

Men's Open Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	150	Martin Michael	61		9/2/2023	Idaho Falls ID
75						
82.5						
90	175	Neumann Richard	56		8/31/2024	Idaho Falls ID
100						
110						
125	242.5	Roberts Geoffrey	89		6/21/2025	Pocatello ID
140						
140+	227.5	Dalen Jason	66		9/5/2020	Idaho Falls ID

Women's Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Junior 20-23 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	115	Elliott Autumn	76		4/29/2022	Gatlinburg TN
110	127.5	Elliott Autumn	76		9/10/2022	Manchester UK
125	137.5	Elliott Autumn	76		10/27/2020	Lombard IL 4th

140
140+

Women's Junior 20-23 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125	242.5	Roberts Geoffrey	89		6/21/2025	Pocatello ID
140						
140+						

Women's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						

75
82.5
90
100
110
110+

Men's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52
56
60
67.5
75
82.5
90
100
110
125
140
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60

67.5

75

82.5

90

100

110

125	227.5	Johnson Todd	68		8/31/2023	Idaho Falls ID
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140

140+	227.5	Dalen Jason	66		9/5/2020	Idaho Falls ID
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55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90	162.5	Williams Chris	59		9/10/2017	Lisle IL
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100

110

125

140

140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52

56

60

67.5	50	Martin Michael	61		9/2/2023	Idaho Falls ID
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75

82.5

90

100

110

125

140

140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52

56

60
67.5
75
82.5
90
100
110
125
140
140+

175 Neumann Richard

56

8/31/2024

Idaho Falls ID

70-74 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

87.5

Downes Paul

48

9/19/2020

Lakeland FL

Women's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Women's Deadlift Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	115	Elliott Autumn	76		4/29/2022	Gatlinburg TN
110	127.5	Elliott Autumn	76		9/10/2022	Manchester UK
110+	137.5	Elliott Autumn	76		10/27/2020	Lombard IL 4th

Women's Deadlift Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Deadlift Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						

90
100
110
110+

Women's Deadlift Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Women's Deadlift Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+