Summer Heat VI - Rock Hill, SC
September 11, 2010

Full Power																						
Name	Age	Bwt	Class	Equip	Div	Org.	SQ 1	SQ 2	SQ 3	Best SQ	B 1	B 2	B 3	Best B	SubTotal	DL 1	DL 2	DL 3	Best DL	Total Kg.	Total Lb.	Place
Hayden DuPont	11	35.8	52	Raw	T13-15	AAPF	35	42.5	42.5	42.5	25	30	32	30	72.5	55	65	70	70	142.5	314.1555	1st.
Ryan Hardee	13	55.6	56	Equip.	T13-15	AAPF	47.5	55	65	55 ⬢	52.5	57.5	62.5	57.5 ⬢	112.5	90	107.5	115	115 ⬢	227.5 ⬢	501.5465	1st.
Shanda Jeffries	41	65.3	67.5	Equip.	W-M1	AAPF	102.5	110	110	0												
Shanda Jeffries	41	65.3	67.5	Equip.	W-O	AAPF	102.5	110	110	0												
Russell Hubbs	14	73.2	75	Equip.	T13-15	AAPF	152.5	162.5	175	162.5 ⬢	82.5	110	110	110 ⬢	272.5	170	190	197.5	197.5 ⬢	470 ⬢	1036.162	1st.
Lonnis Koontz	15	70.7	75	Raw	T13-15	AAPF	117.5	125	137.5	125 ⬢	75	82.5	82.5	75 ⬢	200	130	150	155	155 ⬢	355 ⬢	782.633	1st.
Sean Feeney	26	81.6	82.5	Equip.	M-O	AAPF	240	260	260	240	127.5	127.5										
Martin Sanchez	42	79.2	82.5	Raw	M-M1	AAPF	105	110	117.5	117.5 ⬢	82.5	87.5	92.5	92.5 ⬢	210	142.5	152.5	157.5	157.5 ⬢	367.5 ⬢	810.1905	1st.
Jason Mace	15	87.3	90	Raw	T13-15	AAPF	75	82.5	90	90	62	70	77.5	70	160	107	125	137.5	125	285	628.311	1st.
Amanda Bell	16	152.2	90	Raw	T16-17	AAPF	110	127.5	137.5	137.5 ⬢	57.5	62	70	62 ⬢	199.5	132.5	147.5	155	155 ⬢	354.5 ⬢	781.5307	1st.
Amanda Bell	16	152.2	90	Raw	W-O	AAPF	110	127.5	137.5	137.5 ⬢	57.5	62	70	62 ⬢	199.5	132.5	147.5	155	155 ⬢	354.5 ⬢	781.5307	1st.
Austin Forbes	28	87.4	90	Raw	M-O	AAPF	145	152.5	167.5	167.5	112.5	117.5	125	117.5	285	145	155	172.5	172.5	457.5	1008.605	1st.
Brian Pittman	43	98.6	100	Equip.	M-M2	AAPF	147.5	147.5	165	165 ⬢	175	182.5	182.5	175 ⬢	340	162.5	170	170	162.5 ⬢	502.5 ⬢	1107.812	1st.
Tom Walters	72	94.5	100	Equip.	M-M7	AAPF	110	135	150	150 ⬢	60	70	pass	70 ⬢	220	120	137.5	150	150 ⬢	370 ⬢	815.702	1st.
Bobby Hart	29	93.3	100	Equip.	M-O	AAPF	257.5	257.5	272.5	257.5	167.5	182.5	pass	167.5	425	237.5	252.5	pass	237.5	662.5	1460.548	2nd.
Will Kuenzel	29	98.2	100	Equip.	M-O	AAPF	262.5	272.5	282.5	272.5 ⬢	175	190	197.5	197.5	470	250	265	pass	250 ⬢	720 ⬢	1587.312	1st.
Robert Basile	30	95.4	100	Raw	M-O	AAPF	125	152.5	162.5	162.5 ⬢	125	142.5	157.5	142.5 ⬢	305	125	155	160	160 ⬢	465 ⬢	1025.139	1st.
Jason Elkins	32	106.6	110	Raw	M-SO	AAPF	147.5	147.5	165	147.5	102.5	115	115	115	262.5	145	165	175	165	427.5	942.4665	1st.
Donald Grunstra	41	109.8	110	Raw	M-M1	AAPF	145	152.5	167.5	152.5 ⬢	115	125	137.5	125 ⬢	277.5	155	172.5	182.5	182.5 ⬢	460 ⬢	1014.116	1st.
Shane Martinson	37	109.1	110	Raw	M-SM	AAPF	165	185	205	205 ⬢	130	142.5	160	142.5 ⬢	347.5	165	190	215	215 ⬢	562.5 ⬢	1240.088	1st.
Charles Enlow	20	106.7	110	Raw	M-J	AAPF	185	207.5	227.5	207.5 ⬢	132.5	145	162.5	145 ⬢	352.5	185	200	210	210 ⬢	562.5 ⬢	1240.088	1st.
Charles Enlow	20	106.7	110	Raw	M-O	AAPF	185	207.5	227.5	207.5 ⬢	132.5	145	162.5	145 ⬢	352.5	185	200	210	210 ⬢	562.5 ⬢	1240.088	1st. - Best Lifter
Kenny Malchow	46	125.4	140	Equip	M-M2	AAPF	325	347.5	365	365 ⬢ ★	102.5	235	262.5	235 ⬢ ★	600	237.5	272.5	pass	272.5 ⬢	872.5 ⬢ ★	1923.514	1st. - Best Lifter
Scott Metcalf	25	137.5	140	Equip	M-O	AAPF	425	435	435	435 ⬢ ★	120	230	230	120 ⬢	555	237.5	262.5	287.5	262.5 ⬢	817.5 ⬢	1802.261	1st.
Josh Myers	22	137.5	140	Raw	M-SO	AAPF	147.5	165	185	185 ⬢	95	102.5	112.5	102.5 ⬢	287.5	165	192.5	205	205 ⬢	492.5 ⬢	1085.766	1st.
Adam Kicklighter	25	127.1	140	Raw	M-O	AAPF	165	175	185	185 ⬢	117.5	127.5	137.5	137.5 ⬢	322.5	195	215	232.5	215 ⬢	537.5 ⬢	1184.973	1st.
Jasmine Todd	26	82.41	82.5	Equip.	W-O	APF	187.5	187.5	205	187.5 ⬢	140	145	152.5	145 ⬢	332.5	182.5	190	192.5	192.5 ⬢	525 ⬢	1157.415	1st.
Jason Winters	29	81.3	82.5	Raw	M-O	APF	160	172.5	182.5	182.5 ⬢	117.5	117.5	127.5	127.5	310	170	182.5	190	190	500 ⬢	1102.3	2nd.
Greg Crook	35	81.2	82.5	Raw	M-O	APF	182.5	197.5	210	210 ⬢	147.5	157.5	165	165	375	225	242.5	pass	242.5 ⬢	617.5 ⬢	1361.341	1st.
Desi Hubbard	25	89.8	90	Equip.	M-O	APF	282.5	310	320	310	227.5	240	pass	240	550	227.5	260	272.5	272.5 ⬢	822.5	1813.284	1st. - Best Lifter
Matthew Spach	21	89.3	90	Raw	M-O	APF	162.5	167.5	175	175 ⬢	127.5	132.5	132.5	127.5 ⬢	302.5	205	212.5	222.5	222.5 ⬢	525 ⬢	1157.415	1st.
Shawn Griffin	31	89.3	100	Equip	M-O	APF	182.5	197.5	205	197.5	147.5	160	170	160	357.5	165	185	190	190	547.5	1207.019	2nd.
Brian Hill	22	89.3	100	Equip	M-O	APF	327.5	342.5	352.5	352.5	192.5	202.5	215	215	567.5	260	287.5	287.5	260	827.5	1824.307	1st.
Steve Maxson	42	89.3	100	Equip.	M-M1	APF	312.5	327.5	327.5	312.5 ⬢	205	215	220	215 ⬢	527.5	285	310	310	310 ⬢	837.5 ⬢	1846.353	1st.
Troy Nash	40	89.3	140	Equip	M-M1	APF	375	412.5	412.5	375	182.5	200	207.5	207.5	582.5	272.5	322.5	322.5	272.5	855	1884.933	1st.
Scott Metcalf	25	89.3	140	Equip.	M-O	APF	425	435	435	435	120	230	230	120	555	237.5	262.5	287.5	262.5	817.5	1802.261	1st.

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Push Pull																						
Name	Age	Bwt	Class	Equip	Div	Org.	SQ 1	SQ 2	SQ 3	Best SQ	B 1	B 2	B 3	Best B	SubTotal	DL 1	DL 2	DL 3	Best DL	Total Kg.	Total Lb.	Place
Shanda Jeffries	41	65.3	67.5	Equip.	W-O	AAPF					47.5	55	55	47.5 ⬢	47.5	112.5	122.5	137.5	122.5 ⬢	170	374.782	1st.
Robert Miller	42	114	125	Equip.	M-M1	AAPF					185	195	195	195 ⬢	195	230	255	272.5	255 ⬢	450	992.07	1st.
Nigel Turner	19	77.5	82.5	Raw	T18-19	APF					120	127.5	127.5	127.5 ⬢	127.5	165	170	177.5	177.5 ⬢	305	672.403	1st.

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Bench Only																						
Name	Age	Bwt	Class	Equip	Div	Org.	SQ 1	SQ 2	SQ 3	Best SQ	B 1	B 2	B 3	Best B	SubTotal	DL 1	DL 2	DL 3	Best DL	Total Kg.	Total Lb.	Place
Shannon Sanders	38	81.6	82.5	Raw	W-O	APF					137.5	147.5	155	147.5 ⬢★	147.5					147.5	325.1785	1st.
Ron Blackmon	64	88.8	90	Equip.	M-M5	APF					197.5	210	227.5	210⬢ ★	210					210	462.966	1st. - Best Lifter
Zach Harmon	18	91.4	100	Raw	T17-19	APF					97.5	102.5	105	102.5	102.5					102.5	225.9715	1st.
Keith Harmon	63	95.5	100	Raw	M-M5	APF					157.5	157.5	160	157.5	157.5					157.5	347.2245	1st.
Brian Hill	22	99.4	100	Equip.	M-O	APF					192.5	202.5	215	215	215					215	473.989	1st.
Johnny Martin	34	115.7	125	Raw	M-O	APF					175	182.5	192.5	192.5	192.5					192.5	424.3855	1st.
Shane McDaniel	28	122.7	125	Equip	M-O	APF					250	260	272.5	260	260					260	573.196	1st.
Killer Williams	50	115.8	125	Equip.	M-M3	APF					215	227.5	227.5	227.5⬢	227.5					227.5	501.5465	1st.

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