**Men's WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | 120 | Trubin Stanislav | 95 | RUS | 11/3/2017 | Moscow Russia | |
| 56 | 140 | Ignatov Alexandr | 97 | RUS | 7/6/2014 | Novosibirsk | |
| 60 | 167.5 | Ortiz Felix | 85 | COL | 11/10/2014 | West Palm Beach FL | |
| 67.5 | 197.5 | Sufiyanov Ayrat | 84 | RUS | 7/7/2017 | Helsinki | |
| 75 | 250 | Galati Ange | 68 | AUS | 4/25/2017 | Melbourne Australia | |
| 82.5 | 300 | Naleikin Sergiy | 81 | UKR | 6/11/2014 | Baku Azerbaijan | |
| 90 | 300 | Randall Michael | 85 | USA | 7/25/2015 | Romulus MI | |
| 100 | 330 | Waldrep Tom | 63 | USA | 11/10/2014 | West Palm Beach FL | |
| 110 | 325 | Johnston Jeff | 79 | USA | 6/3/2022 | Lombard IL | |
| 125 | 410 | Begalko Anton | 86 | RUS | 11/6/2018 | Orlando FL | |
| 140 | 345 | Lukkarinen Ilkka | 88 | FIN | 11/10/2014 | West Palm Beach FL | |
| 140+ | 345 | Zamani Danial | 91 | IRN | 11/3/2017 | Moscow Russia | |

**Women's WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 44 | 92.5 | Neely Cosette | 78 | USA | 6/27/2015 | Salt Lake City UT | |
| 48 | | | | | | | |
| 52 | 80 | Gilinskaya Evgenia | 86 | KAZ | 11/10/2015 | Maia Portugal | |
| 56 | 103 | Selivanova Irina | 73 | KAZ | 11/10/2015 | Maia Portugal | 4th |
| 60 | 132.5 | Kuznetsova Yuliya | 73 | RUS | 11/3/2017 | Moscow Russia | |
| 67.5 | 155 | Nagy Rita | 74 | HUN | 11/10/2015 | Maia Portugal | 4th |
| 75 | 200 | Ylitalo-James Emma | 69 | GBR | 11/10/2015 | Maia Portugal | |
| 82.5 | 205 | Ylitalo-James Emma | 69 | GBR | 11/3/2017 | Moscow Russia | |
| 90 | 222.5 | James Emma | 69 | GBR | 10/26/2019 | St Charles IL | |
| 100 | 92.5 | Sheppard Xanthe | 99 | AUS | 8/9/2026 | Fremantle West Australia | |
| 110 | 102.5 | Bell Asia | 80 | USA | 6/13/2025 | Royal Oak MI | |
| 110+ | 145 | D'Errico Melissa | 81 | USA | 11/10/2016 | Baton Rouge LA | 4th |

**Men's Junior 20-23 WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | 120 | Trubin Stanislav | 95 | RUS | 11/3/2017 | Moscow Russia |
| 56 | 85 | Kotak Keiwal | 99 | IND | 12/11/2021 | Moscow Russia |
| 60 | | | | | | |
| 67.5 | 170 | Zyukov Konstantin | 97 | RUS | 10/6/2019 | Blagoveshchensk Russia |
| 75 | 200 | Teplov Ilya | 92 | RUS | 7/6/2014 | Novosibirsk |
| 82.5 | 210 | Pshenichnikov Semen | 91 | RUS | 7/5/2015 | Novosibirsk |
| 90 | 250 | Sokolov Sergei | 93 | RUS | 10/8/2016 | Saint Petersburg |
| 100 | 250 | Nizhnik Nikita | 92 | BLR | 12/6/2014 | Kursk |
| 110 | 215.5 | El Shawrby Mahmoud | 2000 | EGY | 11/1/2021 | Trofa Portugal |
| 125 | 250 | Golmohammadi Amin | 94 | IRN | 12/4/2015 | Kursk |
| 140 | 285 | Zamani Danial | 91 | IRN | 6/11/2014 | Baku |
| 140+ | 280 | Mizetskiy Artem | 94 | RUS | 3/11/2018 | Chelyabinsk |

**Women's Junior 20-23 WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|

| | | | | | | |
|---|---|---|---|---|---|---|
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | 115 | Taskaeva Yekaterina | 93 | RUS | 6/4/2017 | Moscow |
| 67.5 | | | | | | |
| 75 | 80 | Platel Mailys | 2002 | FRA | 4/27/2025 | Autun France |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |

**Men's Teenage WPC Single Ply Bench Records**

**13-15 Age Group**

| Class | Record | Name | DOB | | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | 80 | Berezin Denis | 2007 | RUS | 7/17/2021 | Chelyabinsk |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | 125 | Pearson Gregory | 2007 | GBR | 6/25/2022 | Hungary |
| 75 | 90 | Rammell Colter | 2010 | USA | 11/4/2025 | Durban South Africa |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 125 | 140 | Borcha Denis | 2000 | SVK | 11/10/2015 | Maia Portugal |
| 140 | | | | | | |
| 140+ | | | | | | |

**16-17 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | 65 | Dupre Joseph | 2000 | USA | 11/10/2016 | Baton Rouge LA | 4th |
| 56 | 140 | Ignatov Alexandr | 97 | RUS | 7/6/2014 | Novosibirsk | |
| 60 | 165 | Selyanin Dmitriy | 2005 | RUS | 12/11/2021 | Moscow Russia | |
| 67.5 | 100 | Platel Theo | 2000 | FRA | 4/14/2018 | Le Pont de Claix France | |
| 75 | 110 | Rammell Colter | 2010 | USA | 9/4/2026 | Idaho Falls ID | |
| 82.5 | | | | | | | |
| 90 | | | | | | | |
| 100 | 140 | Shirokov Mikhail | 99 | RUS | 7/30/2016 | Blagoveschensk | |
| 110 | 175 | Belyaev Alexandr | 98 | RUS | 8/15/2015 | Kursk | |
| 125 | | | | | | | |
| 140 | 140 | Gabriel Dominik | 98 | SVK | 11/10/2015 | Maia Portugal | |
| 140+ | | | | | | | |

**18-19 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | 135 | Aripov Islam | 97 | KAZ | 11/10/2015 | Maia Portugal |
| 67.5 | 130 | Philip George | 2006 | EGY | 2/2/2025 | Giza Egypt |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 75 | 152.5 | Starkov Semen | 94 | RUS | 5/30/2014 | Kursk | |
| 82.5 | 135 | Salem Selim | 2004 | EGY | 2/3/2024 | Hurghada Egypt | |
| 90 | 195 | Burruto Anthony | 94 | USA | 4/11/2014 | Orlando FL | 4th |
| 100 | 155 | Emad Eldeen Mohand | 2005 | EGY | 2/2/2025 | Giza Egypt | |
| 110 | 227.5 | Shirokov Mikhail | 99 | RUS | 11/3/2017 | Moscow Russia | |
| 125 | | | | | | | |
| 140 | | | | | | | |
| 140+ | | | | | | | |

**Women's Teenage WPC Single Ply Bench Records**

**13-15 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | 125 | Pearson Gregory | 2008 | GBR | 6/25/2022 | Hungary |
| 75 | | | | | | |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |

**16-17 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | 60 | Zaunbrecher Sadie | 99 | USA | 11/10/2016 | Baton Rouge LA |
| 56 | | | | | | |
| 60 | 45 | Pinter Barbara Bettina | 2005 | HUN | 6/25/2022 | Hungary |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |

**18-19 Age Group**

| Class | Record | Name | DOB | | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | 72.5 | Urzhakhanova Luiza | 2003 | RUS | 12/11/2021 | Moscow Russia |
| 56 | 77.5 | Cannon Shelly | 79 | USA | 4/11/2014 | Orlando FL |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 82.5 | 70 | Talaat Mira | 2005 | EGY | 2/2/2025 | Giza Egypt | |
| 90 | | | | | | | |
| 100 | | | | | | | |
| 110 | | | | | | | |
| 110+ | | | | | | | |

**Men's Submaster 33-39 WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | | | | | | | |
| 67.5 | 197.5 | Sufiyanov Ayrat | 84 | RUS | 7/7/2017 | Helsinki | |
| 75 | 202.5 | Rzayev Ramin | 80 | AZE | 6/11/2014 | Baku | |
| 82.5 | 220 | Orekhov Vyacheslav | 85 | RUS | 5/25/2024 | Gelendzhik Russia | |
| 90 | 265 | Fargo Joe | 78 | USA | 6/8/2018 | Lisle IL | |
| 100 | 282.5 | Johnston Jeff | 79 | USA | 8/6/2016 | Grand Rapids MI | |
| 110 | 300 | Ibrahim Ibraimov | 83 | AZE | 11/10/2014 | West Palm Beach FL | |
| 125 | 322.5 | Ylitalo-James Kalle | | FIN | 11/10/2016 | Baton Rouge LA | |
| 140 | 300 | Kolesnichenko Sergei | 79 | RUS | 2/9/2014 | Yekaterinburg | |
| 140+ | 275 | Janse Van Rensburg Francois | 80 | ZAF | 6/22/189 | Pretoria South Africa | |

**Women's Submaster 33-39 WPC Single Ply Bench Records**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 44 | 92.5 | Neely Cosette | 78 | USA | 6/27/2015 | Salt Lake City UT | |
| 48 | | | | | | | |
| 52 | 80 | Tracy Renda | 87 | ITA | 2/2/2025 | Giza Egypt | |
| 56 | 102.5 | Cannon Shelly | 79 | USA | 11/10/2014 | West Palm Beach FL | |
| 60 | | | | | | | |
| 67.5 | 130 | Korenkova Natalya | 80 | RUS | 7/6/2014 | Novosibirsk | |
| 75 | 122.5 | Thompson Lucie Kathleen | 77 | AUS | 8/148/15 | Melbourne | |
| 82.5 | 187.5 | Turaeva Anna | 78 | RUS | 6/11/2014 | Baku | |
| 90 | 70 | Shubhangi Pant | 86 | IND | 12/11/2021 | Moscow Russia | |
| 100 | | | | | | | |
| 110 | | | | | | | |
| 110+ | 145 | D'Errico Melissa | 81 | USA | 11/10/2016 | Baton Rouge LA | 4th |

**Men's Master WPC Single Ply Bench Records**
**40-44 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | 185 | Eldin Vincente | 72 | FRA | 11/10/2016 | Baton Rouge LA |
| 82.5 | 202.5 | Ruelan Miguel | 70 | USA | 7/19/2014 | Detroit MI |
| 90 | 250 | Sprires Kent | 70 | USA | 4/11/2014 | Orlando FL |
| 100 | 281 | Saghaei Javad | 76 | IRN | 11/3/2017 | Moscow Russia |
| 110 | 325 | Johnston Jeff | 79 | USA | 6/3/2022 | Lombard IL |
| 125 | 325 | Johnston Jeff | 79 | USA | 11/5/2022 | Orlando FL |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 140 | 310 | Jarno Rajala | 73 | FIN | 5/23/2015 | Helsinki Finland | |
| 140+ | 295 | Rankyn Freyded | 75 | ESP | 11/10/2015 | Maia Portugal | |

**45-49 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | | | | | | | |
| 67.5 | 117.5 | Deblandre Alexandre | 74 | POR | 10/3/2021 | Trofa Portugal | |
| 75 | 250 | Galati Ange | 68 | AUS | 4/25/2017 | Melbourne Australia | |
| 82.5 | 245 | Galati Ange | 68 | AUS | 8/13/2016 | Australia | |
| 90 | 235 | Heaven Chris | 69 | USA | 11/10/2014 | West Palm Beach FL | |
| 100 | 318 | Lamarque Matthew | 74 | USA | 9/2/2023 | Idaho Falls ID | |
| 110 | 290 | Dergunov Sergei | 76 | RUS | 2/9/2026 | Giza Egypt | |
| 125 | 325 | Gorbachev Dmitriy | 70 | RUS | 11/9/2019 | Lahti Finland | |
| 140 | 310 | El Sakka Rabih | 76 | EGY | 2/3/2024 | Hurghada Egypt | |
| 140+ | | | | | | | |

**50-54 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | 102.5 | Rimpi Pentti | 67 | FIN | 5/18/2019 | Lahti Finland | |
| 60 | 105 | Rimpi Pentti | 67 | FIN | 11/9/2019 | Lahti Finland | |
| 67.5 | 122.5 | Panagiotidis Jim | 69 | AUS | 9/24/2023 | Melbourne Australia | |
| 75 | 230 | Galati Angelo | 68 | AUS | 9/22/2018 | Melbourne Australia | |
| 82.5 | 235 | Kokorev Ilya | 73 | RUS | 11/4/2025 | Durban South Africa | |
| 90 | 200 | Phillips Endaf | 72 | GBR | 10/31/2023 | Manchester UK | |
| 100 | 330 | Waldrep Tom | 63 | USA | 11/10/2014 | West Palm Beach FL | |
| 110 | 265 | Ponzio Thomas | 69 | USA | 9/3/2020 | Idaho Falls ID | |
| 125 | 300 | Gorbachov Dmitriy | 70 | RUS | 8/23/2020 | Ramenskoe Russia | |
| 140 | 327.5 | Welch Bill | 62 | USA | 11/10/2014 | West Palm Beach FL | |
| 140+ | 227.5 | Penrose Howard | 66 | USA | 11/10/2016 | Baton Rouge LA | 4th |

**Men's Master WPC Single Ply Bench Records**

**55-59 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | 112.5 | Deskis Michael | 59 | USA | 6/28/2015 | Salt Lake City UT |
| 75 | 181.5 | Galati Ange | 68 | AUS | 9/13/2025 | Melbourne Australia |
| 82.5 | 212.5 | Krasnov Nikolay | 60 | RUS | 11/3/2017 | Moscow Russia |
| 90 | 200 | Moore Kenneth | 58 | USA | 5/27/2016 | Orlando FL |
| 100 | 220 | Chavin Stephane | 61 | FRA | 4/29/2017 | Le Pont De Claix France |
| 110 | 265 | Galen Scott | 61 | USA | 6/13/2019 | Grand Rapids MI |
| 125 | 265 | Gorbachev Dmitry | 70 | RUS | 11/4/2025 | Durban South Africa |
| 140 | 325 | Ryan Roger | 55 | USA | 7/19/2014 | Detroit MI |
| 140+ | 165 | Frickner Richard | 61 | GBR | 6/5/2016 | Stoke-on-Trent UK |

**60-64 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | | | | | | | |
| 67.5 | 130 | Kalinski Antoni | 53 | POL | 3/25/2017 | Kolobrzeg Poland | |
| 75 | 170 | Jauhojarvi Tahvo | 62 | FIN | 10/31/2023 | Manchester UK | |
| 82.5 | 182.5 | Francis Randy | 54 | USA | 8/6/2016 | Grand Rapids MI | |
| 90 | 185.5 | Beniston Phil | 63 | GBR | 10/31/2023 | Manchester UK | |
| 100 | 227.5 | McIntyre Bruce | 57 | CAN | 6/8/2018 | Orlando FL | |
| 110 | 260 | Murphy Dave | 54 | USA | 8/5/2017 | Grand Rapids MI | 4th |
| 125 | 250 | Murphy Dave | 54 | USA | 7/25/2015 | Romulus MI | |
| 140 | 253 | Laine Tapio | 52 | FIN | 6/9/2015 | Riga Latvia | |
| 140+ | | | | | | | |

**65-69 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | | | | | | | |
| 67.5 | | | | | | | |
| 75 | 137.5 | Dye Robert | 53 | USA | 11/6/2018 | Orlando FL | |
| 82.5 | 137.5 | Dye Robert | 53 | USA | 11/5/2022 | Orlando FL | |
| 90 | 152.5 | Donofrio Vincent | 52 | USA | 8/15/2020 | Fort Lauderdale FL | |
| 100 | 157.5 | Bakke Jay | 57 | USA | 9/2/2023 | Idaho Falls ID | |
| 110 | 250 | Murphy Dave | 54 | USA | 10/26/2020 | Lombard IL | 4th |
| 125 | 215 | King Michael | 50 | GBR | 6/5/2016 | Stoke-on-Trent UK | |
| 140 | 260 | Laine Tapio | | | | | |
| 140+ | | | | | | | |

**Men's Master WPC Single Ply Bench Records**

**70-74 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | 90 | Casale Michael | 47 | USA | 6/8/2018 | Lisle IL | |
| 67.5 | | | | | | | |
| 75 | 142.5 | Lichtle Lee | 44 | USA | 11/10/2014 | West Palm Beach FL | |
| 82.5 | 160.5 | Lichtle Lee | 44 | USA | 6/15/2017 | Jacksonville FL | 4th |
| 90 | 162.5 | Saluzzi Scott | 49 | USA | 10/26/2020 | Lombard IL | |
| 100 | 175 | Saluzzi Scott | 49 | USA | 8/29/2019 | Idaho Falls ID | |
| 110 | 180 | Laine Veijo Tapio | 52 | FIN | 6/25/2022 | Hungary | |
| 125 | | | | | | | |
| 140 | | | | | | | |
| 140+ | | | | | | | |

**75-79 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 52 | | | | | | | |
| 56 | | | | | | | |
| 60 | 87.5 | Casale Michael | 47 | USA | 6/3/2022 | Lombard IL | |
| 67.5 | | | | | | | |
| 75 | 117.5 | McDermott Joe | 40 | USA | 8/6/2016 | Grand Rapids MI | |
| 82.5 | 115 | Hermann Peter | 42 | SUI | 6/29/2018 | Le Pont de Claix France | |
| 90 | 92.5 | Ross Steve | 50 | AUS | 9/12/2026 | Melbourne Australia | |
| 100 | 128 | Bretz Richard | 49 | USA | 6/12/2025 | Royal Oak MI | |
| 110 | 115 | Bretz Richard | 49 | USA | 5/10/2026 | Farmington UT | 4th |
| 125 | | | | | | | |
| 140 | | | | | | | |
| 140+ | | | | | | | |

**80-84 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | | | | | | |
| 56 | 70 | Crawford Ronald | 33 | USA | 4/11/2014 | Orlando FL |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | 112.5 | Rubin Grigori | 36 | ISR | 6/5/2016 | Stoke-on-Trent UK |
| 82.5 | 80 | Dr Keszthelyi Csaba | 34 | | | |
| 90 | | | | | | |
| 100 | 90 | Lombardo Vito | 32 | USA | 4/11/2014 | Orlando FL |
| 110 | 67.5 | Roberts William | 42 | USA | 11/14/2027 | Lisle IL |
| 125 | | | | | | |
| 140 | | | | | | |
| 140+ | | | | | | |

**85-89 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | 75 | Lindas Gerald | 36 | USA | 8/31/2024 | Idaho Falls ID |
| 82.5 | 80 | Dr Keszthelyi Csaba | 34 | HUN | 6/25/2022 | Hungary |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 125 | | | | | | |
| 140 | | | | | | |
| 140+ | | | | | | |

**Women's Master WPC Single Ply Bench Records**

**40-44 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | 80 | Weatherall Michelina | 75 | AUS | 9/21/2019 | Melbourne Australia |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 60 | 132.5 | Kuznetsova Yuliya | 73 | RUS | 11/3/2017 | Moscow Russia | |
| 67.5 | | | | | | | |
| 75 | 110 | Chabert Sandrine | 74 | FRA | 4/14/2018 | Le Pont de Claix France | |
| 82.5 | 197.5 | Ylitalo-James Emma | 69 | GBR | 11/10/2016 | Baton Rouge LA | |
| 90 | 215 | James Emma | 69 | GBR | 11/10/2014 | West Palm Beach FL | |
| 100 | | | | | | | |
| 110 | 102.5 | Bell Asia | 80 | USA | 6/13/2025 | Royal Oak MI | |
| 110+ | 120 | Eastin Kimberly | 70 | USA | 11/10/2014 | West Palm Beach FL | |

**45-49 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location | |
|---|---|---|---|---|---|---|---|
| 44 | | | | | | | |
| 48 | | | | | | | |
| 52 | | | | | | | |
| 56 | 102.5 | Anderson Danyell | 74 | USA | 6/13/2019 | Grand Rapids MI | |
| 60 | 102.5 | Patel Heena | 72 | USA | 9/4/2021 | Idaho Falls ID | |
| 67.5 | 137.5 | Saluzzi Sarah | 72 | USA | 9/4/2021 | Idaho Falls ID | |
| 75 | 200 | Ylitalo-James Emma | 69 | GBR | 11/10/2015 | Maia Portugal | 4th |
| 82.5 | 205 | Ylitalo-James Emma | 69 | GBR | 11/3/2017 | Moscow Russia | |
| 90 | 222.5 | Ylitalo-James Emma | 69 | GBR | 10/26/2019 | St Charles IL | |
| 100 | | | | | | | |
| 110 | | | | | | | |
| 110+ | | | | | | | |

**50-54 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | 150 | Vadyunina Elena | 58 | RUS | 7/13/2019 | Chelyabinsk Russia |
| 56 | 85 | Denmon Lee | 63 | USA | 6/8/2018 | Lisle IL |
| 60 | 80 | Weatherall Michelina | 75 | AUS | 9/13/2025 | Melbourne Australia |
| 67.5 | 105.5 | Hough Allison | 66 | GBR | 5/13/2017 | Birmingham UK |
| 75 | 145 | Baklykova Olga | 64 | RUS | 11/3/2017 | Moscow Russia |
| 82.5 | 120 | Chabert Sandrine | 74 | FRA | 6/9/2025 | Wroclaw Poland |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | 100 | Armstrong Trish | 66 | ZAF | 6/21/2019 | Pretoria South Africa |

**Women's Master WPC Single Ply Bench Records**

**55-59 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | 77.5 | Parygina Anna | 70 | AUS | 8/9/2026 | Fremantle West Australia |
| 60 | 75 | Parygina Anna | 70 | AUS | 9/12/2026 | Melbourne Australia |
| 67.5 | | | | | | |
| 75 | | | | | | |

82.5
90
100
110
110+

**60-64 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | 55 | Kaule Inge Karin | 52 | GER | 6/9/2015 | Riga Latvia |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | 92.5 | Wetenhall Kathy | 53 | USA | 11/10/2014 | West Palm Beach FL |
| 90 | 100 | Wetenhall Kathy | 53 | USA | 8/5/2017 | Grand Rapids MI |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | 42.5 | Koos Linda | 54 | USA | 11/10/2015 | Maia Portugal |

**65-69 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | 35 | Estabrooks Margaret | 47 | CAN | 11/10/2015 | Maia Portugal |
| 90 | 92.5 | Wetenhall Kathy | 53 | USA | 6/13/2019 | Grand Rapids MI |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |

**Women's Master WPC Single Ply Bench Records**

**70-74 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |

110
110+

**75-79 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | | | | | | |
| 90 | | | | | | |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |

**80-84 Age Group**

| Class | Record | Name | DOB | Nat | Date of Record | Location |
|---|---|---|---|---|---|---|
| 44 | | | | | | |
| 48 | | | | | | |
| 52 | | | | | | |
| 56 | | | | | | |
| 60 | | | | | | |
| 67.5 | | | | | | |
| 75 | | | | | | |
| 82.5 | | | | | | |
| 90 | 75 | Langdon Nora | 42 | USA | 11/5/2022 | Orlando FL |
| 100 | | | | | | |
| 110 | | | | | | |
| 110+ | | | | | | |