

**Men's WPC Single Ply Bench Records**

Class	Record	Name	DOB	Nat	Date of Record	Location
52	120	Trubin Stanislav	95	RUS	11/3/2017	Moscow Russia
56	140	Ignatov Alexandr	97	RUS	7/6/2014	Novosibirsk
60	167.5	Ortiz Felix	85	COL	11/10/2014	West Palm Beach FL
67.5	197.5	Sufiyarov Ayrat	84	RUS	7/7/2017	Helsinki
75	250	Galati Ange	68	AUS	4/25/2017	Melbourne Australia
82.5	300	Naleikin Sergiy	81	UKR	6/11/2014	Baku
90	300	Randall Michael	85	USA	7/25/2015	Romulus MI
100	330	Waldrep Tom	63	USA	11/10/2014	West Palm Beach FL
110	325	Johnston Jeff	79	USA	6/3/2022	Lombard IL
125	410	Begalko Anton	86	RUS	11/6/2018	Orlando FL
140	345	Lukkarinen Ilkka	88	FIN	11/10/2014	West Palm Beach FL
140+	345	Zamani Danial	91	IRN	11/3/2017	Moscow Russia

**Women's WPC Single Ply Bench Records**

Class	Record	Name	DOB	Nat	Date of Record	Location
44	92.5	Neely Cosette	78	USA	6/27/2015	Salt Lake City UT
48						
52	80	Gilinskaya Evgenia	86	KAZ	11/10/2015	Maia Portugal
56	103	Selivanova Irina	73	KAZ	11/10/2015	Maia Portugal 4th
60	132.5	Kuznetsova Yuliya	73	RUS	11/3/2017	Moscow Russia
67.5	155	Nagy Rita	74	HUN	11/10/2015	Maia Portugal 4th
75	200	Yitalo-James Emma	69	GBR	11/10/2015	Maia Portugal
82.5	205	Yitalo-James Emma	69	GBR	11/3/2017	Moscow Russia
90	222.5	James Emma	69	GBR	10/26/2019	St Charles IL
100						
110	102.5	Bell Asia	80	USA	6/13/2025	Royal Oak MI
110+	145	D'Errico Melissa	81	USA	11/10/2016	Baton Rouge LA 4th

**Men's Junior 20-23 WPC Single Ply Bench Records**

Class	Record	Name	DOB	Nat	Date of Record	Location
52	120	Trubin Stanislav	95	RUS	11/3/2017	Moscow Russia
56	85	Kotak Keiwal	99	IND	12/11/2021	Moscow Russia
60						
67.5	170	Zyukov Konstantin	97	RUS	10/6/2019	Blagoveshchensk Russia
75	200	Teplov Ilya	92	RUS	7/6/2014	Novosibirsk
82.5	210	Pshenichnikov Semen	91	RUS	7/5/2015	Novosibirsk
90	250	Sokolov Sergei	93	RUS	10/8/2016	Saint Petersburg
100	250	Nizhnik Nikita	92	BLR	12/6/2014	Kursk
110	215.5	El Shawrby Mahmoud	2000	EGY	11/1/2021	Trofa Portugal
125	250	Golmohammadi Amin	94	IRN	12/4/2015	Kursk
140	285	Zamani Danial	91	IRN	6/11/2014	Baku
140+	280	Mizetskiy Artem	94	RUS	3/11/2018	Chelyabinsk

**Women's Junior 20-23 WPC Single Ply Bench Records**

Class	Record	Name	DOB	Nat	Date of Record	Location
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48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

**Men's Teenage WPC Single Ply Bench Records**

**13-15 Age Group**

Class	Record	Name	DOB		Date of Record	Location
52	80	Berezin Denis	2007	RUS	7/17/2021	Chelyabinsk
56						
60						
67.5	125	Pearson Gregory	2007	GBR	6/25/2022	Hungary
75	90	Rammell Colter	2010	USA	11/4/2025	Durban South Africa
82.5						
90						
100						
110						
125	140	Borcha Denis	2000	SVK	11/10/2015	Maia Portugal
140						
140+						

**16-17 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
52	65	Dupre Joseph	2000	USA	11/10/2016	Baton Rouge LA 4th
56	140	Ignatov Alexandr	97	RUS	7/6/2014	Novosibirsk
60	165	Selyanin Dmitriy	2005	RUS	12/11/2021	Moscow Russia
67.5	100	Platel Theo	2000	FRA	4/14/2018	Le Pont de Claix France
75						
82.5						
90						
100	140	Shirokov Mikhail	99	RUS	7/30/2016	Blagoveschensk
110	175	Belyaev Alexandr	98	RUS	8/15/2015	Kursk
125						
140	140	Gabriel Dominik	98	SVK	11/10/2015	Maia Portugal
140+						

**18-19 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60	135	Aripov Islam	97	KAZ	11/10/2015	Maia Portugal
67.5	130	Philip George	2006	EGY	2/2/2025	Giza Egypt

75	152.5	Starkov Semen	94	RUS	5/30/2014	Kursk	
82.5	135	Salem Selim	2004	EGY	2/3/2024	Hurghada Egypt	
90	195	Burruto Anthony	94	USA	4/11/2014	Orlando FL	4th
100	155	Emad Eldeen Mohand	2005	EGY	2/2/2025	Giza Egypt	
110	227.5	Shirokov Mikhail	99	RUS	11/3/2017	Moscow Russia	
125							
140							
140+							

### Women's Teenage WPC Single Ply Bench Records

#### 13-15 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56						
60						
67.5	125	Pearson Gregory	2008	GBR	6/25/2022	Hungary
75						
82.5						
90						
100						
110						
110+						

#### 16-17 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52	60	Zaunbrecher Sadie	99	USA	11/10/2016	Baton Rouge LA
56						
60	45	Pinter Barbara Bettina	2005	HUN	6/25/2022	Hungary
67.5						
75						
82.5						
90						
100						
110						
110+						

#### 18-19 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52	72.5	Urzhakhanova Luiza	2003	RUS	12/11/2021	Moscow Russia
56	77.5	Cannon Shelly	79	USA	4/11/2014	Orlando FL
60						
67.5						
75						

82.5	70	Talaat Mira	2005	EGY	2/2/2025	Giza Egypt
90						
100						
110						
110+						

#### Men's Submaster 33-39 WPC Single Ply Bench Records

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60						
67.5	197.5	Sufiyanov Ayrat	84	RUS	7/7/2017	Helsinki
75	202.5	Rzayev Ramin	80	AZE	6/11/2014	Baku
82.5	220	Orekhov Vyacheslav	85	RUS	5/25/2024	Gelendzhik Russia
90	265	Fargo Joe	78	USA	6/8/2018	Lisle IL
100	282.5	Johnston Jeff	79	USA	8/6/2016	Grand Rapids MI
110	300	Ibrahim Ibrahimov	83	AZE	11/10/2014	West Palm Beach FL
125	322.5	Ylitalo-James Kalle		FIN	11/10/2016	Baton Rouge LA
140	300	Kolesnichenko Sergei	79	RUS	2/9/2014	Yekaterinburg
140+	275	Janse Van Rensburg Francois	80	ZAF	6/22/189	Pretoria South Africa

#### Women's Submaster 33-39 WPC Single Ply Bench Records

Class	Record	Name	DOB	Nat	Date of Record	Location
44	92.5	Neely Cosette	78	USA	6/27/2015	Salt Lake City UT
48						
52	80	Tracy Renda	87	ITA	2/2/2025	Giza Egypt
56	102.5	Cannon Shelly	79	USA	11/10/2014	West Palm Beach FL
60						
67.5	130	Korenkova Natalya	80	RUS	7/6/2014	Novosibirsk
75	122.5	Thompson Lucie Kathleen	77	AUS	8/148/15	Melbourne
82.5	187.5	Turaeva Anna	78	RUS	6/11/2014	Baku
90	70	Shubhangi Pant	86	IND	12/11/2021	Moscow Russia
100						
110						
110+	145	D'Errico Melissa	81	USA	11/10/2016	Baton Rouge LA 4th

#### Men's Master WPC Single Ply Bench Records

##### 40-44 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60						
67.5						
75	185	Eldin Vincente	72	FRA	11/10/2016	Baton Rouge LA
82.5	202.5	Ruelan Miguel	70	USA	7/19/2014	Detroit MI
90	250	Spires Kent	70	USA	4/11/2014	Orlando FL
100	281	Saghaei Javad	76	IRN	11/3/2017	Moscow Russia
110	325	Johnston Jeff	79	USA	6/3/2022	Lombard IL
125	325	Johnston Jeff	79	USA	11/5/2022	Orlando FL

140	310	Jarno Rajala	73	FIN	5/23/2015	Helsinki Finland
140+	295	Rankyn Freyded	75	ESP	11/10/2015	Maia Portugal

#### 45-49 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60						
67.5	117.5	Deblandre Alexandre	74	POR	10/3/2021	Trofa Portugal
75	250	Galati Ange	68	AUS	4/25/2017	Melbourne Australia
82.5	245	Galati Ange	68	AUS	8/13/2016	Australia
90	235	Heaven Chris	69	USA	11/10/2014	West Palm Beach FL
100	318	Lamarque Matthew	74	USA	9/2/2023	Idaho Falls ID
110	290	Dergunov Sergei	76	RUS	2/9/2026	Giza Egypt
125	325	Gorbachev Dmitriy	70	RUS	11/9/2019	Lahti Finland
140	310	El Sakka Rabih	76	EGY	2/3/2024	Hurghada Egypt
140+						

#### 50-54 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56	102.5	Rimpi Pentti	67	FIN	5/18/2019	Lahti Finland
60	105	Rimpi Pentti	67	FIN	11/9/2019	Lahti Finland
67.5	122.5	Panagiotidis Jim	69	AUS	9/24/2023	Melbourne Australia
75	230	Galati Angelo	68	AUS	9/22/2018	Melbourne Australia
82.5	235	Kokorev Ilya	73	RUS	11/4/2025	Durban South Africa
90	200	Phillips Endaf	72	GBR	10/31/2023	Manchester UK
100	330	Waldrep Tom	63	USA	11/10/2014	West Palm Beach FL
110	265	Ponzio Thomas	69	USA	9/3/2020	Idaho Falls ID
125	300	Gorbachov Dmitriy	70	RUS	8/23/2020	Ramenskoe Russia
140	327.5	Welch Bill	62	USA	11/10/2014	West Palm Beach FL
140+	227.5	Penrose Howard	66	USA	11/10/2016	Baton Rouge LA 4th

#### Men's Master WPC Single Ply Bench Records

##### 55-59 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60						
67.5	112.5	Deskis Michael	59	USA	6/28/2015	Salt Lake City UT
75	181.5	Galati Ange	68	AUS	9/13/2025	Melbourne Australia
82.5	212.5	Krasnov Nikolay	60	RUS	11/3/2017	Moscow Russia
90	200	Moore Kenneth	58	USA	5/27/2016	Orlando FL
100	220	Chavin Stephane	61	FRA	4/29/2017	Le Pont De Claix France
110	265	Galen Scott	61	USA	6/13/2019	Grand Rapids MI
125	265	Gorbachev Dmitry	70	RUS	11/4/2025	Durban South Africa
140	325	Ryan Roger	55	USA	7/19/2014	Detroit MI
140+	165	Frickner Richard	61	GBR	6/5/2016	Stoke-on-Trent UK

**60-64 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location	
52							
56							
60							
67.5	130	Kalinski Antoni	53	POL	3/25/2017	Kolobrzeg Poland	
75	170	Jauhojarvi Tahvo	62	FIN	10/31/2023	Manchester UK	
82.5	182.5	Francis Randy	54	USA	8/6/2016	Grand Rapids MI	
90	185.5	Beniston Phil	63	GBR	10/31/2023	Manchester UK	
100	227.5	McIntyre Bruce	57	CAN	6/8/2018	Orlando FL	
110	260	Murphy Dave	54	USA	8/5/2017	Grand Rapids MI	4th
125	250	Murphy Dave	54	USA	7/25/2015	Romulus MI	
140	253	Laine Tapio	52	FIN	6/9/2015	Riga Latvia	
140+							

**65-69 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location	
52							
56							
60							
67.5							
75	137.5	Dye Robert	53	USA	11/6/2018	Orlando FL	
82.5	137.5	Dye Robert	53	USA	11/5/2022	Orlando FL	
90	152.5	Donofrio Vincent	52	USA	8/15/2020	Fort Lauderdale FL	
100	157.5	Bakke Jay	57	USA	9/2/2023	Idaho Falls ID	
110	250	Murphy Dave	54	USA	10/26/2020	Lombard IL	4th
125	215	King Michael	50	GBR	6/5/2016	Stoke-on-Trent UK	
140	260	Laine Tapio					
140+							

**Men's Master WPC Single Ply Bench Records****70-74 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location	
52							
56							
60	90	Casale Michael	47	USA	6/8/2018	Lisle IL	
67.5							
75	142.5	Lichtle Lee	44	USA	11/10/2014	West Palm Beach FL	
82.5	160.5	Lichtle Lee	44	USA	6/15/2017	Jacksonville FL	4th
90	162.5	Saluzzi Scott	49	USA	10/26/2020	Lombard IL	
100	175	Saluzzi Scott	49	USA	8/29/2019	Idaho Falls ID	
110	180	Laine Veijo Tapio	52	FIN	6/25/2022	Hungary	
125							
140							
140+							

**75-79 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
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52						
56						
60	87.5	Casale Michael	47	USA	6/3/2022	Lombard IL
67.5						
75	117.5	McDermott Joe	40	USA	8/6/2016	Grand Rapids MI
82.5	115	Hermann Peter	42	SUI	6/29/2018	Le Pont de Claix France
90	90	Ross Steve	50	AUS	9/13.25	Melbourne Australia
100	128	Bretz Richard	49	USA	6/12/2025	Royal Oak MI
110	115	Bretz Richard	49	USA	5/10/2026	Farmington UT 4th
125						
140						
140+						

### 80-84 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56	70	Crawford Ronald	33	USA	4/11/2014	Orlando FL
60						
67.5						
75	112.5	Rubin Grigori	36	ISR	6/5/2016	Stoke-on-Trent UK
82.5	80	Dr Keszthelyi Csaba	34			
90						
100	90	Lombardo Vito	32	USA	4/11/2014	Orlando FL
110	67.5	Roberts William	42	USA	11/14/2027	Lisle IL
125						
140						
140+						

### 85-89 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
52						
56						
60						
67.5						
75	75	Lindas Gerald	36	USA	8/31/2024	Idaho Falls ID
82.5	80	Dr Keszthelyi Csaba	34	HUN	6/25/2022	Hungary
90						
100						
110						
125						
140						
140+						

### Women's Master WPC Single Ply Bench Records

#### 40-44 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56	80	Weatherall Michelina	75	AUS	9/21/2019	Melbourne Australia

60	132.5	Kuznetsova Yuliya	73	RUS	11/3/2017	Moscow Russia
67.5						
75	110	Chabert Sandrine	74	FRA	4/14/2018	Le Pont de Claix France
82.5	197.5	Yitalo-James Emma	69	GBR	11/10/2016	Baton Rouge LA
90	215	James Emma	69	GBR	11/10/2014	West Palm Beach FL
100						
110	102.5	Bell Asia	80	USA	6/13/2025	Royal Oak MI
110+	120	Eastin Kimberly	70	USA	11/10/2014	West Palm Beach FL

#### 45-49 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56	102.5	Anderson Danyell	74	USA	6/13/2019	Grand Rapids MI
60	102.5	Patel Heena	72	USA	9/4/2021	Idaho Falls ID
67.5	137.5	Saluzzi Sarah	72	USA	9/4/2021	Idaho Falls ID
75	200	Yitalo-James Emma	69	GBR	11/10/2015	Maia Portugal 4th
82.5	205	Yitalo-James Emma	69	GBR	11/3/2017	Moscow Russia
90	222.5	Yitalo-James Emma	69	GBR	10/26/2019	St Charles IL
100						
110						
110+						

#### 50-54 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52	150	Vadyunina Elena	58	RUS	7/13/2019	Chelyabinsk Russia
56	85	Denmon Lee	63	USA	6/8/2018	Lisle IL
60	80	Weatherall Michelina	75	AUS	9/13/2025	Melbourne Australia
67.5	105.5	Hough Allison	66	GBR	5/13/2017	Birmingham UK
75	145	Baklykova Olga	64	RUS	11/3/2017	Moscow Russia
82.5	120	Chabert Sandrine	74	FRA	6/9/2025	Wroclaw Poland
90						
100						
110						
110+	100	Armstrong Trish	66	ZAF	6/21/2019	Pretoria South Africa

#### Women's Master WPC Single Ply Bench Records

##### 55-59 Age Group

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						

82.5  
90  
100  
110  
110+

**60-64 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52	55	Kaule Inge Karin	52	GER	6/9/2015	Riga Latvia
56						
60						
67.5						
75						
82.5	92.5	Wetenhall Kathy	53	USA	11/10/2014	West Palm Beach FL
90	100	Wetenhall Kathy	53	USA	8/5/2017	Grand Rapids MI
100						
110						
110+	42.5	Koos Linda	54	USA	11/10/2015	Maia Portugal

**65-69 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5	35	Estabrooks Margaret	47	CAN	11/10/2015	Maia Portugal
90	92.5	Wetenhall Kathy	53	USA	6/13/2019	Grand Rapids MI
100						
110						
110+						

**Women's Master WPC Single Ply Bench Records**

**70-74 Age Group**

Class	Record	Name	DOB	Nat	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						

110  
110+

**75-79 Age Group**

Class	Record Name	DOB	Nat	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
110+

**80-84 Age Group**

Class	Record Name	DOB	Nat	Date of Record	Location
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44					
48					
52					
56					
60					
67.5					
75					
82.5					
90	75 Langdon Nora	42	USA	11/5/2022	Orlando FL
100					
110					
110+					