

## WPC / AWPC World and National Championship Requirements

1.
  - a) \$250.00 World or National Sanction Fee
  - b) Abide by all rules in the WPC rulebook
  
2.
  - a) A minimum of 10 referee rooms paid - 1 room per referee on the day he/she works
  - b) Free admission for referees
  - c) Food provided for referee while working
  - d) Same applies to the President - plus free booth space
  - e) Same as above for any spotter, loader, or worker provided by the meet director
  - f) All spotters/loaders must be uniformly dressed and no hats allowed while working the platform
  
3.
  - a) Solid platform to meet lifters' needs, should be sturdy with no give at all, Non-slip surface even after use
  
4.
  - a) Certificate for every lifter participating
  - b) Medal for first 3 places in all categories, must be high-quality, approved by the WPC/APF Office.
  - c) Overall best lifter one trophy in each category based on number of entries
  - e) Trophy for best team overall
  - f) Lifter can only enter in one category or must lift in each category entered
  
5.
  - a) Entry fee per lifter not to exceed \$125.00 US
  - b) Admission fee not to exceed \$15.00 per day
  
6.
  - a) National anthem to be played and Country flag displayed on stage for all countries participating
  - b) Each country to furnish their anthem and flag upon request of meet promoter
  
7.
  - a) Preferably 3 monolift machines available, two in warm-up and one for platform. Double for additional platforms.
  
  - b) Certified kilo plates must be used: 1,100 lbs on platform, 2,000 lbs in warm up room
  - c) Minimum of 3 benches
  - d) Chalk during all sessions and in warm-up room
  - e) Wire brush for platform
  - f) Bar raiser for Deadlift session
  - g) Appropriate light box
  - h) WPC World Championship banner behind platform APF/AAPF for National Championships
  - i) Bleach for platform

- j) If participation requires must provide 2 platforms to accommodate schedule.
- 8. a) Meet results, membership applications, and drug tests if applicable must be sent in to APF/WPC Headquarters within 2 weeks after competition
- 9. a) All world record applications must be sent in to APF -WPC Headquarters within 2 weeks after contest
- 10. a) Meet site must be held in a hotel or sporting complex.  
 b) Meet site should be large enough to accommodate 500-1000 people  
 c) Warm-up room should be next to meet site or adjacent and should be sufficient size  
 d) 2 scales should be provided 24 hours prior to weigh-ins for men and women and available at all times, should be calibrated to the original scale
- 11. a) Announcing must be conducted in English as well as host language if necessary.

ALL THE ABOVE REQUIREMENTS MUST BE MET AND AGREED UPON BY THE MEET DIRECTOR AS SOON AS POSSIBLE. THIS FORM MUST BE SIGNED AND SENT IN WITH A CHECK OF \$250.00 US, FOR A BONAFIDE SANCTION WITH THE WPC /APF.

MEET DEPOSITS MAY BE REQUIRED IF PAST MEETS WERE NOT UP TO STANDARD OR IF DRUG TESTING IS REQUIRED.

As a condition of obtaining a Sanction I personally agree and confirm that the competition will be run in accordance with the rules and regulations of the WPC-AWPC and that the terms and conditions of the sanction will be upheld. Failure to do so can result in no future sanctions.

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MEET DIRECTOR

DATE

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WPC PRESIDENT

DATE