

Police & Fire WPC Men's Open Bench Records

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
56							
60							
67.5							
75							
82.5	120	Falaleev Ilia	92	RUS	5/24/2025	Gelendzhik Russia	
90	110	Pavlov Dmitriy	94	RUS	5/24/2025	Gelendzhik Russia	
100	160	Ashot Antonyan	87	ARM	8/29/2024	Idaho Falls ID	
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID	
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID	
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID	
140+	247.5	Dansby Michael	83	USA	11/14/2024	Lisle IL	

Police & Fire WPC Men's Submaster 33-39 Bench Records

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
56							
60							
67.5							
75							
82.5	120	Falaleev Ilia	92	RUS	5/24/2025	Gelendzhik Russia	
90	110	Pavlov Dmitriy	94	RUS	5/24/2025	Gelendzhik Russia	
100	160	Ashot Antonyan	87	ARM	8/29/2024	Idaho Falls ID	
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID	
125							
140							
140+							

**Police & Fire WPC Men's Master Bench Records
40-44 Age Group**

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125							
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID	
140+	247.5	Dansby Michael	83	USA	11/14/2024	Lisle IL	

**Police & Fire WPC Men's Master Bench Records
45-49 Age Group**

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125							
140							
140+							

Police & Fire WPC Men's Master Bench Records**50-54 Age Group**

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125							
140							
140+							

55-59 Age Group

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
B							
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID	
140							
140+							

75-79 Age Group

Class	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
B							
52							
56							
60							
67.5							
75							
82.5							
90							
100	122.5	Bretz Richard	49	USA	11/14/2024	Lisle IL	
110							
125							
140							
140+							

Women's Open

67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID	4th
100	95	Bell Asia	80	USA	9/1/2023	Idaho Falls ID	

Women's Submaster 33-39

67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID	4th
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Women's 40-44 Age Group

100	5	Bell Asia	80	USA	9/1/2023	Idaho Falls ID	
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Women's 50-54 Age Group

67.5	97.5	Caldwell Jo Ellen	70	USA	6/9/2024	Baton Rouge LA	
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