

## MEN'S OPEN RECORDS

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S						
B						
D						
T						
100 KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
125 KG. CLASS						
S						
B						
D						
T						
140 KG. CLASS						
S						
B						
D						
T						
140+ KG. CLASS						
S						
B						
D						
T						

## Women's Open Records

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S						
B						
D						
T						
48 KG. CLASS						
S						
B						
D						
T						
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S						
B						
D						
T						
100 KG CLASS						
S						
B						
D						
T						
110 KG CLASS						
S						
B						
D						
T						
110+ KG CLASS						
S						
B						

D  
T

**Men's Junior Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S  
B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S

B  
D  
T

**Women's Junior Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Teenage 13-15 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 16-17 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 18-19 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Teenage 13-15 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 16-17 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D

T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 18-19 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B

D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Submaster 33-39 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S

B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Submaster 33-39 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Master 40-44 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 45-49 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 50-54 Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D

T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 55-59 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B

D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S  
B  
D  
T

**Men's Master 60-64 Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S

B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S  
B  
D  
T

**Men's Master 65-69 Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 70-74 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 75-79 Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 80+ Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Master 40-44 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S

B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 45-49 Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 50-54 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S

B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 55-59 Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 60-64 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S

B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 65-69 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 70-74 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S

B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 75-79 Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 80-84 Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S

B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

WPC Raw Men's Open Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	152.5	Stafford Darren	72	GBR	5/17/2025	Bolton UK
125						
140						
140+						

WPC Raw Women's Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60	80	Walters Amanda	69	GBR	5/17/2025	Bolton UK
67.5	77.5	Walters Amanda	69	GBR	11/5/2023	Manchester UK
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI
110+						4th

Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

140	Stafford Darren	72	GBR	5/17/2025	Bolton UK
-----	-----------------	----	-----	-----------	-----------

125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI 4th
125						
140						
140+						

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48

52						
56						
60	80	Walters Amanda	69	GBR	5/17/2025	Bolton UK
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Women's Bench Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

WPC Raw Men's Open Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75	100	Gibson David	66	GBR	11/4/2025	Durban South Africa
82.5						
90						
100						
110						
125						
140						
140+						

WPC Raw Women's Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Men's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75	100	Gibson David	66	GBR	11/4/2025	Durban South Africa
82.5						
90						
100						
110						
125						
140						
140+						

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
125						
140						
140+						

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

**Disabled APF Raw MEN'S OPEN RECORDS**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S	102.5	Nick Edinger	87	1/26/2013	Idaho Falls	
B	162.5	Nick Edinger	87	1/26/2013	Idaho Falls	
D	195	Nick Edinger	87	1/26/2013	Idaho Falls	
T	460	Nick Edinger	87	1/26/2013	Idaho Falls	102.5-162.5-195
100 KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
125 KG. CLASS						
S						
B						
D						
T						
140 KG. CLASS						
S						
B						
D						
T						
140+ KG. CLASS						
S						
B						
D						
T						

## Women's Open APF Raw Records

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S						
B						
D						
T						
48 KG. CLASS						
S						
B						
D						
T						
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S						
B						
D						
T						
100 KG CLASS						
S						
B						
D						
T						
110 KG CLASS						
S						
B						
D						
T						
110+ KG CLASS						
S						
B						

D  
T

**Men's Junior APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S

B  
D  
T

**Women's Junior APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Teenage 13-15 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S  
B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 16-17 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 18-19 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Teenage 13-15 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 16-17 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D

T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 18-19 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B

D  
T

110+ KG CLASS  
S  
B  
D  
T

**Men's Submaster 33-39 APF Raw Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S  
B  
D  
T

140 KG CLASS  
S

B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Submaster 33-39 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Master 40-44 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 45-49 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 50-54 APF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D

T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 55-59 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B

D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 60-64 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S

B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S  
B  
D  
T

**Men's Master 65-69 APF Raw Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 70-74 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 75-79 APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 80+ APF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D

T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Master 40-44 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 45-49 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D

T

90 KG CLASS

S

B

D

T

100 KG CLASS

S

B

D

T

110 KG CLASS

S

B

D

T

110+ KG CLASS

S

B

D

T

**Women's Master 50-54 APF Raw Records**

44 KG. CLASS

S

B

D

T

48 KG. CLASS

S

B

D

T

52 KG CLASS

S

B

D

T

56

S

B

D

T

60 KG CLASS

S

B

D

T

67.5 KG CLASS

S

B

D

T

75 KG CLASS

S

B

D

T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 55-59 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D

T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 60-64 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 65-69 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D

T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 70-74 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 75-79 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D

T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 80-84 APF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Disabled APF Raw Men's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	90.0	Hays Jackson	2006	USA	3/30/2024	Idaho Falls ID
100						
110						
125						
140						
140+						

**APF Raw Women's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI 4th
110+						

## Men's Teenage Bench Records

## 16-17 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	90.0	Hays Jackson	2006	USA	3/30/2024	Idaho Falls ID
100						
110						
125						
140						
140+						

## Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records  
60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI 4th
110+						

Women's Bench Records  
65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						

82.5  
90  
100  
110  
110+

**AWPC Raw Men's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	90	Gibson David	66	GBR	3/27/2026	Birmingham UK
75						
82.5						
90	82.5	Brade Graham	71	GBR	3/27/2026	Birmingham UK
100						
110						
125	222.5	Whitaker Andrew	83	GBR	3/27/2026	Birmingham UK
140						
140+						

**AWPC Raw Women's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI 4th
110+						

## Men's Teenage Bench Records

## 16-17 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

## Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125	222.5	Whitaker Andrew	83	GBE	3/27/2026	Birmingham UK
140						
140+						

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						

125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	82.5	Brade Graham	71	GBR	3/27/2026	Birmingham UK
100						
110						
125						
140						
140+						

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	90	Gibson David	66	GBR	3/27/2026	Birmingham UK
100						
110						
125						
140						
140+						

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	77.5	Sosnicki Dorothy	64	USA	6/13/2025	Royal Oak MI 4th
125						
140						
140+						

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						

60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Women's Bench Records  
65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75

82.5  
90  
100  
110  
110+

WPC Raw DL Men's Open Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

WPC Raw Women's Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Men's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100      77.5      Sosnicki Dorothy      64      USA      5/7/2026      Farmington UT  
110  
125  
140  
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

**Disabled AAPF Raw MEN'S OPEN RECORDS**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S	102.5	Nick Edinger	87	1/26/2013	Idaho Falls	
B	162.5	Nick Edinger	87	1/26/2013	Idaho Falls	
D	195	Nick Edinger	87	1/26/2013	Idaho Falls	
T	460	Nick Edinger	87	1/26/2013	Idaho Falls	102.5-162.5-195
100 KG. CLASS						
S						
B						
D						
T						
110 KG. CLASS						
S						
B						
D						
T						
125 KG. CLASS						
S						
B						
D						
T						
140 KG. CLASS						
S						
B						
D						
T						
140+ KG. CLASS						
S						
B						
D						
T						

## Women's Open AAPF Raw Records

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS						
S						
B						
D						
T						
48 KG. CLASS						
S						
B						
D						
T						
52 KG. CLASS						
S						
B						
D						
T						
56 KG. CLASS						
S						
B						
D						
T						
60 KG. CLASS						
S						
B						
D						
T						
67.5 KG. CLASS						
S						
B						
D						
T						
75 KG. CLASS						
S						
B						
D						
T						
82.5 KG. CLASS						
S						
B						
D						
T						
90 KG. CLASS						
S						
B						
D						
T						
100 KG CLASS						
S						
B						
D						
T						
110 KG CLASS						
S						
B						
D						
T						
110+ KG CLASS						
S						
B						

D  
T

**Men's Junior AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S  
B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S

B  
D  
T

**Women's Junior AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Teenage 13-15 AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 16-17 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Teenage 18-19 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Teenage 13-15 AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 16-17 AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D

T

110+ KG CLASS

S  
B  
D  
T

**Women's Teenage 18-19 AAPF Raw Records**

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--------	------	-----	-----	----------------	----------	------------------------

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B

D  
T

110+ KG CLASS  
S  
B  
D  
T

**Men's Submaster 33-39 AAPF Raw Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS  
S  
B  
D  
T

140 KG CLASS  
S

B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Submaster 33-39 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Men's Master 40-44 AAPF Raw Records**

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--	--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 45-49 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 50-54 AAPF Raw Records**

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
--	--------	------	-----	-----	----------------	----------	------------------------

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D

T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 55-59 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B

D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 60-64 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S

B  
D  
T

140 KG CLASS  
S  
B  
D  
T

140+ KG CLASS  
S  
B  
D  
T

**Men's Master 65-69 AAPF Raw Records**

52 KG. CLASS  
S  
B  
D  
T

56 KG. CLASS  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 70-74 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 75-79 AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Men's Master 80+ AAPF Raw Records**

52 KG. CLASS

S  
B  
D  
T

56 KG. CLASS

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

125 KG CLASS

S  
B  
D  
T

140 KG CLASS

S  
B  
D  
T

140+ KG CLASS

S  
B  
D  
T

**Women's Master 40-44 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S

B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 45-49 AAPF Raw Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 50-54 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S

B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 55-59 AAPF Raw Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS  
S  
B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 60-64 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S

B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 65-69 AAPF Raw Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS  
S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 70-74 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S  
B  
D  
T

67.5 KG CLASS

S

B  
D  
T

75 KG CLASS  
S  
B  
D  
T

82.5 KG CLASS  
S  
B  
D  
T

90 KG CLASS  
S  
B  
D  
T

100 KG CLASS  
S  
B  
D  
T

110 KG CLASS  
S  
B  
D  
T

110+ KG CLASS  
S  
B  
D  
T

**Women's Master 75-79 AAPF Raw Records**

44 KG. CLASS  
S  
B  
D  
T

48 KG. CLASS  
S  
B  
D  
T

52 KG CLASS  
S  
B  
D  
T

56  
S  
B  
D  
T

60 KG CLASS  
S  
B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**Women's Master 80-84 AAPF Raw Records**

44 KG. CLASS

S  
B  
D  
T

48 KG. CLASS

S  
B  
D  
T

52 KG CLASS

S  
B  
D  
T

56

S  
B  
D  
T

60 KG CLASS

S

B  
D  
T

67.5 KG CLASS

S  
B  
D  
T

75 KG CLASS

S  
B  
D  
T

82.5 KG CLASS

S  
B  
D  
T

90 KG CLASS

S  
B  
D  
T

100 KG CLASS

S  
B  
D  
T

110 KG CLASS

S  
B  
D  
T

110+ KG CLASS

S  
B  
D  
T

**AAPF Raw Men's Open Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	90.0	Hays Jackson	2006	USA	3/30/2024	Idaho Falls ID
100						
110						
125						
140						
140+						

**AAPF Raw Women's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

## Men's Teenage Bench Records

## 16-17 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	90.0	Hays Jackson	2006	USA	3/30/2024	Idaho Falls ID
100						
110						
125						
140						
140+						

## Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100      72.5      Sosnicki Dorothy      64      USA      5/7/2026      Farmington UT  
110  
125  
140  
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records  
60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	72.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Women's Bench Records  
65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						

82.5  
90  
100  
110  
110+

**AAPF Raw Men's Open Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

**AAPF Raw Women's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

## Men's Teenage Bench Records

## 16-17 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
110						
125						
140						
140+						

## Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56

60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records  
60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	77.5	Sosnicki Dorothy	64	USA	5/7/2026	Farmington UT
110						
110+						

Women's Bench Records  
65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75

82.5  
90  
100  
110  
110+

**WPC Single Ply Men's Open Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	155	Gibson David	66	GBR	10/31/2023	Manchester UK 4th
90						
100						
110						
125						
140						
140+						

**WPC Single Ply Women's Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

**Men's Submaster 33-39 Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

**Women's Submaster 33-39 Bench Records**

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110

125  
140  
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5	155	Gibson David	66	GBR	10/31/2023	Manchester UK	4th
90							
100							
110							
125							
140							
140+							

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125							
140							
140+							

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110							
125							
140							
140+							

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
-------	--------	------	-----	-----	----------------	----------	--

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Bench Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

WPC Single Ply Men's Open Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	110	Gibson David	66	GBR	11/4/2025	Durban South Africa
75						
82.5						
90						
100						
110						
125						
140						
140+						

WPC Single Ply Women's Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Submaster 33-39 Deadlift Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						

56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Men's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140

140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	110	Gibson David	66	GBR	11/4/2025	Durban South Africa
75						
82.5						
90						
100						
110						
125						
140						
140+						

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Master Deadlift Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						

56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5

75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

Women's Deadlift Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
-------	--------	------	-----	-----	----------------	----------

44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+