AWPC Single Ply Men's Bench Records

Class	Record	Name	DOB	Nat	Date of Record	Location
52	130	Sokushev Vadim	90	RUS	7/4/2014	Novosibirsk
56	100	Borenkov Maxim	96	RUS	5/30/2014	Kursk
60	150	Selyanin Dmitriy	2005	RUS	6/18/2021	Bishkek Kyrgyzstan
67.5	200.5	Sufiyanov Ayrat	84	RUS	8/24/2014	Moscow
75	247.5	Teidis Kostas	89	RUS	7/23/2017	Blagoveschensk
82.5	250	Telids Kostas	89	RUS	10/6/2019	Blagoveschensk Russia
90	250	Khumuugul Battumur	74	MGL	8/24/2014	Moscow
100	292.5	Abdullin Marat	85	RUS	8/24/2014	Moscow
110	300	Champ Andy	83	GBR	3/28/2026	Birminghams UK
125	300	Bujinlkham Altangerel	76	MGL	8/24/2014	Moscow
140	355	Aumavae Sammy	72	USA	8/31/2014	Idaho Falls
140+	290	Anderson Jay	78	USA	9/3/2022	Idaho Falls ID

Women's AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
44	47.5	Tskhay Natalya	75	KAZ	7/4/2014	Novosibirsk	
48	80	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk	4th
52	112.5	Veilkaya Yekaterina	90	RUS	3/25/2016	Rostov	
56	100.5	Pustovit Mariya	85	RUS	12/5/2015	Kursk	
60	105	Baranova Kristina	88	RUS	7/4/2014	Novosibirsk	
67.5	140	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
75	120	Gomaleeva Natalya	85	RUS	3/21/2015	Yekaterinburg	
82.5	132.5	Pugovkina Alla	75	RUS	8/24/2014	Moscow	
90	115	Coleman Paulina	78	IRE	6/25/2022	Hungary	
100	130	Coleman Paulinea	77	IRE	9/10/2022	Manchester UK	4th
110	102.5	Green Julie	67	GBR	9/20/2025	Manchester UK	
110+							

Men's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
52						
56	60	Varun Dave	2001	IND	15/11/21	Moscow
60						
67.5	157.5	Gansukh Ayurbold	91	RUS	8/24/2014	Moscow
75	197.5	Abdyushev Arthur	93	RUS	3/25/2016	Rostov
82.5	205	Lashkari Ali	95	IRN	12/1/2016	Kursk
90	180	Karapetyan Artush	91	RUS	8/24/2014	Moscow
100	227.5	Sonntag Joseph	90	USA	4/27/2014	Baton Rouge LA
110	215	Fedoseev Kirill	92	RUS	2/8/2014	Yekaterinburg
125	220	Ahmed Abdelmoneam	2004	EGY	2/9/2026	Giza Egypt
140						
140+						

Women's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
44						

48							
52							
56	100	Blinkova Natalya	91	RUS	8/24/2014	Moscow	
60	100	Linnik Liliya	95	RUS	4/16/2015	Rostov	
67.5							
75							
82.5							
90	150	Sarona Sanjay	74	IND	9/12/2026	Manchester UK	
100							
110							
110+							

Men's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52	70	Mazitov Dmitriy	2004	RUS	8/12/2019	Chelyabinsk Russia	
56	97.5	Selyanin Dmitriy	2005	RUS	6/12/2020	Moscow Russia	
60	150	Selyanin Dmitriy	2005	RUS	6/18/2021	Bishkek Kyrgyzstan	
67.5	115	Pearson Gregory	2007	GBR	5/22/2022	Manchester UK	
75	120	Kuvshinov Ilya	99	RUS	8/24/2014	Moscow	
82.5	130	Zazulin Nikita	98	RUS	2/8/2014	Yekaterinburg	
90							
100							
110							
125							
140							
140+							

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52	50	Marchant Zac	2001	USA	8/30/2018	Idaho Falls ID	
56	100	Borenkov Maxim	96	RUS	5/30/2014	Kursk	
60							
67.5							
75	172.5	Simon Masih	2002	IND	12/15/2018	Dolgoprudnyy	4th
82.5	162.5	Sushkov Filipp	97	RUS	8/15/2015	Kursk	
90							
100							
110							
125							
140							
140+							

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60	100	Mourad Mohamed Ahmed Mohamed Elsaid	96	EGY	9/2/2015	Idaho Falls ID
67.5						

75	142.5	Tonkoglaz Vladimir	96	RUS	8/24/2014	Moscow
82.5	117.5	Ruane Peter	96	USA	4/10/2015	Glen Ellyn IL
90	185	Ramatov Akzholtoi	96	RUS	8/14/2015	Kursk
100	190	Osipov Alexei	96	RUS	10/25/2014	Krasnodar
110	210	Kiselev Sergei	95	RUS	5/30/2014	Kursk
125	242.5	Pogorelov Roman	96	RUS	8/15/2015	Kursk
140						
140+						

Women's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48	60	Sokhina Anastasiya	2000	RUS	8/13/2016	Kursk
52						
56	70	Zotova Milena	2006	RUS	9/27/2020	Vladivostok Russia
60						
67.5	60	Brakhnova Anastasiya	2001	RUS	8/15/2015	Kursk
75						
82.5						
90						
100						
110						
110+						

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52	55	Lukina Alena	96	RUS	5/30/2014	Kursk
56						
60						
67.5	95	Safronova Marina	98	RUS	5/30/2014	Kursk
75	102.5	Safronova Marina	98	RUS	12/5/2014	Kursk
82.5						
90	82.5	O'Neal Finley	2002	USA	4/12/2019	Myrtle Beach SC
100						
110						
110+						

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
44	50	Yenina Natalya	96	RUS	8/15/2015	Kursk
48						
52						
56	92.5	Martynenko Irina	97	RUS	8/13/2016	Kursk
60						
67.5						
75						

82.5
90
100
110
110+

Men's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5	195	Sufiyanov Ayrat	84	RUS	9/10/2017	Lisle IL	
75	232.5	Sokolov Nikolai	79	RUS	8/24/2014	Moscow	
82.5	175	Palisse Franck	78	FRA	6/24/2018	Le Pont de Claix France	
90	245	Vinnichenko Sergei	74	RUS	8/24/2014	Moscow	
100	292.5	Gasavov Alexei	82	RUS	7/16/2017	Chelyabinsk	
110	267.5	Yevstigneev Mikhail	76	RUS	8/15/2015	Kursk	
125	265	Grosz Joseph	81	USA	9/2/2015	Idaho Falls ID	
140	300	Kolesnichenko Sergei	79	RUS	8/9/2014	Yekaterinburg	
140+							

Women's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
44	47.5	Tskhay Natalya	75	KAZ	7/4/2014	Novosibirsk	
48	80	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk	4th
52	77.5	Primak Tatyana	83	RUS	8/13/2016	Kursk	
56	92.5	Bondareva Ekaterina	83	RUS	9/27/2020	Vladivostok Russia	
60	65	Ryzhykh Olga	79	RUS	5/30/2014	Kursk	
67.5							
75	102.5	Lane Katie	88	GBR	9/20/2025	Manchester UK	
82.5	132.5	Pugovkina Alla	75	RUS	8/24/2014	Moscow	
90							
100							
110							
110+							

Men's Master AWPC Single Ply Bench Records

40-44 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	170	Gurov Sergei	76	RUS	12/3/2017	Kursk Russia
82.5	202.5	Ruelan Miguel	70	USA	7/19/2014	Detroit MI
90	240	Konchakov Vladimir	73	RUS	7/4/2014	Novosibirsk
100	160	Elsayed Saleh Bahnas	83	EGY	2/9/2026	Giza Egypt
110	300	Champ Andy	83	GBR	3/28/2026	Birminghams UK
125	263	Jafarov Zaur	83	AZE	6/14/2024	Salo Finland

140	355	Aumavae Sammy	72	USA	8/31/2014	Idaho Falls ID
140+	290	Anderson Jay	78	USA	9/3/2022	Idaho Falls ID

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	147.5	Bashtanov Igor	67	RUS	7/4/2014	Novosibirsk
82.5	187.5	Dremenkov Konstantin	66	BLR	8/24/2014	Moscow
90	215	Sender Aleksei	65	BLR	8/24/2014	Moscow
100	257.5	Ponzio Thomas	69	USA	9/1/2018	Idaho Falls ID
110	265	Morgan Paul	73	GBR	9/10/2022	Manchester UK
125	215	Shadrin Vyacheslav	68	RUS	11/3/2017	Moscow Russia
140						
140+	270	Bergert Lev	66	RUS	8/24/2014	Moscow

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	150	Yemelin Yevgeniy	64	RUS	8/13/2016	Kursk
82.5	235	Elkanany Mosbeth	69	EGY	10/26/2020	Lombard IL
90	180.5	Caballero Tim	71	USA	9/2/2023	Idaho Falls ID
100	200	Farley Kevin	66	USA	10/26/2020	Lombard IL
110	252.5	Morgan Paul	73	GBR	5/25/2023	Limerick Ireland
125	220	McAteer Wade	64	USA	5/28/2017	Lisle IL
140	240	Darley Bruce	64	USA	9/2/2015	Idaho Falls ID
140+	280	Bergert Lev	66	RUS	11/3/2017	Moscow Russia

Men's Master AWPC Single Ply Bench Records

55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	130	Bolshakov Sergey	64	RUS	7/22/2023	Chelyabinsk Russia
82.5	153	Petrov Igor	56	RUS	10/30/2014	Saint Petersburg
90	200	Reshetov Nikolai	59	RUS	3/25/2016	Rostov
100	190.5	Farley Kevin	66	USA	10/1/2021	Lombard IL
110	172.5	Bergert Lev	66	RUS	6/18/2021	Bishkek Kyrgyzstan
125	200	Elvekrok Petter	70	SWE	8/27/2024	Limerick Ireland
140	230	Bergert Lev	66	RUS	12/18/2022	Moscow Russia
140+						

60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75	87.5	Shipley Cliff	59	USA	10/1/2021	Lombard IL	
82.5	155	Petrov Igor	86	RUS	6/3/2017	Moscow	4th
90	165	Fleiszig Les	57	CAN	6/22/2019	Ontario Canada	
100	170	Dietrich John	66	CAN	5/2/2026	Ontario Canada	
110							
125	185	Popov Vladimir	56	RUS	8/13/2016	Kursk	
140	200	Popov Vladimir	56	RUS	6/3/2017	Moscow	
140+	185	Kelly Richard	54	USA	9/10/2017	Lisle IL	

65-69 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5	97.5	Zhurkin Yevgeniy	45	RUS	8/24/2014	Moscow	
90	125	Obmelyukhin Gennadiy	48	RUS	8/15/2015	Kursk	
100	157.5	Bakke Jay	57	USA	9/2/2023	Idaho Falls ID	
110	192.5	Dickerson Dick	48	USA	8/6/2016	Grand Rapids MI	4th
125							
140	187.5	Wetenhall Jim	54	USA	4/20/2018	Grand Rapids MI	
140+							

Men's Master AWPC Single Ply Bench Records

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5	102.5	Kim Miron	41	RUS	8/24/2014	Moscow	
75	110	Kim Miron	41	RUS	6/5/2015	Saint Petersburg	
82.5	150	Lichtle Lee	44	USA	9/2/2015	Idaho Falls ID	4th
90	150.5	Minietta Michael	43	USA	9/2/2015	Idaho Falls ID	
100	100	Bhagwan	50	IND	6/16/2022	Bishkek Kyrgyzstan	
110							
125							
140							
140+							

75-79 Age Group

Class	Record	Name	DOB		Date of Record	Location	

52							
56							
60							
67.5							
75	117.5	McDermott Joe	40	USA	8/6/2016	Grand Rapids MI	
82.5	95	Sannikov Vladislav	38	RUS	8/24/2014	Moscow	
90							
100	128	Bretz Richard	48	USA	6/12/2025	Royal Oak MI	
110	115	Bretz Richard	48	USA	5/10/2026	Farmington UT	4th
125							
140							
140+							

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
52					
56					
60					
67.5					
75					
82.5					
90					
100					
110	66	Roberts William	42 USA	6/9/2024	Baton Rouge LA
125					
140					
140+					

85-89 Age Group

Class	Record	Name	DOB	Date of Record	Location
52					
56					
60					
67.5					
75	75	Lindas Gerald	36 USA	8/29/2024	Idaho Falls ID
82.5					
90					
100					
110					
125					
140					
140+					

Women's Master AWPC Single Ply Bench Records

40-44 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52	57.5	Pugach Yelena	75 RUS	8/15/2015	Kursk
56					

60							
67.5	140	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
75							
82.5							
90	115	Coleman Paulina	78	IRE	6/25/2022	Hungary	
100							
110							
110+							

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location	
44							
48							
52							
56							
60	102.5	Patel Heena	72	USA	9/4/2021	Idaho Falls ID	
67.5	120	Lukyanova Marina	72	RUS	12/15/2019	Moscow Russia	
75							
82.5							
90							
100	130	Coleman Paulinea	77	IRE	9/10/2022	Manchester UK	4th
110							
110+							

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location	
44							
48							
52							
56							
60							
67.5	90	Badeeva Tatyana	69	RUS	6/2/2024	St Petersburg Russia	
75							
82.5	102.5	Yakovleva Irina	70	RUS	6/12/2020	Moscow Russia	
90							
100							
110	100	Green Julie	68	GBR	5/17/2025	Bolton UK	4th
110+							

Women's Master AWPC Single Ply Bench Records

55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52	50	Sosnina Oksana	71	RUS	10/10/2026	Togliatti Russia
56						
60	55	Wood Kitty	68	USA	6/9/2024	Baton Rouge LA
67.5						
75						

82.5						
90						
100						
110	105	Green Julie	67	GBR	3/28/2026	Birminghams UK
110+						

60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56	85	Gosteva Valentina	55	RUS	8/12/2018	Kursk Russia
60						
67.5						
75						
82.5						
90	100.5	Wetenhall Kathy	53	USA	4/20/2018	Grand Rapids MI
100						
110						
110+						

65-69 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5	57.5	Jones Kim	58	USA	9/1/2023	Idaho Falls ID
75						
82.5						
90						
100						
110						
110+						

Women's Master AWPC Single Ply Bench Records

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						

110
110+

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
100					
110					
110+					

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
100					
110					
110+					