

**AWPC RAW Bench Records****Men's Open**

<b>52</b>	147.5	Shanin Alexander	78	RUS	11/30/2013	Yekaterinbourg	
<b>56</b>	155.0	Karaziya Sergei	87	RUS	8/23/2014	Moscow	
<b>60</b>	170.5	Kalaychev Yanis	85	RUS	8/17/2013	Novosibirsk	4th
<b>67.5</b>	175.0	Bezhashvili Tsozne	85	GEO	8/7/2012	Kryvyi Rig, Ukr	
<b>75</b>	195.5	Milostnoy, Stanislav	78	RUS	9/28/2011	Yekaterinbourg	
<b>82.5</b>	215.0	Sapozhonkov Andrei	87	RUS	10/30/2014	Saint Petersburg	
<b>90</b>	225.0	Filimonov Oleg	87	RUS	9/10/2017	Lisle IL	
<b>100</b>	235.0	Filimonov Oleg	87	RUS	12/5/2014	Kursk	
<b>110</b>	232.5	Mordvinov Sergei	82	RUS	8/12/2018	Kursk	4th
<b>125</b>	260.0	Gulyan Arthur	82	RUS	3/25/2016	Rostov	
<b>140</b>	251.0	Zavgorodniy Andrei	81	RUS	8/13/2016	Kursk	4th
<b>140+</b>	263.0	Lecuyer Joe	83	CAN	6/24/2018	Ontario Canada	

**Men's Junior 20-23**

<b>52</b>	105.0	Kolisnichenko Alexey	94	RUS	6/24/2018	Le Pont de Claix Franc	
<b>56</b>	130.0	Karaziya, Sergei	87	RUS	8/19/2010	Moscow	
<b>60</b>	125.0	Suyetnov, Dmitry	88	RUS	2/27/2009	Chelyabinsk	
<b>67.5</b>	160.0	Maklakov Alexei	92	RUS	2/8/2014	Yekaterinbourg	
<b>75</b>	185.0	Khadziev Vakha	94	RUS	8/12/2016	Kursk	
<b>82.5</b>	180.0	Yudin Maxim	93	RUS	6/3/2017	Moscow	
<b>90</b>	202.5	Yusupov Khasan	89	RUS	6/14/2013	Moscow	
<b>100</b>	207.5	Grigoryan Armand	94	RUS	12/5/2014	Kursk	
<b>110</b>	220.0	Sarsht, Alexander	87	RUS	2/27/2009	Chelyabinsk	
<b>125</b>	232.5	Fairchild Richard III	95	USA	5/28/2017	Lisle IL	
<b>140</b>	212.5	Fairchild Richard III	95	USA	8/6/2016	Grand Rapids MI	
<b>140+</b>	210.0	Sheremtyev Maxim	94	RUS	8/13/2016	Kursk	

**13-15**

<b>52</b>	82.5	Starilov Vitaliy	94	RUS	3/20/2010	Kypck	
<b>56</b>	92.5	Kudryavtsev, Ivan	93	RUS	2/27/2009	Chelyabinsk	
<b>60</b>	107.5	Shapapov Maxim	98	RUS	12/13/2014	Yekaterinbourg	
<b>67.5</b>	113.0	Yurshin Dmitriy	2001	RUS	8/12/2017	Kursk	
<b>75</b>	150.0	Koltlyarskiy Alexandr	2001	RUS	7823/17	Blaoveschensk	4th
<b>82.5</b>	135.0	Vasilchenko Sergei	2002	RUS	8/12/2018	Kursk	
<b>90</b>	132.5	O'Halloran Gabe	97	CAN	6/9/2013	Ontario, Can	
<b>100</b>	145.0	Bukharin Alexandr	99	RUS	8/24/2014	Moscow	4th
<b>110</b>	140.0	Swanson Dominic	98	USA	7/19/2014	Detroit MI	
<b>125</b>	137.5	Howard, Triston	96	USA	9/1/2011	Idaho Falls	

**AWPC RAW Bench Records**

<b>140</b>	91.0	Wheaton Sam	2000	CAN	6/28/2014	Nova Scotia Canada	
<b>140+</b>							
		<b>16-17</b>					
<b>52</b>	90.0	Shorokhov Alexei	98	RUS	12/5/2014	Kursk	4th
<b>56</b>	120.0	Gladyshev Artur	96	RUS	8/22/2014	Moscow	
<b>60</b>	120.0	Murzin Yuriy	2000	RUS	11/3/2017	Moscow Russia	
<b>67.5</b>	142.5	Skalozubov Roman	97	RUS	3/25/2016	Rostov	
<b>75</b>	170.0	Kotlyarskiy Alexandr	2001	RUS	7/22/2018	Blagoveschensk	
<b>82.5</b>	160.5	Israfilov Adil	97	RUS	12/13/2014	Yekaterinburg	
<b>90</b>	155.0	Zaborovsky, Georgy	92	RUS	10/2/2009	Rostov	
<b>100</b>	190.0	Bryant Trevor		USA	7/19/2014	Detroit MI	
<b>110</b>	160.0	Tozliyan Artur	96	RUS	10/25/2014	Krasnodar	
<b>125</b>	160.0	Mashak, Jesse	94	USA	4/13/2012	Burr Ridge	4th
<b>140</b>							
<b>140+</b>	143.0	Nechushkin Artem	99	RUS	4/25/2016	Krasnodar	
		<b>18-19</b>					
<b>52</b>	105.0	Gorelkin Ivan	94	RUS	8/7/2012	Kryvyi Rig, Ukr	
<b>56</b>	122.5	Malyshev Andrei	94	RUS	11/8/2013	Vologda	
<b>60</b>	140.0	Bragin, Sergiy	91	UKR	10/2/2009	Rostov	4th
<b>67.5</b>	137.5	Zelenin Artem	96	RUS	3/21/2015	Yekaterinburg	
<b>75</b>	160.0	Khadziev Vakha	94	RUS	8/22/2014	Moscow	4th
<b>82.5</b>	175.0	Dronov Bogdan	94	RUS	6/14/2013	Moscow	4th
<b>90</b>	191.0	Grigoryan Arman	94	RUS	8/7/2012	Kryvyi Rig, Ukr	
<b>100</b>	185.0	Lyubchenko Vladislav	97	RUS	4/16/2015	Rostov	
<b>110</b>	175.0	Albo Josh	96	USA	7/25/2015	Romulus MI	
<b>125</b>	207.5	Yuzhakov Anton	93	UKR	8/8/2012	Kryvyi Rig, Ukr	
<b>140</b>	215.0	Hipply Seth	94	USA	7/20/2013	Detroit	
<b>140+</b>	177.5	Kaiser, Mason	91	USA	9/3/2010	Idaho Falls	
		<b>Men's Submaster 33-39</b>					
<b>52</b>	147.5	Shanin Alexander	78	RUS	11/30/2013	Yekaterinbourg	
<b>56</b>	127.5	Artemyev, Oleg	71	RUS	10/2/2009	Rostov	
<b>60</b>	130.5	Roberson Jeron	81	USA	9/10/2017	Lisle IL	
<b>67.5</b>	162.5	Alexadrov Alexander	79	RUS	8/16/2012	Novosibirsk	
<b>75</b>	165	Noskov, Alexei	74	RUS	10/2/2009	Rostov	
<b>82.5</b>	185.0	Galaida, Andrei	72	RUS	10/2/2009	Rostov	
<b>90</b>	203.5	Konchakov Vladimir	73	RUS	5/30/2014	Kursk	
<b>100</b>	230.0	Orlov Ilya	82	RUS	11/3/2017	Moscow Russia	
<b>110</b>	232.5	Mordvinov Sergei	82	RUS	8/12/2018	Kursk	4th

**AWPC RAW Bench Records**

<b>125</b>	260.0	Gulyan Arthur	82	RUS	3/25/2016	Rostov	
<b>140</b>	251.0	Zavgorodniy Andrei	81	RUS	8/13/2016	Kursk	4th
<b>140+</b>	263.0	Lecuyer Joe	83	CAN	6/24/2018	Ontario Canada	

**Men's Master****40-44**

<b>52</b>							
<b>56</b>	117.5	Artemyev Igor	71	RUS	8/7/2012	Kryvyi Rig, Ukr	
<b>60</b>	126.0	Artemiev Oleg	71	RUS	8/23/2014	Moscow	
<b>67.5</b>	150.0	Zabolotnev, Vladimir	68	RUS	4/5/2011	Chelyabinsk	
<b>75</b>	180.0	Koshkin Sergei	71	RUS	10/25/2014	Krasnodar	
<b>82.5</b>	205.0	Melyaev, Eduard	70	RUS	9/28/2011	Yekaterinbourg	
<b>90</b>	208.0	Body Bobby	74	USA	5/28/2017	Lisle IL	4th
<b>100</b>	215.0	Murray, William	70	USA	4/17/2010	Detroit	
<b>110</b>	207.5	Connors, Andrew	69	USA	4/1/2011	West Palm Beach	
<b>125</b>	220.0	Stryga Olexandr	67	UKR	8/8/2012	Kryvyi Rig, Ukr	
<b>140</b>	242.5	Mortimer Lee	77	GBR	8/5/2018	Manchester	
<b>140+</b>	255.0	Bradford Reggie	71	USA	7/20/2013	Detroit	

**45-49**

<b>52</b>	110.0	Willis Richard	69	GBR	6/24/2018	Le Pont de Claix Franc	
<b>56</b>	115.0	Willis Richard	69	GBR	8/5/2018	Manchester	
<b>60</b>	127.5	Vlasov Alexandr	71	RUS	8/12/2018	Kursk	
<b>67.5</b>	150.0	Bram Kenneth	66	USA	4/10/2015	Glen Ellyn IL	4th
<b>75</b>	155.0	Palamarchuk Sergei	68	RUS	7/23/2017	Blagoveschensk	
<b>82.5</b>	190.5	Reshetnikov, Vladimir	60	RUS	10/2/2009	Rostov	
<b>90</b>	202.5	Galayda Andrey	72	RUS	11/3/2017	Moscow Russia	
<b>100</b>	192.5	Tarasov Alexandr	70	RUS	12/5/2015	Kursk	
<b>110</b>	192.5	Veles Yevgeniy	68	RUS	8/23/2014	Moscow	
<b>125</b>	210.5	Blackmon Kenny	71	USA	9/10/2017	Lisle IL	
<b>140</b>	227.5	Susztay Erik	75	SVK	8/5/2018	Manchester	4th
<b>140+</b>	245.0	Trofimov Boris	72	RUS	8/12/2018	Kursk	

**50-54**

<b>52</b>	67.5	Anisimova Ludmila	65	RUS	11/3/2017	Moscow Russia	
<b>56</b>	102.5	Yershov Viktor	60	RUS	11/8/2013	Vologda	
<b>60</b>	100.0	Dvoynikov Oleg	60	RUS	3/22/2014	Vologda	
<b>67.5</b>	118.0	Chistyakov Igor	65	RUS	6/3/2017	Moscow	
<b>75</b>	151.0	Tatarkin, Alexander	55	RUS	10/2/2009	Rostov	
<b>82.5</b>	182.5	Reshetnikov Vladimir	60	RUS	8/18/2010	Moscow	
<b>90</b>	175.0	Thunberg, Ken	62	USA	7/19/2014	Detroit MI	

**AWPC RAW Bench Records**

<b>100</b>	190.0	Walsh Matthew	63	USA	5/28/2017	Lisle IL	4th
<b>110</b>	210.0	Lebedev Igor	62	RUS	8/23/2014	Moscow	4th
<b>125</b>	212.5	Conley, Jeff	58	USA	9/2/2011	Idaho Falls	4th
<b>140</b>	207.5	Nevzorov Mykhaylo	61	UKR	8/8/2012	Kryvyi Rig, Ukr	
<b>140+</b>	210.0	Nasteka Igor	64	RUS	8/13/2016	Kursk	
<b>55-59</b>							
<b>52</b>	70.0	Grachev Nikolai	56	RUS	4/4/2013	Krasnodar	
<b>56</b>							
<b>60</b>							
<b>67.5</b>	125.0	Khan Valdimir	62	RUS	11/3/2017	Moscow Russia	
<b>75</b>	142.5	Kaseev Arsen	55	UKR	8/7/2012	Kryvyi Rig, Ukr	4th
<b>82.5</b>	155.0	Rudenko Sergei	59	RUS	10/25/2014	Krasnodar	
<b>90</b>	170.0	Krasnov Nikolai	60	RUS	6/3/2017	Moscow	
<b>100</b>	185.0	Zakharov Vladimir	55	RUS	10/25/2014	Krasnodar	
<b>110</b>	180.0	Yegozaryan, Grachik	52	RUS	10/2/2009	Rostov	
<b>125</b>	202.5	Nikolaev Mikhail	61	RUS	8/13/2016	Kursk	
<b>140</b>	192.5	Edwards Bruce	58	USA	4/20/2018	Grand Rapids MI	4th
<b>140+</b>	165.0	Herd, Peter	49	USA	3/4/2009	Idaho Falls	
<b>60-64</b>							
<b>52</b>							
<b>56</b>							
<b>60</b>							
<b>67.5</b>	102.5	Garlitz, Dale	50	USA	9/2/2011	Idaho Falls	
<b>75</b>	140.0	Papushoy Viktor	83	RUS	8/23/2014	Moscow	
<b>82.5</b>	150.0	Russell Sonny	55	USA	9/4/2015	Idaho Falls	4th
<b>90</b>	167.5	Gadzhiev Abdulla	56	RUS	8/12/2018	Kursk	
<b>100</b>	182.5	McIntyre Bruce	57	CAN	6/23/2018	Ontario Canada	
<b>110</b>	172.5	Howell Ray	54	USA	4/10/2015	Glen Ellyn IL	
<b>125</b>	180.0	Egozaryan Grachik	52	RUS	8/23/2014	Moscow	
<b>140</b>	172.5	Popov Vladimir	56	RUS	6/3/2017	Moscow	
<b>140+</b>							
<b>65-69</b>							
<b>52</b>							
<b>56</b>							
<b>60</b>							
<b>67.5</b>	107.5	Garlitz, Dale	50	USA	4/21/2016	Idaho Falls	
<b>75</b>	127.5	Zyablikov Ivan	48	RUS	7/17/2015	Chelyabinsk	
<b>82.5</b>	132.5	Tsoriev Eldar	46	RUS	11/30/2013	Yekaterinbourg	

**AWPC RAW Bench Records**

<b>90</b>	140.0	Khusnetdinov Amir	48	RUS	8/23/2014	Moscow	
<b>100</b>	155.0	Breaux Vince	45	USA	4/27/2014	Baton Rouge LA	
<b>110</b>	137.5	Arnold Ross	47	USA	7/19/2014	Detroit MI	
<b>125</b>	130.0	Chernyshev Vladimir	48	RUS	4/19/2014	Krasnodar	
<b>140</b>	162.5	Nelson Tom	48	USA	4/27/2014	Baton Rouge LA	
<b>140+</b>							
		<b>70-74</b>					
<b>52</b>							
<b>56</b>							
<b>60</b>	95.0	Casale Michael	47	USA	5/28/2017	Lisle IL	
<b>67.5</b>	112.5	Chepets Yuriy	43	RUS	12/5/2015	Kursk	
<b>75</b>	120.0	Dvizov Yuriy	47	RUS	8/12/2018	Kursk	
<b>82.5</b>	117.5	Barabanov German	40	RUS	8/23/2014	Moscow	
<b>90</b>	132.5	Andrianov Alexandr	44	RUS	7/2/2015	Novosibirsk	
<b>100</b>	132.5	Brown, Ed	39	USA	4/17/2010	Detroit	4th
<b>110</b>	170.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls	
<b>125</b>	188.0	Flikas George	42	CAN	7/20/2013	Detroit	4th
<b>140</b>							
<b>140+</b>							
		<b>75-79</b>					
<b>52</b>							
<b>56</b>							
<b>60</b>							
<b>67.5</b>	95.0	Plagov, Iosif	35	USA	8/30/2013	Idaho Falls	
<b>75</b>	107.5	Lindas Gerald	36	USA	7/20/2013	Detroit	
<b>82.5</b>	110.0	Scott Ian	37	USA	5/28/2017	Lisle IL	
<b>90</b>	97.5	Anczerewicz Wally	42	USA	9/10/2017	Lisle IL	
<b>100</b>	127.5	Bantov Leonid	42	RUS	4/1/2018	Saint Petersburg	
<b>110</b>							
<b>125</b>							
<b>140</b>							
<b>140+</b>							
		<b>80-84</b>					
<b>52</b>							
<b>56</b>							
<b>60</b>							
<b>67.5</b>	90.0	Plagov Iosif	35	USA	4/10/2015	Glen Ellyn IL	
<b>75</b>	97.5	Lindas Gerald	36	USA	8/5/2017	Grand Rapids MI	

**AWPC RAW Bench Records**

<b>82.5</b>	110.0	Scott Ian	37	USA	9/10/2017	Lisle IL
<b>90</b>	52.5	Svirnenko, Vitaliy	27	UKR	8/19/2010	Moscow
<b>100</b>						
<b>110</b>						
<b>125</b>						
<b>140</b>						
<b>140+</b>						

**AWPC RAW Bench Records****Women's**

<b>44</b>	77.5	Murasheva Yuliya	70	RUS	8/22/2014	Moscow
<b>48</b>	80.0	Ber Natalya	81	RUS	2/8/2014	Yekaterinbourg
<b>52</b>	90.5	Kadatska Ganna	77	UKR	8/6/2012	Kryvyi Rig
<b>56</b>	105.0	Konovalova, Natalya	74	RUS	9/28/2011	Yekaterinbourg
<b>60</b>	102.5	Vlasova Nadezhda	82	RUS	5/30/2014	Kursk
<b>67.5</b>	110.0	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow
<b>75</b>	110.0	Vorobyeva Regina	80	RUS	8/10/2013	Kursk
<b>82.5</b>	97.5	Pugovkina Alla	75	RUS	8/22/2014	Moscow
<b>90</b>	102.5	Kibalina, Tatyana	74	RUS	9/28/2011	Yekaterinbourg
<b>90+</b>	145.0	Davis Jasmine	92	USA	4/20/2018	Grand Rapids MI

**Women's 13-15**

<b>44</b>	57.5	Dluzhnevskaya, Vladislava	00	RUS	9/28/2011	Yekaterinbourg
<b>48</b>	70.0	Babaeva Tatyana	2000	RUS	12/15/2018	Dolgoprudnyy
<b>52</b>	47.5	Fedoseeva Darya	2000	RUS	12/5/2015	Kursk
<b>56</b>	60.0	Maximova Anastasiya	94	RUS	3/20/2010	Kursk
<b>60</b>	97.5	Yultsova Viktoriya	2002	RUS	6/3/2017	Moscow
<b>67.5</b>	60.0	Shinkareva Yelizaveta	98	RUS	4/4/2013	Krasnodar
<b>75</b>						
<b>82.5</b>	35.0	Adiyak, Yekaterina	97	RUS	9/28/2011	Yekaterinbourg
<b>90</b>						
<b>90+</b>	42.5	Antukh Yekaterina	2000	RUS	7/3/2014	Novosibirsk

**Women's 16-17**

<b>44</b>						
<b>48</b>	65.0	Fedoseeva Darya	2000	RUS	8/12/2017	Kursk
<b>52</b>	60.0	Fedoseeva Darya	2000	RUS	8/12/2016	Kursk
<b>56</b>	62.5	Saydentsal Anastasiya	98	RUS	7/2/2015	Novosibirsk
<b>60</b>	67.5	Shinkareva Yelizaveta	98	RUS	7/3/2014	Novosibirsk

**AWPC RAW Bench Records**

<b>67.5</b>	82.5	Clafin Tayler	98	USA	9/2/2016	Idaho Falls	
<b>75</b>	55.0	Ficekova Rebeka		SVK	8/5/2018	Manchester	
<b>82.5</b>	67.5	Coffell Darienne	2000	USA	8/5/2017	Grand Rapids MI	4th
<b>90</b>							
<b>90+</b>							
<b>Women's 18-19</b>							
<b>44</b>	50.5	Vasylichenko Anaastasiya	92	UKR	8/6/2012	Kryvyy Rig	
<b>48</b>	60.0	Babayeva Tatyana	2000	RUS	3/10/2018	Chelyabinsk	
<b>52</b>	85.0	Kumuts Svetlana	95	RUS	11/30/2013	Yekaterinbourg	4th
<b>56</b>	70.0	Martynenko Irina	97	RUS	12/5/2015	Kursk	
<b>60</b>	77.5	Shinkareva Yelizaveta	98	RUS	7/7/2016	Novosibirsk	
<b>67.5</b>	67.5	Kovylina, Svetlana	91	RUS	8/19/2010	Moscow	
<b>75</b>	75.0	Seeley Kayla	96	USA	7/25/2015	Romulus MI	
<b>82.5</b>	60.0	Martinez Ashleigh	95	USA	7/20/2013	Detroit MI	4th
<b>90</b>							
<b>90+</b>							
<b>Women's 20-23</b>							
<b>44</b>	52.5	Obrazumova, Ekaterina	87	RUS	8/19/2010	Moscow	
<b>48</b>	70.5	Ivanova Olga	96	RUS	6/3/2017	Moscow	
<b>52</b>	67.5	Lapshova Mariya	91	RUS	4/20/2012	Rostov	
<b>56</b>	75.0	Telpova, Olga	86	RUS	8/9/2009	Kursk	
<b>60</b>	82.5	Yablonskaya, Anastasiya	89	RUS	8/19/2010	Moscow	
<b>67.5</b>	90.0	Biryucheva Inna	96	RUS	12/17/2017	Yekaterinbourg	
<b>75</b>	82.5	Seeley Kayla	96	USA	8/6/2016	Grand Rapids MI	
<b>82.5</b>	52.5	Goryainova Svetlana	94	RUS	12/5/2014	Kursk	
<b>90</b>	75.0	Mikovits Aubrey	95	USA	4/20/2018	Grand Rapids MI	4th
<b>90+</b>	80.0	Tsarevskaya Yekaterina	90	RUS	10/19/2012	Krasnodar	
<b>Women's Submaster 33-39</b>							
<b>44</b>	37.5	Gubanova Natalya	77	RUS	8/17/2013	Novosibirsk	
<b>48</b>	67.5	Dzina, Margarita	69	RUS	2/27/2009	Chelyabinsk	
<b>52</b>	72.5	Tarasova, Yuliya	73	RUS	8/19/2010	Moscow	
<b>56</b>	105.0	Konovalova, Natalya	74	RUS	9/28/2011	Yekaterinbourg	
<b>60</b>	92.5	Rakcheeva, Anastasiya	71	RUS	10/2/2009	Rostov	
<b>67.5</b>	85.0	Tyutereva Yuliya	80	RUS	7/31/2016	Blagoveschensk	
<b>75</b>	85.0	Bako, Natalya	73	RUS	9/3/2010	Idaho Falls	
<b>82.5</b>	105.0	Pugovkina, Alla	75	RUS	8/22/2014	Moscow	

**AWPC RAW Bench Records**

<b>90</b>	102.5	Kibalina, Tatyana	74	RUS	9/28/2011	Yekaterinbourg	
<b>90+</b>	90.0	Skobelkina, Yelena	73	RUS	11/25/2011	Novosibirsk	70

**Women's Master****40-44**

<b>44</b>	77.5	Murasheva Yuliya	70	RUS	8/22/2014	Moscow	
<b>48</b>	52.5	Marieva Natalya	68	RUS	6/7/2012	Moscow	
<b>52</b>	72.5	Shelepova Yelena	73	RUS	7/15/2017	Chelyabinsk	
<b>56</b>	77.5	Tarasova Yuliya	73	RUS	8/22/2014	Moscow	4th
<b>60</b>	92.5	Rakcheeva, Anastasia	71	RUS	4/20/2012	Rostov	
<b>67.5</b>	110.0	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
<b>75</b>	105.0	Sinacheva, Svetlana	66	RUS	9/28/2011	Yekaterinbourg	
<b>82.5</b>	97.50	Sinacheva, Svetlana	66	RUS	3/20/2010	Kursk	
<b>90</b>	70.00	Bowen Brenda	72	USA	4/22/2016	Idaho Falls ID	
<b>90+</b>	122.50	Reske Kristy	77	USA	7/21/2012	Detroit	

**45-49**

<b>44</b>	27.5	Cordeiro Pugh Christy	70	USA	9/2/2016	Idaho Falls ID	
<b>48</b>	55.0	Marieva Natalya	68	RUS	5/30/2014	Kursk	
<b>52</b>	65.0	Kushkova Yelena	67	RUS	11/30/2013	Yekaterinbourg	
<b>56</b>	62.5	Khisamova Olga	72	RUS	6/3/2017	Moscow	
<b>60</b>	67.5	Potapova Natalia	72	RUS	11/3/2017	Moscow Russia	
<b>67.5</b>	105.0	Lukyanova Marina	72	RUS	8/12/2018		
<b>75</b>	105.0	Sinacheva, Svetlana	66	RUS	4/20/2012	Rostov	
<b>82.5</b>	85.0	Ritchie Charlie	71	USA	9/2/2016	Idaho Falls	4th
<b>90</b>	95.0	Milliner, Kathy	64	USA	8/29/2013	Idaho Falls	
<b>90+</b>	92.5	Milliner, Kathy	64	USA	8/30/2012	Idaho Falls	4th

**50-54**

<b>44</b>							
<b>48</b>	65.0	Aprelova Nadezhda	63	RUS	8/12/2016	Kursk	
<b>52</b>	57.5	Gafina Yelena	64	RUS	7/2/2016	Chelyabinsk	
<b>56</b>							
<b>60</b>	80.0	Nazmeyerova Gulnara	67	RUS	3/10/2018	Chelyabinsk	
<b>67.5</b>	77.5	Damminga Debbie	61	USA	4/26/2013	Grand Rapids MI	
<b>75</b>	65.0	Sheremenko, Svitlana	59	UKR	10/2/2009	Rostov	
<b>82.5</b>	90.0	Tsukanova, Natalya	56	UKR	10/2/2009	Rostov	
<b>90</b>							
<b>90+</b>	92.5	Sivkovich Tatyana	65	RUS	6/3/2017	Moscow	

**55-59**



**AWPC RAW Bench Records**

<b>44</b>							
<b>48</b>							
<b>52</b>							
<b>56</b>	75.0	Miller, Hedy	52	USA	3/4/2009	Idaho Falls	
<b>60</b>	45.0	Theux Sylvie	64	FRA	6/24/2018	Le Pont de Claix Franc	
<b>67.5</b>	60.0	Shabanova, Nadeza		RUS	9/3/2010	Idaho Falls	
<b>75</b>	60.0	Chuba Tatyana	59	RUS	4/15/2015	Rostov	
<b>82.5</b>	47.5	Shockley Sheryl	57	USA	9/3/2015	Idaho Falls ID	
<b>90</b>							
<b>90+</b>	82.5	Shavnov, Anatoli		RUS	9/1/2011	Idaho Falls	
		<b>60-64</b>					
<b>44</b>							
<b>48</b>	55	Krochmal Carol	58	USA	4/27/2014	Baton Rouge LA	
<b>52</b>	45	Kondratyeva Galina	52	RUS	6/7/2012	Moscow	
<b>56</b>	62.5	Gosteva Valentina	55	RUS	8/12/2016	Kursk	
<b>60</b>	65	Gosteva Valentina	55	RUS	12/3/2016	Kursk	
<b>67.5</b>							
<b>75</b>	45	Johnston Monica	49	CAN	8/28/2014	Idaho Falls	4th
<b>82.5</b>	50	Shockley Sheryl	57	USA	9/1/2017	Idaho Falls ID	
<b>90</b>							
<b>90+</b>	47.5	Koos Linda	54	USA	9/3/2015	Idaho Falls ID	
		<b>65-69</b>					
<b>44</b>							
<b>48</b>							
<b>52</b>							
<b>56</b>	45	Kondratyeva Galina	52	RUS	6/3/2017	Moscow	
<b>60</b>							
<b>67.5</b>							
<b>75</b>	40	Johnston Monica	49	CAN	8/31/2018	Idaho Falls ID	
<b>82.5</b>	40	Estabrooks Margaret Ann	47	CAN	9/2/2016	Idaho Falls ID	
<b>90</b>	40	Sink, Janet	42	USA	4/1/2011	West Palm Beach	
<b>90+</b>							
		<b>70-74</b>					
<b>44</b>							
<b>48</b>							
<b>52</b>							
<b>56</b>							
<b>60</b>							

**AWPC RAW Bench Records**

67.5

75

82.5

90 45 Sink Janet 42 USA 4/26/2013 Grand Rapids MI

90+ 50.5 Sink Janet 42 USA 8/6/2016 Grand Rapids MI

**75-79**

44

48

52

56

60

67.5

75 46.0 Tsverova, Galina 31 RUS 10/2/2009 Rostov

82.5

90

90+ 47.5 Sink Janet 42 USA 4/20/2018 Grand Rapids MI 4th

**80-84**

44

48

52

56

60

67.5

75 50 Tsvereva Galina 31 RUS 10/19/2012 Krasnodar

82.5

90

90+



