South Africa    |
| T             | 675   | Stepenko Dmitrijs            | 70  | LAT            | 6/12/2015  | Riga Latvia            |
|               |       |                              |     |                |            | 260-190-225            |
| 90 KG CLASS   |       |                              |     |                |            |                        |
| S             | 370   | Brodie Shane                 | 73  | IRE            | 10/3/2020  | Limerick Ireland       |
| B             | 208   | Quirke Graeme                | 79  | IRE            | 2/2/2025   | Giza Egypt             |
| D             | 287.5 | Murphy Paul                  | 68  | GBR            | 6/5/2016   | Stoke-on-Trent UK      |
| T             | 810   | Brodie Shane                 | 73  | IRE            | 10/3/2020  | Limerick Ireland       |
|               |       |                              |     |                |            | 370-180-260            |
| 100 KG CLASS  |       |                              |     |                |            |                        |
| S             | 390   | Norman Joe                   | 68  | USA            | 11/10/2014 | West Palm Beach FL     |
| B             | 275   | Poort Michael                | 74  | USA            | 6/8/2024   | Baton Rouge LA         |
| D             | 277.5 | Norman Joe                   | 68  | USA            | 11/10/2014 | West Palm Beach FL     |
| T             | 895   | Norman Joe                   | 68  | USA            | 11/10/2014 | West Palm Beach FL     |
|               |       |                              |     |                |            | 390-227.5-277.5        |
| 110 KG CLASS  |       |                              |     |                |            |                        |
| S             | 395   | Norman Joe                   | 68  | USA            | 11/11/2016 | Baton Rouge LA         |
| B             | 257.5 | Norman Joe                   | 68  | USA            | 4/12/2014  | Orlando FL             |
| D             | 332.5 | Kozlov Alexei                | 70  | RUS            | 12/13/2015 | Yekaterinburg          |
| T             | 900   | Kozlov Alexei                | 70  | RUS            | 12/13/2015 | Yekaterinburg          |
|               |       |                              |     |                |            | 337.5-230-332.5        |
| 125 KG CLASS  |       |                              |     |                |            |                        |
| S             | 365   | Matlock Michael              | 72  | USA            | 6/12/2021  | Fort Lauderdale FL     |
| B             | 227.5 | Matlock Michael              | 72  | USA            | 6/12/2021  | Fort Lauderdale FL     |
| D             | 317.5 | Said Youssef Mohamed Mohamed | 72  | EGY            | 11/10/2018 | Orlando FL             |
| T             | 842.5 | Matlock Michael              | 72  | USA            | 6/12/2021  | Fort Lauderdale FL     |
|               |       |                              |     |                |            | 365-227.5-250          |
| 140 KG CLASS  |       |                              |     |                |            |                        |
| S             | 400   | Hoskinson Jim                | 65  | USA            | 4/12/2014  | Orlando FL             |
| B             | 320   | Hoskinson Jim                | 65  | USA            | 4/12/2014  | Orlando FL             |
| D             | 262.5 | Bierschbach Robert           | 68  | USA            | 11/10/2014 | West Palm Beach FL     |
| T             | 970   | Hoskinson Jim                | 65  | USA            | 4/12/2014  | Orlando FL             |
|               |       |                              |     |                |            | 400-320-250            |

## 140+ KG CLASS

|   |     |            |     |            |                |             |
|---|-----|------------|-----|------------|----------------|-------------|
| S | 380 | Saka Rabih | LEB | 11/15/2021 | Trofa Portugal |             |
| B | 276 | Saka Rabih | LEB | 11/15/2021 | Trofa Portugal |             |
| D | 280 | Saka Rabih | LEB | 11/15/2021 | Trofa Portugal |             |
| T | 935 | Saka Rabih | LEB | 11/15/2021 | Trofa Portugal | 380-275-280 |

**Men's Master 50-54 WPC Single Ply Records**

|               | Weight | Name            | DOB | NAT | Date of Record | Location            | Lifts to achieve total |
|---------------|--------|-----------------|-----|-----|----------------|---------------------|------------------------|
| 52 KG. CLASS  |        |                 |     |     |                |                     |                        |
| S             |        |                 |     |     |                |                     |                        |
| B             |        |                 |     |     |                |                     |                        |
| D             |        |                 |     |     |                |                     |                        |
| T             |        |                 |     |     |                |                     |                        |
| 56 KG. CLASS  |        |                 |     |     |                |                     |                        |
| S             | 78     | Rimpi Pentti    | 56  | FIN | 5/18/2019      | Lahti Finland       |                        |
| B             | 102.5  | Rimpi Pentti    | 56  | FIN | 5/18/2019      | Lahti Finland       |                        |
| D             | 130    | Rimpi Pentti    | 56  | FIN | 5/18/2019      | Lahti Finland       |                        |
| T             | 310    | Rimpi Pentti    | 56  | FIN | 5/18/2019      | Lahti Finland       | 75-102.5-130           |
| 60 KG CLASS   |        |                 |     |     |                |                     |                        |
| S             | 145    | Karkuschke Reno | 68  | GER | 11/10/2018     | Orlando FL          |                        |
| B             | 90     | Karkuschke Reno | 68  | GER | 11/10/2018     | Orlando FL          | 4th                    |
| D             | 145    | Karkuschke Reno | 68  | GER | 11/10/2018     | Orlando FL          | 4th                    |
| T             | 375    | Karkuschke Reno | 68  | GER | 11/10/2018     | Orlando FL          | 145-87.5-142.5         |
| 67.5 KG CLASS |        |                 |     |     |                |                     |                        |
| S             | 135    | Pangiotidis Jim | 69  | AUS | 4/25/2023      | Melbourne Australia |                        |
| B             | 135    | Pangiotidis Jim | 69  | AUS | 4/25/2023      | Melbourne Australia |                        |
| D             | 190    | Pangiotidis Jim | 69  | AUS | 4/25/2023      | Melbourne Australia |                        |
| T             | 457.5  | Pangiotidis Jim | 69  | AUS | 4/25/2023      | Melbourne Australia | 135-135-190            |
| 75 KG CLASS   |        |                 |     |     |                |                     |                        |
| S             |        |                 |     |     |                |                     |                        |
| B             |        |                 |     |     |                |                     |                        |
| D             |        |                 |     |     |                |                     |                        |
| T             |        |                 |     |     |                |                     |                        |
| 82.5 KG CLASS |        |                 |     |     |                |                     |                        |
| S             | 270    | Chilcott Tony   | 66  | GBR | 8/10/2021      | Manchester UK       |                        |
| B             | 170    | Chilcott Tony   | 66  | GBR | 8/10/2021      | Manchester UK       |                        |
| D             | 220    | Chilcott Tony   | 66  | GBR | 8/10/2021      | Manchester UK       |                        |
| T             | 660    | Chilcott Tony   | 66  | GBR | 8/10/2021      | Manchester UK       | 270-170-220            |
| 90 KG CLASS   |        |                 |     |     |                |                     |                        |
| S             | 260    | O'Grady Henry   | 72  | IRE | 11/1/2023      | Manchester UK       |                        |
| B             | 150    | O'Grady Henry   | 72  | IRE | 11/1/2023      | Manchester UK       |                        |
| D             | 256    | O'Grady Henry   | 72  | IRE | 11/1/2023      | Manchester UK       |                        |
| T             | 665    | O'Grady Henry   | 72  | IRE | 11/1/2023      | Manchester UK       | 260-150-255            |
| 100 KG CLASS  |        |                 |     |     |                |                     |                        |
| S             | 340    | Brodie Shane    | 73  | IRE | 6/14/2024      | Salo Finland        |                        |
| B             | 195    | Bishop Gary     | 64  | USA | 5/29/2016      | Orlando FL          |                        |
| D             | 260    | Brodie Shane    | 73  | IRE | 2/2/2025       | Giza Egypt          |                        |
| T             | 750    | Brodie Shane    | 73  | IRE | 6/14/2024      | Salo Finland        | 340-157.5-252.5        |
| 110 KG CLASS  |        |                 |     |     |                |                     |                        |
| S             | 365    | Norman Joe      | 68  | USA | 11/5/2022      | Orlando FL          |                        |
| B             | 230    | Pivovarov Oleg  | 63  | RUS | 8/11/2017      | Kursk               |                        |
| D             | 277.5  | Norman Joe      | 68  | USA | 11/5/2022      | Orlando FL          |                        |
| T             | 840    | Norman Joe      | 68  | USA | 11/5/2022      | Orlando FL          | 365-197.5-277.5        |
| 125 KG CLASS  |        |                 |     |     |                |                     |                        |
| S             | 365    | Bailey Charles  | 63  | USA | 4/12/2014      | Orlando FL          |                        |
| B             | 272.5  | Bailey Charles  | 63  | USA | 4/12/2014      | Orlando FL          |                        |
| D             | 325    | Bailey Charles  | 63  | USA | 4/12/2014      | Orlando FL          |                        |
| T             | 962.5  | Bailey Charles  | 63  | USA | 4/12/2014      | Orlando FL          | 365-272.5-325          |
| 140 KG CLASS  |        |                 |     |     |                |                     |                        |
| S             | 370    | Pitman Kevin    | 66  | USA | 8/15/2020      | Fort Lauderdale FL  |                        |
| B             | 252.5  | Pitman Kevin    | 66  | USA | 8/15/2020      | Fort Lauderdale FL  |                        |
| D             | 315.0  | Ison Zane Dene  | 68  | ZAF | 11/8/2019      | Lahti Finland       |                        |
| T             | 890    | Pitman Kevin    | 66  | USA | 6/15/2019      | Grand Rapids MI     | 365-250-275            |

## 140+ KG CLASS

|   |       |                  |    |     |            |               |               |
|---|-------|------------------|----|-----|------------|---------------|---------------|
| S | 325   | Ison Zane        | 68 | ZAF | 10/9/2021  | Pretoria RSA  |               |
| B | 185   | Frickner Richard | 61 | GBR | 11/14/2015 | Maia Portugal |               |
| D | 307.5 | Ison Zane        | 68 | ZAF | 10/9/2021  | Pretoria RSA  |               |
| T | 797.5 | Ison Zane        | 68 | ZAF | 10/9/2021  | Pretoria RSA  | 325-165-307.5 |

#### Men's Master 55-59 WPC Single Ply Records

|               | Weight | Name               | DOB | NAT | Date of Record | Location        | Lifts to achieve total |
|---------------|--------|--------------------|-----|-----|----------------|-----------------|------------------------|
| 52 KG. CLASS  |        |                    |     |     |                |                 |                        |
| S             |        |                    |     |     |                |                 |                        |
| B             |        |                    |     |     |                |                 |                        |
| D             |        |                    |     |     |                |                 |                        |
| T             |        |                    |     |     |                |                 |                        |
| 56 KG. CLASS  |        |                    |     |     |                |                 |                        |
| S             |        |                    |     |     |                |                 |                        |
| B             |        |                    |     |     |                |                 |                        |
| D             |        |                    |     |     |                |                 |                        |
| T             |        |                    |     |     |                |                 |                        |
| 60 KG CLASS   |        |                    |     |     |                |                 |                        |
| S             |        |                    |     |     |                |                 |                        |
| B             |        |                    |     |     |                |                 |                        |
| D             |        |                    |     |     |                |                 |                        |
| T             |        |                    |     |     |                |                 |                        |
| 67.5 KG CLASS |        |                    |     |     |                |                 |                        |
| S             |        |                    |     |     |                |                 |                        |
| B             |        |                    |     |     |                |                 |                        |
| D             |        |                    |     |     |                |                 |                        |
| T             |        |                    |     |     |                |                 |                        |
| 75 KG CLASS   |        |                    |     |     |                |                 |                        |
| S             | 180    | Fedorov Vladimir   | 62  | RUS | 12/11/2021     | Moscow Russia   |                        |
| B             | 105    | Fedorov Vladimir   | 62  | RUS | 12/11/2021     | Moscow Russia   |                        |
| D             | 205.5  | Fedorov Vladimir   | 62  | RUS | 12/11/2021     | Moscow Russia   |                        |
| T             | 490    | Fedorov Vladimir   | 62  | RUS | 12/11/2021     | Moscow Russia   | 180-105-205            |
| 82.5 KG CLASS |        |                    |     |     |                |                 |                        |
| S             | 282.5  | Chilcott Tony      | 66  | GBR | 11/5/2022      | Orlando FL      |                        |
| B             | 180    | Chilcott Tony      | 66  | GBR | 11/5/2022      | Orlando FL      |                        |
| D             | 231    | Chilcott Tony      | 66  | GBR | 11/15/2021     | Trofa Portugal  |                        |
| T             | 682.5  | Chilcott Tony      | 66  | GBR | 11/5/2022      | Orlando FL      | 282.5-180-220          |
| 90 KG CLASS   |        |                    |     |     |                |                 |                        |
| S             | 292.5  | Jacobs Terry       | 62  | USA | 10/24/2020     | Lombard IL      |                        |
| B             | 185    | Rostovtsev Mikhail | 58  | RUS | 8/2/2015       | Blagoveschensk  |                        |
| D             | 275    | Dune JJ            | 62  | IRE | 11/10/2018     | Orlando FL      |                        |
| T             | 717.5  | Dune JJ            | 62  | IRE | 11/10/2018     | Orlando FL      | 285-157.5-275          |
| 100 KG CLASS  |        |                    |     |     |                |                 |                        |
| S             | 347.5  | Paras Ronnie       | 62  | USA | 6/17/2017      | Jacksonville FL |                        |
| B             | 265    | Paras Ronnie       | 62  | USA | 6/17/2017      | Jacksonville FL |                        |
| D             | 291.5  | Baldwin Terry      | 63  | USA | 9/3/2020       | Idaho Falls ID  |                        |
| T             | 860    | Paras Ronnie       | 62  | USA | 6/17/2017      | Jacksonville FL | 347.5-265-247.5        |
| 110 KG CLASS  |        |                    |     |     |                |                 |                        |
| S             | 285    | Weikert Tim        | 62  | USA | 6/9/2018       | Lisle IL        |                        |
| B             | 212.5  | Pivovarov Oleg     | 63  | RUS | 12/16/2018     | Dolgoprudnyy    |                        |
| D             | 272.5  | Weikert Tim        | 62  | USA | 6/9/2018       | Lisle IL        | 4th                    |
| T             | 750    | Weikert Tim        | 62  | USA | 6/9/2018       | Lisle IL        | 285-205-260            |
| 125 KG CLASS  |        |                    |     |     |                |                 |                        |
| S             | 320    | McConnell Chuck    | 62  | USA | 10/24/2020     | Lombard IL      |                        |
| B             | 265    | McConnell Chuck    | 62  | USA | 10/24/2020     | Lombard IL      |                        |
| D             | 265    | McConnell Chuck    | 62  | USA | 10/26/2019     | St Charles IL   |                        |
| T             | 847.05 | McConnell Chuck    | 62  | USA | 10/24/2020     | Lombard IL      | 320-265-262.5          |
| 140 KG CLASS  |        |                    |     |     |                |                 |                        |
| S             | 325    | Ison Zane          | 68  | ZAF | 11/1/2023      | Manchester UK   |                        |
| B             | 172.5  | Ison Zane          | 68  | ZAF | 11/1/2023      | Manchester UK   |                        |
| D             | 280    | Ison Zane          | 68  | ZAF | 11/1/2023      | Manchester UK   |                        |
| T             | 777.5  | Ison Zane          | 68  | ZAF | 11/1/2023      | Manchester UK   | 325-172.5-280          |

140+ KG CLASS



|   |       |             |    |     |            |            |                  |
|---|-------|-------------|----|-----|------------|------------|------------------|
| S | 300   | Curtis Todd | 63 | USA | 10/24/2020 | Lombard IL |                  |
| B | 232.5 | Curtis Todd | 63 | USA | 10/24/2020 | Lombard IL |                  |
| D | 275   | Curtis Todd | 63 | USA | 10/24/2020 | Lombard IL | 4th              |
| T | 795   | Curtis Todd | 63 | USA | 10/24/2020 | Lombard IL | 300-232.05-262.5 |

### Men's Master 60-64 WPC Single Ply Records

|               | Weight | Name                | DOB | NAT | Date of Record | Location      | Lifts to achieve total |
|---------------|--------|---------------------|-----|-----|----------------|---------------|------------------------|
| 52 KG. CLASS  |        |                     |     |     |                |               |                        |
| S             |        |                     |     |     |                |               |                        |
| B             |        |                     |     |     |                |               |                        |
| D             |        |                     |     |     |                |               |                        |
| T             |        |                     |     |     |                |               |                        |
| 56 KG. CLASS  |        |                     |     |     |                |               |                        |
| S             |        |                     |     |     |                |               |                        |
| B             |        |                     |     |     |                |               |                        |
| D             |        |                     |     |     |                |               |                        |
| T             |        |                     |     |     |                |               |                        |
| 60 KG CLASS   |        |                     |     |     |                |               |                        |
| S             |        |                     |     |     |                |               |                        |
| B             |        |                     |     |     |                |               |                        |
| D             |        |                     |     |     |                |               |                        |
| T             |        |                     |     |     |                |               |                        |
| 67.5 KG CLASS |        |                     |     |     |                |               |                        |
| S             |        |                     |     |     |                |               |                        |
| B             |        |                     |     |     |                |               |                        |
| D             |        |                     |     |     |                |               |                        |
| T             |        |                     |     |     |                |               |                        |
| 75 KG CLASS   |        |                     |     |     |                |               |                        |
| S             | 237.5  | Ponedelin Alexander | 50  | RUS | 6/11/2014      | Baku          |                        |
| B             | 95     | Ponedelin Alexander | 51  | RUS | 2/10/2014      | Yekaterinburg |                        |
| D             | 235    | Ponedelin Alexander | 52  | RUS | 2/11/2014      | Yekaterinburg |                        |
| T             | 565    | Ponedelin Alexander | 53  | RUS | 2/12/2014      | Yekaterinburg | 235-95-235             |
| 82.5 KG CLASS |        |                     |     |     |                |               |                        |
| S             | 217.5  | Ripley Greg         | 60  | USA | 11/5/2022      | Orlando FL    |                        |
| B             | 125    | Grabars Vadims      | 51  | LAT | 6/12/2015      | Riga Latvia   |                        |
| D             | 240    | Grabars Vadims      | 51  | LAT | 6/12/2015      | Riga Latvia   |                        |
| T             | 580    | Grabars Vadims      | 51  | LAT | 6/12/2015      | Riga Latvia   | 215-125-240            |
| 90 KG CLASS   |        |                     |     |     |                |               |                        |
| S             | 200    | Beniston Phil       | 63  | GBR | 10/31/2023     | Manchester UK |                        |
| B             | 190    | Beniston Phil       | 63  | GBR | 10/31/2023     | Manchester UK |                        |
| D             | 250    | Beniston Phil       | 63  | GBR | 10/31/2023     | Manchester UK |                        |
| T             | 640    | Beniston Phil       | 63  | GBR | 10/31/2023     | Manchester UK | 200-190-250            |
| 100 KG CLASS  |        |                     |     |     |                |               |                        |
| S             | 275    | Jacobs Terry        | 62  | USA | 11/5/2022      | Orlando FL    |                        |
| B             | 175    | Jacobs Terry        | 62  | USA | 11/5/2022      | Orlando FL    |                        |
| D             | 255    | Jacobs Terry        | 62  | USA | 11/5/2022      | Orlando FL    |                        |
| T             | 705    | Jacobs Terry        | 62  | USA | 11/5/2022      | Orlando FL    | 275-175-255            |
| 110 KG CLASS  |        |                     |     |     |                |               |                        |
| S             | 272.5  | Weikert Tim         | 62  | USA | 6/3/2022       | Lombard IL    |                        |
| B             | 197.5  | Weikert Tim         | 62  | USA | 6/3/2022       | Lombard IL    |                        |
|               | 240    | Weikert Tim         | 62  | USA | 6/3/2022       | Lombard IL    |                        |
| T             | 710    | Weikert Tim         | 62  | USA | 6/3/2022       | Lombard IL    | 272.5-197.5-240        |
| 125 KG CLASS  |        |                     |     |     |                |               |                        |
| S             | 260    | Prodan Anatoliy     | 61  | RUS | 10/10/2021     | Rostov Russia |                        |
| B             | 250    | Prodan Anatoliy     | 61  | RUS | 10/10/2021     | Rostov Russia |                        |
| D             | 250    | Prodan Anatoliy     | 61  | RUS | 10/10/2021     | Rostov Russia |                        |
| T             | 760    | Prodan Anatoliy     | 61  | RUS | 10/10/2021     | Rostov Russia | 260-250-250            |
| 140 KG CLASS  |        |                     |     |     |                |               |                        |
| S             |        |                     |     |     |                |               |                        |
| B             |        |                     |     |     |                |               |                        |
| D             |        |                     |     |     |                |               |                        |
| T             |        |                     |     |     |                |               |                        |
| 140+ KG CLASS |        |                     |     |     |                |               |                        |

S  
B  
D  
T

### Men's Master 65-69 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

|   |       |               |    |     |          |                   |                 |
|---|-------|---------------|----|-----|----------|-------------------|-----------------|
| S | 170   | Dufour Gerard | 49 | FRA | 4/8/2017 | Saint Prix France |                 |
| B | 107.5 | Dufour Gerard | 49 | FRA | 4/8/2017 | Saint Prix France |                 |
| D | 202.5 | Dufour Gerard | 49 | FRA | 4/8/2017 | Saint Prix France |                 |
| T | 480   | Dufour Gerard | 49 | FRA | 4/8/2017 | Saint Prix France | 170-107.5-202.5 |

90 KG CLASS

|   |       |                  |    |     |           |                    |                 |
|---|-------|------------------|----|-----|-----------|--------------------|-----------------|
| S | 272.5 | Donofrio Vincent | 53 | USA | 6/12/2021 | Fort Lauderdale FL |                 |
| B | 145   | Donofrio Vincent | 53 | USA | 6/12/2021 | Fort Lauderdale FL |                 |
| D | 207.5 | Donofrio Vincent | 53 | USA | 6/12/2021 | Fort Lauderdale FL |                 |
| T | 625   | Donofrio Vincent | 53 | USA | 6/12/2021 | Fort Lauderdale FL | 272.5-145-207.5 |

100 KG CLASS

|   |       |           |    |     |          |                |                 |
|---|-------|-----------|----|-----|----------|----------------|-----------------|
| S | 230   | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |                 |
| B | 157.5 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |                 |
| D | 257.5 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID |                 |
| T | 645   | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID | 230-157.5-257.5 |

110 KG CLASS

|   |       |                |    |     |           |                    |             |
|---|-------|----------------|----|-----|-----------|--------------------|-------------|
| S | 230   | Shealy Michael | 52 | USA | 6/12/2021 | Fort Lauderdale FL |             |
| B | 160.5 | Sheehan Tim    | 52 | USA | 9/2/2021  | Idaho Falls ID     |             |
| D | 232.5 | Sheehan Tim    | 52 | USA | 9/2/2021  | Idaho Falls ID     |             |
| T | 595   | Shealy Michael | 52 | USA | 6/12/2021 | Fort Lauderdale FL | 230-155-210 |

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

### Men's Master 70-74 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

|   |       |                  |    |     |            |                    |            |
|---|-------|------------------|----|-----|------------|--------------------|------------|
| S | 220   | Byambaa Tsegmed  | 40 | MGL | 7/5/2014   | Novosibirsk        |            |
| B | 102.5 | Byambaa Tsegmed  | 40 | MGL | 11/10/2014 | West Palm Beach FL |            |
| D | 225   | Andreev Valentin | 48 | RUS | 12/11/2021 | Moscow Russia      |            |
| T | 530   | Andreev Valentin | 48 | RUS | 12/11/2021 | Moscow Russia      | 210-95-225 |

82.5 KG CLASS

|   |       |             |    |     |           |                 |                 |
|---|-------|-------------|----|-----|-----------|-----------------|-----------------|
| S | 180   | Lichtle Lee | 44 | USA | 6/17/2017 | Jacksonville FL |                 |
| B | 162.5 | Lichtle Lee | 44 | USA | 6/17/2017 | Jacksonville FL |                 |
| D | 182.5 | Lichtle Lee | 44 | USA | 6/17/2017 | Jacksonville FL |                 |
| T | 525   | Lichtle Lee | 44 | USA | 6/17/2017 | Jacksonville FL | 180-162.5-182.5 |

90 KG CLASS

|   |     |                  |    |     |            |                 |            |
|---|-----|------------------|----|-----|------------|-----------------|------------|
| S | 176 | Lichtle Lee      | 44 | USA | 6/16/2019  | Grand Rapids MI | 4th        |
| B | 163 | Lichtle Lee      | 44 | USA | 6/16/2019  | Grand Rapids MI | 4th        |
| D | 225 | Valentin Andreev | 48 | RUS | 12/11/2021 | Moscow Russia   |            |
| T | 530 | Valentin Andreev | 48 | RUS | 12/11/2021 | Moscow Russia   | 210-95-225 |

100 KG CLASS

|   |       |              |    |     |            |                |                 |
|---|-------|--------------|----|-----|------------|----------------|-----------------|
| S | 207.5 | Bishop Jimmy | 48 | USA | 11/10/2018 | Orlando FL     |                 |
| B | 172.5 | Breaux Vince | 45 | USA | 11/11/2016 | Baton Rouge LA |                 |
| D | 208   | Bishop Jimmy | 48 | USA | 6/9/2018   | Lisle IL       |                 |
| T | 500   | Breaux Vince | 45 | USA | 11/11/2016 | Baton Rouge LA | 125-172.5-202.5 |

110 KG CLASS

|   |       |                |    |     |           |            |                   |
|---|-------|----------------|----|-----|-----------|------------|-------------------|
| S | 227.5 | Shealy Michael | 52 | USA | 11/5/2022 | Orlando FL |                   |
| B | 172.5 | Shealy Michael | 52 | USA | 11/5/2022 | Orlando FL |                   |
| D | 202.5 | Shealy Michael | 52 | USA | 11/5/2022 | Orlando FL |                   |
| T | 602.5 | Shealy Michael | 52 | USA | 11/5/2022 | Orlando FL | 227.5-172.5-202.5 |

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

### Men's Master 75-79 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

|   |     |                 |    |     |           |       |            |
|---|-----|-----------------|----|-----|-----------|-------|------------|
| S | 160 | Byambaa Tsegmed | 40 | MGL | 8/13/2015 | Kursk |            |
| B | 90  | Byambaa Tsegmed | 40 | MGL | 8/13/2015 | Kursk |            |
| D | 175 | Byambaa Tsegmed | 40 | MGL | 8/13/2015 | Kursk |            |
| T | 425 | Byambaa Tsegmed | 40 | MGL | 8/13/2015 | Kursk | 160-90-175 |

82.5 KG CLASS

|   |     |                 |    |     |          |             |             |
|---|-----|-----------------|----|-----|----------|-------------|-------------|
| S | 185 | Byambaa Tsegmed | 40 | MGL | 7/3/2016 | Chelyabinsk |             |
| B | 100 | Byambaa Tsegmed | 40 | MGL | 7/3/2016 | Chelyabinsk |             |
| D | 180 | Byambaa Tsegmed | 40 | MGL | 7/3/2016 | Chelyabinsk |             |
| T | 465 | Byambaa Tsegmed | 40 | MGL | 7/3/2016 | Chelyabinsk | 185-100-180 |

90 KG CLASS

|   |     |                   |    |     |            |                |            |
|---|-----|-------------------|----|-----|------------|----------------|------------|
| S | 165 | Pereira Birchmans | 46 | CAN | 9/2/2023   | Idaho Falls ID |            |
| B | 90  | Nugumanov Valeriy | 39 | RUS | 12/10/2016 | Yekaterinburg  |            |
| D | 190 | Pereira Birchmans | 46 | CAN | 9/2/2023   | Idaho Falls ID |            |
| T | 430 | Pereira Birchmans | 46 | CAN | 9/2/2023   | Idaho Falls ID | 165-75-190 |

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

|   |     |                 |    |     |           |               |           |
|---|-----|-----------------|----|-----|-----------|---------------|-----------|
| S | 75  | Roberts William | 42 | USA | 11/3/2017 | Moscow Russia |           |
| B | 85  | Roberts William | 42 | USA | 11/3/2017 | Moscow Russia |           |
| D | 130 | Roberts William | 42 | USA | 11/3/2017 | Moscow Russia |           |
| T | 290 | Roberts William | 42 | USA | 11/3/2017 | Moscow Russia | 75-85-130 |

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S

B  
D  
T

### Men's Master 80+ WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

|   |       |               |    |     |          |                   |                 |
|---|-------|---------------|----|-----|----------|-------------------|-----------------|
| S | 132.5 | Rubin Grigori | 36 | ISR | 6/5/2016 | Stoke-on-Trent UK |                 |
| B | 105   | Rubin Grigori | 36 | ISR | 6/5/2016 | Stoke-on-Trent UK |                 |
| D | 167.5 | Rubin Grigori | 36 | ISR | 6/5/2016 | Stoke-on-Trent UK |                 |
| T | 405   | Rubin Grigori | 36 | ISR | 6/5/2016 | Stoke-on-Trent UK | 132.5-105-167.5 |

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

|   |     |             |    |     |            |            |           |
|---|-----|-------------|----|-----|------------|------------|-----------|
| S | 65  | Walters Tom | 38 | USA | 10/24/2020 | Lombard IL |           |
| B | 70  | Walters Tom | 38 | USA | 6/9/2018   | Lisle IL   |           |
| D | 130 | Walters Tom | 38 | USA | 6/9/2018   | Lisle IL   |           |
| T | 260 | Walters Tom | 38 | USA | 6/9/2018   | Lisle IL   | 60-70-130 |

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S

B  
D  
T

### Women's Master 40-44 WPC Single Ply Records

| Weight        | Name  | DOB                | NAT | Date of Record | Location   | Lifts to achieve total |
|---------------|-------|--------------------|-----|----------------|------------|------------------------|
| 44 KG. CLASS  |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 48 KG. CLASS  |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 52 KG CLASS   |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 56 KG CLASS   |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 60 KG CLASS   |       |                    |     |                |            |                        |
| S             | 140   | Gomes Isabel       | 75  | POR            | 7/5/2017   | Helsinki Finland       |
| B             | 50    | Gomes Isabel       | 75  | POR            | 7/5/2017   | Helsinki Finland       |
| D             | 140   | Gomes Isabel       | 75  | POR            | 7/5/2017   | Helsinki Finland       |
| T             | 330   | Gomes Isabel       | 75  | POR            | 7/5/2017   | Helsinki Finland       |
|               |       |                    |     |                |            | 140-50-140             |
| 67.5 KG CLASS |       |                    |     |                |            |                        |
| S             | 162.5 | O'Brien Merinda    | 80  | AUS            | 8/1/2024   | Brisbane Australia     |
| B             | 97.5  | O'Brien Merinda    | 80  | AUS            | 8/1/2024   | Brisbane Australia     |
| D             | 180   | O'Brien Merinda    | 80  | AUS            | 8/1/2024   | Brisbane Australia     |
| T             | 440   | O'Brien Merinda    | 80  | AUS            | 8/1/2024   | Brisbane Australia     |
|               |       |                    |     |                |            | 162.5-92.5-180         |
| 75 KG CLASS   |       |                    |     |                |            |                        |
| S             | 200   | O'Shaughnessy Tara | 75  | IRE            | 11/11/2016 | Baton Rouge LA         |
| B             | 112.5 | O'Shaughnessy Tara | 75  | IRE            | 11/11/2016 | Baton Rouge LA         |
| D             | 190   | O'Shaughnessy Tara | 75  | IRE            | 6/5/2016   | Stoke-on-Trent UK      |
| T             | 502.5 | O'Shaughnessy Tara | 75  | IRE            | 11/11/2016 | Baton Rouge LA         |
|               |       |                    |     |                |            | 200-112.5-190          |
| 82.5 KG CLASS |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 90 KG CLASS   |       |                    |     |                |            |                        |
| S             | 212.5 | Rollo Elaine       | 83  | GBR            | 11/1/2023  | Manchester UK          |
| B             | 135   | Rollo Elaine       | 83  | GBR            | 11/1/2023  | Manchester UK          |
| D             | 195   | Rollo Elaine       | 83  | GBR            | 7/17/2023  | Manchester UK          |
| T             | 542.5 | Rollo Elaine       | 83  | GBR            | 11/1/2023  | Manchester UK          |
|               |       |                    |     |                |            | 212.5-135-195          |
| 100 KG CLASS  |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |
| 110 KG CLASS  |       |                    |     |                |            |                        |
| S             |       |                    |     |                |            |                        |
| B             |       |                    |     |                |            |                        |
| D             |       |                    |     |                |            |                        |
| T             |       |                    |     |                |            |                        |

# 110+ KG CLASS

|   |       |                 |    |     |            |                    |             |
|---|-------|-----------------|----|-----|------------|--------------------|-------------|
| S | 147.5 | Fischl Melinda  | 71 | USA | 11/10/2014 | West Palm Beach FL |             |
| B | 120   | Eastin Kimberly | 70 | USA | 11/10/2014 | West Palm Beach FL |             |
| D | 170   | Fischl Melinda  | 71 | USA | 11/10/2014 | West Palm Beach FL |             |
| T | 440   | Eastin Kimberly | 70 | USA | 11/10/2014 | West Palm Beach FL | 155-120-165 |

## Women's Master 45-49 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

### 44 KG. CLASS

S  
B  
D  
T

### 48 KG. CLASS

S  
B  
D  
T

### 52 KG CLASS

|   |     |                   |    |     |          |                    |          |
|---|-----|-------------------|----|-----|----------|--------------------|----------|
| S | 60  | McCormack Celeste | 75 | AUS | 8/1/2024 | Brisbane Australia |          |
| B | 35  | McCormack Celeste | 75 | AUS | 8/1/2024 | Brisbane Australia |          |
| D | 85  | McCormack Celeste | 75 | AUS | 8/1/2024 | Brisbane Australia |          |
| T | 180 | McCormack Celeste | 75 | AUS | 8/1/2024 | Brisbane Australia | 60-35-85 |

### 56 KG CLASS

S  
B  
D  
T

### 60 KG CLASS

|   |       |             |    |     |          |                |                 |
|---|-------|-------------|----|-----|----------|----------------|-----------------|
| S | 165   | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |                 |
| B | 102.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |                 |
| D | 177.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID |                 |
| T | 445   | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | 165-102.5-177.5 |

### 67.5 KG CLASS

|   |       |              |    |     |            |                |                   |
|---|-------|--------------|----|-----|------------|----------------|-------------------|
| S | 162.5 | Mears Denise | 68 | USA | 11/11/2016 | Baton Rouge LA |                   |
| B | 92.5  | Mears Denise | 68 | USA | 11/11/2016 | Baton Rouge LA |                   |
| D | 150   | Mears Denise | 68 | USA | 5/28/2016  | Orlando FL     | 4th               |
| T | 397.5 | Mears Denise | 68 | USA | 11/11/2016 | Baton Rouge LA | 162.05-92.5-142.5 |

### 75 KG CLASS

|   |       |              |    |     |           |                 |               |
|---|-------|--------------|----|-----|-----------|-----------------|---------------|
| S | 182.5 | Mears Denise | 68 | USA | 6/15/2017 | Jacksonville FL | 4th           |
| B | 100   | Mears Denise | 68 | USA | 6/15/2017 | Jacksonville FL |               |
| D | 170   | Mears Denise | 68 | USA | 6/15/2017 | Jacksonville FL |               |
| T | 442.5 | Mears Denise | 68 | USA | 6/15/2017 | Jacksonville FL | 172.5-100-170 |

### 82.5 KG CLASS

S  
B  
D  
T

### 90 KG CLASS

S  
B  
D  
T

### 100 KG CLASS

S  
B  
D  
T

### 110 KG CLASS

S  
B  
D

T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 50-54 WPC Single Ply Records**

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

|   |       |               |    |     |           |                     |
|---|-------|---------------|----|-----|-----------|---------------------|
| S | 130   | Parygina Anna | 70 | AUS | 4/25/2025 | Melbourne Australia |
| B | 77.5  | Parygina Anna | 70 | AUS | 4/25/2025 | Melbourne Australia |
| D | 165   | Parygina Anna | 70 | AUS | 4/25/2025 | Melbourne Australia |
| T | 367.5 | Parygina Anna | 70 | AUS | 4/25/2025 | Melbourne Australia |

130-77.5-165

60 KG CLASS

|   |       |               |    |     |          |                   |
|---|-------|---------------|----|-----|----------|-------------------|
| S | 145   | Hough Allison | 66 | GBR | 6/5/2016 | Stoke-on-Trent UK |
| B | 97.5  | Hough Allison | 66 | GBR | 6/5/2016 | Stoke-on-Trent UK |
| D | 152.5 | Hough Allison | 66 | GBR | 6/5/2016 | Stoke-on-Trent UK |
| T | 395   | Hough Allison | 66 | GBR | 6/5/2016 | Stoke-on-Trent UK |

145-97.5-152.5

67.5 KG CLASS

|   |     |               |    |     |           |                  |
|---|-----|---------------|----|-----|-----------|------------------|
| S | 145 | Hough Allison | 66 | GBR | 4/15/2017 | Limerick Ireland |
| B | 105 | Hough Allison | 66 | GBR | 4/15/2017 | Limerick Ireland |
| D | 155 | Hough Allison | 66 | GBR | 4/15/2017 | Limerick Ireland |
| T | 405 | Hough Allison | 66 | GBR | 4/15/2017 | Limerick Ireland |

145-105-155

75 KG CLASS

|   |       |               |    |     |            |               |
|---|-------|---------------|----|-----|------------|---------------|
| S | 190   | Mears Denise  | 68 | USA | 11/10/2018 | Orlando FL    |
| B | 125   | Marina Rehana | 74 | IRE | 11/1/2023  | Manchester UK |
| D | 172.5 | Mears Denise  | 68 | USA | 11/10/2018 | Orlando FL    |
| T | 467.5 | Mears Denise  | 68 | USA | 11/10/2018 | Orlando FL    |

190-105-172.5

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S



B  
D  
T

110+ KG CLASS

S  
B  
D  
T

### Women's Master 55-59 WPC Single Ply Records

|  | Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--|--------|------|-----|-----|----------------|----------|------------------------|
|--|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

|   |       |            |    |     |            |            |                |
|---|-------|------------|----|-----|------------|------------|----------------|
| S | 152.5 | Denmon Lee | 63 | USA | 11/10/2018 | Orlando FL |                |
| B | 90    | Denmon Lee | 63 | USA | 11/10/2018 | Orlando FL |                |
| D | 152.5 | Denmon Lee | 63 | USA | 11/10/2018 | Orlando FL |                |
| T | 395   | Denmon Lee | 63 | USA | 11/10/2018 | Orlando FL | 152.5-90-152.5 |

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

|   |       |                  |    |     |          |                   |                 |
|---|-------|------------------|----|-----|----------|-------------------|-----------------|
| S | 147.5 | Caraccioli Kathy | 66 | USA | 7/1/2023 | Salt Lake City UT |                 |
| B | 102.5 | Caraccioli Kathy | 66 | USA | 7/1/2023 | Salt Lake City UT |                 |
| D | 165   | Caraccioli Kathy | 66 | USA | 7/1/2023 | Salt Lake City UT |                 |
| T | 415   | Caraccioli Kathy | 66 | USA | 7/1/2023 | Salt Lake City UT | 147.5-102.5-165 |

75 KG CLASS

|   |     |                  |    |     |          |                |             |
|---|-----|------------------|----|-----|----------|----------------|-------------|
| S | 155 | Caraccioli Kathy | 66 | USA | 9/1/2023 | Idaho Falls ID | 4th         |
| B | 100 | Caraccioli Kathy | 66 | USA | 9/1/2023 | Idaho Falls ID |             |
| D | 150 | Caraccioli Kathy | 66 | USA | 9/1/2023 | Idaho Falls ID |             |
| T | 400 | Caraccioli Kathy | 66 | USA | 9/1/2023 | Idaho Falls ID | 150-100-150 |

82.5 KG CLASS

|   |     |                |    |     |            |                    |             |
|---|-----|----------------|----|-----|------------|--------------------|-------------|
| S | 170 | Boshoven Lynne | 57 | USA | 11/10/2014 | West Palm Beach FL |             |
| B | 105 | Boshoven Lynne | 57 | USA | 11/10/2014 | West Palm Beach FL |             |
| D | 190 | Boshoven Lynne | 57 | USA | 11/10/2014 | West Palm Beach FL |             |
| T | 465 | Boshoven Lynne | 57 | USA | 11/10/2014 | West Palm Beach FL | 170-105-190 |

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

# 110 KG CLASS

S  
B  
D  
T

# 110+ KG CLASS

S  
B  
D  
T

## Women's Master 60-64 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

### 44 KG. CLASS

S  
B  
D  
T

### 48 KG. CLASS

S  
B  
D  
T

### 52 KG CLASS

S  
B  
D  
T

### 56 KG CLASS

S  
B  
D  
T

### 60 KG CLASS

|   |       |               |    |     |          |                |            |
|---|-------|---------------|----|-----|----------|----------------|------------|
| S | 45    | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID |            |
| B | 47.5  | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID |            |
| D | 70    | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | 4th        |
| T | 157.5 | Neumann Carol | 62 | USA | 9/1/2023 | Idaho Falls ID | 45-47.5-65 |

### 67.5 KG CLASS

|   |       |                  |    |     |          |            |                |
|---|-------|------------------|----|-----|----------|------------|----------------|
| S | 197.5 | Rabi Amany Ahmed | 61 | EGY | 2/2/2025 | Giza Egypt |                |
| B | 85    | Rabi Amany Ahmed | 61 | EGY | 2/2/2025 | Giza Egypt |                |
| D | 197.5 | Rabi Amany Ahmed | 61 | EGY | 2/2/2025 | Giza Egypt |                |
| T | 412.5 | Rabi Amany Ahmed | 61 | EGY | 2/2/2025 | Giza Egypt | 197.5-85-197.5 |

### 75 KG CLASS

S  
B  
D  
T

### 82.5 KG CLASS

S  
B  
D  
T

### 90 KG CLASS

|   |     |               |    |     |           |               |             |
|---|-----|---------------|----|-----|-----------|---------------|-------------|
| S | 200 | Beniston Phil | 63 | GBR | 11/1/2023 | Manchester UK |             |
| B | 190 | Beniston Phil | 63 | GBR | 11/1/2023 | Manchester UK |             |
| D | 250 | Beniston Phil | 63 | GBR | 11/1/2023 | Manchester UK |             |
| T | 640 | Beniston Phil | 63 | GBR | 11/1/2023 | Manchester UK | 200-190-250 |

### 100 KG CLASS

S  
B  
D

T

110 KG CLASS

S

B

D

T

110+ KG CLASS

S

B

D

T

### Women's Master 65-69 WPC Single Ply Records

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S

B

D

T

48 KG. CLASS

S

B

D

T

52 KG CLASS

S

B

D

T

56 KG CLASS

S

B

D

T

60 KG CLASS

S

B

D

T

67.5 KG CLASS

S

B

D

T

75 KG CLASS

S

B

D

T

82.5 KG CLASS

S

B

D

T

90 KG CLASS

S

B

D

T

100 KG CLASS

S

B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

### Women's Master 70-74 WPC Single Ply Records

| Weight        | Name  | DOB          | NAT | Date of Record | Location   | Lifts to achieve total |
|---------------|-------|--------------|-----|----------------|------------|------------------------|
| 44 KG. CLASS  |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 48 KG. CLASS  |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 52 KG CLASS   |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 56 KG CLASS   |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 60 KG CLASS   |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 67.5 KG CLASS |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 75 KG CLASS   |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 82.5 KG CLASS |       |              |     |                |            |                        |
| S             |       |              |     |                |            |                        |
| B             |       |              |     |                |            |                        |
| D             |       |              |     |                |            |                        |
| T             |       |              |     |                |            |                        |
| 90 KG CLASS   |       |              |     |                |            |                        |
| S             | 172.5 | Langdon Nora | 42  | USA            | 11/11/2016 | Baton Rouge LA         |
| B             | 82.5  | Langdon Nora | 42  | USA            | 11/11/2016 | Baton Rouge LA         |
| D             | 160   | Langdon Nora | 42  | USA            | 11/11/2016 | Baton Rouge LA         |
| T             | 415   | Langdon Nora | 42  | USA            | 11/11/2016 | Baton Rouge LA         |
|               |       |              |     |                |            | 172.5-82.5-160         |

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 75-79 WPC Single Ply Records**

| Weight | Name | DOB | NAT | Date of Record | Location | Lifts to achieve total |
|--------|------|-----|-----|----------------|----------|------------------------|
|--------|------|-----|-----|----------------|----------|------------------------|

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56 KG CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

|   |       |              |    |     |            |            |                |
|---|-------|--------------|----|-----|------------|------------|----------------|
| S | 167.5 | Langdon Nora | 42 | USA | 11/10/2018 | Orlando FL |                |
| B | 82.5  | Langdon Nora | 42 | USA | 11/10/2018 | Orlando FL | 4th            |
| D | 160   | Langdon Nora | 42 | USA | 11/10/2018 | Orlando FL |                |
| T | 405   | Langdon Nora | 42 | USA | 11/10/2018 | Orlando FL | 167.5-77.5-160 |

90 KG CLASS

|   |       |              |    |     |           |                 |     |
|---|-------|--------------|----|-----|-----------|-----------------|-----|
| S | 187.5 | Langdon Nora | 42 | USA | 6/14/2019 | Grand Rapids MI | 4th |
| B | 87.5  | Langdon Nora | 42 | USA | 6/14/2019 | Grand Rapids MI | 4th |
| D | 155   | Langdon Nora | 42 | USA | 6/14/2019 | Grand Rapids MI |     |

|   |     |              |    |     |           |                 |                |
|---|-----|--------------|----|-----|-----------|-----------------|----------------|
| T | 420 | Langdon Nora | 42 | USA | 6/14/2019 | Grand Rapids MI | 182.5-82.5-155 |
|---|-----|--------------|----|-----|-----------|-----------------|----------------|

100 KG CLASS

S

B

D

T

110 KG CLASS

S

B

D

T

110+ KG CLASS

S

B

D

T