

AWPC Single Ply Men's Bench Records

Class	Record	Name	DOB	Nat	Date of Record	Location	
52	130	Sokushev Vadim	90	RUS	7/4/2014	Novosibirsk	
56							
60							
67.5	200.5	Sufiyarov Ayrat	84	RUS	8/24/2014	Moscow	
75	247.5	Teidis Kostas	89	RUS	7/23/2017	Blagoveschensk	
82.5	230	Taivantumur Amarzaya	87	MGL	8/24/2014	Moscow	
90	250	Khumuugul Battumur	74	MGL	8/24/2014	Moscow	
100	292.5	Abdullin Marat	85	RUS	8/24/2014	Moscow	
110	291	Yevstigneev Mikhail	76	RUS	8/13/2016	Kursk	4th
125	300	Bujinlkham Altangerel	76	MGL	8/24/2014	Moscow	
140	355	Aumavae Sammy	72	USA	8/31/2014	Idaho Falls	
140+	270	Bergert Lev	66	RUS	8/24/2014	Moscow	

Women's AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
44	47.5	Tskhay Natalya	75	KAZ	7/4/2014	Novosibirsk	
48	80	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk	4th
52	112.5	Veilkaya Yekaterina	90	RUS	3/25/2016	Rostov	
56	100.5	Pustovit Mariya	85	RUS	12/5/2015	Kursk	
60	105	Baranova Kristina	88	RUS	7/4/2014	Novosibirsk	
67.5	140	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
75	120	Gomaleeva Natalya	85	RUS	3/21/2015	Yekaterinburg	
82.5	132.5	Pugovkina Alla	75	RUS	8/24/2014	Moscow	
90	100.5	Wetenhall Kathy	53	USA	4/20/2018	Grand Rapids MI	
90+							

Men's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	157.5	Gansukh Ayurbold	91	RUS	8/24/2014	Moscow
75	197.5	Abdyushev Arthur	93	RUS	3/25/2016	Rostov
82.5	205	Lashkari Ali	95	IRN	12/1/2016	Kursk
90	180	Karapetyan Artush	91	RUS	8/24/2014	Moscow
100	227.5	Sonntag Joseph	90	USA	4/27/2014	Baton Rouge LA
110	215	Fedoseev Kirill	92	RUS	2/8/2014	Yekaterinburg
125	217.5	Myagmarjav Dorj	95	MGL	8/13/2016	Kursk
140						
140+						

Women's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
90+

56	100	Blinkova Natalya	91	RUS	8/24/2014	Moscow
60	100	Linnik Liliya	95	RUS	4/16/2015	Rostov

#### Men's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	80	Demyanenko Kirill	2002	RUS	11/3/2017	Moscow Russia
75	120	Kuvshinov Ilya	99	RUS	8/24/2014	Moscow
82.5	130	Zazulin Nikita	98	RUS	2/8/2014	Yekaterinburg
90						
100						

110  
125  
140  
140+

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52	50	Marchant Zac	2001	USA	8/30/2018	Idaho Falls ID	
56	100	Borenkov Maxim	96	RUS	5/30/2014	Kursk	
60							
67.5							
75	172.5	Simon Masih	2002	IND	12/15/2018	Dolgoprudnyy	4th
82.5	162.5	Sushkov Filipp	97	RUS	8/15/2015	Kursk	
90							
100							
110							
125							
140							
140+							

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60	100	Mourad Mohamed Ahmed Mohamed Elsaid	96	EGY	9/2/2015	Idaho Falls ID	
67.5							
75	142.5	Tonkoglaz Vladimir	96	RUS	8/24/2014	Moscow	
82.5	117.5	Ruane Peter	96	USA	4/10/2015	Glen Ellyn IL	
90	185	Ramatov Akzholtoi	96	RUS	8/14/2015	Kursk	
100	190	Osipov Alexei	96	RUS	10/25/2014	Krasnodar	
110	210	Kiselev Sergei	95	RUS	5/30/2014	Kursk	
125	242.5	Pogorelov Roman	96	RUS	8/15/2015	Kursk	
140							
140+							

Women's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48	60	Sokhina Anastasiya	2000	RUS	8/13/2016	Kursk
52						
56						
60						
67.5	60	Brakhnova Anastasiya	2001	RUS	8/15/2015	Kursk
75						
82.5						
90						
90+						

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52	55	Lukina Alena	96	RUS	5/30/2014	Kursk
56						
60						
67.5	95	Safronova Marina	98	RUS	5/30/2014	Kursk
75	102.5	Safronova Marina	98	RUS	12/5/2014	Kursk
82.5						
90						
90+						

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
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44	50	Yenina Natalya	96	RUS	8/15/2015	Kursk
48						
52						
56	92.5	Martynenko Irina	97	RUS	8/13/2016	Kursk
60						
67.5						
75						
82.5						
90						
90+						

Men's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	195	Sufiyanov Ayrat	84	RUS	9/10/2017	Lisle IL
75	232.5	Sokolov Nikolai	79	RUS	8/24/2014	Moscow
82.5	175	Palisse Franck	78	FRA	6/24/2018	Le Pont de Claix France
90	245	Vinnichenko Sergei	74	RUS	8/24/2014	Moscow
100	292.5	Gasavov Alexei	82	RUS	7/16/2017	Chelyabinsk
110	267.5	Yevstigneev Mikhail	76	RUS	8/15/2015	Kursk
125	265	Grosz Joseph	81	USA	9/2/2015	Idaho Falls ID
140	300	Kolesnichenko Sergei	79	RUS	8/9/2014	Yekaterinburg
140+						

Women's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
44	47.5	Tskhay Natalya	75	KAZ	7/4/2014	Novosibirsk
48	80	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk
52	77.5	Primak Tatyana	83	RUS	8/13/2016	Kursk

4th

56	80	Komarova Nadezhda	80	RUS	3/25/2016	Rostov
60	65	Ryzhykh Olga	79	RUS	5/30/2014	Kursk
67.5						
75						
82.5	132.5	Pugovkina Alla	75	RUS	8/24/2014	Moscow
90						
90+						

Men's Master AWPC Single Ply Bench Records

40-44 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75	170	Gurov Sergei	76	RUS	12/3/2017	Kursk Russia	
82.5	202.5	Ruelan Miguel	70	USA	7/19/2014	Detroit MI	
90	240	Konchakov Vladimir	73	RUS	7/4/2014	Novosibirsk	
100							
110	291	Yevstigneev Mikhail	76	RUS	8/13/2016	Kursk	4th

125	252.5	Vnukov Oleg	74	RUS	8/13/2016	Kursk
140	355	Aumavae Sammy	72	USA	8/31/2014	Idaho Falls
140+	197.5	Smirnov Yuriy	71	RUS	8/24/2014	Moscow

#### 45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	147.5	Bashtanov Igor	67	RUS	7/4/2014	Novosibirsk
82.5	187.5	Dremenkov Konstantin	66	BLR	8/24/2014	Moscow
90	215	Sender Aleksei	65	BLR	8/24/2014	Moscow
100	257.5	Ponzio Thomas	69	USA	9/1/2018	Idaho Falls ID
110	250	Terentyev Alexandr	69	RUS	12/12/2015	Yekaterinburg
125	215	Shadrin Vyacheslav	68	RUS	11/3/2017	Moscow Russia
140						
140+	270	Bergert Lev	66	RUS	8/24/2014	Moscow

#### 50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5						
75	150	Yemelin Yevgeniy	64	RUS	8/13/2016	Kursk
82.5	150	Cregan Sean	65	IRE	6/24/2018	Le Pont de Claix France
90	175	Starikov Alexandr	64	RUS	3/10/2018	Chelyabinsk
100	177.5	Frank Vyacheslav	62	RUS	8/13/2016	Kursk
110	208	Pivovarov Oleg	63	RUS	10/30/2014	Saint Petersburg
125	220	McAteer Wade	64	USA	5/28/2017	Lisle IL
140	240	Darley Bruce	64	USA	9/2/2015	Idaho Falls ID
140+	280	Bergert Lev	66	RUS	11/3/2017	Moscow Russia

Men's Master AWPC Single Ply Bench Records



## 55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75	100	Shiplef Cliff	59	USA	8/6/2016	Grand Rapids MI	
82.5	153	Petrof Igor	56	RUS	10/30/2014	Saint Petersburg	
90	200	Reshetov Nikolai	59	RUS	3/25/2016	Rostov	
100	190	Denniston William	56	USA	8/6/2016	Grand Rapids MI	
110	170	Frank Vyacheslav	62	RUS	6/3/2017	Moscow	
125	182.5	Cozine Noble	56	USA	8/6/2016	Grand Rapids MI	4th
140	170	Popov Vladimir	56	RUS	8/15/2015	Kursk	
140+							

## 60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75							
82.5	155	Petrof Igor	86	RUS	6/3/2017	Moscow	4th
90							
100	165	Bakke Jay	57	USA	8/30/2018	Idaho Falls ID	
110							
125	185	Popov Vladimir	56	RUS	8/13/2016	Kursk	
140	200	Popov Vladimir	56	RUS	6/3/2017	Moscow	
140+	185	Kelly Richard	54	USA	9/10/2017	Lisle IL	

## 65-69 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							

60							
67.5							
75							
82.5	97.5	Zhurkin Yevgeniy	45	RUS	8/24/2014	Moscow	
90	125	Obmelyukhin Gennadiy	48	RUS	8/15/2015	Kursk	
100	150	Li Vladimir	51	RUS	12/3/2016	Kursk	
110	192.5	Dickerson Dick	48	USA	8/6/2016	Grand Rapids MI	4th
125							
140	187.5	Wetenhall Jim	54	USA	4/20/2018	Grand Rapids MI	
140+							

Men's Master AWPC Single Ply Bench Records

70-74 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5	102.5	Kim Miron	41	RUS	8/24/2014	Moscow	
75	110	Kim Miron	41	RUS	6/5/2015	Saint Petersburg	
82.5	150	Lichtle Lee	44	USA	9/2/2015	Idaho Falls ID	4th
90	150.5	Minietta Michael	43	USA	9/2/2015	Idaho Falls ID	
100							
110							
125							
140							
140+							

75-79 Age Group

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5							
75	117.5	McDermott Joe	40	USA	8/6/2016	Grand Rapids MI	
82.5	95	Sannikov Vladislav	38	RUS	8/24/2014	Moscow	

90  
100  
110  
125  
140  
140+

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
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52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

Women's Master AWPC Single Ply Bench Records

40-44 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44					
48					
52	57.5	Pugach Yelena	75 RUS	8/15/2015	Kursk
56					
60					
67.5	140	Kuznetsova Yuliya	73 RUS	6/3/2017	Moscow
75					
82.5					
90	112.5	Frolkova Xeniya	73 RUS	7/17/2015	Chelyabinsk

90+

45-49 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
90+

50-54 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
90+

55-59 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
90+					

60-64 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56	85	Gosteva Valentina	55 RUS	8/12/2018	Kursk Russia
60					
67.5					
75					
82.5					
90	100.5	Wetenhall Kathy	53 USA	4/20/2018	Grand Rapids MI
90+					

65-69 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					

52  
56  
60  
67.5  
75  
82.5  
90  
90+

Women's Master AWPC Single Ply Bench Records

70-74 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
90+

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5

75  
82.5  
90  
90+

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44  
48  
52  
56  
60  
67.5  
75  
82.5  
90  
90+



























