

AWPC Police, Fire, Military Raw Men's Open Bench Rec

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	117.5	Williams Chris	59	USA	5/28/2017	Lombard, IL
100	160	Antonyan Ashot	86	USA	8/29/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125	200	Brandon Michael	70	USA	8/5/2017	Grand Rapids, MI
140						
140+						

Women's Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Elliott Autumn	73	USA	4/29/2022	Gatlinburg TN
110	87.5	Elliott Autumn	73	USA	9/10/2022	Manchester UK
110+	77.5	Elliott Autumn	73	USA	10/27/2020	Lombard IL

Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	160	Antonyan Ashot	86	USA	8/29/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125						

140
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						

82.5

90

100

110

125	200	Brandon Michael	70	USA	8/5/2017	Grand Rapids, MI
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140

140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90

100

110	140	Dorozhenko Dmitriy 72		RUS	9/25/2022	Krasnodar Russia
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125

140

140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90	117.5	Williams Chris	59	USA	5/28/2017	Lombard, IL
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100

110

125

140

140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52

56

60

67.5

75
82.5
90
100
110
125
140
140+

67.5

Vachon Alain

61

CAN

4/26/2025

Ontario Canad 4th

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

70-74 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

75-79 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52
56
60

67.5

75

82.5

90

100	130.5	Bretz Richard	48	USA	6/12/2025	Royal Oak MI
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110

125

140

140+

80-84 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52

56

60

67.5

75

82.5

90

100

110

125

140

140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44

48

52

67.5

75

82.5

90

100

110

110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

77.5
87.5
77.5

Elliott Autumn
Elliott Autumn
Elliott Autumn

73
73
73

USA
USA
USA

4/29/2022
9/10/2022
10/27/2020

Gatlinburg TN
Manchester UK
Lombard IL

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44
48
52
56
60
67.5
75
82.5
90
100

110
110+

Women's Bench Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Women's Bench Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

