

FederalDate

AWPC '2026-09-09

Mee MeetState

UK Gt. Manchester

MeetTown

Manchester

MeetName

AWPC Worlds Day 1

Formula

Glossbren

RuleSet

CombineSleevesAndWraps CombineSingleAndMulti

Place	Name	Sex	Age	Country	Equipment	Division	BodywtKg	WtClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Squat4Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Bench4Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Deadlift4K	Best3Dead	TotalKg	Points	Event
	1 Alaa Khattab Egypt	F	20	Egypt	Wraps	F_JCR	59.3	60	150	170	-177.5		170	85	95.5	100	-105	100	170	185.5	-190		185.5	455.5	452.87	SBD
	1 Helena Tarbuk GBR	F	21		Wraps	F_JCR_A	51.2	52	100	107.5	110		110	70	72.5	75	-77.5	75	120	-130	-130		120	305	341.3	SBD
	1 Polimeno Giulia ITALY	F	21		Wraps	F_JCR_A	54.6	56	120	130	135.5		135.5	52.5	55	-57.5		55	110	120	130		130	320.5	340.44	SBD
	1 Alexia Renault Lo-Pinto IRELAND	F	23		Wraps	F_JCR_A	65.5	67.5	115	130	140		140	97.5	102.5	-105		102.5	130	140	145		145	387.5	356.76	SBD
	2 Sofia Buffone CANADA	F	22		Wraps	F_JCR_A	66	67.5	135	-145	145		145	-80	85	90		90	145	-155	-160		145	380	347.87	SBD
	3 Abigail Gosling GBR	F	23		Wraps	F_JCR_A	64	67.5	120	130	137.5		137.5	65	70	75		75	137.5	147.5	152.5		152.5	365	341.99	SBD
	4 Heather Woodfine GBR	F	23		Wraps	F_JCR_A	65.3	67.5	95	102.5	-110		102.5	52.5	57.5	60		60	120	135	142.5		142.5	305	281.45	SBD
	5 Emma Purcell GBR	F	21		Wraps	F_JCR_A	65.7	67.5	105	-110	110		110	60	-62.5	-62.5		60	132.5	-142.5	-142.5		132.5	302.5	277.87	SBD
	1 Gweneth Fisher GBR	F	20		Wraps	F_JCR_A	72	75	130	142.5	147.5		147.5	75	80	82.5		82.5	152.5	162.5	-170		162.5	392.5	337.45	SBD
	2 Ella Morrall GBR	F	20		Wraps	F_JCR_A	72.6	75	125	135	140		140	60	67.5	70		70	150	162.5	170		170	380	324.83	SBD
	1 Dannan Jackson IRELAND	F	22		Wraps	F_JCR_A	80.2	82.5	145	165	-175.5		165	65	70	72.5		72.5	187.5	200	207.5		207.5	445	356.54	SBD
	2 Joanna Kusznerko GBR	F	22		Wraps	F_JCR_A	82.2	82.5	157.5	-162.5	-165		157.5	77.5	82.5	-85		82.5	150				150	390	307.89	SBD
DQ	Jamie Lee Shapcott GBR	F	22		Wraps	F_JCR_A	88.9	90	-162.5	-162.5	-162.5															SBD
	1 Tania Robins GBR	F	43		Wraps	F_MCR_1_A	50.2	52	105	115	122.5		122.5	50	52.5	55		55	145	155	162.5		162.5	340	386.59	SBD
	1 Amanda Gisby GBR	F	44		Wraps	F_MCR_1_A	55.3	56	155	-165	-165		155	65	-70.5	-70.5		65	155	165	-167.5		165	385	404.77	SBD
	1 Cathy Astley GBR	F	41		Wraps	F_MCR_1_A	59	60	95	102.5	107.5		107.5	50	55	-57.5		55	115	127.5	-135		127.5	290	289.49	SBD
	1 Zoe McCartney GBR	F	42		Wraps	F_MCR_1_A	65.9	67.5	112.5	117.5	-125		117.5	77.5	82.5	-85		82.5	150	155	160		160	360	329.93	SBD
	2 Sunniva Bigi ITALY	F	42		Wraps	F_MCR_1_A	65.2	67.5	120	125	130		130	65	-67.5	-67.5		65	130	140	150		150	345	318.73	SBD
	1 Victoria Woof GBR	F	43		Wraps	F_MCR_1_A	72.2	75	135	145	152.5		152.5	72.5	77.5	80		80	155	165	170		170	402.5	345.38	SBD
	2 Nicola Burroughs GBR	F	43		Wraps	F_MCR_1_A	74.3	75	150	160	-170		160	75	80	82.5		82.5	150	160	-167.5		160	402.5	338.7	SBD
	3 Natasha Williams GBR	F	42		Wraps	F_MCR_1_A	74.8	75	107.5	115	120		120	57.5	62.5	65		65	135	145	-150		145	330	276.45	SBD
	1 Geraldine Heasman IRELAND	F	42		Wraps	F_MCR_1_A	82.3	82.5	135	147.5	155		155	82.5	87.5	-93		87.5	140	152.5	160		160	402.5	317.53	SBD
	2 Aman Doll GBR	F	42		Wraps	F_MCR_1_A	80.05	82.5	115	125	130		130	50	52.5	55		55	127.5	135	142.5		142.5	327.5	262.7	SBD
	1 Amy Larkin IRELAND	F	43		Wraps	F_MCR_1_A	88.5	90	95	105	115		115	50	55	57.5		57.5	100	110	-120		110	282.5	214.03	SBD
	1 Carly Mear GBR	F	43		Wraps	F_MCR_1_A	94.5	100	132.5	142.5	150		150	72.5	77.5	82.5		82.5	155	167.5	175		175	407.5	298.85	SBD
	1 JAMIELLA BRUZULIER	F	41		Wraps	F_MCR_1_A	116.3	110+	150	162.5	-177.5		162.5	90	95	97.5		97.5	150	167.5	180		180	440	300.37	SBD
	1 Elizabeth Lam CANADA	F	48		Wraps	F_MCR_2_A	55.1	56	60	65	70		70	25	27.5	-30		27.5	95	102.5	110		110	207.5	218.79	SBD
	1 Helen Sampson GBR	F	47		Wraps	F_MCR_2_A	56.9	60	60	80	90		90	47.5	52.5	-55		52.5	100	122.5	132.5		132.5	275	282.57	SBD
	1 Sheenagh Mcmanus GBR	F	49		Wraps	F_MCR_2_A	66.2	67.5	105	115	-117.5		115	52.5	55	60		60	135	142.5	145		145	320	292.28	SBD
	1 Melissa Burnett GBR	F	47		Wraps	F_MCR_2_A	73.6	75	115	120	-122.5		120	62.5	67.5	70		70	115	125	130		130	320	271	SBD
	2 Jennifer Geary IRELAND	F	49		Wraps	F_MCR_2_A	70	75	85	95	105		105	42.5	47.5	52.5		52.5	65	70	80		80	237.5	208.27	SBD
	1 Josie Walker GBR	F	46		Wraps	F_MCR_2_A	79.5	82.5	125	132.5	140		140	67.5	72.5	75		75	142.5	150	155		155	370	298.05	SBD
	2 Leah Morgan GBR	F	48		Wraps	F_MCR_2_A	78.6	82.5	-117.5	120	130		130	70	75	-77.5		75	145	155	157.5		157.5	362.5	294.09	SBD
	1 Amy Dixon GBR	F	45		Wraps	F_MCR_2_A	87.7	90	130	-137.5	143		143	67.5	72.5	-75.5		72.5	155	160	165		165	380.5	289.66	SBD
	1 Sabrina Petrone ITALY	F	53		Wraps	F_MCR_3_A	50.9	52	80	90	-100		90	45	47.5	-50		47.5	100	110	115		115	252.5	283.9	SBD
	1 Kate Jones GBR	F	50		Wraps	F_MCR_3_A	54.9	56	82.5	87.5	92.5		92.5	45	47.5	-50		47.5	120	-130		120	260	274.96	SBD	
	1 Jayne West GBR	F	54		Wraps	F_MCR_3_A	73.5	75	120	130	137.5		137.5	57.5	62.5	-65		62.5	125	135	142.5		142.5	342.5	290.32	SBD
	1 Karen Wahl SOUTH AFRICA	F	50		Wraps	F_MCR_3_A	79.1	82.5	127.5	-132.5	-132.5		127.5	52.5	-55	-55		52.5	157.5	165	-167.5		165	345	278.79	SBD
	1 Teresa Chapman GBR	F	52		Wraps	F_MCR_3_A	84.3	90	105	112.5	117.5		117.5	65	67.5	-72.5		67.5	135	145	150		150	335	260.63	SBD
	1 Adalgiza Maria Resende Figueira GBR	F	54		Wraps	F_MCR_3_A	97	100	140	150	160	167.5	160	60	65	67.5		67.5	145	155	165	176	165	392.5	284.45	SBD
	2 Christine Sanchez CANADA	F	51		Wraps	F_MCR_3_A	98.7	100	120	-125	-130		120	67.5	75	80		80	132.5	145	155		155	355	255.33	SBD
	1 Karen KC Clark USA	F	50		Wraps	F_MCR_3_A	100.4	110	110	120	-127.5		120	72.5	-77.5	-80		72.5	142.5	152.5	-157.5		152.5	345	246.35	SBD
	1 Donna Paul GBR	F	59		Wraps	F_MCR_4_A	52.4	56	82.5	92.5	-102.5		92.5	45	50	-55		50	105	115	-125		115	257.5	282.78	SBD
	2 Aneela Rose GBR	F	55		Wraps	F_MCR_4_A	55.1	56	80	85	90		90	47.5	52.5	-55		52.5	100	105	-110		105	247.5	260.97	SBD
	1 Sonia Keogh GBR	F	57		Wraps	F_MCR_4_A	58.2	60	102.5	105	108	110	108	62.5	65	-67.5		65	125	130	133		133	306	308.79	SBD
	1 Christine Clark GBR	F	59		Wraps	F_MCR_4_A	62.6	67.5	75	-80	-80		75	37.5	40			40	90	100	-105		100	215	204.89	SBD
	1 Carmel Ramsay IRELAND	F	57		Wraps	F_MCR_4_A	73.5	75	100	110	115	118	115	45	50	52.5		52.5	120	140	145		145	312.5	264.89	SBD
	2 Chardonay Bromley GBR	F	57		Wraps	F_MCR_4_A	67.8	75	100	107.5	112.5		112.5	55	60	62.5		62.5	125	135	-143		135	310	278.2	SBD
	3 Charlie Beardsley GBR	F	55		Wraps	F_MCR_4_A	72.9	75	105	112.5	-117.5		112.5	50	-55	-55		50	127.5	137.5	142.5		142.5	305	259.98	SBD
	1 Alison McGrath GBR	F	57		Wraps	F_MCR_4_A	81.8	82.5	115	122.5	130		130	72.5	78	-80		78	130	137.5	145		145	353	279.49	SBD
DQ	KERRY HOWELLS	F	55		Wraps	F_MCR_4_A	80.2	82.5	107.5	117.5	122.5		122.5	-72.5	-77.5	-77.5										SBD
	1 Tara Castaneda USA	F	57		Wraps	F_MCR_4_A	106.5	110	-107.5	107.5	-115		107.5	62.5	67.5	-72.5		67.5	130	137.5	145	-150.5	145	320	223.31	SBD
	1 Louise Clark GBR	F	60		Wraps	F_MCR_5_A	63.4	67.5	120	127.5	-130		127.5	60	65	67.5		67.5	130	140	-145		140	335	316.15	SBD
	2 Helen Gail Doyle GBR	F	62		Wraps	F_MCR_5_A	63.4	67.5	70	-80	-80		70	35	-40	-40		35	95	105	112.5		112.5	217.5	205.26	SBD
	1 Linda Hicks GBR	F	64		Wraps	F_MCR_5_A	74.3	75	100	112.5	120		120	65	72.5	-76		72.5	127.5	140	150	155	150	342.5	288.21	SBD
	1 Carolyn Sharpe GBR	F	65		Wraps	F_MCR_6_A	54.8	56	62.5	-70	70		70	37.5	-40	-40		37.5	100	107.5	110		110	217.5	230.35	SBD
	1 Catherine Duffy GBR	F	67		Wraps	F_MCR_6_A	59.1	60	85	90	95		95	55	60	-62.5		60	110	120	125		125	280	279.13	SBD
	1 Margaret Brice GBR	F	65		Wraps	F_MCR_6_A	74.3	75	62.5	67.5	72.5		72.5	37.5	40	-42.5		40	82.5	92.5	-97.5		92.5	205	172.5	SBD
	1 Pihla-Terttu Oksanen FINLAND	F	71		Wraps																					

1	Poppy Rodwell	GBR	F	26	Wraps	F_OCR_A	54.8	56	132.5	142.5	147.5				147.5	65	67.5	-70			67.5	137.5	147.5	-152.5		147.5	362.5	383.92	SBD
1	Alaa Khattab	EGYPT	F	20	Wraps	F_OCR_A	59.3	60	150	170	-177.5				170	85	95.5	100	-105		100	170	185.5	-190		185.5	455.5	452.87	SBD
2	Jessica McElwee	GBR	F	24	Wraps	F_OCR_A	59.1	60	137.5	145	150				150	77.5	82.5	-87.5			82.5	130	137.5	-142.5		137.5	370	368.85	SBD
3	Rianna Farr	GBR	F	29	Wraps	F_OCR_A	58.2	60	117.5	125	127.5				127.5	62.5	65	-67.5			65	145	157.5	165		165	357.5	360.76	SBD
4	Holly Tomlin	GBR	F	27	Wraps	F_OCR_A	58.5	60	130	140	-145				140	62.5	67.5	-70			67.5	130	145	150		150	357.5	359.29	SBD
5	Trimira Naidoo	SOUTH AFRICA	F	38	Wraps	F_OCR_A	58.2	60	125	130	-135				130	52.5	55	57.5			57.5	135	145	150		150	337.5	340.58	SBD
6	Pihla-Terttu Oksanen		F	71	Finland	Wraps	F_OCR_A	58.3	60	65	-70	-72.5			65	37.5	-40	-40			37.5	105	110	112.5		112.5	215	216.67	SBD
1	Tahnee Hawker	GBR	F	25	Wraps	F_OCR_A	65.6	67.5	150	157.5	-162.5				157.5	85	90	95			95	170	177.5	-185		177.5	430	395.44	SBD
2	Lisa Grant	GBR	F	37	Wraps	F_OCR_A	66.8	67.5	137.5	142.5	150				150	80	85	90			90	142.5	150	155		155	395	358.38	SBD
3	Lauren-May Drake	GBR	F	37	Wraps	F_OCR_A	66.6	67.5	125	130	-135				130	67.5	70	72.5			72.5	180	187.5	-195		187.5	390	354.63	SBD
4	Rashmi Iyer	INDIA	F	36	Wraps	F_OCR_A	66.1	67.5	-82.5	85	90				90	45	47.5	-52.5			47.5	110	120	-135		120	257.5	235.46	SBD
1	Megan Young	GBR	F	25	Wraps	F_OCR_A	74	75	162.5	170	175				175	82.5	87.5	90			90	160	167.5	172.5		172.5	437.5	369.15	SBD
2	Tina Lansdell	GBR	F	29	Wraps	F_OCR_A	73	75	150	157.5	162.5				162.5	75	-80	80			80	170	180	-190		180	422.5	359.81	SBD
3	Rhiannon Lamb	GBR	F	27	Wraps	F_OCR_A	73.4	75	145	152.5	155				155	77.5	-82.5	-82.5			77.5	152.5	160	165		165	397.5	337.26	SBD
1	Rebecca Marsh	GBR	F	27	Wraps	F_OCR_A	77.3	82.5	142.5	150	155				155	92.5	97.5	100			100	160	167.5	172.5		172.5	427.5	350.51	SBD
2	Hannah Groves	GBR	F	32	Wraps	F_OCR_A	79	82.5	140	160	167.5				167.5	67.5	72.5				72.5	160	180	-187.5		180	420	339.66	SBD
3	Sarah Farmer	GBR	F	37	Wraps	F_OCR_A	81.4	82.5	145	155	-162.5				155	75	80	85			85	155	165	172.5		172.5	412.5	327.55	SBD
4	Geraldine Heasman	IRELAND	F	42	Wraps	F_OCR_A	82.3	82.5	135	147.5	155				155	82.5	87.5	-93			87.5	140	152.5	160		160	402.5	317.53	SBD
5	Karen Wahl	SOUTH AFRICA	F	50	Wraps	F_OCR_A	79.1	82.5	127.5	-132.5	-132.5				127.5	52.5	-55	-55			52.5	157.5	165	-167.5		165	345	278.79	SBD
1	Chloe Brown	GBR	F	27	Wraps	F_OCR_A	88.5	90	180	192.5	-197.5				192.5	90	92.5	-95			92.5	160	170	175		175	460	348.5	SBD
2	Katie Edwards	GBR	F	38	Wraps	F_OCR_A	89	90	170	-180	-180				170	100	102.5	-105			102.5	180	185	-190		185	457.5	345.59	SBD
3	Talia Firth	GBR	F	34	Wraps	F_OCR_A	88.1	90	160	170	-180				170	87.5	92.5	95			95	175	185	-195		185	450	341.74	SBD
1	Stacey Isherwood	GBR	F	35	Wraps	F_OCR_A	97.8	100	180	195	205				205	67.5	70				70	190	-205			190	465	335.77	SBD
2	Roisin Wade	IRELAND	F	34	Wraps	F_OCR_A	91.5	100	110	117.5	125				125	67.5	72.5	75			75	115	125	132.5		132.5	332.5	247.66	SBD