

**AWPC Deadlift Records Men
Men Open**

52						
56						
60						
67.5	207.5	Kim Alexandr	81	RUS	7/3/2014	Novosibirsk
75	270.0	Telidis Kostas	89	RUS	7/22/2018	Blagoveschensk
82.5	295.0	Stupnikov Roman	88	RUS	4/16/2015	Rostov
90	317.5	Umerenkov Igor	80	RUS	8/11/2013	Kursk
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	265.0	Hickey Austin	80	IRE	6/3/2017	Moscow
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

140
140+

Junior (20 - 23)

52						
56						
60						
67.5						
75	235.0	Aldatkhamid Beyrdmurat	92	MGL	8/24/2014	Moscow
82.5	240.0	Batbold Otgonbaatar	96	MGL	8/14/2016	Kursk
90	252.5	Jigmedserchin Saruul-Erdene	92	MGL	8/14/2016	Kursk

100
110
125
140
140+

T1 (13 - 15)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

T2 (16 - 17)

52						
56						
60						
67.5						
75	230.0	Boytssov Artem	98	RUS	12/5/2015	Kursk

82.5
90
100
110
125
140
140+

T3 (18 - 19)

52						
56						
60						
67.5						
75	180.0	Krasnyy Dmitriy	92	RUS	10/19/2013	Krasnodar
82.5						
90						
100	282.5	Swensen Cody	94	USA	9/1/2013	Idaho Falls

110
125
140
140+

M SM 33-39

52						
56						
60						
67.5						
75	245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
82.5	282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
90	295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
100	320.0	Umerenkov Igo	80	RUS	8/1/2015	Blagoveschensk
110	265.0	Hickey Austin	80	IRE	6/3/2017	Moscow
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow
140						
140+						

M1 (40 - 44)

52						
56						
60						
67.5						
75	230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow 4th
82.5	250.0	Sosorbaram Jargalsaikhan	70	MGL	8/24/2014	Moscow
90						
100						
110	260.5	Ustinov Yuriy	75	RUS	12/3/2016	Kursk
125	315.0	Hickey James	77	IRE	8/5/2018	Manchester
140						
140+						

M2 (45 - 49)

52						
56						
60						
67.5						
75	155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
82.5						
90	260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
100	205.0	Zambello Jeff		CAN	9/1/2013	Idaho Falls
110						
125						
140						
140+						

M3 (50 - 54)

52						
56						
60						
67.5						
75						
82.5						
90						
100						
110	150.0	Israilov Arbi	63	RUS	7/22/2018	Blagoveschensk
125	290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg
140						
140+						

M4 (55 - 59)

52						
56						
60						
67.5						
75	255.0	Little Art	55	USA	9/1/2013	Idaho Falls
82.5	215.0	Tarboinov Vladimir	54	RUS	8/24/2014	Moscow
90	210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
100	250.0	Bakke Jay	57	USA	9/1/2013	Idaho Falls
110						
125						
140						
140+						

M5 (60 - 64)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

75	205.0	Popov Viktor	52	RUS	8/24/2014	Moscow
100	235.0	Jeurink James	53	USA	8/6/2016	Grand Rapids MI
125	200.0	Zenzen Dick	52	USA	9/2/2015	Idaho Falls ID

M6 (65 - 69)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

82.5	215.0	Tseveendorj Maamchuluun	46	MGL	8/24/2014	Moscow
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M7 (70 - 74)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

M8 (75 - 79)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

82.5	145	Sannikov Vladislav	38	RUS	8/24/2014	Moscow
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AWPC Deadlift Records Women**Women Open**

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
48	140.5	Yenina Yelena	89	RUS	8/14/2016	Kursk
52						
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	190.0	Umerenkova Yuliya	80	RUS	8/12/2017	Kursk
82.5						
90						
90+	82.5	Zenzen Linda	54	USA	5/28/2017	Lisle IL
44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
48						

52
56
60
67.5
75
82.5
90
90+

170.0 Gongor Otgontuya 91 MGL 8/24/2014 Moscow

T1 (13 - 15)

44
48
52
56
60
67.5
75
82.5
90
90+

T2 (16 - 17)

44
48
52
56
60
67.5
75
82.5
90
90+

120.0 Ficekova Rebeka SVK 8/5/2018 Manchester 4th

T3 (18 - 19)

44
48
52
56
60
67.5
75
82.5
90
90+

W SM 33-39

44
48
52
56
60
67.5
75
82.5
90
90+

140.0 Vakhterova Yuliya 80 RUS 8/24/2014 Moscow

200.0 Umerenkova Yuliya 80 RUS 12/6/2014 Kursk

190.0 Umerenkova Yuliya 80 RUS 8/12/2017 Kursk

M1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
90+

M2 (45-49)

44

48
52
56
60
67.5
75
82.5
90
90+

M3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
90+

M4 (55-59)

44
48
52
56
60
67.5
75
82.5
90
90+

M5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
90+

82.5 Zenzen Linda

54

USA

5/28/2017

Lisle IL

4th