

AWPC Deadlift Records Men**Men Open****52****56****60**

67.5	208.0	Arends Luke	95	USA	6/12/2025	Royal Oak MI
75	270.0	Telidis Kostas	89	RUS	7/22/2018	Blagoveschensk
82.5	295.0	Stupnikov Roman	88	RUS	4/16/2015	Rostov
90	317.5	Umerenkov Igor	80	RUS	8/11/2013	Kursk
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	297.5	Johnson Jr Robert Lee	92	USA	6/7/2024	Baton Rouge LA
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

140

140+	320.0	Chir Mokrane	93	GBR	5/18/2024	Manchester UK
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Junior (20 - 23)**52****56****60****67.5**

75	235.0	Aldatkhamid Beyrdmurat	92	MGL	8/24/2014	Moscow
82.5	262.5	Elzain Ali	2002	EGY	2/2/2025	Giza Egypt
90	252.5	Jigmedserchin Saruul-Erdene	92	MGL	8/14/2016	Kursk

100

110	272.5	Elliott Tyler	2002	GBR	5/13/2023	Manchester UK
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125**140****140+****T1 (13 - 15)****52****56****60****67.5****75****82.5****90****100****110****125****140****140+****T2 (16 - 17)****52****56**

60	150.0	Beard Lucas	2006	USA	8/6/2023	Baton Rouge LA
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67.5

75	230.0	Boytsov Artem	98	RUS	12/5/2015	Kursk
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82.5**90****100****110****125****140****140+****T3 (18 - 19)****52****56****60**

67.5	217.5	Pearson Gregory	2008	GBR	5/13/2023	Manchester UK
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75	180.0	Krasnyy Dmitriy	92	RUS	10/19/2013	Krasnodar
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82.5

90	210.0	Horstmann Alexander	2004	USA	9/2/2022	Idaho Falls, ID
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100	282.5	Swensen Cody	94	USA	9/1/2013	Idaho Falls, ID
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110**125****140****140+**

M SM 33-39

52

56

60

67.5

75	245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
82.5	282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
90	295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	280.0	Umerenkov Igor	80	RUS	12/15/2019	Moscow Russia
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

140

140+

M1 (40 - 44)

52

56

60

67.5

75	230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow	4th
82.5	252.5	Musayev Rustam	70	AZE	3/7/2023	Egypt	
90	265.5	Singh Daljit	79	IND	6/21/2023	Bishkek Kyrgyzstan	
100	260.0	Curtis Rischard	83	GBR	10/12/2025	Stroud UK	
110	270.0	Umerenkov Igor	80	RUS	7/17/2021	Chelyabinsk	
125	315.0	Hickey James	77	IRE	8/5/2018	Manchester	

140

140+

M2 (45 - 49)

52

56

60

67.5

75	155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
82.5						
90	260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
100	240.0	Samir Mhamed	2007	EGY	2/2/2025	Giza Egypt

110

125

140

140+

M3 (50 - 54)

52

56

60

67.5

75

82.5

90

100

110	150.0	Israilov Arbi	63	RUS	7/22/2018	Blagoveschensk
125	290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg

140

140+

M4 (55 - 59)

52

56

60

67.5

75	255.0	Little Art	55	USA	9/1/2013	Idaho Falls
82.5	215.0	Tarboinov Vladimir	54	RUS	8/24/2014	Moscow
90	210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
100	252.5	Bakke Jay	57	USA	9/29/2019	Idaho Falls
110	200.0	Israilov Arbi	68	RUS	10/6/2019	Blagoveshchensk Russia
125	240.0	Green Richard	66	GBR	8/27/2024	Limerick Ireland

140

140+

M5 (60 - 64)

52

56

60

67.5

75 205.0 Popov Viktor 52 RUS 8/24/2014 Moscow

82.5 260.0 Zweig Greg 59 USA 10/1/2021 Lombard IL

90

100 235.0 Jeurink James 53 USA 8/6/2016 Grand Rapids MI

110

125 200.0 Zenzen Dick 52 USA 9/2/2015 Idaho Falls ID

140

140+

M6 (65 - 69)

52

56

60

67.5 205.0 Little Art 55 USA 8/6/2023 Baton Rouge LA

75

82.5 215.0 Tseveendorj Maamchuluun 46 MGL 8/24/2014 Moscow

90 185.0 Jeurink James 53 USA 4/30/2022 Gatlinburg TN

100 212.5 Jeurink James 53 USA 8/16/2019 Orlando FL

110

125

140

140+

M7 (70 - 74)

52

56

60

67.5

75

82.5 190 Jurink James 53 USA 6/12/2025 Royal Oak MI

90

100

110

125

140

140+

M8 (75 - 79)

52

56

60

67.5

75

82.5 145 Sannikov Vladislav 38 RUS 8/24/2014 Moscow

90

100 115 Roberts William 42 USA 4/14/2019 Myrtle Beach SC

110 117.5 Roberts William 42 USA 8/16/2019 Orlando FL

125

140

140+

M9 (80-84)

52

56

60

67.5

75

82.5

90

100

110 142.5 Roberts William 42 USA 6/7/2024 Baton Rouge LA

125

140
140+

Women Open

44

48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52	135.0	Enina Elena	89	RUS	5/29/2021	Moscow
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	200.0	Umerenkova Yuliya	80	RUS	12/15/2019	Moscow Russia
82.5						
90	160.0	Freeman Jenny	95	USA	6/9/2024	Baton Rouge LA

100

110

110+

Junior (20 - 23)

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
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48

52

56

60

67.5	170.0	Gongor Otgontuya	91	MGL	8/24/2014	Moscow
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75

82.5

90

100

110

110+

T1 (13 - 15)

44

48

52

56

60

67.5

75

82.5

90

100

110

110+

T2 (16 - 17)

44

48

52

56

60

67.5

75	120.0	Ficekova Rebeka		SVK	8/5/2018	Manchester	4th
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82.5

90

100

110

110+

T3 (18 - 19)

44

48

52

56

60

67.5

75

82.5

90

100
110
110+

W SM 33-39

44
48 140.0 Vakhterova Yuliya 80 RUS 8/24/2014 Moscow
52
56
60
67.5 200.0 Umerenkova Yuliya 80 RUS 12/6/2014 Kursk
75 200.0 Umerenkova Yuliya 80 RUS 12/15/2019 Moscow Russia
82.5
90
100
110
110+

M1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M2 (45-49)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

M4 (55-59)

44
48
52
56
60
67.5
75
82.5

90
100
110
110+

M5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
100
110
110+

82.5	Zenzen Linda	54	USA	5/28/2017	Lisle IL	4th
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