

OPL Forma Submit by email:

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Federation	Date	Mee	MeetState	MeetTown	MeetName	Formula	RuleSet							
	'2026-03-27	UK	West Midlands	Birmingham	A/BPU Single Lift Championships at Arnolds	I Glossbrenr	CombineSleeves&Wraps, Single&Multi							
Place	Name	Sex	Age	Equipment	Division	BodywtKg	WeightCla	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	TotalKg	Points	Event
NS	Oliver Whalley	M	20	Bare	M_JR_A									B
1	Rene Spireng	M	23	Bare	M_JR_A	80.5	82.5	92.5	100	-102.5	100	100	65.51	B
1	Daniel Egan	M	23	Bare	M_JR_A	94.35	100	150	155	-160	155	155	92.52	B
1	Jack Leaney JUNIOR	M	22	Bare	M_JR_A	108.75	110	160	167.5	-172.5	167.5	167.5	94.52	B
2	Adrien Limon FRANCE	M	22	Bare	M_JR_A	108.85	110	160	-165	167.5	167.5	167.5	94.49	B
1	Chris Etherington	M	43	Bare	M_MR_1_A	73.65	75	95	105	115	115	115	80.26	B
1	Darren Robertson MASTERS	M	42	Bare	M_MR_1_A	80.35	82.5	120	127.5	-135	127.5	127.5	83.62	B
1	Andrew Whitaker AWPD MASTERS	M	43	Bare	M_MR_1_A	116	125	200	212.5	222.5	222.5	222.5	123.51	B
2	Eddie Wilson	M	42	Bare	M_MR_1_A	121.1	125	177.5	187.5	192.5	192.5	192.5	105.83	B
1	Dennis O'Leary/Shea MASTERS	M	40	Bare	M_MR_1_A	143.4	140+	155	160	165	165	165	87.17	B
1	Sean Kilbride MASTERS	M	45	Bare	M_MR_2_A	77.9	82.5	135	145	-150	145	145	97.14	B
1	James Leaney	M	45	Bare	M_MR_2_A	87.9	90	137.5	145	150	150	150	93.01	B
2	James Brodie	M	47	Bare	M_MR_2_A	87.1	90	115	122.5	-125	122.5	122.5	76.36	B
1	Krisztian Gyanti MASTER	M	48	Bare	M_MR_2_A	97.6	100	180	-187.5	187.5	187.5	187.5	110.14	B
1	Nicki Bush	M	47	Bare	M_MR_2_A	107.8	110	130	142.5	152.5	152.5	152.5	86.28	B
1	Billy Mareya	M	47	Bare	M_MR_2_A	118.85	125	202.5	212.5	-222.5	212.5	212.5	117.32	B
1	Lee mortimer	M	48	Bare	M_MR_2_A	134.45	140	200	210	-220	210	210	112.56	B
1	Jeremy Quick MASTERS	M	52	Bare	M_MR_3_A	82.15	82.5	117.5	125	130	130	130	84.03	B
1	Randall Crooks	M	52	Bare	M_MR_3_A	87.4	90	130	137.5	140	140	140	87.1	B
2	Graham Brade	M	54	Bare	M_MR_3_A	83.5	90	-75	82.5	-85	82.5	82.5	52.77	B
1	Paul Morgan MASTER	M	52	Bare	M_MR_3_A	108.7	110	180	190	-200	190	190	107.23	B
1	Krzysztof Frozynski	M	51	Bare	M_MR_3_A	133.6	140	-180	190	195	195	195	104.68	B
2	Mark Saberton	M	53	Bare	M_MR_3_A	133.4	140	142.5	150	-155	150	150	80.55	B
NS	Richard Badger Baker	M	56	Bare	M_MR_4_A									B
1	David Gibson AWPD	M	59	Bare	M_MR_4_A	66.35	67.5	80	90	-100	90	90	68.35	B
1	Andrew Rae	M	59	Bare	M_MR_4_A	73.3	75	-107.5	107.5	-112.5	107.5	107.5	75.3	B
1	Ger Collins	M	55	Bare	M_MR_4_A	86.9	90	77.5	80	-85	80	80	49.94	B
1	Brian Whitehead	M	55	Bare	M_MR_4_A	97.9	100	90	100	-110	100	100	58.66	B
1	Steven Middleton-Lowes	M	55	Bare	M_MR_4_A	107.3	110	150	160	167.5	167.5	167.5	94.9	B
2	Simon Hull	M	55	Bare	M_MR_4_A	106.1	110	137.5	145		145	145	82.45	B
1	Michael Fedarb MASTERS	M	55	Bare	M_MR_4_A	121.75	125	135	147.5	-160	147.5	147.5	80.99	B
1	Bahadar Ghatore	M	61	Bare	M_MR_5_A	79.5	82.5	80	90	97.5	97.5	97.5	64.41	B
2	Mark Payne	M	60	Bare	M_MR_5_A	81.3	82.5	87.5	92.5	-100	92.5	92.5	60.2	B
1	Mark Bulmer	M	63	Bare	M_MR_5_A	105.65	110	95	105	112.5	112.5	112.5	64.06	B
1	Nigel Savage	M	66	Bare	M_MR_6_A	80.9	82.5	120	127.5	-130	127.5	127.5	83.24	B
1	Adrian Buckley	M	66	Bare	M_MR_6_A	89.2	90	107.5	112.5	115	115	115	70.71	B
1	David Owen	M	65	Bare	M_MR_6_A	127.6	140	125	-132.5	132.5	132.5	132.5	71.91	B
1	Paul Sargent	M	70	Bare	M_MR_7_A	73.15	75	70	77.5	80	80	80	56.12	B
NS	Daniel grant	M	34	Bare	M_OR_A									B
1	James Freeman AWPD	M	29	Bare	M_OR_A	52.95	56	45	55	-60	55	55	52.1	B
1	John East	M	39	Bare	M_OR_A	64.3	67.5	110	115	-122.5	115	115	89.79	B
1	Harry Payne	M	24	Bare	M_OR_A	74.9	75	142.5	150	155	155	155	106.82	B
2	Olusegun Ayeko	M	34	Bare	M_OR_A	73.6	75	120	130	137.5	137.5	137.5	96.01	B
3	Joel Craven Huffer AWPD	M	29	Bare	M_OR_A	69.3	75	70	75	80	80	80	58.58	B
1	Sean Kilbride OPEN	M	45	Bare	M_OR_A	77.9	82.5	135	145	-150	145	145	97.14	B
2	Ryan Wilby	M	29	Bare	M_OR_A	79.75	82.5	120	127.5	135	135	135	88.99	B
3	Darren Robertson OPEN	M	42	Bare	M_OR_A	80.35	82.5	120	127.5	135	135	135	88.54	B
4	Richard Stunt	M	31	Bare	M_OR_A	80.2	82.5	125	132.5	-140	132.5	132.5	87.01	B
5	Jeremy Quick OPEN	M	52	Bare	M_OR_A	82.15	82.5	117.5	125	130	130	130	84.03	B
6	Samuel Jellicoe	M	39	Bare	M_OR_A	81.15	82.5	115	122.5	-127.5	122.5	122.5	79.82	B
1	Hadi Rana	M	31	Bare	M_OR_A	88.75	90	180	-187.5	-187.5	180	180	111	B
2	Lewis Mee	M	28	Bare	M_OR_A	88.85	90	122.5	130	137.5	137.5	137.5	84.73	B
3	Ramin Gulistani	M	35	Bare	M_OR_A	87.6	90	100	117.5	125	125	125	77.66	B
1	Krisztian Gyanti OPEN	M	48	Bare	M_OR_A	97.6	100	180	-187.5	187.5	187.5	187.5	110.14	B
2	Joevan Wayland	M	31	Bare	M_OR_A	97.85	100	160	-165	165	165	165	96.81	B
3	Samuel Grant	M	39	Bare	M_OR_A	98.4	100	150	157.5	162.5	162.5	162.5	95.11	B
4	Steven Forshaw	M	38	Bare	M_OR_A	98.55	100	130	140	150	150	150	87.73	B
5	James Goddon	M	26	Bare	M_OR_A	96.8	100	140	-150	-152.5	140	140	82.55	B
1	Paul Morgan OPEN	M	52	Bare	M_OR_A	108.7	110	180	190	-200	190	190	107.23	B
2	Yiannis Verenakis	M	33	Bare	M_OR_A	108.6	110	155	165	172.5	172.5	172.5	97.38	B
3	Jack Leaney OPEN	M	22	Bare	M_OR_A	108.75	110	160	167.5	-172.5	167.5	167.5	94.52	B
4	Connor Hall	M	23	Bare	M_OR_A	107.3	110	-165	165	-172.5	165	165	93.48	B
5	Robert Saunders	M	27	Bare	M_OR_A	106.95	110	140	-155	160	160	160	90.74	B
1	Andrew Whitaker AWPD OPEN	M	43	Bare	M_OR_A	116	125	200	212.5	222.5	222.5	222.5	123.51	B
2	Maciej Orłowski	M	35	Bare	M_OR_A	123.75	125	200	215	222.5	222.5	222.5	121.67	B
3	Billy Mareya	M	47	Bare	M_OR_A	118.85	125	202.5	212.5	-222.5	212.5	212.5	117.32	B
4	Edward Davey	M	29	Bare	M_OR_A	120.75	125	180	190	-200	190	190	104.53	B
5	Warren Whitaker	M	39	Bare	M_OR_A	123.8	125	180	190	-200	190	190	103.89	B
6	JAMIE WICKS	M	30	Bare	M_OR_A	121.75	125	160	170	-180	170	170	93.34	B
7	Mark Persson	M	38	Bare	M_OR_A	113.05	125	-150	155	160	160	160	89.35	B
8	Toby Yate	M	26	Bare	M_OR_A	123.2	125	145	160	-170	160	160	87.6	B
9	Michael Fedarb OPEN	M	55	Bare	M_OR_A	121.75	125	135	147.5	-160	147.5	147.5	80.99	B
1	Julian McKerrow	M	35	Bare	M_OR_A	134	140	185	200	-205	200	200	107.29	B
1	Dennis O'Leary/Shea OPEN	M	40	Bare	M_OR_A	143.4	140+	155	160	165	165	165	87.17	B
2	Mr Remigijusz Data	M	27	Bare	M_OR_A	179.15	140+	25			25	25	12.6	B
1	Dylan Heighton	M	15	Bare	M_TR_1_A	57.8	60	60	70	77.5	77.5	77.5	66.97	B
1	Ethan Peart	M	15	Bare	M_TR_1_A	89.4	90	75	80	85	85	85	52.2	B
1	Reuben king	M	17	Bare	M_TR_2_A	69.4	75	110	117.5	-122.5	117.5	117.5	85.93	B
2	Ksawery Frozynski	M	16	Bare	M_TR_2_A	74.1	75	-90	90	-105	90	90	62.53	B
1	Harry Ounsworth	M	18	Bare	M_TR_2_A	77.3	82.5	132.5	140	145	145	145	97.67	B
2	Ruben Marsh	M	17	Bare	M_TR_2_A	78.4	82.5	130	137.5	-142.5	137.5	137.5	91.71	B
1	Sam Ladds	M	16	Bare	M_TR_2_A	88.25	90	115	120	-125	120	120	74.24	B
1	Samuel Earle	M	17	Bare	M_TR_2_A	111.3	125	100	115	-130	115	115	64.48	B
1	Josef Jones	M	19	Bare	M_TR_3_A	72.65	75	135	145	-155	145	145	102.26	B
2	Harvey gulliver	M	18	Bare	M_TR_3_A	72.75	75	87.5	95	100	100	100	70.45	B
1	Chris Pahl	M	19	Bare	M_TR_3_A	99.9	100	127.5	135	140	140	140	81.41	B
1	Kaiwen Li	M	18	Bare	M_TR_3_A	108.1	110	135	142.5	150	150	150	84.79	B
1	Dominik Wawak	M	19											