

AAPF Police, Fire, Military Raw Men's Open Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	117.5	Williams Chris	59	USA	5/28/2017	Lombard IL
100	155	Galbreth Greg	68		3/30/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85		8/31/2023	Idaho Falls ID
125	227.5	Johnson Todd	68	USA	8/30/2023	Idaho Falls ID
140	140	Curzon Logan	79		3/30/2024	Idaho Falls ID
140+						

Women's Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60	60	McQuay Joelle	78	USA	3/12/2022	Murray UT
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	212.5	Hernandez Jose	85		8/31/2023	Idaho Falls ID
125	132.5	Roberts Geoffrey	89		6/21/2025	Pocatello ID

140
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125	100	Hale Dustin	80		3/30/2024	Idaho Falls ID
140	140	Curzon Logan	79		3/30/2024	Idaho Falls ID
140+						

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						

82.5

90

100

110

125	205	Brandon Michael	70	USA	11/11/2017	Southfield MI
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140

140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90

100

110

125	227.5	Johnson Todd	68	8/30/2023	Idaho Falls ID
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140

140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90	117.5	Williams Chris	59	USA	5/28/2017	Lombard IL
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100	155	Galbreth Greg	68		3/30/2024	Idaho Falls ID
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110

125

140

140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75
82.5
90
100
110
125
140
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	105	Neumann Richard	56	USA	8/31/2024	Idaho Falls ID
100						
110						
125						
140						
140+						

70-74 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Downes Paul	48		9/19/2020	Lakeland FL
110						
125						
140						
140+						

75-79 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						

67.5

75

82.5

90

100	130.5	Bretz Richard	48	USA	6/12/2025	Royal Oak MI
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110

125

140

140+

80-84 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90

100	50	Walters Thomas	38	USA	5/1/2022	Gatlinburg TN
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110

125

140

140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44

48

52

56

60	60	McQuay Joelle	78	USA	3/12/2022	Gatlinburg TN
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67.5

75

82.5

90

100

110

110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44

48

52

56

60

67.5

75

82.5

90

100	77.5	Elliott Autumn	73	USA	4/29/2022	Gatlinburg TN
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110	87.5	Elliott Autumn	73	USA	9/10/2022	Manchester UK
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110+	77.5	Elliott Autumn	73	USA	10/27/2020	Lombard IL
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Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44

48

52

56

60

67.5

75

82.5

90

100

110

110+

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44

48

52

56

60

67.5

75

82.5

90

100

110
110+

Women's Bench Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						