



Dear Friends,

Congratulation you're invited! It is my pleasure to announce the date and location for the 2026 AWPC-WPC World Cup. The date is September 3-5, 2026 in Idaho Falls, Idaho, USA. We look forward to seeing a Team from your country represented. If your country is not an affiliate of the WPC/AWPC please contact us to join!

Cash awards for Police/Fire/Military/First Responders.

Entry Form - Please have each athlete fill out all details on the entry form.

Entry Deadline- July 20, 2026 Entries must be received by this date. **Late fee applies after July 4, 2026.**

Entry Confirmation - Please notify the meet promoters regarding your country's attendance as soon as possible. You may notify us by e-mail snakeriverpl@cs.com or phone us at 1-208-521-3434.

Entry Fee- \$125.00 Crossover or additional division \$50 (US Dollars) There will be no refunds.

An entry fee is required for each division. The first division is \$125 and the second division is \$50. Please send all entries in one packet. Make checks payable to: Snake River Powerlifting

Mail to: Snake River Powerlifting, PO Box 51433, Idaho Falls, Idaho, USA 83405 or contact Linda Higgins at 208-521-3434 to make arrangements via bank transfer, Western Union.

Hotel Reservations - Meet Hotel and Venue: **Hilton Garden Inn Idaho Falls, ID**, 700 Lindsay Blvd , Idaho Falls, Idaho 83402 United States Tel: 2085229500 Fax: 2085229501 Direct booking link:

Booking Link: <https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=IDAIFGI&groupCode=90U&arrivaldate=2026-08-31&departuredate=2026-09-07&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Hotel: Hilton Garden Inn Idaho Falls
Group Name: WPC-AWPC Powerlifting
Arrival Date: 31 Aug-2026
Departure Date: 7 Sep-2026

A block of rooms has been reserved for August 31 to September 7. The special room rate will be available until AUGUST 3rd or until the group block is sold-out, whichever comes first. The rate posted is \$149-\$159

If you would like to spend a few extra days and go to Yellowstone National Park which is 1 hour and 30 minutes away or go to Jackson Hole Wyoming which is 1 hour away contact Director of Sales Melissa Johnson for room rates. Booking a reservation from our site is simple. To begin the process, click on "Book a Room" below to receive your group's preferred rate. See you at the Hilton Garden Inn Idaho Falls in August! We hope you enjoy your stay and your group's event! At the **Hilton Garden Inn**, you'll find everything you need including complimentary high-speed Internet and remote printing provided by PrinterOn® in all guestrooms and lobby areas. The **Hilton Garden Inn - Idaho Falls, Idaho** hotel is certain to please the busy executive or leisure traveler. Our Hilton Garden Inn Idaho Falls hotel is just minutes away from **downtown Idaho Falls** and within walking distance of several fine restaurants and shops. Any issues or concerns please contact Linda at snakeriverpl@cs.com 1-208-521-3434.



Meet Director: Linda Higgins

FOR ALL INFORMATION CONTACT: Linda Higgins, PO Box 51433, Idaho Falls, ID 83405 1-208-521-3434 snakeriverpl@cs.com

Lifting Schedule:

Thursday September 3	10:00 am	Raw Male Open, Junior, Submaster, Master, Police, Fire, Military, First Responder
Friday September 4	10:00 am	All Teenage, Special Olympics, Disabled & Youth All Women: Raw, MP, SP, CR all divisions, Police, Fire, Military, First Responder
Saturday September 5	10:00 am	Men Equipped MP (multi ply) SP (single ply) CR (classic raw full PL only) Police, Fire, Military, First Responder Unlimited Bench Only

Weigh-Ins:

Thursday Competitors:	Wednesday, September 2	10:00 am – noon & 3pm-5pm
Friday Competitors:	Thursday, September 3	10:00 am – noon & 3pm-5pm
Saturday Competitors:	Friday, September 4	10:00 am – noon & 3pm-5pm

Weight Classes:

Men	114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Kilos	52 56 60 67.5 75 82.5 90 100 110 125 140 140+
Women	97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, Unl
Kilos	44 48 52 56 60 67.5 75 82.5 90 100 110 110+

Awards: Awards ceremony will be given to the first three places in each Men's & Women's divisions. There will be one Men and one Women best lifter award based upon content of entries in each division by formula. **Cash awards for Police/Fire/Military/First Responders will be given on Saturday.** All awards will be given on Saturday.

Idaho Falls Visitor Bureau

Check out the following sites for information on tourist travel.

www.visitidahofalls.com Jackson Hole Visitor Bureau –

www.jacksonholechamber.com West Yellowstone Visitor Bureau –

www.destinationyellowstone.com Yellowstone National Park –

www.yellowstone-natl-park.com/visit.htm

Sun Valley Idaho – www.visitsunvalley.com

Chester's Grand Teton Harley Davidson
Powerlifters ask for Big Jim 1-208-523-1464
www.tetonharley.com

[Bishop Barbell Fitness Supply](#) Our equipment sponsor Bishop Barbell will be on sight showcasing the new made-in-Idaho Bishop monolift and competition bench press. Special discounts will be available to those at the event as well as discounts on the full Fitness Supply catalogue at fitnesssupply.com.

1539 Piper Street, Idaho Falls, ID 83401

208-227-8466 bishopbarbell@gmail.com

[Anderson Powerlifting](#)

Kevin Pitman k.pitman@andersonpowerlifting.com (972) 733-3717

10% discount for onsite purchases at the World Cup

[Empire Strength and Fitness](#)

Visit powerlifting gym, Empire Strength and Fitness, while visiting Idaho Falls.

1539 Piper Street, Idaho Falls, ID 83401

Garet Butikofer, (208) 681-2765 empirestrengthandfitness.com

[IronDynasty Gym](#)

12679 Go Way Ave, Chubbuck ID 83202 208-530-1745 irondynastygym@gmail.com

In American Falls, ID contact [Colosseum Gym LLC](#),

Luis Villa 208-339-8074

In Utah [Lion's Pride Barbell](#), Doug Van Tassell, Layton, UT

apfutahcomps@gmail.com, www.lionspridebarbell.com

[Moments in Power Photography](#)

Sherman Edwards

(386) 453-3617

<https://instagram.com/momentsinpower> <https://www.facebook.com/momentsinpower>

2026 AWPC-WPC World Cup Record Breakers

World Records, American Records and State Records

Call to confirm your participation before mailing, limited entries accepted!

Name _____

Address _____

City _____ State _____ Postal Code _____

Country _____ Date of Birth _____ Age _____

Phone # _____ Cell# _____

E-mail _____

Weight Class: _____ Men Women

Sanction (circle all that apply) WPC AWPC (drug tested)

Event Entered (circle all that apply): Full Meet Bench Only **Unlimited Bench Only** Deadlift Only

Raw/MP (multi ply) / SP (single ply): Raw MP (multi ply) SP (single ply) CR (classic raw full PL only)

Division Entered (circle all that apply): Open

Teen: 13-15 16-17 18-19

APF-AAPF Card # _____ Junior: 20-23

Expiration Date: _____ Submaster: 33-39

Master: 40-44 45-49 50-54 55-59 60-64 65-69 70-74

75-79 80+

Police/Fire/Military/First responders (AWPC or WPC) Special Olympics **Disabled** Youth (parent supervised 12 & under)

Weight Classes: Men 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Kilos 52 56 60 67.5 75 82.5 90 100 110 125 140 140+

Women 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL
Kilos 44 48 52 56 60 67.5 75 82.5 90 100 110 110+

Raw (belt, singlet, wrist wraps) Classic Raw (raw with knee wraps or knee sleeves) Single Ply (belt, knee & wrist wraps, singlet or single ply polyester squat suit (no velcro), single ply briefs not to extend 4" above top groin), bench shirt single ply polyester, Multi Ply, see www.worldpowerliftingcongress.com for complete rules.

Fees & Payment:

Late Fee After 7/04/26 \$50 \$ _____

Check or money order payable to Snake River PL

Call for Zelle address 1-208-521-3434

Entry Fee \$125 \$ _____

Mail to: Linda Higgins, PO Box 51433, Idaho Falls ID 83405

Additional division(s) \$50 \$ _____

Youth (parent supervised 12 and under) \$25 \$ _____

MEET T-SHIRTS: Pre-Order at \$30.00 S-XL 2X & 3X each Meet T-Shirt (s)

S-3XL \$30 \$ _____

S _____ M _____ L _____ XL _____ XXL _____ XXX _____

(limited shirts available at the meet in the sizes above at \$35 each)

TOTAL DUE \$ _____

On behalf of myself, my heirs, executors, administrators and assigns, I hereby waive, release and fully discharge any and all officials, sponsors, participants or organizations connected to the AWPC, WPC, AAPF, APF, the World Powerlifting Championships, The Hilton Garden Inn, Amy Jackson, Linda Higgins, Kieran Kidder, and/or any affiliates of, their respective officials, directors, employees, agents and shareholders, of and from any and all rights, claims, demands, lawsuits and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly, or in any way associated with my participation in The 2026 AWPC-WPC World Cup, September 3-5, 2026. I, also, represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risk of powerlifting. I have read the above release, understand its meaning and consequence, and agree to be legally bound by its terms. I have signed this release freely and voluntarily. I am aware that the event may be live streamed.

Signature _____

Signature Parent/Guardian if under 18 _____