

AAPF Raw Men's Open, Special Olympics

90 KG Class	Record	Name	Record Date	Location
Squat	120	Chris Merrin	4/15/2023	Billings
Bench	92.5	Jacob Neumann	3/30/2024	Idaho Falls
Deadlift	165	Chris Merrin	4/15/2023	Billings
Total	367.5	Chris Merrin	4/15/2023	Billings

100 KG Class	Record	Name	Record Date	Location
Squat	80	Jacob Neumann	8/29/2024	Idaho Falls
Bench	95	Jacob Neumann	8/29/2024	Idaho Falls
Deadlift	137.5	Jacob Neumann	8/29/2024	Idaho Falls
Total	312.5 kg	Jacob Neumann	8/29/2024	Idaho Falls

AAPF Raw Men's Junior 20-23, Special Olympics

90 KG Class	Record	Name	Record Date	Location
Squat	65	Jacob Neumann	8/31/2023	Idaho Falls
Bench	87.5	Jacob Neumann	8/31/2023	Idaho Falls
Deadlift	115	Jacob Neumann	8/31/2023	Idaho Falls
Total	267.5	Jacob Neumann	8/31/2023	Idaho Falls

AAPF Raw Men's Submaster 30-39, Special Olympics

82.5 KG Class	Record	Name	Record Date	Location
Squat	102.5	Cheyne Kotar	4/30/2022	Billings
Bench	72.5	Cheyne Kotar	4/30/2022	Billings
Deadlift	172.5	Cheyne Kotar	4/30/2022	Billings
Total	347.5	Cheyne Kotar	4/30/2022	Billings

AAPF Raw Women's Master Special Olympics, 40-44

82.5 KG Class	Record	Name	Record Date	Location
Squat	62.5	Vivienne Shockley	9/3/2021	Idaho Falls
Bench	52.5	Vivienne Shockley	9/3/2021	Idaho Falls
Deadlift	137.5	Vivienne Shockley	9/3/2021	Idaho Falls
Total	242.5	Vivienne Shockley	9/3/2021	Idaho Falls

AAPF Classic Raw Women's Special Olympics**AAPF Classic Raw Women's Special Olympics, 40-44**

75 KG Class	Record	Name	Record Date	Location
Squat	55	Vivienne Shockley	4/15/2023	Billings
Bench	45	Vivienne Shockley	4/30/2022	Billings
Deadlift	112.5	Vivienne Shockley	4/15/2023	Billings
Total	212.5	Vivienne Shockley	4/15/2023	Billings

AAPF Raw Men's Special Olympics, , Bench**AAPF Raw Open Special Olympics, Bench**

Weight Class	Record	Name	Record Date	Location
90 KG Class	92.5	Jacob Neumann	3/30/2024	Idaho Falls
100 KG Class	95	Jacob Neumann	8/29/2024	Idaho Falls
110 KG Class	102.5	Jacob Neumann	3/21/2026	Idaho Falls

AAPF Raw Junior 20-23 Special Olympics, Bench				
Weight Class	Record	Name	Record Date	Location
90 KG Class	82.5	Jacob Neumann	3/4/2023	Idaho Falls

AAPF Raw Open Special Olympics, Deadlift				
Weight Class	Record	Name	Record Date	Location
90 KG Class	125	Jacob Neumann	3/30/2024	Idaho Falls
100 KG Class	137.5	Jacob Neumann	8/29/2024	Idaho Falls

AAPF Raw Women's Special Olympics, Bench				
AAPF Raw Women's Master40-44 Special Olympics, B				
Weight Class	Record	Name	Record Date	Location
82.5 KG	52.5	Vivienne Shockley	9/3/2021	Idaho Falls

AAPF Raw Women's Special Olympics, Deadlift				
AAPF Raw Women's Master Special Olympics, 40-44, DL				
Weight Class	Record	Name	Record Date	Location
82.5 KG	137.5	Vivienne Shockley	9/3/2021	Idaho Falls

AAPF Classic Raw Men's Open				
67.5 KG Class	Record	Name	Record Date	Location
Squat	175	Taylor Herman	9/3/2021	Idaho Falls
Bench	132.5	Taylor Herman	9/3/2021	Idaho Falls
Deadlift	205	Taylor Herman	9/3/2021	Idaho Falls
Total	512.5	Taylor Herman	9/3/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	162.5	Joshua Johnson	9/1/2022	Idaho Falls
Bench	107.5	Joshua Johnson	9/1/2022	Idaho Falls
Deadlift	187.5	Joshua Johnson	9/1/2022	Idaho Falls
Total	457.5	Joshua Johnson	9/1/2022	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	200	Joseph Landry	6/12/2021	Billings
Bench	125	Joseph Landry	6/12/2021	Billings
Deadlift	212.5	Joseph Landry	6/12/2021	Billings
Total	537.5	Joseph Landry	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	210	Joseph Landry	4/15/2023	Billings
Bench	132.5	Joseph Landry	4/15/2023	Billings
Deadlift	245	Joseph Landry	4/15/2023	Billings
Total	587.5	Joseph Landry	4/15/2023	Billings

AAPF Classic Raw Men's Teen 3, 18-19

110 KG Class	Record	Name	Record Date	Location
Squat	215	Jacob Alexander	6/22/2024	Pocatello
Bench	140	Jacob Alexander	8/28/2025	Idaho Falls
Deadlift	210	Jacob Alexander	8/28/2025	Idaho Falls
Total	555	Jacob Alexander	8/28/2025	Idaho Falls

AAPF Classic Raw Men's Junior 20-23

67.5 KG Class	Record	Name	Record Date	Location
Squat	175	Taylor Herman	9/3/2021	Idaho Falls
Bench	132.5	Taylor Herman	9/3/2021	Idaho Falls
Deadlift	205	Taylor Herman	9/3/2021	Idaho Falls
Total	512.5	Taylor Herman	9/3/2021	Idaho Falls

AAPF Classic Raw Men's Submaster 33-39

100 KG Class	Record	Name	Record Date	Location
Squat	200	Joseph Landry	6/12/2021	Billings
Bench	125	Joseph Landry	6/12/2021	Billings
Deadlift	212.5	Joseph Landry	6/12/2021	Billings
Total	537.5	Joseph Landry	6/12/2021	Billings

AAPF Classic Raw Men's Master 40-44

110 KG Class	Record	Name	Record Date	Location
Squat	210	Joseph Landry	4/15/2023	Billings
Bench	132.5	Joseph Landry	4/15/2023	Billings
Deadlift	245	Joseph Landry	4/15/2023	Billings
Total	587.5	Joseph Landry	4/15/2023	Billings

AAPF Classic Raw Men's Master 45-49

100 KG Class	Record	Name	Record Date	Location
Squat	197.5	Jared Beaird	4/30/2022	Billings
Bench	132.5	Jared Beaird	4/30/2022	Billings
Deadlift	227.5	Jared Beaird	4/30/2022	Billings
Total	557.5	Jared Beaird	4/30/2022	Billings

AAPF Classic Raw Men's Master 65-69

90 KG Class	Record	Name	Record Date	Location
Squat	147.5	Richard Neumann	3/30/2024	Idaho Falls
Bench	107.5	Richard Neumann	8/31/2023	Idaho Falls
Deadlift	182.5	Richard Neumann	8/31/2023	Idaho Falls
Total	432.5	Richard Neumann	3/30/2024	Idaho Falls

AAPF Classic Raw Men's Master 70-74

67.5 KG Class	Record	Name	Record Date	Location
Squat	167.5	Dale Garlitz	12/18/2021	Pocatello
Bench	102.5	Dale Garlitz	12/18/2021	Pocatello
Deadlift	180	Dale Garlitz	12/18/2021	Pocatello
Total	450	Dale Garlitz	12/18/2021	Pocatello

AAPF Raw Women's Master, 45-49

82.5 KG Class	Record	Name	Record Date	Location
Squat	117.5	Michele Williams	6/12/2021	Billings
Bench	70	Michele Williams	6/12/2021	Billings
Deadlift	145	Michele Williams	6/12/2021	Billings
Total	332.5	Michele Williams	6/12/2021	Billings

100 KG Class	Record	Name	Record Date	Location
Squat	137.5	Jolene Laughery	4/30/2022	Billings
Bench	77.5	Jolene Laughery	4/30/2022	Billings
Deadlift	135	Jolene Laughery	4/30/2022	Billings
Total	350	Jolene Laughery	4/30/2022	Billings

AAPF Raw Women's Master, 60-64

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

82.5 KG Class	Record	Name	Record Date	Location
Squat	107.5	Sheryl Shockley	9/3/2021	Idaho Falls
Bench	52.5	Sheryl Shockley	6/12/2021	Billings
Deadlift	135	Sheryl Shockley	6/12/2021	Billings
Total	290	Sheryl Shockley	9/3/2021	Idaho Falls

AAPF Classic Raw Women's Open

67.5 KG Class	Record	Name	Record Date	Location
Squat	115	Kendra Carter	6/12/2021	Billings
Bench	45	Kendra Carter	6/12/2021	Billings
Deadlift	140	Kendra Carter	6/12/2021	Billings
Total	300	Kendra Carter	6/12/2021	Billings

82.5 KG Class	Record	Name	Record Date	Location
Squat	112.5	Samantha Thompson	6/12/2021	Billings
Bench	75	Samantha Thompson	6/12/2021	Billings
Deadlift	135	Samantha Thompson	6/12/2021	Billings
Total	322.5	Samantha Thompson	6/12/2021	Billings

AAPF Classic Raw Women's Submaster, 33-39

67.5 KG Class	Record	Name	Record Date	Location
Squat	115	Kendra Carter	6/12/2021	Billings
Bench	45	Kendra Carter	6/12/2021	Billings
Deadlift	140	Kendra Carter	6/12/2021	Billings
Total	300	Kendra Carter	6/12/2021	Billings

90+ KG Class	Record	Name	Record Date	Location
Squat	92.5	Ashley Nielsen	6/12/2021	Billings
Bench	62.5	Ashley Nielsen	6/12/2021	Billings
Deadlift	130	Ashley Nielsen	6/12/2021	Billings
Total	285	Ashley Nielsen	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	122.5	Ashley Nielsen	4/30/2022	Billings
Bench	72.5	Ashley Nielsen	4/30/2022	Billings
Deadlift	150	Ashley Nielsen	4/30/2022	Billings
Total	345	Ashley Nielsen	4/30/2022	Billings

AAPF Classic Raw Women's Master, 55-59

67.5 KG Class	Record	Name	Record Date	Location
Squat	97.5	Nancy Brook	9/1/2022	Idaho Falls
Bench	52.5	Nancy Brook	9/1/2022	Idaho Falls
Deadlift	120	Nancy Brook	9/1/2022	Idaho Falls
Total	270	Nancy Brook	9/1/2022	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	102.5	Nancy Brook	8/31/2023	Idaho Falls
Bench	57.5	Nancy Brook	8/31/2023	Idaho Falls
Deadlift	127.5	Nancy Brook	8/31/2023	Idaho Falls
Total	287.5	Nancy Brook	8/31/2023	Idaho Falls

AAPF Classic Raw Women's Master, 60-64

56 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/29/2024	Idaho Falls
Bench	40	Carol Neumann	8/29/2024	Idaho Falls
Deadlift	75	Carol Neumann	8/29/2024	Idaho Falls
Total	147.5	Carol Neumann	8/29/2024	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	120	Nancy Brook	5/9/2026	Utah
Bench	65	Nancy Brook	8/29/2025	Idaho Falls
Deadlift	142.5	Nancy Brook	5/9/2026	Utah
Total	327.5	Nancy Brook	5/9/2026	Utah

AAPF Classic Raw Women's Master, 65-69

67.5 KG Class	Record	Name	Record Date	Location
Squat	87.5	Sheryl Shockley	4/15/2023	Billings
Bench	42.5	Sheryl Shockley	4/15/2023	Billings
Deadlift	120	Sheryl Shockley	4/15/2023	Billings
Total	250	Sheryl Shockley	4/15/2023	Billings

AAPF Raw Men's Bench, Single Lift

AAPF Raw Men's Open, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	132.5	Taylor Herman	9/3/2021	Idaho Falls

AAPF Raw Men's Junior 20-23, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	132.5	Taylor Herman	9/3/2021	Idaho Falls

AAPF Raw Men's Master 50-54, Bench

Weight Class	Record	Name	Record Date	Location
100 KG	165	Shane Tuttle	8/28/2025	Idaho Falls

AAPF Raw Men's Master 60-64, Bench

Weight Class	Record	Name	Record Date	Location
90 KG Class	135	Tim Snyder	4/15/2023	Billings

AAPF Raw Men's Master 65-69, Bench

90 KG	105	Richard Neumann	3/4/2023	Idaho falls
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AAPF Raw Men's Master 70-74, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	102.5	Dale Garlitz	12/18/2021	Pocatello

AAPF Raw Men's Deadlift, Single Lift**AAPF Raw Men's Master, Open, DL**

Weight Class	Record	Name	Record Date	Location
75 KG	215	Robert Hughes	4/30/2022	Billings

AAPF Raw Men's Master, 65-69, DL

Weight Class	Record	Name	Record Date	Location
90 KG	175	Richard Neumann	8/29/2024	Idaho Falls

AAPF Raw Men's Master, 70-74, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	180	Dale Garlitz	12/18/2021	Pocatello

AAPF Raw Women's Bench, Single Lift**AAPF Raw Women's Open, Bench**

Weight Class	Record	Name	Record Date	Location
82.5 KG	75	Samantha Thompson	6/12/2021	Billings

AAPF Raw Women's Master, 50-54, Bench

Weight Class	Record	Name	Record Date	Location
75 KG	60	Kara Tuttle	8/29/2025	Idaho Falls

AAPF Raw Women's Master, 55-59, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	52.5	Nancy Brook	9/1/2022	Idaho Falls
75 KG	57.5	Nancy Brook	8/31/2023	Idaho Falls

AAPF Raw Women's Master, 60-64, Bench

Weight Class	Record	Name	Record Date	Location
56 KG	40	Carol Neumann	8/29/2024	Idaho Falls
75 KG	65	Nancy Brook	8/29/2025	Idaho Falls
82.5 KG	52.5	Sheryl Shockley	6/12/2021	Billings

AAPF Raw Women's Master, 80-84, Bench

Weight Class	Record	Name	Record Date	Location
67.5 KG	45	Dorothy Ott	4/15/2023	Billings

AAPF Raw Women's Deadlift, Single Lift

AAPF Raw Women's Open, DL

Weight Class	Record	Name	Record Date	Location
82.5 KG	135	Samantha Thompson	6/12/2021	Billings

AAPF Raw Women's Master 55-59, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	120	Nancy Brook	9/1/2022	Idaho Falls
75 KG	127.5	Nancy Brook	8/31/2023	Idaho Falls

AAPF Raw Women's Master, 60-64, DL

Weight Class	Record	Name	Record Date	Location
56 KG	75	Carol Neumann	8/29/2024	Idaho Falls
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls
75 KG	135	Nancy Brook	8/29/2025	Idaho Falls
82.5 KG	135	Sheryl Shockley	6/12/2021	Billings

AAPF Men's Classic Raw Police/Fire/Militart/FR

AAPF CR P/F/M/FR Men's Master 65-69

90 KG Class	Record	Name	Record Date	Location
Squat	147.5	Richard Neumann	3/30/2024	Idaho Falls
Bench	105	Richard Neumann	3/30/2024	Idaho Falls
Deadlift	180	Richard Neumann	3/30/2024	Idaho Falls
Total	432.5	Richard Neumann	3/30/2024	Idaho Falls

AAPF Raw Men's P/F/M/FR, Bench, Single Lift

AAPF Raw P/F/M/FR Men's, Bench, Master 65-69

Weight Class	Record	Name	Record Date	Location
90 KG Class	105	Richard Neumann	8/29/2024	Idaho falls

AAPF Raw Men's P/F/M/FR Deadlift, Single Lift

AAPF Raw P/F/M/FR Men's, DL, Master 65-69

Weight Class	Record	Name	Record Date	Location
90 KG Class	175	Richard Neumann	8/29/2024	Idaho falls

AAPF Men's Single-ply

AAPF Men's Master 65-69, SP

100 KG Class	Record	Name	Record Date	Location
Squat	245	Jay Bakke	4/15/2023	Billings
Bench	157.5	Jay Bakke	4/15/2023	Billings
Deadlift	257.5	Jay Bakke	8/31/2023	Idaho falls
Total	657.5	Jay Bakke	4/15/2023	Billings

AAPF Men's Single Lift, Single-ply**AAPF Men's Master 65-69, Bench SP**

Weight Class	Record	Name	Record Date	Location
100 KG	157.5	Jay Bakke	4/15/2023	Billings

AAPF Men's Master 65-69 DL, SP

Weight Class	Record	Name	Record Date	Location
100 KG	257.5	Jay Bakke	8/31/2023	Idaho Falls

AAPF Women's Single-ply**AAPF Men's Master 60-64, SP**

56 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/29/2024	Idaho Falls
Bench	40	Carol Neumann	8/29/2024	Idaho Falls
Deadlift	75	Carol Neumann	8/29/2024	Idaho Falls
Total	147.5	Carol Neumann	8/29/2024	Idaho Falls

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

AAPF Women's Single Lift, Single-ply**AAPF Women's Master 60-64 Bench, SP**

56 KG	40	Carol Neumann	8/29/2024	Idaho Falls
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AAPF Women's Master 60-64 DL, SP

Weight Class	Record	Name	Record Date	Location
56 KG	75	Carol Neumann	8/29/2024	Idaho Falls
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls

APF Raw Men's Open

75 KG Class	Record	Name	Record Date	Location
Squat	155	Aaron Shaffer	6/12/2021	Billings
Bench	130	Aaron Shaffer	6/12/2021	Billings
Deadlift	185	Aaron Shaffer	6/12/2021	Billings
Total	470	Aaron Shaffer	6/12/2021	Billings

APF Raw Men's Master 60-64

82.5 Class	Record	Name	Record Date	Location
Squat	147.5	Jim Duncan	4/30/2022	Billings
Bench	105	Jim Duncan	4/30/2022	Billings
Deadlift	167.5	Jim Duncan	4/30/2022	Billings
Total	420	Jim Duncan	4/30/2022	Billings

APF Raw Men's Special Olympics

APF Raw Men's Open, Special Olympics

90 KG Class	Record	Name	Record Date	Location
Squat	120	Chris Merrin	4/15/2023	Billings
Bench	82.5	Chris Merrin	4/15/2023	Billings
Deadlift	165	Chris Merrin	4/15/2023	Billings
Total	367.5	Chris Merrin	4/15/2023	Billings

APF Raw Men's Submaster 30-39, Special Olympics

82.5 KG Class	Record	Name	Record Date	Location
Squat	112.5	Cheyne Kotar	4/15/2023	Billings
Bench	70	Cheyne Kotar	4/15/2023	Billings
Deadlift	177.5	Cheyne Kotar	4/15/2023	Billings
Total	360	Cheyne Kotar	4/15/2023	Billings

APF Classic Raw Men's Open

75 KG Class	Record	Name	Record Date	Location
Squat	165	Nicholas Abell	4/30/2022	Billings
Bench	97.5	Nicholas Abell	4/30/2022	Billings
Deadlift	172.5	Nicholas Abell	4/30/2022	Billings
Total	435	Nicholas Abell	4/30/2022	Billings

APF Classic Raw Men's Teen 3, 18-19

100 KG Class	Record	Name	Record Date	Location
Squat	215	Jacob Alexander	6/22/2024	Pocatello
Bench	130	Jacob Alexander	6/22/2024	Pocatello
Deadlift	190	Jacob Alexander	6/22/2024	Pocatello
Total	535	Jacob Alexander	6/22/2024	Pocatello

APF Classic Raw Men's Master 70-74

67.5 KG Class	Record	Name	Record Date	Location
Squat	167.5	Dale Garlitz	12/18/2021	Pocatello
Bench	102.5	Dale Garlitz	12/18/2021	Pocatello
Deadlift	180	Dale Garlitz	12/18/2021	Pocatello
Total	450	Dale Garlitz	12/18/2021	Pocatello

APF Raw Women's

APF Raw Women's Master 60-64

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls

Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

APF Classic Raw Women's Open

90 KG Class	Record	Name	Record Date	Location
Squat	130	Samantha Thompson	4/30/2022	Billings
Bench	80	Samantha Thompson	4/30/2022	Billings
Deadlift	160	Samantha Thompson	4/30/2022	Billings
Total	370	Samantha Thompson	4/30/2022	Billings

90+ KG Class	Record	Name	Record Date	Location
Squat	132.5	Annamarie Moscufo	6/12/2021	Billings
Bench	80	Annamarie Moscufo	6/12/2021	Billings
Deadlift	162.5	Annamarie Moscufo	6/12/2021	Billings
Total	375	Annamarie Moscufo	6/12/2021	Billings

100 KG Class	Record	Name	Record Date	Location
Squat	140	Annamarie Moscufo	4/30/2022	Billings
Bench	85	Annamarie Moscufo	4/30/2022	Billings
Deadlift	165	Annamarie Moscufo	4/30/2022	Billings
Total	390	Annamarie Moscufo	4/30/2022	Billings

APF Classic Raw Women's Submaster, 33-39

90+ KG Class	Record	Name	Record Date	Location
Squat	92.5	Ashley Nielsen	6/12/2021	Billings
Bench	62.5	Ashley Nielsen	6/12/2021	Billings
Deadlift	130	Ashley Nielsen	6/12/2021	Billings
Total	285	Ashley Nielsen	6/12/2021	Billings

110 KG Class	Record	Name	Record Date	Location
Squat	122.5	Ashley Nielsen	4/30/2022	Billings
Bench	72.5	Ashley Nielsen	4/30/2022	Billings
Deadlift	150	Ashley Nielsen	4/30/2022	Billings
Total	345	Ashley Nielsen	4/30/2022	Billings

APF Classic Raw Women's Master, 50-54

90 KG Class	Record	Name	Record Date	Location
Squat	80	Margaret Parson	11/22/2025	Pocatello
Bench	50	Margaret Parson	8/29/2025	Idaho Falls
Deadlift	110	Margaret Parson	11/22/2025	Pocatello
Total	240	Margaret Parson	11/22/2025	Pocatello

APF Classic Raw Women's Master, 55-59

75 KG Class	Record	Name	Record Date	Location
Squat	102.5	Nancy Brook	8/31/2023	Idaho Falls
Bench	57.5	Nancy Brook	8/31/2023	Idaho Falls
Deadlift	127.5	Nancy Brook	8/31/2023	Idaho Falls

Total	287.5	Nancy Brook	8/31/2023	Idaho Falls
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APF Classic Raw Women's Master, 65-69

67.5 KG Class	Record	Name	Record Date	Location
Squat	87.5	Sheryl Shockley	4/15/2023	Billings
Bench	42.5	Sheryl Shockley	4/15/2023	Billings
Deadlift	120	Sheryl Shockley	4/15/2023	Billings
Total	250	Sheryl Shockley	4/15/2023	Billings

APF Raw Men's Bench, Single Lift

APF Raw Men's Master, 45-49

Weight Class	Record	Name	Record Date	Location
75 KG	105	Clint Seger	4/30/2022	Billings
110 KG	150	Cody Anderson	4/30/2022	Billings
125 KG	195	Chad Parson	11/22/2025	Pocatello

APF Raw Men's Master, 70-74

Weight Class	Record	Name	Record Date	Location
67.5 KG	102.5	Dale Garlitz	12/18/2021	Pocatello

APF Raw Men's Deadlift, Single Lift

APF Raw Men's Master, 45-49 DL

Weight Class	Record	Name	Record Date	Location
75 KG	160	Clint Seger	4/30/2022	Billings

APF Raw Men's Master, 70-74, DL

Weight Class	Record	Name	Record Date	Location
67.5 KG	180	Dale Garlitz	12/18/2021	Pocatello

APF Raw Women's Bench, Single Lift

APF Raw Women's Open, Bench

Weight Class	Record	Name	Record Date	Location
90 KG	80	Samantha Thompson	4/30/2022	Billings

APF Raw Women's Master 55-59, Bench

Weight Class	Record	Name	Record Date	Location
75 KG	57.5	Nancy Brook	8/31/2023	Idaho Falls

APF Raw Women's Master 65-69, Bench

Weight Class	Record	Name	Record Date	Location
82.5 KG	55	LeAnne Wicken	4/30/2022	Billings

APF Raw Women's Deadlift, Single Lift

APF Raw Women's Open, DL

Weight Class	Record	Name	Record Date	Location
90 KG	160	Samantha Thompson	4/30/2022	Billings

APF Raw Women's Teen, 13-15, DL				
Weight Class	Record	Name	Record Date	Location
67.5 KG	95	Maya Gentry	6/12/2021	Billings
APF Raw Women's Master 55-59, DL				
Weight Class	Record	Name	Record Date	Location
75 KG	127.5	Nancy Brook	8/31/2023	Idaho Falls
APF Raw Women's Master 60-64, DL				
Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho
APF Raw Women's Master 65-69, DL				
Weight Class	Record	Name	Record Date	Location
82.5 KG	102.5	LeAnne Wicken	4/30/2022	Billings
APF Men's Single-ply				
APF Men's Master 55-59, SP				
125 KG Class	Record	Name	Record Date	Location
Squat	240	Michael Neely	6/22/2024	Pocatello
Bench	222.5	Michael Neely	6/22/2024	Pocatello
Deadlift	227.5	Michael Neely	6/22/2024	Pocatello
Total	690	Michael Neely	6/22/2024	Pocatello
APF Men's Master 65-60, SP				
100 KG Class	Record	Name	Record Date	Location
Squat	245	Jay Bakke	4/15/2023	Billings
Bench	157.5	Jay Bakke	4/15/2023	Billings
Deadlift	257.5	Jay Bakke	8/31/2023	Idaho Falls
Total	657.5	Jay Bakke	4/15/2023	Billings
APF Men's Single Lift, Bench, Single-ply				
APF Men's Master 55-59 Bench SP				
Weight Class	Record	Name	Record Date	Location
125 KG	222.5	Michael Neely	6/22/2024	Pocatello
APF Men's Master 65-69 Bench SP				
Weight Class	Record	Name	Record Date	Location
100 KG	157.5	Jay Bakke	4/15/2023	Billings
APF Men's Single Lift, Deadlift, Single-ply				
APF Men's Master 55-59 DL, SP				
Weight Class	Record	Name	Record Date	Location
125 KG	227.5	Michael Neely	6/22/2024	Pocatello
APF Men's Master 65-69 DL SP				
Weight Class	Record	Name	Record Date	Location
100 KG	257.5	Jay Bakke	8/31/2023	Idaho Falls
APF Women's Single-ply				

APF Women's Master 60-64, SP

60 KG Class	Record	Name	Record Date	Location
Squat	45	Carol Neumann	8/31/2023	Idaho Falls
Bench	47.5	Carol Neumann	8/31/2023	Idaho Falls
Deadlift	70	Carol Neumann	8/31/2023	Idaho Falls
Total	157.5	Carol Neumann	8/31/2023	Idaho Falls

APF Women's Single Lift, Single-ply

APF Women's Master 60-63 DL SP

Weight Class	Record	Name	Record Date	Location
60 KG	70	Carol Neumann	8/31/2023	Idaho Falls

APF Men's Multi-ply

APF Men's Open, Multi-ply

75 KG Class	Record	Name	Record Date	Location
Squat	182.5	Nicholas Abell	4/15/2023	Billings
Bench	135	Nicholas Abell	4/15/2023	Billings
Deadlift	190	Nicholas Abell	4/15/2023	Billings
Total	507.5	Nicholas Abell	4/15/2023	Billings

APF Men's Single Lift, Multi-ply

APF Men's Open, Bench MP

Weight Class	Record	Name	Record Date	Location
125 KG	277.5	River Newman	9/1/2022	Idaho Falls
140 KG	267.5	River Newman	6/12/2021	Billings

APF Men's Open, DL MP

Weight Class	Record	Name	Record Date	Location
125 KG	232.5	River Newman	9/1/2022	Idaho Falls
140 KG	245	River Newman	3/4/2023	Idaho Falls

APF Men's Submaster 33-39, DL MP

Weight Class	Record	Name	Record Date	Location
140 KG	245	River Newman	3/4/2023	Idaho Falls