WPC Police, Fire, Military Raw Men's Open Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	120	Falaleev Ilia	92	RUS	5/24/2025	Gelendzhik Russia
90	220	Heller Charles	85	USA	5/8/2026	Farmington UT
100	242.5	Heller Charles	85	USA	9/3/2026	Idaho Falls ID 4th
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	247.5	Dansby Michael	83	USA	11/14/2024	Lisle IL

Women's Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID 4th
75	127.5	Braithwaithe Tia	85	CAN	8/29/2025	Idaho Falls ID
82.5						
90						
100	117.5	Armstrong Trish	67	ZAF	6/19/2026	Durban South Africa
110	107.5	Bell Asia	80	USA	6/13/2025	Royal Oak MI
110+						

Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	120	Falaleev Ilia	92	RUS	5/24/2025	Gelendzhik Russia
90	172.5	Dezhin Andrey	92	RUS	11/23/2025	Moscow Russia
100	160	Ashot Antonyan	87	ARM	8/29/2024	Idaho Falls ID
110	212.5	Hernandez Jose	85	USA	8/31/2023	Idaho Falls ID
125						

140						
140+						

Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5	107.5	Braithwaithe Tia	85	CAN	8/30/2024	Idaho Falls ID 4th
75						
82.5						
90						
100						
110						
110+						

Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90	220	Heller Charles	85	USA	5/8/2026	Farmington UT
100	242.5	Heller Charles	85	USA	9/3/2026	Idaho Falls ID 4th
110						
125						
140	140	Curzon Logan	80	USA	8/29/2024	Idaho Falls ID
140+	247.5	Dansby Michael	83	USA	11/14/2024	Lisle IL

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						

82.5
90
100
110

140
140+

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	167.5	Galbreth Gregory	68	USA	9/4/2026	Idaho Falls ID 4th
125	102.5	Johnson Todd	69	USA	8/29/2024	Idaho Falls ID
140						
140+						

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75
82.5
90
100
110
125
140
140+

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	125	Nelson Mark	57	USA	8/28/2025	Idaho Falls ID
110						
125						
140						
140+						

70-74 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

75-79 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						

67.5						
75						
82.5						
90						
100	133	Bretz Richard	49	USA	8/28/2025	Idaho Falls ID
110	120	Bretz Richard	49	USA	5/8/2026	Farmington UT
125						
140						
140+						

80-84 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75	127.5	Braithwaite Tia	85	CAN	8/29/2025	Idaho Falls ID
82.5						
90						
100	95	Bell Asia	80	USA	9/1/2023	Idaho Falls ID
110	107.5	Bell Asia	80	USA	6/13/2025	Royal Oak MI
110+						

Women's Bench Records

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location

44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100	117.5	Armstrong Trish	67	ZAF	6/19/2026	Durban South Africa

110
110+

Women's Bench Records
60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						

Women's Bench Records
65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
110+						