

AWPC Deadlift Records Men
Men Open

52

56

60

67.5 208.0 Arends Luke 95 USA 6/12/2025 Royal Oak MI

75 270.0 Telidis Kostas 89 RUS 7/22/2018 Blagoveschensk

82.5 295.0 Stupnikov Roman 88 RUS 4/16/2015 Rostov

90 317.5 Umerenkov Igor 80 RUS 8/11/2013 Kursk

100 320.0 Umerenkov Igor 80 RUS 8/1/2015 Blagoveschensk

110 297.5 Johnson Jr Robert Lee 92 USA 6/7/2024 Baton Rouge LA

125 310.0 Kuchma Alexei 79 RUS 8/24/2014 Moscow

140

140+ 320.0 Chir Mokrane 93 GBR 5/18/2024 Manchester UK

Junior (20 - 23)

52

56

60

67.5

75 235.0 Aldatkhamid Beyrdmurat 92 MGL 8/24/2014 Moscow

82.5 262.5 Elzain Ali 2002 EGY 2/2/2025 Giza Egypt

90 252.5 Jigmedserchin Saruul-Erdene 92 MGL 8/14/2016 Kursk

100

110 272.5 Elliott Tyler 2002 GBR 5/13/2023 Manchester UK

125

140

140+

T1 (13 - 15)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

T2 (16 - 17)

52

56

60 150.0 Beard Lucas 2006 USA 8/6/2023 Baton Rouge LA

67.5

75 230.0 Boytsov Artem 98 RUS 12/5/2015 Kursk

82.5

90

100

110

125

140

140+

T3 (18 - 19)

52

56

60

67.5 217.5 Pearson Gregory 2008 GBR 5/13/2023 Manchester UK

75 180.0 Krasnyy Dmitriy 92 RUS 10/19/2013 Krasnodar

82.5

90 210.0 Horstmann Alexander 2004 USA 9/2/2022 Idaho Falls, ID

100 282.5 Swensen Cody 94 USA 9/1/2013 Idaho Falls, ID

110

125

140

140+

M SM 33-39**52****56****60****67.5**

75	245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
82.5	282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
90	295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	280.0	Umerenkov Igor	80	RUS	12/15/2019	Moscow Russia
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

140**140+****M1 (40 - 44)****52****56****60****67.5**

75	230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow	4th
82.5	252.5	Musayev Rustam	70	AZE	3/7/2023	Egypt	
90	265.5	Singh Daljit	79	IND	6/21/2023	Bishkek Kyrgyzstan	
100	230.5	Abdulayev Malik	77	RUS	10/6/2019	Blagoveshchensk Russia	
110	270.0	Umerenkov Igor	80	RUS	7/17/2021	Chelyabinsk	
125	315.0	Hickey James	77	IRE	8/5/2018	Manchester	

140**140+****M2 (45 - 49)****52****56****60****67.5**

75	155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
82.5						
90	260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
100	240.0	Samir Mhamed	2007	EGY	2/2/2025	Giza Egypt

110**125****140****140+****M3 (50 - 54)****52****56****60****67.5****75****82.5****90****100**

110	150.0	Israilov Arbi	63	RUS	7/22/2018	Blagoveschensk
125	290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg

140**140+****M4 (55 - 59)****52****56****60****67.5**

75	255.0	Little Art	55	USA	9/1/2013	Idaho Falls
82.5	215.0	Tarbonov Vladimir	54	RUS	8/24/2014	Moscow
90	210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
100	252.5	Bakke Jay	57	USA	9/29/2019	Idaho Falls
110	200.0	Israilov Arbi	68	RUS	10/6/2019	Blagoveshchensk Russia
125	240.0	Green Richard	66	GBR	8/27/2024	Limerick Ireland

140

140+

M5 (60 - 64)

52

56

60

67.5

75	205.0	Popov Viktor	52	RUS	8/24/2014	Moscow
----	-------	--------------	----	-----	-----------	--------

82.5	260.0	Zweig Greg	59	USA	10/1/2021	Lombard IL
------	-------	------------	----	-----	-----------	------------

90

100	235.0	Jeurink James	53	USA	8/6/2016	Grand Rapids MI
-----	-------	---------------	----	-----	----------	-----------------

110

125	200.0	Zenzen Dick	52	USA	9/2/2015	Idaho Falls ID
-----	-------	-------------	----	-----	----------	----------------

140

140+

M6 (65 - 69)

52

56

60

67.5	205.0	Little Art	55	USA	8/6/2023	Baton Rouge LA
------	-------	------------	----	-----	----------	----------------

75

82.5	215.0	Tseveendorj Maamchuluun	46	MGL	8/24/2014	Moscow
------	-------	-------------------------	----	-----	-----------	--------

90	185.0	Jeurink James	53	USA	4/30/2022	Gatlinburg TN
----	-------	---------------	----	-----	-----------	---------------

100	212.5	Jeurink James	53	USA	8/16/2019	Orlando FL
-----	-------	---------------	----	-----	-----------	------------

110

125

140

140+

M7 (70 - 74)

52

56

60

67.5

75

82.5	190	Jurink James	53	USA	6/12/2025	Royal Oak MI
------	-----	--------------	----	-----	-----------	--------------

90

100

110

125

140

140+

M8 (75 - 79)

52

56

60

67.5

75

82.5	145	Sannikov Vladislav	38	RUS	8/24/2014	Moscow
------	-----	--------------------	----	-----	-----------	--------

90

100	115	Roberts William	42	USA	4/14/2019	Myrtle Beach SC
-----	-----	-----------------	----	-----	-----------	-----------------

110	117.5	Roberts William	42	USA	8/16/2019	Orlando FL
-----	-------	-----------------	----	-----	-----------	------------

125

140

140+

M9 (80-84)

52

56

60

67.5

75

82.5

90

100

110	142.5	Roberts William	42	USA	6/7/2024	Baton Rouge LA
-----	-------	-----------------	----	-----	----------	----------------

125

140
140+

Women Open

44

48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52	135.0	Enina Elena	89	RUS	5/29/2021	Moscow
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia
82.5						
90	160.0	Freeman Jenny	95	USA	6/9/2024	Baton Rouge LA

100

110

110+

Junior (20 - 23)

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
----	-------	------------------	----	-----	-----------	-------

48

52

56

60

67.5	170.0	Gongor Otgontuya	91	MGL	8/24/2014	Moscow
------	-------	------------------	----	-----	-----------	--------

75

82.5

90

100

110

110+

T1 (13 - 15)

44

48

52

56

60

67.5

75

82.5

90

100

110

110+

T2 (16 - 17)

44

48

52

56

60

67.5

75	120.0	Ficekova Rebeka		SVK	8/5/2018	Manchester	4th
----	-------	-----------------	--	-----	----------	------------	-----

82.5

90

100

110

110+

T3 (18 - 19)

44

48

52

56

60

67.5

75

82.5

90

100
110
110+

W SM 33-39

44						
48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52						
56						
60						
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia
82.5						

90
100
110
110+

M1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M2 (45-49)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M4 (55-59)

44
48
52
56
60
67.5
75
82.5

90
100
110
110+

M5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

82.5	Zenzen Linda	54	USA	5/28/2017	Lisle IL	4th
------	--------------	----	-----	-----------	----------	-----