

SINGLE PLY AAFP POLICE & FIRE MEN'S OPEN RECORDS

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
	S						
	B						
	D						
	T						
56 KG. CLASS							
	S						
	B						
	D						
	T						
60 KG. CLASS							
	S						
	B						
	D						
	T						
67.5 KG. CLASS							
	S						
	B						
	D						
	T						
75 KG. CLASS							
	S						
	B						
	D						
	T						
82.5 KG. CLASS							
S	162.5	Martin Tyler	87	USA	9/1/2016	Idaho Falls ID	
B	112.5	Martin Tyler	87	USA	9/1/2016	Idaho Falls ID	
D	182.5	Martin Tyler	87	USA	9/1/2016	Idaho Falls ID	
T	457.5	Martin Tyler	87	USA	9/1/2016	Idaho Falls ID	162.5-112.5-182.5
90 KG. CLASS							
	S						
	B						
	D						
	T						
100 KG. CLASS							
S	165	Birch Ray	57		9/3/2022	Idaho Falls ID	

B	115	Birch Ray	57	9/3/2022	Idaho Falls ID	
D	175	Birch Ray	57	9/3/2022	Idaho Falls ID	
T	455	Birch Ray	57	9/3/2022	Idaho Falls ID	165-115-175

110 KG. CLASS

S
B
D
T

125 KG. CLASS

S
B
D
T

140 KG. CLASS

S
B
D
T

140+ KG. CLASS

S
B
D
T

SINGLE PLY AAPF POLICE & FIRE MEN'S Master 65-69 RECORDS

100 KG. CLASS

S	165	Birch Ray	57	9/3/2022	Idaho Falls ID	
B	115	Birch Ray	57	9/3/2022	Idaho Falls ID	
D	175	Birch Ray	57	9/3/2022	Idaho Falls ID	
T	455	Birch Ray	57	9/3/2022	Idaho Falls ID	165-115-175

SINGLE PLY AAPF POLICE & FIRE WOMEN'S OPEN RECORDS

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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52 KG. CLASS

S
B
D
T

56 KG. CLASS

S
B
D
T

60 KG. CLASS

S	125	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
B	60	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
D	110	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
T	295	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	125-60-110

67.5 KG. CLASS

S
B
D
T

75 KG. CLASS

S
B
D
T

82.5 KG. CLASS

S
B
D
T

90 KG. CLASS

S
B
D
T

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

110 + KG. CLASS

S
B
D
T

SINGLE PLY AAPF POLICE & FIRE WOMEN'S MASTER 55-59 RECORDS

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S							
B							
D							
T							
60 KG. CLASS							
S	125	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
B	60	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
D	110	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	
T	295	Oker Rhonda	66	USA	8/6/2023	Baton Rouge LA	125-60-110

67.5 KG. CLASS

S
B
D
T

75 KG. CLASS

S
B
D
T

82.5 KG. CLASS

S
B
D
T

90 KG. CLASS

S

B
D
T

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

110 + KG. CLASS

S
B
D
T