



**Yuriy Ustinov**

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## **OPEN EUROPEAN CUP WPC/AWPC- 2025 in POWERLIFTING, BENCHPRESS & DEADLIFT**

**Location:   Russia  
              Moscow.**



**Moscow City Pedagogical University, Chechulina St., Building 3, Building 1.  
Sports Complex.**

**Meet Director:   Yuriy Ustinov, WPC Russia President.**

**Dates:               04-06 <sup>July</sup>, 2025**

**Lifting and**

**Weigh-In Schedule:   Will be later.**

- Categories:** All AWPC/WPC Weight Categories & All AWPC/WPC Age Divisions  
Raw, Classic Raw, Single-ply and Multiply
- Entry Fees:** First Event WPC \$85  
Additional Events \$45 per event
- First Event AWPC \$100  
Additional Events \$45 per event
- Late Entry Fees** – no penalty
- Closing Date:** **15<sup>th</sup> June, 2025.** Team List must reach the Meet Director by this date, otherwise late entry fees will apply. Each nation must set their own closing dates for lifters to submit their entry for inclusion on the team list.
- To Enter:** To apply, you must contact your WPC Country Head. If there is no one, then write directly to the organizers: [wpcwpo@gmail.com](mailto:wpcwpo@gmail.com)  
There are no upfront fees. All payments are on the spot.
- Help of a translator.** For the convenience of athletes, a WhatsApp support chat with an English-speaking specialist will be opened.  
You can ask any questions and receive advice on your journey and tournament.  
To add to the chat, you need to send a request to WhatsApp +79189470462
- Websites:** All information will be included on the championships website:  
  
<https://powertable.ru/api/hs/p/sorev?nom=3859&lg=en>
- Visas:** To get all the necessary information about a visa support to Russia use this link:  
[www.visatorussia.com](http://www.visatorussia.com)  
Please take care of your visa in advance!
- Hotel:** There is an inexpensive hotel at the University.  
  
For more details, write to [hotel@mgpu.ru](mailto:hotel@mgpu.ru)
- Airports nearby:** Sheremetyevo, Vnukovo or Domodedovo.
- Rules:** These Championships will be conducted using the AWPC/WPC Rules. The Rulebook is available to download from the WPC Website  
<https://worldpowerliftingcongress.com/>

## Referees:

Applications for refereeing from the referee of the international category WPC to the e-mail address are accepted: [wpcwpo@gmail.com](mailto:wpcwpo@gmail.com)

## Welcome to Russia.

