

AWPC Single Ply Men's Deadlift Records

Class	Record	Name	DOB	Nat	Date of Record	Location	
52	140	Marchant Zac	2001	USA	8/30/2018	Idaho Falls ID	4th
56							
60	195	Ahmed Tarek Mohaned	94	EGY	2/9/2026	Giza Egypt	
67.5	220.5	Little Art	55	USA	10/1/2021	Lombard IL	
75	277.5	Telidis Kostas	89	RUS	7/23/2017	Blagoveschensk	
82.5	290	Topol Dmitriy	81	RUS	9/25/2015	Rostov	
90	305.5	Watkins Phil	68	GBR	8/14/2021	Manchester UK	
100	300	Peters Kieran	89	GBR	5/18/2024	Manchester UK	
110	322.5	Muratkin Alexander	85	RUS	6/11/2023	Moscow Russia	
125	330	Hickey James	77	IRE	4/15/2017	Limerick Ireland	
140	277.5	Strange John	85	GBR	8/6/2023	Baton Rouge LA	
140+	330	Ebeed Min	88	EGY	10/26/2020	Lombard IL	

Women's AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB		Date of Record	Location	
44							
48	150	Vakhterova Yuliya	80	RUS	7/31/2016	Blagoveschensk	
52	162.5	Nebyvaeva Karina	84	RUS	8/14/2016	Kursk	
56	137.5	Khalina Tatyana	93	RUS	8/16/2015	Kursk	
60	177.5	Patel Heena	72	USA	9/4/2021	Idaho Falls ID	
67.5	180	Lane Katie	89	GBR	8/6/2023	Baton Rouge LA	
75	182.5	Lane Katie	89	GBR	5/18/2024	Manchester UK	
82.5	107.5	Mullins Kierra	95	USA	4/20/2018	Grand Rapids MI	
90	115	O'Neal Finley	2002	USA	4/12/2019	Myrtle Beach SC	
100							
110	130	Green Julie	68	GBR	3/29/2026	Birmingham UK	
110+							

Men's Junior 20-23 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB		Date of Record	Location	
52							
56	160	Varun Dave	2001	IND	12/11/2021	Moscow	
60							
67.5	220	Buyankhishig Jambal	94	MGL	12/5/2015	Kursk	
75	260	Hafez Yahia Mohamed Yahia Mohamed	2005	EGY	2/9/2026	Giza Egypt	
82.5	262.5	Elzain Ali	2002	EGY	2/2/2025	Giza Egypt	
90	260.5	Alzen Ali Mohamed	2002	EGY	2/9/2026	Giza Egypt	4th
100	220	Mahmoud Mohamed	2004	EGY	2/2/2025	Giza Egypt	
110							
125	230	Myagmarjav Dorj	95	MGL	8/14/2016	Kursk	
140							
140+							

Women's Junior 20-23 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB		Date of Record	Location	
44	120	Kozintseva Anastasiya	95	RUS	8/14/2016	Kursk	
48							
52							
56	137.5	Khalina Tatyana	93	RUS	8/16/2015	Kursk	
60	160	Bochkova Yelizaveta	94	RUS	4/22/2017	Rostov	
67.5	165	Febrey Lucy	2001	GBR	5/13/2023	Manchester UK	
75							
82.5	107.5	Mullins Kierra	95	USA	4/20/2018	Grand Rapids MI	4th
90							
100							
110							
110+							

Men's Teenage AWPC Single Ply DeadliftRecords

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location
52	90	Singh Mehar	2011	IND	8/27/2024	Limerick Ireland
56						
60						
67.5	215	Pearson Gregory	2007	GBR	5/22/2022	Manchester UK
75	200	Berdnikov Alexandr	2000	RUS	12/5/2015	Kursk
82.5	230	Berdnikov Alexandr	2000	RUS	8/14/2016	Kursk
90						
100						
110	185	Emam Saleh Ali Mohamed	2011	EGY	2/9/2026	Giza Egypt
125						
140						
140+						

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52	140	Marchant Zac	2001	USA	8/30/2018	Idaho Falls ID	4th
56							
60	195	Gazizov Timur	99	RUS	12/12/2015	Yekaterinburg	
67.5	227.5	Abdelaziz Yahia Ali	2008	EGY	2/9/2026	Giza Egypt	
75							
82.5	170	Henn Charles	2007	USA	5/27/2023	N Aurora IL	
90	245	Berdnikov Alexandr	2000	RUS	8/12/2017	Kursk	
100							
110							
125							
140							
140+							

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60	165	Yakushev Alexei	98	RUS	7/31/2016	Blagoveschensk
67.5	210	Romanenko Dmitriy	98	RUS	4/22/2017	Rostov
75	215	Avakyan Ashot	96	RUS	8/16/2015	Kursk
82.5	240.5	Sobh Ahmed Hamada	2007	EGY	2/9/2026	Giza Egypt
90	210	Horstmann Alexander	2004	USA	9/3/2022	Idaho Falls ID
100	207.5	Anderson Kyle	2003	USA	9/3/2022	Idaho Falls ID
110	250	Saliman Abdelrahman Emad Eldin	2007	EGY	2/9/2026	Giza Egypt
125	230	Anan Mostafa Osama Mostafa	96	EGY	9/2/2015	Idaho Falls ID
140						
140+						

Women's Teenage AWPC Single Ply DeadliftRecords

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						

110+

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location
44	50	Thakkar Prisha	2007	IND	11/18/2023	Bishkek Kyrgyzstan
48						
52						
56						
60						
67.5						
75	115	O'Neal Finley	2002	USA	4/12/2019	Myrtle Beach SC
82.5						
90						
100						
110						
110+						

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
44	120	Gaydukova Yekaterina	99	RUS	8/12/2017	Kursk
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Men's Submaster 33-39 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB		Date of Record	Location
52	270	Rana Adeel	82	GBR	8/5/2018	Manchester
56						
60						
67.5						
75						
82.5						
90	290	Topol Dmitriy	81	RUS	9/25/2015	Rostov
90	305	Umerenkov Igor	80	RUS	12/6/2014	Kursk
100	300	Peters Kieran	89	GBR	5/18/2024	Manchester UK
110	322.5	Muratkin Alexander	85	RUS	6/11/2023	Moscow Russia
125	250	Omrani Khameneh	85	IRN	12/3/2023	Moscow Russia
140	277.5	Strange John	85	GBR	8/6/2023	Baton Rouge LA
140+	282.5	Ormsbee Joey	89	USA	8/31/2024	Idaho Falls ID

Women's Submaster 33-39 AWPC Single Ply DeadliftRecords

Class	Record	Name	DOB		Date of Record	Location
44	147.5	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk
48						
52						
56						
60						
67.5						
75	132.5	Kamyshnikova Marina	79	RUS	12/5/2015	Kursk
75	135	Kamyshnikova Marina	79	RUS	8/14/2016	Kursk
82.5	115	Kazarina Elena	80	RUS	8/23/2020	Ramenskoe Russia
90	180	Lane Katie	89	GBR	8/6/2023	Baton Rouge LA
100	182.5	Lane Katie	89	GBR	5/18/2024	Manchester UK
110						

110+

Men's Master AWPC Single Ply DeadliftRecords
40-44 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	187.5	Pearson Jason	81	GBR	5/18/2024	Manchester UK
75	221	Shawver Luke	81	USA	9/2/2023	Idaho Falls ID
82.5	250.5	Singh Daljeet	80	IND	9/10/2022	Manchester UK
90	265	Gavriyan Igor	79	RUS	10/6/2019	Blagoveshchensk Russia
100	265	Nefedov Evgeniy	73	RUS	11/3/2017	Moscow Russia
110	265	Konopatskiy Vladimir	73	RUS	8/16/2015	Kursk
125	330	Hickey James	77	IRE	4/15/2017	Limerick Ireland
140						
140+	255	Anderson Jay	78	USA	9/3/2022	Idaho Falls ID

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	205	Singh Noora	79	IND	8/31/2025	Idaho Falls ID
90	292.5	Taaffe Kenneth	74	IRL	6/13/2019	Limerick Ireland
100	272.5	Sanchez Humberto	75	USA	5/2/2021	Gatlinburg TN
110	270	Lischuk Sergei	67	RUS	8/14/2016	Kursk
125	190	Israilov Arbi	68	RUS	7/23/2017	Blagoveschensk
140						
140+						

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	220	Sukhobok Maxim	65	RUS	8/16/2015	Kursk
75	235	Coats Paul	67	USA	5/2/2021	Gatlinburg TN
82.5						
90	305.5	Watkins Pil	68	GBR	8/14/2021	Manchester UK
100	280	Watkins Pil	68	GBR	9/10/2022	Manchester UK
110	255	Lischuk Sergei	67	RUS	3/26/2016	Rostov
125	295	Polivanov Vladimir	63	RUS	12/13/2014	Yekaterinburg
140						
140+	290	Du Plessis Andre	65	IRL	6/13/2019	Limerick Ireland

Men's Master AWPC Single Ply DeadliftRecords
55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	227.5	Mumaw Jeff	62	USA	8/5/2017	Grand Rapids MI
82.5	225	Golovin Valeriy	61	RUS	4/25/2016	Krasnodar
90	222.5	Clayton Doug	57	USA	9/1/2016	Idaho Falls ID
100	277.5	Baldwin Terry	63	USA	8/29/2019	Idaho Falls ID
110	213	Davis Lance	66	USA	8/31/2025	Idaho Falls ID

125	260	Green Richard	66	GBR	10/12/2025	Stroud UK
140						
140+						

60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	187.5	Shipley Cliff	59	USA	5/1/2021	Gatlinburg TN
82.5	260	Zweig Greg	59	USA	10/1/2021	Lombard IL
90	225	Oberman Dan	66	USA	5/10/2026	Farmington UT
100	265	Dingle Gary	51	USA	4/10/2015	Glen Ellyn IL
110	280	Davison Rik	61	GBR	5/21/2022	Manchester UK
125	245	Prodan Anatoliy	61	RUS	12/18/2022	Moscow Russia
140	152.5	Riskey Larry	50	USA	8/31/2014	Idaho Falls ID
140+						

65-69 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	220.5	Little Art	55	USA	10/1/2021	Lombard IL
75	190	Chuldenko Gennadiy	48	RUS	12/12/2015	Yekaterinburg
82.5						
90						
100	257.5	Bakke Jay	57	USA	9/2/2023	Idaho Falls ID
110	170	Kamenev Oleg	53	KGZ	6/19/2021	Bishkek Kyrgyzstan
125	175	O'Dell Regan	52	USA	5/28/2021	Gatlinburg TN
140						
140+						

Men's Master AWPC Single Ply DeadliftRecords

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	165	Dolmatov Boris	45	RUS	8/14/2016	Kursk
82.5						
90	165	Allen William	47	USA	5/2/2021	Gatlinburg TN
100	172.5	Bishop Jimmy	48	USA	5/1/2021	Gatlinburg TN
110	172.5	Reed David	48	USA	5/2/2021	Gatlinburg TN
125						
140						
140+						

75-79 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	150	Darlington James	44	USA	5/2/2021	Gatlinburg TN
90						
100						

110	142.5	Bishop James	48	USA	6/7/2024	Baton Rouge LA
125						
140						
140+						

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
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52
56
60
67.5
75
82.5
90
100
110
125
140
140+

Walters Tom	38	USA	5/2/2021	Gatlinburg TN
Roberts William	42	USA	6/12/2025	Royal Oak MI

Women's Master AWPC Single Ply DeadliftRecords

40-44 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Kadyrova Irina	71	RUS	12/12/2015	Yekaterinburg
Coleman Paulina	78	IRE	6/26/2022	Hungary

45-49 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

Patel Heena	72	USA	9/4/2021	Idaho Falls ID
Patel Heena	72	USA	4/29/2022	Gatlinburg TN

Coleman Paulina	77	IRE	9/10/2022	Manchester UK	4th
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50-54 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44
48
52
56
60
67.5
75

82.5
90
100
110
110+

Women's Master AWPC Single Ply DeadliftRecords

55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5	105	Fowler Lori	66	USA	6/9/2024	Baton Rouge LA
75						
82.5						
90						
100						
110	140	Green Julie	68	GBR	6/1/2026	Limerick Ireland
110+						

60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

65-69 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Master AWPC Single Ply DeadliftRecords

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						

67.5
75
82.5
90
100
110
110+

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+

80 + Age Group

Class	Record	Name	DOB	Date of Record	Location
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44
48
52
56
60
67.5
75
82.5
90
100
110
110+