

APF Police, Fire, Military Raw Men's Open Bench Recor

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	220	Heller Charles	85	USA	5/8/2026	Farmington UT
100	155	Garcia Alfonso	65		3/30/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85		8/31/2023	Idaho Falls ID
125	132.5	Roberts Geoffrey	89	USA	6/21/2025	Pocatello ID
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	247.5	Dansby Michael	83	USA	1/14/2024	Lisle IL

Women's Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5	107.5	Braithwaithe Tia	85	USA	8/30/2024	Idaho Falls ID 4th
75	70	Ward Brittany	78	USA	12/14/2024	Layton UT
82.5						
90						
100	95	Bell Asia	80		9/1/2023	Idaho Falls ID
110	107.5	Bell Asia	80		6/13/2025	Royal Oak MI
110+						

Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	212.5	Hernandez Jose	85		8/31/2023	Idaho Falls ID
125	132.5	Roberts Geoffrey	89		6/21/2025	Pocatello ID

140
140+

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5	107.5	Braithwaithe Tia	85	USA	8/30/2024	Idaho Falls ID 4th
75						
82.5						
90						
100						
110						
110+						

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	220	Heller Charles	85	USA	5/8/2026	Farmington UT
100						
110						
125						
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	247.5	Dansby Michael	83	USA	4/24/2024	Lisle IL

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						

82.5
90
100
110

140
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52
56
60
67.5
75
82.5
90
100
110
125
140
140+

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52
56
60
67.5
75
82.5
90
100
110
125
140
140+

162.5

Garcia Alfonso

65

USA

3/22/2025

Idaho Falls ID

102.5

Johnson Todd

69

USA

8/29/2024

Idaho Falls ID

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
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52
56
60
67.5

75
82.5
90
100
110
125
140
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	125	Nelson Mark	57		8/28/2025	Idaho Falls ID
110						
125						
140						
140+						

70-74 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

75-79 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						

67.5							
75							
82.5							
90							
100	133	Bretz Richard	49	USA	8/28/2025	Idaho Falls ID	4th
110	120	Bretz Richard	49	USA	5/8/2026	Farmington UT	
125							
140							
140+							

80-84 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5							
90							
100							
110	72.5	Roberts William	42	USA	8/28/2025	Idaho Falls ID	4th
125							
140							
140+							

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
44							
48							
52							

67.5							
75							
82.5							
90							
100	95	Bell Asia	80		9/1/2023	Idaho Falls ID	
110	107.5	Bell Asia	80		6/13/2025	Royal Oak MI	
110+							

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location	
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5	102.5	Caldwell Jo Ellen	70	USA	6/13/2025	Royal Oak MI
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						

110
110+

Women's Bench Records

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

