

WPC Raw MEN'S OPEN

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
		52					
S	120.0	Litvinov Kirill	2002	KAZ	11/12/2015	Maia Portugal	
B	91.0	Balazik, Pavel		SVK	10/31/2013	Prague	
D	165.0	Samy Patrick Mina	2008	EGY	2/3/2024	Hurghada Egypt	
T	350.0	Balazik, Pavel		SVK	10/31/2013	Prague	110-90-150
		56					
S	182.5	Vykhodtsev Dmitriy	89	KAZ	11/12/2015	Maia Portugal	
B	140.0	Vykhodtsev Dmitriy	89	KAZ	11/12/2015	Maia Portugal	
D	210.0	Vykhodtsev Dmitriy	89	KAZ	11/12/2015	Maia Portugal	
T	532.5	Vykhodtsev Dmitriy	89	KAZ	11/12/2015	Maia Portugal	182.5-140-210
		60					
S	200.0	Augbakirov Daulet	74	KAZ	8/16/2012	Novorossiysk	
B	142.5	Kim Andrei	86	KGZ	10/31/2013	Prague	
D	230.0	Tarverdiyev Elmir	83	AZE	6/12/2015	Riga Latvia	
T	545.0	Kim Andrei	86	KGZ	10/31/2013	Prague	175-142.5-227.5
		67.5					
S	230.0	Conyers, Tony	58	USA	4/30/2011	Orlando	
B	170.0	Conyers, Tony	58	USA	4/30/2011	Orlando	
D	265.0	Conyers, Tony	58	USA	4/30/2011	Orlando	
T	665.0	Conyers, Tony	58	USA	4/30/2011	Orlando	230-170-265
		75					
S	265.0	Lukanin Vladislav	84	RUS	4/20/2012	Rostov	
B	200.0	Aliyev Mushfig	77	AZE	6/3/2013	Portugal	
D	301.0	Ashraf Omar	99	EGY	11/3/2022	Orlando FL	4th
T	715.0	Sokolov Nikolai	79	RUS	11/12/2014	West Palm Beach FL	240-175-300
		82.5					
S	305.0	Lukanin Vladislav	84	RUS	10/22/2012	Krasnodar	
B	210.5	Richards Clifford	78	GBR	11/13/2015	Maia Portugal	
D	325.0	Albert, Willie	80	CAN	10/2/2009	Rostov	4th
T	760.0	Bernard Scott	88	CAN	11/12/2014	West Palm Beach FL	267.5-192.5-300
		90					
S	300.0	Mamadov Gunduz	83	AZE	6/12/2015	Riga Latvia	
B	240.0	Doucette, Greg	75	CAN	6/11/2011	Ontario	
D	340.0	Parmiter David	82	AUS	8/2/2014	Qld Australia	
T	792.5	Boulianne Joel	85	CAN	6/2/2012	Ontario, Canada	277.5-215-300
		100					
S	330.0	Kysil', Andriy	75	UKR	10/3/2009	Rostov	
B	235.0	Kysil', Andriy	75	UKR	10/3/2009	Rostov	
D	372.5	Omelchenko Oleksii	79	UKR	11/8/2012	Las Vegas NV	
T	920.0	Belyaev, Andrei	83	RUS	10/3/2009	Rostov	320-230-370
		110					
S	350.0	Fesanuik Nikolai	84	RUS	11/8/2012	Las Vegas NV	
B	250.0	Shvetsov Stanislav	88	RUS	4/20/2012	Rostov	
D	385.0	Obukhovich Alexander	87	RUS	8/18/2013	Novosibirsk	
T	910.0	Shvetsov Stanislav	88	RUS	4/20/2012	Rostov	310-250-350
		125					
S	365.0	Fesanyuk Nikolay	84	RUS	11/9/2016	Baton Rouge LA	
B	267.5	Strickland James	80	USA	5/8/2016	Lombard IL	4th
D	385.0	Daragan Sergei	78	RUS	3/23/2014	Vologda	
T	955.0	Fesanyuk Nikolay	84	RUS	11/9/2016	Baton Rouge LA	365-215-375

		140					
S	355.0	Aliyev Vusal	78	AZE	6/11/2014	Baku	
B	252.5	Strickland James	80	USA	6/13/2015	Grand Rapids MI	
D	410.0	Konstantinovs,Konstantins	79	LAT	10/3/2009	Rostov	
T	960.0	Konstantinovs,Konstantins	79	LAT	11/17/2011	Riga, Latvia	330-230-400

		140+					
S	360.0	McLaren George	84	AUS	8/11/2013	Tasmania Aus	
B	285.0	Snigirev,Valery	77	RUS	10/3/2009	Rostov	
D	400.0	Koklyaev Mikhail	78	RUS	4/20/2012	Rostov	
T	965.0	Koklyaev Mikhail	78	RUS	4/20/2012	Rostov	340-225-400

Men's T1 13-15

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
		52					
S	120.0	Litvinov Kirill	2002	KAZ	11/12/2015	Maia Portugal	
B	73.0	Elaraby Youusef	2010	EGY	2/2/2025	Giza Egypt	
D	165.0	Samy Patrick Mina	2008	EGY	2/3/2024	Hurghada Egypt	
T	342.5	Litvinov Kirill	2002	KAZ	11/12/2015	Maia Portugal	120-72.5-150
		56					
S	135.0	Waterson Jesse	2010	AUS	8/1/2024	Brisbane Australia	
B	92.5	Boizou Theo	2009	FRA	11/14/2024	Lisle IL	
D	160.5	Fekry Marwan	2010	EGY	2/2/2025	Giza Egypt	
T	365.0	Boizou Theo	2009	FRA	11/14/2024	Lisle IL	112.5-92.5-160
		60					
S	150.0	Waterson Jesse	2010	AUS	11/14/2024	Lisle IL	4th
B	82.5	Waterson Jesse	2010	AUS	11/14/2024	Lisle IL	
D	160.5	Waterson Jesse	2010	AUS	11/14/2024	Lisle IL	4th
T	385.0	Waterson Jesse	2010	AUS	11/14/2024	Lisle IL	147.5-82.5-155
		67.5					
S	165.0	Waterson Jesse	2010	AUS	8/2/2025	Brisbane Australia	
B	110.0	Pearson Gregory	2007	GBR	8/13/2021	Manchester UK	
D	190.0	Shady Mohamed	2008	EGY	2/3/2024	Hurghada Egypt	
T	450.0	Pearson Gregory	2007	GBR	8/13/2021	Manchester UK	155-110-185
		75					
S	187.5	McNulty Michael	2000	USA	5/7/2016	Lombard IL	
B	107.5	Piper Phillip	96	CAN	6/1/2012	Ontario, Canada	4th
D	210.0	Anwar Faris Mimi	2008	EGY	2/3/2024	Hurghada Egypt	
T	475.0	McNulty Michael	2000	USA	5/7/2016	Lombard IL	187.5-85-202.5
		82.5					
S	182.5	Butler Noah	2006	USA	6/4/2022	Lombard IL	
B	120.0	Spoenlein Zain	2002	CAN	6/3/2017	Ontario Canada	
D	227.5	Butler Noah	2006	USA	6/4/2022	Lombard IL	4th
T	512.5	Butler Noah	2006	USA	6/4/2022	Lombard IL	182.5-105-225
		90					
S	182.5	Radala Magnus	98	USA	6/8/2014	Grand Rapids MI	4th
B	125.5	Bleau Levi		USA	6/14/2015	Grand Rapids MI	
D	220.0	Bleau Levi		USA	6/14/2015	Grand Rapids MI	
T	515.0	Bleau Levi		USA	6/14/2015	Grand Rapids MI	170-125-220
		100					
S	215.0	Clifford Kelley	2008	AUS	11/14/2024	Lisle IL	
B	162.5	Middleton Joseph	2010	USA	6/15/2025	Royal Oak MI	
D	255.0	Clifford Kelley	2008	AUS	11/14/2024	Lisle IL	4th
T	585.0	Clifford Kelley	2008	AUS	11/14/2024	Lisle IL	215-130-240

110						
S	200.0	De Roeck Leonardo	2000	POR	11/13/2015	Maia Portugal
B	157.5	De Roeck Leonardo	2000	POR	11/13/2015	Maia Portugal
D	242.5	De Roeck Leonardo	2000	POR	11/13/2015	Maia Portugal
T	600.0	De Roeck Leonardo	2000	POR	11/13/2015	Maia Portugal
200-157.5-242.5						

125						
S	150.0	Wallace Cooper W	2009	USA	6/7/2024	Baton Rouge LA
B	115.0	Stoffelsen, Jakob	96	CAN	9/3/2010	Idaho Falls
D	200.0	Wallace Cooper W	2009	USA	6/7/2024	Baton Rouge LA
T	435.0	Wallace Cooper W	2009	USA	6/7/2024	Baton Rouge LA
150-85-200						

140						
S	175.0	Boyd Parker	2000	CAN	6/5/2015	Ontario Canada
B	115.0	Boyd Parker	2000	CAN	6/5/2015	Ontario Canada
D	205.0	Boyd Parker	2000	CAN	6/5/2015	Ontario Canada
T	485.0	Boyd Parker	2000	CAN	6/5/2015	Ontario Canada
170-110-205						

140+

S
B
D
T

Men's T2 16-17

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S	115.0	Bebo Mohamed	2007	EGY	2/3/2024	Hurghada Egypt	
B	85.0	Chen, Alen	94	CAN	6/11/2011	Ontario, Can	4th
D	135.0	Nassar Asser	2006	EGY	2/3/2024	Hurghada Egypt	
T	310.0	Bebo Mohamed	2007	EGY	2/3/2024	Hurghada Egypt	115-65-130
56							
S	162.5	Boizou Theo	2009	FRA	4/19/2026	Autun France	
B	117.5	Boizou Theo	2009	FRA	4/19/2026	Autun France	
D	210.5	Boizou Theo	2009	FRA	4/19/2026	Autun France	
T	490.0	Boizou Theo	2009	FRA	4/19/2026	Autun France	162.5-117.5-210
60							
S	150.0	Boizou Theo	2009	FRA	11/4/2025	Durban South Africa	
B	110.0	Boizou Theo	2009	FRA	11/4/2025	Durban South Africa	
D	190.0	Boizou Theo	2009	FRA	11/4/2025	Durban South Africa	
T	450.0	Boizou Theo	2009	FRA	11/4/2025	Durban South Africa	150-110-190
67.5							
S	215.0	Baumanis Intars	98	LAT	6/12/2015	Riga Latvia	
B	125.0	Baumanis Intars	98	LAT	6/12/2015	Riga Latvia	
D	235.0	Skillicorn Andrew	2009	AUS	8/8/2026	Fremantle West Australia	
T	560.0	Baumanis Intars	98	LAT	6/12/2015	Riga Latvia	215-125-220
75							
S	210.0	Silovs Eriks	97	LAT	6/12/2015	Riga Latvia	
B	126.0	Bajczer Csaba	2001	HUN	6/25/2018	Le Pont de Claix France	
D	257.5	Falzetta Vincent	97	USA	6/14/2015	Grand Rapids MI	
T	565.0	Falzetta Vincent	97	USA	6/14/2015	Grand Rapids MI	182.5-125-257.5
82.5							
S	212.5	Burrows Jesse	94	AUS	8/25/2012	Aubury	
B	157.5	Sweeney Alec	98	USA	5/7/2016	Lombard IL	
D	252.5	Burrows Jesse	94	AUS	8/25/2012	Aubury	
T	610.0	Sweeney Alec	98	USA	5/7/2016	Lombard IL	207.5-157.5-245

90						
S	230.0	Alaa Hatab Kariem	2007	EGY	2/2/2025	Giza Egypt
B	190.0	Pokazanov Nikita	97	RUS	9/25/2015	Rostov
D	280.0	Alaa Hatab Kariem	2007	EGY	2/2/2025	Giza Egypt
T	635.0	Zeynalov Emil	94	RUS	6/9/2012	Moscow
						220-155-260
100						
S	245.0	Santos Nuno	98	POR	11/13/2015	Maia Portugal
B	167.5	McDowell Dylan	2006	USA	7/2/2023	Salt Lake City UT
D	287.5	Santos Nuno	98	POR	11/13/2015	Maia Portugal
T	672.5	Santos Nuno	98	POR	11/13/2015	Maia Portugal
						245-142.5-287.5
110						
S	245.0	Bertoletti Ricco	2000	USA	11/9/2016	Baton Rouge LA
B	170.0	Spoenlein Zain	2002	CAN	11/7/2018	Orlando FL
D	266.0	Mohsen Ibrahim	2007	EGY	2/2/2025	Giza Egypt
T	647.5	Bertoletti Ricco	2000	USA	11/9/2016	Baton Rouge LA
						245-165-237.5
125						
S	225.0	Azevedo Antonio	2003	POR	11/16/2021	Trofa Portugal
B	170.0	De Roeck Leonardo	2000	POR	6/5/2016	Stock-on-Trent UK
D	270.0	De Roeck Leonardo	2000	POR	6/5/2016	Stock-on-Trent UK
T	660.0	De Roeck Leonardo	2000	POR	6/5/2016	Stock-on-Trent UK
						220-170-270
140						
S	230.0	Blackshaw Kodi	2005	CAN	6/9/2023	Ontario Canada
B	155.0	Blackshaw Kodi	2005	CAN	6/9/2023	Ontario Canada
D	238.0	Blackshaw Kodi	2005	CAN	6/9/2023	Ontario Canada
T	605.0	Blackshaw Kodi	2005	CAN	6/9/2023	Ontario Canada
						4th
						230-147.5-227.5
140+						
S						
B						
D						
T						

Men's T3 18-19

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S	85.0	Mohamed Yussof	2005	EGY	2/2/2025	Giza Egypt	
B	65.0	Mohamed Yussof	2005	EGY	2/2/2025	Giza Egypt	
D	132.5	Mohamed Yussof	2005	EGY	2/2/2025	Giza Egypt	
T	282.5	Mohamed Yussof	2005	EGY	2/2/2025	Giza Egypt	85-65-132.5
56							
S	165.0	Rosario Jadryan	2006	USA	6/14/2025	Royal Oak MI	
B	107.5	Rosario Jadryan	2006	USA	6/14/2025	Royal Oak MI	
D	215.0	Rosario Jadryan	2006	USA	6/14/2025	Royal Oak MI	4th
T	482.5	Rosario Jadryan	2006	USA	6/14/2025	Royal Oak MI	165-107.5-210
60							
S	185.0	Vongphachanh Danny	2006	AUS	8/2/2025	Brisbane Australia	
B	120.0	Vongphachanh Danny	2006	AUS	8/2/2025	Brisbane Australia	
D	220.0	Vongphachanh Danny	2006	AUS	8/2/2025	Brisbane Australia	
T	525.0	Vongphachanh Danny	2006	AUS	8/2/2025	Brisbane Australia	185-120-220
67.5							
S	195.0	Motkov Vladimir	97	RUS	2/12/2017	Chelyabinsk, RUS	
B	150.0	Motkov Vladimir	97	RUS	2/12/2017	Chelyabinsk, RUS	
D	240.0	Motkov Vladimir	97	RUS	2/12/2017	Chelyabinsk, RUS	
T	585.0	Motkov Vladimir	97	RUS	2/12/2017	Chelyabinsk, RUS	195-150-240

60						
S	165.0	Ahmed Mahmoud Mohamed	2003	EGY	2/2/2025	Giza Egypt
B	130.0	Olah Ondrej	91	SVK	11/24/2014	Bratislava Slovakie
D	210.0	Capharsie Warren	98	FRA	9/26/2020	Nimes France
T	475.0	Radu Vladislav	95	RUS	7/3/2016	Chelyabinsk
162.5-107.5-205						
67.5						
S	207.5	Kuznetsov Igor	89	RUS	4/20/2012	Rostov
B	150.0	Kuznetsov Igor	89	RUS	4/7/2013	Krasnodar
D	265.0	Monroe Terel	95	USA	5/6/2017	Lake Buena Vista FL
T	590.0	Kuznetsov Igor	89	RUS	4/7/2013	Krasnodar
205-150-235						
75						
S	247.5	Ashraf Omar	99	EGY	11/3/2022	Orlando FL
B	175.0	Ashraf Omar	99	EGY	11/3/2022	Orlando FL
D	301.0	Ashraf Omar	99	EGY	11/3/2022	Orlando FL
T	712.5	Ashraf Omar	99	EGY	11/3/2022	Orlando FL
4th 247.5-175-290						
82.5						
S	252.5	Arshinov Ivan	91	RUS	6/12/2015	Riga Latvia
B	210.0	Konovalov,Sergei	87	RUS	10/2/2009	Rostov
D	302.5	Renaud Pierre	95	FRA	6/25/2018	Le Pont de Claix France
T	752.5	Konovalov,Sergei	87	RUS	10/2/2009	Rostov
250-210-292,5						
90						
S	265.0	Sheludko Pavel	89	RUS	8/10/2013	Kursk
B	195.0	Sheludko Pavel	89	RUS	6/15/2013	Moscow
D	332.5	Kravchenko, Yevgeny	86	RUS	3/18/2010	Kursk
T	762.5	Sheludko Pavel	89	RUS	8/10/2013	Kursk
265-197.5-300						
100						
S	285.5	Matsko Igor	93	RUS	8/13/2015	Kursk
B	210.5	Vasilenko Uvis	91	LAT	6/11/2014	Baku
D	320.0	Gevko Oleg	91	RUS	11/12/2014	West Palm Beach FL
T	815.0	Bogatchenko Andrei	94	RUS	8/12/2018	Kursk
285-210-320						
110						
S	300.0	Kiploks Uldis	97	LAT	11/7/2019	Lahti Finland
B	230.0	Lir Sergey	91	RUS	4/7/2013	Krasnodar
D	350.0	Kiploks Uldis	97	LAT	11/7/2019	Lahti Finland
T	852.5	Kiploks Uldis	97	LAT	11/7/2019	Lahti Finland
300-202.5-350						
125						
S	310.0	Maslennikov Maksim		RUS	11/12/2014	West Palm Beach FL
B	225.0	Weber, Kade	89	CAN	6/8/2013	Ontario, Can
D	385.0	Weber, Kade	89	CAN	6/8/2013	Ontario, Can
T	915.0	Weber, Kade	89	CAN	6/8/2013	Ontario, Can
305-225-385						
140						
S	285.0	Shaburov Ilya	90	RUS	6/15/2013	Moscow
B	235.0	Shaburov Ilya	90	RUS	6/15/2013	Moscow
D	340.0	Shaburov Ilya	90	RUS	6/15/2013	Moscow
T	860.0	Shaburov Ilya	90	RUS	6/15/2013	Moscow
285-235-340						
140+						
S	317.5	Ward Adam	88	USA	9/1/2011	Idaho Falls
B	285.0	Sarychev,Kirill	89	RUS	10/3/2009	Rostov
D	310.0	Ward Adam	88	USA	9/1/2011	Idaho Falls
T	822.5	Ward Adam	88	USA	9/1/2011	Idaho Falls
317.5-195-310						

Men's Submaster 33-39

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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52							
S	100	Balazik Pavol	79	SVK	11/8/2012	Las Vegas NV	
B	90	Balazik Pavol	79	SVK	11/8/2012	Las Vegas NV	4th
D	150	Balazik Pavol	79	SVK	11/8/2012	Las Vegas NV	
T	337.5	Balazik Pavol	79	SVK	11/8/2012	Las Vegas NV	100-87.5-150
56							
S	155	Lindsay Christopher	76	USA	5/8/2016	Lombard IL	4th
B	85	Lindsay Christopher	76	USA	5/8/2016	Lombard IL	
D	200	Lindsay Christopher	76	USA	5/8/2016	Lombard IL	4th
T	427.5	Lindsay Christopher	76	USA	5/8/2016	Lombard IL	147.5-85-195
60							
S	200	Aubakirov Daulet	74	KAZ	8/16/2012	Novorossiysk	
B	115	Aubakirov Daulet	74	KAZ	8/16/2012	Novorossiysk	
D	220	Tarverdiyev Elmir	83	AZE	11/3/2017	Moscow Russia	
T	505	Aubakirov Daulet	74	KAZ	8/16/2012	Novorossiysk	200-155-190
67.5							
S	210	Aliyev Musfig	77	AZE	11/12/2014	West Palm Beach FL	
B	150	Aliyev Musfig	77	AZE	11/12/2014	West Palm Beach FL	
D	216	Whitby Rian	90	AUS	8/23/2023	Adelaide Australia	
T	560	Aliyev Musfig	77	AZE	11/12/2014	West Palm Beach FL	210-150-200
75							
S	250.0	Sokolov Nikolai	79	RUS	11/12/2014	West Palm Beach FL	4th
B	175.0	Sokolov Nikolai	79	RUS	11/12/2014	West Palm Beach FL	
D	300.0	Sokolov Nikolai	79	RUS	11/12/2014	West Palm Beach FL	
T	715.0	Sokolov Nikolai	79	RUS	11/12/2014	West Palm Beach FL	240-175-300
82.5							
S	245.0	Rostun Vladimir	81	RUS	10/3/2016	Saint Petersburg	
B	190.0	Mahmoud Ahmed Aawi Faragalla	80	EGY	11/7/2019	Lahti Finland	
D	307.5	Rostun Vladimir	81	RUS	10/3/2016	Saint Petersburg	
T	740.0	Rostun Vladimir	81	RUS	10/3/2016	Saint Petersburg	245-187.5-307.5
90							
S	290.0	Olekseenko Yuriy	86	RUS	11/7/2019	Lahti Finland	
B	240.0	Doucette, Greg	75	CAN	6/11/2011	Ontario	
D	320.0	Dmitriev,Ivan	70	RUS	10/2/2009	Rostov	
T	790.0	Doucette, Greg	75	CAN	9/5/2010	Idaho Falls	255-227.5-307.5
100							
S	330.0	Kysil', Andriy	75	UKR	10/2/2009	Rostov	
B	235.0	Kysil', Andriy	75	UKR	10/2/2009	Rostov	
D	345.0	Ducotterd Sihon	89	FRA	4/30/2023	France	
T	865.0	Kysil', Andriy	75	UKR	10/2/2009	Rostov	330-235-300
110							
S	312.5	Starodubsky,Sergei	77	RUS	6/27/2011	Praha	
B	225.0	Starodubsky,Sergei	77	RUS	11/17/2011	Riga	
D	360.0	Lama Gerard Frederic	82	FRA	11/9/2016	Baton Rouge LA	
T	875.0	Khanjyan Eduard	85	FIN	11/7/2019	Lahti Finland	302.5-220-352.5
125							
S	360.0	Simonyan,Kamo	71	RUS	3/18/2010	Kursk	
B	267.5	Strickland James	80	USA	5/8/2016	Lombard IL	4th
D	385.0	Daragan Sergei	78	RUS	3/23/2014	Vologda	
T	930.0	Simonyan,Kamo	71	RUS	3/18/2010	Kursk	360-230-340
140							
S	325.0	Makovics Zsolt	75	HUN	11/8/2012	Las Vegas NV	
B	252.5	Strickland James	80	USA	6/13/2015	Grand Rapids MI	

D	382.5	Daragan Sergey	78	RUS	11/8/2012	Las Vegas NV	
T	895.0	Daragan Sergey	78	RUS	11/8/2012	Las Vegas NV	300-212.5-382.5
140+							
S	340.0	Koklyaeв Mikhail	78	RUS	4/20/2012	Rostov	
B	250.0	Polyakov,Roman	75	RUS	10/3/2009	Rostov	
D	400.0	Koklyaeв Mikhail	78	RUS	4/20/2012	Rostov	
T	965.0	Koklyaeв Mikhail	78	RUS	4/20/2012	Rostov	340-225-400

Men's Master M1 40-44

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S							
B							
D							
T							
56							
S	90	Morar Vasiliy	74	RUS	8/11/2017	Kursk	
B	60	Morar Vasiliy	74	RUS	8/11/2017	Kursk	
D	132.5	Morar Vasiliy	74	RUS	8/11/2017	Kursk	
T	282.5	Morar Vasiliy	74	RUS	8/11/2017	Kursk	90-60-132.5
60							
S	185	Washington, Hennis	70	USA	4/30/2011	Orlando	
B	122.5	Washington, Hennis	70	USA	4/30/2011	Orlando	
D	205	Washington, Hennis	70	USA	4/30/2011	Orlando	
T	512.5	Washington, Hennis	70	USA	4/30/2011	Orlando	185-122.5-205
67.5							
S	165	Gomez Vincent	82	CAN	4/26/2025	Ontario Canada	
B	105	Gomez Vincent	82	CAN	4/26/2025	Ontario Canada	
D	185	Gomez Vincent	82	CAN	4/26/2025	Ontario Canada	
T	455	Gomez Vincent	82	CAN	4/26/2025	Ontario Canada	165-105-185
75							
S	240.0	Alonso Alberto	79	ESP	11/16/2021	Trofa Portugal	
B	177.5	Alonso Alberto	79	ESP	11/16/2021	Trofa Portugal	
D	292.5	Alonso Alberto	79	ESP	11/16/2021	Trofa Portugal	
T	710	Alonso Alberto	79	ESP	11/16/2021	Trofa Portugal	240-177.5-292.5
82.5							
S	250.0	McElroy, Jason	69	USA	4/30/2011	Orlando	
B	170.5	Soloviov Dmytro		UKR	11/8/2012	Las Vegas NV	4th
D	275.5	Soloviov Dmytro		UKR	11/8/2012	Las Vegas NV	4th
T	685	McElroy, Jason	69	USA	4/30/2011	Orlando	250-160-275
90							
S	255.0	Galkevich Andriy	71	UKR	6/12/2015	Riga Latvia	
B	220.0	Heller Charles	85	USA	5/8/2026	Farmington UT	
D	327.5	Dmitriev, Ivan	70	RUS	8/20/2010	Moscow	
T	752.5	Dmitriev, Ivan	70	RUS	8/20/2010	Moscow	242,5-182,5-327,5
100							
S	310.0	Bellay Nael	82	FRA	4/30/2023	France	
B	215.0	Young, William Kaiser	71	USA	5/31/2014	Waxahachie TX	
D	320.0	Nael Bellay	82	FRA	11/4/2025	Durban South Africa	
T	790.0	Nael Bellay	82	FRA	11/4/2025	Durban South Africa	290-180-320
110							
S	312.5	Barman Frederic	77	SUI	6/25/2018	Le Pont de Claix France	
B	212.5	Fernandez Santiago	81	ESP	11/16/2021	Trofa Portugal	

D	330.5	Martinez Daniel		ESP	11/13/2015	Maia Portugal	
T	830.0	Martinez Daniel		ESP	11/13/2015	Maia Portugal	310-190-330
125							
S	342.5	Huseynov Razim	75	AZE	11/3/2017	Moscow Russia	
B	252.5	Huseynov Razim	75	AZE	11/3/2017	Moscow Russia	
D	340.0	Myohanen Olli	82	FIN	6/12/2024	Salo Finland	
T	922.5	Huseynov Razim	75	AZE	11/3/2017	Moscow Russia	342.5-252.5-327.5
140							
S	322.5	Schrott Michael	72	GER	10/30/2013	Prague	
B	235.0	Grin', Andriy	68	UKR	10/3/2009	Rostov	
D	325.0	Ivanov Yevgeniy	73	RUS	8/2/2015	Blagoveschensk	
T	860.0	Schrott Michael	72	GER	10/30/2013	Prague	322.5-220-317.5
140+							
S	300	Eusebio Sandro	75	POR	7/3/2017	Helsinki	
B	205.0	Eusebio Sandro	75	POR	7/3/2017	Helsinki	
D	350.0	Eusebio Sandro	75	POR	7/3/2017	Helsinki	
T	855.0	Eusebio Sandro	75	POR	7/3/2017	Helsinki	300-205-350
Men's Master M2 45-49							
	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S							
B							
D							
T							
56							
S							
B							
D							
T							
60							
S	95	Hayden Rudiger	78	ZAF	11/4/2025	Durban South Africa	
B	50.5	Hayden Rudiger	78	ZAF	11/4/2025	Durban South Africa	
D	157.5	Hayden Rudiger	78	ZAF	11/4/2025	Durban South Africa	
T	302.5	Hayden Rudiger	78	ZAF	11/4/2025	Durban South Africa	95-50-157.5
67.5							
S	160	Tuuri Timo	77	FIN	6/12/2023	Salo Finland	
B	112.5	Tuuri Timo	77	FIN	6/12/2024	Salo Finland	
D	205	Tuuri Timo	77	FIN	3/23/2024	Tampere Finland	
T	472.5	Tuuri Timo	77	FIN	6/12/2024	Salo Finland	160-112.5-200
75							
S	215	DaCosta Adriano	63	FRA	11/8/2012	Las Vegas NV	
B	167.5	Tumrubaatr Chakhar	74	MGL	11/7/2019	Lahti Finland	
D	235	DaCosta Adriano	63	FRA	11/8/2012	Las Vegas NV	
T	590	DaCosta Adriano	63	FRA	11/8/2012	Las Vegas NV	215-140-235
82.5							
S	235.0	Fric Anton	73	SVK	6/23/2022	Hungary	
B	171.0	Fric Anton	73	SVK	6/23/2022	Hungary	
D	265.0	Fric Anton	73	SVK	6/23/2022	Hungary	
T	670.0	Fric Anton	73	SVK	6/23/2022	Hungary	235-170-265
90							
S	220.0	Rumyantsev Sergei	65	RUS	3/23/2014	Vologda	
B	180.0	Rumyantsev Sergei	65	RUS	3/23/2014	Vologda	

D	275.0	Attewell Leslie	67	GBR	6/5/2016	Stoke-on-Trent UK	
T	640.0	Rumyantsev Sergei	65	RUS	3/23/2014	Vologda	220-180-240
100							
S	300.0	Minin Vladimir	67	RUS	6/3/2013	Portugal	
B	200.0	Rumyantsev Sergei	65	RUS	6/9/2012	Moscow	
D	303.0	Roop Shawn	70	USA	5/6/2017	Lake Buena Vista FL	
T	760.0	Minin Vladimir	67	RUS	12/1/2013	Yekaterinbourg	290-170-300
110							
S	300.0	Norcup Simon	68	GBR	9/1/2013	Folkestone GBR	
B	205.0	Norcup Simon	68	GBR	9/1/2013	Folkestone GBR	
D	315.0	Norcup Simon	68	GBR	11/11/2014	West Palm Beach FL	4th
T	815.0	Norcup Simon	68	GBR	9/1/2013	Folkestone GBR	300-205-310
125							
S	300.0	Schrott Michael	72	GER	11/16/2021	Trofa Portugal	
B	250.0	Holte Roy	70	NOR	2/5/2017	Folkestone GBR	4th
D	330.5	Holte Roy	70	NOR	2/5/2017	Folkestone GBR	
T	870.0	Holte Roy	70	NOR	2/5/2017	Folkestone GBR	295-245-330
140							
S	307.5	Schrott Michael	72	GER	11/7/2019	Lahti Finland	
B	220	Newman Paul		GBR	6/5/2016	Stoke-on-Trent UK	
D	325	Drummond Jonathan	66	USA	11/11/2014	West Palm Beach FL	
T	820	Schrott Michael	72	GER	11/7/2018	Orlando FL	305-207.5-307.5
140+							
S	275	Rice, Norman	66	USA	11/8/2012	Las Vegas NV	
B	212.5	Rawnsley Douglas	70	USA	11/7/2018	Orlando FL	
D	285	Rubtsov Sergey	64	KAZ	11/8/2012	Las Vegas NV	
T	755	Rubtsov Sergey	64	KAZ	11/8/2012	Las Vegas NV	270-200-285

Men's Master M3 50-54

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S	95.0	Grachev,Nikolai	56	RUS	3/17/2010	Kursk	
B	70.0	Grachev,Nikolai	56	RUS	3/17/2010	Kursk	
D	140.0	Grachev,Nikolai	56	RUS	3/17/2010	Kursk	
T	305.0	Grachev,Nikolai	56	RUS	3/17/2010	Kursk	95-70-140
56							
S	130	Romanytchev Alexander	63	ISR	10/30/2013	Prague	
B	110	Romanytchev Alexander	63	ISR	10/30/2013	Prague	
D	180	Romanytchev Alexander	63	ISR	10/30/2013	Prague	
T	420	Romanytchev Alexander	63	ISR	10/30/2013	Prague	130-110-180
60							
S	135	Martins Steve	74	FRA	6/9/2025	Wroclaw Poland	
B	97.5	Panagiotidis Jim	69	AUS	8/20/2022	Adelaide Australia	
D	190	Martins Steve	74	FRA	6/9/2025	Wroclaw Poland	
T	415	Martins Steve	74	FRA	6/9/2025	Wroclaw Poland	135-90-190
67.5							
S	230	Conyers, Tony	58	USA	4/30/2011	Orlando	
B	170	Conyers, Tony	58	USA	4/30/2011	Orlando	
D	265	Conyers, Tony	58	USA	4/30/2011	Orlando	
T	665	Conyers, Tony	58	USA	4/30/2011	Orlando	230-170-265
75							
S	220	Trukhnin Sergei	66	RUS	12/10/2016	Yekaterinburg	
B	142.5	Cornish Joseph	63	USA	6/14/2015	Grand Rapids MI	

D	252.5	Cornish Joseph	63	USA	11/8/2016	Baton Rouge LA	4th
T	595	Cornish Joseph	63	USA	6/14/2015	Grand Rapids MI	207.5-142.5-245
82.5							
S	235	George Paul Raymond	62	AUS	10/30/2013	Prague	
B	157.5	Wood John	64	USA	11/8/2016	Baton Rouge LA	
D	272.5	George Paul Raymond	62	AUS	10/30/2013	Prague	
T	647.5	George Paul Raymond	62	AUS	10/30/2013	Prague	232.5-137.5-270
90							
S	240.5	Kuzovatov Vasiliy	63	RUS	8/13/2015	Kursk	
B	170.0	Abayev,Aslambek	59	RUS	3/17/2010	Kursk	
D	260.0	Simonetta Vince	60	AUS	8/2/2014	Qld Australia	
T	660.0	Abayev,Aslambek	59	RUS	3/17/2010	Kursk	240-170-250
100							
S	285.0	Abayev, Aslambek	59	RUS	4/18/2014	Krasnodar	
B	212.5	Abayev, Aslambek	59	RUS	6/11/2014	Baku	
D	270.0	Abayev, Aslambek	59	RUS	4/8/2011	Chelyabinsk	
T	757.5	Abayev, Aslambek	59	RUS	10/22/2012	Krasnodar	280-207.5-270
110							
S	303.0	Day Henry	63	AUS	8/2/2014	Qld Australia	4th
B	190.0	Arioli Jeff	66	USA	8/15/2020	Fort Lauderdale FL	
D	330.0	Akhmedov Renad	61	RUS	6/15/2013	Moscow	
T	750.0	Akhmedov Renad	61	RUS	6/15/2013	Moscow	250-170-330
125							
S	282.5	Arioli Jeff	66	USA	11/7/2018	Orlando FL	
B	205.0	Arioli Jeff	66	USA	11/7/2018	Orlando FL	
D	300.0	Swalwell Jason	72	GBR	7/17/2023	Manchester UK	
T	740.0	Arioli Jeff	66	USA	11/7/2018	Orlando FL	282.5-205-252.5
140							
S	285.0	Schrott Michael	73	GER	11/4/2025	Durban South Africa	
B	205.0	Burlakov, Alexander	59	RUS	6/3/2013	Portugal	
D	286.0	Schrott Michael	73	GER	11/4/2025	Durban South Africa	
T	745.0	Schrott Michael	74	GER	11/4/2025	Durban South Africa	285-175-285
140+							
S	290.0	Rubtsov Sergey	64	KAZ	11/12/2014	West Palm Beach FL	
B	215.0	Dierickx Tom	71	USA	6/30/2023	Salt Lake City UT	
D	330.0	Rubtsov Sergey	64	KAZ	11/12/2014	West Palm Beach FL	
T	810.0	Rubtsov Sergey	64	KAZ	11/12/2014	West Palm Beach FL	290-190-330

Men's Master M4 55-59

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S	87.5	Grachev Nikolai	56	RUS	6/15/2013	Moscow	
B	70	Grachev Nikolai	56	RUS	6/15/2013	Moscow	
D	130	Grachev Nikolai	56	RUS	6/15/2013	Moscow	
T	282.5	Grachev Nikolai	56	RUS	6/15/2013	Moscow	87.5-70-130
56							
S							
B							
D							
T							
60							
S							
B							

D
T

67.5

S	170.0	Bochkovsyi Anatolii	54	UKR	10/30/2013	Prague	
B	120.0	Bobrovitz, Gary	52	CAN	6/12/2010	Toronto	
D	210.0	Bochkovsyi Anatolii	54	UKR	10/30/2013	Prague	
T	475.0	Bochkovsyi Anatolii	54	UKR	10/30/2013	Prague	170-95-210

75

S	183	Coats Paul	67	USA	6/3/2022	Lombard IL	
B	125	Ripley Gregory	60	USA	11/8/2016	Baton Rouge LA	4th
D	237.5	Khosravi Mani	60	IRN	11/3/2017	Moscow Russia	4th
T	527.5	Khosravi Mani	60	IRN	11/3/2017	Moscow Russia	182.5-115-230

82.5

S	205	Benedix Bob	60	USA	11/7/2018	Orlando FL	
B	137.5	Ripley Gregory	60	USA	5/5/2017	Lake Buena Vista FL	4th
D	245	Zweig Greg	59	USA	5/7/2016	Lombard IL	
T	555	Benedix Bob	60	USA	11/7/2018	Orlando FL	205-110-240

90

S	230.5	Kuzovatov Vasilii	63	RUS	8/12/2018	Kursk	
B	165.0	Weil Mel	69	USA	8/28/2025	Idaho Falls ID	
D	265.0	Mann Marvin	60	USA	5/7/2016	Lombard IL	
T	647.5	Mann Marvin	60	USA	5/7/2016	Lombard IL	230-152.5-265

100

S	280.0	Abayev Aslambek	59	RUS	2/8/2015	Krasnodar	
B	210.0	Abayev Aslambek	59	RUS	12/5/2014	Kursk	
D	290.0	Abayev Aslambek	59	RUS	12/5/2014	Kursk	
T	765.0	Abayev Aslambek	59	RUS	11/20/2016	Rostov	280-205-280

110

S	225.5	Jarvisalo Juha	68	FIN	6/12/2024	Salo Finland	
B	180.0	Jones Gary	64	AUS	4/25/2022	Melbourne Australia	
D	266.0	Hanrahan James	67	AUS	4/25/2025	Melbourne Australia	
T	655.0	Jones Gary	64	AUS	4/25/2022	Melbourne Australia	215-180-260

125

S	250.0	Davis Terry	56	USA	11/11/2014	West Palm Beach FL	
B	185.5	Erhard David	63	CAN	6/18/2022	Ontario Canada	
D	287.5	McMutrie Tom	67	GBR	7/9/2022	Manchester UK	
T	685.0	McMutrie Tom	67	GBR	7/9/2022	Manchester UK	232.5-165-187.5

140

S	242.5	Hall Chad	66	USA	11/2/2023	Manchester UK	
B	200.0	Burlakov Alexandr	59	RUS	11/11/2014	West Palm Beach FL	
D	317.5	Aman Ismo	55	FIN	10/30/2013	Prague	
T	695.0	Burlakov Alexandr	59	RUS	11/11/2014	West Palm Beach FL	240-200-255

140+

S	145.0	Christidis Damien	70	AUS	8/6/2026	Fremantle West Australia	
B	85.0	Christidis Damien	70	AUS	4/25/2026	Melbourne Australia	
D	215.0	Christidis Damien	70	AUS	8/6/2026	Fremantle West Australia	
T	440.0	Christidis Damien	70	AUS	8/6/2026	Fremantle West Australia	145-80-215

Men's Master M5 60-64

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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52

S	90	Grachev Nikolai	56	RUS	8/12/2018	Kursk Russia	4th
B	73	Grachev Nikolai	56	RUS	8/12/2018	Kursk Russia	4th

D	132.5	Grachev Nikolai	56	RUS	8/12/2018	Kursk Russia	4th
T	290	Grachev Nikolai	56	RUS	8/12/2018	Kursk Russia	87.5-72.5-130
56							
S							
B							
D							
T							
60							
S	60	Bobrovitz Gary	52	CAN	6/26/2016	Amherst Canada	
B	107.5	Bobrovitz Gary	52	CAN	6/26/2016	Amherst Canada	
D	60	Bobrovitz Gary	52	CAN	6/26/2016	Amherst Canada	
T	257.5	Bobrovitz Gary	52	CAN	6/26/2016	Amherst Canada	60-107.5-60
67.5							
S	140.5	Garlitz Dale	50	USA	8/29/2014	Idaho Falls	
B	105.5	Garlitz Dale	50	USA	8/29/2014	Idaho Falls	
D	182.5	Selkee Arto	60	FIN	4/2/2022	Lahti Finland	
T	405	Garlitz Dale	50	USA	8/29/2014	Idaho Falls	140-105-160
75							
S	205.0	Ponedelin, Alexandr	50	RUS	4/20/2012	Rostov	
B	125.0	Ambrose Jim	51	AUS	8/2/2014	Qld Australia	
D	222.5	Ambrose Jim	51	AUS	8/2/2014	Qld Australia	
T	522.5	Ambrose Jim	51	AUS	8/2/2014	Qld Australia	175-125-222.5
82.5							
S	202.5	Petersen Doug	55	USA	5/7/2016	Lombard IL	
B	142.5	Harris Jim	56	USA	6/16/2019	Grand Rapids MI	
D	245	Grabars Vadims	51	LAT	6/12/2015	Riga, Latvia	
T	545	Harris Jim	56	USA	6/16/2019	Grand Rapids MI	175-142.5-227.5
90							
S	220.0	Smuk Ferenc	52	HUN	11/24/2014	Bratislava Slovakia	
B	162.5	Draper Mike	64	AUS	8/6/2026	Fremantle West Australia	
D	250.0	Kylis Steve	52	USA	11/11/2014	West Palm Beach FL	
T	622.5	Draper Mike	64	AUS	8/6/2026	Fremantle West Australia	220-162.5-240
100							
S	222.5	Loic Poirier	61	FRA	4/19/2026	Autun France	
B	167.5	Sztanke Jozsef	54	HUN	12/8/2015	Prague Czech	
D	245	Wolbers, Jon	48	CAN	9/4/2010	Idaho Falls	
T	612.5	Sztanke Jozsef	54	HUN	12/8/2015	Prague Czech	215-167.5-230
110							
S	226.0	Dabrowski Jaroslaw	66	POL	6/1/2026	Limerick Ireland	
B	172.5	Dabrowski Jaroslaw	66	POL	6/1/2026	Limerick Ireland	
D	300.0	Dabrowski Jaroslaw	66	POL	6/1/2026	Limerick Ireland	
T	697.5	Dabrowski Jaroslaw	66	POL	6/1/2026	Limerick Ireland	225-172.5-300
125							
S	191.0	Jones Gary	64	AUS	8/6/2026	Fremantle West Australia	
B	185.0	Goldberg Frederick	59	USA	11/2/2022	Orlando FL	
D	250.0	Jones Gary	64	AUS	8/6/2026	Fremantle West Australia	
T	607.5	Jones Gary	64	AUS	8/6/2026	Fremantle West Australia	190-167.5-250
140							
S	235.0	Wisbey Leigh	62	AUS	8/20/2022	Adelaide Australia	
B	167.5	Dvorak Terry	63	USA	6/30/2023	Salt Lake City UT	
D	285.0	Wisbey Leigh	62	AUS	8/20/2022	Adelaide Australia	
T	617.5	Wisbey Leigh	62	AUS	8/20/2022	Adelaide Australia	235-97.5-285

S
B
D
T

140+

Men's Master M6 65-69

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
S B D T		52					
S B D T		56					
		60					
S	62.5	Bobrovitz Gary	52	CAN	6/3/2017	Ontario Canada	
B	110	Bobrovitz Gary	52	CAN	6/3/2017	Ontario Canada	
D	60	Bobrovitz Gary	52	CAN	6/3/2017	Ontario Canada	
T	232.5	Bobrovitz Gary	52	CAN	6/3/2017	Ontario Canada	62.5-110-60
		67.5					
S	155	Burkhard Steffen	50	GER	12/8/2015	Prague Czech	
B	110.5	Bobrovitz Gary	52	CAN	11/7/2018	Orlando FL	
D	195	Wider Mike	47	USA	11/8/2016	Baton Rouge LA	
T	427.5	Garlitz Dale	50	USA	9/2/2017	Idaho Falls ID	147.5-105-175
		75					
S	190	Kravtsov, Petro	46	RUS	3/27/2011	Kyryvi Rig, Ukraine	
B	132.5	Chepets, Yuri	43	RUS	11/8/2012	Las Vegas NV	
D	210	Pereira Birchmans	46	CAN	8/29/2014	Idaho Falls ID	
T	517.5	Chepets, Yuri	43	RUS	11/8/2012	Las Vegas NV	185-132.5-200
		82.5					
S	230.0	Chepets, Yuri	43	RUS	8/13/2011	Yekaterinbourg	4th
B	155.0	Weathers Dennis	52	USA	9/2/2017	Idaho Falls ID	4th
D	227.5	Harris Jim	56	USA	6/13/2021	Fort Lauderdale FL	
T	585.0	Chepets, Yuri	43	RUS	8/13/2011	Yekaterinbourg	225-150-210
		90					
S	185.5	Marotta Rosario	54	ITA	11/16/2021	Trofa Portugal	
B	140.0	Butler Laurie	47	AUS	8/2/2014	Qld Australia	
D	226.0	Marotta Rosario	54	ITA	11/16/2021	Trofa Portugal	
T	530.0	Marotta Rosario	54	ITA	11/16/2021	Trofa Portugal	185-120-225
		100					
S	182.5	Sochanski Stefan	48	POL	6/12/2015	Riga Latvia	
B	155.0	Breaux Vince	45	USA	11/8/2012	Las Vegas NV	4th
D	220.0	Sochanski Stefan	48	POL	6/12/2015	Riga Latvia	
T	512.5	Sochanski Stefan	48	POL	6/12/2015	Riga Latvia	182.5-110-220
		110					
S	182.5	Sheehan Timothy	52	USA	5/6/2018	Lake Buena Vista FL	
B	151.0	Hehl Scott	60	USA	8/28/2025	Idaho Falls ID	
D	210.0	Shantsyn Yuriy	49	RUS	8/2/2015	Blagoveschensk	4th
T	512.5	Hehl Scott	60	USA	8/28/2025	Idaho Falls ID	175-145-192.5

125						
S	200.0	Chevronyshov Vladimir	48	RUS	10/30/2013	Prague
B	132.5	Chevronyshov Vladimir	48	RUS	10/30/2013	Prague
D	220.0	Chevronyshov Vladimir	48	RUS	10/30/2013	Prague
T	552.5	Chevronyshov Vladimir	48	RUS	10/30/2013	Prague
						200-132.5-220

140						
S						
B						
D						
T						

140+						
S						
B						
D						
T						

Men's Master M7 70-74

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S							
B							
D							
T							
56							
S	95.0	Dambinov, Alexander	36	RUS	2/26/2009	Chelyabinsk, RUS	
B	65.0	Dambinov, Alexander	36	RUS	2/26/2009	Chelyabinsk, RUS	
D	135.0	Dambinov, Alexander	36	RUS	2/26/2009	Chelyabinsk, RUS	
T	295.0	Dambinov, Alexander	36	RUS	2/26/2009	Chelyabinsk, RUS	95-65-135-295
60							
S							
B							
D							
T							
67.5							
S	125.0	Wider Mike	47	USA	5/6/2018	Lake Buena Vista FL	
B	100.0	Mattison, Robert	37	USA	4/17/2010	Detroit	
D	192.5	Wider Mike	47	USA	11/7/2018	Orlando FL	
T	395.0	Wider Mike	47	USA	5/6/2018	Lake Buena Vista FL	125-80-190
75							
S	180.0	Chepets Yuriy	43	RUS	8/10/2013	Kursk	
B	100.0	Chepets Yuriy	43	RUS	8/10/2013	Kursk	
D	210.0	Pereira Birchmans	46	CAN	9/3/2016	Idaho Falls	
T	465.0	Chepets Yuriy	43	RUS	8/10/2013	Kursk	180-100-185
82.5							
S	205	Chepets Yuriy	43	RUS	10/30/2013	Prague	
B	115	Chepets Yuriy	43	RUS	10/30/2013	Prague	
D	200	Chepets Yuriy	43	RUS	10/30/2013	Prague	
T	520	Chepets Yuriy	43	RUS	10/30/2013	Prague	205-115-200
90							
S	205.0	Nugumanov, Valery	39	RUS	4/20/2012	Rostov	
B	115.0	Nugumanov, Valery	39	RUS	10/2/2009	Rostov	
D	200.0	Nugumanov, Valery	39	RUS	4/20/2012	Rostov	
T	520.0	Nugumanov, Valery	39	RUS	4/20/2012	Rostov	205-115-200

100						
S	205	Bystrov, Valeriy	41	RUS	11/8/2012	Las Vegas NV
B	115	Bystrov, Valeriy	41	RUS	11/8/2012	Las Vegas NV
D	227.5	Oram Peter	54	GBR	11/4/2025	Durban South Africa
T	525	Bystrov, Valeriy	41	RUS	11/8/2012	Las Vegas NV
						205-115-205

110						
S	190.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls
B	170.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls
D	220.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls
T	580.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls
						190-170-220

125						
S						
B						
D						
T						

140						
S						
B						
D						
T						

140+						
S						
B						
D						
T						

Men's Master M8 75-79

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52							
S							
B							
D							
T							
56							
S							
B							
D							
T							
60							
S	55.0	Smith, Steve	33	USA	6/13/2009	West Palm Beach	
B	75.0	Smith, Steve	33	USA	6/13/2009	West Palm Beach	
D	120.0	Smith, Steve	33	USA	6/13/2009	West Palm Beach	
T	250.0	Smith, Steve	33	USA	6/13/2009	West Palm Beach	55-75-120
67.5							
S	128	Ruzin Ernest	37	ISR	12/8/2015	Prague Czech	
B	78	Ruzin Ernest	37	ISR	12/8/2015	Prague Czech	
D	167.5	Wider Mike	47	USA	11/14/2024	Lisle IL	
T	365	Ruzin Ernest	37	ISR	12/8/2015	Prague Czech	127.5-77.5-160
75							
S	120	Rubin, Grigori	36	ISR	6/11/2014	Baku	
B	98	Smoker Jon	47	USA	6/3/2022	Lombard IL	
D	162.5	Rubin, Grigori	36	ISR	6/11/2014	Baku	
T	380	Rubin, Grigori	36	ISR	6/11/2014	Baku	120-97.5-162.5

82.5						
S	115	Rubin Grigori	36	ISR	6/12/2015	Riga Latvia
B	95	Rubin Grigori	36	ISR	6/12/2015	Riga Latvia
D	161	Rubin Grigori	36	ISR	6/12/2015	Riga Latvia
T	370	Rubin Grigori	36	ISR	6/12/2015	Riga Latvia
115-95-160						
90						
S	160.0	Nugumanov Valeriy	39	RUS	7/9/2016	Novosibirsk
B	105.0	Nugumanov Valeriy	39	RUS	7/9/2016	Novosibirsk
D	170.0	Nugumanov Valeriy	39	RUS	7/9/2016	Novosibirsk
T	435.0	Nugumanov Valeriy	39	RUS	7/9/2016	Novosibirsk
160-105-170						
100						
S	130	Forys Kazimierz	45	USA	11/2/2023	Manchester UK
B	120	Forys Kazimierz	45	USA	11/2/2023	Manchester UK
D	200	Forys Kazimierz	45	USA	11/2/2023	Manchester UK
T	450	Forys Kazimierz	45	USA	11/2/2023	Manchester UK
130-120-200						
110						
S	165.0	Callender Robert	46	USA	8/31/2023	Idaho Falls ID
B	145.0	Callender Robert	46	USA	8/31/2023	Idaho Falls ID
D	205.0	Callender Robert	46	USA	8/31/2023	Idaho Falls ID
T	510.0	Callender Robert	46	USA	8/31/2023	Idaho Falls ID
4th						
165-140-205						
125						
S	170.0	Callender Robert	46	USA	8/28/2025	Idaho Falls ID
B	142.5	Callender Robert	46	USA	8/28/2025	Idaho Falls ID
D	202.5	Callender Robert	46	USA	8/28/2025	Idaho Falls ID
T	515.0	Callender Robert	46	USA	8/28/2025	Idaho Falls ID
170-142.5-202.5						
140						
S						
B						
D						
T						
140+						
S						
B						
D						
T						

Men's Master M9 80-84

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52						
S						
B						
D						
T						
56						
S						
B						
D						
T						
60						
S						
B						
D						
T						

67.5						
S	125	Ruzin Ernst	37	ISR	11/3/2017	Moscow Russia
B	95	Mattison Robert	37	USA	9/2/2017	Idaho Falls ID
D	167.5	Ruzin Ernst	37	ISR	11/3/2017	Moscow Russia
T	367.5	Ruzin Ernst	37	ISR	11/3/2017	Moscow Russia
125-75-167.5						

75

S
B
D
T

82.5						
S	100	Zwaan Adrian	38	AUS	4/25/2021	Melbourne Australia
B	60	Zwaan Adrian	38	AUS	4/25/2021	Melbourne Australia
D	150	Zwaan Adrian	38	AUS	4/25/2021	Melbourne Australia
T	310	Zwaan Adrian	38	AUS	4/25/2021	Melbourne Australia
100-60-150						

90						
S	125.0	Nugumanov Valeriy	39	RUS	9/25/2022	Krasnodar Russia
B	85.0	Nugumanov Valeriy	39	RUS	9/25/2022	Krasnodar Russia
D	152.5	Nugumanov Valeriy	39	RUS	9/25/2022	Krasnodar Russia
T	362.5	Nugumanov Valeriy	39	RUS	9/25/2022	Krasnodar Russia
125-85-152.5						

100

S
B
D
T

110

S
B
D
T

125

S
B
D
T

140

S
B
D
T

140+

S
B
D
T

Men's Master M10 85-89

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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52

S
B
D
T

56

S
B
D
T

60

S
B
D
T

67.5

S
B
D
T

75

S	50	Beynon Thomas Henry	39	AUS	8/6/2026	Fremantle West Australia	
B	45	Beynon Thomas Henry	39	AUS	8/6/2026	Fremantle West Australia	
D	100	Beynon Thomas Henry	39	AUS	8/6/2026	Fremantle West Australia	
T	195	Beynon Thomas Henry	39	AUS	8/6/2026	Fremantle West Australia	50-45-100

82.5

S	80	Zwaan Adrian	38	AUS	4/25/2024	Melbourne Australia	
B	50	Zwaan Adrian	38	AUS	4/25/2024	Melbourne Australia	
D	140	Zwaan Adrian	38	AUS	4/25/2024	Melbourne Australia	
T	270	Zwaan Adrian	38	AUS	4/25/2024	Melbourne Australia	80-50-140

90

S
B
D
T

100

S
B
D
T

110

S
B
D
T

125

S
B
D
T

140

S
B
D
T

140+

SB

D
T

WPC Raw Women's Open							
	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
		44					
S	81	Pomerantsev Irina	70	ISR	6/5//16	Stoke-on-Trent UK	
B	65	Pomerantsev Irina	70	ISR	6/8/2015	Riga Latvia	
D	110	Guliyeva Elnara	86	AZE	6/11/2014	Baku	
T	252.5	Pomerantsev Irina	70	ISR	6/8/2015	Riga Latvia	80-65-107.5
		48					
S	120	Misaylova Alina	88	RUS	8/2/2015	Blagoveschensk	
B	80.0	Misaylova Alina	88	RUS	8/2/2015	Blagoveschensk	
D	155.0	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL	
T	332.5	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL	110-67.5-155
		52					
S	145.0	Talibova Gunel	82	AZE	6/11/2014	Baku	
B	90.0	Talibova Gunel	82	AZE	6/3/2013	Portugal	
D	185.0	Talibova Gunel	82	AZE	11/8/2012	Las Vegas NV	
T	405.0	Talibova Gunel	82	AZE	11/8/2012	Las Vegas NV	132.5-87.5-185
		56					
S	155.0	Talibova Gunel	82	AZE	6/8/2015	Riga Latvia	4th
B	97.5	Lemenovskaya Marina	85	RUS	11/1/2014	Saint Petersburg	
D	197.5	Abramova Yuliya	82	RUS	5/29/2021	Moscow Russia	
T	430.0	Talibova Gunel	82	AZE	11/12/2014	West Palm Beach FL	150-90-190
		60					
S	205.0	Gaspavyan Marianna	89	KAZ	11/12/2014	West Palm Beach FL	
B	125.0	Bondarchuk Elena	80	RUS	6/25/2023	Bishkek Kyrgyzstan	
D	202.5	Bondarchuk Elena	80	RUS	6/25/2023	Bishkek Kyrgyzstan	
T	515.0	Gaspavyan Marianna	89	KAZ	11/12/2015	Maia Portugal	205-120-190
		67.5					
S	200.0	Sheppard Naomi	91	GBR	11/8/2018	Orlando FL	
B	135.0	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	
D	222.5	Dunbar Eva	81	CAN	11/12/2014	West Palm Beach FL	
T	532.5	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	182.5-135-215
		75					
S	197.5	Stallings, Taylar	85	USA	4/30/2011	Orlando	
B	135.5	Bondarchuk Elena	80	RUS	4/13/2025	Saint Petersburg Russia	
D	235.0	Stallings, Taylar	85	USA	4/30/2011	Orlando	
T	550.0	Stallings, Taylar	85	USA	4/30/2011	Orlando	197.5-117.5-235
		82.5					
S	220.0	Merezhko, Tatyana	78	RUS	6/8/2015	Riga Latvia	
B	137.5	Eunice Miranda	75	USA	6/14/2015	Grand Rapids MI	
D	227.5	Merezhko, Tatyana	78	RUS	6/8/2015	Riga Latvia	
T	542.5	Merezhko, Tatyana	78	RUS	10/30/2013	Prague	207.5-110-225
		90					
S	215.0	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar	
B	137.5	Miranda Eunice	77	POR	11/7/2018	Orlando FL	
D	235.0	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar	
T	560.0	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar	215-110-235
		100					
S	157.5	Barbieri Stephanie	82	USA	6/13/2025	Royal Oak MI	
B	107.5	Phoenix Amber	88	CAN	10/31/2023	Manchester UK	

D	186.0	Barbieri Stephanie	82	USA	6/13/2025	Royal Oak MI	
T	417.5	Barbieri Stephanie	82	USA	6/13/2025	Royal Oak MI	157.5-75-185
110							
S	182.5	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT	
B	85.0	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT	
D	175.0	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT	
T	442.5	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT	182.5-85-175
110+							
S	277.5	Mathis, April	87	USA	4/30/2011	Orlando	
B	187.5	Mathis, April	87	USA	4/30/2011	Orlando	
D	262.5	Mathis, April	87	USA	4/30/2011	Orlando	
T	727.5	Mathis, April	87	USA	4/30/2011	Orlando	277.5-187.5-262.5

Women's T1 13-15

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	67.5	Aitken Hannah-Joy	2012	AUS	8/2/2025	Brisbane Australia	
B	37.5	Aitken Hannah-Joy	2012	AUS	8/2/2025	Brisbane Australia	
D	100	Aitken Hannah-Joy	2012	AUS	8/2/2025	Brisbane Australia	
T	200	Aitken Hannah-Joy	2012	AUS	8/2/2025	Brisbane Australia	67.5-37.5-100
48							
S	80	Ragab Rawda	2008	EGY	2/3/2024	Hurghada Egypt	
B	45	Ragab Rawda	2008	EGY	2/3/2024	Hurghada Egypt	
D	90	Ihamaki Vivian	2007	FIN	4/22/2023	Finland	
T	215	Ragab Rawda	2008	EGY	2/3/2024	Hurghada Egypt	80-45-90
52							
S	105.0	Habiba Said Mohamed	2010	EGY	3/8/2023	Hurgada City Egypt	
B	55.0	Marsee Mattilyn	2004	USA	5/4/2018	Lake Buena Vista FL	
D	120.0	Marsee Mattilyn	2004	USA	5/4/2018	Lake Buena Vista FL	
T	267.5	Marsee Mattilyn	2004	USA	5/4/2018	Lake Buena Vista FL	92.5-55-120
56							
S	92.5	Salasina Yelizaveta	2001	RUS	8/11/2017	Kursk	
B	60.0	Salasina Yelizaveta	2001	RUS	8/11/2017	Kursk	
D	120.0	Salasina Yelizaveta	2001	RUS	8/11/2017	Kursk	
T	272.5	Salasina Yelizaveta	2001	RUS	8/11/2017	Kursk	92.5-60-120
60							
S	85.5	Mohamed Roqia	2009	EGY	2/3/2024	Hurghada Egypt	
B	55.0	Mohamed Roqia	2009	EGY	2/3/2024	Hurghada Egypt	
D	130.0	Stephens Amber	2001	AUS	8/12/2017	Brisbane Australia	
T	260.0	Stephens Amber	2001	AUS	8/12/2017	Brisbane Australia	85-45-130
67.5							
S	93.0	Kuusisto Oona	2010	FIN	6/10/2024	Salo Finland	
B	50.0	Kuusisto Oona	2010	FIN	3/23/2024	Tampere Finland	
D	120.0	Kuusisto Oona	2010	FIN	6/10/2024	Salo Finland	
T	257.5	Kuusisto Oona	2010	FIN	6/10/2024	Salo Finland	92.5-45-120
75							
S	142.5	Tremblay Camille	98	CAN	6/2/2012	Ontario, Canada	
B	63.0	Bananno Elena	2007	ITA	11/16/2021	Trofa Portugal	
D	147.5	Tremblay Camille	98	CAN	6/2/2012	Ontario, Canada	
T	352.5	Tremblay Camille	98	CAN	6/2/2012	Ontario, Canada	142.5-62.5-147.5
82.5							
S	155.0	Abdemoulaie Audrey	2012	USA	5/7/2026	Farmington UT	
B	70.0	Abdemoulaie Audrey	2012	USA	5/7/2026	Farmington UT	
D	147.5	Abdemoulaie Audrey	2012	USA	5/7/2026	Farmington UT	4th

T	370.0	Abdemoulaie Audrey	2012	USA	5/7/2026	Farmington UT	155-70-145
90							
S	160.0	MacCobb Sophie	2009	IRE	10/31/2023	Manchester UK	4th
B	80.0	MacCobb Sophie	2009	IRE	10/31/2023	Manchester UK	
D	140.0	MacCobb Sophie	2009	IRE	10/31/2023	Manchester UK	4th
T	360.0	MacCobb Sophie	2009	IRE	10/31/2023	Manchester UK	150-80-130
100							
S	130	Martin Roselyn	2008	USA	7/1/2023	Salt Lake City UT	4th
B	62.5	Martin Roselyn	2008	USA	10/31/2023	Manchester UK	
D	142.5	Martin Roselyn	2008	USA	10/31/2023	Manchester UK	4th
T	327.5	Martin Roselyn	2008	USA	10/31/2023	Manchester UK	127.5-62.5-137.5
110							
S							
B							
D							
T							
110+							
S	82.5	Kirby Tara	99	CAN	6/5/2015	Ontario Canada	4th
B	57.5	Kirby Tara	99	CAN	6/5/2015	Ontario Canada	
D	140.0	Naert Kaitie	2002	USA	5/6/2016	Lombard IL	
T	275.0	Naert Kaitie	2002	USA	5/6/2016	Lombard IL	82.5-52.5-140
Women's T2 16-17							
	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S							
B							
D							
T							
48							
S	95	Markova Darya	95	RUS	8/16/2012	Novorossiysk	
B	70	Markova Darya	95	RUS	8/16/2012	Novorossiysk	
D	107.5	Alaa Haania	2007	EGY	2/2/2025	Giza Egypt	
T	265	Markova Darya	95	RUS	8/16/2012	Novorossiysk	95-70-100
52							
S	117.5	Habiba Said	2007	EGY	2/3/2024	Hurghada Egypt	
B	65.0	Habiba Said	2007	EGY	2/3/2024	Hurghada Egypt	
D	127.5	Mostafa Nada	2007	EGY	2/2/2025	Giza Egypt	
T	305.0	Habiba Said	2007	EGY	2/3/2024	Hurghada Egypt	117.5-65-125
56							
S	113.0	Pieto Elisa	2004	FRA	4/30/2022	Trelaze France	4th
B	62.5	Pieto Elisa	2004	FRA	4/30/2022	Trelaze France	
D	155.0	Pieto Elisa	2004	FRA	4/30/2022	Trelaze France	
T	330.0	Pieto Elisa	2004	FRA	4/30/2022	Trelaze France	112.5-62.5-155
60							
S	130.0	Ponamareva Elina	98	KAZ	11/12/2015	Maia Portugal	
B	67.5	Ponamareva Elina	98	KAZ	11/12/2015	Maia Portugal	
D	160.0	Ponamareva Elina	98	KAZ	11/12/2015	Maia Portugal	
T	357.5	Ponamareva Elina	98	KAZ	11/12/2015	Maia Portugal	130-67.5-160
67.5							
S	132.5	Barnes Maren	2008	USA	8/29/2025	Idaho Falls ID	
B	90.0	Morozova Svetlana	99	RUS	4/24/2016	Krasnodar	4th
D	175.0	Hassan Nada	97	CAN	6/5/2015	Ontario Canada	4th

T	370.0	Hassan Nada	97	CAN	6/5/2015	Ontario Canada	115-85-170
75							
S	140.0	Rivera Isabelle	2003	USA	10/25/2020	Lombard IL	
B	80.0	Hassan Nada	97	CAN	6/6/2014	Ontario Canada	
D	160.0	Rivera Isabelle	2003	USA	8/15/2020	Fort Lauderdale FL	4th
T	360.0	Rivera Isabelle	2003	USA	8/15/2020	Fort Lauderdale FL	137.5-67.5-155
82.5							
S	122.5	Stuffins Gabrielle	2007	GBR	1/14/2024	Lisle IL	
B	75.0	Stuffins Gabrielle	2007	GBR	1/14/2024	Lisle IL	
D	175.0	Stuffins Gabrielle	2007	GBR	1/14/2024	Lisle IL	
T	372.5	Stuffins Gabrielle	2007	GBR	1/14/2024	Lisle IL	122.5-75-175
90							
S	170.0	Rivera Isabelle	2003	USA	11/7/2019	Lahti Finland	
B	80.0	Rivera Isabelle	2003	USA	11/7/2019	Lahti Finland	
D	180.0	Rivera Isabelle	2003	USA	11/7/2019	Lahti Finland	
T	430.0	Rivera Isabelle	2003	USA	11/7/2019	Lahti Finland	170-80-180
100							
S							
B							
D							
T							
110							
S							
B							
D							
T							
110+							
S	122.5	Devin Jena	95	CAN	6/7/2013	Ontario, Canada	
B	65.0	Devin Jena	95	CAN	6/7/2013	Ontario, Canada	
D	157.5	Devin Jena	95	CAN	6/7/2013	Ontario, Canada	
T	345.0	Devin Jena	95	CAN	6/7/2013	Ontario, Canada	122.5-65-157.5

Women's T3 18-19

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	62.5	Aksarova Snezhana	93	RUS	8/17/2013	Novosibirsk	
B	45	Aksarova Snezhana	93	RUS	8/17/2013	Novosibirsk	
D	80	Aksarova Snezhana	93	RUS	8/17/2013	Novosibirsk	
T	187.5	Aksarova Snezhana	93	RUS	8/17/2013	Novosibirsk	62.5-45-80
48							
S	72.5	Newton, Monique	92	GBR	11/16/2011	Riga, Latvia	
B	52.5	Grownowski Alexis	96	USA	11/12/2014	West Palm Beach FL	
D	115	Newton, Monique	92	GBR	11/16/2011	Riga, Latvia	
T	225	Newton, Monique	92	GBR	11/16/2011	Riga, Latvia	72.5-37.5-115
52							
S	110.0	Sergeeva Yuliya	95	RUS	8/17/2013	Novosibirsk	
B	67.5	Sergeeva Yuliya	95	RUS	8/17/2013	Novosibirsk	
D	155.0	Sergeeva Yuliya	95	RUS	8/17/2013	Novosibirsk	
T	332.5	Sergeeva Yuliya	95	RUS	8/17/2013	Novosibirsk	110-67.5-155
56							
S	105.0	Castaneda Paulina	95	COL	11/11/2014	West Palm Beach FL	
B	60.0	Gardiner Laurane	97	FRA	11/12/2015	Maia Portugal	
D	130.0	Castaneda Paulina	95	COL	11/11/2014	West Palm Beach FL	

T	290.0	Castaneda Paulina	95	COL	11/11/2014	West Palm Beach FL	105-55-130
60							
S	115.0	Lovelace Rhianon	96	GBR	11/12/2015	Maia Portugal	
B	65.0	Welch Hailey	96	USA	11/11/2014	West Palm Beach FL	
D	135.0	Lovelace Rhianon	96	GBR	11/12/2015	Maia Portugal	
T	315.0	Lovelace Rhianon	96	GBR	11/12/2015	Maia Portugal	115-65-135
67.5							
S	125.0	Bochenek Kate	99	USA	11/8/2016	Baton Rouge LA	4th
B	70.5	Okib Nada	2006	EGY	2/2/2025	Giza Egypt	
D	152.5	Bochenek Kate	99	USA	11/8/2016	Baton Rouge LA	
T	325.0	Okib Nada	2006	EGY	2/2/2025	Giza Egypt	107,5-70-147.5
75							
S	155.0	Cavalier Louly	2003	FRA	4/30/2023	France	
B	98.0	Sedlock McKayla	2006	USA	8/29/2025	Idaho Falls ID	4th
D	170.0	Cavalier Louly	2003	FRA	4/30/2023	France	
T	405.0	Cavalier Louly	2003	FRA	4/30/2023	France	155-80-170
82.5							
S	155.0	Smith, Alyssa	92	CAN	6/12/2011	Ontario, Can	
B	72.5	Smith, Alyssa	92	CAN	6/12/2011	Ontario, Can	
D	180.0	Smith, Alyssa	92	CAN	6/12/2011	Ontario, Can	
T	407.5	Smith, Alyssa	92	CAN	6/12/2011	Ontario, Can	155-72.5-180
90							
S	157.5	McCloskey Anna	93	USA	11/8/2012	Las Vegas NV	
B	90.0	McCloskey Anna	93	USA	11/8/2012	Las Vegas NV	
D	212.5	McCloskey Anna	93	USA	11/8/2012	Las Vegas NV	
T	460.0	McCloskey Anna	93	USA	11/8/2012	Las Vegas NV	157.5-90-212.5
100							
S							
B							
D							
T							
110							
S							
B							
D							
T							
110+							
S	137.5	Hammer Kaylee	2001	USA	10/27/2019	St Charles IL	
B	60.0	Hammer Kaylee	2001	USA	10/27/2019	St Charles IL	
D	132.5	Hammer Kaylee	2001	USA	10/27/2019	St Charles IL	
T	330.0	Hammer Kaylee	2001	USA	10/27/2019	St Charles IL	137.5-60-132.5

Women's Junior

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	55.0	Eminova Lilya	92	RUS	4/7/2013	Krasnodar	
B	30.0	Eminova Lilya	92	RUS	10/22/2012	Krasnodar	
D	85.0	Eminova Lilya	92	RUS	4/7/2013	Krasnodar	
T	170.0	Eminova Lilya	92	RUS	4/7/2013	Krasnodar	55-30-85
48							
S	102.5	Serio Emma	2001	USA	7/1/2023	Salt Lake City UT	
B	67.5	Serio Emma	2001	USA	7/1/2023	Salt Lake City UT	
D	127.5	Mohamed Rawan	2004	EGY	2/2/2025	Giza Egypt	

T	292.5	Serio Emma	2001	USA	7/1/2023	Salt Lake City UT	102.5-67.5-122.5
52							
S	142.5	Allor Mary	97	USA	11/7/2018	Orlando FL	4th
B	75.0	Antipova, Agnessa	88	RUS	2/26/2009	Chelyabinsk	
D	170.0	Allor Mary	97	USA	11/7/2018	Orlando FL	
T	367.5	Allor Mary	97	USA	11/7/2018	Orlando FL	135-62.5-170
56							
S	125.0	Martinez Silvia		POR	4/13/2019	Portugal	
B	88.0	Starygina, Natalya	86	RUS	10/2/2009	Rostov	
D	160.0	Martinez Silvia		POR	4/13/2019	Portugal	
T	355.0	Martinez Silvia		POR	4/13/2019	Portugal	125-70-160
60							
S	180.0	Patelczyk Kasandra Lucyna	2000	POL	6/22/2022	Hungary	
B	82.5	Nicholson Irene	98	USA	6/11/2021	Fort Lauderdale FL	
D	190.0	Huseynova Zarifa	95	AZE	11/3/2017	Moscow Russia	
T	432.5	Patelczyk Kasandra Lucyna	2000	POL	6/22/2022	Hungary	180-77.5-175
67.5							
S	165.0	Santos Patricia	93	POR	11/8/2016	Baton Rouge LA	4th
B	97.5	Santos Patricia	93	POR	11/8/2016	Baton Rouge LA	4th
D	185.0	Barbetta Maureen	93	CAN	11/8/2016	Baton Rouge LA	
T	435.0	Santos Patricia	93	POR	11/8/2016	Baton Rouge LA	160-95-180
75							
S	163.0	Wilson Keara	96	USA	11/7/2018	Orlando FL	
B	105.0	Wilson Keara	96	USA	11/7/2018	Orlando FL	
D	197.5	Heal Kayla	90	USA	6/8/2014	Grand Rapids MI	
T	450.0	Wilson Keara	96	USA	11/7/2018	Orlando FL	162.5-105-182.5
82.5							
S	180.0	Smith Alyssa	92	CAN	11/8/2012	Las Vegas NV	
B	95.0	McCloskey Anna	93	USA	11/11/2014	West Palm Beach FL	
D	220.0	McCloskey Anna	94	USA	11/12/2014	West Palm Beach FL	
T	482.5	McCloskey Anna	95	USA	11/13/2014	West Palm Beach FL	167.5-95-220
90							
S	167.5	McCloskey Anna	93	USA	10/30/2013	Prague	
B	90.0	McCloskey Anna	93	USA	10/30/2013	Prague	
D	202.5	McCloskey Anna	93	USA	10/30/2013	Prague	
T	460.0	McCloskey Anna	93	USA	10/30/2013	Prague	167.5-90-202.5
100							
S	145	Pearce Elyssa	2003	AUS	8/2/2025	Brisbane Australia	
B	84	Pearce Elyssa	2003	AUS	8/2/2025	Brisbane Australia	
D	180	Pearce Elyssa	2003	AUS	8/2/2025	Brisbane Australia	
T	407.5	Pearce Elyssa	2003	AUS	8/2/2025	Brisbane Australia	145-82.5-180
110							
S							
B							
D							
T							
110+							
S	277.5	Mathis, April	87	USA	4/30/2011	Orlando	
B	187.5	Mathis, April	87	USA	4/30/2011	Orlando	
D	262.5	Mathis, April	87	USA	4/30/2011	Orlando	
T	727.5	Mathis, April	87	USA	4/30/2011	Orlando	277.5-187.5-262.5

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total	
S B D T		44						
		48						
	S	110	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL	
	B	67.5	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL	
D	155	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL		
T	332.5	Rothrman Lisa	76	USA	11/12/2014	West Palm Beach FL	110-67.5-155	
		52						
S	122.5	Mosquera Yoana	78	COL	11/12/2014	West Palm Beach FL		
B	72.5	Mosquera Yoana	78	COL	11/12/2014	West Palm Beach FL		
D	147.5	Zhuk Yuliya	86	RUS	9/23/2023	Gelendzhik Russia		
T	325.0	Mosquera Yoana	78	COL	11/12/2014	West Palm Beach FL	122.5-72.5-130	
		56						
S	155	Talybova Gunel	82	AZE	6/8/2015	Riga Latvia	4th	
B	92.5	Talybova Gunel	82	AZE	6/8/2015	Riga Latvia		
D	197.5	Abramova Yuliya	82	RUS	5/29/2021	Moscow Russia		
T	420	Talybova Gunel	82	AZE	6/8/2015	Riga Latvia	152.5-92.5-175	
		60						
S	145	Webb Dana	90	USA	11/14/2024	Lisle IL		
B	107.5	Webb Dana	90	USA	11/14/2024	Lisle IL		
D	182.5	Dzhulay Anastasia	85	RUS	12/1/2024	Moscow Russia		
T	412.5	Dzhulay Anastasia	85	RUS	12/1/124	Moscow Russia	140-90-182.5	
		67.5						
S	182.5	Dunbar Eva	81	CAN	11/12/2014	West Palm Beach FL		
B	110	Kharina Valentina	77	RUS	6/9/2012	Moscow		
D	222.5	Dunbar Eva	81	CAN	11/12/2014	West Palm Beach FL		
T	515	Dunbar Eva	81	CAN	11/12/2014	West Palm Beach FL	182.5-110-222.5	
		75						
S	177.5	Draher Tracy	75	USA	6/8/2014	Grand Rapids MI		
B	127.5	Draher Tracy	75	USA	6/8/2014	Grand Rapids MI		
D	202.5	Doga Victoriya	82	RUS	6/12/2020	Moscow Russia		
T	490	Draher Tracy	75	USA	6/8/2014	Grand Rapids MI	177.5-127.5-185	
		82.5						
S	220.0	Merezhko, Tatyana	78	RUS	6/8/2015	Riga Latvia		
B	125.0	Draher Tracy	75	USA	6/14/2015	Grand Rapids MI		
D	227.5	Merezhko, Tatyana	78	RUS	6/8/2015	Riga Latvia		
T	542.5	Merezhko, Tatyana	78	RUS	10/30/2013	Prague	207.5-110-225	
		90						
S	215	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar		
B	110.0	Merezhko, Tatyana	78	RUS	6/15/2013	Moscow		
D	235	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar		
T	560	Merezhko, Tatyana	78	RUS	4/18/2014	Krasnodar	215-110-235	
		100						
S	147.5	Phoenix Amber	87	CAN	10/31/2023	Manchester UK	4th	
B	107.5	Phoenix Amber	87	CAN	10/31/2023	Manchester UK		
D	160	Pantoja De Abreu Paola	88	FRA	4/30/2023	France		
T	400	Phoenix Amber	87	CAN	10/31/2023	Manchester UK	142.5-107.5-150	
		110						

S	152.5	Stewart Brianna	90	USA	6/13/2025	Royal Oak MI	
B	97.5	Stewart Brianna	90	USA	6/13/2025	Royal Oak MI	
D	190	Stewart Brianna	90	USA	6/13/2025	Royal Oak MI	
T	440	Stewart Brianna	90	USA	6/13/2025	Royal Oak MI	152.5-97.5-190

110+

S	160	Lee Lindsey	81	USA	5/6/2016	Lombard IL	
B	112.5	Oberg Ann Christin	77	SWE	6/8/2015	Riga Latvia	
D	200	Oberg Ann Christin	77	SWE	6/8/2015	Riga Latvia	4th
T	450	Oberg Ann Christin	77	SWE	6/8/2015	Riga Latvia	145-112.5-192.5

Women's Master M1 40-44

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	77.5	Pomerantsev Irina	70	ISR	10/30/2013	Prague	
B	62.5	Pomerantsev Irina	70	ISR	10/30/2013	Prague	
D	100	Pomerantsev Irina	70	ISR	10/30/2013	Prague	
T	240	Pomerantsev Irina	70	ISR	10/30/2013	Prague	77.5-62.5-100
48							
S	82.5	Greaves Kathryn	83	GBR	10/31/2023	Manchester UK	4th
B	45	Greaves Kathryn	83	GBR	10/31/2023	Manchester UK	
D	117.5	Greaves Kathryn	83	GBR	10/31/2023	Manchester UK	
T	242.5	Greaves Kathryn	83	GBR	10/31/2023	Manchester UK	80-45-117.5
52							
S	112.5	Mikhaylova Olga	71	RUS	10/30/2013	Prague	
B	67.5	Mikhaylova Olga	71	RUS	10/30/2013	Prague	
D	165	Mikhaylova Olga	71	RUS	10/30/2013	Prague	
T	345	Mikhaylova Olga	71	RUS	10/30/2013	Prague	112.5-67.5-165
56							
S	120	Hiisio Petra	76	FIN	11/7/2019	Lahti Finland	
B	70	Miller Jodi	72	USA	11/12/2014	West Palm Beach FL	
D	168	Mikhaylova Olga	71	RUS	11/1/2014	Saint Petersburg	
T	347.5	Mikhaylova Olga	71	RUS	11/1/2014	Saint Petersburg	112.5-67.5-167.5
60							
S	167.5	Bondarchuk Elena	80	RUS	6/21/2023	Bishkek Kyrgyzstan	
B	125	Bondarchuk Elena	80	RUS	6/21/2023	Bishkek Kyrgyzstan	
D	202.5	Bondarchuk Elena	80	RUS	6/21/2023	Bishkek Kyrgyzstan	
T	495	Bondarchuk Elena	80	RUS	6/21/2023	Bishkek Kyrgyzstan	167.5-125-202.5
67.5							
S	182,5	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	
B	135	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	
D	215	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	
T	532.5	Bondarchuk Elena	80	RUS	12/1/2024	Moscow Russia	182.5-135-215
75							
S	187.5	Bondarchuk Elena	80	RUS	4/13/2025	Saint Petersburg Russia	
B	135.5	Bondarchuk Elena	80	RUS	4/13/2025	Saint Petersburg Russia	
D	222.5	Bondarchuk Elena	80	RUS	4/13/2025	Saint Petersburg Russia	
T	545	Bondarchuk Elena	80	RUS	4/13/2025	Saint Petersburg Russia	187.5-135-222.5
82.5							
S	190,5	Doga Viktoriya	82	RUS	9/25/2022	Krasndor Russia	
B	137.5	Miranda Eunice	77	POR	11/7/2018	Orlando FL	
D	222.5	Doga Viktoriya	82	RUS	9/25/2022	Krasndor Russia	
T	535	Doga Viktoriya	82	RUS	9/25/2022	Krasndor Russia	190-122.5-222.5

		90					
S	190.0	Miranda Eunice	77	POR	6/25/2018	Le Pont de Claix France	
B	137.5	Miranda Eunice	77	POR	6/25/2018	Le Pont de Claix France	
D	190.0	Miranda Eunice	77	POR	6/25/2018	Le Pont de Claix France	
T	517.5	Miranda Eunice	77	POR	6/25/2018	Le Pont de Claix France	190-137.5-190

		100					
S	170	Ferguson LaRiena	78	USA	11/2/2022	Orlando FL	
B	92.5	Ferguson LaRiena	78	USA	11/2/2022	Orlando FL	
D	185	Ferguson LaRiena	78	USA	11/2/2022	Orlando FL	
T	447.5	Ferguson LaRiena	78	USA	11/2/2022	Orlando FL	170-92.5-185

110						
S	182.5	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT
B	87.5	Paez-Long Sarah	82	USA	10/31/2023	Manchester UK
D	175	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT
T	442.5	Paez-Long Sarah	82	USA	7/1/2023	Salt Lake City UT
182.5-85-175						

		110+					
S	180.0	Kaarto Paivi	77	FIN	4/24/2021	Lahti Finland	
B	128.0	Kaarto Paivi	77	FIN	4/24/2021	Lahti Finland	
D	235.0	Kaarto Paivi	77	FIN	4/24/2021	Lahti Finland	
T	542.5	Kaarto Paivi	77	FIN	4/24/2021	Lahti Finland	180-127.5-235

Women's Master M2 45-49

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
		44					
S	81	Pomerantsev Irina	70	ISR	6/5/2016	Stoke-on-Trent UK	
B	65	Pomerantsev Irina	70	ISR	6/8/2015	Riga Latvia	
D	107.5	Pomerantsev Irina	70	ISR	6/8/2015	Riga Latvia	
T	252.5	Pomerantsev Irina	70	ISR	6/8/2015	Riga Latvia	80-65-107.5
		48					
S	70	Potapovich Larisa	65	RUS	10/30/2013	Prague	
B	45	Wright-Forage, Nancy	65	USA	9/3/2010	Idaho Falls	4th
D	100	Potapovich Larisa	65	RUS	10/30/2013	Prague	
T	212.5	Potapovich Larisa	65	RUS	10/30/2013	Prague	70-42.5-100
		52					
S	95	Pacholder Robin	67	USA	10/30/2013	Prague	
B	63	Pacholder Robin	67	USA	5/31/2014	Waxahachie TX	
D	140	Pacholder Robin	67	USA	10/30/2013	Prague	4th
T	295	Pacholder Robin	67	USA	10/30/2013	Prague	95-62.5-137.5
		56					
S	93	Roberts Kimberly	71	USA	11/7/2018	Orlando FL	
B	65	Amitay, Ariela	64	ISR	11/16/2011	Riga, Latvia	
D	127.5	Roberts Kimberly	71	USA	11/7/2018	Orlando FL	4th
T	272.5	Korestelova Zhanna	66	LAT	6/8/2015	Riga, Latvia	87.5-65-120
		60					
S	147.5	Coutinho Marilia	63	BRA	11/8/2012	Las Vegas NV	
B	102.5	Coutinho Marilia	63	BRA	11/8/2012	Las Vegas NV	
D	175	Coutinho Marilia	63	BRA	11/8/2012	Las Vegas NV	
T	425	Coutinho Marilia	63	BRA	11/8/2012	Las Vegas NV	147.5-102.5-175
		67.5					
S	132.5	Siegel Hilda	76	CAN	5/2/2026	Ontario Canada	
B	102.5	Siegel Hilda	76	CAN	5/2/2026	Ontario Canada	
D	165	Siegel Hilda	76	CAN	5/2/2026	Ontario Canada	
T	400	Siegel Hilda	76	CAN	5/2/2026	Ontario Canada	132.5-102.5-165

75						
S	160.0	Scozzi Daniella	68	GBR	8/30/2014	Folkestone GBR
B	90.0	Smith Janet	69	AUS	11/7/2018	Orlando FL 4th
D	200.0	Smith Janet	69	AUS	11/7/2018	Orlando FL 4th
T	407.5	Scozzi Daniella	68	GBR	8/30/2014	Folkestone GBR 160-77.5-170

82.5						
S	145.0	Romanovica, Anzela	63	LAT	11/17/2011	Riga, Latvia
B	110.0	Romanovica, Anzela	63	LAT	11/17/2011	Riga, Latvia
D	180.0	Romanovica, Anzela	63	LAT	11/17/2011	Riga, Latvia
T	435	Romanovica, Anzela	63	LAT	11/17/2011	Riga, Latvia 145-110-180

90						
S	137.5	Walsh Kathy	65	USA	11/11/2014	West Palm Beach FL
B	90.0	Laffitte Renee	77	USA	11/14/2024	Lisle IL
D	192.5	Laffitte Renee	77	USA	11/14/2024	Lisle IL 4th
T	400	Laffitte Renee	77	USA	11/14/2024	Lisle IL 120-90-190

100						
S	140	Geary Jennifer	77	IRE	10/31/2023	Manchester UK
B	85	Spencer Donna	78	IRE	10/31/2023	Manchester UK
D	175	Spencer Donna	78	IRE	10/31/2023	Manchester UK
T	382.5	Spencer Donna	78	IRE	10/31/2023	Manchester UK 122.5-85-175

110						
S	142.5	Kinnane Tera	75	USA	1/14/2024	Lisle IL 4th
B	92.5	Kinnane Tera	75	USA	1/14/2024	Lisle IL
D	130	Kinnane Tera	75	USA	1/14/2024	Lisle IL
T	360	Kinnane Tera	75	USA	1/14/2024	Lisle IL 137.5-92.5-130

110+						
S	150.0	Fischl Melinda	71	USA	5/4/2018	Lake Buena Vista FL
B	110.0	Stamets Anna	72	USA	11/2/2022	Orlando FL
D	205.0	Stamets Anna	72	USA	11/2/2022	Orlando FL
T	450	Stamets Anna	72	USA	11/2/2022	Orlando FL 135-110-205

Women's Master M3 50-54

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	50	Boucher Angelique	69	USA	11/2/2022	Orlando FL	
B	50	Boucher Angelique	69	USA	11/2/2022	Orlando FL	
D	95	Boucher Angelique	69	USA	11/2/2022	Orlando FL	
T	195	Boucher Angelique	69	USA	11/2/2022	Orlando FL	50-50-95
48							
S	90	Winwood Tania	71	AUS	8/22/2021	Perth Australia	
B	47.5	Winwood Tania	71	AUS	8/22/2021	Perth Australia	
D	140	Winwood Tania	71	AUS	8/22/2021	Perth Australia	4th
T	272.5	Winwood Tania	71	AUS	8/22/2021	Perth Australia	90-47.5-135
52							
S	100	Weir Coralie	62	AUS	11/8/2012	Las Vegas NV	
B	82.5	Weir Coralie	62	AUS	11/8/2012	Las Vegas NV	
D	142.5	Geraghty-Corns Michelle	79	GBR	7/27/2025	Manchester UK	
T	317.5	Weir Coralie	62	AUS	11/8/2012	Las Vegas NV	100-82.5-135
56							
S	110	Michelon Larisa	65	FRA	4/26/2019	Beauvoisin France	
B	90	Michelon Larisa	65	FRA	4/26/2019	Beauvoisin France	
D	150	Michelon Larisa	65	FRA	4/26/2019	Beauvoisin France	4th

T	345	Michelon Larisa	65	FRA	4/26/2019	Beauvoisin France	110-90-145
60							
S	107.5	Goldstein Carrie	60	USA	11/11/2014	West Palm Beach FL	
B	95	Michelon Larisa	65	FRA	4/9/2016	Garons France	
D	160	Michelon Larisa	65	FRA	4/9/2016	Garons France	
T	355	Michelon Larisa	65	FRA	4/9/2016	Garons France	100-95-160
67.5							
S	140.5	Goligher Geraldne	72	GBR	6/10/2024	Salo Finland	
B	105	Zankl Lolita	59	GER	10/30/2013	Prague	
D	182.5	Whetham Sheri	62	CAN	11/11/2014	West Palm Beach FL	4th
T	405	Goligher Geraldne	72	GBR	10/31/2023	Manchester UK	130-100-175
75							
S	147.5	Prusnek, Suzanne	56	USA	4/30/2011	Orlando	
B	102.5	Goligher Geraldine	72	GBR	6/9/2025	Wroclaw Poland	
D	183.0	Smith Janet	69	AUS	11/7/2019	Lahti Finland	
T	420	Prusnek, Suzanne	56	USA	4/30/2011	Orlando	147.5-90-182.5
82.5							
S	145.0	Boshoven, Lynne	57	USA	5/26/2012	Baton Rouge, LA	
B	107.5	Boshoven, Lynne	57	USA	9/3/2010	Idaho Falls	
D	220.0	Boshoven, Lynne	57	USA	5/26/2012	Baton Rouge, LA	
T	472.5	Boshoven, Lynne	57	USA	5/26/2012	Baton Rouge, LA	145-107.5-220
90							
S	127.5	Rose-James Linda	72	AUS	8/23/2023	Adelaide Australia	
B	82.5	Rose-James Linda	72	AUS	8/23/2023	Adelaide Australia	
D	175.0	Rose-James Linda	72	AUS	8/23/2023	Adelaide Australia	
T	385	Rose-James Linda	72	AUS	8/23/2023	Adelaide Australia	127.5-82.5-175
100							
S	90	McFarland Laani	76	AUS	8/6/2026	Fremantle West Australia	
B	60	McFarland Laani	76	AUS	8/6/2026	Fremantle West Australia	
D	150	McFarland Laani	76	AUS	8/6/2026	Fremantle West Australia	
T	300	McFarland Laani	76	AUS	8/6/2026	Fremantle West Australia	90-60-150
110							
S	92.5	Robbins Tina	74	USA	11/4/2025	Durban South Africa	
B	60	Robbins Tina	74	USA	11/4/2025	Durban South Africa	
D	115	Robbins Tina	74	USA	11/4/2025	Durban South Africa	
T	267.5	Robbins Tina	74	USA	11/4/2025	Durban South Africa	92.5-60-115
110+							
S	137.5	Rodriguez-Navarro Olga	73	RUS	4/13/2025	Saint Petersburg Russia	
B	95.0	Winner Diane	68	USA	10/25/2020	Lombard IL	
D	180.0	Rodriguez-Navarro Olga	73	RUS	4/13/2025	Saint Petersburg Russia	
T	407.5	Rodriguez-Navarro Olga	73	RUS	4/13/2025	Saint Petersburg Russia	137.5-90-180

Women's Master M4 55-59

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44							
S	52.5	Watson Leslie	55	GBR	11/8/2012	Las Vegas NV	
B	60	Watson Leslie	55	GBR	11/8/2012	Las Vegas NV	
D	87.5	Watson Leslie	55	GBR	11/8/2012	Las Vegas NV	
T	200	Watson Leslie	55	GBR	11/8/2012	Las Vegas NV	52.5-60-87.5
48							
S	65	Esposito Ginny	65	USA	11/2/2022	Orlando FL	
B	60	Esposito Ginny	65	USA	11/2/2022	Orlando FL	
D	112.5	Esposito Ginny	65	USA	11/2/2022	Orlando FL	

T	237.5	Esposito Ginny	65	USA	11/2/2022	Orlando FL	65-60-112.5
52							
S	120	Weir Coralie	62	AUS	8/12/2017	Brisbane Australia	120-85-162.5
B	85	Weir Coralie	62	AUS	8/12/2017	Brisbane Australia	
D	162.5	Weir Coralie	62	AUS	8/12/2017	Brisbane Australia	
T	367.5	Weir Coralie	62	AUS	8/12/2017	Brisbane Australia	
56							
S	82.5	Fox Yvette	58	USA	5/4/2018	Lake Buena Vista FL	82.5-52.5-125
B	52.5	Fox Yvette	58	USA	11/3/2017	Moscow Russia	
D	125	Fox Yvette	58	USA	5/4/2018	Lake Buena Vista FL	
T	260	Fox Yvette	58	USA	5/4/2018	Lake Buena Vista FL	
60							
S	152.5	Young Taylor	55	AUS	11/8/2012	Las Vegas NV	152.5-95-175
B	96	Young Taylor	55	AUS	8/25/2012	Albury	
D	175	Young Taylor	55	AUS	11/8/2012	Las Vegas NV	
T	422.5	Young Taylor	55	AUS	11/8/2012	Las Vegas NV	
67.5							
S	155	Young Taylor	55	AUS	8/2/2014	Qld Australia	4th 4th 155-95-187.5
B	102.5	Young Taylor	55	AUS	8/10/2013	Hobart AUS	
D	190	Young Taylor	55	AUS	8/10/2013	Hobart AUS	
T	437.5	Young Taylor	55	AUS	8/2/2014	Qld Australia	
75							
S	145.0	Prusnek, Suzanne	56	USA	11/11/2014	West Palm Beach FL	4th 4th 142.5-90-192.5
B	90.0	Prusnek, Suzanne	56	USA	11/12/2014	West Palm Beach FL	
D	200.0	Prusnek, Suzanne	56	USA	6/14/2015	Grand Rapids MI	
T	425	Prusnek, Suzanne	56	USA	11/14/2014	West Palm Beach FL	
82.5							
S	137.5	Boshoven Lynne	57	USA	11/11/2014	West Palm Beach FL	130-105-205
B	105.0	Boshoven Lynne	57	USA	11/8/2012	Las Vegas NV	
D	205.0	Boshoven Lynne	57	USA	11/8/2012	Las Vegas NV	
T	440	Boshoven Lynne	57	USA	11/8/2012	Las Vegas NV	
90							
S	147.5	Boshoven Lynne	57	USA	6/14/2015	Grand Rapids MI	147.5-105-215
B	105.0	Boshoven Lynne	57	USA	6/14/2015	Grand Rapids MI	
D	215.0	Boshoven Lynne	57	USA	6/14/2015	Grand Rapids MI	
T	467.5	Boshoven Lynne	57	USA	6/14/2015	Grand Rapids MI	
100							
S							
B							
D							
T							
110							
S							
B							
D							
T							
110+							
S	145.0	Bassett Lynn	66	USA	7/1/2023	Salt Lake City UT	145-110-147.5
B	110.0	Bassett Lynn	66	USA	7/1/2023	Salt Lake City UT	
D	147.5	Bassett Lynn	66	USA	7/1/2023	Salt Lake City UT	
T	402.5	Bassett Lynn	66	USA	7/1/2023	Salt Lake City UT	

Women's Master M5 60-64						
Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
S B D T	44					
S B D T	48					
S B D T	52					
S B D T	56					
	75 Fox Yvette	58	USA	11/7/2018	Orlando FL	
	55 Fox Yvette	58	USA	11/7/2018	Orlando FL	
	125 Fox Yvette	58	USA	11/7/2018	Orlando FL	
S B D T	255 Fox Yvette	58	USA	11/7/2018	Orlando FL	75-55-125
S B D T	60					
	92.5 Fox Yvette	59	USA	10/25/2020	Lombard IL	
	57.5 Fox Yvette	59	USA	8/15/2020	Fort Lauderdale FL	
	147.5 Fox Yvette	59	USA	11/2/2022	Orlando FL	4th
S B D T	292.5 Fox Yvette	59	USA	11/2/2022	Orlando FL	92.5-57.5-142.5
S B D T	67.5					
	82.5 Cook Monica	64	AUS	8/6/2026	Fremantle West Australia	
	80 Cook Monica	64	AUS	8/6/2026	Fremantle West Australia	
	130 Harvey Helen	61	AUS	10/31/2023	Manchester UK	4th
S B D T	282.5 Cook Monica	64	AUS	8/6/2026	Fremantle West Australia	82.5-80-125
S B D T	75					
	105.0 Prusnek Suzanne	56	USA	11/8/2016	Baton Rouge LA	
	82.5 Prusnek Suzanne	56	USA	11/8/2016	Baton Rouge LA	
	197.5 Prusnek Suzanne	56	USA	11/8/2016	Baton Rouge LA	4th
S B D T	380 Prusnek Suzanne	56	USA	11/8/2016	Baton Rouge LA	105-82.5-192.5
S B D T	82.5					
	115.0 Sterns Andrea	62	AUS	11/4/2025	Durban South Africa	
	77.5 Sterns Andrea	62	AUS	11/4/2025	Durban South Africa	
	141.0 Sterns Andrea	62	AUS	8/1/2025	Brisbane Australia	
S B D T	322.5 Sterns Andrea	62	AUS	8/1/2025	Brisbane Australia	107.5-75-140
S B D T	90					
	70.0 Gillette-Cartina Joyce	61	USA	11/14/2024	Lisle IL	
	52.5 Gillette-Cartina Joyce	61	USA	11/14/2024	Lisle IL	
	102.5 Gillette-Cartina Joyce	61	USA	11/14/2024	Lisle IL	
S B D T	225 Gillette-Cartina Joyce	61	USA	11/14/2024	Lisle IL	70-52.5-102.5
S B D T	100					

T

110

S
B
D
T

110+

S	137.5	Bassett Lynn	66	USA	5/8/2026	Farmington UT	
B	107.5	Bassett Lynn	66	USA	5/8/2026	Farmington UT	
D	160.0	Bassett Lynn	66	USA	5/8/2026	Farmington UT	4th
T	402.5	Bassett Lynn	66	USA	5/8/2026	Farmington UT	137.5-107.5-157.5

Women's Master M6 65-69

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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44

S	50	Watson Leslie	48	GBR	10/30/2013	Prague	
B	60	Watson Leslie	48	GBR	10/30/2013	Prague	
D	90	Watson Leslie	48	GBR	10/30/2013	Prague	
T	200	Watson Leslie	48	GBR	10/30/2013	Prague	50-60-90

48

S
B
D
T

52

S
B
D
T

56

S	90	Fox Yvette	58	USA	11/14/2024	Lisle IL	
B	55	Fox Yvette	58	USA	11/14/2024	Lisle IL	
D	140	Fox Yvette	58	USA	11/14/2024	Lisle IL	
T	285	Fox Yvette	58	USA	11/14/2024	Lisle IL	90-55-140

60

S	82.5	Casan Claire	56	AUS	4/25/2022	Melbourne Australia	
B	55	Casan Claire	56	AUS	4/25/2022	Melbourne Australia	4th
D	117.5	Casan Claire	56	AUS	4/25/2022	Melbourne Australia	4th
T	250	Casan Claire	56	AUS	4/25/2022	Melbourne Australia	82.5-52.5-115

67.5

S	112.5	Mathis Marilyn	52	USA	5/4/2018	Lake Buena Vista FL	
B	92.5	Mathis Marilyn	52	USA	5/4/2018	Lake Buena Vista FL	
D	160	Mathis Marilyn	52	USA	5/4/2018	Lake Buena Vista FL	
T	365	Mathis Marilyn	52	USA	5/4/2018	Lake Buena Vista FL	112.5-92.5-160

75

S
B
D
T

82.5

S	65.0	Magri Pauline	49	AUS	4/25/2018	Melbourne Australia	
B	45.0	Magri Pauline	49	AUS	4/25/2018	Melbourne Australia	

D	130.0	Magri Pauline	49	AUS	4/25/2018	Melbourne Australia	
T	240	Magri Pauline	49	AUS	4/25/2018	Melbourne Australia	65-45-130

90

S
B
D
T

100

S
B
D
T

110

S
B
D
T

110+

S	50.0	Sink Janet	43	USA	11/8/2012	Las Vegas NV	4th
B	45.0	Sink Janet	43	USA	11/8/2012	Las Vegas NV	
D	102.5	Sink Janet	43	USA	11/8/2012	Las Vegas NV	4th
T	192.5	Sink Janet	43	USA	11/8/2012	Las Vegas NV	47.5-45-100

Women's Master M7 70-74

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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44

S
B
D
T

48

S	57.5	McMahon Lucila	42	USA	11/8/2012	Las Vegas NV	
B	37.5	McMahon Lucila	42	USA	11/8/2012	Las Vegas NV	
D	82.5	McMahon Lucila	42	USA	11/8/2012	Las Vegas NV	
T	177.5	McMahon Lucila	42	USA	11/8/2012	Las Vegas NV	57.5-37.5-82.5

52

S
B
D
T

56

S
B
D
T

60

S
B
D
T

67.5

S	60	Graybeal Linda	43	USA	5/4/2018	Lake Buena Vista FL	4th
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B	40	Graybeal Linda	43	USA	5/4/2018	Lake Buena Vista FL	
D	92.5	Graybeal Linda	43	USA	5/4/2018	Lake Buena Vista FL	4th
T	180	Graybeal Linda	43	USA	5/4/2018	Lake Buena Vista FL	57.5-40-82.5

75

S
B
D
T

82.5

S
B
D
T

90

S
B
D
T

100

S
B
D
T

110

S
B
D
T

110+

S	115.0	Sink Janet	42	USA	5/6/2016	Lombard IL	
B	62.5	Sink Janet	42	USA	5/6/2016	Lombard IL	
D	173.0	Sink Janet	42	USA	5/6/2016	Lombard IL	
T	350	Sink Janet	42	USA	5/6/2016	Lombard IL	115-62.5-172.5

Women's Master M7 75-79

Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
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44

S
B
D
T

48

S
B
D
T

52

S
B
D
T

56

S
B
D
T

60

S
B
D
T

67.5

S	57.5	Graybeal Linda	43	USA	11/7/2018	Orlando FL	
B	40	Graybeal Linda	43	USA	11/7/2018	Orlando FL	
D	102.5	Graybeal Linda	43	USA	11/7/2018	Orlando FL	4th
T	190	Graybeal Linda	43	USA	11/7/2018	Orlando FL	57.5-40-92.5

75

S
B
D
T

82.5

S
B
D
T

90

S
B
D
T

100

S
B
D
T

110

S
B
D
T

110+

S
B
D
T