



### **APF -AAPF Big Dog Barbell Georgia State Championship**

- Sponsored By: Big Dog Barbell Strength Training for Special Needs a registered 501(c)(3) nonprofit (EIN: 92-1347790)
- Meet Director: Catalina Duran, 770-561-5639, catalina.duran.bdb@gmail.com
- Sanctioned By: APF – American Powerlifting Federation/AAPF - Amateur American Powerlifting Federation
- Eligibility: Lifters must be APF /AAPF member you can register online  
[www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com)  
Check qualifications requirements online
- Meet Site: TitanForce Strength 5735 N Commerce Ct, Unit E, Alpharetta, GA
- Lifting Session: Saturday March 13<sup>th</sup> 9:30 am
- Weigh-in:  
applies) All weigh-ins will be at the meet venue day before you compete (24 hr. weigh-in rule)  
Friday March 12<sup>th</sup> 10am-11:30 am, 4pm to 6pm
- Contest Lifts: PL: Squat, Bench Press, Deadlift or  
BP: Bench Press Only or DL: Deadlift Only
- Entry Fee: \$100 full meet    \$100 bench only    \$100 deadlift only    \$80 teen entry  
\$50 add a division    \$50 late entry    \$50 novice  
Membership \$50 APF or AAPF \$60 for both    Teenage ½ price
- Entry Deadline: Entries must be received by February 1<sup>st</sup> to avoid late fee
- Weight Classes: Men: 114,123,132,148,165,181,198,220,242,275,308, SHW  
Women: 97, 105, 114,123, 132, 148, 165, 181, 198, 220, 242, UNL
- Awards: 1<sup>st</sup> -3<sup>rd</sup> per weight class / category
- Best Lifter Awards based on content of entries Glossbrenner Formula used to determine best lifter.
- This meet will be a qualifier for APF – AAPF Nationals



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### Please Print Legibly

Full name: \_\_\_\_\_ Gender: (Circle one) Male Female

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ e-mail \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Alternate Phone Number \_\_\_\_\_

See [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com) for complete rules on raw/classic raw/equip categories

**Category Entered** (circle all that apply): APF AAPF (tested) Novice

**Event Entered** (circle all that apply): Full Meet Bench Only Bench Only Unlimited Shirts Deadlift Only

**Raw/Classic Raw/Equipped** (circle all that apply): Raw Classic Raw Single Ply Multi Ply

**Division Entered** (circle all that apply): Special Olympics

Police/Fire/Military

Open

Teen: 13-15 16-17 18-19

Junior: 20-23

Submaster: 33-39 (no Submaster at WPC Worlds)

Master: 40-44 45-49 50-54 55-59 60-64 65-69 70-74

75-79 80-84 85-89

**Weight Class** (circle one): Women: 97 105 114 123 132 148 165 181 198 220 242 Unl

Men: 114 123 132 148 165 181 198 220 242 275 308 308+

### Fees & Payment:

Entry fee \$100: \_\_\_\_\_

Make checks or money orders payable to **Big Dog Barbell, 3115 Westshore Dr, Cumming, GA 30041**

Paypal: Big.Dog.Barbell23@gmail.com

If after **February 1, 2027**, add late fee \$50: \_\_\_\_\_

Additional divisions \$50 each: \_\_\_\_\_

T-Shirts pre-orders \$30

S M L XL 2X 3X (circle order)

T-Shirts \$30 each: \_\_\_\_\_

**TOTAL DUE:** \_\_\_\_\_

**ATHLETIC RELEASE:** On behalf of myself, my heirs, executors, administrators and assigns, I hereby waive, release and fully discharge any and all officials, sponsors, participants or organizations connected to the APF, the WPC, Big Dog Barbell, Inc., Joshua Porter, Catalina Duran, TitanForce Strength, Quentin White, Thomas Mathers, the APF/AAPF, their respective officers, directors, employees, agents and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly, or in any way associated with my participation in the APF-AAPF Nationals, June 7-9, 2024. I, also, represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risk of powerlifting. I have read the above release, understand its meaning and consequence, and agree to be legally bound by its terms. I have signed this release freely and voluntarily.

\_\_\_\_\_  
Lifter's signature

\_\_\_\_\_  
(Parent must sign if Lifter is under 18 years of age)