



Dear Friends,

It is my pleasure to announce the 2026 WPC World Championships. The dates are November 16-20 at the Embassy Suites, 4914 Constitution Ave, Baton Rouge, LA 70808. Enclosed please find the necessary information for the World Championships. We look forward to seeing a team from your country represented. If you do not have a representative in your country, please contact Amy Jackson at amyjackson@aol.com to inquire about an individual WPC membership.

All details are as follows:

[Entry Form](#)

Please fill out all details on the country roster. Each lifter will be allowed one coach in the warm up room with daily coach fee. There can only be 3 lifters from each country per weight class and age group.

[Entry Deadline- September 1st 2026 Entries must be received by this date.](#)

[Entry Confirmation](#) – Please notify the WPC Office regarding your country's attendance as soon as possible. You may notify us by email at amyjackson@aol.com.

[Entry Fee- \\$150.00](#)

An athlete may enter the Bench Press, Deadlift and the Powerlifting Championships however an entry fee for each is required and the lifter will have to lift in all divisions if they are on a separate day. Additional divisions are \$75 each. Each country must send all entries in one packet – individual entry forms will not be accepted. You may pay entry fees online via PayPal (friend option) or Venmo.

[IMPORTANT NOTICE: Please have your athletes sign up for all categories/divisions/events in advance. We will not be accepting cross overs, additions or changes at weigh-ins.](#)

[Hotel Reservations](#)

Embassy Suites, 4914 Constitution Ave, Baton Rouge LA 70808 Mention WPC World Championships for discount. Direct Reservation Link:

*Please support the event by staying at the host hotel and meet venue as we have a guaranteed room block. Room rate is \$119-129 per night. Must reserve prior to October 29th 2026 to receive discount mention WPC World Championships. Rate is good for 3 days pre/post the event. *Hotel will fill fast so make reservation early. Once block is full rate will change if accommodation is available. Great holiday location, near many restaurants, shopping and tourist attractions.**

2026 WPC World Powerlifting Championships

Meet Directors: Garry Frank & Amy Jackson

FOR ALL INFORMATION CONTACT: Amy Jackson, 505 Westgate Drive, Aurora, IL 60506
(630) 896-7309 amyljackson@aol.com

Lifting Schedule *Rules clinic at 9:30 am every day Referee Clinic 9:15 am every day*
Lifting will begin promptly at 10:00am each day

SCHEDULE OF EVENTS (schedule applies to male & female)

Monday November 16th 10am All Bench Only (raw & equipped) Teenage PL raw and classic raw

Tuesday November 17th 10am All Deadlift Only & Special Olympics

Wednesday November 18th 10am PL raw (junior, open, master) & classic raw open

Thursday November 19th 10 am PL classic raw (junior, master)

Friday November 20th PL 10 am Single Ply & Multi Ply (teenage, junior, open, master)

All weigh ins will take place the day before from 10:00am – 11:30am and 3:00 pm – 4:30 pm

Entry Fee / Registration Deadline:

A fee of \$150.00 must accompany the entry form and be in to the WPC Office no later than September 1, 2026. Late entries can be declined.

Make checks payable to: APF, 505 Westgate Dr., Aurora, IL 60506. Venmo @Amy-Jackson-265

There will be no refunds.

Weight Classes:

Men 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Kilos 52 56 60 67.5 75 82.5 90 100 110 125 140 140+

Women 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL
Kilos 44 48 52 56 60 67.5 75 82.5 90 100 110 110+

Awards:

Awards will be given to the first three places in each Men's & Women's divisions. There will be one Men's and one Women's best lifter award based upon entries in each division by formula.