

APF, AAPF, AWPf "Best Lifter" formula: (LT) * (GBC) = (PN) APF Master's Formula: (LT) * (GBC) * (MAM) = (PN)
 (LT) = Lifter's Total (GBC) = Glosbrenner Bodyweight Coefficient (PN) = Product Number (MAM) = Master's Age Multiple

August 4, 2012

Westbrook, Maine

2.2046

Morning Session

Place	Date	First	Last	Age	Class	Weight In Lbs	Weight In Kg	Glosbrenner Coefficient	Squat In Lbs	Bench In Lbs	Dead In Lbs	Total In Lbs	Product Number	Mstr's Age Multiple	Masters Prod Num	
Women's Open Raw Bench																
Best W Open	1	8/4/12	Pam	McKeage	28	Women's Open	158	71.7	0.862450		85.0	85.0	73			
Bench Only Men's Heavy 220+																
	1	8/4/12	Patrick	Mackey	41	Bench Only M HW	239	108.4	0.564850		515.0	515.0	291	1.0100	294	
	2	8/4/12	Chris	DiMeo	40	Bench Only M HW	223	101.2	0.578750		355.0	355.0	205	1.0000	205	
		8/4/12	Ryan	Ruddy	32	Bench Only M HW	238	108.0	0.565650		bombed	0.0	0			
Men's Masters 51+																
Best M Masters	1	8/4/12	Frank	Ventriglia	62	Masters 51+	223	101.3	0.578750		190.0	330.0	520.0	301	1.3930	419
Men's Masters 40-50																
Best M Masters	1	8/4/12	Scott	Nautel	44	Masters 40-50	181	82.1	0.646650		405.0	525.0	930.0	601	1.0430	627
		8/4/12	Jim	Timberlake	49	Masters 40-50	193	87.5	0.621750		bombed	0.0	0	1.1130	0	
Women's Masters																
Best W Masters	1	8/4/12	Amy	Walsh	50	Women's Masters	146	66.2	0.913450		170.0	325.0	495.0	452	1.1300	511
Teen Open																
Best Teen	1	8/4/12	Kristen	Dayne Best	17	Teen	142	64.4	0.779700		205.0	445.0	650.0	507		
	2	8/4/12	Lucas	Chapman	18	Teen	175	79.4	0.661475		235.0	435.0	670.0	443		
Raw Open Men																
Best Men's Raw	1	8/4/12	Jim	McQuaid	28	Open Men's Raw	288	130.6	0.539650		405.0	665.0	1,070.0	577		
	2	8/4/12	Mark	Ironfield	49	Open Men's Raw	224	101.6	0.577700		355.0	575.0	930.0	537	1.1130	598
	3	8/4/12	Kristen	Dayne Best	17	Open Men's Raw	142	64.4	0.779700		205.0	445.0	650.0	507		
		8/4/12	Brandon	Greaton	20	Open Men's Raw	176	79.8	0.658950		285.0	445.0	730.0	481	1.0970	528
		8/4/12	Lucas	Chapman	18	Open Men's Raw	175	79.4	0.661475		235.0	435.0	670.0	443		
		8/4/12	Stan	Wilband	48	Open Men's Raw	245	111.1	0.560950		300.0	475.0	775.0	435		
		8/4/12	Dan	Pomerleau	20	Open Men's Raw	175	79.4	0.661475		215.0	350.0	565.0	374		
		8/4/12	Steve	Sarcione	21	Open Men's Raw	154	69.9	0.727500		180.0	315.0	495.0	360		
Men's Open 149-165																
Best Men's Open	1	8/4/12	Jim	Smith	33	Men Open 149-165	154	69.9	0.727500		275.0	385.0	660.0	480		
Men's Open 182-198																
	1	8/4/12	Paul	Powers	44	Men Open 182-198	193	87.5	0.621750		355.0	550.0	905.0	563		
		8/4/12	Slava	Babayan	29	Men Open 182-198	197	89.2	0.614350		bombed	0.0	0			
Men's Open 221-242																
	1	8/4/12	John	Wiinikka	36	Men Open 221-242	230	104.3	0.572100		390.0	600.0	990.0	566		
Men's Open 243-275																
	1	8/4/12	Nathan	Robertson	36	Men Open 243-275	269	122.0	0.548800		575.0	575.0	1,150.0	631		
	2	8/4/12	Tom	McKittrick	44	Men Open 243-275	237	107.5	0.566375		285.0	460.0	745.0	422	1.0430	440